

memory care



Call us today to learn more about life at Allegro.

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Assisted Living Facility #12706



Coping with Memory Loss?  
**ENSEMBLE**  
*Offers a Distinctive Difference*





*"My mother receives love and care in memory care. How do I know this? I observe it in the caregivers as I see them care for her and actively show her love. They know my mother—her likes and her dislikes—they are respectful of her dignity. They appreciate her sense of humor! And they pray with her at bedtime. What more could a daughter ask for?"*

*—Virginia, daughter of a memory care resident*

## *A More Effective Approach to Memory Care*

Memory loss can be devastating for loved ones and their families. Alzheimer's and other disease related dementias steal the vitality and identity of the ones we love. Allegro introduces our Ensemble program. Ensemble offers the appropriate environment of security, structure and service plus a program personally tailored to each memory care resident's needs.

### *Discover Our Ensemble Program*

Allegro's Ensemble program focuses on caring for the whole person, rejuvenating mind, body and spirit to create stimulating and meaningful life experiences. Our individualized approach is built around recent memory care research that indicates that reinforcing familiar routines and objects can stimulate engagement. Each resident's life story is carefully documented as the inspiration for an individual-oriented care plan. Then, every element of structured daily living reinforces personal details, such as favorite foods, hobbies and family to encourage emotional security and rebuild comforting routines.





## ***Exceptional Care in Serene Surroundings***

The Ensemble philosophy of care focuses on an integrated holistic approach that nurtures mind and body. Our Ensemble memory care neighborhoods offer secure family-style living and dining rooms to encourage interaction and provide a welcoming feeling of home. Resident suites are thoughtfully planned to encourage self-sufficiency and create a soothing personal sanctuary. Gracious details include abundant natural light and warm neutral tones.

At mealtime, the culinary team provides delicious healthful cuisine served in a relaxing, supervised setting that encourages healthy eating. Elegant induction tables keep food at proper serving temperatures with optimum safety for our residents. Inviting place settings feature appropriate dinnerware and calming colors. Carefully planned menus are easy to eat, and offer a variety of stimulating tastes, textures and aromas to promote a memorable meal experience. Routines are reassuring, so mealtimes are consistent, and all food, except dessert, is served at the same time to avoid possible confusion over courses.

## ***Directed Activities Encourage Engagement***

Our attentive associates recognize and appreciate each resident as a unique individual. We strive to create trust, encouragement and dignity by building meaningful relationships at every opportunity. Allegro's full-time Program Director schedules structured daily activities that encourage positive participation and socialization. Residents are encouraged to enjoy fresh air and lush landscaping in the enclosed garden area. And our innovative tranquility room, life skill centers and memory baskets offer new ways to stimulate engagement and promote self-worth.

## ***Memory Care with Meaning***

Our neighborhoods are designed to establish a sense of emotional security and belonging in a secure, nurturing environment that feels like home. Discover how Allegro's Ensemble distinctive approach offers peace of mind and quality care.



## *Allegro's Ensemble Distinctive Differences*

- Philosophy of inspired senior living in a warm, friendly and nurturing atmosphere
- Focus on person-centered care
- Dementia supportive floor plan with outside sensory garden
- Life skill centers to engage our residents and prompt pleasant memories
- Allegro's trained associates take the time to know each resident personally
- We work to hire the best associates
- We strive to meet the resident's needs and enhance their sense of dignity and self-worth by giving purpose and meaning to their lives
- We create a dining experience in a home like setting with pleasing aromas, tastes and textures
- We promote the highest level of functions for our residents
- We provide computer generated activities that are individualized to meet the resident's needs
- We partner with professional associations to provide support and education to our residents and their families

## *Life Skill Centers*

Ensemble's Life Skill Centers are immersive, life size environments that offer residents the opportunity to reminisce and relive their life skills. Centers are themed with activities such as woodworking, veteran's memorabilia, childcare, and households filled with safe, interactive objects that prompt conversation.

Elements within the centers are refreshed often so the environment always offers new activities for residents and families to share. Small reminiscence lap baskets can be personalized with photos or mementos to act as continuous reminders of the connections and activities that define a life being well lived.



*"Activities are great. Dad has adjusted well. He's much better than a year ago before he came to your memory care. He loves the food and has met wonderful people."*

*—Patrick & Kathy, family members of a memory care resident*

