

UPCOMING COMMUNITY EVENTS



HAPPY NEW YEAR

Wishing you a joyful and prosperous New Year! May 2025 bring you happiness, health, and countless moments of connection. We look forward to another year of building a vibrant, supportive community together. Here's to new beginnings and shared memories in the year ahead!

Join our Community Fitness Classes!

Fitness with Colleen:

Tuesdays & Thursdays

Move & Groove with Marissa:

Wednesdays

Breath & Balance with Noel:

Saturdays



MARK YOUR CALENDARS!

3 | Trip: Alessio's Restaurant & Pizzeria

10 | Trip: Dunkin' Coffee Run

13 | Watercolor Class with Parker

20 | Ben's Workshop: Winter Wood Slice Coasters

27 | Mosaic Art

29 | Make Your Own Fortune Cookie

Alto Johns Creek

10595 Medlock Ridge Rd
Johns Creek, GA 30097
(678) 336-5112



FLOURISH

JANUARY 2025



WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

*"NEW BEGINNINGS ARE THE SEEDS OF INFINITE POSSIBILITIES.
EMBRACE THE JOURNEY AHEAD."*

—UNKNOWN

January 2025

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

*Around our
Community*

Alto Johns Creek

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Johns Creek, GA 30097
(678) 336-5112

www.allegroliving.com/communities/johns-creek-ga

2025

5
10:00 **GYM** Gentle Stretching
10:30 **GAT** Catholic Service
by St. Benedict Church
10:45 **TH** Live Perimeter Church
1:30 **GAT** Adult Coloring
2:30 **TH** Movie & Popcorn:
True Spirit (2023)
4:00 **LB** Word Search Puzzle

12
10:00 **GYM** Gentle Stretching
10:30 **GAT** Catholic Service
by St. Benedict Church
10:45 **TH** Live Perimeter Church
1:30 **GAT** Adult Coloring
2:30 **TH** Movie & Popcorn:
Dog Gone (2023)
4:00 **LB** Word Search Puzzle
4:30 **LB** Road to the Super Bowl:
NFL Playoff Watch Party

19
10:00 **GYM** Gentle Stretching
10:30 **GAT** Catholic Service
by St. Benedict Church
10:45 **TH** Live Perimeter Church
1:30 **GAT** Adult Coloring
2:30 **TH** Movie & Popcorn:
The Long Game (2023)
3:00 **LB** Road to the Super Bowl:
NFL Playoff Watch Party
4:00 **LB** Word Search Puzzle

26
10:00 **GYM** Gentle Stretching
10:30 **GAT** Catholic Service
by St. Benedict Church
10:45 **TH** Live Perimeter Church
1:30 **GAT** Adult Coloring
2:30 **TH** Movie & Popcorn:
Murder Mystery 2 (2023)
3:00 **LB** Road to the Super Bowl:
NFL Playoff Watch Party
4:00 **LB** Word Search Puzzle

6
10:00 **GYM** Get FIT with Lifestyle
11:00 **GAT** Word Game Challenge!
1:30 **LIB** Game Club:
Mexican Train Dominoes
2:30 **GAT** Resident Council Meeting
4:00 **GYM** Fitness 4 Everyone
6:30 **TH** Movie Musical:
Guys and Dolls (1955)

13
10:00 **GYM** Get FIT with Lifestyle
11:00 **GAT** Word Game Challenge!
1:30 **LIB** Game Club: UNO!
2:30 **GAT** Watercolor Class for
Beginners with Parker
4:00 **GYM** Fitness 4 Everyone
8:15 **LB** Road to the Super Bowl:
NFL Playoff Watch Party

20 MLK, Jr. Day
10:00 **GYM** Get FIT with Lifestyle
11:00 **GAT** MLK, Jr. Trivia
1:30 **LIB** Game Club: 5 Crowns
2:30 **GAT** Ben's Workshop:
Wood Slice Coasters
4:00 **GYM** Fitness 4 Everyone
6:30 **TH** Movie Night: Shirley
(2024)

