

UPCOMING COMMUNITY EVENTS



TED TALKS

Friday, July 11th @ 3:00 PM Ken Robinson - “ Do Schools Kill Creativity?”  
Friday, July 18th @ 3:00 PM James Veitch - “This is What Happens When You Reply to Spam Email.”  
Friday, July 25th @ 3:00 PM Julian Treasure - “ How to Speak So People Want to Listen.”

UFO SIGHTINGS IN CT

SATURDAY, JULY 12 @ 3:00 PM

History of UFO’s in Connecticut: Past and Present. The presentation will look at some of the current and historical sightings in the State of Connecticut, as well as in the surrounding area. Michael Panicello, a UFO researcher and investigator with over 30 years of experiences in the field, is the current State Director of Connecticut Mutual UFO Network.

**Evergreen Walk**  
1000 Cottonwood Ln  
South Winsor, CT 06074  
(781) 226-2002



FLOURISH

JULY 2025



WHAT’S INSIDE

Pg 2-3  
Social Calendar

Pg 4  
Upcoming Events + News

*“AND I’M PROUD TO BE AN AMERICAN, WHERE AT LEAST I KNOW I’M FREE. AND I WON’T FORGET THE MEN WHO DIED, WHO GAVE THAT RIGHT TO ME.”*

—LEE GREENWOOD



Sunday

Evergreen Walk - AL

1000 Cottonwood Ln  
South Windsor, CT 06074  
(781) 226-2002

www.allegroliving.com/communities/south-windsor-ct

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our  
Community

Happy Birthday!

Residents:

Elda 7/13

Lenie 7/16

Judy 7/19

Roberta 7/29

Jean 7/31

Associates:

Amy 7/2

Rosemarie 7/5

Millie 7/6

Helia 7/9

Lynn 7/12

Isaul 7/19

Kaylee 7/20

Rachel 7/23

Nicole 7/23

Judith 7/29

Nysheka 7/31

LOCATION  
KEY

- TT Theatre
- B Bistro
- GG Gym
- IP Interior Patio
- CR Club Room
- GR Game Room
- E Encore Bar & Lounge
- ML Main Lobby
- LI Library
- R Restaurant

6

10:00 TT Sunday Mass  
10:30 B Daily Wordsearch  
11:00 GG Sunday Stretch  
1:30 GG QiGong with Marivic  
2:30 TT The Story of Washington DC  
3:30 TT Scrabble  
6:30 TT Movie

13

10:00 TT Sunday Mass  
10:30 B Daily Wordsearch  
11:00 GG Sunday Stretch  
1:30 GG Chair Volleyball  
2:30 BP Patio Conversation  
3:30 TT Scrabble  
6:30 TT Movie

20 Moon Day

10:00 TT Sunday Mass  
10:30 B Daily Wordsearch  
11:00 GG Sunday Stretch  
1:30 GG Chair Soccer  
2:30 TT History of Apollo 11  
3:30 TT Scrabble  
6:30 TT Movie

27

10:00 TT Sunday Mass  
10:30 B Daily Wordsearch  
11:00 GG Sunday Stretch  
1:30 GG QiGong with Marivic  
2:30 BP Patio Conversation  
3:30 TT Scrabble  
6:30 TT Movie

7

Rock 'N Roll Day  
10:00 GG Get Fit Exercise  
10:30 B Daily Wordsearch  
11:00 CR Morning Chat – Independent  
11:00 TT Rock N Roll Trivia  
1:30 LI Book Club: Choose Your Own  
3:00 TT Rock N Roll PBS Series  
6:30 TT Movie

14

10:00 GG Get Fit Exercise  
10:30 TT Wreath Making w/Donna and Kim  
11:00 CR Morning Chat – Independent  
1:30 TT Cornhole  
2:30 TT 50 Greatest Manmade Wonders  
3:30 IP Happy Hour on the Patio  
6:30 TT Movie

21

10:00 GG Get Fit Exercise  
10:30 B Daily Wordsearch  
11:00 CR Morning Chat – Independent  
1:30 LI Book Club: Choose Your Own  
2:00 TT Wonders of China  
3:30 IP Happy Hour on the Patio  
6:30 TT Movie

28

10:00 GG Get Fit Exercise  
10:30 B Daily Wordsearch  
11:00 CR Morning Chat – Independent  
1:30 LI Cornhole  
2:00 TT Wonders of the Caribbean  
3:30 IP Happy Hour on the Patio  
6:30 TT Movie

8

Freezer Pop Day  
10:00 TT Mass with Communion & Rosary  
10:30 GG Stretch it Out  
11:00 TT Jeopardy  
1:30 R Food/Beverage Discussion  
2:00 TT NYT Wordle & More  
3:00 TT Bingo  
3:00 B Rummikib – Independent  
3:30 IP Popsicles on the Patio  
6:30 TT Movie

