




# January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Alto Evergreen Walk</b></p> <p>1000 Cottonwood Lane South Windsor CT 06074 (860) 288 - 1699 <a href="http://www.AltoEvergreenWalk.com">www.AltoEvergreenWalk.com</a></p>			<p><b>New Year's Day 1</b></p> <p>9:45   This Day in History 10:00   Sunrise Stretch 10:30   Wordsearch Challenge 11:00   Calendar Committee 1:30   Jeff the Plant Guy 3:00   Bowling w/ SWHS 3:00   Poker – Independent 4:00   How It's Made 6:00   Movie</p>	<p>2</p> <p>9:45   This Day in History 10:00   Stretch It Out Exercise 10:40   Caitlin Book Discussion 11:00   Crossword Challenge 2:00   Jeopardy 3:00   Set Back Card Game – Independent 3:00   Tabletop Game 4:00   Dick Van Dyke 6:00   Movie</p>	<p>3</p> <p>9:45   Warm Up with Wordle 10:00   Friday Exercise Fun 10:30   Wordsearch 11:00   Gratitude Circle <b>12:00   Out Trip: Olive Garden</b> 2:00   Cornhole 2:30   Pokeno 3:30   TED Talk &amp; Discussion 6:00   Movie: Downtown Abbey Series</p>	<p>4</p> <p>10:00   Rock 'n Exercise 10:30   Wordsearch Challenge 11:00   Family Feud 1:00   Bingo Extravaganza 2:30   Armchair Travel 3:00   Craft w/ Stephanie 4:00   Happy Hour 6:00   Movie</p>
<p>5</p> <p>10:00   Sunday Mass – Independent 10:00   Meditative Coloring 11:00   Sunday Stretch w/ Sarah 1:30   Chair Volleyball 2:00   Sunday Matinee: My Fair Lady 6:00   Movie</p>	<p>6</p> <p>9:45   This Day in History 10:00   Get Fit Exercise 10:30   Wordsearch Challenge 11:00   Current Events – Independent 11:00   January Facts 1:30   Cornhole 2:30   Whiteboard Word Game 3:30   Bean Bag Bucket Toss 4:00   January Trivia &amp; Memories 6:00   Movie</p>	<p>7</p> <p>10:00   Mass w/ Communion &amp; Rosary 10:30   Daily Wordsearch 11:00   Stretch w/ Steph 1:30   Indoor Walking Club <b>2:00   Norman Rockwell Documentary</b> 3:00   Rummikib – Independent 3:00   Bingo w/ SWHS 4:00   Short Story and Discussion 6:00   Movie</p>	<p>8</p> <p>10:00   Sunrise Stretch 10:30   Coffee w/ The Mayor 11:00   Crossword Challenge 1:30   Cornhole 2:15   Poetry Reading and Discussion 3:00   Bowling w/ SWHS 3:00   Poker – Independent 4:00   How It's Made 6:00   Movie</p>	<p>9</p> <p>9:40   This Day in History 10:00   Stretch It Out Exercise 10:40   Caitlin Book Discussion 2:00   Head of Class Game <b>3:00   Health Talk w/ Karla</b> 3:00   Set Back Card Game – Independent 4:00   Whiteboard Word Games 6:00   Movie</p>	<p>10</p> <p>9:45   Warm Up with Wordle 10:00   Friday Exercise Fun 10:30   Wordsearch 11:00   Family Feud <b>12:30   Out Trip: Basketball Hall of Fame</b> 1:30   Indoor Walking Club 2:00   Movie Matinee 4:00   Happy Hour 6:00   Movie: Downtown Abbey Series</p>	<p><b>National Arkansas Day 11</b></p> <p>10:00   Rock n' Exercise 10:30   Crossword Challenge 11:00   Travel to Arkansas 1:00   Bingo Extravaganza <b>2:00   UCONN Men's Basketball</b> 4:00   Happy Hour 6:00   Movie</p>
<p>12</p> <p>10:00   Sunday Mass – Independent 10:00   Puzzle Time 11:00   Sunday Stretch 1:30   Chair Volleyball 2:00   Daily Crossword 2:30   Travel to Oxford, England 3:30   Scrabble &amp; Dominoes 6:00   Movie</p>	<p>13</p> <p>9:45   This Day in History 10:00   Get Fit Exercise 10:30   Wordsearch Challenge 11:00   Current Events – Independent 1:30   Cornhole 2:30   Junk Drawer Detective 3:30   Finish the Phrase 4:00   I Love Lucy 6:00   Movie</p>	<p>14</p> <p>10:00   Mass w/ Communion &amp; Rosary 10:30   Daily Wordsearch 11:00   Watercolors w/ Paul 1:30   Indoor Walking Club <b>2:00   Live Music w/ Jose Paulo</b> 3:00   Bingo w/ SWHS 3:00   Rummikib – Independent 4:00   Name That Tune Tuesday 6:00   Movie</p>	<p><b>National Bagel Day 15</b></p> <p>9:45   This Day in History 10:00   Sunrise Stretch 10:30   Bagels &amp; Wordsearch <b>11:00   Enhabit Health Talk w/ Kylie</b> 1:30   Bucket Pong <b>2:00   Veteran's Club</b> 2:00   Idiom in Disguise Game 3:00   Bowling w/ SWHS 3:00   Poker – Independent 4:00   How It's Made 6:00   Movie</p>	<p>16</p> <p>9:40   This Day in History 10:00   Stretch It Out Exercise 10:40   Caitlin