

UPCOMING COMMUNITY EVENTS



"A MAN ON THE INSIDE" SHOWING

Now showing Netflix's newest comedy: A Man On The Inside. One new episode every week on Thursday at 1:00PM in the Rollins Theatre.

A widower answers an ad from a private detective to solve a mysterious theft. Posing as a new resident, he goes deep undercover at a senior living community.

ASIAN LANTERN FESTIVAL



Unleash your wild side as we journey to dinner and then the Central Florida Zoo to discover the Asian Lantern Festival. Taking place on Friday, January 10th. Be sure to sign up ahead of time with the Lifestyles Department.

NEWS

UPCOMING OUTINGS

- 1/3 - Mens Lunch Outing
- 1/10 - Asian Lantern Festival
- 1/17 - Ladies Lunch Outing
- 1/31 - Lifestyles Lunch Outing

Allegro in Winter Park

2701 Howell Branch Road
Winter Park, FL 32792
(407) 961-7074



FLOURISH

JANUARY 2025

WHAT'S INSIDE

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Social Calendar

Pg 4
Upcoming Events + News

"THE BEST WAY TO PREDICT THE FUTURE IS TO CREATE IT."

—PETER DRUCKER

Sunday



5
9:30 **LB** St. Peter & Paul Catholic Church Shuttle
11:00 **WP** Nondenominational Church Service
11:30 **TH** TCM Sundays
11:30 **LB** Casselberry Commons
1:00 **CR** Bridge
3:00 **WP** Bean Bag Toss
6:30 **TH** Evening Movie
6:30 **L** Puzzle Partners

12
9:30 **LB** St. Peter & Paul Catholic Church Shuttle
11:00 **WP** Nondenominational Church Service
11:30 **TH** TCM Sundays
11:30 **LB** Casselberry Commons
1:00 **CR** Bridge
3:00 **WP** Bean Bag Toss
6:30 **TH** Evening Movie
6:30 **L** Puzzle Partners

19
9:30 **LB** St. Peter & Paul Catholic Church Shuttle
11:00 **WP** Nondenominational Church Service
11:30 **TH** TCM Sundays
11:30 **LB** Casselberry Commons
1:00 **CR** Bridge
3:00 **WP** Bean Bag Toss
6:30 **TH** Evening Movie
6:30 **L** Puzzle Partners

26
9:30 **LB** St. Peter & Paul Catholic Church Shuttle
11:00 **WP** Nondenominational Church Service
11:30 **TH** TCM Sundays
11:30 **LB** Casselberry Commons
1:00 **CR** Bridge
3:00 **WP** Bean Bag Toss
6:30 **TH** Evening Movie
6:30 **L** Puzzle Partners

Monday

Allegro in Winter Park

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<https://www.allegroliving.com/senior-living-winter-park-florida.html>

6
9:30 **LB** Casselberry Commons
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Casselberry Commons
11:30 **TH** Mindful Meditation
1:00 **LB** Pharmacy Shuttle
1:00 **PK** Poker
2:00 **WP** Chair Volleyball
2:30 **LB** Banks & Post Office
3:30 **B** Comfort Keepers Happy Hour
6:30 **TH** Evening Movie

13
9:30 **LB** Casselberry Commons
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Casselberry Commons
11:30 **TH** Mindful Meditation
1:00 **LB** Pharmacy Shuttle
1:00 **PK** Poker
1:30 **TH** Skin Check Event
2:00 **WP** Chair Volleyball
2:30 **LB** Banks & Post Office
3:30 **B** Happy Hour & Entertainment

20 Martin Luther King Day
9:30 **LB** Casselberry Commons
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Casselberry Commons
11:30 **TH** Mindful Meditation
1:00 **LB** Pharmacy Shuttle
1:00 **PK** Poker
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie

27
9:30 **LB** Casselberry Commons
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Casselberry Commons
11:30 **TH** Mindful Meditation
1:00 **LB** Pharmacy Shuttle
1:00 **PK** Poker
2:00 **WP** Chair Volleyball
2:30 **LB** Banks & Post Office
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie

