#### UPCOMING COMMUNITY EVENTS



#### FINDING JOY

In 2025, finding joy could involve reconnecting with what truly matters to us. It might mean letting go of distractions and focusing on passions that bring fulfillment, whether that's through creativity, personal growth, or community engagement.

For some, joy may come from embracing mindfulness, allowing ourselves to be fully present in each moment rather than anxiously anticipating the future. By nurturing self-compassion and practicing gratitude, we can foster a deeper sense of contentment and resilience, no matter what challenges come our way.

Finding joy in 2025 is about living with intention, embracing moments of peace, and staying open to new experiences that bring happiness into our lives.

#### **HAPPY NEW YEAR**

As we bid farewell to 2024, we reflect on the moments, challenges, and growth that this year has brought us. It has been a journey of learning, resilience, and connection. Now, with open hearts, we welcome 2025, a new chapter filled with endless possibilities. May this coming year be a fresh start, offering opportunities to dream bigger, love deeper, and live more fully. Here's to embracing the unknown, facing new challenges with courage, and cherishing every moment along the way. Cheers to a bright and hopeful year ahead!

Allegro in Hyde Park

800 West Azeele Street Tampa, FL 33606 (813) 773-4596



#### WHAT'S INSIDE

Pg 2-3 Social Calendar

Pq 4 **Upcoming Events + News** 

> "HAPPINESS IS NOT IN THE MERE POSSESSION OF MONEY; IT LIES IN THE JOY OF ACHIEVEMENT, IN THE THRILL OF CREATIVE EFFORT."

# FLOURISH JANUARY 2025

-FRANKLIN D. ROOSEVELT



## Sunday



#### 5

9:00 L Church Transportation
10:15 L Christ the King-Transportation Bus
11:00 TR Hyde Park United Methodist Communion
1:30 C Mexican Train Dominos
3:00 SK Happy Hour
7:00 TR Evening Movie
7:00 SK Poker Game

#### 12

 9:00 L Church Transportation
 10:15 L Christ the King-Transportation Bus
 1:30 C Mexican Train Dominos
 3:00 SK Happy Hour
 7:00 TR Evening Movie
 7:00 SK Poker Game

#### 19

9:00 L Church Transportation 10:15 L Christ the King-Transportation Bus 1:30 C Mexican Train Dominos 3:00 SK Happy Hour 7:00 TR Evening Movie 7:00 SK Poker Game

#### 26

9:00 L Church Transportation
10:15 L Christ the King-Transportation Bus
1:30 C Mexican Train Dominos
3:00 SK Happy Hour
7:00 TR Evening Movie
7:00 SK Poker Game

# Monday

Tuesday

#### Allegro in Hyde Park

800 West Azeele Street Tampa, FL 33606 (813) 773-4596 https://www.allegroliving.com/senior-living-hyde-park-fl.html

10:30 TH Exercise w/Kisha
1:00 DD Meet the Masters Painting Class
1:30 RR Mah Jong
2:00 TH Chair Volleyball Game
2:30 TH Cornhole Game Practice
3:00 SK Happy Hour
7:00 TR Evening Movie

#### 13

6

10:30 TH Exercise w/Kisha
1:00 DD Meet the Masters Painting Class
1:30 RR Mah Jong
1:30 SK Book Club Meeting
2:00 TH Chair Volleyball Game
2:30 TH Cornhole Game Practice
3:00 SK Happy Hour
7:00 TR Evening Movie

#### 20

10:30 TH Exercise w/Kisha
1:00 DD Meet the Masters Painting Class
1:30 RR Mah Jong
2:00 TH Chair Volleyball Game
2:30 TH Cornhole Game Practice
3:00 SK Happy Hour
7:00 TR Evening Movie

#### 27

10:30 TH Exercise w/Kisha
1:00 DD Meet the Masters Painting Class
1:30 RR Mah Jong
2:00 TH Chair Volleyball Game
2:30 TH Cornhole Game Practice
3:00 SK Happy Hour
7:00 TR Evening Movie

#### 7

10:00 C Fun Trivia
10:30 TH Exercise with Marianne
1:15 TR Communion & Rosary
2:00 RR Bingo
3:00 SK Happy Hour
3:30 SK Billiards/Pool Challenge
7:00 TR Evening Movie