15

Christmas in July  
10:00 TT Mass with Communion & Rosary  
10:30 GG Stretch it Out  
11:00 GG Fox Rehab Health Talk  
1:00 E Resident Choir Rehearsal  
2:00 TT Christmas Ornament Craft  
3:00 B Rummikib – Independent  
3:00 TT Christmas Bingo  
3:30 E Happy Hour on the Patio  
6:30 TT Movie

22

10:00 TT Mass with Communion & Rosary  
10:30 B Daily Wordsearch  
11:00 TT Watercolors w/Paul  
1:30 GG Stretch it Out  
2:00 TT Resident Council  
3:00 TT Bingo  
3:00 B Rummikib – Independent  
3:30 IP Happy Hour on the Patio  
6:30 TT Movie

29

10:00 TT Mass w/Communion/Rosary  
10:30 GG Stretch it Out  
11:00 TT Jeopardy  
1:00 E Resident Choir Rehearsal  
1:30 GG Stretch it Out  
2:00 TT NYT Wordle & More  
3:00 TT Bingo  
3:00 B Rummikib – Independent  
3:30 IP Happy Hour on the Patio  
6:30 TT Movie

9

10:00 GG Sunrise Stretch  
10:30 B Daily Wordsearch  
11:00 TT Family Fued  
1:30 TT Art Workshop w/Lorraine  
2:30 TT What's Your Verdict?  
3:00 CR Poker – Independent  
3:30 E Wine Down Happy Hour  
6:30 TT Movie

16

10:00 GG Sunrise Stretch  
10:30 GG Health Talk w/Kylie  
11:00 TT Family Fued  
1:30 TT Art Workshop w/Lorraine  
2:00 CR Veteran's Group  
3:00 GR Bowling  
3:00 CR Poker – Independent  
3:45 E Wine Down Happy Hour  
6:30 TT Movie

23

10:00 GG Sunrise Stretch  
10:30 TT Oil Painting w/Briana  
1:30 TT Art Workshop w/Lorraine  
3:00 GR Bowling  
3:00 CR Poker – Independent  
3:45 E Wine Down Happy Hour  
6:30 TT Movie

30

10:00 GG Sunrise Stretch  
10:30 B Daily Wordsearch  
1:30 TT Art Workshop w/Lorraine  
3:00 GR Bowling  
3:00 CR Poker – Independent  
3:45 E Wine Down Happy Hour  
6:30 TT Movie

2

1/2 Way Through 2025  
10:00 GG Sunrise Stretch  
10:30 B Daily Wordsearch  
11:00 TT Calendar Committee  
1:30 TT Jeff the Plant Guy  
3:00 CR Poker – Independent  
3:00 GR Bowling  
3:45 E Wine Down Happy Hour  
6:30 TT Movie

3

10:00 GG Stretch It Out Exercise  
10:30 B Daily Wordsearch  
11:00 B Baking with Nicole  
1:30 ML Outdoor Walk  
2:00 TT What's the Scoop?  
3:00 TT Benjamin Franklin Biography  
3:00 GR Set Back Card Game  
4:00 IP Happy Hour on the Patio  
6:30 TT Movie

10

10:00 GG Stretch It Out Exercise  
10:30 B Daily Wordsearch  
11:00 B Baking with Nicole  
1:30 ML Outdoor Walk  
2:00 TT Where in the World  
3:00 GR Set Back Card Game  
3:00 TT Smithsonian Stories from the Vaults  
5:30 Dance Party with DJ Steph  
6:30 TT Movie

17

10:00 GG Stretch It Out Exercise  
10:30 B Daily Wordsearch  
11:00 B Baking with Nicole  
1:30 ML Outdoor Walk  
2:00 TT Bocce Ball  
3:00 GR Set Back Card Game  
3:00 TT Smithsonian Stories from the Vaults  
4:00 IP Happy Hour on the Patio  
6:30 TT Movie

24

Drive In Movie Day  
10:00 GG Stretch It Out Exercise  
10:30 B Daily Wordsearch  
11:00 B Baking with Nicole  
1:30 ML Outdoor Walk  
2:00 E Monthly Birthdays w/Ashly Cruz  
3:00 GR Set Back Card Game  
3:00 TT Drive in Movie Memories  
4:00 IP Happy Hour on the Patio  
6:30 TT Indoor Drive in Movie

31

10:00 GG Stretch It Out Exercise  
10:30 B Daily Wordsearch  
11:00 B Baking with Nicole  
1:00 TT Community Update Meeting  
2:00 TT Pokeno  
3:00 GR Set Back Card Game  
3:00 TT Smithsonian Stories rom the Vaults  
4:00 IP Happy Hour on the Patio  
6:30 TT Movie



