

UPCOMING COMMUNITY EVENTS



ELVIS VISITS ALLEGRO!
GET READY FOR AN AFTERNOON
OF MUSICAL MAGIC
FROM THE KING OF ROCK N' ROLL!
WEDNESDAY, JULY 23RD
ALLEGRO COMMUNITY BIRTHDAY
BASH!



SURFS UP!
JOIN US AS WE HEAD TO THE
JERSEY SHORE
THURSDAY, JULY 31ST
FOR LIFESTYLE'S VERY FIRST
ALL DAY BEACH TRIP!
SIGN UP IN THE ACTIVITIES ROOM
OR WITH LAURA!

DON'T MISS THESE EVENTS!

- July 3rd from 3:00 to 4:00| HealthPro Discovery Series with Amy
- July 4th from 3:30 to 4:30| Red, White & Blue Party
- July 7th from 2:00 to 3:30| Opera Appreciation with Joe Lawliss
- July 10th from 3:00 to 4:00|National Pina Colada Day Celebration!
- July 20th from 2:00 to 3:00|Celebrating National Ice Cream Day!
- July 25th from 3:30 to 4:30| National Wine & Cheese Day!

Allegro in Harrington Park
200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440



FLOURISH

JULY 2025



WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

“SUMMER MEANS HAPPY TIMES AND GOOD SUNSHINE.”

—BRIAN WILSON



Sunday Monday

Allegro in Harrington Park

200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440

https://www.allegroliving.com/senior-living-harrington-park.html

6
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **GR** Wall Scrabble
11:30 **AS** Firecracker Sip & Paint
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Musicals

13
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Qigong
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **GR** Wall Scrabble
11:30 **AS** Summer Suncatcher Craft
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Sunday Symphony

20 Nat’l Ice Cream Day!
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **GR** Wall Scrabble
11:30 **AS** Creative Canvas Painting
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
8:00 **T** Movie Musicals

27
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Qigong
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **GR** Wall Scrabble
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Classics

7
10:00 **L** News & Views
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
2:00 **T** Opera Appreciation w/Joe
2:00 **GR** LCR Game
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

14
10:00 **L** News & Views
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
2:30 **T** Music Appreciation w/ Bonnie
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

21
10:00 **L** News & Views
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
1:45 **AS** Sip & Paint Social
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

28
10:00 **L** News & Views
10:30 **ACT** Morning Yoga w/ Jen
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
2:00 **AS** Pastel Art Class
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
6:30 **ACT** Bingo w/ Cindy
8:00 **T** Monday Night Movie

Tuesday

1 Welcome July!
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **ACT** Food Forum
2:00 **GR** Poker
2:00 **AS** Red, White & Blue Tie Dye
3:30 **PTH** Sunset Stretch
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

8
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **T** Lecture w/ Paul White
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **GR** Poker
2:15 **PTH** Readers Rendezvous w/ Laura
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

15
9:30 **Bus** Post Office & Bank Outing
10:00 **L** Brain Teasers
10:30 **ACT** Total Body Movement w/Deb
11:30 **GR** Wall Scrabble
11:30 **AS** Art Appreciation Class
1:15 **BC** Tech Tuesday - Help Desk
2:00 **PTH** Karaoke w/ Chris
3:30 **PTH** Sunset Stretch
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

22
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **T** Live Lecture w/ Paul R
2:00 **GR** Poker
2:00 **ACT** Lifestyle Committe Mtg
3:30 **PTH** Sunset Stretch
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

29
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **GR** Wall Scrabble
11:30 **AS** Ceramic Art
1:15 **BC** Tech Tuesday - Help Desk
2:00 **GR** Poker
2:00 **ACT** Price is Right Game
3:30 **PTH** Sunset Stretch
3:30 **ACT** Balloon Volleyball
8:00 **T** Movie Night- Resident Pick

Wednesday

2
10:00 **PTH** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Michelle
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Action

9
10:00 **PTH** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Michelle
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Comedy

16
10:00 **PTH** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Michelle
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Action

23 July Birthday Bash!
10:00 **PTH** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
11:30 **PTH** Welcome Allegro Newcomers
12:00 **B** Cooking Demo w/ Connor
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Michelle
3:00 **B** July Birthday Bash!
8:00 **T** Movie Comedy

30
10:00 **PTH** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Michelle
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Action

