

UPCOMING COMMUNITY EVENTS



Happy Valentine's Day
from Alto Wheaton!

Join us at 2:30 pm on Friday,
February 14th for a V-Day Happy
Hour!



RESIDENT COUNCIL MEETING
MONDAY 2/17 | 2:00 PM

You have a voice and we want to
hear from you!

Please join us for our monthly
Resident Council Meeting with
Executive Director, Courtney Simek.

DON'T MISS THESE EVENTS!

SUN 2/2 2PM | GUEST TEACHER SERIES: JAY THE SCIENCE TEACHER

MON 2/3 2:30PM | OMBUDSMAN PRESENTATION VISIT

WED 2/12 1:30PM | LIZZADRO MUSEUM OF LAPIDARY ART OUTING

THURS 2/13 2PM | VALENTINE'S BINGO WITH LEGACY

FRI 2/14 2:30PM | VALENTINE'S DAY PARTY

THURS 2/20 2:30PM | WINE TASTING WITH TIM CAMPBELL

Alto Wheaton
219 Parkway Dr
Wheaton, IL 60187
(630) 752-0644



FLOURISH

FEBRUARY 2025



WHAT'S INSIDE

Pg 2-3
Social Calendar

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Upcoming Events + News

*"SURELY AS COMETH THE WINTER, I KNOW
THERE ARE SPRING VIOLETS UNDER THE SNOW."*

—ROBERT HENRY NEWELL, 19TH-CENTURY HUMORIST

February 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Alto Wheaton

219 Parkway Dr
Wheaton, IL 60187
(630) 752-0644
www.AllegroLiving.com



2
9:00 **FL** Church Drives with Bill
11:00 **AR** Trivia with Jeanne
11:00 **AR** Groundhog's Day Story
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
2:00 **AR** Teacher Series:
Jay/Science
2:30 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

9
9:00 **FL** Church Drives with Bill
11:00 **AR** Trivia with Jeanne
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
2:00 **AR** Bean Bag Toss
2:30 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night
6:30 **AR** Superbowl Watch Party

16
9:00 **FL** Church Drives with Bill
11:00 **AR** Trivia with Jeanne
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
2:00 **AR** Bean Bag Toss
2:30 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

23
9:00 **FL** Church Drives with Bill
11:00 **AR** Trivia with Jeanne
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
2:00 **AR** Bean Bag Toss
2:30 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

3
9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **AR** Quiddler
2:30 **AR** Ombudsman Presentation
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

10
9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **AR** Quiddler
2:30 **AR** Penny Auction
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

17
9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **AR** Quiddler
2:00 **AR** Resident Council Meeting
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

24
9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
11:30 **AR** Health Talk with Legacy
12:45 **AR** Quiddler
2:00 **AR** Bingo Bonanza!
3:15 **AR** John Boda Presents
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

4
10:00 **AR** Current Events w/ Caren
10:30 **AR** Morning Reflections
11:00 **O** Walgreens Shopping Outing
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:30 **AR** "You Be the Judge" Game
3:30 **T** Jeopardy Watch Party

11
10:00 **AR** Current Events w/ Caren
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:00 **AR** Bring in Lunch
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:15 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party

18
10:00 **AR** Current Events w/ Caren
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:00 **O** Dollar Tree Shopping
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:30 **AR** Meeting with the Chef
3:30 **T** Jeopardy Watch Party

25
10:00 **AR** Current Events w/ Caren
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:00 **O** Scenic Drive Outing
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:15 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party

5
9:30 **3** Walking Club
10:00 **AR** Communion with Dcn Dan
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Book Club Meeting
2:30 **AR** Blindfolded Touch Test
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

12
9:30 **3** Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Book Club Meeting
1:30 **O** Lapidary Museum Outing
2:30 **AR** Root Beer Floats
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

19
9:00 **FL** Library Book Drop Off Day
9:30 **3** Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Book Club Meeting
2:00 **AR** Activity Planning Meeting
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party

26
9:30 **3** Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Book Club Meeting
2:00 **AR** Universal Yums Tasting
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

6
10:00 **AR** Current Events w/ Caren
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Live Piano: Ruth B.
3:30 **T** Jeopardy Watch Party
3:30 **AR** Kings in the Corner Cards
6:00 **T** Movie Night

13
10:00 **AR** Current Events w/ Caren
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:00 **AR** Valentines Bingo!
2:45 **AR** Live Harp: Laura Utley
3:30 **T** Jeopardy Watch Party
3:30 **AR** Kings in the Corner Cards

