

UPCOMING COMMUNITY EVENTS



ALLEGRO AT SEA TO JAPAN

This month we will experience Japan's culture captivating a blend of ancient traditions, modern innovation of harmony, respect, and unique aesthetics . From crafting, meditative sound baths utilizing crystal bowls, history, culinary tastings and a Hibachi dinner!

April 12, 2025 , Passover begins at sunset, commemorating the slavery of the Israelites in Egypt and their ultimate exodus to freedom. Palm Sunday, April 13, 2025, Jesus' entry into Jerusalem, where he was greeted by crowds waving palm branches, and marks the beginning of holy week, the week leading up to Easter Sunday, April 20.



APRIL OUTINGS

- April 4 - Lunch, Polka (German food & market)
- April 11 - Lunch, Hudson's on the River
- April 16 - Dinner outing , Hutchison Shores
- April 18 - Lunch, Twin Dragons & shopping
- April 25 - Nail Salon

Alto Stuart
1301 SE Palm Beach Rd
Stuart, FL 34994
(772) 463-7133



FLOURISH

APRIL 2025

WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

"APRIL... HATH PUT A SPIRIT OF YOUTH IN EVERYTHING"

—AUTHOR WILLIAM SHAKESPEARE

April 2025

Sunday

Alto Stuart

1301 SE Palm Beach Rd
Stuart, FL 34994
(772) 463-7133
www.allegroliving.com

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

6
11:00 **F1** Singing Seniors w/Rhonda
1:00 **CR** Pokeno
2:30 **C** Afternoon Social
3:30 **F1** Faith Family Church

13
Palm Sunday
11:00 **F1** Singing Seniors w/Rhonda
1:00 **F1** St. Mary's Communion
1:00 **CR** Pokeno
2:30 **C** Afternoon Social

20
Happy Easter
10:00 **F1** Chaplain Lynn Snow
11:00 **F1** Singing Seniors w/Rhonda
1:00 **CR** Pokeno
2:30 **C** Afternoon Social
3:30 **F1** Faith Family Church

27
11:00 **F1** Singing Seniors w/Rhonda
1:00 **F1** St. Mary's Communion
1:00 **CR** Pokeno
2:30 **C** Afternoon Social

7
9:00 **LB** Local Banks
10:30 **CR** Resident Council Meeting
1:00 **LB** Publix
2:00 **F1** Music with Maria
3:00 **C** Cappuccino Social
4:00 **FC** Strength Training
6:30 **TH** Evening Movie

14
9:00 **LB** Local Banks
10:00 **LB** CVS
11:00 **L** Monday Morning w/Lorraine
1:00 **LB** Publix
2:00 **F1** Music with John
3:00 **C** Cappuccino Social
4:00 **FC** Strength Training
6:30 **TH** Evening Movie

21
9:00 **LB** Local Banks
10:00 **LB** Walgreens
11:00 **L** Monday Morning w/Lorraine
1:00 **LB** Publix
2:00 **F1** Music with Lou Laino
3:00 **C** Cappuccino Social
4:00 **FC** Strength Training
6:30 **TH** Evening Movie

28
9:00 **LB** Local Banks
10:00 **Dollar Tree**
11:00 **F1** Humane Society Pet Visit
11:00 **L** Monday Morning w/Lorraine
1:00 **LB** Publix
2:00 **F1** Music with Mike DeAngelis
3:00 **C** Cappuccino Social
4:00 **FC** Strength Training
6:30 **TH** Evening Movie

1
10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
12:30 **C** Nails with Kelly
1:00 **CR** Bingo
2:00 **C** Cafe Coffee & Chat
4:00 **FC** Strength Training
6:30 **TH** Evening Movie

8
10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
12:30 **C** Nails with Kelly
1:00 **CR** Bingo
2:00 **C** Cafe Coffee & Chat
2:00 **CR** Ambassador Meeting
4:00 **FC** Strength Training
6:30 **TH** Evening Movie

15
10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
12:30 **C** Nails with Kelly
1:00 **CR** Bingo
2:00 **C** Cafe Coffee & Chat
2:30 **CR** Town Hall with Directors
4:00 **FC** Strength Training
6:30 **TH** Evening Movie

22
Pineapple Upside-down Cake
1:30 **LB** Blood Drive
10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
12:30 **C** Nails with Kelly
1:00 **CR** Bingo
2:00 **C** Pineapple Cake Social
4:00 **FC** Strength Training
6:30 **TH** Evening Movie

29
10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
12:30 **C** Nails with Kelly
1:00 **CR** Bingo
2:00 **C** Cafe Coffee & Chat
4:00 **FC** Strength Training
6:30 **TH** Evening Movie

