

UPCOMING COMMUNITY EVENTS



INTELLECTUAL ACTIVITIES

02/02-Current Events/Lecture with Michael B

02/05-Book Review with Linda A

02/06-02/20-Current Events with Art

02/10-The Eldercation Experience with Harry

02/10-Parkinson's Support Group

02/18-Channe F Lecture Series

The Great Courses Lectures-Every Saturday

My Health Angel Virtual Events-Every Wednesday

COMMUNITY OUTINGS

02/06-Cheesecake Factory 11AM

02/13-Shopping Spree to Coral
Square Mall & Casino 11AM

02/20-Smokey Bones 4:30PM

02/27-Shopping Spree to Coral
Square Mall & Casino 11AM



Allegro in Parkland

5901 Loxahatchee Road
Parkland, FL 33067
(954) 376-6754



FLOURISH

FEBRUARY 2025

WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

*"BEING DEEPLY LOVED BY SOMEONE GIVES YOU STRENGTH, WHILE LOVING
SOMEONE DEEPLY GIVES YOU COURAGE"*

—LAO TZU

Sunday

Allegro in Parkland

5901 Loxahatchee Road
Parkland, Parkland 33067(954) 376-6754 <https://www.allegroliving.com/senior-living-parkland-florida.html>

- 2**
10:00 **CR** Exercise Class
10:30 **TH** Catholic Services (Virtual)
10:30 **CR** Watercolor/Glass Painting Class
11:00 **CR** Brain Games Puzzle
1:30 **CR** Bingo
3:00 **BI** Ice Cream Social
4:00 **CR** Poetry Club
7:00 **CR** Current Events/Lecture-w/ Michael B

- 9**
10:00 **CR** Exercise Class
10:30 **TH** Catholic Services (Virtual)
10:30 **CR** Watercolor/Glass Painting Class
11:00 **CR** Brain Games Puzzle
1:30 **CR** Bingo
3:00 **BI** Social Hour
4:00 **CR** Poetry Club
6:30 **TH** NFL Super Bowl Watch Party

- 16**
10:00 **CR** Exercise Class
10:30 **TH** Catholic Services (Virtual)
10:30 **CR** Watercolor/Glass Painting Class
11:00 **CR** Brain Games Puzzle
1:30 **CR** Bingo
3:00 **BI** Ice Cream Social
4:00 **CR** Poetry Club
7:00 **TH** Classic's: Out of Africa-N

- 23**
10:00 **CR** Exercise Class
10:30 **TH** Catholic Services (Virtual)
10:30 **CR** Watercolor/Glass Painting Class
11:00 **CR** Brain Games Puzzle
1:30 **CR** Bingo
3:00 **BI** Social Hour
4:00 **CR** Poetry Club
7:00 **TH** Classic's: Awakenings-N

Monday

- 3**
10:00 **CR** Morning Stretch
10:30 **CR** Word Games
1:30 **CR** Blast to the Past
2:30 **CD** Blackjack (RSVP)
3:00 **CR** Jewelry Design
7:00 **CR** Bingo Night

- 10**
10:00 **CR** Morning Stretch
10:30 **BI** YaYa K. Designs
10:30 **CR** Word Games
2:00 **CR** The Eldercation Experience w/ Harry G.
2:30 **CD** Blackjack (RSVP)
3:00 **CR** Flower Arrangement
7:00 **CR** Bingo Night

- 17**
Presidents' Day
10:00 **CR** Morning Stretch
10:30 **CR** Word Games
1:30 **CR** Blast to the Past
2:30 **CD** Blackjack (RSVP)
3:00 **CR** Jewelry Design
7:00 **CR** Bingo Night

- 24**
10:00 **CR** Morning Stretch
10:30 **CR** Word Games
1:30 **CR** Blast to the Past
2:30 **CD** Blackjack (RSVP)
3:00 **CR** Flower Arrangement
7:00 **CR** Bingo Night

Tuesday



- 4**
10:30 **CR** Fitness Fusion w/ Barbara
11:00 **LI** Spanish Lessons
11:30 **BI** Valerie's Shop
1:30 **CR** Bingo
2:30 **LI** Technology Support
2:30 **GR** Canasta Games
3:00 **BI** Wine Down Karaoke Time
4:00 **CR** Country Spotlight w/ Eric
7:00 **CR** Games Night

