

UPCOMING COMMUNITY EVENTS

♥HAPPY Valentine's DAY♥

LOVE IS IN THE AIR AT ALLEGRO
HARRINGTON PARK!
CELEBRATE VALENTINE'S DAY THIS
YEAR
WITH OUR HEART COOKIE
DECORATING CONTEST &
STRAWBERRY CHAMPAGNE PARTY!
LIVE MUSIC BY DJ FRANK
FEBRUARY, 14TH 2025



GET YOUR MARGARITA ON!
JOIN US TUESDAY, FEBRUARY 22ND
FOR NATIONAL MARGARITA DAY
IN THE PENTHOUSE PUB!
"IF LIFE GIVES YOU LIMES,
MAKE MARGARITAS!"

DON'T MISS THESE EVENTS!

February 3rd from 2:00 to 3:30|Opera Appreciation w/ Joe Lawliss
February 6th from 3:00 to 4:00|HealthPro Discovery Series w/ Amy
February 10th from 11:30 to 12:30|Valentine's Flower Arranging Class w/ Laura
February 14th from 3:00 to 4:00|Valentine's Day Bash
February 18th from 12 to 3|Black History Museum Trip- Montclair, NJ- Guided
Tour
February 27th from 2 to 4|Celebrating Retro Day in the Allegro Theater

Allegro at Harrington Park
200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440



FLOURISH

FEBRUARY 2025



WHAT'S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

"THE ONLY WAY TO DO GREAT WORK IS TO LOVE WHAT YOU DO."

—STEVE JOBS

Sunday

Allegro at Harrington Park

200 Old Hook Road
Harrington Park, Harrington Park 07640(201) 899-4440
<https://www.allegroliving.com/senior-living-harrington-park.html>

2 Groundhog Day

9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **GR** Wall Scrabble
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Musicals

9 Superbowl Sunday!

9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Qigong
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **GR** Wall Scrabble
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Superbowl Social Hour
8:00 **T** Sunday Night Feature

16

9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **GR** Wall Scrabble
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Musicals

23

9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Qigong
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **GR** Wall Scrabble
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Classics

Monday

3

10:00 **L** News & Views
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
2:00 **T** Opera Appreciation w/Joe
2:00 **GR** LCR Game
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
8:00 **T** Monday Night Movie

10

10:00 **L** News & Views w/ Sam
10:30 **ACT** Morning Yoga w/ Jen
11:30 **AS** Sketch Art w/ Cindy
11:30 **PTH** Book Club Group
1:00 **ACT** IL Resident Council
1:00 **BC** Knit Wits Club
2:00 **AS** LCR Game
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
8:00 **T** Monday Night Movie

17 President's Day

10:00 **L** News & Views
10:30 **ACT** Morning Yoga w/ Jen
11:30 **ACT** The Presidential Game
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
1:30 **T** Weekday Movie Matinee
2:00 **GR** LCR Game
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
8:00 **T** Monday Night Movie

24

10:00 **L** News & Views
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
11:30 **AS** Pastel Art Class
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
2:00 **GR** LCR Game
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
8:00 **T** Monday Night Movie

Tuesday



4

9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **ACT** Tuesday Trivia Fun
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **ACT** Food Forum
2:30 **T** Theater Show w/ Bonnie!
3:00 **ACT** Balloon Volleyball
6:30 **ACT** Evening Bingo w/ Gloria O
8:00 **T** Movie Night- Resident Pick

11

9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **T** Lecture w/ Paul White
11:30 **GR** Wall Scrabble
2:00 **GR** Poker
2:15 **PTH** Reader's Rendezvous w/ Laura
3:00 **ACT** Balloon Volleyball
6:30 **ACT** Evening Bingo w/ Gloria O
8:00 **T** Movie Night- Resident Pick

18

9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **ACT** Tuesday Trivia Fun
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **ACT** Lifestyle Committee
3:15 **ACT** Balloon Volleyball
3:30 **PTH** Sunset Stretch
6:30 **ACT** Evening Bingo w/ Gloria O
8:00 **T** Movie Night- Resident Pick

25

9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **AS** Origami Art Class
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **T** Paul Rabinowitz Lecture
2:00 **GR** Poker
3:30 **PTH** Sunset Stretch
6:30 **ACT** Evening Bingo w/ Gloria O
8:00 **T** Movie Night- Resident Pick

Wednesday



5

10:00 **L** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
11:30 **T** PBS News Hour
12:00 **B** Cooking Demo w/ Connor
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Stacy
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Comedy