2
10:00 **FC** Balance & Exercise
10:00 **CH** St. Joseph's Church
11:00 **TH** Theater - Documentary
1:00 **CR** Bingo
2:00 **C** Cafe Coffee & Chat
6:30 **TH** The Chosen w/Sandy & Robert

9
10:00 **FC** Balance & Exercise
10:00 **CH** St. Joseph's Church
11:00 **C** Japanese Fan Craft
1:00 **CR** Bingo
2:00 **C** Cafe Coffee & Chat
6:30 **TH** The Chosen w/Sandy & Robert

16
10:00 **FC** Balance & Exercise
10:00 **CH** St. Joseph's Church
10:30 **DR** Chef Demo
1:00 **CR** Bingo
2:00 **C** Cafe Coffee & Chat
4:30 **LB** Dinner - Hutchinson Shores
6:30 **TH** The Chosen w/Sandy & Robert

23
10:00 **FC** Balance & Exercise
10:00 **CH** St. Joseph's Church
11:00 **C** Remember When
1:00 **CR** Bingo
2:00 **C** Cafe Coffee & Chat
6:30 **TH** The Chosen w/Sandy & Robert

30
10:00 **FC** Balance & Exercise
10:00 **CH** St. Joseph's Church
10:30 **C** Painting
1:00 **CR** Bingo
2:00 **C** Cafe Coffee & Chat
6:30 **TH** The Chosen w/Sandy & Robert

3
10:00 **FC** Toning and Stretching
11:00 **C** April Gazette
1:00 **CR** Pokeno
3:00 **F1** Music & Mingle w/Daryl Magill
4:00 **FC** Strength Training
6:30 **TH** Evening Movie

10
Allegro At Sea to Japan
10:00 **FC** Toning and Stretching
11:00 **C** History of Japan/culinary tasting
1:00 **CR** Pokeno
2:00 **L** Library Committee Meeting
2:30 **LB** Allegro at Sea Pictures
3:00 **F1** Music w/The Brothers Band
4:00 **FC** Strength Training
6:30 **TH** Evening Movie

17
10:00 **FC** Toning and Stretching
10:30 **C** Decorating Easter Bonnets w/Jenna, TC Hospice
1:00 **CR** Pokeno
3:00 **F1** Music & Mingle w/Panama Matt
4:00 **FC** Strength Training
6:30 **TH** Evening Movie

24
10:00 **FC** Toning and Stretching
11:00 **C** Wheel of Fortune
1:00 **CR** Pokeno
2:00 **L** Library Committee Meeting
3:00 **F1** Music & Mingle w/Lou I.
4:00 **FC** Strength Training
6:30 **TH** Evening Movie



4
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
11:30 **LB** Lunch - Polka (German restaurant)
1:00 **CR** Bingo
6:30 **F2** Friday Poker Night

11
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
11:30 **LB** Hudson's on the River
1:00 **CR** Bingo
6:30 **F2** Friday Poker Night

18
Good Friday
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
11:30 **LB** Lunch outing - Twin Dragons
1:00 **CR** Bingo
2:00 **C** Good Friday w/Conde
6:30 **F2** Friday Poker Night

25
Administrative Professionals Day
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
1:00 **CR** Bingo
1:00 **LB** Outing - Nail Salon
6:30 **F2** Friday Poker Night



5
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:00 **CR** Bingo
2:00 **C** Cafe Coffee & Chat
6:30 **TH** Evening Movie

12
Passover begins
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:00 **CR** Bingo
2:00 **C** Cafe Coffee & Chat
3:00 **C** Ice Cream Social
6:30 **TH** Evening Movie

19
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:00 **CR** Bingo
2:00 **C** Cafe Coffee & Chat
6:30 **TH** Evening Movie

26
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:00 **CR** Bingo
2:00 **C** Cafe Coffee & Chat
3:00 **C** Rainbow Sherbert Social
6:30 **TH** Evening Movie

Around our Community

Resident Birthdays

Happy Birthday!



Barbara B. - April 2

Kenny L. - April 6

Lois E. - April - 12

Monthly Gazette:

Flower - Daisy

Plant - Fern

Birthstone - Diamond

What's Lucky in April?

