#### **UPCOMING COMMUNITY EVENTS**



#### **HAPPY NEW YEAR**

Wishing you a joyful and prosperous New Year! May 2025 bring you happiness, health, and countless moments of connection. We look forward to another year of building a vibrant, supportive community together. Here's to new beginnings and shared memories in the year ahead!

Join our community Fitness Class, led by PT by Design, or unwind with Chair Yoga sessions. It's the perfect opportunity to prioritize your health and well-being in 2025 - let's get stronger and healthier together!

Fitness Class: Tuesday & Thursday
Chair Yoga: Monday, Wednesday, &
Friday



### MARK YOUR CALENDARS!

Exciting Outing to Kickstart the New Year:

4 | Shen Tun 2025, Au-Rene Theatre

11 | Bonnet House Museum & Gardens

18 | Butterfly World

25 | Casino @ Dania Beach

28 | The Galleria at Fort Lauderdale

### **Fort Lauderdale**

1290 N. Federal Highway Fort Lauderdale, FL 33304 (954) 883-9903







# January 2025

## Sunday



### **Fort Lauderdale**

1290 N. Federal Highway Fort Lauderdale, FL 33304 (954) 883-9903

www.allegroliving.com/senior-living-fort-lauderdale.html

10:00 L Local Church Shuttle 10:00 **L** Walking Club 11:00 **B** Coffee and Conversation 12:00 **L** Trip: Lunch 2:15 **T** Movie & Popcorn: The

Miracle Club (2023) 3:00 **GR** Billiards and Board Games

4:00 B Happy Hour

7:15 **T** Netflix Limited Series: Black Doves (2024)

### **12**

10:00 L Local Church Shuttle 10:00 L Walking Club 11:00 **B** Coffee and Conversation 1:30 L Trip: Local Library

2:15 **T** Movie & Popcorn: The Long Game (2023)

3:00 **GR** Billiards and Board Games 4:00 **B** Happy Hour

7:15 **T** Netflix Limited Series: Black Doves (2024)

### 19

10:00 L Local Church Shuttle 10:00 L Walking Club 11:00 **B** Coffee and Conversation

1:30 L Trip: Barnes & Noble

2:15 T Movie & Popcorn: Your Place or Mine (2023) 3:00 **GR** Billiards and Board Games

4:00 B Happy Hour

7:15 **T** Netflix Limited Series: Black Doves (2024)

### 26

10:00 L Local Church Shuttle 10:00 L Walking Club

11:00 **B** Coffee and Conversation

12:00 L Trip: Lunch 2:15 **T** Movie & Popcorn: Tourist's

Guide to Love (2023) 3:00 **GR** Billiards and Board Games

4:00 B Happy Hour

7:15 **T** Netflix Limited Series: Black Doves (2024)

Monday

9:00 L Trip: CVS/Walgreens 10:00 CR Chair Yoga - All Levels 11:00 CR Crossword Puzzle

1:45 **A** Wreath-Making Class

2:15 **T** Movie & Popcorn

3:00 CR Big Money Bingo 4:00 **B** Happy Hour

7:15 **T** Movie Night: Lost Girls (2020)

#### 13

9:00 L Trip: CVS/Walgreens 10:00 CR Chair Yoga - All Levels 11:00 CR Crossword Puzzle

1:45 A How To Make Your Own Personalized Candles

2:15 **T** Movie & Popcorn

3:00 CR Big Money Bingo 4:00 **B** Happy Hour

7:15 **T** Movie Night: Colors of Evil Red (2024)

#### 20 MLK Jr. Dav

9:00 L Trip: CVS/Walgreens 10:00 CR Chair Yoga - All Levels

11:00 CR Civil Rights Quiz

1:45 A DIY Flower Arrangements 2:15 **T** Movie & Popcorn

3:00 CR Big Money Bingo

4:00 **B** Happy Hour

7:15 **T** Movie Night: Remember Me: The Mahalia Jackson Story (2022)

#### **27**

9:00 L Trip: CVS/Walgreens 10:00 **CR** Chair Yoga - All Levels 11:00 CR Brain Power Hour

11:00 CR Crossword Puzzle

1:45 A Air Dry Clay Workshop 2:15 T Movie & Popcorn

3:00 CR Big Money Bingo 4:00 **B** Happy Hour

7:15 **T** Movie Night: Land of Bad (2024)

# Tuesday

10:00 CR PT by Design Fitness Class

11:00 **T** Performance and Lecture

2:00 **CR** Activity Planning Meeting

7:45 **T** Movie Night: Run All Night

10:00 **CR** PT by Design Fitness Class

1:00 L Trip: Fresh Market

2:15 **T** Movie & Popcorn

3:15 A Paint with Anna

(2015)

