

UPCOMING COMMUNITY EVENTS



VALENTINES

TITLE

We are looking forward to our Blooms and Bubbly: A Valentine's Soiree. This event is taking place on the 13th of February with live entertainment by Tim Rippey. Our residents and guest will be entertained.

February is Heart Healthy month. Here at Allegro we encourage heart and full body health. We have programs that include physical exercise, brain health along with healthy dining choices. Some of our programs include Chair Yoga, stretch N' Flex exercise, Tai Chi, Meditation, Word Jumble and Sage Brain just to name a few. Please join us.



DON'T MISS THESE EVENTS!

2/4 Learn About "Your Health"

2/9 SuperBowl Sunday

2/12 Truffle Making

2/13 Bloom's & Bubbly: A Valentine Soiree w/ Tim Rippey

2/26 VFW Post 2391 Chat w/ Paul

Allegro in St. Augustine

1101 Plantation Island Drive
St. Augustine, FL 32080
(904) 417-8902



FLOURISH

FEBRUARY 2025

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"THE BIGGEST ADVENTURE YOU CAN EVER TAKE IS TO LIVE THE LIFE OF YOUR DREAMS"

~ OPRAH WINFREY

Sunday

Allegro in St. Augustine

1101 Plantation Island Drive
St. Augustine, St. Augustine 32080(904) 417-8902
<https://www.allegroliving.com/st-augustine-fl.html>

2

9:30 **FP** Chair Yoga
9:45 **CO** Church Shuttle
10:30 **AR** Hope Chapel Sunday Worship
10:30 **TH** Virtual Travelogue
1:30 **CR** Scrabble/Majong
3:30 **S** Rummikube
5:30 **AT** Music w/ Russell
6:30 **TH** At the Cinema w/ Popcorn

9

9:30 **FP** Chair Yoga
9:45 **CO** Church Shuttle
10:30 **AR** Hope Chapel Sunday Worship
10:30 **TH** Virtual Travelogue
1:30 **CR** Scrabble/Majong
3:30 **S** Rummikube
5:30 **AT** Music w/ Russell
5:30 **TH** SuperBowl LIX
6:30 **TH** At the Cinema w/ Popcorn

16

9:30 **FP** Chair Yoga
9:45 **CO** Church Shuttle
10:30 **AR** Hope Chapel Sunday Worship
10:30 **TH** Virtual Travelogue
1:30 **CR** Scrabble/Majong
3:30 **S** Rummikube
5:30 **AT** Music w/ Russell
6:30 **TH** At the Cinema w/ Popcorn

23

9:30 **FP** Chair Yoga
9:45 **CO** Church Shuttle
10:30 **AR** Hope Chapel Sunday Worship
10:30 **TH** Virtual Travelogue
1:30 **CR** Scrabble/Majong
3:30 **S** Rummikube
5:30 **AT** Music w/ Russell
6:30 **TH** At the Cinema w/ Popcorn

Monday

3

9:30 **AR** Move 'N Groove w/ Terri
9:30 **CR** Mahjong
10:30 **AR** Cranium Crunches
1:00 **S** Button Heart Picture
1:30 **CR** Dominoes
2:00 **AR** High Stakes Bingo
3:30 **S** Skip-Bo Card Game
6:30 **TH** At the Cinema w/ Popcorn
6:30 **CR** Game Nite

10

9:30 **AR** Move 'N Groove w/ Terri
9:30 **CR** Mahjong
10:30 **S** Trivia w/ Ken
1:30 **CR** Dominoes
2:00 **AR** High Stakes Bingo
3:30 **S** Skip-Bo Card Game
6:30 **TH** At the Cinema w/ Popcorn
6:30 **CR** Game Nite

17

9:30 **AR** Move 'N Groove w/ Terri
9:30 **CR** Mahjong
10:30 **S** Cranium Crunches
1:30 **CR** Dominoes
2:00 **AR** High Stakes Bingo
3:30 **S** Skip-Bo Card Game
6:30 **TH** At the Cinema w/ Popcorn
6:30 **CR** Game Nite

24

9:30 **AR** Move 'N Groove w/ Terri
9:30 **CR** Mahjong
1:00 **S** Trivia w/ Ken
1:30 **CR** Dominoes
2:00 **AR** High Stakes Bingo
3:30 **S** Skip-Bo Card Game
6:30 **TH** At the Cinema w/ Popcorn
6:30 **CR** Game Nite