4

Independence Day  
10:00 GG Friday Exercise Fun  
10:30 B Daily Wordsearch  
11:00 TT Gratitude Circle  
2:00 TT Independence Day Facts & Trivia  
3:00 TT US Army Band Concert  
4:00 IP Happy Hour on the Patio  
6:30 TT Movie

11

10:00 GG Friday Exercise Fun  
10:30 B Daily Wordsearch  
11:00 TT Gratitude Circle  
11:45 ML Out Trip: Maggie McFly's  
2:00 TT Craft with Amy  
3:00 TT Ted Talk & Discussion  
4:00 IP Happy Hour on the Patio  
6:30 TT Movie

18

10:00 GG Friday Exercise Fun  
10:30 B Daily Wordsearch  
11:00 TT Gratitude Circle  
2:00 TT Craft with Amy  
3:00 TT Ted Talk & Discussion  
4:00 IP Happy Hour on the Patio  
6:30 TT Movie

25

10:00 GG Friday Exercise Fun  
10:30 B Daily Wordsearch  
11:00 TT Gratitude Circle  
11:30 MR Order In: Sun Sun Chinese  
2:00 TT Craft with Amy  
3:00 TT Ted Talk & Discussion  
4:00 IP Happy Hour on the Patio  
6:30 TT Movie

5

10:00 GG Rock 'n Exercise  
10:30 B Daily Wordsearch  
11:00 TT Whiteboard Word Game  
2:00 TT Bingo Extravaganza  
3:00 TT Concert: A Capital Fourth  
6:30 TT Movie

12

10:00 GG Rock 'n Exercise  
10:30 B Daily Wordsearch  
11:00 TT Whiteboard Word Game  
2:00 TT Bingo Extravaganza  
3:00 TT Michael Panilcello: History of UFO's in Connecticut  
6:30 TT Movie

19

10:00 GG Rock 'n Exercise  
10:30 B Daily Wordsearch  
11:00 TT Whiteboard Word Game  
2:00 TT Bingo Extravaganza  
3:00 TT Concert: Elvis Presley Aloha from Hawaii  
6:30 TT Movie

26

10:00 GG Rock 'n Exercise  
10:30 B Daily Wordsearch  
11:00 TT Whiteboard Word Game  
2:00 TT Bingo Extravaganza  
3:00 TT Concert: Ann Murray (2003)  
6:30 TT Movie

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our  
Community

Evergreen Walk - Ensemble

1000 Cottonwood Ln  
South Windsor, CT 06074  
(781) 226-2002

www.allegroliving.com/communities/south-windsor-ct

6

9:30 **BL** Morning News and Updates  
10:00 **FL** Celebration/Eucharist  
10:30 **FL** Virtual Workout  
11:00 **FL** Today's History: July 6th  
1:30 **FL** Card Game: Show and Tell  
2:30 **BL** Summer Spritz & Sweets  
3:30 **BL** The Daily Chronicles  
4:00 **BL** Sunday Concert: Mozart  
5:30 **BL** Evening Story Telling

13

9:30 **BL** Morning News and Updates  
10:00 **FL** Celebration/Eucharist  
10:30 **FL** Virtual Workout  
11:00 **FL** Today's History: July 13th  
1:30 **FL** Card Game: Show and Tell  
2:30 **BL** Summer Spritz & Sweets  
3:30 **BL** The Daily Chronicles  
4:00 **BL** Sunday Concert: Mozart  
5:30 **BL** Evening Story Telling

20

9:30 **BL** Morning News and Updates  
10:00 **FL** Celebration/Eucharist  
10:30 **FL** Virtual Workout  
11:00 **FL** Today's History: July 20th  
1:30 **FL** Card Game: Show and Tell  
2:30 **BL** Summer Spritz & Sweets  
3:30 **BL** The Daily Chronicles  
4:00 **BL** Sunday Concert: Mozart  
5:30 **BL** Evening Story Telling

27

9:30 **BL** Morning News and Updates  
10:00 **FL** Celebration/Eucharist  
10:30 **FL** Virtual Workout  
11:00 **FL** Today's History: July 27th  
1:30 **FL** Card Game: Show and Tell  
2:30 **BL** Summer Spritz & Sweets  
3:30 **BL** The Daily Chronicles  
4:00 **BL** Sunday Concert: Mozart  
5:30 **BL** Evening Story Telling

7

9:30 **FL** Coffee and Conversation  
10:00 **FL** Mass w/Catholic Archdiocese  
10:30 **FL** Morning Shake Out  
11:00 **BL** Whiteboard: Words w/Juice  
1:30 **PG** Patio Stories w/Staff  
2:30 **PG** Mocktail on the Patio  
3:30 **BL** Where in the World  
4:00 **BL** Monday Music Memories  
5:30 **BL** Movie and Popcorn