27
10:00 **GYM** Get FIT with Lifestyle
11:00 **GAT** Word Game Challenge!
1:30 **LIB** Game Club:
Sevens Out (Dice Game)
2:30 **GAT** Mosaic Art with Lifestyles
4:00 **GYM** Fitness 4 Everyone
6:30 **TH** Movie Musical:
There's No Business
Like Show Business

7
10:00 **GYM** Fitness with Colleen
11:00 **GAT** Words In A Word
2:00 **LB** Music Trivia:
Guess the Song
4:00 **GYM** Chair Yoga - All Levels
6:30 **TH** Binge TV - The Crown
Season 2, Ep.3

14
10:00 **GYM** Fitness with Colleen
11:00 **GAT** Words In A Word
2:00 **DR** Chef Talk
4:00 **GYM** Chair Yoga - All Levels
6:30 **TH** Binge TV - The Crown
Season 2, Ep.4

21
10:00 **GYM** Fitness with Colleen
11:00 **GAT** Words In A Word
11:30 **LOB** Lunch Trip: First Watch
2:00 **GAT** Winter Paint by Number
4:00 **GYM** Chair Yoga - All Levels
6:30 **TH** Binge TV - The Crown
Season 2, Ep.5

28
10:00 **GYM** Fitness with Colleen
11:00 **GAT** Words In A Word
2:00 **LB** Music Bingo
4:00 **GYM** Chair Yoga - All Levels
6:30 **TH** Binge TV - The Crown
Season 2, Ep.6

1 New Year's Day
10:00 **LIB** Garden Walk and Talk
11:00 **GAT** College Football Trivia
1:30 **GYM** Move & Groove with Marissa
2:30 **GAT** B-I-N-G-O!
4:00 **LB** GameDay Happy Hour
5:00 **LB** Rose Bowl Game:
1 Oregon Ducks vs. TBD
5:15 **LB** Menorah Lighting

8
10:00 **LIB** Garden Walk and Talk
11:00 **GAT** Elvis Presley Trivia
1:30 **GYM** Move & Groove with Marissa
2:30 **GAT** B-I-N-G-O!
4:00 **LB** Happy Birthday, Elvis!
Happy Hour
6:30 **TH** Movie Night: Elvis (2022)

15
10:00 **LIB** Garden Walk and Talk
11:00 **GAT** Trivia
1:30 **GYM** Move & Groove with Marissa
2:30 **GAT** B-I-N-G-O!
4:00 **LB** Coffee & Hot Chocolate Bar

22
10:00 **LIB** Garden Walk and Talk
11:00 **GAT** Trivia
1:30 **GYM** Move & Groove with Marissa
2:00 **LB** Live Music w/Memory Lane
4:00 **LB** Birthday Happy Hour

29
10:00 **LIB** Garden Walk and Talk
11:00 **GAT** About Chinese New Year
1:30 **GYM** Move & Groove with Marissa
2:30 **GAT** Make Your Own
Fortunie Cookies
4:00 **LB** Midweek Mingle w/Steven C.

2
10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **GAT** Card Games Group
2:00 **LB** Live Music w/Craig Gleason
4:00 **LB** Brain Teaser Puzzle
5:15 **LB** Menorah Lighting

9
10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **GAT** Card Games Group
2:00 **LOB** Shopping Trip:
Kohl's & HomeGoods
4:00 **LB** Brain Teaser Puzzle

16
10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **GAT** Card Games Group
2:00 **LOB** Shopping Trip:
T.J. Maxx & Walgreens
4:00 **LB** Brain Teaser Puzzle

23
10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **GAT** Card Games Group
2:00 **LOB** Shopping Trip:
CVS Pharmacy & Target
4:00 **LB** Brain Teaser Puzzle

30
10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **GAT** Card Games Group
2:00 **LOB** Shopping Trip: Belk
4:00 **LB** Brain Teaser Puzzle

3
10:00 **GYM** Drum FIT
11:00 **LB** Chain Reaction Word Game
1:30 **LIB** Jigsaw Challenge
2:30 **GAT** Audio Book Club
4:30 **LOB** Trip: Alessio's Restaurant
& Pizzeria
6:30 **TH** Movie Night:
Carry-On (2024)

