

UPCOMING COMMUNITY EVENTS

NEW OR SPECIAL ACTIVITIES

New Year's Day Social 1/1
Hooked on Books Book Club 1/1
January Trivia 1/2
New Resident Meet and Greet 1/3
Women's Club 1/4
Making Friendship Bracelets 1/7
Uncorked and Decanted History
Presentation: Norman Rockwell 1/8



Basic Drawing Lessons 1/9
Walmart Shopping trip 1/10
Crafting Corner 1/10
Candace on the Piano 1/14
Just the two of us performing 1/15
Cake Walk 1/22
Bingo Money Store 1/27

HAPPY NEW YEAR!!

NEWS

WALL OF HONOR

The Lifestyle Department will be updating the wall of honor for our Alto veterans. If you are a veteran and would like your picture to be on the wall, please give your picture to the front desk by Jan 16th. Please make sure all pictures are no bigger than four-by-six. If you have any questions please call Amber Link Lifestyle Director at 913-232-8232. Thank you!

Overland Park

10300 Indian Creek Pkwy
Overland Park, KS 66210
(913) 232-8232



FLOURISH

JANUARY 2025



WHAT'S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

"JANUARY IS THE TIME TO START SOMETHING NEW AND BETTER."

—UNKNOWN

January 2025

Sunday



5
9:00 **ER** C.O.A Recorded Mass
10:15 **ER** C. R. Church Satellite Service (Recorded)
1:00 **ER** Lutheran Recorded Services
2:30 **L** Table Games
4:00 **L** Puzzle Time!
6:30 **ER** Movie Night

12
9:00 **ER** C.O.A Recorded Mass
10:15 **ER** C. R. Church Satellite Service (Recorded)
1:00 **ER** Lutheran Recorded Services
2:30 **L** Table Games
4:00 **L** Puzzle Time!
6:30 **ER** Movie Night

19
9:00 **ER** C.O.A Recorded Mass
10:15 **ER** C. R. Church Satellite Service (Recorded)
1:00 **ER** Lutheran Recorded Services
2:30 **L** Table Games
4:00 **L** Puzzle Time!
6:30 **ER** Movie Night

26
9:00 **ER** C.O.A Recorded Mass
10:15 **ER** C. R. Church Satellite Service (Recorded)
1:00 **ER** Lutheran Recorded Services
2:30 **L** Table Games
4:00 **L** Puzzle Time!
6:30 **ER** Movie Night

Monday

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6
9:30 **L** Catch the Sun Social
10:30 **ER** Spiritual Reflections
2:00 **B** Let's Play Trivia
4:00 **B** Soda Pop Social
5:30 **CS** Puzzling w/ Friends
6:30 **ER** Movie Night

13
9:30 **L** Catch the Sun Social
10:30 **ER** Spiritual Reflections
2:00 **B** Let's Play Trivia
4:00 **B** Soda Pop Social
5:30 **CS** Puzzling w/ Friends
6:30 **ER** Movie Night

20
9:30 **L** Catch the Sun Social
10:30 **ER** Spiritual Reflections
2:00 **B** Let's Play Trivia
4:00 **B** Soda Pop Social
5:30 **CS** Puzzling w/ Friends
6:30 **ER** Movie Night

27
9:30 **L** Catch the Sun Social
10:30 **ER** Spiritual Reflections
2:00 **ER** Bingo Money Store
4:00 **B** Soda Pop Social
5:30 **CS** Puzzling w/ Friends
6:30 **ER** Movie Night

Tuesday

7
9:30 **CS** Catholic Comm. and Rosary
10:00 **ER** Moving to The Oldies Exercise
10:45 **B** Chicken Soup for the Soul Readings
11:30 **B** Reminisce
12:00 **B** Reminisce
2:00 **CS** Making Friendship Bracelets w/ Jessica
3:00 **B** Advanced Bingo

14
9:30 **CS** Catholic Comm. and Rosary
10:00 **ER** Moving to The Oldies Exercise
10:45 **B** Chicken Soup for the Soul Readings
11:30 **B** Reminisce
12:00 **B** Reminisce
2:00 **L** Candace on the Piano
3:00 **B** Advanced Bingo
6:30 **ER** Movie Night

21
9:30 **CS** Catholic Comm. and Rosary
10:00 **ER** Moving to The Oldies Exercise
10:45 **B** Chicken Soup for the Soul Readings
11:30 **B** Reminisce
12:00 **B** Reminisce
2:00 **ER** Travelogue Tuesday
3:00 **B** Advanced Bingo
6:30 **ER** Movie Night