Tuesday

7
9:30 **WP** Blood Pressure W/Sharon
10:30 **WP** Sit & Strengthen with JOY
11:30 **WP** LeftCenterRight
1:00 **CR** Rummikub
1:00 **WP** Pass the Pig
2:30 **WP** Activity Committee
3:30 **B** Scattegories Happy Hour
6:30 **TH** Evening Movie
6:30 **FP** The Backporch Band

14
9:30 **WP** Blood Pressure W/Sharon
10:30 **WP** Sit & Strengthen with JOY
11:30 **WP** LeftCenterRight
1:00 **CR** Rummikub
1:00 **WP** Crafts with Mayra
2:00 **WP** Wheel of Fortune
3:30 **B** Trivia Happy Hour
6:30 **TH** Evening Movie
6:30 **FP** The Backporch Band

21
9:30 **WP** Blood Pressure W/Sharon
10:30 **WP** Sit & Strengthen with JOY
11:30 **WP** The Butterfly Lady
1:00 **CR** Rummikub
1:30 **WP** Pass the Pig
3:30 **B** Town Hall Happy Hour
6:30 **TH** Evening Movie
6:30 **FP** The Backporch Band

28
9:30 **WP** Blood Pressure W/Sharon
10:30 **WP** Sit & Strengthen with JOY
11:30 **WP** LeftCenterRight
1:00 **CR** Rummikub
1:00 **WP** Crafts with Mayra
2:30 **B** January Birthday Social
3:30 **B** Trivia Happy Hour
6:30 **TH** Evening Movie
6:30 **FP** The Backporch Band

Wednesday

1 New Years Day
10:30 **TH** Gone with the Wind
1:00 **PK** Poker
1:00 **CR** Canasta Game
2:00 **CN** Bible Study
3:30 **B** Caring Transitions Happy Hour
6:30 **TH** Evening Movie

8
9:45 **TH** Wordle Warm Up
10:30 **WP** Kicks and Sticks
1:00 **WP** Artist in You W/Mayra
1:00 **PK** Poker
1:00 **CR** Canasta Game
1:30 **LB** Pharmacy Shuttle
2:00 **CN** Bible Study
3:30 **B** Vitas Happy Hour
6:30 **TH** Evening Movie

15
9:45 **TH** Wordle Warm Up
11:30 **WP** Cooking Demo with Pepe
1:00 **WP** Artist in You W/Mayra
1:00 **PK** Poker
1:00 **CR** Canasta Game
1:30 **LB** Pharmacy Shuttle
2:00 **CN** Bible Study
3:30 **B** Sandcastle Happy Hour
6:30 **TH** Evening Movie

22
9:45 **TH** Wordle Warm Up
10:30 **WP** Kicks & Sticks
1:00 **WP** Artist in You W/Mayra
1:00 **PK** Poker
1:00 **CR** Canasta Game
1:30 **LB** Pharmacy Shuttle
2:00 **CN** Bible Study
3:30 **B** Family/Friends Happy Hour
6:30 **TH** Evening Movie

29
9:45 **TH** Wordle Warm Up
10:30 **TH** Crossword Mania
1:00 **WP** Artist in You W/Mayra
1:00 **PK** Poker
1:00 **CR** Canasta Game
1:30 **LB** Pharmacy Shuttle
2:00 **CN** Bible Study
3:30 **B** Family/Friends Happy Hour
6:30 **TH** Evening Movie

Thursday

2
9:30 **WP** Thai Chi W/M. Robertson
10:30 **WP** Exercise with Joy
11:30 **WP** Trivial Pursuit
1:00 **CR** Bridge
1:00 **TH** A Man On The Inside
2:00 **WP** Whine for Wine
3:30 **B** Bar Bingo Happy Hour
6:30 **TH** Evening Movie
6:30 **CR** Mexican Train