10
10:00 **LOB** Trip: Dunkin' Coffee Run
11:00 **TH** Town Hall Meeting
1:30 **LIB** Jigsaw Challenge
2:30 **GAT** Audio Book Club
4:00 **LB** Live Music w/Tom R.
6:30 **TH** Movie Night:
80 for Brady (2023)

17
10:00 **GYM** Drum FIT
11:00 **LB** Wordle Word Game
1:30 **LIB** Jigsaw Challenge
2:30 **GAT** Audio Book Club
4:00 **LB** Trivial Pursuit
6:30 **TH** Movie Night:
Back in Action (2025)

24
10:00 **GYM** Drum FIT
11:00 **LB** Chain Reaction Word Game
1:30 **LIB** Jigsaw Challenge
2:30 **GAT** Audio Book Club
4:00 **LB** Trivial Pursuit
6:30 **TH** Movie Night: Barbie (2023)

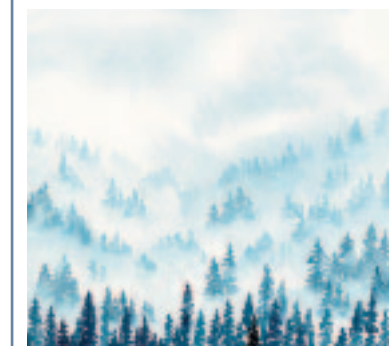
31
10:00 **GYM** Drum FIT
11:00 **LB** Wordle Word Game
1:30 **LIB** Jigsaw Challenge
2:30 **GAT** Audio Book Club
4:00 **LB** Trivial Pursuit
6:30 **TH** Movie Night:
The Lost City (2022)

4
10:30 **GYM** Breath & Balance w/Noel
11:00 **LB** Daily Crossword Puzzle
1:30 **LIB** Jigsaw Challenge
2:30 **TH** Netflix Documentary:
Remembering Gene Wilder
(2023)
3:00 **LOB** Weekend Walking Club
4:30 **LB** Short Stories Read 2 You
by Yamini

11
10:30 **GYM** Breath & Balance w/Noel
11:00 **LB** Daily Crossword Puzzle
1:00 **LB** Road to the Super Bowl:
NFL Playoff Watch Party
1:30 **LIB** Jigsaw Challenge
2:30 **TH** Netflix Documentary:
Untold Sign Stealer (2024)
3:00 **LOB** Weekend Walking Club

18
10:30 **GYM** Breath & Balance w/Noel
11:00 **LB** Daily Crossword Puzzle
1:30 **LIB** Jigsaw Challenge
2:30 **TH** Netflix Documentary:
Rather (2023)
3:00 **LOB** Weekend Walking Club
4:30 **LB** Short Stories Read 2 You
by Yamini
4:30 **LB** Road to the Super Bowl:
NFL Playoff Watch Party

25
10:30 **GYM** Breath & Balance with Noel
11:00 **LB** Daily Crossword Puzzle
1:30 **LIB** Jigsaw Challenge
2:30 **TH** Netflix Documentary:
Inside the Mind of a Dog
(2024)
3:00 **LOB** Weekend Walking Club
7:30 **LOB** Johns Creek Symphony
Orchestra Presents
"Heroes Among Us"



Live Entertainment

Kick-off the new year with a dynamic lineup of live music in January.

It's the perfect way to start 2025 with great tunes!

2 | Craig Gleason

10 | Tom Richardson

22 | Memory Lane

29 | Steven Chappelle

Special Happy Hours

1 | GameDay Happy Hour

8 | Happy Birthday, Elvis!
Happy Hour

22 | Birthday Happy Hour

29 | Midweek Mingle with
Craig Gleason

LOCATION KEY

LIB Library
GAT Gather Room
GYM Gym
LB Lounge Bistro
LOB Lobby
TH Theater
DR Dining Room

Sunday



- 5**
8:30 **LR** Devotional Music Hour
9:30 **LR** Worship Service
10:30 **AT** Color Me Calm
11:00 **CY** Sunday Strollers
1:30 **LR** Movie & Popcorn:
Resident Choice
3:30 **AT** Bible Passages
6:30 **LR** Popcorn To Go!

