

UPCOMING COMMUNITY EVENTS



A MESSAGE FROM THE ED
As we continue our journey together through the seasons of life, I want to take a moment to share a few thoughts from the heart. This community is more than just a place to live, it is a place where stories are shared, friendships are formed, and meaningful memories are created every day.

Each one of you contributes to the warmth and spirit that makes our community truly special. Whether through a kind word, a thoughtful gesture, or a moment of laughter, your presence has a lasting impact. Together, we create a culture of care, compassion, and connection that we can all be proud of. We are committed to fostering an environment where you and your loved ones feel valued, supported, and engaged. On behalf of our entire team, thank you for being an essential part of our community. We are honored to walk alongside you and look forward to the days ahead full of opportunity, growth, and shared moments.

Katrina Cohen, Executive Director

THIS MONTH’S PICK

OXFORD BOOK OF AMERICAN SHORT STORIES
Join us for this mont’s Book Club as we dive into *American Short Stories* compiled by Joyce Carol Oates. Each piece of short fiction celebrates the richness and diversity of American literature. Readers are sure to be captivated by such authors such as Ray Bradbury, William Faulkner, and Flannery O’Conner. All are welcome!

Alto Johns Creek
10595 Medlock Ridge Rd
Johns Creek, GA 30097
(678) 336-5112



FLOURISH

JULY 2025



WHAT’S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

“LIFE IS BETTER WHEN YOU’RE LAUGHING—SPRINKLE THAT JOY LIKE CON-FETTI!”

—UNKNOWN

Sunday

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www.allegroliving.com/communities/johns-creek-ga

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our
Community

ALL FUN & GAMES!

Ready to learn some new games and have a blast doing it? Come join us for a casual and friendly time filled with laughter, strategy, and just a little bit of luck!

We'll be playing and learning:

Mahjong – Match tiles, build your hand, and discover the ancient game's modern-day magic!

Pegs & Jokers – A fast-paced, team-based race around the board. Easy to learn, fun to master!

Chicken Foot – A lively domino game full of twists, turns, and quirky patterns.

No experience needed — just bring your curiosity and love for games! We'll walk you through each one and keep it light and fun.

Introducing Readers Theater on Thursday's at 4pm. A fun and engaging way to bring stories to life — without the pressure of memorizing lines or performing on a stage!

LOCATION
KEY

- GYM** Gym
- LB** Lounge Bistro
- TH** Theater
- GAT** Gather Room
- LNG** Lounge
- LOB** Lobby
- ART** Art Room
- GR** Game Room
- DR** Dining Room

- 6**
9:30 **GYM** Gentle Stretching
10:00 **TH** Gaither: Heavenly Love Sing-Along (YouTube)
10:30 **GAT** Catholic Service by St. Benedict Church
10:30 **TH** Live Perimeter Church
1:30 **LNG** Game: Coney Island Toss
2:30 **TH** Movie & Popcorn
4:00 **LB** Word Search Puzzle

- 13**
9:30 **GYM** Gentle Stretching
10:00 **TH** The Greatest Hymns of All Time: YouTube Singalong
10:30 **GAT** Catholic Service by St. Benedict Church
10:30 **TH** Live Perimeter Church
1:30 **LNG** Game: Coney Island Toss
2:30 **TH** Movie & Popcorn
4:00 **LB** Word Search Puzzle

- 20**
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- 27**
9:30 **GYM** Gentle Stretching
10:00 **TH** The Greatest Hymns of All Time: YouTube Singalong
10:30 **GAT** Catholic Service by St. Benedict Church
10:30 **TH** Live Perimeter Church
1:30 **LNG** Game: Coney Island Toss
2:30 **TH** Movie & Popcorn
4:00 **LB** Word Search Puzzle

- 7**
10:00 **GYM** Fit & Fun with Lifestyle
11:00 **LB** Yamodo! Imagination
1:30 **GR** Game Club - Mahjong
2:30 **GAT** Resident Council Meeting
4:00 **LNG** What's the Scoop: True or False
6:30 **TH** Evening Movie

- 14**
10:00 **GYM** Fit & Fun with Lifestyle
11:00 **LB** Yamodo! Imagination
1:30 **GR** Game Club - Mahjong
2:00 **GAT** Intro to Water Color Class w/Parker
4:00 **LNG** What's the Scoop: True or False
6:30 **TH** Evening Movie

- 21**
10:00 **GYM** Fit & Fun with Lifestyle
11:00 **LB** Yamodo! Imagination
1:30 **GR** Game Club - Mahjong
1:30 **GAT** Ben's Workshop: Hot Air Balloon Pt. 2
4:00 **LNG** What's the Scoop: True or False
6:30 **TH** Evening Movie

