### **UPCOMING COMMUNITY EVENTS**



#### **GARDENING CLUB**

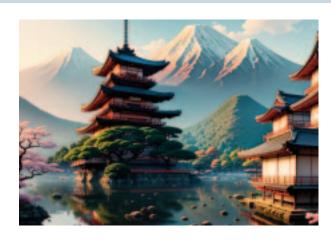
Do you have a love for gardening? Lucky you! Gardening Club will begin April 2nd. Everyone is welcome whether you have years of gardening experience or just like to look at the lovely flowers. This is a great opportunity to experience the environment, socialize, and create something beautiful together.

#### **COMMUNITY SUPPORT GROUP**

Join our Senior Community Support Group! Connect with others in a warm, welcoming environment to share experiences, advice, and friendship. Whether you're looking for support, conversation, or new activities, our group offers a safe space to strengthen bonds and enjoy each other's company. All seniors are welcome!



## SPECIAL EVENT



#### **ALLEGRO AT SEA**

On April 23rd, 2025, embark on an unforgettable adventure to Japan! Experience the beauty of Japan's culture, history, and stunning landscapes. From ancient temples to vibrant cityscapes, this trip offers a unique opportunity to explore and create lasting memories. Join us for an exciting journey!

Allegro in Tallahassee

4501 West Shannon Lakes Tallahassee, FL 32309 (850) 273-4579







# April 2025

Sunday

Monday

## **Allegro in Tallahassee**

4501 West Shannon Lakes Tallahassee, FL 32309 (850) 273-4579

https://www.allegroliving.com/tallahassee-fl.html

9:15 LI Holy Communion Service 9:30 **C** Chapel Services w/ Four Oaks Community Church

10:00 L Jigsaw Challenge 10:00 AR Sit & Fit Exercise

2:00 **GR** BINGO

3:00 **AR** Easter Painting w/ Quin

3:30 AR Corn Hole 5:30 GR Checkers & Chess

13

9:15 LI Holy Communion Service 9:30 **C** Chapel Services w/ Four Oaks Community Church

10:00 L Jigsaw Challenge 10:00 AR Sit & Fit Exercise

11:45 L Trip: CVS & Walgreens

2:00 GR BINGO

3:30 AR Corn Hole

5:30 GR Checkers & Chess

20 Easter

9:15 **LI** Holy Communion Service 9:30 **C** Chapel Services w/ Four Oaks Community Church

10:00 L Jigsaw Challenge 10:00 AR Sit & Fit Exercise

11:45 L Trip: CVS & Walgreens

2:00 GR BINGO

3:30 AR Corn Hole

5:30 GR Checkers & Chess

**27** 

9:15 LI Holy Communion Service 9:30 **C** Chapel Services w/ Four Oaks Community Church

10:00 L Jigsaw Challenge 10:00 AR Sit & Fit Exercise

11:45 L Trip: CVS & Walgreens

2:00 **GR** BINGO

3:30 AR Corn Hole 5:30 GR Checkers & Chess

April Fool's Day

9:00 AR Poisson d'Avril! 9:30 LI Do You Remember?+Donuts

10:00 L Jigsaw Challenge 10:00 AR Mindful Yoga w/ Cate

11:00 AR Music Therapy w/ Leah 12:00 MR Lunch Music w/ Gail

1:00 AR Fact or Foolery

2:00 GR Phone & Tech Assistance 3:00 **GR** Community Support Group

3:30 **GR** Activity Chat w/ Rebecca

15

22

29

9:30 LI Do You Remember?+Donuts

10:00 L Jigsaw Challenge 10:00 AR Mindful Yoga w/ Cate

11:00 AR Music Therapy w/ Leah

1:30 **TH** Movie w/ Popcorn! 2:00 **C** Town Hall Meeting

10:00 L Jigsaw Challenge

10:00 AR Mindful Yoga w/ Cate

1:30 **TH** Movie w/ Popcorn!

4:30 MR Dinner Music w/ Gail

10:00 L Jigsaw Challenge

10:00 AR Mindful Yoqa w/ Cate

11:00 Music Therapy w/ Leah

2:00 **GR** Phone & Tech Assistance

3:00 **GR** Community Support Group

9:30 LI Do You Remember?+Donuts

1:30 **TH** Movie w/ Popcorn!

4:00 MR Dinner Music w/ Gail

10:00 L Jigsaw Challenge

10:00 AR Mindful Yoqa w/ Cate

2:00 **GR** Phone & Tech Assistance

3:00 **GR** Community Support Group

1:30 **TH** Movie w/ Popcorn!

