

UPCOMING COMMUNITY EVENTS



HAPPY FOURTH OF JULY!

The 4th of July is a time to reflect on the freedoms we cherish and the history that shaped our nation. At our community, we honor the spirit of independence and the contributions of all who have served to protect it. Wishing everyone a safe and meaningful Independence Day.



WHEELCHAIR WALKER WASH

Tuesday, July 8th | 2:30 PM

We'll be offering complimentary cleaning and vacuuming for wheelchairs and walkers—a great chance to freshen up your ride and keep things rolling smoothly!

DON'T MISS THESE EVENTS!

- FRI 7/04 2PM | STARS & STRIPES SOCIAL
- TUES 7/08 11:30AM | MANHATTANS LUNCH OUTING
- TUES 7/08 2:30PM | WHEELCHAIR WALKER WASH
- WED 7/16 2:30 | CLAY CREATIONS
- TUES 7/22 3PM | PEN PAL CLUB
- MON 7/28 2PM | RESIDENT COUNCIL MEETING

Alto Wheaton
219 Parkway Dr
Wheaton, IL 60187
(630) 752-0644



FLOURISH

JULY 2025



WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

“SUMMERTIME IS ALWAYS THE BEST OF WHAT MIGHT BE.”

—CHARLES BOWDEN

Sunday

Alto Wheaton

219 Parkway Dr
Wheaton, IL 60187
(630) 752-0644
www.AllegroLiving.com

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our
Community



HAPPY JULY BIRTHDAY

7/01 Dan G.

7/09 Nancy S.

7/10 Irma W.

7/12 Kay L.

7/15 George U.

7/18 Joyce O.

LOCATION
KEY

- AR Activity Room
- O Outing
- T Theater
- B Bistro
- 3 3rd Floor Hallway
- 2 2nd Floor Hallway
- L Library
- DR Dining Room
- FL Front Lobby

6

11:00 **AR** Trivia with Jeanne
11:30 **AR** Chair Volleyball
1:00 **AR** Dominoes
2:00 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

13

11:00 **AR** Trivia with Jeanne
11:30 **AR** Chair Volleyball
1:00 **AR** Dominoes
2:00 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

20

11:00 **AR** Trivia with Jeanne
11:30 **AR** Chair Volleyball
1:00 **AR** Dominoes
2:00 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

27

11:00 **AR** Trivia with Jeanne
11:30 **AR** Chair Volleyball
1:00 **AR** Dominoes
2:00 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

7

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **AR** Quiddler
1:00 **T** Bible Study with Alicia
2:30 **FL** 4th Floor Tour w/ Tommy
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

14

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **AR** Quiddler
1:00 **T** Bible Study with Alicia
2:30 **AR** Penny Auction
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

21

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **AR** Quiddler
1:00 **T** Bible Study with Alicia
2:00 **AR** Bingo Bonanza!
3:15 **AR** John Boda Presents
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

28

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Health Talk with Legacy
12:45 **AR** Quiddler
1:00 **T** Bible Study with Alicia
2:00 **AR** Resident Council Meeting
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

1

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **O** Walgreens Shopping Outing
11:00 **AR** White Board Puzzles
11:30 **AR** Seated Exercise - Bands
1:00 **AR** Kings in the Corner Cards
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:15 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party

8

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Seated Exercise - Bands
11:30 **O** Manhattan's Lunch Outing
1:00 **AR** Kings in the Corner Cards
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:30 **FL** Wheelchair-Walker WASH
3:30 **T** Jeopardy Watch Party

15

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Seated Exercise - Bands
1:00 **AR** Kings in the Corner Cards
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:15 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

22

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Seated Exercise - Bands
1:00 **AR** Kings in the Corner Cards
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:30 **AR** Meeting with the Chef
3:00 **AR** Pen Pal Club
3:30 **T** Jeopardy Watch Party

29

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:00 **O** Dollar Tree Outing
11:30 **AR** Seated Exercise - Bands
1:00 **AR** Kings in the Corner Cards
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:15 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party

2

9:30 **3** Walking Club
10:00 **AR** Communion with Dcn Dan
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Yoga Seated Exercise
12:45 **AR** Quiddler
1:00 **T** Book Club Meeting
2:00 **AR** Bingo Bonanza!
3:00 **AR** "You be the Judge" Game
3:30 **T** Jeopardy Watch Party

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9:30 **3** Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Yoga Seated Exercise
12:45 **AR** Quiddler
1:00 **T** Book Club Meeting
2:30 **AR** Jeopardy LIVE Game
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

16

9:00 **FL** Library Book Drop Off Day
9:30 **3** Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Yoga Seated Exercise
12:45 **AR** Quiddler
2:30 **AR** Clay Creations Craft
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

23

9:30 **3** Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Yoga Seated Exercise
12:45 **AR** Quiddler
2:00 **AR** Bingo Bonanza!
3:00 **AR** Activity Planning Meeting
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

