

UPCOMING COMMUNITY EVENTS



JULY 4TH
July 4th, also known as Independence Day, is a federal holiday in the United States commemorating the Declaration of Independence, which was adopted on July 4, 1776. Charles Thompson and the infamous John Hancock were the only two men who actually signed the Declaration of Independence on July 4, 1776. The other 54 delegates signed over the

course of the next month. The Liberty Bell is tapped 13 times on July 4th to honor the original 13 colonies. The American Flag also know as “Old Glory” has 13 alternating red and white stripes representing the original 13 colonies and 50 white stars on a blue field representing the 50 states. The colors each have symbolic meaning: red for valor and bravery, white for purity and innocence, and blue for vigilance, perseverance, and justice.

Americans consume a 150 million hot dogs on July 4th. The USA loves fireworks - \$1 billion worth.

July 4th is the legacy of the brave men and women who have fought and died for their country and is the freedom we enjoy as Americans today.

JULY OUTINGS

- July 11 - Lunch & Ice Cream - Strawberry’s
- July 18 - Harbour Bay Plaza shopping & Lunch - Renato’s
- July 25 - Nail Salon outing

Alto Stuart
1301 SE Palm Beach Rd
Stuart, FL 34994
(772) 463-7133



FLOURISH

JULY 2025



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Social Calendar

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Upcoming Events + News

“SUMMERTIME IS ALWAYS THE BEST OF WHAT MIGHT BE”

—CHARLES BOWEN

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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6

11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **CR** Pokeno
2:30 **C** Afternoon Social
3:30 **F1** Faith Family Church

7

Lucky 7 Day
9:00 **LB** Local Banks
10:00 **LB** Publix
10:30 **CR** Resident Council Meeting
2:00 **F1** Music with Gino
3:00 **C** Cappuccino Social
6:30 **TH** Let's go to the Movies

13

11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **F1** St. Mary's Communion
1:00 **CR** Pokeno
2:30 **C** Afternoon Social

14

9:00 **LB** Local Banks
10:00 **LB** Publix
10:00 **LB** Scenic Drive
10:30 **F1** Morning Boost
11:00 **F1** Lifestyle Meeting w/Lorraine
2:00 **F1** Music w/Nicole Hulett
3:00 **C** Cappuccino Social
6:30 **TH** Let's go to the Movies

20

10:00 **F1** Chaplain Lynn Snow
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **CR** Pokeno
2:30 **C** Afternoon Social
3:30 **F1** Faith Family Church

21

Wear Black & White Day
9:00 **LB** Local Banks
10:00 **LB** Publix
10:30 **F1** Morning Boost
11:00 **F1** Lifestyle Meeting w/Lorraine
1:00 **LB** CVS
2:00 **F1** Music w/Lou Laino
3:00 **C** Black & White Cookie Social

27

11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **F1** St. Mary's Communion
1:00 **CR** Pokeno
2:30 **C** Afternoon Social

28

9:00 **LB** Local Banks
10:00 **LB** Publix
11:00 **F1** Humane Society Pet Visit
11:00 **F1** Lifestyle Meeting w/Lorraine
2:00 **F1** Music w/Mike DeAngelis
3:00 **C** Cappuccino Social
6:30 **TH** Let's go to the Movies

1

Postal Workers Month
10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Sip & Savor Cafe Coffee
3:00 **F1** Trivia Time
6:30 **TH** Let's go to the Movies

8

Liberty Bell Day
10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:00 **CR** Ambassador Meeting
2:30 **C** Sip & Savor Cafe Coffee
3:00 **F1** Liberty Bell History
6:30 **TH** Let's go to the Movies

15

10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **CR** Town Hall with Directors
2:30 **C** Sip & Savor Cafe
3:00 **F1** Trivia Time
6:30 **TH** Let's go to the Movies

22

10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Sip & Savor Cafe
3:00 **F1** Trivia Time
6:30 **TH** Let's go to the Movies

29

10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Sip & Savor Cafe
3:00 **F1** Trivia Time
6:30 **TH** Let's go to the Movies

2

10:00 **CH** St. Joseph's Church
10:00 **FC** Chair Zumba
10:30 **C** Craft - Patriotic Wreaths
1:30 **CR** Bingo
2:30 **C** Gerry H. "103" Birthday Party
3:00 **F1** Fireside Chat w/Kelly
6:30 **TH** The Chosen w/Sandy & Robert

