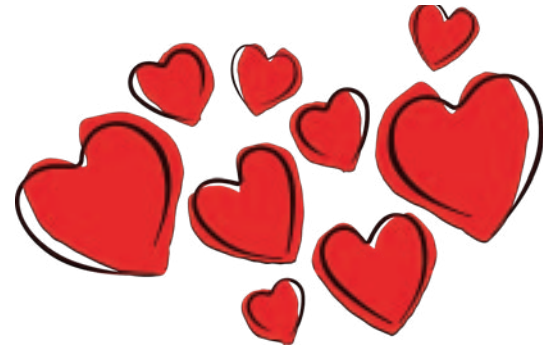


UPCOMING COMMUNITY EVENTS



LOVE IS IN THE AIR

When Valentine's Day became popular in the Middle Ages, the climate was warmer than it is now. Birds mated. Flowers bloomed, and love blossomed. According to scientists, being happily in love can literally keep people young, and it's not surprising that people who have lived and loved for a long time, often say it only gets better with age.

Love has no age limit. Older people can bring the wisdom of experience and a deep sense of appreciation to new relationships. Choosing to live in a senior community, older people can find new opportunities for companionship, such as time relaxing at Happy Hour, or spending time together exchanging ideas in book club, lecture or painting class. Being open to meeting new people is the key. You never know who you will meet in a class or attending a special event. Love and companionship are always in the air, not just February. Be active, socialize and make new connections with the people all around you. You will have a new sense of purpose interacting with those people. Don't pass up the opportunity to connect with someone special, adding joy and fulfillment to your life.

BLACK HISTORY MONTH

This month recognizes and celebrates the achievements of African Americans throughout history, and also recognizes their struggles. It's an important month for education and reflection, and to highlight the legacy of pioneers and leaders from Rosa Parks to Marcus Garvey and many others. Since it was officially recognized in 1976, each Black History Month has had a theme. This year's theme is "Black Health and Wellness." Ranging from historic firsts as black Americans broke through the societal barriers of segregation and discrimination, to landmark achievements that continue to improve all of our lives.

Allegro in Boynton Beach

11450 Hagen Road
Boynton Beach, FL 33437
(561) 536-3859



FLOURISH

FEBRUARY 2025

WHAT'S INSIDE

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Social Calendar

Pg 4
Upcoming Events + News

"ONLY A LIFE LIVED FOR OTHERS IS A LIFE WORTHWHILE."

—ALBERT EINSTEIN

Sunday

Allegro in Boynton Beach

11450 Hagen Road
 Boynton Beach, Boynton Beach 33437(561) 536-3859
<https://www.allegroliving.com/boynton-beach-fl.html>

Monday

Tuesday



Wednesday

Thursday



Friday

Saturday

Around our Community

2

- Groundhog Day
- 10:00 **Bus** Trip to Church Services
- 10:15 **PAT** Famous Folks Trivia
- 1:30 **GT** Afternoon Movie - Residents' Choice
- 2:00 **CR** Musical Nostalgia-The Career of Louis Armstrong
- 3:00 **CR** Finish the Lines
- 4:00 **B** Happy Hour
- 7:30 **GT** Evening Movie-Groundhog

9

- B** Super Bowl Sunday
- 9:30 **A** Walking Club-Meet in the Atrium
- 10:00 **Bus** Trip to Church Services
- 10:15 **PAT** Famous Folks Trivia
- 1:30 **GT** Afternoon Movie - Residents' Choice
- 2:00 **CR** Musical Nostalgia-The Music of the Forties
- 3:00 **CR** Finish the Lines

16

- 10:00 **Bus** Trip to Church Services
- 10:15 **PAT** Famous Folks Trivia
- 1:30 **GT** Afternoon Movie - Residents' Choice
- 2:00 **CR** Sing-a-long Sunday
- 3:00 **CR** Finish the Lines
- 4:00 **B** Happy Hour
- 7:30 **GT** Evening Movie - Fall Into Winter

23

- 9:30 **A** Walking Club-Meet in the Atrium
- 10:00 **Bus** Trip to Church Services
- 10:15 **PAT** Famous Folks Trivia
- 1:30 **GT** Afternoon Movie - Residents' Choice
- 2:00 **CR** Musical Nostalgia-The Career of Louis Armstrong
- 3:00 **CR** Finish the Lines
- 4:00 **B** Happy Hour

3

- 9:30 **A** Walking Club-Meet in the Atrium
- 10:15 **CR** Gentle Stretching with Stacy
- 11:00 **CR** Word Wall
- 11:00 **Bus** Trip to Anthony's and Lunch
- 1:30 **MC** Men's Club Pow Wow
- 2:00 **CR** Music and Movement
- 4:00 **B** Happy Hour-Martini Monday

