UPCOMING COMMUNITY EVENTS

ALLEGRO AT SEA

Konnichiwa! It is time to step back aboard "The Seas of Allegro."

Grab your passports because on Friday, April 25th, we are headed to Japan! We will be docking in port all day, so you can bet it will be a fun filled day with Japanese culture! We can't wait!

See you in Japan! Your Cruise Director, Michael





NEWS

UPCOMING OUTINGS

4/4 - Mens Lunch

- 4/11 25th Annual Putnam County Spelling Bee Musical at Trinity Prep
- 4/18 High Tea on the Barbara Lee
- 4/22 Dining with Lifestyles

Allegro in Winter Park

2701 Howell Branch Road Winter Park, FL 32792 (407) 961-7074



WHAT'S INSIDE

Pg 2-3 Social Calendar

Pg 4 **Upcoming Events + News**

> "SPRING WILL COME AND SO WILL HAPPINESS. HOLD ON. LIFE WILL GET WARMER."

FLOURISH **APRIL 2025**

-ANITA KRIZZAN



Sunday

Monday

Allegro in Winter Park

2701 Howell Branch Road Winter Park, FL 32792 (407) 961-7074 https://www.allegroliving.com/senior-living-winter-park-florida.html

6

9:30 LB St. Peter & Paul Catholic Church Shuttle 11:00 **WP** Nondenominational Church Service 11:30 TH TCM Sundays 11:30 LB Casselberry Commons 1:00 CR Bridge 3:00 WP Bean Bag Toss 6:30 TH Evening Movie 6:30 L Puzzle Partners 13 9:30 LB St. Peter & Paul Catholic

Church Shuttle 11:00 WP Nondenominational Church Service 11:30 TH TCM Sundays 11:30 LB Casselberry Commons 1:00 CR Bridge 2:00 B Chord Carnival 6:30 TH Evening Movie 6:30 L Puzzle Partners

20 Easter 11:00 **WP** Nondenominational Church Service 11:30 TH TCM Sundays 11:30 **A** Easter Brunch 1:00 CR Bridge 3:00 WP Bean Bag Toss 6:30 TH Evening Movie 6:30 L Puzzle Partners

27

9:30 LB St. Peter & Paul Catholic Church Shuttle 11:00 WP Nondenominational Church Service 11:30 TH TCM Sundays 11:30 LB Casselberry Commons 1:00 CR Bridge 2:00 B Piano Recital 6:30 TH Evening Movie 6:30 L Puzzle Partners

7 9:30 LB Casselberry Commons 10:30 WP Exercise with Lifestyles 11:30 **LB** Casselberry Commons 11:30 TH Mindful Meditation 1:00 **LB** Pharmacy Shuttle 1:00 PK Poker 2:00 WP Chair Volleyball 2:30 LB Banks & Post Office 3:30 **B** Happy Hour & Entertainment

6:30 **TH** Evening Movie 14

9:30 LB Casselberry Commons 10:30 WP Exercise with Lifestyles 11:00 TH The Mighty Acts of God 11:30 LB Casselberry Commons 1:00 **LB** Pharmacy Shuttle 1:00 PK Poker 2:00 WP Chair Volleyball 2:30 LB Banks & Post Office 3:30 **B** Happy Hour & Entertainment 6:30 **TH** Evening Movie

21

9:30 LB Casselberry Commons 10:30 WP Exercise with Lifestyles 11:30 **LB** Casselberry Commons 11:30 TH Mindful Meditation 1:00 LB Pharmacy Shuttle 1:00 PK Poker 2:00 WP Chair Volleyball 2:30 LB Banks & Post Office 3:30 **B** Happy Hour & Entertainment 6:30 TH Evening Movie

28

9:30 LB Casselberry Commons 10:30 **WP** Exercise with Lifestyles 11:30 LB Casselberry Commons 11:30 TH Mindful Meditation 1:00 LB Pharmacy Shuttle 1:00 PK Poker 2:00 WP Chair Vollevball 2:30 LB Banks & Post Office 3:30 **B** Happy Hour & Entertainment 6:30 TH Evening Movie

Tuesday

1 April Fools Day 9:30 WP Blood Pressure W/Sharon 10:30 WP Sit & Strengthen with JOY 11:30 WP LeftCenterRight 1:00 CR Rummikub 1:00 WP Allegro App 101 2:30 WP Activity Committee 3:30 **B** Trivia Happy Hour 6:30 **TH** Evening Movie 6:30 FP The Backporch Band