28
9:30 **CS** Catholic Comm. and Rosary
10:00 **ER** Moving to The Oldies Exercise
10:45 **B** Chicken Soup for the Soul Readings
11:30 **B** Reminisce
12:00 **B** Reminisce
2:00 **DR** Music Entertainment with Alligator Shoes
3:00 **B** Advanced Bingo

Wednesday

1
9:30 **L** Catch the Sun Social
10:00 **ER** Exercise w/ Michelle
2:00 **B** New Year's Day Social
3:00 **ER** Hooked on Books
4:00 **B** Wine Down Wednesday
6:30 **ER** Movie Night:

8
10:00 **ER** Exercise w/ Michelle
11:00 **CS** Angie's Bible Study
11:30 **B** Blackjack for Candy
12:00 **B** Blackjack for Candy
2:00 **DR** Resident Council
3:00 **B** Uncorked and Decanted
4:00 **B** Wine Down Wednesday
5:30 **L** Patti on the Piano
6:30 **ER** Movie Night

15
9:30 **L** Catch the Sun Social
10:00 **ER** Exercise w/ Michelle
11:00 **CS** Angie's Bible Study
11:30 **B** Blackjack for Candy
12:00 **B** Blackjack for Candy
2:00 **DR** Just the two of us
4:00 **B** Wine Down Wednesday
6:30 **ER** Movie Night

22
9:30 **L** Catch the Sun Social
10:00 **ER** Exercise w/ Michelle
11:00 **CS** Angie's Bible Study
11:30 **B** Blackjack for Candy
12:00 **B** Blackjack for Candy
2:00 **DR** Cake Walk w/ Shelly from Gentiva
4:00 **B** Wine Down Wednesday
5:30 **L** Patti on the Piano
6:30 **ER** Movie Night

29
9:30 **L** Catch the Sun Social
10:00 **ER** Exercise w/ Michelle
11:00 **CS** Angie's Bible Study
11:30 **B** Blackjack for Candy
12:00 **B** Blackjack for Candy
4:00 **B** Wine Down Wednesday
6:30 **ER** Movie Night

Thursday

2
9:00 **ER** C.O.A Recorded Mass
9:30 **L** Catch the Sun Social
10:00 **ER** Sit and Lift w/ Legacy
2:00 **B** January Trivia
3:00 **B** Easy Bingo
4:00 **B** Hymnal History
6:30 **ER** Movie Night:

9
9:00 **ER** C.O.A Recorded Mass
9:30 **L** Catch the Sun Social
10:00 **ER** Sit and Lift w/ Legacy
2:00 **CS** Basic Drawing Lessons
3:00 **B** Easy Bingo
4:00 **B** Hymnal History
6:30 **ER** Movie Night

16
9:00 **ER** C.O.A Recorded Mass
9:30 **L** Catch the Sun Social
10:00 **ER** Sit and Lift w/ Legacy
10:30 **ER** Musical Entertainment with Rob McHenry
2:00 **DR** The Dining Experience with Chef Tim
3:00 **B** Easy Bingo
4:00 **B** Hymnal History
6:30 **ER** Movie Night

23
9:00 **ER** C.O.A Recorded Mass
9:30 **L** Catch the Sun Social
10:00 **ER** Sit and Lift w/ Legacy
2:00 **B** Random Trivia
3:00 **B** Easy Bingo
4:00 **B** Hymnal History
6:30 **ER** Movie Night

30
9:00 **ER** C.O.A Recorded Mass
9:30 **L** Catch the Sun Social
10:00 **ER** Sit and Lift w/ Legacy
2:00 **CS** Basic Drawing
3:00 **B** Easy Bingo
4:00 **B** Hymnal History
6:30 **ER** Movie Night

Friday

3
9:30 **L** Catch the Sun Social
10:00 **ER** Exercise w/ Amber
10:45 **B** Retro T.V. : Andy Griffith Show
1:30 **ER** Documentary Matinee
3:15 **B** Happy Hour w/ Katie Hurcomb
6:30 **ER** Movie Night:

10
9:30 **L** WalMart trip
10:00 **ER** Exercise w/ Amber
10:45 **CS** A-Z Game
2:00 **CS** Crafting Corner
3:15 **B** Happy Hour w/ Katie Hurcomb
4:30 **DR** Birthday Dinner
6:30 **ER** Movie Night

17
9:30 **L** Catch the Sun Social
10:00 **ER** Exercise w/ Michelle
10:45 **B** Brain Teasers and Word Jumbles
1:30 **ER** Documentary Matinee
3:15 **B** Happy Hour w/ Katie Hurcomb
6:30 **ER** Movie Night