- 11**
10:30 **CR** Fitness Fusion w/ Barbara
11:00 **LI** Spanish Lessons
12:00 **BI** Pizza Fundraiser Party
1:30 **CR** Bingo
2:30 **LI** Technology Support
2:30 **GR** Canasta Games
3:00 **TH** Parkinson's Support Group
3:00 **BI** Wine Down Karaoke
7:00 **CR** Games Night

- 18**
10:30 **CR** Fitness Fusion w/ Barbara
11:00 **LI** Spanish Lessons
1:30 **CR** Bingo
2:00 **TH** Channe F Lecture Series
2:30 **LI** Technology Support
2:30 **GR** Canasta Games
3:00 **BI** Wine Down Karaoke Time
4:00 **CR** Country Spotlight w/ Eric
7:00 **CR** Games Night

- 25**
10:30 **CR** Fitness Fusion w/ Barbara
11:00 **LI** Spanish Lessons
1:30 **CR** Bingo
2:30 **LI** Technology Support
2:30 **GR** Canasta Games
3:00 **BI** Wine Down Karaoke
7:00 **CR** Games Night

Wednesday



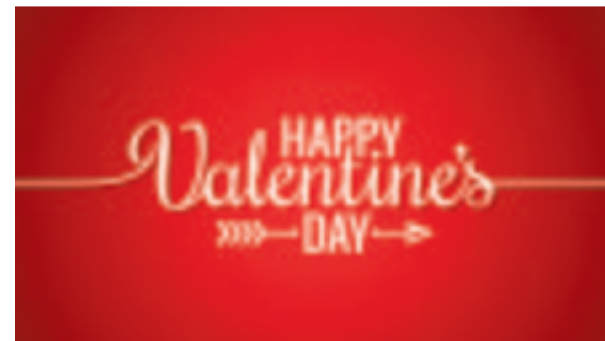
- 5**
10:00 **CR** Chair Exercise
10:30 **CR** TED Talks
11:00 **O** Gardening Club
1:15 **CR** Mindful-Meditation
2:00 **CR** Book Review w/ Linda
2:00 **GR** Canasta Time
3:00 **CR** Lecture: The Anti-Godfather Film: Martin Scorsese's Goodfellas
3:30 **BR** Gentlemans Club

- 12**
10:00 **CR** Chair Exercise
10:30 **CR** TED Talks
11:00 **O** Gardening Club
1:15 **CR** Mindful-Meditation
2:00 **GR** Canasta Time
3:00 **CR** Lecture: Ballet's Great Love Stories
3:30 **BR** Gentlemans Club
7:00 **TH** Movie Night: The Age of Adeline-N

- 19**
10:00 **CR** Chair Exercise
10:30 **CR** TED Talks
11:00 **TR** Caregiver Alzheimer's Association Support Group
11:00 **O** Gardening Club
1:15 **CR** Mindful-Meditation
2:00 **GR** Canasta Time
3:00 **CR** Lecture: London's High Society in The Regency Era
3:30 **BR** Gentlemans Club

- 26**
10:00 **CR** Chair Exercise
10:30 **CR** TED Talks
11:00 **O** Gardening Club
1:15 **CR** Mindful-Meditation
2:00 **GR** Canasta Time
3:30 **BR** Gentlemans Club
7:00 **TH** Movie Night: Apollo 13 -N

Thursday



- 6**
10:30 **CR** Fitness Fusion w/ Barbara
11:00 **O** Outing: The Cheesecake Factory
11:30 **TH** Communion Services
1:30 **CR** Painting Class w/ Norberto
3:15 **CR** Current Events w/ Art B
4:00 **CR** High Stake Bingo
7:00 **CR** Table Talk w/ Eric

- 13**
9:30 Lit Bouquet Selling
10:30 **CR** Fitness Fusion w/ Barbara
11:00 **O** Outing: Shopping Spree to Coral Square Mall/Casino
11:30 **TH** Communion Services
1:30 **CR** Painting Class w/ Norberto
3:15 **CR** Resident Council Meeting
4:00 **CR** High Stake Bingo
6:30 **BI** Valentine's Dance Party