- 12**
8:30 **LR** Devotional Music Hour
9:30 **LR** Worship Service
10:30 **AT** Color Me Calm
11:00 **CY** Sunday Strollers
1:30 **LR** Movie & Popcorn:
Resident Choice
3:30 **AT** Bible Passages
6:30 **LR** Popcorn To Go!

- 19**
8:30 **LR** Devotional Music Hour
9:30 **LR** Worship Service
10:30 **AT** Color Me Calm
11:00 **CY** Sunday Strollers
1:30 **LR** Movie & Popcorn:
Resident Choice
3:30 **AT** Bible Passages
6:30 **LR** Popcorn To Go!

- 26**
8:30 **LR** Devotional Music Hour
9:30 **LR** Worship Service
10:30 **AT** Color Me Calm
11:00 **CY** Sunday Strollers
1:30 **LR** Movie & Popcorn:
Resident Choice
3:30 **AT** Bible Passages
6:30 **LR** Popcorn To Go!

Monday

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- 6**
10:00 **A** Hall Walking with Friends
10:15 **D** Tea Trolley Social
11:00 **AT** Puzzle Palooza
1:30 **AT** Bingo – Earn Bingo Bucks!
2:30 **AT** Crafting Corner
3:30 **AT** Table Hockey
4:00 **A** Cornhole
6:30 **LR** Snack Cart

- 13**
10:00 **A** Hall Walking with Friends
10:15 **D** Tea Trolley Social
11:00 **AT** Puzzle Palooza
1:30 **AT** Bingo – Earn Bingo Bucks!
2:30 **AT** Crafting Corner
3:30 **AT** Table Hockey
4:00 **A** Bowling
6:30 **LR** Snack Cart

- 20** **MLK Jr. Day**
10:00 **A** Hall Walking with Friends
10:15 **D** Tea Trolley Social
11:00 **AT** Puzzle Palooza
1:30 **AT** Bingo – Earn Bingo Bucks!
2:30 **AT** Crafting Corner
3:30 **AT** Table Hockey
4:00 **A** Cornhole
6:30 **LR** Snack Cart

- 27**
10:00 **A** Hall Walking with Friends
10:15 **D** Tea Trolley Social
11:00 **AT** Puzzle Palooza
1:30 **AT** Bingo – Earn Bingo Bucks!
2:30 **AT** Crafting Corner
3:30 **AT** Table Hockey
4:00 **A** Bowling
6:30 **LR** Snack Cart

Tuesday

- 7**
10:00 **A** Chair Yoga with Sherri Zak
10:15 **D** Juice Bar
10:30 **AT** Stories That Inspire Us
11:00 **AT** Trivia Tuesday
1:30 **AT** Would You Rather!?
2:30 **AT** Genealogy:
Finding Your Roots
3:30 **AT** Hand Massages
6:30 **LR** Virtual Vacation:
New York City

- 14**
10:00 **A** Chair Yoga with Sherri Zak
10:15 **D** Juice Bar
10:30 **AT** Stories That Inspire Us
11:00 **LR** Tidwell's Sing-A-Long
1:30 **AT** Would You Rather!?
2:30 **LR** Celtic Woman Special
3:30 **AT** Hand Massages
6:30 **LR** Virtual Vacation: Paris

- 21**
10:00 **A** Chair Yoga with Sherri Zak
10:15 **D** Juice Bar
10:30 **AT** Stories That Inspire Us
11:00 **AT** Trivia Tuesday
1:30 **AT** Would You Rather!?
2:00 **AT** Birthday Celebration!
3:30 **AT** Hand Massages
6:30 **LR** Virtual Vacation:
La Sagrada

- 28**
10:00 **A** Chair Yoga with Sherri Zak
10:15 **D** Juice Bar
10:30 **AT** Stories That Inspire Us
11:00 **AT** Trivia Tuesday
1:30 **AT** Would You Rather!?
2:30 **A** Celtic Thunder Special
3:30 **AT** Hand Massages
6:30 **LR** Virtual Vacation: Big Ben