Tuesday



4

9:30 **TH** Cozy Coffee
10:30 **AR** Learn About "Your Health"
1:00 **AR** Chair Yoga w/ Carol
1:30 **AR** How Many Words?
1:30 **S** Bridge
2:30 **AR** "Song Birds" Sip 'N Sing
3:30 **AR** The Good Ole' Days
6:30 **CR** Scrabble
6:30 **TH** At the Cinema w/ Popcorn

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9:30 **TH** Cozy Coffee
10:30 **AR** Learn to Play Mahjong
1:00 **AR** Chair Yoga w/ Carol
1:30 **AR** How Many Words?
1:30 **S** Creative Crafters
1:30 **S** Bridge
3:30 **AR** The Good Ole' Days
6:30 **CR** Scrabble
6:30 **TH** At the Cinema w/ Popcorn

18

9:30 **TH** Cozy Coffee
10:30 **AR** Flower Arranging
1:00 **AR** Chair Yoga w/ Carol
1:30 **AR** How Many Words?
1:30 **S** Bridge
2:30 **AR** "Song Birds" Sip N Sing!
3:30 **AR** The Good Ole' Days
6:30 **CR** Scrabble
6:30 **TH** At the Cinema w/ Popcorn

25

9:30 **TH** Cozy Coffee
10:30 **AR** Learn to Play Mahjong
1:00 **AR** Chair Yoga w/ Carol
1:30 **AR** How Many Words?
1:30 **S** Creative Crafters
1:30 **S** Bridge
3:30 **AR** The Good Ole' Days
6:30 **CR** Scrabble
6:30 **TH** At the Cinema w/ Popcorn

Wednesday



5

9:30 **AR** Stretch Exercise w/ Terri
9:30 **CR** Mahjong
10:30 **S** Lifestyles Meeting
1:00 **AR** Word Jumble
2:00 **AR** Bingo Bash
3:15 **GR** Billiards Happy Hour
6:30 **TH** At the Cinema w/ Popcorn
6:30 **AR** Rummikub/Triominos

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9:30 **AR** Stretch Exercise w/ Terri
9:30 **CR** Mahjong
10:30 **AR** Truffle Making w/ Ken
1:00 **AR** Word Jumble
1:00 **S** Valentine Floral Design
2:00 **AR** Bingo Bash
3:00 **DR** Happy Hour w/ Taylor Express
6:30 **TH** At the Cinema w/ Popcorn

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9:30 **AR** Stretch Exercise w/ Terri
9:30 **CR** Mahjong
10:30 **S** Learn To Play Rummikube
10:30 **AR** "Ask A Nurse" BP Clinic
1:00 **AR** Word Jumble
2:00 **AR** Bingo Bash
3:15 **GR** Billiards Happy Hour
6:30 **TH** At the Cinema w/ Popcorn
6:30 **AR** Rummikub/Triominos

26

9:30 **AR** Stretch Exercise w/ Terri
9:30 **CR** Mahjong
10:30 **S** Learn To Play Rummikube
10:30 **S** VFW Post 2391 Chat w/ Paul
1:00 **S** Pampered Nails
1:00 **AR** Word Jumble
2:00 **AR** Bingo Bash
3:00 **GR** Happy Hour
6:30 **TH** At the Cinema w/ Popcorn

Thursday



6

9:30 **CR** Mahjong
9:30 **AR** Move w/ Michelle
10:30 **TH** Sage Brain
11:30 **CO** Columbia Restaurant
1:15 **S** Fun & Games w/ Terri
1:30 **CR** Dominoes
2:00 **AR** Chef Chat
3:30 **AR** Tai Chi w/ Wanda
5:30 **AT** Music w/ Russell
6:30 **TH** At the Cinema w/ Popcorn

13

9:30 **CR** Mahjong
9:30 **AR** Stretch 'N Flex w/ Ken
1:15 **S** Fun & Games w/ Terri
1:30 **CR** Dominoes
2:00 **DR** Blooms & Bubbly: A Valentine Soiree w/ Tim Rippey
3:30 **AR** Tai Chi w/ Wanda
5:30 **AT** Music w/ Russell
6:30 **TH** At the Cinema w/ Popcorn