- 20**
10:00 **BI** Health & Wellness Fair
10:30 **CR** Fitness Fusion w/ Barbara
11:30 **TH** Communion Services
1:30 **CR** Painting Class w/ Norberto
3:00 **CR** Town Hall Meeting
4:00 **CR** High Stake Bingo
4:30 **O** Outing: Smokey Bones Boca Raton
7:00 **CR** Current Events w/ Art B

- 27**
10:30 **CR** Fitness Fusion w/ Barbara
11:00 **O** Outing: Shopping Spree to Coral Square Mall/Casino
11:30 **TH** Communion Services
1:30 **CR** Painting Class w/ Norberto
4:00 **CR** High Stake Bingo
7:00 **CR** Table Talk w/ Eric

Friday

- 7**
10:00 **CR** Chair Exercise
10:30 **CR** TED Talks
11:00 **CR** Music Trivia-Sing Along
1:30 **CD** Blackjack
1:30 **CR** Bingo Night
2:00 **GR** Canasta Games
3:00 **BI** Happy Hour
4:00 **BI** Shabbat Service
7:00 **CR** Evening Games w/Friends

- 14**
Happy Valentine's Day
10:00 **CR** Chair Exercise
11:00 **CR** Music Trivia-Sing Along
1:30 **CD** Blackjack
1:30 **CR** Bingo Night
2:00 **GR** Canasta Games
3:00 **BI** Happy Hour
4:00 **BI** Shabbat Service
7:00 **CR** Evening Games w/Friends

- 21**
10:00 **CR** Chair Exercise
11:00 **CR** Music Trivia-Sing Along
1:30 **CD** Blackjack
1:30 **CR** Bingo Night
2:00 **GR** Canasta Games
3:00 **BI** Happy Hour
4:00 **BI** Shabbat Service
7:00 **CR** Evening Games w/Friends

- 28**
10:00 **CR** Chair Exercise
11:00 **CR** Music Trivia-Sing Along
1:30 **CD** Blackjack
1:30 **CR** Bingo Night
2:00 **GR** Canasta Games
3:00 **BI** Monthly Birthday's Celebration Happy Hour
3:00 **BI** Happy Hour:
4:00 **BI** Shabbat Service
7:00 **CR** Evening Games w/Friends

Saturday

- 1**
10:00 **CR** Chair Yoga
11:00 **O** Outing to Publix
11:00 **CR** Family Feud
11:15 **BI** Pet Therapy
1:30 **CR** Bingo
2:30 **LI** Veterans Club
3:00 **BI** Puzzle & Game Afternoon
3:00 **CR** The Great Courses: Storming the Bastille
7:00 **BI** Showtime: Cesar

- 8**
10:00 **CR** Chair Yoga
11:00 **O** Outing to Walmart
11:00 **CR** Family Feud
11:15 **BI** Pet Therapy
1:30 **CR** Bingo
2:30 **LI** Veterans Club
3:00 **BI** Puzzle & Game Afternoon
3:00 **CR** The Great Courses: Approaching Shakespeare
7:00 **BI** Showtime: Seetha like

- 15**
10:00 **CR** Chair Yoga
11:00 **O** Outing to Publix
11:00 **CR** Family Feud
11:15 **BI** Pet Therapy
1:30 **CR** Bingo
2:30 **LI** Veterans Club
3:00 **BI** Puzzle & Game Afternoon
3:00 **CR** The Great Courses: The Power of Parabola
7:00 **BI** Showtime:

- 22**
10:00 **CR** Chair Yoga
11:00 **O** Outing to Walmart
11:00 **CR** Family Feud
11:15 **BI** Pet Therapy
1:30 **CR** Bingo
2:30 **LI** Veterans Club
3:00 **BI** Puzzle & Game Afternoon
3:00 **CR** The Great Courses
7:00 **BI** Showtime:

“Love is something eternal; the aspect may change, but not the essence”

Around our Community

Notes

Activities are subject to change. Please check daily activities calendar on CLC App or weekly calendar.