14

9:30 **FL** Coffee and Conversation  
10:00 **FL** Mass w/Catholic Archdiocese  
10:30 **FL** Morning Shake Out  
11:00 **BL** Whiteboard: Words w/Fruits  
1:30 **PG** Patio Stories w/Staff  
2:30 **PG** Mocktail on the Patio  
3:30 **BL** Where in the World  
4:00 **BL** Monday Music Memories  
5:30 **BL** Movie and Popcorn

21

9:30 **FL** Coffee and Conversation  
10:00 **FL** Mass w/Catholic Archdiocese  
10:30 **FL** Morning Shake Out  
11:00 **BL** Whiteboard: Words w/Colors  
1:30 **PG** Patio Stories w/Staff  
2:30 **PG** Mocktail on the Patio  
3:30 **BL** Where in the World  
4:00 **BL** Monday Music Memories  
5:30 **BL** Movie and Popcorn

28

9:30 **FL** Coffee and Conversation  
10:00 **FL** Mass w/Catholic Archdiocese  
10:30 **FL** Morning Shake Out  
11:00 **BL** Whiteboard: Words w/Joy  
1:30 **PG** Patio Stories w/Staff  
2:30 **PG** Mocktail on the Patio  
3:30 **BL** Where in the World  
4:00 **BL** Monday Music Memories  
5:30 **BL** Movie and Popcorn

1

9:30 **FL** Wheel of Fortune  
10:00 **BL** Mass w/St. Margret Mary  
10:30 **B** Bake w/Nicole: Kiss Cookies  
1:30 **SL** Music w/Jose Paulo  
2:30 **FL** Craft Corner: Adult Coloring  
3:30 **BL** Landmark Sightseeing  
4:00 **BL** Fun Exercising/W Maureen  
5:30 **BL** Reminiscing: July Gazette

8

9:30 **FL** Wheel of Fortune  
10:00 **BL** Mass/Communion w/St. Margret Mary  
10:30 **KA** Bake w/Nicole: Yogurt Fruit Tarts  
1:30 **SL** Craft Corner: Making Gnomes  
3:30 **BL** Landmark Sightseeing  
4:00 **BL** Fun Exercising/W Maureen  
5:30 **BL** Reminiscing: July Gazette

15

9:30 **FL** Wheel of Fortune  
10:00 **BL** Mass/Communion w/St. Margret Mary  
10:30 **KA** Bake w/Nicole: Jello Fruit Bowl  
10:30 **SL** Craft Corner: Watercolors w/Paul  
3:30 **BL** Landmark Sightseeing  
4:00 **BL** Fun Exercising/W Maureen  
5:30 **BL** Reminiscing: July Gazette

22

9:30 **FL** Wheel of Fortune  
10:00 **BL** Mass/Communion w/St. Margret Mary  
10:30 **B** Bake w/Nicole: Banana Oat Muffins  
1:30 **SL** Craft Corner: Making Summer Fans  
3:30 **BL** Landmark Sightseeing  
4:00 **BL** Fun Exercising/W Maureen  
5:30 **BL** Reminiscing: July Gazette

29

9:30 **FL** Wheel of Fortune  
10:00 **BL** Mass/Communion w/St. Margret Mary  
10:30 **B** Bake w/Nicole: Apple Oatmeal Muffins  
2:30 **SL** Music w/Ashly Cruz  
3:30 **BL** Landmark Sightseeing  
4:00 **BL** Fun Exercising/W Maureen  
5:30 **BL** Reminiscing: July Gazette

2

9:30 **BL** Morning News and Updates  
10:00 **FL** Daily Mass TV  
11:00 **BL** Cardio Blast w/Lifestyle  
1:30 **PG** Patio Cornhole Tournament  
2:00 **PG** I Spy in the Garden  
2:30 **BL** Coffee and Jazz  
3:30 **BL** Cruising Down Main Street  
4:00 **FL** Midweek Music Circle  
5:00 **FL** Comedy Hour

9

9:30 **BL** Morning News and Updates  
10:00 **FL** Daily Mass TV  
10:30 **B** Out Trip: Coffee w/Scones  
11:00 **BL** Cardio Blast w/Lifestyle  
1:30 **PG** Patio Cornhole Tournament  
2:00 **PG** I Spy in the Garden  
2:30 **BL** Coffee and Jazz  
3:30 **BL** Cruising Down Main Street  
4:00 **FL** Midweek Music Circle  
5:00 **FL** Comedy Hour