11:00 CR Brain Power Hour

2:15 **T** Movie & Popcorn

3:15 A Paint with Anna

4:00 **B** Happy Hour

1:00 L Trip: Coral Ridge Mall

3:00 CR Technology Q&A Session

7:45 **T** Movie Night: Daddy Day

Care (2003)

4:00 **B** Happy Hour

14

21

Series with Wes Anthony

#### 1 New Year's Day

11:00 CR Words in a Word

4:00 **B** GameDay Happy Hour 5:00 **B** Rose Bowl Game: 1 Oregon

5:15 **B** Menorah Lighting

11:00 CR Words in a Word

2:00 CR Crash Course Art History

3:00 CR Dominoes

4:00 **B** Pop Culture Happy Hour

7:00 **B** Karaoke Night

#### 15

9:00 L Trip: Publix

11:00 CR Words in a Word

2:00 CR Crash Course Art History

7:00 **B** Karaoke Night

7:45 **T** Movie Night: The King's Man (2021)

10:00 **CR** PT by Design Fitness Class

11:00 CR Brain Power Hour 1:00 L Trip: Fresh Market

2:15 **T** Movie & Popcorn

3:00 CR Sevens Out Dice Game

3:15 A Paint with Anna

4:00 **B** Happy Hour

7:45 **T** Movie Night: Moneyball (2011)

### 28

10:00 **CR** PT by Design Fitness Class

1:00 L Trip: The Galleria at FTL

1:00 CR ACE ACE Casino

2:15 T Movie & Popcorn 3:00 CR Technology Q&A Session

3:15 A Paint with Anna 4:00 B Happy Hour

7:45 **T** Movie Night: Waitress (2007)

## Wednesday

9:00 L Trip: Publix

10:00 Y Chair Yoga - All Levels

2:00 **CR** Crash Course Art History

2:15 **T** Movie & Popcorn

Ducks vs. TBD

9:00 L Trip: Publix

10:00 Y Chair Yoga - All Levels

2:15 T Movie & Popcorn

7:45 **T** Movie Night: Elvis (2022)

10:00 Y Chair Yoga - All Levels

2:15 T Movie & Popcorn

3:00 CR Dominoes

4:00 **B** Happy Hour

#### 22

9:00 L Trip: Publix

10:00 Y Chair Yoga - All Levels 11:00 CR Words in a Word

2:00 CR Crash Course Art History

2:15 T Movie & Popcorn 3:00 CR Mexico Cooking Demo.

3:00 LI Book Club

4:00 **B** Happy Hour

7:00 **B** Karaoke Night

7:45 **T** Movie Night: Walk the Line

### 29

9:00 L Trip: Publix

10:00 Y Chair Yoga - All Levels 11:00 CR Words in a Word

2:00 **CR** Homemade Fortune Cookies 2:15 **T** Movie & Popcorn

3:00 **CR** Dominoes 4:00 **B** CNY Happy Hour

7:00 **B** Karaoke Night 7:45 **T** Movie Night: Thelma (2024)

# Thursday

#### 2

10:00 **CR** PT by Design Fitness Class

11:00 CR Trivia Challenge 2:00 FA Cooking Demonstration: Banana Sushi

2:15 **T** Movie & Popcorn

4:00 **B** Happy Hour & Live Music with James Perkowski

5:15 **B** Menorah Lighting 6:00 **B** Rummikub Lesson

7:45 **T** Movie Night: Nutcrackers

10:00 **CR** PT by Design Fitness Class

11:00 **CR** Trivia Challenge

2:00 **FA** Cooking Demonstration: Blueberry Blintz

2:15 T Movie & Popcorn

4:00 **B** Happy Hour & Live Music with Francisco Piaz

6:00 **B** Rummikub Lesson 7:45 **T** Movie Night: Death on the

Nile (2022)

### 16

10:00 **CR** PT by Design Fitness Class

11:00 CR Trivia Challenge 2:00 FA Cooking Demonstration:

Homemade Trail Mix 2:15 **T** Movie & Popcorn

4:00 **B** Happy Hour & Live Music with Wes Anthony 6:00 **B** Rummikub Lesson

7:45 **T** Movie Night: Freelance

# 23

10:00 **CR** PT by Design Fitness Class

11:00 **CR** Trivia Challenge

(2023)

2:00 FA Cooking Demonstration: Avocado Deviled Eggs

Run (2022)

2:15 **T** Movie & Popcorn

4:00 **B** Happy Hour & Live Music 6:00 **B** Rummikub Lesson 7:45 **T** Movie Night: See How They