For Transportation Request visit:

calendly.com/allegroparkland

Lifestyle Director:

Omar Urbay

Phone: (314)-617-0376

Ext:580

Email:

ourbay@allegroliving.com

LOCATION KEY

- CR** Community Room
- O** Outing
- BI** Bistro
- LI** Library
- TH** Eagle Theater
- CD** Card Room
- GR** Game Room
- BR** Billiards Room
- TR** Training Room

Sunday

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Parkland, FL 33067
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Monday

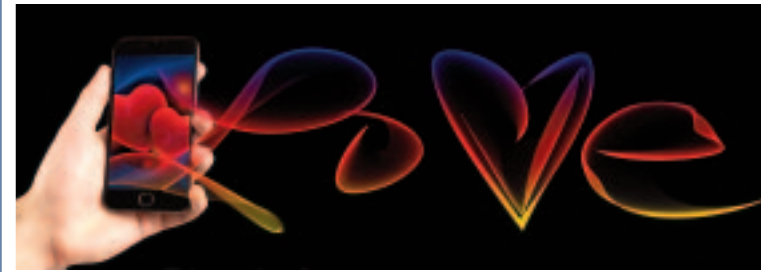
Tuesday



Wednesday



Thursday



Friday

Saturday

Around our Community

The Month of Love

February 2, 2025 -Ground Hog Day

February 14, 2025 - Valentines Day

February 17, 2025 - Presidents Day

"Though February is short, it is filled with lots of love and sweet surprises."

Ensemble Program Director
Dee Mitchell

Cell: 863-722-4062

Email:
Dmitchell@allegroliving.com

Activities are subject to change. Please check the CLC App for updates.

LOCATION KEY

- DR** Dining Room
- O** Outdoor
- EN** Ensemble Neighborhood
- LR** Living Room
- P** Patio
- BI** Bistro
- TH** Eagle Theater
- CR** Community Room
- I** iN2L
- LI** Library

- 2**
9:00 **DR** Breakfast w/Perry Como
10:00 **O** Senior Fitness
10:30 **EN** Spiritual Circle
11:00 **P** Ground Hog Day Trivia
1:00 **EN** Ground Hog Day Movie
3:00 **BI** Ice Cream Social
4:00 **EN** Afternoon Walk
4:30 **EN** Funny Babies Show
6:00 **P** Music & Relaxation

- 9**
9:00 **DK** Breakfast w/ Johnny Cash
10:00 **O** Senior Fitness
10:30 **EN** Spiritual Circle
11:00 **P** How Much Did It Cost
1:30 **I** Bingo
2:30 **I** Name that Sound
3:00 **BI** Social Hour on the Balcony
4:00 **EN** Afternoon Walk
4:30 **EN** Funny Babies Show
6:00 **P** Music & Relaxation

- 16**
9:00 **DR** Breakfast w/Gene Pitney
10:00 **O** Senior Fitness
10:30 **EN** Spiritual Circle
11:30 **I** Bingo
1:30 **EN** Trivia
2:00 **EN** Happy Hour w/ Rich
3:00 **BI** Ice Cream Social
4:00 **EN** Afternoon Walk
4:30 **EN** Funny Babies Show
6:00 **P** Music and Relaxation

- 23**
9:00 **DK** Breakfast w/ Johnny Rivers
10:00 **O** Senior Fitness
10:30 **EN** Spiritual Circle
11:00 **P** How Much Did It Cost
1:30 **I** Bingo
2:30 **I** Name that Sound
3:00 **BI** Social Hour on the Balcony
4:00 **EN** Afternoon Walk
4:30 **EN** Funny Babies Show
6:00 **P** Music & Relaxation

- 3**
9:00 **DR** Breakfast w/Frank Sinatra
10:00 **O** Morning Walk
11:00 **EN** Good News
1:30 **EN** Music on the Patio
2:00 **TH** Community Movie
4:00 **LR** Jazz Stretching Class
4:30 **EN** Wine & Unwind
6:00 **LR** Music & Memories

- 10**
9:00 **DR** Breakfast w/ Rickey Nelson
10:00 **O** Morning Walk
11:00 **EN** Good News
1:30 **EN** Music on the Patio
2:00 **TH** Community Movie
4:00 **LR** Jazz Stretching Class
4:30 **EN** Wine & Unwind
6:00 **LR** Music & Memories

- 17**
9:00 **DR** Breakfast w/Barbara Streisand
10:00 **O** Morning Walk
11:00 **EN** Presidents Day Trivia
1:30 **EN** Music on the Patio
2:00 **TH** Community Movie
4:00 **LR** Jazz Stretching Class
4:30 **EN** Wine & Unwind
6:00 **LR** Music & Memories