8

9:30 WP Blood Pressure W/Sharon 10:00 **DR** Culinary Committee 10:30 WP Sit & Strengthen with JOY 11:30 WP LeftCenterRight 1:00 CR Rummikub 1:00 WP Crafts with Mavra 3:30 **B** Name That Tune Happy Hour 6:30 TH Evening Movie 6:30 **FP** The Backporch Band

15

9:30 WP Blood Pressure W/Sharon 10:30 WP Sit & Strengthen with JOY 11:30 **WP** The Butterfly Lady 1:00 CR Rummikub 1:00 WP Pass the Pig 2:00 WP Ambassador Meeting 3:30 **B** Town Hall Happy Hour 6:30 TH Evening Movie 6:30 **FP** The Backporch Band

22

Earth Day 9:30 WP Blood Pressure W/Sharon 10:30 WP Sit & Strengthen with JOY 11:30 WP LeftCenterRight 1:00 CR Rummikub 1:00 **WP** Crafts with Mayra 2:00 WP You Be The Judge 3:30 **B** Trivia Happy Hour 4:30 LB Dining with Lifestyles 6:30 TH Evening Movie 6:30 **FP** The Backporch Band

29

9:30 WP Blood Pressure W/Sharon 10:30 WP Sit & Strengthen with JOY 11:30 WP LeftCenterRight 1:00 CR Rummikub 1:00 WP Pass The Pig 2:30 B April Birthday Social 3:30 B Habitat for Humanity Fundraiser 6:30 TH Evening Movie 6:30 FP The Backporch Band

April 2025

3

10

17

24

1:00 CR Bridge

6:30 CR Mexican Train

11:30 **WP** Trivial Pursuit

2:00 WP The Writers Guild

6:30 TH Evening Movie

6:30 CR Mexican Train

11:30 WP Trivial Pursuit

6:30 TH Evening Movie

6:30 CR Mexican Train

11:30 WP Trivial Pursuit

2:00 WP The Writers Guild

6:30 TH Evening Movie

6:30 CR Mexican Train

1:00 CR Bridge

1:00 **CR** Bridge

1:00 CR Bridge

9:30 WP Thai Chi W/M. Robertson

10:30 **P** Water Aerobics with Joy

1:00 TH The Queens Gambit Show

3:30 **B** Bar Bingo Happy Hour

9:30 WP Thai Chi W/M. Robertson

1:00 TH The Queens Gambit Show

2:00 WP Diabetes Support Group

3:30 **B** Bar Bingo Happy Hour

9:30 WP Thai Chi W/M. Robertson

10:30 **P** Water Aerobics with Joy

1:00 TH The Queens Gambit Show

3:30 **B** Bar Bingo Happy Hour

10:30 **P** Water Aerobics with Jov

Wednesday

2

9:45 TH Wordle Warm Up 10:30 WP Kicks & Sticks 1:00 WP Artist in You W/Mayra 1:00 PK Poker 1:00 CR Canasta Game 1:30 LB Pharmacy Shuttle 2:00 WP Bible Study 3:30 **B** Family/Friends Happy Hour 6:30 **TH** Evening Movie

9

9:45 TH Wordle Warm Up 11:30 **WP** Cooking Demo with Pepe 1:00 **WP** Artist in You W/Mavra 1:00 PK Poker 1:00 **CR** Canasta Game 1:30 **LB** Pharmacy Shuttle 2:00 WP Bible Study 3:30 **B** Family/Friends Happy Hour 6:30 **TH** Evening Movie

16

9:45 TH Wordle Warm Up 10:30 WP Kicks & Sticks 1:00 PK Poker 1:00 CR Canasta Game 1:00 WP Stations of the Cross 1:30 LB Pharmacy Shuttle 2:00 WP Bible Study 3:30 **B** Family/Friends Happy Hour 6:30 **TH** Evening Movie

23

9:45 TH Wordle Warm Up 10:30 TH Crossword Mania 1:00 WP Artist in You W/Mayra 1:00 PK Poker 1:00 **CR** Canasta Game 1:30 LB Pharmacy Shuttle 2:00 WP Bible Study 3:30 **B** Family/Friends Happy Hour 6:30 TH Evening Movie

30

9:45 TH Wordle Warm Up 11:00 TH Salvation Army 1:00 **WP** Artist in You W/Mayra 1:00 PK Poker 1:00 CR Canasta Game 1:30 LB Pharmacy Shuttle 2:00 WP Bible Study 3:30 **B** Family/Friends Happy Hour 6:30 TH Evening Movie