#### 14

9:00 TR OLLI- Healthcare Surrogate
10:00 C Fun Trivia
10:30 C Dori's Trunk Show
10:30 TH Exercise with Marianne
1:00 TH Phil Leto Presentation
1:15 TR Communion & Rosary
2:00 RR Bingo
3:00 SK Happy Hour
3:30 SK Billiards/Pool Challenge
7:00 TR Evening Movie

#### 21

10:00 C Fun Trivia
10:30 TH Exercise with Marianne
1:15 TR Communion & Rosary
1:30 TH All Resident Forum
2:00 RR Bingo
3:00 SK Happy Hour
3:30 SK Billiards/Pool Challenge
7:00 TR Evening Movie

#### 28

10:00 C Fun Trivia
10:30 TH Exercise with Marianne
1:15 TR Communion & Rosary
2:00 RR Bingo
3:00 SK Happy Hour
3:30 SK Billiards/Pool Challenge
7:00 TR Evening Movie

# January 2025

#### Wednesday

10:30 TH Exercise with Kisha 1:30 C Card Games in the Cafe 3:00 TH Happy Hour 7:00 TR Evening Movie

#### 8

1

9:30 DD Basket Weaving
10:30 TH Exercise with Marianne
11:30 SK Jeopardy
1:00 TR Wellness Wednesday
1:30 C Card Games
3:00 SK Happy Hour with Humberto
7:00 TR Evening Movie

#### 15

9:30 DD Basket Weaving
10:30 TH Exercise with Marianne
11:30 SK Jeopardy
1:00 TR Business & Finance w/Pete
1:30 C Card Games
2:30 TR Chef Chat
3:00 SK Happy Hour & Entertainment Will & Michelle
7:00 TR Evening Movie

#### 22

9:30 DD Basket Weaving
10:30 TH Exercise with Marianne
11:30 SK Jeopardy
1:30 C Card Games
3:00 SK Happy Hour - Ralph Espinosa
7:00 TR Evening Movie

#### 29

9:30 DD Basket Weaving
10:30 TH Exercise with Marianne
11:30 SK Jeopardy
1:30 C Card Games
7:00 TR Evening Movie

## Thursday

#### • Tal

2

10:00 C Table Topics with Kisha
10:30 TH Exercise with Marianne
1:00 DD Bible Study with Amy
2:00 RR Bingo
3:00 SK Happy Hour
7:00 TR Evening Movie
7:00 SK Poker Game

#### 9

- 10:00 C Table Topics with Kisha 10:30 TH Exercise with Marianne 11:00 OFF Scenic Ride - Space Limited 1:00 DD Bible Study with Amy 2:00 RR Bingo 3:00 SK Happy Hour 3:30 SK Sing-a-Long with Matt 7:00 TR Evening Movie 7:00 SK Poker Game 16 10:00 C Table Topics with Kisha 10:00 TR OLLI - Evolving Role of
- ne 10:00 **TR** OLLI Evolving Role of Government 10:30 **TH** Exercise with Marianne 1:00 **DD** Bible Study with Amy 1:00 **TR** OLLI - Florida History 1:00 **OFF** Outing - Local Attraction 2:00 **RR** Bingo 3:00 **SK** Happy Hour 7:00 **TR** Evening Movie

#### 23

10:00 C Table Topics with Kisha
10:00 TR OLLI - Evolving Role of Government
10:30 C Shopping w/Michelle
10:30 TH Exercise with Marianne
11:00 OFF Lunch Outing
1:00 DD Bible Study with Amy
1:00 TR OLLI - Florida History
2:00 RR Bingo
3:00 SK Happy Hour
30
10:00 C Table Topics with Kisha
10:00 TR OLLI - Evolving Role of

10:00 C Table Topics with Kisha
10:00 TR OLLI - Evolving Role of Government
10:30 TH Exercise with Marianne
1:00 DD Bible Study with Amy
1:00 TR OLLI - Florida History
2:00 RR Bingo
3:00 SK Happy Hour
7:00 TR Evening Movie
7:00 SK Poker Game