- 28**
10:00 **GYM** Fit & Fun with Lifestyle
11:00 **LB** Yamodo! Imagination
1:30 **GR** Game Club - Mahjong
2:30 **GAT** TED Talk: Inspiring Mindset
4:00 **LNG** What's the Scoop: True or False
6:30 **TH** Evening Movie

- 1**
10:00 **GYM** Fitness with Colleen
11:00 **LB** Words In A Word
1:30 **TH** Mini Series Matinee: Band of Brothers Part 1
1:30 **GAT** Chicken Foot Dominoes
3:00 **GAT** Crafty Corner: Round Canvas Painting
4:00 **LNG** Memoir Cafe
6:30 **TH** Evening Movie

- 8**
10:00 **GYM** Fitness with Colleen
11:00 **LB** Words In A Word
1:30 **GAT** Chicken Foot Dominoes
1:30 **TH** Mini Series Matinee: Band of Brothers Part 3
3:00 **DR** Chef Talk
4:00 **LNG** Memoir Cafe
6:30 **TH** Evening Movie

- 15**
10:00 **GYM** Fitness with Colleen
11:00 **LB** Words In A Word
1:30 **GAT** Chicken Foot Dominoes
1:30 **TH** Mini Series Matinee: Band of Brothers Part 5
2:00 **GAT** Crafty Corner: Porcelain Message Mug
4:00 **LNG** Memoir Cafe
6:30 **TH** Evening Movie

- 22**
10:00 **GYM** Fitness with Colleen
11:00 **LB** Words In A Word
1:30 **GAT** Chicken Foot Dominoes
1:30 **TH** Mini Series Matinee: Band of Brothers Part 7
2:00 **GAT** Crafty Corner: Sun Snapshot Door Decor
4:00 **LNG** Memoir Cafe
6:30 **TH** Evening Movie

- 29**
10:00 **GYM** Fitness with Colleen
11:00 **LB** Words In A Word
1:30 **GAT** Chicken Foot Dominoes
1:30 **TH** Mini Series Matinee: Band of Brothers Part 9
2:00 **GAT** Crafty Corner: Frida Kahlo 3D Doll
4:00 **LNG** Memoir Cafe
6:30 **TH** Evening Movie

- 2**
9:30 **LOB** Shopping: Publix
10:00 **LOB** Walking Club
11:00 **GAT** Trivia
1:30 **GAT** Grandma's Kitchen: Wendy's Copycat Frosty
2:30 **GAT** Game Club: Pegs & Jokers
4:00 **LB** Midweek Mingle with Craig Gleason
6:30 **TH** Evening Movie

- 9**
9:30 **LOB** Shopping: Kroger
10:00 **LOB** Walking Club
11:00 **GAT** Trivia
11:30 **LOB** Lunch Bunch: J. Christopher's (Old Milton Pkwy)
1:30 **GAT** Grandma's Kitchen: Let's Bake
2:30 **GAT** Game Club: Pegs & Jokers
4:00 **LB** Midweek Mingle with Steve

- 16**
9:30 **LOB** Shopping: LIDL Grocery
10:00 **LOB** Walking Club
11:00 **GAT** Trivia
1:30 **GAT** Grandma's Kitchen: Let's Bake
2:30 **GAT** Game Club: Pegs & Jokers
4:00 **LB** Midweek Mingle with Jeff Gillman
6:30 **TH** Evening Movie

- 23**
9:30 **LOB** Shopping: Walmart
10:00 **LOB** Walking Club
11:00 **GAT** Trivia
11:30 **LOB** Regal Theater Matinee: Superman
1:30 **GAT** Grandma's Kitchen: Let's Bake
2:30 **GAT** Game Club: Pegs & Jokers
4:00 **LB** Midweek Mingle with Joe P.
6:30 **TH** Evening Movie

- 30**
9:30 **LOB** Shopping: Publix
10:00 **LOB** Walking Club
11:00 **GAT** Trivia
1:30 **GAT** Grandma's Kitchen
2:30 **GAT** Game Club: Pegs & Jokers
4:00 **DR** Midweek Mingle w/ Rockin Rick
6:30 **TH** Evening Movie

- 3**
10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **TH** Mini Series Matinee: Band of Brothers Part 2
2:00 **LNG** Balloon Volleyball
3:00 **GAT** Hershey B-I-N-G-O
4:00 **GAT** Reader's Theater
6:30 **TH** Evening Movie