12 Tu BiShvat

10:00 **L** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Stacy
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Action

19

10:00 **L** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Stacy
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Comedy

26

10:00 **L** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Stacy
2:15 **ACT** Bingo
3:15 **B** Monthly Birthday Bash
8:00 **T** Movie Action

Thursday



6

10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Documentary Series
11:30 **AS** Nature Art
12:00 **Bus** Garden State Mall Trip
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:15 **AS** Jewelry Making w/ Cindy
3:00 **ACT** HealthPro Discovery w/ Amy
3:45 **ACT** Crossword Series
7:30 **PTH** Evening Concert

13

10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Documentary Series
11:30 **T** Drama Club- New Program!
12:00 **Bus** Sear House- Lunch Trip
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:00 **GR** Poker
2:15 **AS** Floral Art
3:30 **PTH** Mind-Body Exercise
8:00 **T** Documentary Film

20

10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Documentary Series
11:30 **ACT** Famous Quotes & Poems
12:00 **Bus** Mystic Pizza Play Trip
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:00 **GR** Poker
2:15 **AS** Jewelry Making Class
3:30 **PTH** Mind-Body Exercise
8:00 **T** Movie Musicals

27 Retro Day

10:30 **ACT** Gentle Yoga w/ Jen
11:30 **AS** Sketch Class w/ Cindy
12:00 **Bus** Dimora Lunch Trip
2:00 **GR** Rummikub Club
2:00 **ACT** AL Resident Council
2:00 **GR** LCR Game
2:15 **GH** Horticulture & Planting
3:15 **ACT** Crossword Game
3:30 **PTH** Mind-Body Exercise
8:00 **T** Movie Action

Friday

7

10:30 **ACT** Strength & Fitness
11:30 **ACT** World Trivia
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:30 **L** Writer's Group
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:30 **ACT** Shabbat
8:00 **T** Movie Night - New Release

14 Valentine's Day

10:30 **ACT** Strength & Fitness
11:30 **T** Team Jeopardy
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:30 **L** Writer's Group
3:15 **ACT** Yoga with Mimi
3:15 **PTH** Valentine's Day Party
4:30 **ACT** Shabbat
8:00 **T** Movie Night - New Release

21

10:30 **ACT** Strength & Fitness
11:30 **AS** Art Workshop
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:30 **L** Writer's Group
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:30 **ACT** Shabbat
8:00 **T** Movie Night - New Release

28

10:30 **ACT** Strength & Fitness
11:30 **T** Team Jeopardy
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:30 **L** Writer's Group
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:30 **ACT** Shabbat
8:00 **T** Movie Night - New Release

Saturday

1

10:00 **BC** Shabbat -Virtual Service
10:00 **Bus** AM Shopping Shuttle
10:30 **ACT** Yoga Flow w/ Kim
11:30 **AS** Card Making Fun
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Saturday Night Cinema

8

10:00 **BC** Shabbat -Virtual Service
10:00 **Bus** AM Shopping Shuttle
10:30 **ACT** Yoga Flow
11:30 **ACT** Finish the Lyrics
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Theater

15

10:00 **BC** Shabbat -Virtual Service
10:00 **Bus** AM Shopping Shuttle
10:30 **ACT** Yoga Flow
11:30 **ACT** Presidential Trivia
11:30 **ACT** Sports Trivia
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Classics

22

10:00 **BC** Shabbat -Virtual Service
10:00 **Bus** AM Shopping Shuttle
10:30 **ACT** Yoga Flow w/ Kim
11:30 **ACT** Scientific Discoveries
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Concert



Around our Community

Hello February!

Monthly Observances

Black History Month
National Library Lover's Month
American Heart Month

Special Days

Feb. 2nd- Groundhog Day
Feb. 9th- Superbowl Sunday
Feb. 14th- Valentine's Day
Feb. 17th- President's Day
Feb. 22nd- National Margarita Day
Feb. 27th- Retro Day

Weekly Poker Game- Tuesdays at 2!
Yoga w/ Mimi- Mondays & Fridays @ 3:15pm
Allegro Drama Club Starting in February!