11:00 **AR** Music Therapy w/ Leah

2:00 GR Phone & Tech Assistance

3:00 **GR** Community Support Group

9:30 LI Do You Remember?+Donuts

Earth Dav

2:00 GR Phone & Tech Assistance 3:00 **GR** Community Support Group

5:30 **GR** Rummy

1:00 L Trip: Belk

2:00 **GR** BINGO

14

9:30 L Trip: Walmart

10:00 L Jigsaw Challenge 10:00 AR Group Fitness Class

9:30 L Trip: Target or Publix

10:00 L Jigsaw Challenge

10:00 AR Group Fitness Class

11:00 AR Balloon Volleyball

3:00 **GR** Nutrition Talk w/ Suncrest

3:15 **TH** The Great Courses: Phillip

of Macedon

11:00 AR Balloon Volleyball

1:00 L Trip: Bealls & Home Depot

2:00 **GR** BINGO

3:15 **TH** The Great Courses: Alexander the Great

5:30 GR Rummy

21

9:30 L Trip: Target or Publix 10:00 L Jigsaw Challenge

10:00 AR Group Fitness Class 11:00 AR Balloon Volleyball

1:00 L Trip: Ross

2:00 **GR** BINGO

The Great Courses: 3:15

Unifiers of India 5:30 GR Rummy

28

9:30 L Trip: Walmart

10:00 L Jigsaw Challenge

10:00 AR Group Fitness Class 11:00 AR Balloon Volleyball

1:00 L Trip: Bass Pro Shops

2:00 **GR** BINGO

3:15 **TH** The Great Courses: Shi Huanadi

5:30 GR Rummy

Tuesday

2

9:00 **CY** Gardening Club 10:00 L Jigsaw Challenge

10:00 AR Move & Stretch w/ SunCrest

Wednesday

11:00 AR Bell Choir w/ Chervl 11:00 AR Mind & Melody w/ Amelia

2:00 **GR** BINGO 3:30 **LL** Wine Down Wednesday

5:30 **GR** Scrabble

9:00 **CY** Gardening Club

10:00 L Jigsaw Challenge 10:00 AR Move & Stretch w/ SunCrest

11:00 AR Bell Choir w/ Cheryl

2:00 **GR** BINGO

3:30 **LL** Wine Down Wednesday w/ Linda Ford

5:30 GR Scrabble

16

9:30 LI Do You Remember?+Donuts 9:00 CY Gardening Club

10:00 L Jigsaw Challenge 10:00 AR Move & Stretch w/ SunCrest

11:00 AR Bell Choir w/ Cheryl 11:30 **PD** Specialty Birthday

Luncheon 1:00 MR Live Music w/ Dave Carty

2:00 **GR** BINGO

3:30 **LL** Wine Down Wednesday 5:30 **GR** Scrabble

23 Allegro @ Sea: Japan 9:00 CY Gardening Club

10:00 AR Move & Stretch w/ SunCrest 10:00 L Japanese Jigsaw Challenge

11:00 AR Bell Choir w/ Chervl 2:00 **GR** TOKYO BINGO

3:30 LL Wine Down Wednesday

5:30 **GR** Scrabble

5:30 MR Japanese Song Performance

30

9:00 CY Gardening Club 10:00 L Jigsaw Challenge

10:00 AR Move & Stretch w/ SunCrest

11:00 AR Bell Choir w/ Cheryl 2:00 **GR** BINGO

3:30 LL Wine Down Wednesday 5:30 **GR** Scrabble

Thursday

3

9:00 AR Color Me Happy 9:30 AR Blood Pressure Check 10:00 L Jigsaw Challenge

10:00 AR Wisdom Yoga w/ Cate

11:00 AR Corn Hole

12:00 MR Piano Music by Louise 2:00 **GR** Women's Bible Study w/ 40aks

3:30 AR Sip & Sing Karaoke 5:30 **GR** Billiard Buddies

10

9:00 AR Color Me Happy 9:30 AR Blood Pressure Check

10:00 L Jigsaw Challenge 10:00 AR Wisdom Yoqa w/ Cate

11:00 AR Corn Hole

12:00 MR Piano Music by Louise 2:00 **GR** Women's Bible Study w/ 40aks

3:30 **AR** Sip & Sing Karaoke 5:30 **GR** Billiard Buddies

17

9:00 AR Color Me Happy 9:30 AR Blood Pressure Check

10:00 L Jigsaw Challenge 10:00 AR Wisdom Yoga w/ Cate