- 10**
10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **TH** Mini Series Matinee: Band of Brothers Part 4
2:00 **LNG** Balloon Volleyball
3:00 **GAT** B-I-N-G-O
4:00 **GAT** Reader's Theater
6:30 **TH** Evening Movie

- 17**
10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **TH** Mini Series Matinee: Band of Brothers Part 6
2:00 **LNG** Balloon Volleyball
3:00 **GAT** Info Quest: Dr. Smita Kapoor
4:00 **GAT** Reader's Theater
6:30 **TH** Evening Movie

- 24**
10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **TH** Mini Series Matinee: Band of Brothers Part 8
2:00 **LNG** Balloon Volleyball
3:00 **GAT** B-I-N-G-O
4:00 **GAT** Reader's Theater
6:30 **TH** Evening Movie

- 31**
10:00 **GYM** Fitness with Colleen
10:30 **GAT** Bible Study
1:30 **TH** Mini Series Matinee: Band of Brothers Part 10
2:00 **LNG** Balloon Volleyball
3:00 **GAT** B-I-N-G-O
4:00 **GAT** Reader's Theater
6:30 **TH** Evening Movie

- 4**
10:00 **LB** Coffee & Conversation
11:00 **LB** Spin the Wheel: Solve a Puzzle
1:30 **ART** Art: Sponge Painting Fireworks
2:30 **LNG** Bean Bag Toss: State Plate Game
4:00 **LOB** Alto Local Vocals: Patriotic Sing a Long & Charades

- 11**
10:00 **LB** Coffee & Conversation
11:00 **LB** Spin the Wheel: Solve a Puzzle
1:00 **LOB** Afternoon Walking Club
1:30 **GAT** Book Club: American Short Stories
2:30 **TH** Movie Matinee
4:00 **LOB** Alto Local Vocals

- 18**
10:00 **LB** Coffee & Conversation
11:00 **LB** Spin the Wheel: Solve a Puzzle
1:00 **LOB** Afternoon Walking Club
1:30 **GAT** Book Club: American Short Stories
2:30 **TH** Movie Matinee
4:00 **LOB** Alto Local Vocals

- 25**
10:00 **LB** Coffee & Conversation
11:00 **LB** Spin the Wheel: Solve a Puzzle
1:00 **LOB** Afternoon Walking Club
1:30 **GAT** Book Club: American Short Stories
2:30 **TH** Movie Matinee
4:00 **LOB** Alto Local Vocals



- 5**
10:30 **GYM** 15-Min Gentle Chair Exercise/ Improved Health
11:00 **LB** July Cranium Crunches
1:00 **LOB** Afternoon Walking Club
1:30 **GAT** Adult Colorist Zen
2:00 **TH** Documentary: Unknown Cosmic The Machine
4:00 **GR** Game Club: Resident Choice

- 12**
10:30 **GYM** 15-Min Gentle Chair Exercise/ Improved Health
11:00 **LB** July Cranium Crunches
1:00 **LOB** Afternoon Walking Club
1:30 **GAT** Adult Colorist Zen
2:00 **TH** Netflix Documentary: Apollo 13 Survival (TV-14)
4:00 **GR** Game Club: Resident Choice

- 19**
10:30 **GYM** 15-Min Gentle Chair Exercise/ Improved Health
11:00 **LB** July Cranium Crunches
1:00 **LOB** Afternoon Walking Club
1:30 **GAT** Adult Colorist Zen
2:00 **TH** Netflix Documentary: Unknown The Lost Pyramid TV-14
4:00 **GR** Game Club: Resident Choice

- 26**
10:30 **GYM** 15-Min Gentle Chair Exercise/ Improved Health
11:00 **LB** July Cranium Crunches
1:00 **LOB** Afternoon Walking Club
1:30 **GAT** Adult Colorist Zen
2:00 **TH** Netflix Documentary: The Volcano Rescue PG-13
4:00 **GR** Game Club: Resident Choice

Sunday

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Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our
Community

TITLE

Hi everyone,

I just wanted to take a moment to say how truly grateful I am to be part of this community. Whether it's the small daily interactions or the big moments we share together, being surrounded by such kind, thoughtful, and supportive people means more than I can put into words.

Thank you for creating a space where people feel seen, heard, and valued. It's a gift to be on this journey with you all.