9
9:30 **WP** Thai Chi W/M. Robertson
10:30 **WP** Exercise with Joy
11:30 **WP** Trivial Pursuit
1:00 **CR** Bridge
1:00 **TH** A Man On The Inside
2:00 **WP** You Be The Judge
3:30 **B** Bar Bingo Happy Hour
6:30 **TH** Evening Movie
6:30 **CR** Mexican Train

16
9:30 **WP** Thai Chi W/M. Robertson
10:30 **WP** Exercise with Joy
11:30 **WP** Trivial Pursuit
1:00 **CR** Bridge
1:00 **TH** A Man On The Inside
2:00 **WP** Whine for Wine
3:30 **B** Bar Bingo Happy Hour
6:30 **TH** Evening Movie
6:30 **CR** Mexican Train

23
9:30 **WP** Thai Chi W/M. Robertson
10:30 **WP** Exercise with Joy
11:30 **WP** Trivial Pursuit
1:00 **CR** Bridge
1:00 **TH** A Man On The Inside
2:00 **WP** You Be The Judge
3:30 **B** Bar Bingo Happy Hour
6:30 **TH** Evening Movie
6:30 **CR** Mexican Train

30
9:30 **WP** Thai Chi W/M. Robertson
10:30 **WP** Exercise with Joy
11:30 **WP** Trivial Pursuit
1:00 **CR** Bridge
1:00 **TH** A Man On The Inside
2:00 **WP** Whine for Wine
3:30 **B** Bar Bingo Happy Hour
6:30 **TH** Evening Movie
6:30 **CR** Mexican Train

Friday

3
9:30 **TH** Guided Travelogue
9:30 **CR** Mahjong
10:00 **LB** Walmart Shuttle
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Mens Lunch Outing
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie

10
9:30 **TH** Guided Travelogue
9:30 **CR** Mahjong
10:00 **LB** Kohls Shuttle
10:30 **WP** Exercise with Lifestyles
1:00 **PD** Shabbat Service
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
3:30 **LB** Asian Lantern Festival
6:30 **TH** Evening Movie

17
9:30 **TH** Guided Travelogue
9:30 **CR** Mahjong
10:00 **LB** Target Shuttle
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Ladies Lunch Outing
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie

24
9:30 **TH** Guided Travelogue
9:30 **CR** Mahjong
10:00 **LB** Trader Joes Shuttle
10:30 **WP** Exercise with Lifestyles
1:00 **LB** Altamonte Mall Shuttle
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie

31
9:30 **TH** Guided Travelogue
9:30 **CR** Mahjong
10:00 **LB** Boys & Girl Club Thrift
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Lifestyles Lunch Outing
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie

Saturday

4
9:00 **LB** Congregation Ohev Shalom Shuttle
9:30 **LB** Walk to Wellness
10:00 **LB** Pharmacy Shuttle
10:30 **WP** Chair Yoga with Joy
1:30 **WP** Bingo for Bucks
3:00 **WP** Bean Bag Toss
6:30 **TH** Evening Movie

11
9:00 **LB** Congregation Ohev Shalom Shuttle
9:30 **LB** Walk to Wellness
10:00 **LB** Pharmacy Shuttle
10:30 **WP** Chair Yoga with Joy
1:30 **WP** Bingo for Bucks
3:00 **WP** LeftCenterRight
6:30 **TH** Evening Movie

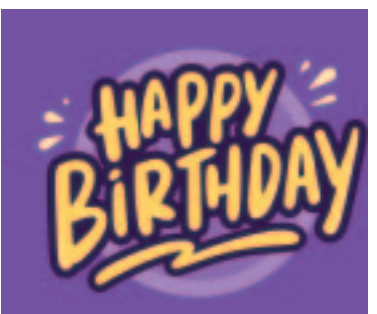
18
9:00 **LB** Congregation Ohev Shalom Shuttle
9:30 **LB** Walk to Wellness
10:00 **LB** Pharmacy Shuttle
10:30 **WP** Chair Yoga with Joy
1:30 **WP** Bingo for Bucks
3:00 **WP** Hot Coco Bar with Luz
6:30 **TH** Evening Movie