10

- 10:15 **CR** Gentle Stretching with Stacy
- 10:30 **Bus** Shopping trip to Whole Foods
- 11:00 **CR** Word Wall
- 1:30 **MC** Men's Club Pow Wow
- 2:00 **CR** Music and Movement
- 4:00 **B** Happy Hour
- 7:30 **CR** Bingo at night!
- 7:30 **GT** Evening Movie - Dallas

17

- Presidents' Day**
- 9:30 **A** Walking Club-Meet in the Atrium
- 10:15 **CR** Gentle Stretching with Stacy
- 11:00 **CR** Word Wall
- 1:30 **MC** Men's Club Pow Wow
- 1:30 **CR** President's Day Trivia
- 2:00 **CR** Music and Movement
- 4:00 **B** Happy Hour

24

- 10:15 **CR** Gentle Stretching with Stacy
- 11:00 **CR** Word Wall
- 1:30 **MC** Men's Club Pow Wow
- 2:00 **CR** Music and Movement
- 4:00 **B** Happy Hour
- 7:30 **CR** Bingo at night!
- 7:30 **GT** Evening Movie - Army of Thieves

4

- 10:00 **Bus** "Loop" trip around town
- 10:00 **CR** Mindful Meditation with Barbara
- 11:00 **Spa** Stretch and Stamina with Mary
- 2:00 **GT** Bingo
- 4:00 **B** Happy Hour
- 7:30 **MC** Men's Game Night
- 7:30 **GT** Evening Movie-The Age of Adaline

11

- 9:30 **A** Walking Club-Meet in the Atrium
- 10:00 **Bus** "Loop" trip around town
- 10:00 **CR** Mindful Meditation with Barbara
- 11:00 **Spa** Stretch and Stamina with Mary
- 1:00 **Bus** Trip to Delray Playhouse
- 2:00 **GT** Bingo
- 4:00 **B** Happy Hour

18

- 10:00 **Bus** "Loop" trip around town
- 10:00 **CR** Mindful Meditation with Barbara
- 11:00 **Spa** Stretch and Stamina with Mary
- 2:00 **GT** Bingo
- 4:00 **B** Happy Hour
- 7:30 **MC** Men's Game Night
- 7:30 **GT** Evening Movie- Good Grief

25

- 9:30 **A** Walking Club-Meet in the Atrium
- 10:00 **Bus** "Loop" trip around town
- 10:00 **CR** Mindful Meditation with Barbara
- 11:00 **Spa** Stretch and Stamina with Mary
- 2:00 **GT** Bingo
- 4:00 **B** Happy Hour
- 7:30 **MC** Men's Game Night

5

- 9:30 **A** Walking Club-Meet in the Atrium
- 10:00 **P** The Music of Broadway with Elissa
- 11:00 **CR** Paint and Sip with Charlene
- 11:15 **Spa** Gentle Stretching with Stacy
- 11:45 **Bus** Delray Movies
- 2:30 **B** Entertainment with Jaycee

12

- 10:00 **GT** Town Hall Meeting
- 11:00 **CR** Painting with Charlene
- 11:15 **Spa** Gentle Stretching with Stacy
- 11:45 **Bus** Delray Movies
- 2:30 **B** Entertainment with Garth
- 4:00 **B** Happy Hour
- 7:30 **CR** Ladies Game Night
- 7:30 **GT** Evening Movie - The Dig

19

- 9:30 **A** Walking Club-Meet in the Atrium
- 10:00 **B** Food Committee Meeting
- 11:00 **CR** Paint and Sip with Charlene
- 11:00 **GT** Activity Committee Meeting
- 11:15 **Spa** Gentle Stretching with Stacy
- 11:45 **Bus** Delray Movies
- 1:30 **CR** Join us for Beading

26

- 10:15 **CR** Gentle Stretching with Stacy
- 11:00 **DR** Resident Council Meeting
- 11:00 **CR** Painting with Charlene
- 11:45 **Bus** Delray Movies
- 1:15 **CR** Open Crafting Class-Your Choice
- 2:30 **B** Entertainment with James Perkowski
- 4:00 **B** Happy Hour

6

- 10:00 **C** Wordical Challenge
- 10:15 **CR** New Resident Orientation
- 11:00 **Spa** Stretch and Stamina with Mary
- 2:00 **CR** Sharing your favorite Recipes
- 4:00 **B** Happy Hour and Hors D'oeuvres
- 4:30 **Bus** Dinner Outing-American Fare