11:00 AR Corn Hole 12:00 MR Piano Music by Louise

1:00 AR Easter Egg Hunt! 2:00 **GR** Women's Bible Study

3:30 AR Sip & Sing Karaoke 5:30 **GR** Billiard Buddies

24

9:00 AR Color Me Happy 9:30 AR Blood Pressure Check

10:00 L Jigsaw Challenge 10:00 AR Wisdom Yoga w/ Cate

11:00 AR Corn Hole 12:00 MR Piano Music by Louise

2:00 **GR** Women's Bible Study 3:30 AR Ambassador Meeting

3:30 AR Sip & Sing Karaoke 4:30 MR Family Night

Friday

4

9:00 **GR** Men's Bible Study w/ 40aks 10:00 L Jigsaw Challenge 10:00 AR Seated Boxing Fitness 11:00 L Lunch: Texas Roadhouse 2:00 AR FSU Seated Dance Class 2:15 **TH** Allegro Wheel of Fortune 3:30 **HC** Heritage Club Happy Hour

5:30 **TH** Evening Movie

11

9:00 **GR** Men's Bible Study w/ 40aks 10:00 L Jigsaw Challenge 10:00 AR Seated Boxing Fitness 11:00 L Lunch Outing: Chili's 2:00 AR FSU Seated Dance Class

2:15 **TH** Allegro Wheel of Fortune 3:30 **HC** Heritage Club Happy Hour

5:30 **TH** Evening Movie

18

9:00 **GR** Men's Bible Study w/ 40aks 10:00 **L** Jigsaw Challenge 10:00 AR Seated Boxing Fitness

11:00 L Lunch Outing: Bonefish

2:00 AR FSU Seated Dance Class 2:15 **TH** Allegro Wheel of Fortune 3:30 **HC** HH: Easter Milkshakes

5:30 **TH** Evening Movie

25

9:00 **GR** Men's Bible Study w/ 40aks 10:00 L Jigsaw Challenge

10:00 AR Seated Boxing Fitness 11:00 L Lunch Outing: Kiku's

2:00 AR FSU Seated Dance Class 2:15 **TH** Allegro Wheel of Fortune 3:30 **HC** Heritage Club Happy Hour

5:30 **TH** Evening Movie

Saturday

5

10:00 L Jigsaw Challenge 10:00 **GR** Beginners: Hand & Foot 10:00 AR Meditation & Stretching 11:00 MR Group Sing-A-Long 2:00 GR BINGO 3:30 **AR** Creative Crafting Class 5:30 **GR** Evening Games w/ Friends

9:00 AR Indoor Walking Club

12

9:00 AR Indoor Walking Club 10:00 **L** Jigsaw Challenge 10:00 GR Beginners: Hand & Foot 10:00 AR Meditation & Stretching 11:00 MR Group Sing-A-Long 2:00 GR BINGO 3:30 **AR** Creative Crafting Class 5:30 **GR** Evening Games w/ Friends

19

9:00 AR Indoor Walking Club 10:00 L Jigsaw Challenge 10:00 GR Beginners: Hand & Foot 10:00 AR Meditation & Stretching 11:00 MR Group Sing-A-Long 2:00 GR BINGO 3:30 **AR** Creative Crafting Class 5:30 **GR** Evening Games w/ Friends

5:30 MR FSU Voice Studio Recital

26

9:00 AR Indoor Walking Club 10:00 L Jigsaw Challenge 10:00 GR Beginners: Hand & Foot 10:00 AR Meditation & Stretching 11:00 MR Group Sing-A-Long 2:00 **GR** BINGO 3:30 **AR** Creative Crafting Class

5:30 **GR** Evening Games w/ Friends

Becky P - 4/27 Gloria C - 4/30

Around our

**Community** 

Happy Birthday!

Here's to another year of

making memories and

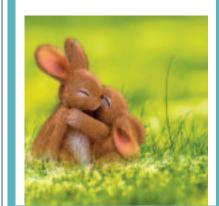
creating joy!

Sara K - 4/6

Andree N - 4/9

Tom B - 4/14

Please note that these times and activities are all subject to change. Make sure to be on the lookout for the rescheduling of Allegro Tallahassee's Wakulla Springs Trip!



# LOCATION KEY

Library

Magnolia Room

Game Room Courtyard

**C** Chapel

Living Room

**Activity Room** AR

Lobby

TH Theatre

Heritage Club