Thursday

3
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **PTH** Making Patriotic Parfaits
12:00 **Bus** Picnic in the Park
2:00 **GR** Rummikub Club
2:00 **AS** Patriotic Jewelry Making
2:30 **BC** Writer’s Group
3:00 **ACT** HealthPro Discovery w/ Amy
3:30 **PTH** Mind-Body Exercise
3:45 **ACT** Crossword Challenge
7:30 **PTH** Patriotic Evening Concert

10
10:00 **L** Word Games
10:30 **ACT** Gentle Yoga w/ Jen
11:30 **AS** Summer Sun Sip & Paint
12:00 **Bus** Piermont Lunch Trip
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:00 **BC** Writer’s Group
3:30 **PTH** Mind-Body Exercise
3:45 **ACT** Crossword Challenge
8:00 **T** Documentary Film

17
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Documentary Series
11:00 **GH** Gardening w/ Laura
12:00 **Bus** Riverside Square Mall
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:00 **AS** Rock Painting
2:30 **BC** Writer’s Group
3:30 **PTH** Mind-Body Exercise
8:00 **T** Movie Musicals

24
10:00 **L** What’s in the News?
10:30 **ACT** Gentle Yoga w/ Jen
12:00 **Bus** Ammata Tai Kitchen Trip
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:00 **ACT** AL Resident Council
2:00 **AS** Decoupage Crafting
2:30 **BC** Writer’s Group
3:30 **PTH** Mind-Body Exercise
8:00 **T** Movie Night

31 Beach Day!
9:30 **Bus** Beach Trip
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Documentary Series
11:30 **AS** Crafting w/ Cindy
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:30 **BC** Writer’s Group
3:30 **PTH** Mind-Body Exercise
3:45 **ACT** Crossword Challenge
8:00 **T** Movie Action

Friday

4 Fourth of July
10:30 **ACT** Strength & Fitness
11:15 **T** Red, White & Blue Magic Show
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Red, White & Blue Party!
4:15 **ACT** Shabbat
7:30 **Bus** 4th of July Firework Show

11
10:30 **ACT** Strength & Fitness
11:30 **ACT** Science Trivia Challenge
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:00 **GR** Poker
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Meet New Residents Social
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

18
10:30 **ACT** Strength & Fitness
11:30 **ACT** You be the Judge
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:00 **GR** Poker
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

25
10:30 **ACT** Strength & Fitness
11:30 **L** Allegro Book Club
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:00 **GR** Poker
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:15 **ACT** Shabbat
8:00 **T** Movie Night - New Release

31
9:30 **Bus** Beach Trip
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Documentary Series
11:30 **AS** Crafting w/ Cindy
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:30 **BC** Writer’s Group
3:30 **PTH** Mind-Body Exercise
3:45 **ACT** Crossword Challenge
8:00 **T** Movie Action



Saturday

5
10:00 **BC** Shabbat -Virtual Service
10:00 **Bus** AM Shopping Shuttle
10:30 **ACT** Yoga Flow
11:30 **ACT** Thank A Veteran & What Freedom Means to You!
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Saturday Night Classical

12
10:00 **BC** Shabbat -Virtual Service
10:00 **Bus** AM Shopping Shuttle
10:30 **ACT** Yoga Flow
11:30 **ACT** Test Your Knowledge
1:00 **ACT** Line Dancing
1:30 **Bus** PM Shopping Shuttle
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Theater

19
10:00 **BC** Shabbat -Virtual Service
10:00 **Bus** AM Shopping Shuttle
10:30 **ACT** Yoga Flow
11:30 **ACT** Crossword Fun
1:00 **ACT** Line Dancing
1:30 **Bus** PM Shopping Shuttle
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Classics

26
10:00 **BC** Shabbat -Virtual Service
10:00 **Bus** AM Shopping Shuttle
10:30 **ACT** Yoga Flow
11:30 **ACT** Sports Trivia w/ Joe
1:00 **ACT** Line Dancing
1:30 **Bus** PM Shopping Shuttle
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Concert

Around our Community

SUMMER IS HERE!