Book Discussion 1:30   Walking Club <b>2:00   Monthly Birthday Bash w/ East Chicago Joe</b> 3:00   Pokeno 3:00   Set Back Card Game – Independent 4:00   Dick Van Dyke 6:00   Movie</p>	<p>17</p> <p>9:45   Warm Up with Wordle 10:00   Friday Exercise Fun 10:30   Wordsearch 11:00   Jeopardy <b>1:00   Out Trip Movies</b> 2:00   Pictionary 2:30   Craft with Amy 3:30   Ted Talk &amp; Discussion 4:00   Drinks by the Fire 6:00   Movie: Downtown Abbey Series</p>	<p>18</p> <p>10:00   Saturday Exercise 10:30   Wordsearch 11:00   Crossword Puzzle <b>12:00   UCONN Men's Basketball</b> 2:30   Cornhole 3:00   Meditative Coloring 4:00   Happy Hour 6:00   Movie</p>
<p><b>National Popcorn Day 19</b></p> <p>10:00   Sunday Mass – Independent 10:00   Meditative Coloring 11:00   Sunday Stretch w/ Steph <b>1:00   UCONN Women's Basketball w/ Popcorn</b> 4:00   Trivia Challenge 6:00   Movie</p>	<p><b>Martin Luther King Jr. Day 20</b></p> <p>9:45   This Day in History 10:00   Get Fit Exercise 10:30   Wordsearch Challenge 11:00   Current Events – Independent 1:30   Cornhole 2:30   Meditative Coloring 3:30   Card Games 4:00   I Love Lucy 6:00   Movie</p>	<p>21</p> <p>10:00   Mass w/ Communion &amp; Rosary 10:30   Daily Wordsearch <b>11:00   Health Talk w/ Fox Rehab</b> 1:30   Stretch w/ Steph <b>2:00   John Whistler Documentary</b> 3:00   Wonderland Game w/ SWHS 4:00   Ladderball 6:00   Movie</p>	<p>22</p> <p>9:45   This Day in History 10:00   Sunrise Stretch 10:30   Oil Painting w/ Brianna 1:30   Indoor Walking Club 2:00   Bucket Pong 2:30   Pictionary 3:00   Bowling w/ SWHS 3:00   Poker – Independent 4:00   How It's Made 6:00   Movie</p>	<p>23</p> <p>9:45   This Day in History 10:00   Stretch It Out Exercise 10:40   Caitlin Book Discussion 1:30   Walking Club <b>2:00   Live Music w/ Piers &amp; Susan</b> 3:00   Set Back Card Game – Independent 3:00   Pokeno 4:00   Word Within a Word 6:00   Movie</p>	<p>24</p> <p>9:45   Warm Up with Wordle 10:00   Friday Exercise Fun 10:30   Wordsearch 11:00   Gratitude Circle 1:00   Out Trip – Restaurant 2:00   Picture It <b>3:00   Special TED Talk: "A Holocaust Survivors' Blueprint for Happiness"</b> 4:00   Drink by the Fire 6:00   Movie: Downtown Abbey Series</p>	<p><b>National Florida Day 25</b></p> <p>10:00   Saturday Exercise 10:30   Wordsearch 11:00   Travel to Florida 1:30   Bingo Extravaganza <b>2:30   Mahler's Third Symphony Atlanta Symphony Orchestra 2021/22 Season Finale</b> 6:00   Movie</p>
<p>26</p> <p>10:00   Sunday Mass – Independent 10:00   Puzzle Time 11:00   Sunday Stretch 1:30   Chair Volleyball 2:00   Daily Crossword 2:30   Travel to Australia 3:30   Card Games 6:00   Movie</p>	<p><b>Holocaust Remembrance Day 27</b></p> <p>9:40   This Day in History 10:00   Get Fit Exercise 10:30   Wordsearch Challenge 11:00   Current Events – Independent 1:30   Cornhole 2:30   Meditative Coloring 3:30   Pokeno 4:00   I Love Lucy 6:00   Movie</p>	<p>28</p> <p>10:00   Mass w/ Communion &amp; Rosary 10:30   Daily Wordsearch 11:00   Watercolors w/ Paul 1:30   Stretch w/ Steph 2:00   Resident Council Meeting 3:00   Bingo w/ SWHS 3:00   Rummikib – Independent 4:00   Tabletop Games 6:00   Movie</p>	<p><b>National Puzzle Day 29</b></p> <p>9:45   This Day in History 10:00   Sunrise Stretch 10:30   Blood Pressure &amp; Balance Clinic w/ Masters in Home Care 1:30   Food &amp; Beverage Discussion 2:00   Puzzle Time 3:00   Bowling w/ SWHS 3:00   Poker – Independent 4:00   How It's Made 6:00   Movie</p>	<p>30</p> <p>9:45   This Day in History 10:00   Stretch It Out Exercise 10:40   Caitlin Book Discussion 1:30   Walking Club <b>2:00   Ladie's Tea Party</b> <b>2:00   Men's Club</b> 3:00   Set Back Card Game – Independent 3:00   Ladderball 3:30   Travel to the Caribbean 6:00   Movie</p>	<p>31</p> <p>9:45   Warm Up with Wordle 10:00   Friday Exercise Fun 10:30   Wordsearch 11:00   Gratitude Circle <b>11:30   Staying In Out Trip: Sun Sun Chinese</b> 2:00   Headbandz 3:30   TED Talk &amp; Discussion 4:00   Drinks by the Fire 6:00   Movie: Downtown Abbey Series</p>	