Thursday 9:30 WP Thai Chi W/M. Robertson 10:30 **P** Water Aerobics with Joy

9:00 TH Guided Traveloque 9:30 CR Mahjong 10:00 LB Walmart Shuttle 11:30 WP Trivial Pursuit 10:30 WP Exercise with Lifestyles 1:00 **TH** The Queens Gambit Show 11:30 LB Mens Lunch Outing 2:00 WP Whine for Wine 2:00 WP Chair Vollevball 3:30 **B** Bar Bingo Happy Hour 3:30 **B** Happy Hour & Entertainment 6:30 TH Evening Movie 6:30 **TH** Evening Movie

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11

9:00 TH Guided Traveloque 9:30 CR Mahjong 10:00 LB Target Shuttle 10:30 **WP** Exercise with Lifestyles 1:00 DR Passover Seder 2:00 WP Chair Vollevball 3:30 **B** Happy Hour & Entertainment 4:30 LB Putnam County Spelling Bee 6:30 **TH** Evening Movie

Friday

18

Good Friday 9:00 TH Guided Travelogue 9:30 CR Mahiong 10:00 LB Walmart Shuttle 10:30 WP Exercise with Lifestyles 10:45 LB High Tea on Barbara Lee 1:00 PD Third Friday Book Club 1:00 **CN** Good Friday Prayers 2:00 WP Chair Volleyball 3:30 **B** Happy Hour & Entertainment 6:30 **TH** Evening Movie 25

Allegro At Sea

- 9:00 TH Welcome to Japan 9:30 WP Defense with M.Robertson 10:30 P Farmers Market
- 11:30 **B** Japanese Buffet
- 1:00 **WP** Origami 101 2:30 WP Japanese Fan Painting
- 3:30 B Captains Cocktail Hour
- 4:30 A Hibachi Grill & Koto
- Player

6:30 TH The Last Samurai



Saturday

5

9:00	LB	Congregation Ohev Shalom
9:30	LB	Shuttle Walk to Wellness
10:00	LB	Pharmacy Shuttle
10:30	WP	Chair Yoga with Joy
1:30	WP	Bingo for Bucks
3:00	WP	Root Beer Floats with Luz
6:30	TH	Evening Movie
12		Passover Begins
9:00	LB	Congregation Ohev Shalom

Shuttle 9:30 LB Walk to Wellness 10:00 LB Pharmacy Shuttle 10:30 **WP** Chair Yoga with Joy 1:30 WP Bingo for Bucks 3:00 WP Bean Bag Toss 6:30 TH Evening Movie

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9:00	LB	Congregation Ohev Shalom
		Shuttle
9:30	LB	Walk to Wellness
10:00	LB	Pharmacy Shuttle
10:30	WP	Chair Yoga with Joy
1:30	WP	Bingo for Bucks
3:00	WP	LeftCenterRight
6:30	TH	Evening Movie

26

9:00	LB	Congregation Ohev Shalom
		Shuttle
9:30	LB	Walk to Wellness
10:00	LB	Pharmacy Shuttle
10:30	WP	Chair Yoga with Joy
1:30	WP	Bingo for Bucks
3:00	WP	Nail Hour with Luz
6:30	TH	Evening Movie

Around our Community

RESIDENT BIRTHDAYS

4/1 Gloria Boule 4/5 Ellen Blanchard 4/9 Shirley Lambrinides 4/10 Kathleen Wassum 4/13 Janet Jurgensmier 4/20 Donal Bryant 4/22 Mary Tabler 4/24 Ruth Morgan 4/24 John Barkwill 4/27 Del Strode



LOCATION K E Y

- Winter Park Room WP
- CR Card Room
- В Bistro
- TH **Rollins** Theater
- FP Fire Pit
- PK Poker Room
- LB Lobby
- Pool Ρ
- L Lounge
- **DR** Dining Room



Sunday Monday Tuesday 1 9:45 Salon Day Allegro in Winter Park 11:00 **E** Morning Exercise 2701 Howell Branch Road 1:00 **AR** Discovering Earth 2:30 K Chef's Choice! Winter Park, FL 32792 3:00 P Community Walk (407) 961-7074 4:00 P Residents Choice https://www.allegroliving.com/senior-living-winter-park-florida.html 6 8 7 National Coffee Dav 9:00 **AR** Morning Music 9:45 Salon Dav 10:00 **AR** Morning Music 10:30 AR Exercise with Angela 10:30 **AR** Morning Wake up 11:00 **AR** Hollywood Trivia 11:00 E Exercise with Angela 11:00 **E** Morning Exercise 1:00 AR Netflix Showing 1:00 **AR** Residents choice 1:00 **AR** Discovering Earth 2:00 K Coffee and treats 2:30 K Chef's Choice! 2:15 K Snack Social 2:30 AR Bingo with Friends 3:00 AR Balloon Vollevball 3:00 K Bird Coloring 4:00 **P** Evening Chats 4:30 **P** Evening Walk 4:00 **P** Residents Choice 6:00 I Sunday Night Musicals 6:00 **AR** Action Movie Monday 15 13