Wednesday

- 1** **New Year's Day**
10:00 **A** Hall Walking with Friends
10:30 **LR** Devotional with Ella
11:15 **A** Circle Kickball
1:30 **D** The Baking Bunch:
Dill Cheez-Its Chip Dip
2:30 **D** Snackin' & Yakkin'
3:30 **LR** Midweek Mix & Mingle
5:15 **LR** Menorah Lighting
6:30 **LR** Biography: Dick Clark

- 8**
10:00 **A** Hall Walking with Friends
10:30 **LR** Devotional with Ella
11:15 **A** Toss & Talk—Reminisce Ball
1:30 **D** The Baking Bunch:
Chocolate Pretzels
2:30 **D** Snackin' & Yakkin'
3:30 **LR** Midweek Mix & Mingle
6:30 **LR** Biography:
Katherine Hepburn

- 15**
10:00 **A** Hall Walking with Friends
10:30 **LR** Devotional with Ella
11:00 **A** Pet Therapy: Marianne &
Marianne & Fish
11:45 **A** Parachute Ball Game
1:30 **D** The Baking Bunch: Brownie
2:30 **D** Snackin' & Yakkin'
3:30 **LR** Midweek Mix & Mingle
with Mr. Jeni
6:30 **LR** Biography: Frank Sinatra

- 22**
10:00 **A** Hall Walking with Friends
10:30 **LR** Devotional with Ella
11:15 **A** Circle Kickball
1:30 **D** The Baking Bunch:
Spice Cake
2:30 **D** Snackin' & Yakkin'
3:30 **LR** Meet & Greet with Liz
Featuring Memory Lane
6:30 **LR** Biography: Cary Grant

- 29**
10:00 **A** Hall Walking with Friends
10:30 **LR** Devotional with Ella
11:00 **LR** Pet Therapy:
Marianne & Fish
1:30 **D** The Baking Bunch:
Apple Turnover
2:30 **D** Snackin' & Yakkin'
3:00 **A** B-I-N-G-O Auction!
3:30 **LR** Midweek Mix & Mingle
6:30 **LR** Biography: Paul Newman

Thursday

- 2**
10:00 **A** Chair Yoga with Sherri Zak
10:15 **AT** Reminisce Magazine
11:00 **AT** Let's Paint!
1:30 **AT** UNO Cards
2:30 **D** Coffee & Cookie Social
3:00 **AT** Laughter is the
Best Medicine
3:30 **AT** Live Music w/Craig Gleason
4:00 **Hidden Picture Puzzle**
5:15 **Menorah Lighting**

- 9**
10:00 **A** Chair Yoga with Sherri Zak
10:15 **AT** Reminisce Magazine
11:00 **AT** Let's Paint!
1:30 **AT** UNO Cards
2:30 **D** Coffee & Cookie Social
3:00 **AT** Laughter is the
Best Medicine
3:30 **AT** Interesting Fun Facts
4:00 **AT** Hidden Picture Puzzle

- 16**
10:00 **A** Chair Yoga with Sherri Zak
10:15 **AT** Reminisce Magazine
11:00 **AT** Let's Paint!
1:30 **AT** UNO Cards
2:30 **D** Coffee & Cookie Social
3:00 **AT** Laughter is the
Best Medicine
3:30 **AT** Interesting Fun Facts
4:00 **AT** Hidden Picture Puzzle

- 23**
10:00 **A** Chair Yoga with Sherri Zak
10:15 **AT** Reminisce Magazine
11:00 **AT** Let's Paint!
1:30 **AT** UNO Cards
2:30 **D** Coffee & Cookie Social
3:00 **AT** Laughter is the
Best Medicine
3:30 **AT** Interesting Fun Facts
4:00 **AT** Hidden Picture Puzzle

- 30**
10:00 **A** Chair Yoga with Sherri Zak
10:15 **AT** Reminisce Magazine
11:00 **AT** Let's Paint!
1:30 **AT** UNO Cards
2:30 **D** Coffee & Cookie Social
3:00 **AT** Laughter is the
Best Medicine
3:30 **AT** Interesting Fun Facts
4:00 **AT** Hidden Picture Puzzle