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9:30 **CR** Mahjong
9:30 **AR** Move w/ Michelle
10:30 **TH** Sage Brain
1:15 **S** Fun & Games w/ Terri
1:30 **CR** Dominoes
2:00 **AR** Town Hall Meeting
3:00 **GR** Shuffleboard Tournament
3:30 **AR** Tai Chi w/ Wanda
5:30 **AT** Music w/ Russell
6:30 **TH** At the Cinema w/ Popcorn

27

9:30 **CR** Mahjong
9:30 **AR** Stretch 'N Flex w/ Ken
11:30 **CO** Lightner Museum
1:15 **S** Fun & Games w/ Terri
1:30 **CR** Dominoes
3:00 **L** Residents' Book Club
3:30 **AR** Tai Chi w/ Wanda
5:30 **AT** Music w/ Russell
6:30 **TH** At the Cinema w/ Popcorn

Friday



7

9:30 **S** Cozy Coffee Hour
10:30 **AR** Rosary
10:30 **TH** Word Jumble
11:00 **AR** Catholic Service
1:00 **AR** Penny Poker
2:30 **DR** Happy Hour w/ L. Gill
3:30 **AR** Rummikub/Triominos
6:30 **TH** At the Cinema w/ Popcorn

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9:30 **S** Cozy Coffee Hour
10:30 **AR** Rosary
10:30 **CR** Sacrament of Penance
10:30 **S** Skip Bo Card Game
10:30 **TH** Word Jumble
11:00 **AR** Catholic Service
1:00 **AR** Penny Poker
2:30 **DR** Happy Hour w/ King's English
3:30 **AR** Rummikub/Triominos

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9:30 **S** Cozy Coffee Hour
10:30 **AR** Rosary
10:30 **TH** Word Jumble
11:00 **AR** Catholic Service
1:00 **AR** Penny Poker
2:30 **DR** Happy Hour w/ Ivan
3:30 **AR** Rummikub/Triominos
6:30 **TH** At the Cinema w/ Popcorn

28

9:30 **S** Cozy Coffee Hour
10:30 **AR** Rosary
10:30 **S** Skip Bo Card Game
10:30 **TH** Word Jumble
11:00 **AR** Catholic Service
1:00 **AR** Penny Poker
2:30 **DR** Happy Hour w/ Coconuts
3:30 **AR** Rummikub/Triominos
6:30 **TH** At the Cinema w/ Popcorn

Saturday

1

9:30 **AR** Chair Yoga w/ Carol
10:30 **AR** Triominos/Rummikube
1:00 **S** Skip-Bo Card Game
1:30 **CR** Dominoes
1:30 **AR** Trivia
3:00 **AR** Bingo Bash
6:30 **TH** At the Cinema w/ Popcorn

8

9:30 **AR** Chair Yoga w/ Carol
10:30 **AR** Triominos/Rummikube
1:00 **S** Skip-Bo Card Game
1:30 **CR** Dominoes
1:30 **AR** Trivia
1:30 **AT** Canines 4 Christ Pet Therapy
3:00 **AR** Bingo Bash
6:00 **AR** Family Game Night
6:30 **TH** At the Cinema w/ Popcorn

15

9:30 **AR** Chair Yoga w/ Carol
10:30 **AR** Triominos/Rummikube
1:00 **S** Skip-Bo Card Game
1:30 **CR** Dominoes
1:30 **AR** Trivia
3:00 **AR** Bingo Bash
6:30 **TH** At the Cinema w/ Popcorn

22

9:30 **AR** Chair Yoga w/ Carol
10:30 **AR** Triominos/Rummikube
1:00 **S** Skip-Bo Card Game
1:30 **CR** Dominoes
1:30 **AR** Trivia
1:30 **AT** Canines 4 Christ Pet Therapy
3:00 **AR** Bingo Bash
6:00 **AR** Family Game Night
6:30 **TH** At the Cinema w/ Popcorn

Around our Community

BIRTHDAYS

Residents

M. Maki 2/8
T. Kleman 2/12
M. Trischett 2/15
B. Aylsworth 2/18
W. Rodgers 2/26
J/ Strange 2/28

Employees

Katrell S. 2/20
Ellen B. 2/22
Adam G. 2/23
Beverly B. 2/27
Mary Jean S. 2/29

LOCATION KEY

- AR** Activity Room
- S** Sandpiper
- CR** Community Room
- TH** Theater
- FP** Front Porch
- CO** Community Outing
- AT** Atrium
- GR** Bar/Game Room
- DR** Dining Room
- L** Library