July’s Monthly Observances

National Grilling Month
National Watercolor Month
National Picnic Month

Special Days

July 4th- 4th of July
July 14th- Music Appreciation w/ Bonnie Rapp
July 23rd - Resident Birthday Bash w/ Elvis
July 31st- Beach Trip

Walking Club- M/F @ 1:15pm
Yoga with Mimi- Mondays & Fridays @ 3:15pm
Daily Movies at 1:45pm

All Activities are Subject to Change

LOCATION KEY

Bus Bus Trip
ACT Activity Room
GR Game Room
BC Business Center
AS Art Studio
PTH Penthouse Pub
T Theater
B Bistro
ML Meet in Lobby
L Library



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Allegro in Harrington Park

200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440

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6

10:00 **CR** Virtual Catholic Mass
11:00 **LR** Therapeutic Arts
11:30 **P** Gentle Stretching w/ Anne
2:00 **CR** Calm Breathing Bubble
2:30 **P** Snack N’ Chat
2:45 **LR** Affirmation Nation
3:30 **LR** Today in History Trivia
4:00 **LR** Bingo
6:00 **LR** Concert Series

7

10:00 **LR** Wheel of Fortune
10:45 **LR** Rosary Group
11:00 **LR** Crafting Corner
11:30 **LR** Gentle Yoga
1:00 **O** Walk Around Allegro
2:00 **LR** Afternoon Trivia
3:00 **LR** Sports Galore
4:00 **LR** Bingo
6:00 **LR** Coffee and Conversations

13

10:00 **CR** Virtual Catholic Mass
11:00 **LR** Therapeutic Arts
11:30 **P** Gentle Stretching w/ Anne
2:00 **CR** Calm Breathing Bubble
2:30 **P** Snack N’ Chat
2:45 **LR** Affirmation Nation
3:30 **LR** Today in History Trivia
4:00 **LR** Bingo
6:00 **LR** Concert Series

14

10:00 **LR** Wheel of Fortune
10:45 **LR** Rosary Group
11:00 **LR** Crafting Corner
11:30 **LR** Gentle Yoga
1:00 **O** Walk Around Allegro
2:00 **LR** Afternoon Trivia
3:00 **LR** Sports Galore
4:00 **LR** Bingo
6:00 **LR** Coffee and Conversations

20

10:00 **CR** Virtual Catholic Mass
11:00 **LR** Therapeutic Arts
11:30 **P** Gentle Stretching w/ Anne
2:00 **CR** Calm Breathing Bubble
2:30 **P** Snack N’ Chat
2:45 **LR** Affirmation Nation
3:30 **LR** Today in History Trivia
4:00 **LR** Bingo
6:00 **LR** Concert Series

21

10:00 **LR** Wheel of Fortune
10:45 **LR** Rosary Group
11:00 **LR** Crafting Corner
11:30 **LR** Gentle Yoga
1:00 **O** Walk Around Allegro
2:00 **LR** Afternoon Trivia
3:00 **LR** Sports Galore
4:00 **LR** Bingo
6:00 **LR** Coffee and Conversations

27

10:00 **CR** Virtual Catholic Mass
11:00 **LR** Therapeutic Arts
11:30 **P** Gentle Stretching w/ Anne
2:00 **CR** Calm Breathing Bubble
2:30 **P** Snack N’ Chat
2:45 **LR** Affirmation Nation
3:30 **LR** Today in History Trivia
4:00 **LR** Bingo
6:00 **LR** Concert Series

28

10:00 **LR** Wheel of Fortune
10:45 **LR** Rosary Group
11:00 **LR** Crafting Corner
11:30 **LR** Gentle Yoga
1:00 **O** Walk Around Allegro
2:00 **LR** Afternoon Trivia
3:00 **LR** Catch The Zumba Fever!
4:00 **LR** Bingo
6:00 **LR** Coffee and Conversations

1

10:00 **LR** Let’s Talk
10:30 **LR** Paper Crafting
11:30 **LR** Total Body Movement
1:30 **LR** Afternoon Stretch
1:45 **Bus** Your Daily Dose of Nature
2:00 **LR** Cooking Class
3:00 **LR** Float like a Balloon
4:00 **P** Bingo
6:00 **CR** Ensemble Singing Society

8

10:00 **LR** Let’s Talk
10:30 **LR** Paper Crafting
11:30 **LR** Total Body Movement
1:30 **LR** Afternoon Stretch
2:00 **LR** Cooking Class
2:00 **P** Chill & Splash
3:00 **LR** Float like a Balloon
4:00 **P** Bingo
6:00 **CR** Ensemble Singing Society

15

10:00 **LR** Let’s Talk
10:30 **LR** Paper Crafting
11:30 **LR** Total Body Movement
1:30 **LR** Afternoon Stretch
1:45 **Bus** Cool Down, Smile Up
2:00 **LR** Cooking Class
3:00 **LR** Float like a Balloon
4:00 **P** Bingo
6:00 **CR** Ensemble Singing Society

