UPCOMING COMMUNITY EVENTS



VALENTINES

TITLE

We are looking forward to our Blooms and Bubbly: A Valentine's Soiree. This event is taking place on the 13th of February with live entertainment by Tim Ripey. Our residents and guest will be entertained.

February is Heart Healthy month. Here at Allegro we encourage heart and full body health. We have programs that include physical exercise, brain health along with healthy dining choices. Some of our programs include Chair Yoga, stretch N' Flex exercise, Tai Chi, Meditation, Word Jumble and Sage Brain just to name a few. Please join us.



DON'T MISS THESE EVENTS!

2/4 Learn About "Your Health" 2/9 SuperBowl Sunday 2/12 Truffle Making 2/13 Bloom's & Bubbly: A Valentine Soiree w/ Tim Rippey 2/26 VFW Post 2391 Chat w/ Paul

Allegro in St. Augustine

1101 Plantation Island Drive St. Augustine, FL 32080 (904) 417-8902



WHAT'S INSIDE

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> "THE BIGGEST ADVENTURE YOU CAN EVER TAKE IS TO LIVE THE LIFE OF YOUR DREAMS"

FEBRUARY 2025

~ OPRAH WINFREY



Sunday

Monday

Allegro in St. Augustine

1101 Plantation Island Drive St. Augustine, St. Augustine 32080(904) 417-8902https://www.allegroliving.com/st-augustine-fl.html

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9:30 FP Chair Yoga 9:45 CO Church Shuttle 10:30 **AR** Hope Chapel Sunday Worship 10:30 TH Virtual Traveloque 1:30 CR Scrabble/Majong 3:30 **S** Rummikube 5:30 AT Music w/ Russell 6:30 **TH** At the Cinema w/ Popcorn

9

9:30 FP Chair Yoga 9:45 CO Church Shuttle 10:30 AR Hope Chapel Sunday Worship 10:30 TH Virtual Travelogue 1:30 CR Scrabble/Majong 3:30 S Rummikube 5:30 AT Music w/ Russell 5:30 TH SuperBowl LIX 6:30 TH At the Cinema w/ Popcorn

16

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23

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9:30 AR Move 'N Groove w/ Terri 9:30 CR Mahjong 10:30 **AR** Cranium Crunches 1:00 S Button Heart Picture 1:30 CR Dominoes 2:00 AR High Stakes Bingo 3:30 **S** Skip-Bo Card Game 6:30 **TH** At the Cinema w/ Popcorn 6:30 CR Game Nite

10

9:30 AR Move 'N Groove w/ Terri 9:30 CR Mahiong 10:30 S Trivia w/ Ken 1:30 CR Dominoes 2:00 AR High Stakes Bingo 3:30 **S** Skip-Bo Card Game 6:30 **TH** At the Cinema w/ Popcorn 6:30 CR Game Nite

17

9:30 AR Move 'N Groove w/ Terri 9:30 CR Mahjong 10:30 **S** Cranium Crunches 1:30 CR Dominoes 2:00 AR High Stakes Bingo 3:30 **S** Skip-Bo Card Game 6:30 **TH** At the Cinema w/ Popcorn 6:30 CR Game Nite

24

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9:30 TH Cozy Coffee 10:30 AR Learn About "Your Health" 1:00 AR Chair Yoga w/ Carol 1:30 **AR** How Many Words? 1:30 S Bridge 2:30 AR "Song Birds" Sip 'N Sing 3:30 AR The Good Ole' Days 6:30 CR Scrabble 6:30 **TH** At the Cinema w/ Popcorn

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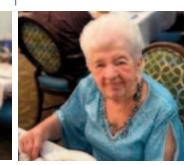
9:30 TH Cozy Coffee 10:30 **AR** Learn to Play Mahiong 1:00 AR Chair Yoga w/ Carol 1:30 **AR** How Many Words? 1:30 S Creative Crafters 1:30 S Bridge 3:30 AR The Good Ole' Days 6:30 CR Scrabble 6:30 **TH** At the Cinema w/ Popcorn

18

9:30 TH Cozy Coffee 10:30 AR Flower Arranging 1:00 AR Chair Yoga w/ Carol 1:30 **AR** How Many Words? 1:30 S Bridge 2:30 AR "Song Birds" Sip N Sing! 3:30 AR The Good Ole' Days 6:30 CR Scrabble 6:30 **TH** At the Cinema w/ Popcorn

25

9:30 **TH** Cozy Coffee 10:30 **AR** Learn to Play Mahjong 1:00 AR Chair Yoga w/ Carol 1:30 **AR** How Many Words? 1:30 S Creative Crafters 1:30 S Bridge 3:30 AR The Good Ole' Davs 6:30 CR Scrabble 6:30 **TH** At the Cinema w/ Popcorn



5

9:30 AR Stretch Exercise w/ Terri 9:30 CR Mahjong 10:30 S Lifestyles Meeting 1:00 **AR** Word Jumble 2:00 AR Bingo Bash 3:15 GR Billiards Happy Hour 6:30 **TH** At the Cinema w/ Popcorn 6:30 **AR** Rummikub/Triominoes

12

9:30 **AR** Stretch Exercise w/ Terri 9:30 CR Mahiong 10:30 AR Truffle Making w/ Ken 1:00 AR Word Jumble 1:00 S Valentine Floral Design 2:00 AR Bingo Bash 3:00 DR Happy Hour w/ Taylor Express 6:30 TH At the Cinema w/ Popcorn