24
9:30 **L** Catch the Sun Social
10:00 **ER** Exercise w/ Michelle
10:45 **B** Brain Teasers and Word Jumbles
2:00 **CS** Crafting Corner
3:15 **B** Happy Hour w/ Katie Hurcomb
6:30 **ER** Movie Night

31
9:30 **L** Catch the Sun Social
10:00 **ER** Exercise w/ Michelle
10:45 **B** Brain Teasers and Word Jumbles
1:30 **ER** Documentary Matinee
3:15 **B** Happy Hour w/ Katie Hurcomb
6:30 **ER** Movie Night

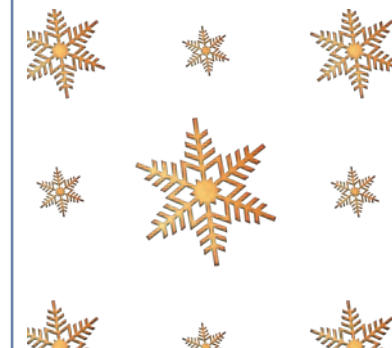
Saturday

4
9:00 **L** Morning Chat
10:00 **ER** Saturday Morning Stretch
10:45 **CS** Mini Manicures By Michelle
2:00 **B** Advanced Bingo
3:00 **B** Women's Group
6:30 **ER** Movie Night:

11
9:00 **L** Morning Chat
10:00 **ER** Saturday Morning Stretch
10:30 **ER** Church Hymns w/ Katie
1:30 **L** Live Entertainment with Steve Kakacek
3:00 **B** Advanced Bingo
4:00 **L** Jigsaw and Word Search Puzzles
6:30 **ER** Movie Night

18
9:00 **L** Morning Chat
10:30 **B** Crafts w/ Girl Scouts
2:00 **B** Advanced Bingo
3:00 **L** Jigsaw and Word Search Puzzles
6:30 **ER** Movie Night

25
9:00 **L** Morning Chat
10:00 **ER** Saturday Morning Stretch
10:30 **ER** Church Hymns w/ Katie
2:00 **B** Advanced Bingo
3:00 **L** Jigsaw and Word Search Puzzles
6:30 **ER** Movie Night



Around our Community

January Birthdays

Happy Birthday to all those celebrating in January!

Resident Birthdays

Melvin Noel 1/2
Delores Goodrich 1/5
Meta Bocek 1/11
Mitch Mitchell 1/22

Staff Birthdays

Peggy Brown 1/11
Jeff Mourlam 1/15
Janelle Robinson 1/26
Michelle Taylor 1/12
Eyerusalem Tesemma 1/21
Casandra Thompson 1/9

LOCATION KEY

- L** Lobby
- ER** Entertainment Room
- B** Bistro
- CS** Creative Studio
- DR** Dining Room

Sunday



- 5**
9:00 **A** Chronicle Reading w/Margaret
10:00 **A** Balloon Swat Fitness
10:00 **DR** Hydration Cart
11:00 **A** Lets Worship Together
1:00 **MR** Johnny Carson Show
2:00 **DR** Afternoon snack N chat
3:30 **A** Anne With An E Movie
6:00 **D** Sunday Night at the Movies

- 12**
9:00 **A** Chronicle Reading w/Margaret
10:00 **A** Balloon Swat Fitness
10:00 **DR** Hydration Cart
11:00 **A** Lets Worship Together
1:00 **MR** Johnny Carson Show
2:00 **DR** Afternoon snack N chat
3:30 **A** Anne With An E Movie
6:00 **D** Sunday Night at the Movies

- 19**
9:00 **A** Chronicle Reading w/Margaret
10:00 **A** Balloon Swat Fitness
10:00 **DR** Hydration Cart
11:00 **A** Lets Worship Together
1:00 **MR** Johnny Carson Show
2:00 **DR** Afternoon snack N chat
3:30 **A** Anne With An E Movie
6:00 **D** Sunday Night at the Movies

- 26**
9:00 **A** Chronicle Reading w/Margaret
10:00 **A** Balloon Swat Fitness
10:00 **DR** Hydration Cart
11:00 **A** Lets Worship Together
1:00 **MR** Johnny Carson Show
2:00 **DR** Afternoon snack N chat
3:30 **A** Anne With An E Movie
6:00 **D** Sunday Night at the Movies

Monday

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- 6**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Exercise
10:00 **DR** Hydration Cart
10:30 **A** Bible Study
1:30 **A** GAMES
2:00 **DR** Afternoon snack N chat
3:30 **DR** Lets Play A Game
6:00 **D** Monday Night at the Movies