With appreciation, Katrina Cohen

LOCATION
KEY

- A MC Activities
- AT MC Activity Tables
- LR MC Living Room 1
- D MC Dining
- CY MC Court Yard

6

10:00 LR Worship Service
10:30 AT Color Me Calm
11:00 CY Weekend Walking Club
1:30 A Big Ball Bowling
2:30 LR Movie & Popcorn
3:30 A Toss 'n Talk-About
4:00 LR Devotional Music Hour

13

10:00 LR Worship Service
10:30 AT Color Me Calm
11:00 CY Weekend Walking Club
1:30 A Big Ball Bowling
2:30 LR Movie & Popcorn
3:30 A Toss 'n Talk-About
4:00 LR Devotional Music Hour

20

10:00 LR Worship Service
10:30 AT Color Me Calm
11:00 CY Weekend Walking Club
1:30 A Big Ball Bowling
2:30 LR Movie & Popcorn
3:30 A Toss 'n Talk-About
4:00 LR Devotional Music Hour

27

10:00 LR Worship Service
10:30 AT Color Me Calm
11:00 CY Weekend Walking Club
1:30 A Big Ball Bowling
2:30 LR Movie & Popcorn
3:30 A Toss 'n Talk-About
4:00 LR Devotional Music Hour

7

10:00 CY Chair-ish Your Health
10:30 A The Chatter & QOD
11:00 AT Team Trivia
1:00 AT Jigsaw Puzzle
2:00 AT Monster Painting
3:00 AT Brain Games
4:00 A Team Word Search
6:00 Nightly Movie: Too Old For Fairytales

14

10:00 CY Chair-ish Your Health
10:30 A The Chatter & QOD
11:00 AT Hole Ball
1:00 AT Team Trivia
2:00 AT Table Hockey
3:00 AT Pool Noodle Popsicle Sticks
4:00 A Sip N Paint
6:00 Nightly Movie: Rear Window

21

10:00 CY Chair-ish Your Health
10:30 A The Chatter & QOD
11:00 AT What's In The Laundry Room?
1:00 AT Team Jigsaw Puzzle
2:00 AT Name That Tool
3:00 AT Pool Game
4:00 A Word Search Puzzle
6:00 Nightly Movie: My All America

28

10:00 CY Chair-ish Your Health
10:30 A The Chatter & QOD
11:00 AT Picture Bingo
1:00 AT Jigsaw Puzzles
2:00 AT Table Hockey
3:00 AT Brain Games
4:00 A Word Search Puzzle
6:00 Nightly Movie: Couple Retreat

8

10:00 A Chair-ish Your Health
10:30 A The Chatter & QOD
11:00 AT Tricky Trivia Tuesdays'
1:00 AT Jewelry Making
2:00 D Physiotainment With Paul
2:30 A Reminisce Scenic Drive
3:30 Skit-Tell Us
4:30 Brain Games
6:00 Nightly Movie: Field Of Dreams

15

10:00 A Chair-ish Your Health
10:30 A The Chatter & QOD
11:00 AT Tricky Trivia Tuesdays'
1:00 AT Matching Game
2:00 D Ring Toss
3:00 A Reminisce Scenic Drive
4:15 A Name That Tune
6:00 Nightly Movie: The Last Days

22

10:00 A Chair-ish Your Health
10:30 A The Chatter & QOD
11:00 AT Tricky Trivia Tuesdays'
1:00 AT Color Sorting
2:00 D Physiotainment With Paul
3:00 A Outing: Coldstone
4:15 A Balloon Volleyball
6:00 Nightly Movie: The Dig

29

10:00 A Chair-ish Your Health
10:30 A The Chatter & QOD
11:00 AT Tricky Trivia Tuesdays'
1:00 AT Is It A Fruit Or Veggie?
2:00 D Lemonade & Laughter
3:00 A Reminisce Scenic Drive
4:15 A Noodle Ball
6:00 Nightly Movie: 13 Going On 30

9

10:00 A Chair-ish Your Health
10:30 LR The Chatter & QOD
11:00 A Newspaper Races
1:00 D Cooking Charisma: Rice Krispies
2:00 D Golf On The Courtyard
3:00 LR Midweek Mingle w/Steven Chapelle
4:00 Puzzle Game
6:00 Nightly Movie: The Age Of

16

10:00 A Chair-ish Your Health
10:30 LR The Chatter & QOD
11:00 A Flower Pot Decorating
1:00 D Cooking Charisma: Gourmet Cinnamon Rolls
2:00 D Knock Knock Jokes
3:00 LR Midweek Mix & Mingle
4:00 Team Jeopardy
6:00 Nightly Movie: The Sugarland Express

23

9:00 Team Trivia
10:00 A Chair-ish Your Health
10:30 LR The Chatter & QOD
11:00 A Circle Kickball
1:00 D Cooking Charisma: Brownies
2:00 D Folding Cloths
3:00 LR Midweek Mix & Mingle
4:00 Team Trivia
6:00 Nightly Movie: Vicky & Her Mystery