30

9:30 **3** Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Yoga Seated Exercise
12:45 **AR** Quiddler
1:00 **T** Book Club Meeting
2:00 **AR** Universal Yums Tasting
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

3

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **AR** "Fill in the Blank" Game
1:30 **T** Rosary Group
2:30 **AR** Little Wing Live
3:30 **T** Jeopardy Watch Party
3:30 **AR** Kings in the Corner Cards
6:00 **T** Movie Night

10

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Seated Exercise - Bands
1:00 **AR** "Fill in the Blank" Game
1:30 **T** Rosary Group
2:30 **AR** Terry's Tunes Live
3:30 **T** Jeopardy Watch Party
3:30 **AR** Kings in the Corner Cards
6:00 **T** Movie Night

17

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **AR** "Fill in the Blank" Game
1:30 **T** Rosary Group
2:30 **AR** Jack Miuccio Sings!
3:30 **T** Jeopardy Watch Party
3:30 **AR** Kings in the Corner Cards
6:00 **T** Movie Night

24

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Seated Exercise - Bands
1:00 **AR** "Fill in the Blank" Game
1:30 **T** Rosary Group
2:30 **AR** Tim Wilsey Presents
3:30 **T** Jeopardy Watch Party
3:30 **AR** Kings in the Corner Cards
6:00 **T** Movie Night

31

10:00 **AR** Good News & Views
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **AR** "Fill in the Blank" Game
1:30 **T** Rosary Group
2:30 **AR** Live Piano: Ruth B.
3:30 **T** Jeopardy Watch Party
3:30 **AR** Kings in the Corner Cards
6:00 **T** Movie Night

4

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Seated Exercise - Weights
12:45 **AR** Quiddler
1:00 **L** Knitting Club
1:00 **AR** Cooking Club - Brownies
2:00 **DR** Stars & Stripes Social
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

11

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Seated Exercise - Weights
12:45 **AR** Quiddler
1:00 **L** Knitting Club
1:00 **AR** Cooking Club - Brownies
1:30 **T** Communion w. Rev. Joanne
2:30 **DR** Happy Hour!
3:30 **T** Jeopardy Watch Party

18

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Seated Exercise - Weights
12:45 **AR** Quiddler
1:00 **L** Knitting Club
1:00 **AR** Cooking Club - Brownies
2:30 **DR** Happy Hour!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

25

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Seated Exercise - Weights
12:45 **AR** Quiddler
1:00 **L** Knitting Club
1:00 **AR** Cooking Club - Brownies
1:30 **T** Communion w. Rev. Joanne
2:30 **DR** Happy Hour!
3:30 **T** Jeopardy Watch Party



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our
Community

DOG DAYS, Amy Lowell

Great waves and tufts of
wistaria surge across the
window, And a thin, belated
blossom

Jerks up and down in the
sunlight; Purple translucence
against the blue sky.

“Tie back this branch,” I say,
But my hands are sticky with
leaves,

And my nostrils widen to the
smell of crushed green. The
ladder moves uneasily at the
open window, And I call to
the man beneath, “Tie back
that branch.” There is a
ladder leaning against the
window-sill, And a mutter of
thunder in the air.

BIRTHDAYS:

DEBBIE P. Friday 4th

BOB N. Tuesday 15th

MARILYN S. Thursday 24th

GAYLE P. Saturday 26th

LOCATION
KEY

- BR Blue Room
- SK Sapphire Kitchen
- O Outing
- P Outdoor Patio
- GR Green Room

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219 Parkway Dr
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6

9:45 **BR** Morning Reflections
10:00 **SK** Balloon Volleyball
10:15 **BR** Seated Yoga Stretching
10:15 **BR** Good News & Chronicle
1:30 **GR** Sing Along
2:00 **SK** Hydration Station
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

13

9:45 **BR** Morning Reflections
10:00 **SK** Balloon Volleyball
10:15 **BR** Seated Yoga Stretching
10:15 **BR** Good News & Chronicle
1:30 **GR** Sing Along
2:00 **SK** Hydration Station
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

20

9:45 **BR** Morning Reflections
10:00 **SK** Balloon Volleyball
10:15 **BR** Seated Yoga Stretching
10:15 **BR** Good News & Chronicle
1:30 **GR** Sing Along
2:00 **SK** Hydration Station
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

27

9:45 **BR** Morning Reflections
10:00 **SK** Balloon Volleyball
10:15 **BR** Seated Yoga Stretching
10:15 **BR** Good News & Chronicle
1:30 **GR** Sing Along
2:00 **SK** Hydration Station
2:30 **GR** Creative Crafts
3:30 **SK** Bingo
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

7

9:45 **BR** Morning Reflections
10:00 **SK** Fun with Arts & Crafts
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** Cooking with Jeanne
2:00 **SK** Hydration Station
2:30 **GR** Garden Club
3:00 **GR** World Tour
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