10:00 **AR** Morning Music 10:30 AR Exercise with Angela 11:00 AR Hollywood Trivia 1:00 **AR** Netflix Showing 2:15 K Snack Social 2:30 AR Bingo with Friends 4:00 **P** Evening Chats 6:00 I Sunday Night Musicals

20 Easter Sunday 10:00 AR Morning Music 10:30 **AR** Exercise with Angela 11:00 AR Easter Trivia 1:00 AR Netflix Showing 2:15 K Easter Social 2:30 AR Bruce and his Bunny 4:00 **P** Evening Chats 6:00 I Sunday Night Musicals

27 Tell your story Dav 10:00 **AR** Morning Music 10:30 AR Exercise with Angela 11:00 **AR** Hollywood Trivia 1:00 **AR** Netflix Showing 2:15 K Snack Social 2:30 AR Bingo with Friends 4:00 **P** Evening Chats 6:00 I Sunday Night Musicals

14 9:00 **AR** Morning Music 10:30 **AR** Morning Wake up 11:00 E Exercise with Angela 1:00 **AR** Residents choice 2:00 K Snack Attack 3:00 AR Balloon Volleyball

21

9:00 **AR** Morning Music 10:30 **AR** Morning Wake up 11:00 E Exercise with Angela 1:00 **AR** Residents choice 2:00 K Snack Attack 3:00 AR Balloon Volleyball 4:30 **P** Evening Walk 6:00 AR Action Movie Monday

4:30 **P** Evening Walk

6:00 **AR** Action Movie Monday

28 9:00 **AR** Morning Music 10:30 **AR** Morning Wake up 11:00 E Exercise with Angela 1:00 AR Residents choice 2:00 K Snack Attack 3:00 AR Balloon Volleyball 4:30 **P** Evening Walk 6:00 **AR** Action Movie Monday

April Fool's Dav 10:00 AR Drumming to the Beat 6:00 **AR** Tuesday Night Comedy Movie

Color a Bird Dav 10:00 AR Drumming to the Beat 6:00 **AR** Tuesday Night Comedy Movie

9:45 **S** Salon Day 10:00 AR Butterfly Lady 11:00 E Morning Exercise 1:00 **AR** Discovering Earth 2:30 K Chef's Choice! 3:00 P Community Walk 4:00 P Residents Choice 6:00 **AR** Tuesday Night Comedy Movie

22 Earth Dav 9:45 Salon Day 10:00 AR Drumming to the Beat 11:00 E Morning Exercise 1:00 **AR** Discovering Earth 2:30 K Chef's Choice! 3:00 LI Community Walk 4:00 **P** Residents Choice 6:00 **AR** Tuesday Night Comedy Movie

29

9:45 **S** Salon Day 10:00 AR Drumming to the Beat 11:00 E Morning Exercise 1:00 **AR** Discovering Earth 2:30 K Chef's Choice! 3:00 P Community Walk 4:00 **P** Residents Choice 6:00 **AR** Tuesday Night Comedy Movie

April 2025

Wednesday

2 National Walking Day 10:00 AR Morning Walk 10:30 AR Song Quiz 11:00 AR Balloon Volleyball 1:20 P Visit with Pastor Kate 2:00 K Snack Attack 2:15 WP Aerobics with Helen 3:00 0 Scenic Drive 6:00 AR Western Movie Wednesday

9

10:00 **AR** Morning Stretch 10:30 **AR** Song Quiz 11:00 WP Ballroom Joe 1:20 P Visit with Pastor Kate 2:00 K Snack Attack 3:00 0 Scenic Drive 6:00 AR Western Movie Wednesday

16

10:00 AR Morning Stretch 10:30 **AR** Song Quiz 11:00 AR Balloon Volleyball 1:15 P Visit with Pastor Kate 2:00 K Snack Attack 2:15 WP Aerobics with Helen 3:00 0 Scenic Drive 6:00 **AR** Western Movie Wednesday

23 National Picnic Dav 10:00 AR Morning Stretch 10:30 **AR** Song Quiz 11:00 WP Ballroom Joe 1:15 P Visit with Pastor Kate 2:00 K Snack Attack 3:00 0 Picnic outing 6:00 **AR** Western Movie Wednesday