19

9:30 **AR** Stretch Exercise w/ Terri 9:30 CR Mahjong 10:30 **S** Learn To Play Rummikube 10:30 AR "Ask A Nurse" BP Clinic 1:00 **AR** Word Jumble 2:00 AR Bingo Bash 3:15 GR Billiards Happy Hour 6:30 TH At the Cinema w/ Popcorn 6:30 **AR** Rummikub/Triominoes

26

9:30 **AR** Stretch Exercise w/ Terri 9:30 CR Mahjong 10:30 **S** Learn To Play Rummikube 10:30 S VFW Post 2391 Chat w/ Paul 1:00 **S** Pampered Nails 1:00 **AR** Word Jumble 2:00 AR Bingo Bash 3:00 GR Happy Hour 6:30 TH At the Cinema w/ Popcorn



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- 9:30 CR Mahjong 9:30 AR Move w/ Michelle 10:30 TH Sage Brain 11:30 CO Columbia Restaurant 1:15 S Fun & Games w/ Terri 1:30 CR Dominoes 2:00 AR Chef Chat 3:30 **AR** Tai Chi w/ Wanda 5:30 AT Music w/ Russell 6:30 TH At the Cinema w/ Popcorn 13 9:30 CR Mahjong 9:30 AR Stretch 'N Flex w/ Ken 1:15 S Fun & Games w/ Terri 1:30 CR Dominoes 2:00 DR Blooms & Bubbly: A Valentine Soiree w/ Tim
- Rippey 3:30 AR Tai Chi w/ Wanda 5:30 AT Music w/ Russell 6:30 **TH** At the Cinema w/ Popcorn

20

9:30 CR Mahjong 9:30 **AR** Move w/ Michelle 10:30 TH Sage Brain 1:15 **S** Fun & Games w/ Terri 1:30 CR Dominoes 2:00 AR Town Hall Meeting 3:00 GR Shuffleboard Tournament 3:30 **AR** Tai Chi w/ Wanda 5:30 AT Music w/ Russell 6:30 **TH** At the Cinema w/ Popcorn 27

9:30 CR Mahiong 9:30 **AR** Stretch 'N Flex w/ Ken 11:30 CO Lightner Museum 1:15 S Fun & Games w/ Terri 1:30 CR Dominoes 3:00 L Residents' Book Club 3:30 **AR** Tai Chi w/ Wanda 5:30 AT Music w/ Russell 6:30 **TH** At the Cinema w/ Popcorn

February 2025 Thursday Wednesday

Friday



7 9:30 S Cozy Coffee Hour 10:30 AR Rosary 10:30 TH Word Jumble 11:00 AR Catholic Service 1:00 AR Penny Poker 2:30 DR Happy Hour w/ L. Gill 3:30 **AR** Rummikub/Triominos 6:30 **TH** At the Cinema w/ Popcorn

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- 9:30 **S** Cozy Coffee Hour 10:30 AR Rosarv 10:30 CR Sacrament of Penance 10:30 **S** Skip Bo Card Game 10:30 TH Word Jumble 11:00 AR Catholic Service 1:00 AR Penny Poker 2:30 DR Happy Hour w/ King's English 3:30 **AR** Rummikub/Triominos 21 9:30 **S** Cozy Coffee Hour 10:30 AR Rosary
- 10:30 TH Word Jumble 11:00 AR Catholic Service 1:00 AR Penny Poker 2:30 DR Happy Hour w/ Ivan 3:30 AR Rummikub/Triominos 6:30 **TH** At the Cinema w/ Popcorn

28

9:30 **S** Cozy Coffee Hour 10:30 AR Rosarv 10:30 **S** Skip Bo Card Game 10:30 TH Word Jumble 11:00 AR Catholic Service 1:00 AR Penny Poker 2:30 DR Happy Hour w/ Coconuts 3:30 **AR** Rummikub/Triominos 6:30 TH At the Cinema w/ Popcorn

Saturday

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9:30 AR Chair Yoga w/ Carol 10:30 **AR** Triominos/Rummikube

1:00 **S** Skip-Bo Card Game 1:30 CR Dominoes 1:30 AR Trivia 3:00 AR Bingo Bash 6:30 TH At the Cinema w/ Popcorn

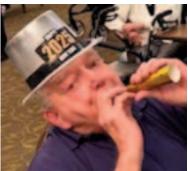
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U		
9:30	AR	Chair Yoga w/ Carol
10:30	AR	Triominos/Rummikube
1:00	S	Skip-Bo Card Game
1:30	CR	Dominoes
1:30	AR	Trivia
1:30	AT	Canines 4 Christ Pet
		Therapy
3:00	AR	Bingo Bash
6:00	AR	Family Game Night
6:30	TH	At the Cinema w/ Popcorn
15		
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22

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6:30	TH	At the Cinema w/ Popcor



Around our Community

BIRTHDAYS

Residents

M. Maki 2/8 T. Kleman 2/12 M. Trischett 2/15 B. Aylsworth 2/18 W. Rodgers 2/26 J/ Strange 2/28

Employees

Katrell S. 2/20 Ellen B. 2/22 Adam G. 2/23 Beverly B. 2/27 Mary Jean S. 2/29

LOCATION K E Y

- Activity Room AR
- S Sandpiper
- CR Community Room
- TH Theater
- FP Front Porch
- **CO** Community Outing
- AT Atrium
- Bar/Game Room GR
- Dining Room DR
- Library L