22

10:00 **LR** Let’s Talk
10:30 **LR** Paper Crafting
11:30 **LR** Total Body Movement
1:30 **LR** Afternoon Stretch
2:00 **LR** Cooking Class
2:00 **P** Chill & Splash
3:00 **LR** Float like a Balloon
4:00 **P** Bingo
6:00 **CR** Ensemble Singing Society

29

Simone’s Birthday

10:00 **LR** Let’s Talk
10:00 **Bus** Happiness Comes in Waves
10:30 **LR** Paper Crafting
11:30 **LR** Total Body Movement
1:30 **LR** Afternoon Stretch
3:00 **LR** Float like a Balloon
4:00 **P** Simone’s B-Day Bash
6:00 **CR** Ensemble Singing Society

2

10:00 **LR** Price is Right
11:00 **LR** Nature’s Art
11:15 **LR** Balance & Strength Fitness
1:00 **LR** Walking Club
1:15 **P** Wellness Melodies
2:15 **LR** Blooming with Smiles
3:00 **LR** Find Your Groove
4:00 **P** Colors and Cheers
4:15 **LR** Bingo
6:00 **DR** Posi-ti-vi Tea

9

10:00 **LR** Price is Right
11:00 **LR** Nature’s Art
11:15 **LR** Balance & Strength Fitness
1:00 **LR** Walking Club
1:15 **P** Wellness Melodies
2:15 **LR** The Passport Series
3:00 **CR** Let’s Talk
3:30 **LR** Music for Joy
4:15 **LR** Bingo
6:00 **DR** Posi-ti-vi Tea

16

10:00 **LR** Price is Right
11:00 **LR** Nature’s Art
11:15 **LR** Balance & Strength Fitness
1:00 **LR** Walking Club
1:15 **P** Wellness Melodies
3:00 **CR** Let’s Talk
3:30 **LR** Music for Joy
4:15 **LR** Bingo
6:00 **DR** Posi-ti-vi Tea

23

10:00 **LR** Price is Right
11:00 **LR** Nature’s Art
11:15 **LR** Balance & Strength Fitness
1:00 **LR** Walking Club
2:00 **LR** Your Stage, Your Song
3:00 **CR** Let’s Talk
3:30 **LR** Scent Your Soul
4:15 **LR** Bingo
6:00 **DR** Posi-ti-vi Tea

30

10:00 **LR** Price is Right
11:00 **LR** Nature’s Art
11:15 **LR** Balance & Strength Fitness
1:00 **LR** Walking Club
1:15 **P** Wellness Melodies
3:00 **CR** Let’s Talk
3:30 **LR** Music for Joy
4:15 **LR** Bingo
6:00 **DR** Posi-ti-vi Tea

3

10:00 **LR** Let’s Talk
11:15 **LR** Total Body Fitness
1:30 **P** Wellness Melodies
2:00 **LR** Chapter’s Inc.
2:30 **LR** Freestyle Workout
2:45 **LR** Affirmation Nation
3:00 **DR** Cooking Class
3:30 **PTH** Sip, Share, and Connect
4:15 **CR** Karaoke
6:00 **CR** Life Long Learning

10

10:00 **LR** Let’s Talk
11:00 **LR** Clay Date
11:30 **LR** Calm Breathing Bubble
2:00 **LR** Chapter’s Inc.
2:30 **LR** Freestyle Workout
2:45 **LR** Affirmation Nation
3:00 **DR** Cooking Class
3:30 **PTH** Sip, Share, and Connect
4:15 **CR** Karaoke
6:00 **CR** Life Long Learning

17

10:00 **LR** Let’s Talk
11:15 **LR** Total Body Fitness
1:30 **P** Wellness Melodies
2:00 **LR** Chapter’s Inc.
2:30 **LR** Freestyle Workout
2:45 **LR** Affirmation Nation
3:00 **DR** Cooking Class
3:30 **PTH** Sip, Share, and Connect
4:15 **CR** Karaoke
6:00 **CR** Life Long Learning

24

10:00 **LR** Let’s Talk
11:00 **LR** Clay Date
11:30 **LR** Calm Breathing Bubble
2:00 **LR** Chapter’s Inc.
2:30 **LR** Freestyle Workout
2:45 **LR** Affirmation Nation
3:00 **DR** Cooking Class
3:30 **PTH** Sip, Share, and Connect
4:15 **CR** Karaoke
6:00 **CR** Life Long Learning