#### 30

10:00 **CR** PT by Design Fitness Class

11:00 CR Trivia Challenge 2:00 **FA** Cooking Demonstration: Magic Scones

2:15 **T** Movie & Popcorn 4:00 **B** Happy Hour & Live Music 6:00 B Rummikub Lesson

7:45 **T** Movie Night: Boston Strangler (2023)

# Friday

3

9:00 L Trip: Dunkin' Coffee Run 10:00 **CR** Chair Yoga - All Levels

11:00 CR Spanish Lessons

1:30 CR Poker Games 2:15 **T** Movie & Popcorn

3:00 **CR** Greek Class with Anna 4:00 B Happy Hour

7:15 **T** Movie Night: Subservience (2024)

#### 10

10:00 CR Chair Yoga - All Levels

11:00 **CR** Town Hall Meeting

1:30 CR Poker Games 2:15 T Movie & Popcorn

3:00 CR Chain Reaction Word Game 4:00 B Happy Hour 7:15 **T** Movie Night: It Ends with

Us (2024)

### 17

10:00 **CR** Chair Yoga - All Levels

11:00 CR Spanish Lessons 1:30 CR Poker Games

2:15 **T** Movie & Popcorn 3:00 CR Wordle Word Game

4:00 B Happy Hour 5:30 L Trip: Dinner 7:15 **T** Movie Night: Back in

24 10:00 **CR** Chair Yoga - All Levels

Action (2025)

11:00 CR Spanish Lessons 1:30 CR Poker Games

2:15 **T** Movie & Popcorn 3:00 CR Chain Reaction Word Game

4:00 **B** Happy Hour 7:15 **T** Movie Night: The Mother (2023)

10:00 CR Chair Yoga - All Levels

11:00 CR Spanish Lessons 1:00 L High Tea Party at The House on the River

3:00 CR Wordle Word Game

1:30 CR Poker Games 2:15 **T** Movie & Popcorn

4:00 B Birthday Happy Hour 7:15 **T** Movie Night: Family Switch (2023)

# Saturday

### 4

10:00 L Trip: Trader Joe's & More 11:00 **T** Documentaries + Docuseries

11:30 **CR** Quarter Bingo

1:00 **B** Rummikub Games 1:30 L Trip: Shen Yun

2:15 **T** Movie & Popcorn

4:00 B Trivia Happy Hour 7:15 **T** Movie Night: The Bodyguard (1992)

#### 11

10:00 L Trip: Trader Joe's & More 11:00 **T** Documentaries + Docuseries

11:30 CR Quarter Bingo

1:00 B Rummikub Games 1:00 L Trip: Bonnet House

2:00 CR Drama Club 2:15 **T** Movie & Popcorn

4:00 B Happy Hour 7:15 **T** Movie Night: Two Weeks

### 18

10:00 L Trip: Trader Joe's & More

11:00 **T** Documentaries + Docuseries

Notice (2002)

11:30 **CR** Quarter Bingo 1:00 **B** Rummikub Games

1:00 L Trip: Butterfly World 2:00 CR Drama Club

2:15 **T** Movie & Popcorn 4:00 **B** Happy Hour

7:15 **T** Movie Night: The Lake

House (2006)

25 10:00 L Trip: Trader Joe's & More

11:00 **T** Documentaries + Docuseries 11:30 CR Quarter Bingo

1:00 **B** Rummikub Games 1:00 L Trip: Casino-Dania Beach 2:00 CR Drama Club

2:15 T Movie & Popcorn 4:00 B Happy Hour 7:15 **T** Movie Night: Nights in



# Live Entertainment

Around our

Community

Kick-off the new year with a dynamic lineup of live music in January.

It's the perfect way to start 2025 with great tunes!

2 | James Perkowski

7 | Wes Anthony

9 | Francisco Piaz 16 | Wes Anthony

> 23 | TBD 30 | TBD

Special Happy Hours

1 | GameDay Happy Hour 4 | Trivia Happy Hour

8 | Pop Culture Happy Hour 29 | Chinese New Year

Happy Hour 31 | Birthday Happy Hour

# LOCATION KEY

Meet in Lobby

Community Room

Family Room

Game Room

Yoga/Exercise Room

Bistro

Movie Theater

Art Room

**LI** Library



# January 2025

2

10:00 IS Sit & Stretch

10:30 Y Work-Out at The Gym!

4:00 **B** Happy Hour w/ Live Music

6:00 IS Evening Program w/ Tamii

11:00 IS Wheel of Fortune!