- 13**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Exercise
10:00 **DR** Hydration Cart
10:30 **A** Bible Study
11:00 **DRP** Ladies Tea
1:30 **A** GAMES
2:00 **DR** Afternoon snack N chat
3:30 **DR** Lets Play A Game
6:00 **D** Monday Night at the Movies

- 20**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Exercise
10:00 **DR** Hydration Cart
10:30 Live Music w/Rob McHenry
10:30 **A** Bible Study
1:30 **A** GAMES
2:00 **DR** Afternoon snack N chat
3:30 **DR** Lets Play A Game
6:00 **D** Monday Night at the Movies

- 27**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Exercise
10:00 **DR** Hydration Cart
10:30 **A** Bible Study
1:30 **A** GAMES
2:00 **DR** Afternoon snack N chat
3:30 **DR** Lets Play A Game
6:00 **D** Monday Night at the Movies

Tuesday

- 7**
9:00 **A** Chronicle Reading w/Margaret
10:00 **B** Baking in Mom's Kitchen
10:00 **DR** Hydration Cart
10:00 **D** Catholic Communion
1:00 **A** You've Got A Friend In Me
2:00 **A** Bingo
2:00 **DR** Afternoon snack N chat
3:00 **A** Trivia Tuesday
6:00 **D** Tuesday Night Movie

- 14**
9:00 **A** Chronicle Reading w/Margaret
10:00 **B** Baking in Mom's Kitchen
10:00 **DR** Hydration Cart
10:00 **D** Catholic Communion
1:00 **A** You've Got A Friend In Me
2:00 **A** Bingo
2:00 **DR** Afternoon snack N chat
3:00 **A** Trivia Tuesday
6:00 **D** Tuesday Night Movie

- 21**
9:00 **A** Chronicle Reading w/Margaret
10:00 **B** Baking in Mom's Kitchen
10:00 **DR** Hydration Cart
10:00 **D** Catholic Communion
1:00 **A** You've Got A Friend In Me
2:00 **A** Bingo
2:00 **DR** Afternoon snack N chat
3:00 **A** Trivia Tuesday
6:00 **D** Tuesday Night Movie

- 28**
9:00 **A** Chronicle Reading w/Margaret
10:00 **B** Baking in Mom's Kitchen
10:00 **DR** Hydration Cart
10:00 **D** Catholic Communion
1:00 **A** You've Got A Friend In Me
2:00 **A** Bingo
2:00 **DR** Afternoon snack N chat
3:00 **A** Trivia Tuesday
6:00 **D** Tuesday Night Movie

Wednesday

- 1**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Exercise Fun
10:00 **DR** Hydration Cart
10:30 **A** Watercolor Wednesday's
1:00 **MR** Sing a Long
2:00 **DR** Afternoon snack N chat
4:00 Hymnal History w/Angie
6:00 **D** Wednesday Night at the Movies

- 8**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Exercise Fun
10:00 **DR** Hydration Cart
10:30 **A** Watercolor Wednesday's
1:00 **MR** Sing a Long
2:00 **DR** Afternoon snack N chat
4:00 Hymnal History w/Angie
6:00 **D** Wednesday Night at the Movies

- 15**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Exercise Fun
10:00 **DR** Hydration Cart
10:30 **A** Watercolor Wednesday's
1:00 **MR** Sing a Long
2:00 **DR** Afternoon snack N chat
2:00 **DR** Music w/Katie
4:00 Hymnal History w/Angie
6:00 **D** Wednesday Night Movie

- 22**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Exercise Fun
10:00 **DR** Hydration Cart
10:30 **A** Watercolor Wednesday's
1:00 **MR** Sing a Long
2:00 **DR** Afternoon snack N chat
2:00 **MR** Music w/Evans
4:00 Hymnal History w/Angie
6:00 **D** Wednesday Night Movie

- 29**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Exercise Fun
10:00 **DR** Hydration Cart
10:30 **A** Watercolor Wednesday's
1:00 **MR** Sing a Long
2:00 **DR** Afternoon snack N chat
4:00 Hymnal History w/Angie
6:00 **D** Wednesday Night at the Movies

Thursday

- 2**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Movin to the Music Fitness
10:00 **A** Thursday Fruit Smoothies
1:00 **SR** Sensory Room Visits
2:00 **DR** Afternoon snack N chat
2:00 **MR** Music w/Andrea
3:30 **DR** Games
4:00 **A** Puzzles and Music Hour
6:00 **D** Thursday night Movie

- 9**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Movin to the Music Fitness
10:00 **A** Thursday Fruit Smoothies
1:00 **SR** Sensory Room Visits
2:00 **MR** Music w/Razarr and Michael
2:00 **DR** Afternoon snack N chat
3:30 **DR** Games
4:00 **A** Puzzles and Music Hour
6:00 **D** Thursday night Movie