20
10:00 **AR** Current Events w/ Caren
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Wine Tasting Class
3:30 **T** Jeopardy Watch Party
3:30 **AR** Kings in the Corner Cards
6:00 **T** Movie Night

27
10:00 **AR** Current Events w/ Caren
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Tim Wilsey Presents
3:30 **T** Jeopardy Watch Party
3:30 **AR** Kings in the Corner Cards
6:00 **T** Movie Night

7
9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **L** Knitting Club
1:00 **AR** Cooking Club - Brownies
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

14
9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:00 **BR** Sweet Heart Couples Lunch
12:45 **AR** Quiddler
1:00 **L** Knitting Club
1:00 **AR** Cooking Club - Brownies
1:30 **T** Communion w. Rev. Joanne
2:30 **AR** Valetine's Happy Hour!

21
9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **L** Knitting Club
1:00 **AR** Cooking Club - Brownies
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

28
9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **L** Knitting Club
1:00 **AR** Cooking Club - Brownies
1:30 **T** Communion w. Rev. Joanne
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party

1
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Craft with Caren
6:00 **T** Movie Night

8
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Quirkle Board Game
3:15 **AR** Golden Girls Club
6:00 **T** Movie Night

15
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Craft with Caren
6:00 **T** Movie Night

22
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
12:45 **AR** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Quirkle Board Game
3:15 **AR** Golden Girls Club
6:00 **T** Movie Night

Around our Community



HAPPY FEBRUARY BIRTHDAY!

2/05 Orville W.

2/15 Emil I.

2/20 Minnie I.

2/25 Sandra K.

2/29 David S.

LOCATION KEY

- AR** Activity Room
- T** Theater
- FL** Front Lobby
- 2** 2nd Floor Hallway
- O** Outing
- B** Bistro
- 3** 3rd Floor Hallway
- L** Library
- BR** Blue Room

February 2025

Sunday

Alto Wheaton

219 Parkway Dr
Wheaton, IL 60187
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Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our Community

- 2**
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Seated Yoga Stretching
10:15 **BR** Morning Reflections
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

- 9**
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Seated Yoga Stretching
10:15 **BR** Morning Reflections
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

- 16**
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Seated Yoga Stretching
10:15 **BR** Morning Reflections
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

- 23**
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Seated Yoga Stretching
10:15 **BR** Morning Reflections
1:30 **GR** Sing Along
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
6:00 **SK** Classic Movies & Musicals

- 3**
9:45 **BR** Songs, News & Chronicle
10:00 **SK** Balloon Game w/ Staff
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **SK** Time to Cook and Reminisce
2:30 **BR** Cozy Record Club
3:30 **GR** World Tour - GAMBIA
4:00 **GR** Who, Where & What?
6:00 **SK** Classic Movies & Musicals

- 10**
9:45 **BR** Songs, News & Chronicle
10:00 **SK** Balloon Game w/ Staff
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **SK** Time to Cook and Reminisce
2:30 **BR** Cozy Record Club
3:00 **GR** SILK FLOWERS ARRANGING
4:00 **GR** World Tour - JORDAN
6:00 **SK** Classic Movies & Musicals

- 17**
WASHINGTON'S BIRTHDAY
9:45 **BR** Songs, News & Chronicle
10:00 **SK** Balloon Game w/ Staff
10:15 **BR** Morning Reflections
10:30 **BR** CHAPLAIN RICK SING ALONG
1:30 **SK** Time to Cook and Reminisce
2:30 **BR** Cozy Record Club
3:30 **GR** SALT DOUGH CREATIONS
4:00 **GR** World Tour - SAN MARINO
6:00 **SK** Classic Movies & Musicals

- 24**
9:45 **BR** Songs, News & Chronicle
10:00 **SK** Balloon Game w/ Staff
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:45 **BR** JOHN BODA SINGING
2:45 **BR** Cozy Record Club
3:30 **GR** FUN WITH SCIENCE
4:00 **GR** World Tour - CARIBBEAN
6:00 **SK** Classic Movies & Musicals



Fred with His Family



Arlene with her Daughter



Patrick with His Family for Winter Brunch

- 4**
9:45 **BR** Songs, News & Chronicle
10:00 **GR** BEAN BAG TOSS
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:00 **SK** Songs & Senses
3:00 **SK** iN2L TV Games
6:00 **SK** Classic Movies & Musicals