All Activities are Subject to Change

LOCATION KEY

- BC** Business Center
- Bus** Bus Trip
- ACT** Activity Room
- AS** Art Studio
- T** Theater
- PTH** Penthouse Pub
- GR** Game Room
- L** Library
- ML** Meet in Lobby
- B** Bistro

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Allegro in Harrington Park

200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440

<https://www.allegroliving.com/senior-living-harrington-park.html>

2 Groundhog Day

- 10:00 **CR** Virtual Catholic Mass
- 11:00 **LR** Therapeutic Arts
- 11:30 **P** Gentle Stretching w/ Anne
- 2:30 **P** Groundhog Day Review
- 2:45 **LR** Affirmation Nation
- 3:00 **CR** Calm Breathing Bubble
- 3:30 **LR** Grammy Watch Party
- 4:00 **LR** Bingo
- 6:00 **LR** Concert Series

9

- 10:00 **CR** Virtual Catholic Mass
- 11:00 **LR** Therapeutic Arts
- 11:30 **P** Gentle Stretching w/ Anne
- 2:30 **P** Snack N' Chat
- 2:45 **LR** Affirmation Nation
- 3:00 **CR** Calm Breathing Bubble
- 3:30 **LR** Super Bowl Trivia
- 4:00 **LR** Bingo
- 6:00 **LR** Super Bowl Game

16

- 10:00 **CR** Virtual Catholic Mass
- 11:00 **LR** Therapeutic Arts
- 11:30 **P** Gentle Stretching w/ Anne
- 2:30 **P** Snack N' Chat
- 2:45 **LR** NBA Allstar Game Showing
- 3:00 **CR** Calm Breathing Bubble
- 3:30 **LR** Let's Talk: NASCAR
- 4:00 **LR** Bingo
- 6:00 **LR** Concert Series

23

- 10:00 **CR** Virtual Catholic Mass
- 11:00 **LR** Therapeutic Arts
- 11:30 **P** Gentle Stretching w/ Anne
- 2:30 **P** Snack N' Chat
- 2:45 **LR** Affirmation Nation
- 3:00 **CR** Calm Breathing Bubble
- 3:30 **LR** Today in History Trivia
- 4:00 **LR** Bingo
- 6:00 **LR** Concert Series

3

- 10:00 **LR** Wheel of Fortune
- 10:45 **LR** Rosary Group
- 11:00 **LR** Crafting Corner
- 11:30 **LR** Gentle Yoga
- 1:00 **O** Walk Around Allegro
- 2:00 **LR** Afternoon Trivia
- 3:00 **LR** Zumba Gold
- 4:00 **LR** Bingo
- 6:00 **LR** Coffee and Conversations

10

- 10:00 **LR** Wheel of Fortune
- 10:45 **LR** Rosary Group
- 11:00 **LR** Crafting Corner
- 11:30 **LR** Gentle Yoga
- 1:00 **O** Walk Around Allegro
- 2:00 **LR** Afternoon Trivia
- 3:00 **LR** Sports Galore
- 4:00 **LR** Bingo
- 6:00 **LR** Coffee and Conversations

17 President's Day

- 10:00 **LR** Wheel of Fortune
- 10:45 **LR** Rosary Group
- 11:00 **LR** President's Day Trivia
- 11:30 **LR** Gentle Yoga
- 1:00 **O** Walk Around Allegro
- 1:30 **LR** Bee Gees Listening Party
- 3:00 **LR** Sports Galore
- 4:00 **LR** Live Entertainer
- 6:00 **LR** Coffee and Conversations

24

- 10:00 **LR** Wheel of Fortune
- 10:45 **LR** Rosary Group
- 11:00 **LR** Crafting Corner
- 11:30 **LR** Gentle Yoga
- 1:00 **O** Walk Around Allegro
- 2:00 **LR** Afternoon Trivia
- 3:00 **LR** Zumba Gold
- 4:00 **LR** Bingo
- 6:00 **LR** Coffee and Conversations



4 Happy Birthday Maria!

- 10:00 **LR** Let's Talk: Rosa Parks
- 10:30 **LR** Paper Crafting
- 11:30 **LR** Total Body Movement
- 1:30 **LR** Afternoon Stretch
- 1:45 **Bus** Scenic Ride
- 3:00 **LR** Pass the Popcorn!
- 3:30 **PTH** Wine and Unwind
- 4:00 **P** Bingo
- 6:00 **CR** Ensemble Singing Society

11

- 10:00 **LR** Let's Talk: Japan
- 10:30 **LR** Paper Crafting
- 11:30 **LR** Total Body Movement
- 1:30 **LR** Afternoon Stretch
- 2:00 **LR** Cooking Class
- 3:00 **LR** Pass the Popcorn!
- 3:30 **PTH** Wine and Unwind
- 4:00 **P** Bingo
- 6:00 **CR** Ensemble Singing Society