9

10:00 **CH** St. Joseph's Church
10:00 **FC** Chair Zumba
11:00 **TH** Resident Spotlight
1:30 **CR** Bingo
2:30 **C** Coffee Social
3:00 **F1** Fireside Chat w/Kelly
6:30 **TH** The Chosen w/Sandy & Robert

16

10:00 **CH** St. Joseph's Church
10:00 **FC** Chair Zumba
10:30 **DR** Chef Demo
1:30 **CR** Bingo
2:30 **C** Coffee Social
3:00 **F1** Fireside Chat w/Kelly
4:30 **LB** Dinner outing - RiverWalk
6:30 **TH** The Chosen w/Sandy & Robert

23

10:00 **CH** St. Joseph's Church
10:00 **FC** Chair Zumba
11:00 **C** Word Scramble
1:30 **CR** Bingo
2:30 **C** Coffee Social
3:00 **F1** Fireside Chat w/Kelly
6:30 **TH** The Chosen w/Sandy & Robert

30

10:00 **CH** St. Joseph's Church
10:00 **FC** Chair Zumba
11:00 **C** Canvas Painting
1:30 **CR** Bingo
2:30 **C** Coffee Social
3:00 **F1** Fireside Chat w/Kelly
6:30 **TH** The Chosen w/Sandy & Robert

3

10:00 **FC** Music & Movement
11:00 **C** July Gazette
1:00 **CR** Pokeno
3:00 **F1** Happy Hour w/Daryl Magill
4:00 **FC** Strength Training
6:30 **TH** Let's go to the Movies

10

10:00 **FC** Music & Movement
11:00 **C** Rewind "1970's"
1:00 **CR** Pokeno
2:00 **L** Library Committee Meeting
3:00 **F1** Music w/Mike McCarthy
4:00 **FC** Strength Training
6:30 **TH** Let's go to the Movies

17

10:00 **FC** Music & Movement
11:00 **C** Health Matters w/Rachel, RN, Elite Home Health
1:00 **CR** Pokeno
3:00 **F1** Happy Hour w/Panama Matt
4:00 **FC** Strength Training
6:30 **TH** Let's go to the Movies

24

10:00 **FC** Music & Movement
11:00 **C** Wheel of Fortune
1:00 **CR** Pokeno
2:00 **L** Library Committee Meeting
3:00 **F1** Happy Hour w/Lou Imperato
4:00 **FC** Strength Training
6:30 **TH** Let's go to the Movies

31

10:00 **FC** Music & Movement
11:00 **CR** Art Exhibit w/Jerry Kranzler
1:00 **CR** Pokeno
3:00 **F1** Happy Hour w/John Lobasco
4:00 **FC** Strength Training
6:30 **TH** Let's go to the Movies

4

Wear Red, White, and Blue
9:00 Hair Salon Open
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **C** July 4th History & Fun Facts w/Lorraine
1:30 **CR** Rummikub
2:30 **C** Let's Get Social
6:30 **F2** Friday Night Poker Game

11

9:00 Hair Salon Open
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
11:30 **LB** Lunch & Ice Cream - Strawberry's
1:30 **CR** Rummikub
2:30 **C** Let's Get Social
6:30 **F2** Friday Night Poker Game

18

9:00 Hair Salon Open
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
11:30 **LB** Harbour Bay Plaza Shopping & Lunch - Renato's
1:30 **CR** Rummikub
2:30 **C** Let's Get Social
6:30 **F2** Friday Night Poker Game

25

Culinary Professionals Day
9:00 Hair Salon Open
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
11:30 **LB** Outing - Nail Salon
1:30 **CR** Rummikub
2:30 **C** Let's Get Social
6:30 **F2** Friday Night Poker Game



5

9:30 **C** Nails with Kelly
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Sip & Savor Cafe Coffee
3:00 **F1** Fun & Games
6:30 **TH** Let's go to the Movies

12

9:30 **C** Nails with Kelly
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Sip & Savor Cafe Coffee
3:00 **C** Vanilla Cream Floats
3:00 **F1** Fun & Games
6:30 **TH** Let's go to the Movies

19

9:30 **C** Nails with Kelly
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Sip & Savor Cafe
3:00 **F1** Fun & Games
6:30 **TH** Let's go to the Movies

26

9:30 **C** Nails with Kelly
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Sip & Savor Cafe
3:00 **F1** Fun & Games
3:00 **C** Root Beer Floats
6:30 **TH** Let's go to the Movies

July Birthdays



July 2 - Gerri H. "103"!!