- 11**
9:45 **BR** Songs, News & Chronicle
10:00 **GR** BEAN BAG TOSS
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:00 **SK** Songs & Senses
3:00 **SK** iN2L TV Games
6:00 **SK** Classic Movies & Musicals

- 18**
9:45 **BR** Songs, News & Chronicle
10:00 **GR** BEAN BAG TOSS
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:00 **SK** Songs & Senses
3:00 **SK** iN2L TV Games
6:00 **SK** Classic Movies & Musicals

- 25**
8:30 **SK** Breakfast Special w/ Chef
9:45 **BR** Songs, News & Chronicle
10:00 **GR** BEAN BAG TOSS
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:00 **SK** Songs & Senses
3:00 **SK** iN2L TV Games
6:00 **SK** Classic Movies & Musicals

- 5**
9:45 **BR** Songs, News & Chronicle
10:00 **SK** Gentle Hand Massage
10:15 **BR** Morning Reflections
10:30 **BR** DEACON DAN & COMMUNION
10:45 **BR** Exercise with Us!
1:30 **BR** Word Brain Games
2:30 **BR** BABETTE SINGER
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

- 12**
LINCOLN'S BIRTHDAY
9:45 **BR** Songs, News & Chronicle
10:00 **SK** Gentle Hand Massage
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:00 **SK** THERAPY DOG TORI
1:30 **BR** Word Brain Games
2:30 **BR** JAY JAY THE CLOWN
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

- 19**
9:45 **BR** Songs, News & Chronicle
10:00 **SK** Gentle Hand Massage
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **BR** Word Brain Games
2:30 **BR** DEVIN THE PIANIST
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

- 26**
9:45 **BR** Songs, News & Chronicle
10:00 **SK** Gentle Hand Massage
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **BR** Word Brain Games
2:30 **BR** MIKE w/ ACCORDIAN
3:30 **BR** Happy Hour
6:00 **SK** Classic Movies & Musicals

- 6**
9:45 **BR** Songs, News & Chronicle
10:00 **O** MOVIE THEATRE
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **GR** Playing Fun Instruments
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

- 13**
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
11:00 **BR** EXERCISE w/ TRAINER DAVID
1:30 **GR** Playing Fun Instruments
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

- 20**
9:45 **BR** Songs, News & Chronicle
10:00 **O** MOVIE THEATRE
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
12:00 **GR** MC DONALD LUNCH
1:30 **GR** Playing Fun Instruments
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

- 27**
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
11:00 **BR** EXERCISE w/ TRAINER DAVID
1:30 **GR** Playing Fun Instruments
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

- 7**
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **GR** Greenhouse Club
2:30 **GR** Name That Instrument
3:30 **SK** Story Telling
6:00 **SK** Classic Movies & Musicals

- 14**
9:00 VALENTINE'S DAY
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
12:00 **GR** SWEETHEARTS LUNCHEON
1:30 **GR** Greenhouse Club
2:30 **GR** Name That Instrument
3:30 **SK** Story Telling
6:00 **SK** Classic Movies & Musicals

- 21**
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **GR** Greenhouse Club
2:30 **GR** Name That Instrument
3:30 **SK** Story Telling
6:00 **SK** Classic Movies & Musicals

- 28**
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
1:30 **GR** Greenhouse Club
2:30 **GR** Name That Instrument
3:30 **SK** Story Telling
6:00 **SK** Classic Movies & Musicals

- 1**
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
2:00 **SK** Travel with Rick Steves
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

- 8**
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
2:00 **SK** Travel with Rick Steves
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

- 15**
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
2:00 **SK** Travel with Rick Steves
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

- 22**
9:45 **BR** Songs, News & Chronicle
10:15 **BR** Morning Reflections
10:45 **BR** Exercise with Us!
2:00 **SK** Travel with Rick Steves
2:30 **BR** HEATHER THE SINGER
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
6:00 **SK** Classic Movies & Musicals

FEBRUARY

February is the month
With the least amount of
days
Although it is the shortest
month,
It's special in many ways!
We celebrate the once we
love
And send them a bouquet
With lots of heart shaped
candy,
Because it is Valentine's Day.

BIRTHDAYS:
LOUISE PETERSON
Saturday 1st
FRED BUCHOLZ
Monday 24th

LOCATION KEY

- BR** Blue Room
- SK** Sapphire Kitchen
- GR** Green Room
- O** Outing

*REMEMBER
VALENTINE'S
DAY!*

Friday the 14th