18

- 10:00 **LR** Let's Talk: Vanna White
- 10:30 **LR** Paper Crafting
- 11:30 **LR** Total Body Movement
- 1:30 **LR** Afternoon Stretch
- 2:00 **LR** Cooking Class
- 3:00 **LR** Pass the Popcorn!
- 3:30 **PTH** Wine and Unwind
- 4:00 **P** Bingo
- 6:00 **CR** Ensemble Singing Society

25

- 10:00 **LR** Let's Talk
- 10:30 **LR** Paper Crafting
- 11:30 **LR** Total Body Movement
- 1:30 **LR** Afternoon Stretch
- 1:45 **Bus** Ensemble Shopping Trip
- 3:00 **LR** Pass the Popcorn!
- 3:30 **PTH** Wine and Unwind
- 4:00 **P** Bingo
- 6:00 **CR** Ensemble Singing Society



5

- 10:00 **LR** Price is Right
- 11:00 **LR** Nature's Art
- 11:15 **LR** Balance & Strength Fitness
- 1:00 **LR** Walking Club
- 1:15 **P** Wellness Melodies
- 2:15 **LR** Blooms and Booze
- 3:30 **LR** Music for Joy
- 4:15 **LR** Bingo
- 6:00 **DR** Posi-ti-vi Tea

12 Happy Birthday Nancy!

- 10:00 **LR** Price is Right
- 11:00 **LR** Nature's Art
- 11:15 **LR** Balance & Strength Fitness
- 1:00 **LR** Walking Club
- 2:15 **LR** The Passport Series
- 3:00 **CR** Let's Talk: Tu B'Shevat
- 3:30 **LR** Music for Joy
- 4:15 **LR** Bingo
- 6:00 **DR** Posi-ti-vi Tea

19

- 10:00 **LR** Price is Right
- 11:00 **LR** Nature's Art
- 11:15 **LR** Balance & Strength Fitness
- 1:00 **LR** Walking Club
- 1:15 **P** Wellness Melodies
- 3:00 **CR** Let's Talk
- 3:30 **LR** Music for Joy
- 4:15 **LR** Bingo
- 6:00 **DR** Posi-ti-vi Tea

26

- 10:00 **LR** Price is Right
- 11:00 **LR** Nature's Art
- 11:15 **LR** Balance & Strength Fitness
- 1:00 **LR** Walking Club
- 1:15 **P** Wellness Melodies
- 3:00 **CR** Let's Talk: NYC Subway
- 3:30 **LR** Music for Joy
- 4:15 **LR** Bingo
- 6:00 **DR** Posi-ti-vi Tea



6

- 10:00 **LR** Let's Talk: Massachusetts
- 11:00 **LR** Clay Date
- 11:30 **LR** Calm Breathing Bubble
- 1:00 **LR** Bingo
- 2:30 **LR** Freestyle Workout
- 2:45 **LR** Affirmation Nation
- 3:00 **DR** Cooking Class
- 3:30 **CR** Karaoke
- 4:00 **LR** Live Entertainment
- 6:00 **CR** Life Long Learning

13

- 10:00 **LR** Let's Talk
- 11:15 **LR** Total Body Fitness
- 1:00 **LR** Bingo
- 1:30 **P** Wellness Melodies
- 2:00 **LR** Chapter's Inc.
- 2:30 **LR** Freestyle Workout
- 2:45 **LR** Affirmation Nation
- 3:00 **DR** Cooking Class
- 4:15 **CR** Karaoke
- 6:00 **CR** Life Long Learning

20 Happy Birthday Brenda!

- 10:00 **LR** Let's Talk
- 11:00 **LR** Clay Date
- 11:30 **LR** Calm Breathing Bubble
- 1:00 **LR** Bingo
- 2:00 **LR** Chapter's Inc.
- 2:30 **LR** Freestyle Workout
- 2:45 **LR** Affirmation Nation
- 3:00 **DR** Cooking Class
- 4:15 **CR** Karaoke
- 6:00 **CR** Life Long Learning

27

- 10:00 **LR** Let's Talk: Polar Bear
- 11:15 **LR** Total Body Fitness
- 1:00 **LR** Bingo
- 1:30 **P** Wellness Melodies
- 2:00 **LR** Chapter's Inc.
- 2:30 **LR** Freestyle Workout
- 2:45 **LR** Affirmation Nation
- 3:00 **DR** Cooking Class
- 4:15 **CR** Karaoke
- 6:00 **CR** Life Long Learning