16

9:30 **BL** Morning News and Updates  
10:00 **FL** Daily Mass TV  
11:00 **BL** Cardio Blast w/Lifestyle  
1:30 **PG** Patio Cornhole Tournament  
2:00 **PG** I Spy in the Garden  
2:30 **BL** Coffee and Jazz  
3:30 **BL** Cruising Down Main Street  
4:00 **FL** Midweek Music Circle  
5:00 **FL** Comedy Hour

23

9:30 **BL** Morning News and Updates  
10:00 **FL** Daily Mass TV  
10:30 **B** Out Trip: Tea and Scones  
11:00 **BL** Cardio Blast w/Lifestyle  
1:30 **PG** Patio Cornhole Tournament  
2:00 **PG** I Spy in the Garden  
2:30 **BL** Coffee and Jazz  
3:30 **BL** Cruising Down Main Street  
4:00 **FL** Midweek Music Circle  
5:00 **FL** Comedy Hour

30

9:30 **BL** Morning News and Updates  
10:00 **FL** Daily Mass TV  
10:30 **PG** Out Trip: Bird Watching  
11:00 **BL** Cardio Blast w/Lifestyle  
1:30 **PG** Patio Cornhole Tournament  
2:00 **PG** I Spy in the Garden  
2:30 **BL** Coffee and Jazz  
3:30 **BL** Cruising Down Main Street  
4:00 **FL** Midweek Music Circle  
5:00 **FL** Comedy Hour

3

9:30 **BL** Price Is Right  
10:00 **FL** Mass w/Catholic Archdiocese  
10:30 **FL** Tone Up Thursday  
11:00 **FL** Today's Daily: Chronicles  
1:30 **PG** Noddle Soccer w/Lifestyle  
2:30 **FL** Qwirkle Mix w/Match Game  
3:30 **BL** Rick Steves: Hawaii  
4:00 **BL** Oldies but Goodies  
5:30 **BL** Ensemble on Broadway

10

9:30 **BL** Price Is Right  
10:00 **FL** Mass w/Catholic Archdiocese  
10:30 **FL** Tone Up Thursday  
11:00 **FL** Today's Daily: Chronicles  
1:30 **PG** Noddle Soccer w/Lifestyle  
2:30 **FL** Qwirkle Mix w/Match Game  
3:30 **BL** Rick Steves: Spain  
4:00 **BL** Oldies but Goodies  
5:30 **BL** Ensemble on Broadway

17

9:30 **BL** Price Is Right  
10:00 **FL** Mass w/Catholic Archdiocese  
10:30 **FL** Tone Up Thursday  
11:00 **FL** Today's Daily: Chronicles  
1:30 **PG** Noddle Soccer w/Lifestyle  
2:30 **FL** Qwirkle Mix w/Match Game  
3:30 **BL** Rick Steves: Hawaii  
4:00 **BL** Oldies but Goodies  
5:30 **BL** Ensemble on Broadway

24

9:30 **BL** Price Is Right  
10:00 **FL** Mass w/Catholic Archdiocese  
10:30 **FL** Tone Up Thursday  
11:00 **FL** Today's Daily: Chronicles  
1:30 **PG** Noddle Soccer w/Lifestyle  
2:30 **FL** Qwirkle Mix w/Match Game  
3:30 **BL** Rick Steves: Spain  
4:00 **FL** Drive in Movie Day: Trivia  
5:30 **BL** Ensemble on Broadway

31

9:30 **BL** Price Is Right  
10:00 **FL** Mass w/Catholic Archdiocese  
10:30 **FL** Tone Up Thursday  
11:00 **FL** Today's Daily: Chronicles  
1:30 **PG** Noddle Soccer w/Lifestyle  
2:30 **FL** Qwirkle Mix w/Match Game  
3:30 **BL** Rick Steves: Hawaii  
4:00 **BL** Oldies but Goodies  
5:30 **BL** Ensemble on Broadway

4

Independence Day  
9:30 **BL** Coffee and Conversation  
10:00 **FL** Celebration/ of Eucharist  
10:30 **FL** Functional Fitness Friday  
10:30 **FL** Photographic: Card Games  
1:30 **PG** Volleyball on the Patio  
2:30 **PG** Pop's on the Patio  
3:30 **BL** Invention: The Telephone  
4:00 **BL** Karaoke: Music Circle  
5:30 **BL** Brews & Blues

11

9:30 **BL** Coffee and Conversation  
10:00 **FL** Celebration/ of Eucharist  
10:30 **FL** Functional Fitness Friday  
10:30 **FL** Photographic: Card Games  
1:30 **PG** Volleyball on the Patio  
2:30 **PG** Pop's on the Patio  
3:30 **BL** Invention: The Typewriter  
4:00 **BL** Funky Friday Karaoke  
5:30 **BL** Brews & Blues

