

UPCOMING COMMUNITY EVENTS



Spring Cleaning Event

Saturday, April 12th from 10 am-noon

It's that time of the year again. Join us for a fun, community event as we declutter our space. Bring items you'd like to discard or donate, and spend time with neighbors.



Happy Easter!

Sunday, April 20th

Hoping that this Easter is a day of new beginnings, fresh starts, and renewed hope. Wishing you a happy and blessed Easter filled with joy, love, and peace. Love, your family at Alto Wheaton!

DON'T MISS THESE EVENTS!

MON 4/7 2:30 PM | DUPAGE PADS PRESENTATION

WED 4/9 2PM | WHEATON MOBILE LIBRARY EVENT VISIT

TUES 4/15 2:30PM | AUTHOR TALK WITH TOM TOFTEY

WED 4/16 2:30PM | COLORING EASTER EGGS

SAT 4/19 2PM | SATURDAY PIANO WITH JERRI NANCE

MON 4/28 2PM | RESIDENT COUNCIL MEETING

Alto Wheaton

219 Parkway Dr
Wheaton, IL 60187
(630) 752-0644



FLOURISH

APRIL 2025

WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

*"OUR SPRING HAS COME AT LAST WITH THE SOFT LAUGHTER OF APRIL SUNS
AND SHADOW OF APRIL SHOWERS."*

—BYRON CALDWELL SMITH

Sunday

Alto Wheaton

219 Parkway Dr
Wheaton, IL 60187
(630) 752-0644
www.AllegroLiving.com

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

6

11:00 **AR** Trivia with Jeanne
11:30 **AR** Chair Volleyball
1:00 **AR** Dominoes
2:00 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

7

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **AR** Quiddler
2:30 **AR** DuPage PADS Presentation
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

13

11:00 **AR** Trivia with Jeanne
11:30 **AR** Chair Volleyball
1:00 **AR** Dominoes
2:00 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

14

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **AR** Quiddler
2:30 **AR** Penny Auction
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

20

1 EASTER EGG HUNT
11:00 **AR** Trivia with Jeanne
11:30 **AR** Chair Volleyball
1:00 **AR** Dominoes
2:00 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

21

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **AR** Quiddler
2:00 **AR** Special Bingo with Monica
3:15 **AR** John Boda Presents
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

27

11:00 **AR** Trivia with Jeanne
11:30 **AR** Chair Volleyball
1:00 **AR** Dominoes
2:00 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

28

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Health Talk with Legacy
12:45 **AR** Quiddler
2:00 **AR** Resident Council Meeting
3:00 **T** Hand Massages with Lisa
3:30 **AR** Jeopardy Watch Party
6:00 **T** Movie Night

1

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **O** Walgreens Shopping Outing
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:30 **AR** Oral Health Presentation
3:30 **T** Jeopardy Watch Party

8

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:00 **O** Dollar Tree Shopping
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:15 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party

15

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:30 **AR** Author Talk: Tim Toftey
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

22

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:00 **AR** Bring in Lunch
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:15 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party

29

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:00 **O** Scenic Drive Outing
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:30 **AR** Meeting with the Chef
3:00 **AR** "You be the Judge" Game

2

9:30 **3** Walking Club
10:00 **AR** Communion with Dcn Dan
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Book Club Meeting
2:00 **AR** Live Piano with Mark H.
3:15 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party

9

9:30 **3** Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Book Club Meeting
2:00 **FL** Mobile Library Event
3:00 **AR** "You be the Judge" Game
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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9:00 **FL** Library Book Drop Off Day
9:30 **3** Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Book Club Meeting
2:30 **AR** Coloring Easter Eggs!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

23

9:30 **3** Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Book Club Meeting
2:00 **AR** Activity Planning Meeting
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

30

9:30 **3** Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Book Club Meeting
2:00 **AR** Universal Yums Snack Box
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

3

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Live Guitar: Jim Perona
3:30 **T** Jeopardy Watch Party
3:30 **AR** Kings in the Corner Cards
6:00 **T** Movie Night

10

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Live Guitar: Rick Pickren
3:30 **T** Jeopardy Watch Party
3:30 **AR** Kings in the Corner Cards
6:00 **T** Movie Night

17

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Dennis O'Brien Live!
3:30 **T** Jeopardy Watch Party
3:30 **AR** Kings in the Corner Cards
6:00 **T** Movie Night

24

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Tim Wilsey Presents
3:30 **T** Jeopardy Watch Party
3:30 **AR** Kings in the Corner Cards
6:00 **T** Movie Night

4

9:30 **2** Walking Club!
10:00 **T** Stations of the Cross
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **L** Knitting Club
1:00 **AR** Cooking Club - Brownies
2:30 **DR** Happy Hour!
3:30 **T** Jeopardy Watch Party

11

9:30 **2** Walking Club!
10:00 **T** Stations of the Cross
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **L** Knitting Club
1:00 **AR** Cooking Club - Brownies
1:30 **T** Communion w. Rev. Joanne
2:30 **DR** Happy Hour!

18

9:30 **2** Walking Club!
10:00 **T** Stations of the Cross
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **L** Knitting Club
1:00 **AR** Cooking Club - Brownies
2:30 **DR** Happy Hour!
3:30 **T** Jeopardy Watch Party

25

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **L** Knitting Club
1:00 **AR** Cooking Club - Brownies
1:30 **T** Communion w. Rev. Joanne
2:30 **AR** Soft Pretzel Happy Hour
3:30 **T** Jeopardy Watch Party



5

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Quirkle Board Game
3:15 **AR** Golden Girls Club
6:00 **T** Movie Night

12

10:00 **FL** Spring Cleaning Event
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Craft with Caren
6:00 **T** Movie Night

19

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Live Piano: Jerri Nance
3:15 **AR** Quirkle Board Game
3:15 **AR** Golden Girls Club
6:00 **T** Movie Night

26

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Craft with Caren
6:00 **T** Movie Night

Around our Community



HAPPY APRIL BIRTHDAY!