13

- 9:30 **A** Walking Club-Meet in the Atrium
- 10:00 **C** Wordical Challenge
- 11:00 **Spa** Stretch and Stamina with Mary
- 1:30 **CY** Gardening Club-Planting Time
- 2:30 **B** Happy Hour Valentine's Day-Sweets Sips and Hugs!
- 7:30 **GT** Evening Movie - The Sting

20

- 10:00 **C** Wordical Challenge
- 10:30 **GT** Ed Lamont - Lecture
- 11:00 **Spa** Stretch and Stamina with Mary
- 1:30 **CR** Making Smoothies
- 3:00 **CR** Caregiver and Family Support Group
- 4:00 **B** Happy Hour and Hors D'oeuvres
- 4:30 **Dinner Outing - Chinese**

27

- 9:30 **A** Walking Club-Meet in the Atrium
- 10:00 **C** Wordical Challenge
- 11:00 **Spa** Stretch and Stamina with Mary
- 1:30 **CR** Travel Trivia
- 4:00 **B** Happy Hour and Hors D'oeuvres
- 7:30 **GT** Evening Movie - Maria

7

- 9:30 **A** Walking Club-Meet in the Atrium
- 10:00 **CR** Giant Crossword Puzzles
- 10:00 **GT** Book Club Meeting
- 11:15 **CR** Finishing the Lines
- 1:30 **Bus** Banking Day
- 2:00 **CR** Donuts and Conversation
- 3:15 **GT** Shabbat Services
- 4:00 **B** Happy Hour
- 7:30 **GT** Evening Movie-The Lost

14

- Valentine's Day**
- Valentine's Day-Wear Red Today!
- 10:00 **CR** Giant Crossword Puzzles
- 11:15 **CR** Valentine's Day Poetry
- 1:30 **Bus** Banking Day
- 2:00 **CR** Chair Yoga
- 3:15 **GT** Shabbat Services
- 4:00 **DR** Special Valentine's Day Dinner with Music
- 7:30 **GT** Evening Movie-Emilia Perez

21

- 9:30 **A** Walking Club-Meet in the Atrium
- 10:00 **CR** Giant Crossword Puzzles
- 11:15 **Finishing the Words**
- 1:30 **Bus** Banking Day
- 2:00 **CR** Chair Yoga
- 3:15 **GT** Shabbat Services
- 4:00 **B** Happy Hour
- 7:30 **GT** Evening Movie-In the Heart of the Sea

28

- 10:00 **CR** Giant Crossword Puzzles
- 1:30 **Bus** Banking Day
- 2:00 **CR** Chair Yoga
- 3:15 **GT** Shabbat Services
- 4:00 **B** Happy Hour
- 7:30 **GT** Evening Movie - My Octopus Teacher

1

- 9:30 **A** Walking Club-Meet in the Atrium
- 10:00 **CR** Name that Tune
- 10:30 **Bus** Publix
- 1:30 **CR** Word Wall
- 3:00 **CR** You Be the Judge
- 4:00 **B** Happy Hour
- 7:30 **GT** Evening Movie-Carry On

8

- 10:00 **CR** Name that Tune
- 10:30 **Bus** Publix
- 1:30 **GT** Afternoon Movie
- 1:30 **CR** Word Wall
- 3:00 **CR** You Be the Judge
- 4:00 **B** Happy Hour
- 7:30 **GT** Evening Movie- The Martha Mitchell Effect

15

- 9:30 **A** Walking Club-Meet in the Atrium
- 10:30 **Bus** Publix
- 10:30 **GT** Harry Getzov - Lecture
- 1:30 **CR** Word Wall
- 3:00 **CR** You Be the Judge
- 4:00 **B** Happy Hour
- 7:30 **GT** Evening Movie - Horizon: An American Saga

22

- 10:00 **CR** Name that Tune
- 10:30 **Bus** Publix
- 1:30 **CR** Word Wall
- 3:00 **CR** You Be the Judge
- 4:00 **B** Happy Hour
- 7:30 **GT** Evening Movie - 80 for Brady

HAPPY BIRTHDAY!