18

9:30 **BL** Coffee and Conversation  
10:00 **FL** Celebration/ of Eucharist  
10:30 **FL** Functional Fitness Friday  
10:30 **FL** Photographic: Card Games  
1:30 **PG** Volleyball on the Patio  
2:30 **PG** Pop's on the Patio  
3:30 **BL** Invention: The Wagon Wheel  
4:00 **BL** Funky Friday Karaoke  
5:30 **BL** Brews & Blues

25

9:30 **BL** Coffee and Conversation  
10:00 **FL** Celebration/ of Eucharist  
10:30 **FL** Functional Fitness Friday  
10:30 **FL** Photographic: Card Games  
1:30 **PG** Volleyball on the Patio  
2:30 **PG** Pop's on the Patio  
3:30 **BL** Invention: The Camera  
4:00 **BL** Funky Friday Karaoke  
5:30 **BL** Brews & Blues

5

9:30 **BL** Morning News and Updates  
10:00 **FL** Holy Mass – On Air  
10:30 **FL** Strength Saturdays  
11:00 **FL** All About: Fire Trucks  
1:30 **PG** Music & Movement  
2:00 **FL** Coloring Corner  
4:00 **FL** Sensory Station Exploration  
5:00 **RA** Weekend Reminiscing

12

9:30 **BL** Morning News and Updates  
10:00 **FL** Holy Mass – On Air  
10:30 **FL** Strength Saturdays  
11:00 **FL** All About: Hand Soap  
1:30 **PG** Music & Movement  
2:00 **FL** Coloring Corner  
4:00 **FL** Sensory Station Exploration  
5:00 **RA** Weekend Reminiscing

19

9:30 **BL** Morning News and Updates  
10:00 **FL** Holy Mass – On Air  
10:30 **FL** Strength Saturdays  
11:00 **FL** All About: Dump Trucks  
1:30 **PG** Music & Movement  
2:00 **FL** Coloring Corner  
4:00 **FL** Sensory Station Exploration  
5:00 **RA** Weekend Reminiscing

26

9:30 **BL** Morning News and Updates  
10:00 **FL** Holy Mass – On Air  
10:30 **FL** Strength Saturdays  
11:00 **FL** All About: Woodwork  
1:30 **PG** Music & Movement  
2:00 **FL** Coloring Corner  
4:00 **FL** Sensory Station Exploration  
5:00 **RA** Weekend Reminiscing

July Birthday's

Doris O - 7/6

Theresa G - 7/6

Happy Birthday to residents, families and staff celebrating this month!

July Birthstone: "Ruby"

"Ruby" is derived from the Latin rubeus, which means "red."

This gem is a red form of corundum; all other colors are sapphires.

LOCATION  
KEY

**FL** Front Living Room  
**BL** Back Living Room  
**B** Bistro  
**SL** Side Living Room  
**PG** Patio Garden  
**RA** Restaurant Area  
**KA** Kitchen Area





Sunday

Evergreen Walk - Interlude

1000 Cottonwood Ln  
South Windsor, CT 06074  
(781) 226-2002

www.allegroliving.com/communities/south-windsor-ct

Interlude

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our  
Community

Happy July!



Special Days this Month:

7/4: Fourth of July

7/7: Rock n’ Roll Day

7/15: Christmas in July Day

7/20: Moon Day

LOCATION  
KEY

- TH Theater Area
- LR Living Room
- ML Main Lobby
- RA Restaurant Area
- PG Patio Garden
- GG Gym
- FL Front Living Room
- E Encore Bar & Lounge

6

10:00 TH Live Stream Mass  
11:00 LR Sunday Stretch  
1:30 GG Qigong with Marivic  
2:30 PG Garden Party Games  
3:00 FL Manicures & Nail Care  
4:00 TH The Carol Burnett Show  
6:00 TH Movie

13

10:00 TH Live Stream Mass  
11:00 LR Sunday Stretch  
1:00 LR Pool Noodle Balloon Game  
2:00 PG Garden Club  
3:00 FL Manicures & Nail Care  
4:00 TH The Carol Burnett Show  
6:00 TH Movie

20

Moon Day

10:00 TH Live Stream Mass  
11:00 LR Sunday Stretch  
1:00 LR Moon Day Craft  
2:30 PG Sunshine & Songs  
3:00 FL Manicures & Nail Care  
4:00 TH The Carol Burnett Show  
6:00 TH Movie

27

10:00 TH Live Stream Mass  
11:00 LR Sunday Stretch  
1:30 Qigong with Marivic  
2:00 PG Garden Club  
3:00 FL Manicures & Nail Care  
4:00 TH The Carol Burnett Show  
6:00 TH Movie

7

Rock n’ Roll Day

10:00 TH Get Fit Exercise  
10:30 LR Word Search Challenge  
11:00 This Day in History  
1:00 Cornhole  
2:00 That’s It! Game  
3:00 Rock n’ Roll Sing-A-Long  
4:00 Virtual Vacation: Mount Rushmore  
6:00 Classic TV Game Shows