Lucky Color: Teal & Pink

Lucky Day: Thursday

Lucky Plant: Tulip

LOCATION KEY

- FC** Fitness Center
- E** Entertainment Room
- C** Cafe
- CR** Community Room
- TH** Theater
- CH** Chapel
- F1** Family Room
- LB** Lobby
- F2** Family Room
- L** Library

April 2025

Sunday

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Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

6

10:30 **AR** Hydration & Snack
11:00 **F1** Singing Seniors w/Rhonda
11:30 **P** Plants & Friends
2:30 **AR** Table Games
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

13

10:30 **AR** Hydration & Snack
11:00 **F1** Singing Seniors w/Rhonda
11:30 **P** Plants & Friends
2:30 **AR** Table Games
3:00 **AR** Ice Cream Social
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

20

10:30 **AR** Hydration & Snack
11:00 **F1** Singing Seniors w/Rhonda
11:30 **P** Plants & Friends
2:30 **AR** Table Games
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

27

10:30 **AR** Hydration & Snack
11:00 **F1** Singing Seniors w/Rhonda
11:30 **P** Plants & Friends
1:00 **F1** St. Mary's Church
2:30 **AR** Table Games
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

7

9:30 **AR** Rise and Shine
10:00 **AR** Memory Card Games
10:30 **AR** Hydration & Snack
11:00 **LB** Scenic Drive
11:30 **P** Plants & Friends
2:00 **F1** Music with Maria
3:00 **AR** Monday Meet - up
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

14

9:30 **AR** Rise and Shine
10:00 **AR** Memory Card Games
10:30 **AR** Hydration & Snack
11:00 **LB** Scenic Drive
11:30 **P** Plants & Friends
2:00 **F1** Music w/John
3:00 **AR** Monday Meet - up
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

21

9:30 **AR** Rise and Shine
10:00 **AR** Memory Card Games
10:30 **AR** Hydration & Snack
11:00 **LB** Scenic Drive
11:30 **P** Plants & Friends
2:00 **F1** Music with Lou Laino
3:00 **AR** Monday Meet - up
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

28

9:30 **AR** Rise and Shine
10:00 **AR** Memory Card Games
10:30 **AR** Hydration & Snack
11:00 **LB** Scenic Drive
11:30 **AR** Humane Society Pet Visit
11:30 **P** Plants & Friends
2:00 **F1** Music with Mike DeAngelis
3:00 **AR** Monday Meet - up
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

1

9:30 **AR** Daily News
10:00 **AR** Our Daily Stretch
10:30 **AR** Hydration & Snack
11:00 **AR** Alto Library
11:30 **P** Plants & Friends
1:30 **AR** Nails with Ceila
3:00 **AR** Afternoon Coffee Social
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

8

9:30 **AR** Daily News
10:00 **AR** Our Daily Stretch
10:30 **AR** Hydration & Snack
11:00 **AR** Alto Library
11:30 **P** Plants & Friends
1:30 **AR** Nails with Ceila
3:00 **AR** Afternoon Coffee Social
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

15

9:30 **AR** Daily News
10:00 **AR** Our Daily Stretch
10:30 **AR** Hydration & Snack
11:00 **AR** Alto Library
11:30 **P** Plants & Friends
1:30 **AR** Nails with Ceila
3:00 **AR** Afternoon Coffee Social
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

22

9:30 **AR** Daily News
10:00 **AR** Our Daily Stretch
10:30 **AR** Hydration & Snack
11:00 **AR** Alto Library
11:30 **P** Plants & Friends
1:30 **AR** Nails with Ceila
3:00 **AR** Afternoon Coffee Social
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

29

9:30 **AR** Daily News
10:00 **AR** Our Daily Stretch
10:30 **AR** Hydration & Snack
11:00 **AR** Alto Library
11:30 **P** Plants & Friends
1:30 **AR** Nails with Ceila
3:00 **AR** Afternoon Coffee Social
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

2

9:30 **AR** Inspiring Mornings
10:00 **AR** Senior Zumba
10:30 **AR** Hydration & Snack
11:00 **AR** Baking
11:30 **P** Plants & Friends
1:30 **AR** Watercolor Painting
3:00 **AR** Conversations & Coffee
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

9

9:30 **AR** Inspiring Mornings
10:00 **AR** Senior Zumba
10:30 **AR** Hydration & Snack
11:00 **AR** Remember When
11:30 **P** Plants & Friends
1:30 **AR** Seated Beach Volleyball
3:00 **AR** Conversations & Coffee
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

16

9:30 **AR** Inspiring Mornings
10:00 **AR** Senior Zumba
10:30 **AR** Hydration & Snack
11:00 **AR** Baking
11:30 **P** Plants & Friends
1:30 **AR** Relax with Color
3:00 **AR** Conversations & Coffee
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

23

9:30 **AR** Inspiring Mornings
10:00 **AR** Senior Zumba
10:30 **AR** Hydration & Snack
11:30 **P** Plants & Friends
1:30 **AR** Seated Beach Volleyball
3:00 **AR** Conversations & Coffee
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

30

9:30 **AR** Inspiring Mornings
10:00 **AR** Senior Zumba
10:30 **AR** Hydration & Snack
11:30 **P** Plants & Friends
3:00 **AR** Conversations & Coffee
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

