






# February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>Alto Evergreen Walk</b></p> <p>1000 Cottonwood Lane South Windsor CT 06074 (860) 288 - 1699 <a href="http://www.AltoEvergreenWalk.com">www.AltoEvergreenWalk.com</a></p>					<p>1 10:00   Rock 'n Exercise 10:30   Wordsearch Challenge 11:00   Family Feud 1:00   Bingo Extravaganza 2:30   Armchair Travel 3:00   Craft w/Stephanie 4:00   Happy Hour 6:00   Movie</p>
<p><b>Groundhog Day 2</b> 10:00   Sunday Mass – Independent 10:00   Meditative Coloring 11:00   Sunday Stretch 1:00   UCONN Women's Basketball vs. Butler 1:30   QiGong w/Maviric 4:00   Pictionary 6:00   Movie: Groundhog Day</p>	<p>3 9:45   This Day in History 10:00   Get Fit Exercise 10:30   Wordsearch Challenge 11:00   Monday Morning Chat – Independent 11:00   February Facts 1:30   Cornhole 2:30   White Board Word Game 3:30   Bean Bag Bucket Toss 4:00   February Trivia &amp; Memories 6:00   Movie</p>	<p><b>National Homemade Soup Day 4</b> 10:00   Mass w/Communion &amp; Rosary 10:30   Daily Wordsearch 11:00   Make Soup w/Nicole 1:30   Stretch w/Steph <b>2:00   Piano Concert w/Richard</b> 3:00   Rummikib – Independent 3:00   Bingo w/SWHS 4:00   Short Story and Discussion 6:00   Movie</p>	<p>5 9:45   This Day in History 10:00   Sunrise Stretch 10:30   Visit with the Dogs 11:00   Calendar Committee 1:30   Jeff the Plant Guy 3:00   Bowling w/SWHS 3:00   Poker – Independent 4:00   How It's Made 6:00   Movie</p>	<p>6 9:45   This Day in History 10:00   Stretch It Out Exercise 10:40   Caitlin Book Discussion 2:00   Jeopardy 3:00   Set Back Card Game – Independent 3:00   Return of the King: The Fall and Rise of Elvis Presley 6:00   Movie</p>	<p><b>National Send a Card to A Friend Day 7</b> 9:45   Warm Up with Wordle 10:00   Friday Exercise Fun 10:30   Wordsearch 11:00   Gratitude Circle <b>1:00   Trip – New England Air Museum</b> 2:00   Ladderball 2:30   Make Cards w/Amy <b>3:30   TED Talk &amp; Discussion – A Mother &amp; Son's Photographic Journey Through Dementia</b> 6:00   Downton Abbey</p>	<p>8 10:00   Rock n' Exercise 10:30   Wordsearch Challenge 11:00   Family Feud 1:00   Bingo Extravaganza 2:30   Armchair Travel 3:30   Valentine's Craft 4:00   Happy Hour 6:00   Movie</p>
<p><b>Super Bowl Sunday 9</b> 10:00   Sunday Mass – Independent 10:00   Puzzle Time 11:00   Sunday Stretch 12:00   UCONN Women's Basketball vs. Providence 2:00   Puppy Bowl w/Games &amp; Appetizers 6:00   Movie</p>	<p>10 9:45   This Day in History 10:00   Get Fit Exercise 10:30   Wordsearch Challenge 11:00   Monday Morning Chat – Independent 1:30   Cornhole 2:30   USA Trivia 3:00   Scrabble 4:00   I Love Lucy 6:00   Movie</p>	<p>11 10:00   Mass w/Communion &amp; Rosary 10:30   Sunrise Stretch 11:00   Watercolors w/Paul <b>1:30   Norman Rockwell Documentary</b> 3:00   Learn Line Dancing w/SWHS 3:00   Rummikib – Independent 4:00   Name That Tune Tuesday 6:00   Movie</p>	<p>12 9:45   This Day in History 10:00   Sunrise Stretch 10:30   Visit with the Dogs 11:00   Baking Club w/Nicole 1:30   Indoor Walking Club <b>2:00   Make Valentine Goodie Bags</b> 3:00   Bowling w/SWHS 3:00   Poker – Independent 4:00   How It's Made 6:00   Movie</p>	<p>13 9:45   This Day in History 10:00   Stretch It Out Exercise 10:40   Caitlin Book Discussion 11:30   Valentine's Lunch Bunch 2:00   Mad Libs <b>3:00   Health Talk w/Karla</b> 3:00   Set Back Card Game – Independent 4:00   Dick Van Dyke 6:00   Movie</p>	<p><b>Valentine's Day 14</b> 9:45   Warm Up with Wordle 10:00   Friday Exercise Fun 10:30   Wordsearch 11:00   Jeopardy <b>11:30   Trip – Buckland Pizza</b> 2:00   Pictionary 2:30   Craft w/Amy <b>3:30   TED Talk &amp; Discussion – How Great Leaders Inspire Action</b> 4:00   Drinks by the Fire 6:00   Downton Abbey</p>	<p>15 10:00   Saturday Exercise 10:30   Wordsearch Challenge 11:00   White Board Word Game 1:00   Bingo Extravaganza 2:00   UCONN Men's Basketball vs. Seton Hall 4:00   Happy Hour 6:00   Movie</p>