14

10:00 TH Get Fit Exercise  
10:30 Drum Circle with Maggie  
11:00 Current Events  
1:00 Lawn Games  
2:00 Over or Under?  
3:00 Pictionary  
4:00 Virtual Vacation: Statue of Liberty  
6:00 Classic TV Game Shows

21

10:00 TH Get Fit Exercise  
10:30 LR Word Search Challenge  
11:00 This Day in History  
1:00 Cornhole  
2:00 Joe Name It Game  
3:00 Trivial Pursuit  
4:00 Virtual Vacation: Grand Canyon  
6:00 Classic TV Game Shows

28

10:00 TH Get Fit Exercise  
10:30 LR Word Search Challenge  
11:00 Current Events  
1:00 Lawn Games  
2:00 July A-Z  
3:00 I Should Have Known That! Game  
4:00 Virtual Vacation: Lincoln Memorial  
6:00 Classic TV Game Shows

1

10:00 TH Sunrise Stretch  
10:30 LR Crosswords  
11:00 Finishing Lines  
1:00 LR Yahtzee  
2:00 LR International Joke Day  
3:00 LR Bingo Fun for All  
4:00 TH Through the Years  
Conversation: Siblings  
6:00 TH Movie

8

10:00 TH Sunrise Stretch  
10:30 LR Watercolors with Paul  
1:00 LR Brain Teasers  
2:00 LR Lemonade & Laughter  
3:00 LR Bingo Fun for All  
4:00 TH Through the Years  
Conversation: Fads  
6:00 TH Movie

15 Christmas in July Day

10:00 TH Sunrise Stretch  
10:30 LR Christmas Coloring  
11:00 LR Name That Tune  
1:00 E Resident Choir Rehearsal  
2:00 LR Holiday Karaoke  
3:00 LR Christmas in July Bingo  
4:00 TH Through the Years  
Conversation: Neighbors  
6:00 TH Movie

22

10:00 TH Sunrise Stretch  
10:30 LR Summer Hits Hangman  
11:00 LR Memory Tray  
1:00 Brain Teasers  
2:00 Lemonade & Laughter  
3:00 LR Bingo Fun for All  
4:00 TH Through the Years  
Conversation: Road Trips  
6:00 TH Movie

29

10:00 Sunrise Stretch  
10:30 LR USA Travel Trivia  
11:00 LR 5 Senses  
1:00 E Resident Choir Rehearsal  
2:00 LR Charades  
3:00 LR Bingo Fun for All  
4:00 TH Through the Years  
Conversation: Vacations  
6:00 TH Movie

2

10:00 TH Chair Yoga  
10:30 LR Word Puzzles & Searches  
11:00 LR National Disco Day  
1:30 ML Out Trip  
3:00 LR Ukulele Music with Bridget  
4:00 RA Midweek Mix & Mingle  
6:00 TH Neil Young Biography:  
Heart of Gold

9

10:00 TH Chair Yoga  
10:30 LR Word Puzzles & Searches  
11:00 RA Baking Club: Nutella Pie  
1:00 LR Name Pennant Craft  
3:00 LR Ukulele Music with Bridget  
4:00 RA Midweek Mix & Mingle  
6:00 TH Biography: How the Beatles  
Changed the World

16

10:00 TH Chair Yoga  
10:30 LR Word Puzzles & Searches  
11:00 TH Health Talk with Kylie  
1:30 ML Out Trip  
3:00 LR Ukulele Music with Bridget  
4:00 RA Midweek Mix & Mingle  
6:00 TH Audrey Hepburn Biography:  
Remembered

23

10:00 TH Chair Yoga  
10:30 LR Word Puzzles & Searches  
11:00 RA Baking Club: Oreo Cookie  
Bark  
1:00 LR Kindness Rocks  
3:00 LR Ukulele Music with Bridget  
4:00 RA Midweek Mix & Mingle  
6:00 TH Cher Biography: In Her Own  
Words

30

10:00 TH Chair Yoga  
10:30 LR Word Puzzles & Searches  
11:00 LR Friendship Day  
2:00 LR Craft Your Own Coaster  
3:00 LR Ukulele Music with Bridget  
4:00 RA Midweek Mix & Mingle  
6:00 TH John Wayne Biography: The  
Unquiet American Biography

3

10:00 TH Stretch It Out Exercise  
10:30 TH Book Discussion with  
Caitlin  
1:00 PG Walking Club  
2:00 TH Music Through the Decades  
3:00 LR Volleyball  
4:00 TH Dick Van Dyke  
6:00 TH Movie