3

9:30 **AR** April Gazette
10:00 **AR** Circle of Music
10:30 **AR** Hydration & Snack
11:00 **AR** Relaxation Hand Massages
11:30 **P** Plants & Friends
1:30 **AR** Travel Documentaries
3:00 **E** Music w/Daryl Magill
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

10

Allegro at Sea to Japan
9:30 **AR** Daily News
10:00 **AR** Circle of Music
10:30 **AR** Hydration & Snack
11:00 **AR** Relaxation Hand Massages
11:30 **P** Plants & Friends
1:30 **AR** Travel Documentaries
3:00 **E** Music w/Brothers Band
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

17

9:30 **AR** Daily News
10:00 **AR** Circle of Music
10:30 **AR** Hydration & Snack
11:00 **AR** Relaxation Hand Massages
11:30 **P** Plants & Friends
1:30 **AR** Travel Documentaries
3:00 **E** Music w/Panama Matt
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

24

9:30 **AR** Daily News
10:00 **AR** Circle of Music
10:30 **AR** Hydration & Snack
11:00 **AR** Relaxation Hand Massages
11:30 **P** Plants & Friends
1:30 **AR** Travel Documentaries
3:00 **E** Music w/Lou Imperato
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner



4

9:30 **AR** Inspiring Mornings
10:00 **AR** Morning Stretch
10:30 **AR** Hydration & Snack
11:00 **AR** Matinee Movie
11:30 **P** Plants & Friends
1:30 **AR** Bingo
3:00 **AR** Social Time
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

11

9:30 **AR** Inspiring Mornings
10:00 **AR** Morning Stretch
10:30 **AR** Hydration & Snack
11:00 **AR** Matinee Movie
11:30 **P** Plants & Friends
1:30 **AR** Bingo
3:00 **AR** Social Time
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

18

9:30 **AR** Inspiring Mornings
10:00 **AR** Morning Stretch
10:30 **AR** Hydration & Snack
11:00 **AR** Matinee Movie
11:30 **P** Plants & Friends
1:30 **AR** Bingo
3:00 **AR** Social Time
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

25

9:30 **AR** Inspiring Mornings
10:00 **AR** Morning Stretch
10:30 **AR** Hydration & Snack
11:00 **AR** Matinee Movie
11:30 **P** Plants & Friends
1:30 **AR** Bingo
3:00 **AR** Social Time
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner



5

9:30 **AR** Mindful Mornings
10:00 **AR** Morning Fitness
10:30 **AR** Hydration & Snack
11:00 **E** Seated Volleyball
11:30 **P** Plants & Friends
1:00 **AR** Bingo
2:00 **P** Patio Time
2:30 **AR** Snack & Socialize
3:30 **P** Smiles & Sunshine
5:00 **DR** Dinner

12

9:30 **AR** Mindful Mornings
10:00 **AR** Morning Fitness
10:30 **AR** Hydration & Snack
11:00 **E** Seated Volleyball
11:30 **P** Plants & Friends
1:00 **AR** Bingo
2:00 **P** Patio Time
2:30 **AR** Ice Cream Social
2:30 **AR** Snack & Socialize
3:30 **P** Smiles & Sunshine

19

9:30 **AR** Mindful Mornings
10:00 **AR** Morning Fitness
10:30 **AR** Hydration & Snack
11:00 **E** Seated Volleyball
11:30 **P** Plants & Friends
1:00 **AR** Bingo
2:00 **P** Patio Time
2:30 **AR** Social Hour
2:30 **AR** Snack & Socialize
3:30 **P** Smiles & Sunshine

26

9:30 **AR** Mindful Mornings
10:00 **AR** Morning Fitness
10:30 **AR** Hydration & Snack
11:00 **E** Seated Volleyball
11:30 **P** Plants & Friends
1:00 **AR** Bingo
2:00 **P** Patio Time
2:30 **AR** Rainbow Sherbert Social
2:30 **AR** Snack & Socialize
3:30 **P** Smiles & Sunshine

Around our Community

April Gazette

Special Days

April Fools Day - April 1
Find a Rainbow Day - April 3
Passover Begins - April 12
Palm Sunday - April 13
Tax Day - April 15
Easter Sunday - April 20

Plant - Boston Fern
Flower - Daisy
Birthstone - Diamond

What's Lucky?

Lucky Colors: Teal & Pink
Lucky Animal: Snake
Lucky Day: Thursday
Lucky Plant: Tulip

LOCATION KEY

AR Activity Room
P Outside Patio
DR Dining Room
E Ent - 3rd Floor
F1 Family Room - 1st Floor
LB Lobby