## Friday

3

10:30 TH Exercise with Kisha
11:00 L Publix Shopping
1:00 DD Art/Crafts
1:00 L Britton Plaza Shopping
1:30 RR Mah Jong
2:30 C Cornhole Competition
3:00 SK Happy Hour
4:00 TR Shabbat with Rabbi Rivkin
7:00 TR Evening Movie

#### 10

10:30 TH Exercise with Kisha
11:00 L Publix Shopping
1:00 DD Art/Crafts
1:00 L Britton Plaza Shopping
1:30 RR Mah Jong
2:30 C Cornhole Competition
3:00 SK Happy Hour
4:00 TR Shabbat w/ Schaarai Zedek
7:00 TR Evening Movie

#### 17

10:30 TH Exercise with Kisha
11:00 L Publix Shopping
1:00 DD Art/Crafts
1:00 L Britton Plaza Shopping
1:30 RR Mah Jong
2:30 C Cornhole Competition
3:00 SK Happy Hour
4:00 TR Shabbat with Rabbi Rivkin
7:00 TR Evening Movie

#### 24

10:30 TH Exercise with Kisha 11:00 L Publix Shopping 1:00 **DD** Art/Crafts 1:00 L Britton Plaza Shopping 1:30 RR Mah Jong 2:30 **C** Cornhole Competition 3:00 SK Happy Hour 4:00 **TR** Shabbat Services w/Rabbi Kornworcel 7:00 **TR** Evening Movie 31 10:00 **TH** The Great Community Rummage Sale 11:00 L Publix Shopping 1:00 **DD** Art/Crafts 1:00 L Britton Plaza Shopping 1:30 **RR** Mah Jong 2:30 **C** Cornhole Competition 3:00 SK Happy Hour 7:00 **TR** Evening Movie

### Saturday

#### 4

| 9:30  | L  | Shopping & Errands        |
|-------|----|---------------------------|
|       |    | Transportation Available  |
| 10:30 | TH | Chair Yoga w/Amy          |
| 11:30 | TR | Hidden Treasures with Amy |
| 1:30  | С  | Bridge                    |
| 2:00  | RR | Bingo                     |
| 3:00  | SK | Happy Hour                |
| 3:00  | SK | Saxophone with John P.    |
| 7:00  | TR | Evening Movie             |
|       |    |                           |
|       |    |                           |

#### 11

| 9:30  | L  | Shopping & Errands       |
|-------|----|--------------------------|
|       |    | Transportation Available |
| 10:30 | TH | Chair Yoga w/Amy         |
| 11:30 | TR | Who Knew ? Amy           |
|       |    | Presentation             |
| 1:30  | С  | Bridge                   |
| 2:00  | RR | Bingo                    |
| 3:00  | SK | Happy Hour               |
| 7:00  | TR | Evening Movie            |

#### 18

| 9:30  | L  | Shopping & Errands        |
|-------|----|---------------------------|
|       |    | Transportation Available  |
| 10:00 | SK | Knitting Club - Hyde Park |
| 10:30 | TH | Chair Yoga w/Amy          |
| 11:30 | TR | Hidden Treasures with Amy |
| 1:30  | С  | Bridge                    |
| 2:00  | RR | Bingo                     |
| 3:00  | SK | Happy Hour                |
| 7:00  | TR | Evening Movie             |

#### 25

| 9:30  | L  | Shopping & Errands       |
|-------|----|--------------------------|
|       |    | Transportation Available |
| 10:30 | TH | Chair Yoga w/Amy         |
| 11:30 | TR | Who Knew ? Amy           |
|       |    | Presentation             |
| 1:30  | С  | Bridge                   |
| 2:00  | RR | Bingo                    |
| 3:00  | SK | Happy Hour               |
| 3:00  | SK | Gasparilla               |
| 7:00  | TR | Evening Movie            |

## Around our Community

#### TITLE

BE ON THE LOOKOUT:

Wellness Wednesdays

Phil Leto Presentations

Sing-a-Longs

Scenic Bus Ride

Mall Shopping Trips

The Great Community

#### LOCATION K E Y

- TH Town Hall
- **C** Cafe
- TR Theater
- **DD** Do Duck In (3)
- **RR** Reading Room
- SK Sky Lounge
- L Lobby
- **OFF** Offsite