10

10:00 TH Stretch It Out Exercise  
10:30 TH Book Discussion with  
Caitlin  
1:00 PG Walking Club  
2:00 LR Creating Instruments  
3:00 LR Bowling  
4:00 TH Dick Van Dyke  
6:00 TH Movie

17

10:00 TH Stretch It Out Exercise  
10:30 TH Book Discussion with  
Caitlin  
1:00 PG Walking Club  
2:00 LR Symphony Painting  
3:00 LR Volleyball  
4:00 TH Dick Van Dyke  
6:00 TH Movie

24

10:00 TH Stretch It Out Exercise  
10:30 TH Book Discussion with  
Caitlin  
1:00 PG Walking Club  
2:00 E Monthly Birthday  
Celebration with Ashley  
Cruz  
3:00 LR Table Tennis  
4:00 TH Dick Van Dyke  
6:00 TH Movie

31

10:00 TH Stretch It Out Exercise  
10:30 TH Book Discussion with  
Caitlin  
1:00 PG Walking Club  
2:00 LR Drawing to Music  
3:00 LR Toss & Talk About  
4:00 TH Dick Van Dyke  
6:00 TH Movie

4

Fourth of July

10:00 TH Friday Exercise Fun  
10:30 LR USA Coloring  
11:00 LR Music Appreciation:  
Carole King  
1:00 LR United States Bingo  
2:00 RA Patriotic Tea Party  
3:00 LR Uncle Sam Hat Craft  
4:00 TH Family Feud  
6:00 TH Downtown Abbey

11

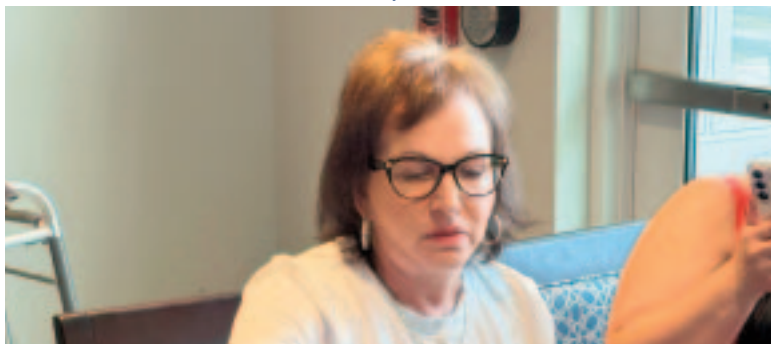
10:00 TH Friday Exercise Fun  
10:30 LR Trivial Pursuit  
11:00 LR Music Appreciation:  
James Taylor  
1:00 LR Ready, Set, Puzzle  
2:00 RA Summertime Tea Party  
3:00 LR Jenga  
4:00 Family Feud  
6:00 TH Downtown Abbey

18

10:00 TH Friday Exercise Fun  
11:00 LR Music Appreciation:  
Joni Mitchell  
1:00 LR That’s a Match!  
2:00 RA Summertime Tea Party  
3:00 LR Jenga  
4:00 TH Family Feud  
6:00 TH Downtown Abbey

25

10:00 TH Friday Exercise Fun  
10:30 LR Trivial Pursuit  
11:00 LR Music Appreciation:  
Carly Simon  
1:00 LR Ready, Set, Puzzle  
2:00 RA Summertime Tea Party  
3:00 Jenga  
4:00 Family Feud  
6:00 TH Downtown Abbey



5

10:00 TH Rock ‘n Exercise  
10:30 LR Word Search Challenge  
11:00 LR Jeopardy  
1:00 TH Movie Matinee  
2:00 LR Karaoke  
3:00 LR Bingo Extravaganza  
4:00 RA Happy Hour  
6:00 TH “Bee Gees: One Night Only”  
(1997)

12

10:00 TH Rock ‘n Exercise  
10:30 LR Word Search Challenge  
11:00 LR Jeopardy  
1:00 TH Movie Matinee  
2:00 LR Karaoke  
3:00 LR Bingo Extravaganza  
4:00 RA Happy Hour  
6:00 TH “Billy Joel: Live in  
London” (1984)

19

10:00 TH Rock ‘n Exercise  
10:30 LR Word Search Challenge  
11:00 LR Jeopardy  
1:00 TH Movie Matinee  
2:00 LR Karaoke  
3:00 LR Bingo Extravaganza  
4:00 RA Happy Hour  
6:00 TH “Steve & Eydie: The  
Diamond Jubilee Concert”  
(1990)

26

10:00 TH Rock ‘n Exercise  
10:30 LR Word Search Challenge  
11:00 LR Jeopardy  
1:00 TH Movie Matinee  
2:00 LR Karaoke  
3:00 LR Bingo Extravaganza  
4:00 RA Happy Hour  
6:00 TH “The Temptations: Live in  
Concert”