14

9:45 **BR** Morning Reflections
10:00 **SK** Fun with Arts & Crafts
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** Cooking with Jeanne
2:00 **SK** Hydration Station
2:30 **GR** Garden Club
3:00 **GR** World Tour
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

21

9:45 **BR** Morning Reflections
10:00 **SK** Fun with Arts & Crafts
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **SK** Cooking with Jeanne
1:45 **BR** JOHN BODA SINGER
2:00 **SK** Hydration Station
2:30 **GR** Garden Club
3:00 **GR** World Tour
4:00 **P** Sunshine Club

28

9:45 **BR** Morning Reflections
10:00 **SK** Fun with Arts & Crafts
10:15 **BR** Good News & Chronicle
10:30 **BR** CHAPLAIN RICH SING ALONG
1:30 **SK** Cooking with Jeanne
2:00 **SK** Hydration Station
2:30 **GR** Garden Club
3:00 **GR** World Tour
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

8

9:45 **BR** Morning Reflections
10:00 **SK** Walking Club
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:00 **SK** Hydration Station
2:45 **SK** Songs & Senses
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

15

9:45 **BR** Morning Reflections
10:00 **SK** Walking Club
10:15 **BR** Good News & Chronicle
10:30 **GR** RON DILLER WOOD CARVER
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:00 **SK** Hydration Station
2:45 **SK** Songs & Senses
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

22

9:45 **BR** Morning Reflections
10:00 **SK** Walking Club
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
1:30 **O** Scenic Trips & Tales Tommy
2:00 **SK** Hydration Station
2:45 **SK** Songs & Senses
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

29

9:45 **BR** Morning Reflections
10:00 **SK** Walking Club
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
2:00 **SK** Hydration Station
2:45 **SK** Songs & Senses
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

9

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
11:00 **SK** Manicures with Mya
1:00 **SK** Therapy Dog Tori
1:30 **BR** Word Brain Games
2:00 **SK** Hydration Station
2:30 **BR** LITHOGRAPHY w/ TIMOTHY
3:30 **BR** Happy Hour
4:00 **P** Sunshine Club

16

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
11:00 **SK** Manicures with Mya
1:30 **BR** Word Brain Games
2:00 **SK** Hydration Station
2:30 **GR** DUBLIN POTTER CLAY DEMO
3:30 **BR** Happy Hour
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

23

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
11:00 **SK** Manicures with Mya
1:30 **BR** Word Brain Games
2:00 **SK** Hydration Station
2:30 **BR** LAURA THE HARPIST
3:30 **BR** Happy Hour
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

30

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
11:00 **SK** Manicures with Mya
1:30 **BR** Word Brain Games
2:00 **SK** Hydration Station
3:30 **BR** Happy Hour
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

2

9:45 **BR** Morning Reflections
10:00 **BR** DEACON DAN - COMMUNION
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
11:00 **SK** Manicures with Mya
1:30 **BR** Word Brain Games
2:00 **SK** Hydration Station
2:30 **BR** RUTH PIANO PLAYER
3:30 **BR** Happy Hour
4:00 **P** Sunshine Club

3

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
2:00 **SK** Hydration Station
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

10

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
2:00 **SK** Hydration Station
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

17

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
11:00 **BR** EXERCICE w/ TRAINER DAVID
2:00 **SK** Hydration Station
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

24

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
2:00 **SK** Hydration Station
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

31

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
2:00 **SK** Hydration Station
2:30 **GR** Ice Cream Social
3:30 **SK** Virtual Concerts
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

4

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:15 **SK** T: Aromatherapy
10:45 **BR** Exercise with Us!
1:45 **GR** Garden Club
2:00 **SK** Hydration Station
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

11

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:15 **SK** T: Aromatherapy
10:45 **BR** Exercise with Us!
1:45 **GR** Garden Club
2:00 **SK** Hydration Station
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

18

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:15 **SK** T: Aromatherapy
10:45 **BR** Exercise with Us!
1:45 **GR** Garden Club
2:00 **SK** Hydration Station
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

25

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:15 **SK** T: Aromatherapy
10:45 **BR** Exercise with Us!
1:45 **GR** Garden Club
2:00 **SK** Hydration Station
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

5

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
2:00 **SK** Hydration Station
2:30 **SK** Read with Ellen
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

12

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
2:00 **SK** Hydration Station
2:30 **SK** Read with Ellen
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

19

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
2:00 **SK** Hydration Station
2:00 **SK** Read with Ellen
2:30 **SK** HEATHER THE SINGER
3:30 **SK** Virtual Concerts
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals

26

9:45 **BR** Morning Reflections
10:15 **BR** Good News & Chronicle
10:45 **BR** Exercise with Us!
2:00 **SK** Hydration Station
2:30 **SK** Read with Ellen
3:00 **SK** Balloon Games
3:30 **SK** Virtual Concerts
4:00 **P** Sunshine Club
6:00 **SK** Classic Movies & Musicals



Picnic In The Park at Blackwell Forest 2025