30

10:00 AR Morning Stretch 10:30 **AR** Song Quiz 11:00 AR Balloon Volleyball 1:15 P Visit with Pastor Kate 2:00 K Snack Attack 3:00 0 Scenic Drive 6:00 **AR** Western Movie Wednesday

Thursday

- **3** Find A Rainbow Day
- 10:00 **AR** Morning Wake Up 10:30 AR Morning Stretch 11:15 **P** Chats on the Patio 1:00 I Netflix Showing 2:00 K Snack Social 3:00 K Rainbow Buttons 4:15 **AR** Evenings Laughs 6:00 **AR** Classic Movie Thursdays

10

9:45 TH Rollins Theater 10:00 AR Morning Wake Up 11:15 **P** Chats on the Patio 1:00 I Netflix Showing 2:00 K Snack Social 3:00 K Wooden Tulips 4:15 **AR** Evenings Laughs 6:00 **AR** Classic Movie Thursdays

17

10:00 **AR** Morning Wake Up 10:30 AR Morning Stretch 11:15 **P** Chats on the Patio 1:00 I Netflix Showing 2:00 K Snack Social 3:00 K Holiday Egg Painting 4:15 **AR** Evenings Laughs 6:00 **AR** Classic Movie Thursdays

24 **Birthday Social**

9:45 TH Rollins Theater 10:00 AR Morning Wake Up 11:15 **P** Chats on the Patio 1:00 I Netflix Showing 2:00 K Birthday Social 3:00 K Adult Coloring and Wine 4:15 **AR** Evenings Laughs 6:00 **AR** Classic Movie Thursdays



Friday

4

10:00 AR Instrumix with Melanie 11:00 **AR** Exercise with Rachael 11:30 **AR** Guess that song 1:00 I Residents Choice 2:00 K Snack Hour 2:30 K Bingo 3:30 AR Entertainment with Tommy Mystery Movie Friday 6:00

11

10:00 **P** Morning Affirmations 10:30 AR Balloon Volleyball 11:15 **AR** Exercise with Rachael 1:00 I Residents Choice 2:00 K Snack Hour 2:30 K Bingo 3:30 AR Entertainment with Tina Mystery Movie Friday 6:00

18

- 10:00 AR Instrumix with Melanie 11:00 **AR** Exercise with Rachael 11:30 **AR** Guess that Song 1:00 I Residents Choice 2:00 K Snack Hour 2:30 K Bingo 3:30 P Entertainment with Deanna 6:00 I Evening Cinema
- 25 Allegro at Sea's 10:00 E Zen Garden Walk 10:30 AR Radio Taiso (Exercise) 11:15 I Japan Tour and History 1:00 I The Karate Kid - Movie 2:00 K Japanese Sweet Cuisine 2:30 K Japanese Fan Creation 3:30 AR Entertainment with Alex 6:00 I Evening Cinema



Saturday

5

10:00	AR	Morning	Karaoke

- 11:00 **AR** Morning Stretch 1:30 AR IN2L Showing
- 2:30 K Spilling the Tea
- 3:00 K Table Ball
- 4:00 K Ready Set Puzzle
- 6:00 I Saturday Night Thriller

12	(Grilled Cheese Day
10:00	AR	Morning Karaoke
10:30	AR	Pet Therapy
11:00	AR	Morning Stretch
1:30	AR	IN2L Showing
2:30	Κ	Grilled Cheese
3:00	Κ	Table Ball
4:00	Κ	Ready Set Puzzle
6:00	Ι	Saturday Night Thriller

19

10:00	AR	Morning Karaoke
11:00	AR	Morning Stretch
1:30	AR	IN2L Showing
2:30	Κ	Spilling the Tea
3:00	Κ	Table Ball
4:00	Κ	Ready Set Puzzle
6:00	Ι	Saturday Night Thriller

26

10:00	AR	Morning Karaoke
10:30	AR	Pictionary
11:00	AR	Morning Stretch
1:30	AR	IN2L Showing
2:30	Κ	Spilling the Tea
3:00	Κ	Table Ball
4:00	Κ	Ready Set Puzzle
6:00	Ι	Saturday Night Thriller



Around our Community

Welcome April

We are excited to celebrate This month, starting with Easter Sunday on the 20th and our Allegro at Sea' s event on the 25th, where we will be travelling to Japan.

This month is filled with lots of fun and special days.

Additionally, we want to wish our sweet, wonderful Ruth M. a very happy Birthday!





- S Salon
- Activity Room AR
- Ε Exercise
- Κ Kitchen
- Ρ Pool
- WP Winter Park Room
- 0 Outing
- iN2L Ι
- LI Library
- **TH** Rollins Theater