30

10:00 A Chair-ish Your Health
10:30 LR The Chatter & QOD
11:00 A Circle Kickball
1:00 D Cooking Charisma: Strawberry Shortcake
2:00 D Love It Or List It
3:00 LR Midweek Mix & Mingle
6:00 Nightly Movie: Nonnas

2

10:00 A Chair-ish Your Health
10:30 LR The Chatter & QOD
11:00 A Noodle Ball
1:00 D Cooking Charisma: S'mores
2:00 D Expressions Game
3:00 LR Tic Tac Toe
4:00 Hidden Picture Puzzle
6:00 Nightly Movie: Walk Ride Rodeo

3

10:00 A Chair-ish Your Health
10:30 AT The Chatter & QOD
11:00 AT Let's Paint! Flower Pots
1:00 AT BINGO!
2:00 A Team Spelling Bee
3:00 AT Hungry Hippo
4:00 AT Simple Math Games
6:00 Nightly Movie: Matilda

10

10:00 A Chair-ish Your Health
10:30 AT The Chatter & QOD
11:00 AT Table Cup Pong
1:00 AT Senior Handprints
2:00 A Team Spelling Bee
3:00 AT Planting Seeds In The Courtyard
4:00 AT Charrads
6:00 Nightly Movie: The Man Who Knew Too Much

17

10:00 A Chair-ish Your Health
10:30 AT The Chatter & QOD
11:00 AT Let's Paint! Flowers
1:00 AT Bingo
2:00 A Table Games
3:00 AT Team UNO
4:00 AT Hidden Picture Puzzle
6:00 Nightly Movie: The Hill

24

10:00 A Chair-ish Your Health
10:30 AT The Chatter & QOD
11:00 AT Yarn Kittens
1:00 AT Bingo
2:00 A Team Spelling Bee
3:00 AT Card Games & More
4:00 AT Hidden Picture Puzzle
6:00 Nightly Movie: Life Or Something Like It

31

10:00 A Chair-ish Your Health
10:30 AT The Chatter & QOD
11:00 AT Let's Paint!
1:00 AT Bingo
2:00 A Live Performance: Lawrence Langston
3:00 AT Card Games & More
4:00 AT Hidden Picture Puzzle
6:00 Nightly Movie: Irish Wish

4

10:00 A Chair-ish Your Health
10:30 D The Chatter & QOD
11:00 LR Ball Fishing
1:00 AT 4th Of July Party
2:00 D Crosswords
3:00 A Circle Kickball
4:00 D Five O' Clock Fizz
6:00 Nightly Movie: A Week Away

11

10:00 A Chair-ish Your Health
11:00 D Live Performance: Lawrence Langston
1:00 AT Hungry Hippo
2:00 D Summertime Tea Party
3:00 A Simple Math
4:00 D Five O' Clock Fizz
6:00 Nightly Movie: The Birds

18

10:00 A Chair-ish Your Health
10:30 D The Chatter QOD
11:00 LR Music Appreciation: Frankie Lymon
1:00 AT Speed
2:00 D Courtyard Fishing
3:00 A What's In The Kitchen?
4:00 D Five O' Clock Fizz
6:00 Nightly Movie: The Theory Of Everything

25

10:00 A Chair-ish Your Health
10:30 D The Chatter & QOD
11:00 LR Music Appreciation: Beach Boys
1:00 AT Racketball
2:00 D Summertime Fun In The Courtyard
3:00 A Guess What It Is?
4:00 D Five O' Clock Fizz
6:00 Nightly Movie: The Four

5

9:30 A Chair-ish Your Health
10:00 AT Nails, Lotions & Potions
11:00 AT Table Games with Friends
1:30 LR Wheel Of Fortune
2:30 D Fresh Fruit Smoothies
3:30 A Trivia
4:00 LR Classical Concert

12

9:30 A Chair-ish Your Health
10:00 AT Nails, Lotions & Potions
11:00 AT Table Games with Friends
1:30 LR Wheel Of Fortune
2:30 D Fresh Fruit Smoothies
3:30 A Trivia
4:00 LR Classical Concert

19

9:30 A Chair-ish Your Health
10:00 AT Nails, Lotions & Potions
11:00 AT Table Games with Friends
1:30 LR Wheel Of Fortune
2:30 D Fresh Fruit Smoothies
3:30 A Trivia
4:00 LR Classical Concert

26

9:30 A Chair-ish Your Health
10:00 AT Nails, Lotions & Potions
11:00 AT Table Games with Friends
1:30 LR Wheel Of Fortune
2:30 D Fresh Fruit Smoothies
3:30 A Trivia
4:00 LR Classical Concert