July 10 - Ralph D.

July 19 - George K.

July 21 - Barbara B.

July Gazette

Birthstone - Ruby

Flower - Larkspur

Plant - Snake Plant

LOCATION
KEY

- FC** Fitness Center
- E** Ent. Room
- CR** Community Room
- C** Cafe
- F1** Family Room
- TH** Theater
- CH** Chapel
- LB** Lobby
- F2** Family Room
- L** Library

Sunday

Alto Stuart

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Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our
Community

JULY



“Summertime is always the
best of what might be.”

Charles Bowen

July Gazette

Birthstone - Ruby

Plant - Snake Plant

Flower - Larkspur

What's Lucky in July?

Lucky Colors: Yellow & Pink

Lucky Animal: Tortoise

LOCATION
KEY

- AR Activity Room
- P Outside Patio
- F1 Family Room
- CH Chapel
- E Ent. Room
- DR Dining Room
- LB Lobby
- CR Community Room

6

9:30 **AR** Good Morning Message
11:00 **F1** Alto Stuart Choir w/Rhonda
2:30 **AR** Table Games
2:30 **P** Serenity & Sunshine
4:00 **DR** Table Games

13

9:30 **AR** Good Morning Message
11:00 **F1** Alto Stuart Choir w/Rhonda
2:30 **AR** Table Games
2:30 **P** Serenity & Sunshine
3:00 **AR** Ice Cream Social
4:00 **DR** Table Games

20

9:30 **AR** Good Morning Message
11:00 **F1** Alto Stuart Choir w/Rhonda
2:30 **AR** Table Games
2:30 **P** Serenity & Sunshine
4:00 **DR** Table Games

27

9:30 **AR** Good Morning Message
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **F1** St. Mary's Church
2:30 **AR** Table Games
2:30 **P** Serenity & Sunshine
4:00 **DR** Table Games

7

Lucky 7 Day
9:30 **AR** Rise and Shine
10:00 **AR** Memory Matching
11:00 **LB** Scenic Drive
2:00 **F1** Music with Gino
3:00 **AR** Afternoon Cappuccino
Social
4:00 **AR** Music Therapy

14

9:30 **AR** Rise and Shine
10:00 **AR** Memory Matching
11:00 **LB** Scenic Drive
2:00 **F1** Music w/Nicole Hulett
3:00 **AR** Afternoon Cappuccino
Social
4:00 **AR** Music Therapy

21

9:30 **AR** Rise and Shine
10:00 **AR** Memory Matching
11:00 **LB** Scenic Drive
2:00 **F1** Music w/Lou Laino
3:00 **AR** Afternoon Cappuccino
Social
4:00 **AR** Music Therapy

28

9:30 **AR** Rise and Shine
10:00 **AR** Memory Matching
11:00 **LB** Scenic Drive
11:30 **AR** Humane Society Pet Visit
2:00 **F1** Music w/Mike DeAngelis
3:00 **AR** Afternoon Cappuccino
Social
4:00 **AR** Music Therapy

1

9:30 **AR** Morning Power Up
10:00 **AR** Our Daily Stretch
11:00 **AR** Watering Plants
1:30 **AR** Nails with Ceila
2:30 **P** Serenity & Sunshine
4:00 **AR** Evening News

8

Liberty Bell Day
9:30 **AR** Morning Power Up
10:00 **AR** Our Daily Stretch
11:00 **AR** Watering Plants
1:30 **AR** Nails with Ceila
2:30 **P** Serenity & Sunshine
4:00 **AR** Evening News

15

9:30 **AR** Morning Power Up
10:00 **AR** Our Daily Stretch
11:00 **AR** Watering Plants
1:30 **AR** Nails with Ceila
2:30 **P** Serenity & Sunshine
4:00 **AR** Evening News

22

9:30 **AR** Morning Power Up
10:00 **AR** Our Daily Stretch
11:00 **AR** Watering Plants
1:30 **AR** Nails with Ceila
2:30 **P** Serenity & Sunshine
4:00 **AR** Evening News