- Arlene Berg - 2/3
- William Silvis - 2/16
- Gordon Rubin - 2/23
- Shirley Dembowski - 2/25
- Amy Clyne - 2/26



LOCATION KEY

- A** Atrium
- CR** Community Room
- Bus** Bus Trip
- B** Bistro
- GT** Grand Theatre
- PAT** Patio
- MC** Man Cave
- Spa** Spa
- P** Pool
- C** Card Room



Sunday

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Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our Community

2 Ground Hog Day

9:00 **LR** In the News
10:00 **LR** Stretching with Lucy
11:00 **PAT** Music on The Patio
1:30 **AR** Bowling
3:30 **AR** Music Trivia
6:15 **LR** Movie-It Ends With Us

9 Super Bowl Sunday

9:00 **LR** In the News
1:30 **AR** Putting Green
2:45 **LR** Finish the Phrase
3:30 **AR** Movie Trivia
6:30 **LR** Superbowl Sunday

16

9:00 **LR** In the News
10:00 **LR** Stretching with Lucy
11:00 **PAT** Music on The Patio
1:30 **AR** Corn Hole
3:30 **AR** Music Trivia
6:15 **LR** Movie-Queen Bee

23

9:00 **LR** In the News
1:30 **AR** Bowling
2:45 **LR** Finish the Phrase
3:30 **AR** Movie Trivia
6:15 **LR** Comedian-Jackie Mason

3 Carrot Cake Day

10:00 **LR** Stretch with Lucy
10:30 **LR** Fill in the Letters
1:30 **LR** Pictionary
1:30 **LR** Word Wall
3:15 **AR** Music Trivia
6:15 **LR** Movie-Little

10

10:00 **LR** Stretch with Lucy
10:30 **LR** Fill in the Blanks
1:30 **AR** Movie Trivia
1:30 **LR** Word Wall
2:30 **AR** Ice Cream Social
6:15 **LR** Movie-The Love Seam

17 Presidents' Day

10:00 **LR** Stretch with Lucy
10:30 **LR** Name the Stars
1:30 **LR** Pictionary
1:30 **LR** Word Wall
3:15 **AR** Music Trivia
6:15 **LR** Musical-That Midnight Kiss

24

10:00 **LR** Stretch with Lucy
10:30 **LR** Fill in the Blanks
1:30 **LR** Word Wall
1:30 **Bus** Lion Country Safari
3:30 **PAT** Chair Basketball
6:15 **LR** Movie-I Love Lucy



Our Christmas Party

4 Rosa Parks Day

9:00 **LR** Match Game
10:00 **LR** 50's Workout
11:00 **AR** Guess the Name or Place
1:00 **AR** Finish the Phrase
1:30 **Bus** Ice Cream/ Dunkin Donuts
2:00 **AR** Exercise with Ashley
3:30 **AR** Pokeno
6:15 **LR** Movie-Secret Obsession

11

9:00 **LR** Match Game
10:00 **AR** Babies With Amy
11:00 **AR** Guess the Name or Place
1:00 **AR** Finish the Phrase
2:00 **AR** Exercise with Ashley
3:30 **AR** Bingo Bonanza
6:15 **LR** Movie-Casablanca

18

9:00 **LR** Match Game
10:00 **LR** 50's Workout
11:00 **AR** Guess the Name or Place
1:00 **AR** Finish the Phrase
2:00 **AR** Exercise with Ashley
3:30 **AR** Pictionary
6:15 **LR** Movie-The Forge

25

9:00 **LR** Match Game
10:00 **AR** Babies With Amy
11:00 **AR** Guess the Name or Place
1:00 **AR** Finish the Phrase
2:00 **AR** Exercise with Ashley
3:30 **AR** Bingo Bonanza
6:15 **LR** Musical-Hello Dolly



Fabulous Desserts

5

9:00 **AR** Chair Basketball
9:30 **AR** Chair Yoga
10:00 **AR** Puzzles, Checkers and Scrabble
1:15 **AR** Music Trivia
2:30 **LR** Karaoke
3:30 **LR** Entertainment
6:15 **LR** Movie-Secret Life of Pets

12

9:30 **AR** Chair Yoga
10:00 **AR** Painting With Charlene
11:00 Arts and Crafts
11:00 **AR** Word Wall
1:00 **AR** Indoor Golf
2:30 **LR** Karaoke
3:30 **LR** Entertainment
6:15 **LR** Music With Lawrence Welk

19

9:00 **AR** Chair Basketball
9:30 **AR** Chair Yoga
10:00 **AR** Puzzles, Checkers and Scrabble
1:15 **AR** Music Trivia
2:30 **LR** Karaoke
3:30 **CY** Take a Stoll in the Court Yard
6:15 **LR** Movie-The Fall From Grace

26

9:30 **AR** Chair Yoga
10:00 **AR** Painting With Charlene
11:00 **AR** Word Wall
1:00 **AR** Indoor Golf
2:30 **LR** Karaoke
3:30 **CY** Take a Stoll in the Court Yard
6:15 **LR** Movie-Maid in Manhattan