25
9:00 **LB** Congregation Ohev Shalom Shuttle
9:30 **LB** Walk to Wellness
10:00 **LB** Pharmacy Shuttle
10:30 **WP** Chair Yoga with Joy
1:30 **WP** Bingo for Bucks
3:00 **WP** Nail Hour with Luz
6:30 **TH** Evening Movie



RESIDENT BIRTHDAYS

- 1/6 Margaret Smyth
- 1/12 Banning Flynn
- 1/14 Donna Nickel
- 1/16 David Bowen
- 1/23 Lynn Updike
- 1/26 Steve Sheikh
- 1/27 Wanda Salerno
- 1/28 Barb Bugner
- 1/29 James King
- 1/29 Rudy Shipecky



LOCATION KEY

- TH** Rollins Theater
- PK** Poker Room
- CR** Card Room
- CN** Conference Room
- B** Bistro
- WP** Winter Park Room
- LB** Lobby
- L** Lounge
- FP** Fire Pit
- PD** Private Dining

Sunday



5 National Bird Day

- 10:00 AR Morning Music
- 10:30 AR Exercise with Angela
- 11:00 AR Hollywood Trivia
- 1:00 AR Netflix Showing
- 2:15 K Snack Social
- 2:30 AR Bingo with Friends
- 4:00 P Evening Chats
- 6:00 I Sunday Night Musicals

12 National Drink Tea

- 10:00 AR Morning Music
- 10:30 AR Exercise with Angela
- 11:00 AR Hollywood Trivia
- 1:00 AR Netflix Showing
- 2:15 K Tea for Two
- 2:30 AR Bingo with Friends
- 4:00 P Evening Chats
- 6:00 I Sunday Night Musicals

19

- 10:00 AR Morning Music
- 10:30 AR Exercise with Angela
- 11:00 AR Hollywood Trivia
- 1:00 AR Netflix Showing
- 2:15 K Snack Social
- 2:30 AR Bingo with Friends
- 4:00 P Evening Chats
- 6:00 I Sunday Night Musicals

26 Birthday Celebration

- 10:00 AR Morning Music
- 10:30 AR Exercise with Angela
- 11:00 AR Hollywood Trivia
- 1:00 AR Netflix Showing
- 2:15 K Birthday Social
- 2:30 AR Bingo with Friends
- 4:00 P Evening Chats
- 6:00 I Sunday Night Musicals

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6

- 9:00 AR Morning Music
- 10:30 AR Morning Wake up
- 11:00 E Exercise with Angela
- 1:00 AR Residents choice
- 2:00 K Snack Attack
- 3:00 AR Balloon Volleyball
- 4:30 P Evening Walk
- 6:00 AR Action Movie Monday

13

- 9:00 AR Morning Music
- 10:30 AR Morning Wake up
- 11:00 E Exercise with Angela
- 1:00 AR Residents choice
- 2:00 K Snack Attack
- 3:00 AR Balloon Volleyball
- 4:30 P Evening Walk
- 6:00 AR Action Movie Monday

20

- 9:00 AR Morning Music
- 10:30 AR Morning Wake up
- 11:00 E Exercise with Angela
- 1:00 AR Residents choice
- 2:00 K Snack Attack
- 3:00 AR Balloon Volleyball
- 4:30 P Evening Walk
- 6:00 AR Action Movie Monday

27 Birthday Celebration

- 9:00 AR Morning Music
- 10:30 AR Morning Wake up
- 11:00 E Exercise with Angela
- 1:00 AR Residents choice
- 2:00 K Birthday Social
- 3:00 AR Entertainment with Alex
- 4:30 P Evening Walk
- 6:00 AR Action Movie Monday

Tuesday

7

- 9:45 S Salon Day
- 10:00 AR Drumming to the Beat
- 11:00 E Morning Exercise
- 1:00 AR Discovering Earth
- 2:30 K Chef's Choice!
- 3:00 P Community Walk
- 4:00 P Residents Choice
- 6:00 AR Tuesday Night Comedy Movie