31

10:00 **LR** Let’s Talk
11:15 **LR** Total Body Fitness
1:30 **P** Wellness Melodies
2:00 **LR** Chapter’s Inc.
2:30 **LR** Freestyle Workout
2:45 **LR** Affirmation Nation
3:00 **DR** Cooking Class
3:30 **P** Paint Your Dreams
4:30 **CR** Karaoke
6:00 **CR** Life Long Learning

4

Independence Day

10:00 **LR** Stories to Share
11:00 **LR** Crafting Corner
11:30 **LR** Stay Fit, Stay Fabulous
12:00 **P** 4th of July Grill-Out
1:00 **LR** Music Therapy
2:00 **LR** Drum Fitness
2:30 **T** Fridays at the Movies
3:00 **LR** The Rhythm of Life
4:15 **LR** Concert Series
6:00 **CR** Virtual Shabbat Services

11

10:00 **LR** Storytelling 101
11:00 **LR** Crafting Corner
11:30 **LR** Stay Fit, Stay Fabulous
2:00 **LR** Fitness with HP
2:30 **T** Fridays at the Movies
3:30 **LR** Roll Another One
4:15 **LR** You Name It! Pictionary
4:30 **LR** Concert Series
6:00 **CR** Virtual Shabbat Services

18

10:00 **LR** Storytelling 101
11:00 **LR** Crafting Corner
11:30 **LR** Stay Fit, Stay Fabulous
1:00 **LR** Music Therapy
2:00 **LR** Drum Fitness
2:30 **T** Fridays at the Movies
3:30 **LR** Roll Another One
4:15 **LR** You Name It! Pictionary
4:30 **LR** Concert Series
6:00 **CR** Virtual Shabbat Services

25

Anna’s Birthday

10:00 **LR** Storytelling 101
11:00 **LR** Crafting Corner
11:30 **LR** Stay Fit, Stay Fabulous
2:00 **LR** Fitness with HP
2:30 **T** Fridays at the Movies
3:30 **LR** Anna’s B-Day Bash
4:15 **LR** You Name It! Pictionary
4:30 **LR** Concert Series
6:00 **CR** Virtual Shabbat Services



5

10:00 **LR** Family Feud
11:00 **P** Nature’s Nurturers
11:00 **LR** Inhale Wisdom
11:15 **LR** Manicure Madness
1:15 **LR** Color Me Happy
2:00 **LR** Jogging your Noggin
3:00 **LR** Chair Yoga
3:30 **LR** Bingo
4:00 **CR** The Price is Right
6:00 **LR** Concert Series

12

10:00 **LR** Family Feud
10:30 **LR** Paws & Relax
11:00 **P** Nature’s Nurturers
11:00 **LR** Inhale Wisdom
1:15 **LR** Color Me Happy
2:00 **LR** Jogging your Noggin
3:00 **LR** Chair Yoga
3:30 **LR** Bingo
4:00 **CR** The Price is Right
6:00 **LR** Concert Series

19

10:00 **LR** Family Feud
11:00 **P** Nature’s Nurturers
11:00 **LR** Inhale Wisdom
11:15 **LR** Manicure Madness
1:15 **LR** Color Me Happy
2:00 **LR** Jogging your Noggin
3:00 **LR** Chair Yoga
3:30 **LR** Bingo
4:00 **CR** The Price is Right
6:00 **LR** Concert Series

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10:00 **LR** Family Feud
10:30 **LR** Paws & Relax
11:00 **P** Nature’s Nurturers
11:00 **LR** Inhale Wisdom
1:15 **LR** Color Me Happy
2:00 **LR** Jogging your Noggin
3:00 **LR** Chair Yoga
3:30 **LR** Bingo
4:00 **CR** The Price is Right
6:00 **LR** Concert Series



Around our Community

Hot This Month

In The Know

National Grilling Month

National Blueberry Month

National Ice Cream Month

Special Days & Holidays

Independence Day 7.4

Anna’s Birthday 7.25

International Friendship Day
7.27

Simone’s Birthday 7.29

In The Community

BBQ in Ensemble 7.4

July’s Birthday Bash 7.23

Joke of the Month

What did the beach say to
the wave?

Nothing,it just waved!

LOCATION
KEY

- LR** Living Room
- Bus** Bus Trip
- P** Patio
- CR** iN2L Computer
- DR** Dining Room
- PTH** Penthouse Pub
- T** Theater
- O** Outdoors