Cock A Doodle Doo

6

9:00 **LR** Wheel of Fortune
10:00 **LR** Sweating to the Oldies
10:30 **LR** What Did it Cost
1:15 **LR** Bowling
2:00 **DR** Lets Bake Together
2:15 **LR** Unscramble the Word
3:00 **DR** Let's Bake Our Dessert Tonight
3:30 **AR** Bingo Bonanza
6:15 **LR** Movie-Blended

13 Valentine Craft Event

9:00 **LR** Wheel of Fortune
10:00 **LR** Sweating to the Oldies
10:30 **LR** What Did it Cost
1:30 **AR** Valentine Craft
2:15 **LR** Unscramble the Word
3:30 **AR** Entertainment
6:15 **LR** Movie-The Ideal Husband

20

9:00 **LR** Wheel of Fortune
10:00 **LR** Sweating to the Oldies
10:30 **LR** What Did it Cost
1:15 **LR** Bowling
2:15 **LR** Unscramble the Word
3:30 **AR** Bingo Bonanza
6:15 **LR** Musical-Toast of New Orleans

27

9:00 **LR** Wheel of Fortune
10:00 **LR** Sweating to the Oldies
10:30 **LR** What Did it Cost
1:15 **PG** Putting Green
2:15 **LR** Unscramble the Word
3:30 **AR** Pokeno
6:15 **LR** Movie-Erin Brockovich



Happy Valentine's Day

7 Wear Red Day

9:00 **LR** In The News
10:30 **LR** Matching Objects
11:00 **PAT** Crossword Puzzle
2:00 **LR** Word Wall
3:30 **GT** Shabbat
3:30 **AR** Pictionary
6:15 **LR** Movie-A Family Affair

14 Valentine's Day

9:00 **LR** In The News
10:30 **LR** Matching Objects
11:00 **PAT** Crossword Puzzle
2:00 **LR** Word Wall
3:00 **AR** Valentine's Day Snacks
3:30 **GT** Shabbat
3:30 **AR** Pictionary
4:30 **LR** Violinist/Valentine
6:15 **LR** Movie-Sleepless in Seattle

21

9:00 **LR** In The News
10:30 **LR** Matching Objects
11:00 **PAT** Crossword Puzzle
2:00 **LR** Word Wall
3:30 **GT** Shabbat
3:30 **AR** Pictionary
6:15 **LR** Classical Hollywood Songs 30,40,and 50's

28 Nat'l Pancake Day

8:00 **DR** Special Pancakes for Residents
9:00 **LR** In The News
10:30 **LR** Matching Objects
11:00 **PAT** Crossword Puzzle
2:00 **LR** Word Wall
3:30 **GT** Shabbat
3:30 **AR** Pictionary
6:15 **LR** Musical-Singing In The Rain

1

9:00 **LR** Chair Yoga
10:00 **AR** Guess the Person or Place
11:00 **AR** Walk in the Garden
1:15 **LR** Music on the Patio
2:00 **PAT** Volleyball on the Patio
3:00 **LR** Entertainment
6:15 **LR** Movie-Carry On

8

9:00 **LR** Chair Yoga
10:00 **AR** Guess the Person or Place
11:00 **AR** Walk in the Garden
1:15 **LR** Music on the Patio
2:00 **PAT** Volleyball on the Patio
3:30 **LR** Make a New Word
6:15 **LR** Comedian-Nikki Glaser

15

9:00 **LR** Chair Yoga
10:00 **AR** Guess the Person or Place
11:00 **AR** Walk in the Garden
1:15 **LR** Music on the Patio
2:00 **PAT** Volleyball on the Patio
3:30 **AR** Family Feud
6:15 **LR** Comedian-Bob Hope

22

9:00 **LR** Chair Yoga
10:00 **AR** Guess the Person or Place
11:00 **AR** Walk in the Garden
1:15 **LR** Music on the Patio
2:00 **PAT** Volleyball on the Patio
3:30 **LR** Make a New Word
6:15 **LR** Comedy-Laurel & Hardy

Free Text

February Happenings

February Birthdays

Eileen 02/04
Miriam 02/11
Sherry 02/21
Dorothy 02/22

Entertainment

Chris Autore 02/01
JC 02/05
Garth 02/12
Stone Silk 02/13

Please come and join us any day, especially when we have entertainment.

Activities areSubject to Change

LOCATION KEY

LR Living Room
AR Activity Room
PAT Patio
Bus Bus Trip
DR Dining Room
GT Grand Theatre
CY Courtyard
PG Putting Green