4/01 Jo Knapp

4/03 Elaine D.

4/04 Eleanor B.

4/04 Margaret P.

4/13 Ron M.

4/15 Rose R.

4/18 Lois U.

4/19 Paul D.

4/25 Michelle F.

LOCATION KEY

- AR** Activity Room
- O** Outing
- T** Theater
- B** Bistro
- 3** 3rd Floor Hallway
- 2** 2nd Floor Hallway
- L** Library
- DR** Dining Room
- FL** Front Lobby
- 1** 1st Floor

April 2025

Sunday

Alto Wheaton

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Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our Community

A SONG for APRIL

Up! Up! The world's astir;
The would-be green has
word of her, Root and germ
have heard of her, Coming to
break Their sleep and wake
Their hearts with every bird
of her.

See! See! How swift concur
Sun, wind, and rain at the
name of her, A-wondering
what became of her; The
fields flower at the flame of
her; The glad air sings With
dancing wings And the
silvery shrill acclaim of her

By Sir Charles George

BIRTHDAYS

Karl Koepke
Wednesday 30th

LOCATION KEY

- BR** Blue Room
- O** Outing
- SK** Sapphire Kitchen
- GR** Green Room

6

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Seated Yoga Stretching
10:15 **BR** Morning Reflections
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

13

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Seated Yoga Stretching
10:15 **BR** Morning Reflections
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

20

EASTER

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Seated Yoga Stretching
10:15 **BR** Morning Reflections
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

27

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Seated Yoga Stretching
10:15 **BR** Morning Reflections
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

7

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **SK** Time to Cook and Reminisce
2:30 **GR** GARDEN PLANTING GROUP
3:30 **GR** World Tour - SPAIN
4:00 **GR** Who, Where & What?
6:00 **SK** Classic Movies & Musicals

14

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **SK** Time to Cook and Reminisce
2:30 **GR** GARDEN PLANTING GROUP
3:30 **GR** World Tour - ZAMBIA
4:00 **GR** Who, Where & What?
6:00 **SK** Classic Movies & Musicals

21

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:45 **BR** JOHN BODA SINGER
3:00 **GR** GARDEN PLANTING GROUP
4:00 **GR** World Tour - BRAZIL
6:00 **SK** Classic Movies & Musicals

28

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **SK** Time to Cook and Reminisce
2:30 **GR** GARDEN PLANTING GROUP
3:30 **GR** World Tour - MONGOLIA
4:00 **GR** Who, Where & What?
6:00 **SK** Classic Movies & Musicals

1

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:00 **SK** Songs & Senses
3:00 **SK** iN2L TV Games
6:00 **SK** Classic Movies & Musicals

8

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:00 **SK** Songs & Senses
3:00 **SK** iN2L TV Games
6:00 **SK** Classic Movies & Musicals

15

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:00 **SK** Songs & Senses
3:00 **SK** iN2L TV Games
6:00 **SK** Classic Movies & Musicals

22

PASSOVER

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:00 **SK** Songs & Senses
3:00 **SK** iN2L TV Games
6:00 **SK** Classic Movies & Musicals

29

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:00 **SK** Songs & Senses
3:00 **SK** iN2L TV Games
6:00 **SK** Classic Movies & Musicals

2

9:45 **BR** Songs, News & Chronicle
10:00 **BR** Deacon Dan w/ Communion
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **BR** Word Brain Games
2:30 **BR** BABETTE THE SINGER
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

9

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:00 **SK** THERAPY DOG TORI
1:30 **BR** Word Brain Games
2:30 **BR** DEVIN THE PIANO MAN
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

16

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **BR** Word Brain Games
2:30 **BR** LAURA THE HARPIST
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

23

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **BR** Word Brain Games
2:30 **BR** MIKE ACCORDION PLAYER
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

30

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **BR** Word Brain Games
2:30 **SK** FISHING FOR DUCKS
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

3

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **GR** Playing Fun Instruments
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

10

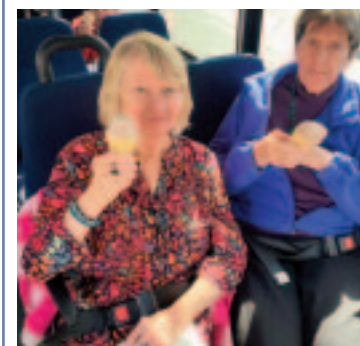
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
11:00 **BR** EXERCISE w/ TRAINER DAVID
1:30 **GR** Playing Fun Instruments
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

17

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **GR** FISHING FOR DUCKS
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

24

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
11:00 **BR** EXERCISE w/ TRAINER DAVID
1:30 **GR** Playing Fun Instruments
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals



4

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:45 **GR** Greenhouse Club
2:30 **GR** Name That Instrument
3:30 **SK** Story Telling
6:00 **SK** Classic Movies & Musicals

11

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:45 **GR** Greenhouse Club
2:30 **GR** Name That Instrument
3:30 **SK** Story Telling
6:00 **SK** Classic Movies & Musicals

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GOOD FRIDAY

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:45 **GR** Greenhouse Club
2:30 **O** BALLROOM DANCE DEMO
3:30 **SK** Story Telling
6:00 **SK** Classic Movies & Musicals

25

9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:45 **GR** Greenhouse Club
2:30 **GR** Name That Instrument
3:30 **SK** Story Telling
6:00 **SK** Classic Movies & Musicals



Pat & Jill on the bus. A Spring Art Class w/ Lynn