7

- 10:00 **LR** Storytelling 101
- 11:00 **LR** Inner Spirit Art
- 11:30 **LR** Latin Fusion Revolution
- 1:00 **LR** Music Therapy
- 1:15 **T** Fridays at the Movies
- 2:00 **LR** Fab Four Trivia
- 3:00 **LR** Fitness with HP
- 3:30 **LR** Bingo
- 4:15 **LR** You Name It! Pictionary
- 6:00 **CR** Virtual Shabbat Services

14 Valentine's Day

- 10:00 **LR** Classic Love Stories
- 11:00 **LR** Crafting Corner
- 11:30 **LR** Latin Fusion Revolution
- 1:15 **T** Fridays at the Movies
- 2:30 **LR** Drum Fitness
- 3:30 **BL** Sweetheart's Dance
- 4:15 **LR** You Name It! Pictionary
- 6:00 **CR** Virtual Shabbat Services

21

- 10:00 **LR** Storytelling 101
- 11:00 **LR** Crafting Corner
- 11:30 **LR** Latin Fusion Revolution
- 1:00 **LR** Music Therapy
- 1:15 **T** Fridays at the Movies
- 2:00 **P** Chapters Inc.
- 3:00 **LR** Fitness with HP
- 3:30 **LR** Bingo
- 4:15 **LR** You Name It! Pictionary
- 6:00 **CR** Virtual Shabbat Services

28

- 10:00 **LR** Storytelling 101
- 11:00 **LR** Inner Spirit Art
- 11:30 **LR** Latin Fusion Revolution
- 1:15 **T** Fridays at the Movies
- 2:30 **LR** Drum Fitness
- 3:30 **LR** Bingo
- 4:15 **LR** You Name It! Pictionary
- 6:00 **CR** Virtual Shabbat Services

1 Hello February

- 9:00 **CR** In Review: February
- 10:00 **LR** Family Feud
- 10:30 **P** Paws & Relax
- 11:15 **LR** Manicure Madness
- 1:15 **LR** Color Me Happy
- 2:00 **LR** Harlem Virtual Tour
- 3:00 **LR** Chair Yoga
- 3:30 **LR** Bingo
- 4:00 **CR** The Price is Right
- 6:00 **LR** Concert Series

8

- 9:00 **CR** Today in History
- 10:00 **LR** Family Feud
- 10:30 **P** Paws & Relax
- 1:15 **LR** Color Me Happy
- 2:00 **LR** Jogging your Noggin
- 3:00 **LR** Chair Yoga
- 3:30 **LR** Bingo
- 4:00 **CR** The Price is Right
- 6:00 **LR** Concert Series

15

- 9:00 **LR** Family Feud
- 10:30 **P** Paws & Relax
- 11:15 **LR** Manicure Madness
- 1:15 **LR** Color Me Happy
- 2:00 **LR** Jogging your Noggin
- 3:00 **LR** Chair Yoga
- 3:30 **LR** Bingo
- 4:00 **CR** The Price is Right
- 6:00 **LR** Concert Series

22

- 9:00 **CR** Let's Talk: G. Washington
- 10:00 **LR** Family Feud
- 10:30 **P** Paws & Relax
- 1:15 **LR** Color Me Happy
- 2:00 **LR** Jogging your Noggin
- 3:00 **LR** Chair Yoga
- 3:30 **LR** Bingo
- 4:00 **CR** The Price is Right
- 6:00 **LR** Concert Series



Around our Community

What's Going On?

In The Know

- Black History Month
- Senior Independence Month
- Mandala Month
- Sculpting Month

Special Days & Holidays

- Groundhog Day 2.2
- Tu B'Shevat Begins 2.12
- Valentine's Day 2.14
- President's Day 2.17

Fun Fact

Having only 28 days in common years, February is the only month of the year that can pass without a single full moon. Using Coordinated Universal Time as the basis for determining the date and time of a full moon, this last happened in 2018 and will next happen in 2037.

LOCATION KEY

- CR** iN2L Computer
- LR** Living Room
- P** Patio
- O** Outdoors
- Bus** Bus Trip
- PTH** Penthouse Pub
- DR** Dining Room
- T** Theater
- BL** Bistro Lounge