- 24**
9:00 **DK** Breakfast w/ Stevie Wonder
10:00 **O** Morning Walk
11:00 **EN** Good News
1:30 **EN** Music on the Patio
2:00 **TH** Community Movie
4:00 **LR** Jazz Stretching Class
4:30 **EN** Wine & Unwind
6:00 **LR** Music & Memories

- 4**
9:00 **DR** Breakfast w/Barbara S.
10:00 **CR** Exercise w/ Dee
11:00 **EN** You be the Judge
11:30 **EN** Short Story
1:30 **I** Games of the Week
2:00 **LI** Library
3:00 **BI** Karaoke in the Bistro
4:00 **O** Afternoon Walk
4:30 **EN** Comedy Show
6:00 **P** Music on the Patio

- 11**
9:00 **DR** Breakfast w/Tony Bennet
10:00 **P** Coffee & Conversation
11:00 **EN** You be the Judge
11:30 **EN** Morning Walk
1:30 **I** Games of the Week
2:00 **EN** Bingo
2:00 **P** Hot Chocolate by the Pool
3:00 **BI** Karaoke in the Bistro
4:00 **O** Pet Therapy
4:30 **EN** Comedy Show

- 18**
9:00 **DR** Breakfast w/ The Tokens
10:00 **CR** Exercise w/ Dee
11:00 **EN** You be the Judge
11:30 **EN** Short Story
1:30 **I** Games of the Week
2:00 **LI** Library
3:00 **BI** Karaoke in the Bistro
4:00 **O** Afternoon Walk
4:30 **EN** Comedy Show
6:00 **P** Music on the Patio

- 25**
9:00 **DR** Breakfast w/Barbara S.
10:00 **P** Coffee & Conversation
11:00 **EN** You be the Judge
11:30 **EN** Short Story
1:30 **I** Games of the Week
2:00 **EN** Bingo
2:00 **P** Hot Chocolate by the Pool
2:45 **CR** Horticultural
3:00 **BI** Karaoke in the Bistro
4:00 **O** Afternoon Walk

- 5**
9:00 **DR** Breakfast w/ E.Humperdinck
10:00 **LR** Big Ball Exercise
10:15 **Spa** Dee's Beauty Salon
11:30 **I** Jogging your Noggin
1:30 **EN** Arts & Crafts
2:30 **EN** Drive By Ice Cream Party
3:00 **EN** Broadway Play
4:00 **EN** Afternoon Stretch
4:30 **EN** Crossword Puzzle
6:00 **I** Magazines on the Patio

- 12**
9:00 **DR** Breakfast w/Pasty Cline
10:00 **LR** Big Ball Exercise
10:15 **Spa** Dee's Beauty Salon
11:30 **I** Jogging your Noggin
1:30 **EN** Arts & Crafts
2:30 **EN** Lemonade Social
3:00 **EN** Broadway Play
4:00 **EN** Afternoon Stretch
4:30 **EN** Familiar Face Bingo
6:00 **I** Magazines on the Patio

- 19**
9:00 **DK** Breakfast w/ Brenda Lee
10:00 **LR** Big Ball Exercise
10:15 **Spa** Dee's Beauty Salon
11:30 **I** Jogging your Noggin
1:30 **EN** Arts & Crafts
2:30 **EN** Drive By Ice Cream Party
3:00 **EN** Broadway Play
4:00 **EN** Afternoon Stretch
4:30 **EN** Crossword Puzzle
6:00 **I** Magazines on the Patio

- 26**
9:00 **DR** Breakfast w/Nat King Cole
10:00 **LR** Big Ball Exercise
10:15 **Spa** Dee's Beauty Salon
11:30 **I** Jogging your Noggin
1:30 **EN** Arts & Crafts
2:30 **EN** Lemonade Social
3:00 **EN** Broadway Play
4:00 **EN** Afternoon Stretch
4:30 **EN** Familiar Face Bingo
6:00 **I** Magazines on the Patio

- 6**
9:00 Breakfast w/ Pasty Cline
10:30 **O** Fitness with Barbara
11:30 **O** Hip Hop Community Scroll
1:30 **EN** Good News
2:00 **EN** Choir Practice
3:00 **DK** Wine Tasting
3:30 **EN** Aqua Painting
4:30 **EN** Afternoon Stretch
6:00 **P** Music & Memories