1:30 L Scenic Bus Ride

2:00 LI Library Time

10:00 IS Sit & Stretch

10:30 Y Work-Out at The Gym!

4:00 **B** Happy Hour w/ Live Music

6:00 **IS** Evening Program w/ Tamii

11:00 **IS** Interactive Games

1:30 L Scenic Bus Ride

2:00 LI Library Time

10:00 IS Sit & Stretch

10:30 Y Work-Out at The Gvm!

4:00 **B** Happy Hour w/ Live Music

6:00 IS Evening Program w/ Tamii

11:00 **IS** Wheel of Fortune!

1:30 L Scenic Bus Ride

2:00 **LI** Library Time

Thursday

Sunday



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6

13

20

27

9:30 IS Virtual Church Service 10:00 IS Flex & Relax Class

11:00 AR Daily News/Trivia

1:00 AR Football Game 2:00 TR Outdoor Time

3:00 AR Group Word Games

6:00 AR Evening Movie

12

9:30 IS Virtual Church Service 10:00 IS Flex & Relax Class

11:00 AR Daily News/Trivia

1:00 AR Football Game

2:00 TR Outdoor Time

3:00 **AR** Group Word Games

6:00 AR Evening Movie

19

9:30 IS Virtual Church Service

10:00 IS Flex & Relax Class

11:00 AR Daily News/Trivia 1:00 AR Football Game

2:00 TR Outdoor Time

3:00 **AR** Group Word Games

6:00 AR Evening Movie

26

9:30 IS Virtual Church Service

10:00 IS Flex & Relax Class

11:00 AR Daily News/Trivia

1:00 AR Football Game

2:00 TR Outdoor Time

3:00 AR Group Word Games

6:00 AR Evening Movie

10:00 IS Chair Exercise

Monday

11:00 **IS** Trivia Time

1:00 AR Let's Get Physical!

2:00 AR Coffee & Tea Social 3:30 AR Joggin Your Noggin

4:00 AR Table Top Games

6:00 AR Evening Movie

10:00 IS Chair Exercise

1:00 AR Let's Get Physical!

3:00 AR Let Them Fat Cake!

4:00 **AR** Table Top Games

6:00 AR Evening Movie

10:00 **IS** Chair Exercise

1:00 AR Let's Get Physical!

3:30 AR Joggin Your Noggin

4:00 **AR** Table Top Games

6:00 AR Evening Movie

10:00 IS Chair Exercise

1:00 AR Let's Get Physical!

2:00 AR Coffee & Tea Social

3:30 AR Joggin Your Noggin

4:00 **AR** Table Top Games

6:00 AR Evening Movie

11:00 **IS** Trivia Time

2:00 AR Cookie Decorating, Tea

11:00 IS Trivia Time

2:00 AR Entertainment w/ Steve M.

11:00 **IS** Trivia Time

10:00 IS Sit & Stretch

11:00 IS Travel Talk w/ Trivia

1:00 **IS** Sing-a-Long Songs 2:00 PD Outdoor Walk

Tuesday

3:00 AR Bingo Time!

4:00 AR Video Clips, Animals

6:00 **IS** Evening Program w/ Tamii

14

10:00 IS Sit & Stretch

11:00 **IS** Interactive Games

1:00 AR Arts-n-Crafts Kits

2:00 PD Outdoor Walk

3:00 AR Po-ke-no!

4:00 AR Group Word Games

6:00 IS Evening Program w/ Tamii

21 10:00 IS Sit & Stretch

11:00 IS Travel Talk w/ Trivia

1:00 **IS** Sing-a-Long Songs

2:00 PD Outdoor Walk 3:00 AR Bingo Time!

4:00 AR Video Clips, Babies

6:00 **IS** Evening Program w/ Tamii

10:00 IS Sit & Stretch

28

11:00 **IS** Interactive Games

1:00 AR Arts-n-Crafts, Collage 2:00 PD Outdoor Walk

3:00 AR Po-ke-no!