- 16**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Movin to the Music Fitness
10:00 **A** Thursday Fruit Smoothies
10:00 **DR** Hydration Cart
1:00 **SR** Sensory Room Visits
2:00 **DR** MONTHLY BIRTHDAY PARTY
3:30 **DR** Games
4:00 **A** Puzzles and Music Hour
6:00 **D** Thursday night Movie

- 23**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Movin to the Music Fitness
10:00 **A** Thursday Fruit Smoothies
10:00 **DR** Hydration Cart
1:00 **SR** Sensory Room Visits
2:00 **A** Crafting Corner
2:00 **DR** Afternoon snack N chat
4:00 **A** Puzzles and Music Hour
6:00 **D** Thursday night Movie

- 30**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Movin to the Music Fitness
10:00 **A** Thursday Fruit Smoothies
10:00 **DR** Hydration Cart
1:00 **SR** Sensory Room Visits
2:00 **A** Crafting Corner
2:00 **DR** Afternoon snack N chat
4:00 **A** Puzzles and Music Hour
6:00 **D** Thursday night Movie

Friday

- 3**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Ball Kicking Workout
10:00 **DR** Hydration Cart
10:30 **A** Brain Works
1:00 **A** Let's Play a Game
2:00 **DR** Afternoon snack N chat
3:00 **DR** Music on TV
6:00 **D** Fun Film Friday's

- 10**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Ball Kicking Workout
10:00 **DR** Hydration Cart
10:30 **A** Brain Works
1:00 **A** Let's Play a Game
2:00 **DR** Afternoon snack N chat
3:00 **DR** Music on TV
6:00 **D** Fun Film Friday's

- 17**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Ball Kicking Workout
10:00 **DR** Hydration Cart
10:30 **A** Brain Works
1:00 **A** Let's Play a Game
2:00 **DR** Afternoon snack N chat
3:00 **DR** Music on TV
6:00 **D** Fun Film Friday's

- 24**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Ball Kicking Workout
10:00 **MR** Live Music
10:00 **DR** Hydration Cart
10:30 **A** Brain Works
1:00 **A** Let's Play a Game
2:00 **DR** Afternoon snack N chat
3:00 **DR** Music on TV
6:00 **D** Fun Film Friday's

- 31**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Ball Kicking Workout
10:00 **DR** Hydration Cart
10:30 **A** Brain Works
1:00 **A** Let's Play a Game
2:00 **DR** Afternoon snack N chat
3:00 **DR** Music on TV
6:00 **D** Fun Film Friday's

Saturday

- 4**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Stronger than Yesterday
10:00 **A** Trivia
10:00 **DR** Hydration Cart
1:30 **A** Let's Play a Memory Game
2:00 **DR** Afternoon snack N chat
3:00 **A** Puzzles, Mazes
4:00 **DR** Life Skills Basket
6:00 **D** Saturday Night Movie

- 11**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Stronger than Yesterday
10:00 **A** Trivia
10:00 **DR** Hydration Cart
1:30 **A** Let's Play a Memory Game
2:00 **DR** Afternoon snack N chat
3:00 **A** Puzzles, Mazes
4:00 **DR** Life Skills Basket
6:00 **D** Saturday Night Movie

- 18**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Stronger than Yesterday
10:00 **A** Trivia
10:00 **DR** Hydration Cart
1:30 **A** Let's Play a Memory Game
2:00 **DR** Afternoon snack N chat
3:00 **A** Puzzles, Mazes
4:00 **DR** Life Skills Basket
6:00 **D** Saturday Night Movie

- 25**
9:00 **A** Chronicle Reading w/Margaret
9:30 **A** Stronger than Yesterday
10:00 **A** Trivia
10:00 **DR** Hydration Cart
1:30 **A** Let's Play a Memory Game
2:00 **DR** Afternoon snack N chat
3:00 **A** Puzzles, Mazes
4:00 **DR** Life Skills Basket
6:00 **D** Saturday Night Movie



ENSEMBLE

Alzheimer's Support
Group 1-8-2025
6:30pm-8pm

Birthday's

Margaret V.-1-6
Ardelle C.-1-7
Rich S-1-14
Shirley J-1-16
Billie K-1-23

We still have Alto
Cookbooks for sale
for \$20.00 all proceeds go
to the Alz. Ass.

LOCATION KEY

- A** Activity Room
- DR** Dining Room
- MR** Music Room
- D** Den
- SR** Sensory Room
- B** Mini Bistro
- DRP** Dining Room Patio