Friday

- 3**
10:00 **A** Hall Walking with Friends
10:15 **D** Hot Cocoa Cart
11:00 **LR** Music Appreciation:
Notable Classical Music
1:30 **AT** Bingo - Earn Bingo Bucks
2:30 **AT** The Wood Wright's Shop
3:00 **D** Happy Hour Soda Bar
6:30 **LR** Evening News Hour

- 10**
10:00 **A** Hall Walking with Friends
10:15 **D** Hot Cocoa Cart
11:00 **LR** Music Appreciation:
'Master of the Pan Flute'
1:30 **AT** Bingo - Earn Bingo Bucks
2:30 **D** Happy Hour Soda Bar
3:00 **A** Saxophone Favorites w/Tom
6:30 **LR** Evening News Hour

- 17**
10:00 **A** Hall Walking with Friends
10:15 **D** Hot Cocoa Cart
11:00 **LR** Music Appreciation:
AM Gold '60s Generation
1:30 **AT** Bingo - Earn Bingo Bucks
2:30 **AT** The Wood Wright's Shop
3:00 **D** Happy Hour Soda Bar
6:30 **LR** Evening News Hour

- 24**
10:00 **A** Hall Walking with Friends
10:15 **D** Hot Cocoa Cart
11:00 **LR** Music Appreciation:
Country's Randy Travis
1:30 **AT** Bingo - Earn Bingo Bucks
2:30 **LR** Antiques Roadshow
3:00 **D** Happy Hour Soda Bar
6:30 **LR** Evening News Hour

- 31**
10:00 **A** Hall Walking with Friends
10:15 **D** Hot Cocoa Cart
11:00 **LR** Music Appreciation:
70's Soft Rock Favorites
1:30 **AT** Bingo - Earn Bingo Bucks
2:30 **D** Happy Hour Soda Bar
3:00 **A** Saxophone Favorites w/Tom
6:30 **LR** Evening News Hour

Saturday

- 4**
9:00 **AT** Daily Chronicle Discussion
9:30 **A** Breath & Balance with Noel
10:00 **A** Ensemble Salon Visits
10:30 **AT** Nails, Lotions & Potions
2:30 **D** Reward Fruit Smoothie
3:30 **LR** Musical Matinee:
The Sound of Music
6:30 **LR** Fireside Meditation

- 11**
9:00 **AT** Daily Chronicle Discussion
9:30 **A** Breath & Balance with Noel
10:00 **A** Ensemble Salon Visits
10:30 **AT** Nails, Lotions & Potions
2:30 **D** Reward Strawberry Shake
3:30 **LR** Musical Matinee:
An American in Paris
6:30 **LR** Fireside Meditation

- 18**
9:00 **AT** Daily Chronicle Discussion
9:30 **A** Breath & Balance with Noel
10:00 **A** Ensemble Salon Visits
10:30 **AT** Nails, Lotions & Potions
2:30 **D** Reward Chocolate
Banana Shake
3:30 **LR** Musical Matinee:
My Fair Lady
6:30 **LR** Fireside Meditation

- 25**
9:00 **AT** Daily Chronicle Discussion
9:30 **A** Breath & Balance with Noel
10:00 **A** Ensemble Salon Visits
10:30 **AT** Nails, Lotions & Potions
2:30 **D** Reward Fruit Smoothie
3:30 **LR** Musical Matinee:
Mary Poppins
6:30 **LR** Fireside Meditation



Happy New Year

Happy New Year! Wishing you a year filled with happiness, health, and prosperity.

We are excited about the upcoming events and opportunities that January brings to our community. With a bright future ahead, we are thrilled to continue growing and thriving together in our Ensemble neighborhood.

Mark Your Calendars

Join us Wednesday, January 22, for a Meet & Greet with Program Director, Liz.

Please be aware that some events maybe subject to change due to volunteer schedules, vendor illness, or inclement weather conditions.

For the most up-to-date information, please refer to the signage located in the hallway.

LOCATION KEY

- A** MC Activities
- LR** MC Living Room 1
- D** MC Dining
- AT** MC Activity Tables
- CY** MC Court Yard