29

9:30 **AR** Morning Power Up
10:00 **AR** Our Daily Stretch
11:00 **AR** Watering Plants
1:30 **AR** Nails with Ceila
2:30 **P** Serenity & Sunshine
4:00 **AR** Evening News

2

Black & White Day
9:30 **AR** Local News & Coffee
10:00 **AR** Senior Zumba
11:00 **AR** Baking
1:30 **AR** Watercolor Painting
2:30 **P** Serenity & Sunshine
3:00 **AR** Conversations & Coffee
4:00 **AR** Aroma Infused Towelettes

9

9:30 **AR** Local News & Coffee
10:00 **AR** Senior Zumba
11:00 **AR** Sensory Activities
1:30 **AR** Expressions with Color
2:30 **P** Serenity & Sunshine
3:00 **AR** Conversations & Coffee
4:00 **AR** Aroma Infused Towelettes

16

9:30 **AR** Local News & Coffee
10:00 **AR** Senior Zumba
11:00 **AR** Baking
1:30 **AR** Relax with Color
2:30 **P** Serenity & Sunshine
3:00 **AR** Conversations & Coffee
4:00 **AR** Aroma Infused Towelettes

23

9:30 **AR** Local News & Coffee
10:00 **AR** Senior Zumba
1:30 **AR** Sensory Exploring
2:30 **P** Serenity & Sunshine
3:00 **AR** Conversations & Coffee
4:00 **AR** Aroma Infused Towelettes

30

9:30 **AR** Local News & Coffee
10:00 **AR** Senior Zumba
2:30 **P** Serenity & Sunshine
3:00 **AR** Conversations & Coffee
4:00 **AR** Aroma Infused Towelettes

3

9:30 **AR** Morning Boost
10:00 **AR** Feel the beat singing
11:00 **AR** Sensory & Hand Massages
1:30 **AR** Touring - San Diego Zoo
3:00 **F1** Music w/Daryl Magill
4:00 **AR** Storytime Reading

10

9:30 **AR** Morning Boost
10:00 **AR** Feel the beat singing
11:00 **AR** Sensory & Hand Massages
1:30 **AR** Virtual Tour - Yellowstone
Park
3:00 **F1** Music w/Mike DeAngelis
4:00 **AR** Storytime Reading

17

9:30 **AR** Morning Boost
10:00 **AR** Feel the beat singing
11:00 **AR** Sensory & Hand Massages
1:30 **AR** Concert - Connie Francis
3:00 **F1** Music w/Mike DeAngelis
4:00 **AR** Storytime Reading

24

9:30 **AR** Morning Boost
10:00 **AR** Feel the beat singing
11:00 **AR** Sensory & Hand Massages
1:30 **AR** Travel Tour - Hawaii
3:00 **F1** Music w/Mike DeAngelis
4:00 **AR** Storytime Reading

31

9:30 **AR** Morning Boost
10:00 **AR** Feel the beat singing
11:00 **AR** Sensory & Hand Massages
1:30 **AR** Virtual Tours - Alaska Zoo
3:00 **F1** Music w/John Lobasco
4:00 **AR** Storytime Reading

4

Red, White & Blue Day
July 4th
9:30 **AR** Let's Get Started
10:00 **AR** Flex & Stretch
10:30 **AR** Movie & Popcorn
1:30 **AR** Red, White & Blue Craft
2:30 **P** Serenity & Sunshine
3:00 **AR** Social Time
4:00 Let's Go for a Walk

11

9:30 **AR** Let's Get Started
10:00 **AR** Flex & Stretch
10:30 **AR** Movie & Popcorn
1:30 **AR** Bingo
2:30 **P** Serenity & Sunshine
3:00 **AR** Social Time
4:00 Let's Go for a Walk

18

9:30 **AR** Let's Get Started
10:00 **AR** Flex & Stretch
10:30 **AR** Movie & Popcorn
1:30 **AR** Bingo
2:30 **P** Serenity & Sunshine
3:00 **AR** Social Time
4:00 Let's Go for a Walk

25

Culinary Professionals Day
9:30 **AR** Let's Get Started
10:00 **AR** Flex & Stretch
10:30 **AR** Movie & Popcorn
1:30 **AR** Bingo
2:30 **P** Serenity & Sunshine
3:00 **AR** Social Time
4:00 Let's Go for a Walk