<p>16 10:00   Sunday Mass – Independent 10:00   Meditative Coloring 11:00   Sunday Stretch 1:00   UCONN Women's Basketball vs. South Carolina 1:30   QiGong w/Maviric 4:00   Trivia Challenge 6:00   Movie</p>	<p><b>President's Day 17</b> 9:45   This Day in History 10:00   Get Fit Exercise 10:30   Wordsearch Challenge 11:00   Family Feud 11:00   Monday Morning Chat – Independent 1:30   Cornhole 2:30   History Channel Presents "The Presidents" 3:30   Card Games 4:00   I Love Lucy 6:00   Movie</p>	<p>18 10:00   Mass w/Communion &amp; Rosary 10:30   Daily Wordsearch 11:00   Stretch w/Steph 1:30   Walking Club <b>2:00   Pablo Picasso Documentary</b> 3:00   Bingo w/SWHS 4:00   Ladderball 6:00   Movie</p>	<p>19 9:45   This Day in History 10:00   Sunrise Stretch 10:30   Visit with the Dogs <b>11:00   Enhabit Health Talk w/Kylie</b> 1:30   Bucket Pong 2:00   Veteran's Club 2:00   Would You Rather 3:00   Bowling w/SWHS 3:00   Poker – Independent 4:00   How It's Made 6:00   Movie</p>	<p>20 9:45   This Day in History 10:00   Stretch It Out Exercise 10:40   Caitlin Book Discussion 2:00   Words Within a Word 3:00   Set Back Card Game – Independent 3:00   Pokeno 4:00   Dick Van Dyke 6:00   Movie</p>	<p><b>National Sticky Bun Day 21</b> 9:45   This Day in History 10:00   Friday Exercise Fun <b>10:30   Reborn w/ Reason</b> <b>11:30   Staying in Trip – Jersey Mike's</b> <b>1:30   Monthly Birthday Celebration with Larry Batter</b> 2:00   Patsy Cline Documentary 3:00   Craft w/Amy 4:00   Drinks by the Fire 6:00   Movie</p>	<p>22 10:00   Saturday Exercise 10:30   Wordsearch Challenge 11:00   White Board Boggle 1:30   Bingo Extravaganza <b>2:30   Concert Series – Beethoven Symphony No. 9   Vasily Petrenko &amp; the European Union Youth Orchestra</b> 6:00   Movie</p>
<p>23 10:00   Sunday Mass – Independent 10:00   Puzzle Time 11:00   Sunday Stretch 12:00   UCONN Men's Basketball vs. St. John's 3:00   Chair Volleyball 3:30   Card Games 6:00   Movie</p>	<p>24 9:45   This Day in History 10:00   Get Fit Exercise 10:30   Wordsearch Challenge 11:00   Current Events – Independent 1:30   Cornhole 2:30   Meditative Coloring 3:30   Drum Circle w/ Maggie 6:00   Movie</p>	<p>25 10:00   Mass w/Communion &amp; Rosary 10:30   Daily Wordsearch 11:00   Watercolors w/Paul 1:30   Stretch w/Steph 2:00   Resident Council Meeting 3:00   Bingo w/SWHS 3:00   Rummikib – Independent 4:00   Tabletop Games 6:00   Movie</p>	<p>26 9:45   This Day in History 10:00   Sunrise Stretch 10:30   Visit with the Dogs 11:00   Baking Club w/Nicole 1:30   Food &amp; Beverage Discussion <b>2:00   Ashley Cruz – Entertainment</b> 3:00   Bowling w/SWHS 3:00   Poker – Independent 4:00   How It's Made 6:00   Movie</p>	<p>27 9:45   This Day in History 10:00   Stretch It Out Exercise 10:40   Caitlin Book Discussion <b>2:00   Ladie's Tea Party</b> <b>2:00   Men's Club</b> 3:00   Set Back Card Game – Independent 3:00   Ladderball 3:30   Karaoke 6:00   Movie</p>	<p>28 9:45   Warm Up with Wordle 10:00   Friday Exercise Fun 10:30   Wordsearch 11:00   Gratitude Circle <b>1:30   Trip – Mark Twain House</b> 2:00   Headbandz <b>3:30   TED Talk &amp; Discussion: A Simple Formula to Inspire the World To Live Their Dreams: Jairek Robbins</b> 4:00   Drinks by the Fire 6:00   Downton Abbey</p>	