14 National Bagel Day

- 9:45 S Salon Day
- 10:00 AR Drumming to the Beat
- 11:00 E Morning Exercise
- 1:00 AR Discovering Earth
- 2:30 K Bagel and Cream
- 3:00 LI Community Walk
- 4:00 P Residents Choice
- 6:00 AR Tuesday Night Comedy Movie

21

- 9:45 S Salon Day
- 10:00 AR The Butterfly Lady
- 11:00 E Morning Exercise
- 1:00 AR Discovering Earth
- 2:30 K Chef's Choice!
- 3:00 P Community Walk
- 4:00 P Residents Choice
- 6:00 AR Tuesday Night Comedy Movie

28

- 9:45 S Salon Day
- 10:00 AR Drumming to the Beat
- 11:00 E Morning Exercise
- 1:00 AR Discovering Earth
- 2:30 K Chef's Choice!
- 3:00 LI Community Walk
- 4:00 P Residents Choice
- 6:00 AR Tuesday Night Comedy Movie

Wednesday

1 New Years Day

- 10:00 AR Morning Stretch
- 10:30 AR Song Quiz
- 11:00 WP Balloon Volleyball
- 1:15 P IN2L Showing
- 2:00 K Snack Attack
- 2:15 AR Aerobics with Helen
- 3:00 O Scenic Drive
- 6:00 AR Western Movie Wednesday

8

- 10:00 AR Morning Stretch
- 10:30 AR Song Quiz
- 11:00 AR Ballroom Joe
- 1:15 P IN2L Showing
- 2:00 K Snack Attack
- 3:00 O Scenic Drive
- 5:00 P Resident Choice
- 6:00 AR Western Movie Wednesday

15

- 10:00 AR Morning Stretch
- 10:30 AR Song Quiz
- 11:00 WP Balloon Volleyball
- 1:15 P IN2L Showing
- 2:00 K Snack Attack
- 2:15 AR Aerobics with Helen
- 3:00 O Scenic Drive
- 6:00 AR Western Movie Wednesday

22 Blond Brownie Day

- 10:00 AR Morning Stretch
- 10:30 AR Song Quiz
- 11:00 AR Ballroom Joe
- 1:15 P IN2L Showing
- 2:00 K Brownies
- 3:00 O Scenic Drive
- 5:00 P Resident Choice
- 6:00 AR Western Movie Wednesday

29 Birthday Celebration

- 10:00 AR Morning Stretch
- 10:30 AR Song Quiz
- 11:00 WP Balloon Volleyball
- 1:15 P IN2L Showing
- 2:00 K Birthday Social
- 3:00 O Scenic Drive
- 5:00 P Resident Choice
- 6:00 AR Western Movie Wednesday

Thursday

2

- 9:45 TH Rollins Theater
- 10:00 AR Morning Wake Up
- 11:15 P Chats on the Patio
- 1:00 I Netflix Showing
- 2:00 K Snack Social
- 3:00 K DIY Picture Frames
- 4:15 AR Evenings Laughs
- 6:00 AR Classic Movie Thursdays

9

- 10:00 AR Morning Wake Up
- 10:30 AR Morning Stretch
- 11:15 P Chats on the Patio
- 1:00 I Netflix Showing
- 2:00 K Snack Social
- 3:00 K Cardinal Button Craft
- 4:15 AR Evenings Laughs
- 6:00 AR Classic Movie Thursdays

16

- 9:45 TH Rollins Theater
- 10:00 AR Morning Wake Up
- 11:15 P Chats on the Patio
- 1:00 I Netflix Showing
- 2:00 K Snack Social
- 3:00 K Winnie the Poor Art
- 4:15 AR Evenings Laughs
- 6:00 AR Classic Movie Thursdays

23

- 10:00 AR Morning Wake Up
- 10:30 AR Morning Stretch
- 11:15 P Chats on the Patio
- 1:00 I Netflix Showing
- 2:00 K Snack Social
- 3:00 K Mosaic Tile Craft
- 4:15 AR Evenings Laughs
- 6:00 AR Classic Movie Thursdays