- 13**
9:00 **DR** Breakfast w/Barry Manilow
10:30 **O** Fitness with Barbara
11:30 **O** Hip Hop Community Scroll
1:30 **EN** Good News
2:00 **EN** Choir Practice
3:00 **EN** DIY Snack w/Dee
3:30 **EN** Aqua Painting
4:30 **EN** Afternoon Stretch
6:00 **P** Music & Memories

- 20**
9:00 **DR** Breakfast w/ Andrea Bocelli
10:30 **O** Fitness with Barbara
11:30 **O** Hip Hop Community Scroll
1:30 **EN** Wellness Chat
2:00 **EN** Choir Practice
3:00 **EN** Trivia
3:30 **EN** Aqua Painting
4:30 **EN** Afternoon Stretch
6:00 **P** Music & Memories

- 27**
9:00 **DR** Breakfast w/ Bing Crosby
10:30 **O** Fitness with Barbara
11:30 **O** Hip Hop Community Scroll
1:30 **EN** Good News
2:00 **EN** Choir Practice
3:00 **EN** DIY Snack w/Dee
3:30 **EN** Aqua Painting
4:30 **EN** Afternoon Stretch
6:00 **P** Music & Memories

- 7**
9:00 **DR** Breakfast w/Andy Williams
10:00 **EN** Parachute Ball Toss
10:30 **O** Scenic Bus Ride
11:30 **EN** Music Trivia
1:30 **P** Gardening Club
2:30 **O** Afternoon Walk
3:00 **O** Happy Hour
4:00 **EN** Home Sweet Home
4:30 **EN** Magazines & Chill
6:00 **LR** On the Patio w/ Friends

- 14**
Happy Valentine's Day
9:00 **DR** Breakfast w/Frank Sinatra
10:00 **EN** Parachute Ball Toss
11:30 **EN** Valentines Day Trivia
1:00 **EN** Newly Wed Game
2:00 **EN** Candy Bingo
3:00 **O** Happy Hour
4:00 **EN** Home Sweet Home
4:30 **EN** Magazines & Chill
6:00 **LR** On the Patio w/ Friends

- 21**
9:00 **DR** Breakfast w/Lesley Gore
10:00 **EN** Parachute Ball Toss
11:30 **EN** Music Trivia
1:30 **O** Lunch Outing
1:30 **P** Gardening Club
2:30 **EN** Afternoon Walk
3:00 **O** Happy Hour
4:00 **EN** Home Sweet Home
4:30 **EN** Magazines & Chill
6:00 **LR** On the Patio w/ Friends

- 28**
9:00 **DR** Breakfast w/Elvis
10:00 **EN** Parachute Ball Toss
11:30 **EN** Music Trivia
1:30 **EN** Lunch & Movie
2:00 **P** Gardening Club
3:00 **O** Happy Hour
4:00 **EN** Home Sweet Home
4:30 **EN** Magazines & Chill
6:00 **LR** On the Patio w/ Friends

- 1**
9:00 **DR** Breakfast w/Harry Belafonte
10:30 **O** Morning Walk
11:30 **LR** Choir Practice
1:30 **EN** Trivia
2:30 **EN** Crocheting w/ Enette
3:30 **EN** Snackin & Chattin
4:00 **EN** Adult Coloring
4:30 **EN** Gentle Stretching
6:00 **P** Music on the Patio

- 8**
9:00 **DR** Breakfast w/Paul McCartney
10:30 **O** Morning Walk
11:00 **EN** Choir Practice
1:30 **LR** Trivia
2:00 **EN** Happy Hour w/Stoney
3:00 **EN** Puzzle Hour
4:00 **EN** Adult Coloring
4:30 **EN** Senior Fitness
6:00 **P** Music on the Patio

- 15**
9:00 **DR** Breakfast w/ Dion Dimucci
10:30 **O** Morning Walk
11:00 **EN** Choir Practice
1:30 **TH** Family & Friends Movie Day
3:30 **EN** Snackin & Chattin
4:00 **EN** Adult Coloring
4:30 **EN** Gentle Stretching
6:00 **P** Music on the Patio

- 22**
9:00 **DK** Breakfast w/Aretha Franklin
10:30 **O** Morning Walk
11:00 **EN** Choir Practice
1:30 **LR** Trivia
2:30 **EN** Crocheting with Enette
3:30 **EN** Snackin & Chattin
4:30 **EN** Senior Fitness
6:00 **P** Music on the Patio

Free Text