4:00 AR Group Word Games

6:00 IS Evening Program w/ Tamii

Wednesday

1

10:00 **IS** Exercise Class

11:00 IS New Year 2025 Slide Show

1:30 L Scenic Bus Ride

2:00 AR Trivia Game on TV 3:00 AR New Year 2025 Craft

4:00 **QR** Aroma Therapy

6:00 AR Evening Movie

8

10:00 **IS** Exercise Class

11:00 AR Table Top Game

1:00 AR Trivia Game on TV

2:00 T Movie Theater Reserved

3:00 **AR** Group Word Search 4:00 **QR** Reminiscing, Short Stories

6:00 AR Evening Movie

15

22

29

10:00 **IS** Exercise Class

11:00 AR Arts-n-Crafts 1:30 OUT Scenic Bus Ride

2:00 AR Trivia Game on TV

3:00 AR Group Word Search

4:00 **QR** Reminiscing, Short Stories

1:30 **AR** Music Therapy w/ Marianela

6:00 AR Evening Movie

10:00 IS Exercise Class

11:30 GV Outdoor Time

11:00 **AR** Table Top Games

2:30 AR Trivia Game on TV

3:30 AR Group Word Search

6:00 AR Evening Movie

10:00 IS Exercise Class

11:00 AR Arts-n-Crafts

1:30 L Scenic Bus Ride

6:00 AR Evening Movie

2:00 AR Trivia Game on TV

3:00 AR Group Word Search

4:00 **QR** Reminiscing, Short Stories

23 10:00 IS Sit & Stretch

16

10:30 Y Work-Out at The Gym!

11:00 IS Interactive Games 1:30 L Scenic Bus Ride

2:00 **LI** Library Time

4:00 **B** Happy Hour w/ Live Music

6:00 IS Evening Program w/ Tamii

30

10:00 IS Sit & Stretch

10:30 Y Work-Out at The Gym!

11:00 **IS** Wheel of Fortune! 1:00 L Scenic Bus Ride

2:00 LI Library Time

4:00 **B** Happy Hour w/ Live Music

6:00 IS Evening Program w/ Tamii

Friday

10:00 IS Chair Yoga

10:30 IS January Slide Show/Trivia

11:00 AR Dominoes

1:00 **TR** Outdoor Bowling/Darts 2:00 AR Bingo For Chocolates!

3:30 AR Afternoon Musical, Choice

6:00 IS Evening Program w/ Tamii

10

3

10:00 IS Chair Yoga

10:30 IS Group Scrabble Game

11:00 TR Outdoor Time

1:00 AR Let's Get Physical!

2:00 AR Bingo For Chocolates!

3:30 AR Afternoon Musical, Choice

6:00 **IS** Evening Program w/ Tamii

17 10:00 IS Chair Yoga

10:30 IS Travel & Trivia

11:00 AR Dominoes

1:00 **IS** Outdoor Bowling/Darts 2:00 AR Bingo For Chocolates!

3:30 AR Afternoon Musical, Choice 6:00 IS Evening Program w/ Tamii

24 10:00 IS Chair Yoga

10:30 **IS** The Family Fued 11:00 AR Outdoor Time

1:00 TR Let's Get Physical! 2:00 AR Bingo For Chocolates!

3:30 AR Afternoon Musical, Choice 6:00 IS Evening Program w/ Tamii

31

10:00 IS Chair Yoga

10:30 **IS** The Wheel of Fortune!

11:00 AR Outdoor Time 1:00 AR New Game, Hot Potato

2:00 AR Bingo For Chocolates!

3:30 AR Afternoon Musical, Choice 6:00 **IS** Evening Program w/ Tamii Saturday

10:00 IS Sit & Stretch 11:00 TR Outdoor Time

10:00 IS Sit & Stretch

11:00 TR Outdoor Time

11:00 IS Rick Steves Travels

1:00 AR Let's Get Physical!

2:00 AR Movie Matinee

3:30 AR Table Top Game

6:00 AR Evening Movie

10:00 IS Sit & Stretch

11:00 TR Outdoor Time

11:00 IS Rick Steves Travels

1:00 AR Let's Get Physical!

2:00 AR Movie Matinee

3:30 AR Table Top Game

6:00 AR Evening Movie

10:00 IS Sit & Stretch

11:00 TR Outdoor Time

11:00 IS Rick Steves Travels

1:00 AR Let's Get Physical!

2:00 AR Movie Matinee

3:30 **AR** Table Top Game

6:00 AR Evening Movie

4

11

18

25

11:00 IS Rick Steves Travels 1:00 AR Let's Get Physical!

2:00 AR Movie Matinee 3:30 **AR** Table Top Game

6:00 AR Evening Movie January Happenings:

TITLE

1/13-Entertainment w/ Steve Michaels, Singer,

Happy New Year 2025!

Around our

**Community** 

Keyboard, Guitar

Marianela

1/22-Music Therapy w/

Scenic Bus Ride

Wednesday & Thursday

Happy Hour

Live Music

Thursdays @ The Bistro

Baby Photo Contest!

LOCATION KEY

Interactive Screen

Meet in Lobby

**Activity Room** 

Quiet Room Yoqa/Exercise Room

**LI** Library

Bistro В TR

Terrace PD Pool Deck

**T** Movie Theater