30

- 9:45 TH Rollins Theater
- 10:00 AR Morning Wake Up
- 11:15 P Chats on the Patio
- 1:00 I Netflix Showing
- 2:00 K Snack Social
- 3:00 K Adult Coloring
- 4:15 AR Evenings Laughs
- 6:00 AR Classic Movie Thursdays

Friday

3

- 10:00 P Instrumix
- 10:45 AR Balloon Volleyball
- 11:30 AR Morning Exercise
- 1:00 I Residents Choice
- 2:00 K Snack Hour
- 2:30 K Bingo
- 3:00 AR Entertainment with Tommy
- 6:00 Mystery Movie Friday

10 Bittersweet Chocolate

- 10:00 P Morning Affirmations
- 10:30 AR Balloon Volleyball
- 11:15 AR Morning Exercise
- 1:00 I Residents Choice
- 2:00 K Chocolate Hour
- 2:30 K Bingo
- 3:30 AR Entertainment with Tina
- 6:00 Mystery Movie Friday

17

- 10:00 P Instrumix
- 10:45 AR Balloon Volleyball
- 11:30 AR Morning Exercise
- 1:00 I Residents Choice
- 2:00 K Snack Hour
- 2:30 K Bingo
- 3:30 AR Entertainment with Deanna
- 6:00 Mystery Movie Friday

24

- 10:00 P Morning Affirmations
- 10:30 AR Balloon Volleyball
- 11:15 AR Morning Exercise
- 1:00 I Residents Choice
- 2:00 K Snack Hour
- 2:30 K Bingo
- 3:30 P Residents Choice
- 6:00 AR Mystery Movie Friday

31

- 10:00 P Morning Affirmations
- 10:30 AR Balloon Volleyball
- 11:15 AR Morning Exercise
- 1:00 I Residents Choice
- 2:00 K Snack Hour
- 2:30 K Bingo
- 4:00 P Residents Choice
- 6:00 AR Mystery Movie Friday

Saturday

4

- 10:00 AR Mindful Meditation
- 10:30 AR Pictionary
- 11:00 AR Morning Stretch
- 1:30 AR IN2L Showing
- 2:30 K Spilling the Tea
- 3:00 K Table Ball
- 4:00 K Ready Set Puzzle
- 6:00 I Saturday Night Thriller

11

- 10:00 AR Pet Therapy
- 10:30 AR Mindful Meditation
- 11:00 AR Morning Stretch
- 1:30 AR IN2L Showing
- 2:30 K Spilling the Tea
- 3:00 K Table Ball
- 4:00 K Ready Set Puzzle
- 6:00 I Saturday Night Thriller

18 Winnie the Pooh Day

- 10:00 AR Mindful Meditation
- 10:30 AR Pictionary
- 11:00 AR Morning Stretch
- 1:30 AR Winnie the Pooh Showing
- 2:30 K Spilling the Tea
- 3:00 K Table Ball
- 4:00 K Ready Set Puzzle
- 6:00 I Saturday Night Thriller

25

- 10:00 AR Mindful Meditation
- 10:30 AR Pictionary
- 11:00 AR Morning Stretch
- 1:30 AR IN2L Showing
- 2:30 K Spilling the Tea
- 3:00 K Table Ball
- 4:00 K Ready Set Puzzle
- 6:00 I Saturday Night Thriller



January

Here's to a new year and a fun month to start of the year.

January is set to be filled with celebrations and engaging activities.

We have several birthdays to honor, help me wish a Happy Birthday to Steve on the 26th, Wanda on the 27th and Rudy on the 29th.

Our calendar this month is packed with fun crafts and special themed days.

We aim to create a warm and welcoming atmosphere.



LOCATION KEY

- AR Activity Room
- WP Winter Park Room
- P Patio
- K Kitchen
- O Outing
- TH Rollins Theater
- I iN2L
- E Exercise
- S Salon
- LI Library