

UPCOMING COMMUNITY EVENTS



**FATHER'S DAY**  
Happy Father's Day! we celebrate and honor the fathers, grandfathers, and father figures who have given so much love, guidance, and strength over the years. Your wisdom, care, and dedication have made a lasting impact on the lives of those around you. Wishing you a wonderful Father's Day filled with happiness and love!

**JUNETEENTH**  
Happy Juneteenth! Juneteenth is a time to reflect on the struggles and resilience of those who came before us, and to celebrate freedom, unity, and progress. We honor this day with respect, remembrance, and hope for a brighter, more inclusive future for all.



MARK YOUR CALENDARS!

- 5- Happy Hour & Live Music
- 12- New Resident Meet-and-Greet Happy Hour
- 15- Gentleman Happy Hour
- 19- Juneteenth: Happy Hour & Live Music
- 27- Birthday Celebration with Live Music

**Fort Lauderdale**  
1290 N. Federal Highway  
Fort Lauderdale, FL 33304  
(954) 883-9903



FLOURISH

JUNE 2025



WHAT'S INSIDE

**Pg 2-3**  
Social Calendar

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Upcoming Events + News

*"THE MOST IMPORTANT THING IS TO TRY AND INSPIRE PEOPLE SO THAT THEY CAN BE GREAT IN WHATEVER THEY WANT TO DO." - KOBE BRYANT*



Sunday

**1**  
10:00 **L** Local Church Shuttle  
10:00 **L** Walking Club  
11:15 **B** Coffee and Conversation  
11:15 **B** Weekly Update with Lifestyle  
  
1:00 **L** Trip: Barnes & Noble  
2:00 **B** Scoop of the Month  
2:15 **T** Movie & Popcorn:  
3:00 **GR** Billiards and Board Games  
8:15 **T** Movie Night

**8**  
10:00 **L** Local Church Shuttle  
10:00 **L** Walking Club  
11:15 **B** Coffee and Conversation  
11:15 **B** Weekly Update with Lifestyle  
  
1:00 **L** Trip: Barnes & Noble  
2:00 **B** Scoop of the Month  
2:15 **T** Movie & Popcorn:  
3:00 **GR** Billiards and Board Games  
8:15 **T** Movie Night

**15**  
10:00 **L** Local Church Shuttle  
10:00 **L** Walking Club  
11:15 **B** Coffee and Conversation  
11:15 **B** Weekly Update with Lifestyle  
  
1:00 **L** Trip: Barnes & Noble  
2:00 **B** Scoop of the Month  
2:15 **T** Movie & Popcorn:  
7:00 **B** Gentleman Happy Hour  
8:15 **T** Movie Night

**22**  
10:00 **L** Local Church Shuttle  
10:00 **L** Walking Club  
11:15 **B** Coffee and Conversation  
11:15 **B** Weekly Update with Lifestyle  
12:30 **L** Lunch Outing: Saesons 52  
1:00 **L** Trip: Barnes & Noble  
2:00 **B** Scoop of the Month  
2:15 **T** Movie & Popcorn:  
8:15 **T** Movie Night

**29**  
10:00 **L** Local Church Shuttle  
10:00 **L** Walking Club  
11:15 **B** Coffee and Conversation  
11:15 **B** Weekly Update with Lifestyle  
  
1:00 **L** Trip: Barnes & Noble  
2:00 **B** Scoop of the Month  
2:15 **T** Movie & Popcorn:  
3:00 **GR** Billiards and Board Games  
8:15 **T** Movie Night

Monday

**2**  
9:00 **L** Trip: CVS/Walgreens  
10:00 **Y** Chair Yoga - All Levels  
11:00 **CR** Crossword Puzzle  
1:45 **CR** Beginning Level: Art Craft and Fun  
2:15 **T** Movie & Popcorn:  
3:00 **CR** Big Money Bingo  
8:15 **T** Movie Night

**9**  
9:00 **L** Trip: CVS/Walgreens  
10:00 **Y** Chair Yoga - All Levels  
11:00 **CR** Crossword Puzzle  
1:45 **CR** Beginning Level: Art Craft and Fun  
2:15 **T** Movie & Popcorn:  
3:00 **CR** Big Money Bingo  
8:15 **T** Movie Night

**16**  
9:00 **L** Trip: CVS/Walgreens  
10:00 **Y** Chair Yoga - All Levels  
11:00 **CR** Crossword Puzzle  
11:00 **B** Posh Pro- Concierge Services  
1:45 **CR** Beginning Level: Art Craft and Fun  
2:15 **T** Movie & Popcorn:  
3:00 **CR** Big Money Bingo  
8:15 **T** Movie Night

**23**  
9:00 **L** Trip: CVS/Walgreens  
10:00 **Y** Chair Yoga - All Levels  
11:00 **CR** Crossword Puzzle  
2:00 **FA** Cooking Demonstration with Lifestyles  
2:15 **T** Movie & Popcorn:  
3:00 **CR** Big Money Bingo  
8:15 **T** Movie Night

**30**  
9:00 **L** Trip: CVS/Walgreens  
10:00 **Y** Chair Yoga - All Levels  
11:00 **CR** Crossword Puzzle  
1:45 **CR** Beginning Level: Art Craft and Fun  
2:15 **T** Movie & Popcorn:  
3:00 **CR** Big Money Bingo  
8:15 **T** Movie Night

Tuesday

**3**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Brain Power Hour  
1:00 **CR** Bridge  
2:00 **CR** Activity Planning Meeting  
2:15 **T** Movie & Popcorn:  
4:00 **CR** Canasta  
8:15 **T** Movie Night

**10**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Brain Power Hour  
11:00 **T** Lecture- Wes Anthony  
1:00 **L** Trip: Fresh Market  
1:00 **CR** Bridge  
1:00 **CR** ACE ACE Casino  
2:15 **T** Movie & Popcorn:  
4:00 **CR** Canasta  
8:15 **T** Movie Night

**17**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Brain Power Hour  
11:00 **CR** Resident Council  
1:00 **CR** Bridge  
2:15 **T** Movie & Popcorn:  
4:00 **CR** Canasta  
8:15 **T** Movie Night

**24**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Brain Power Hour  
1:00 **CR** ACE ACE Casino  
1:30 **B** DIY Ceramic Succulent Pot: All Levels  
2:15 **T** Movie & Popcorn:  
3:00 **T** Conversation with Rabbi Singer  
4:00 **CR** Canasta  
8:15 **T** Movie Night



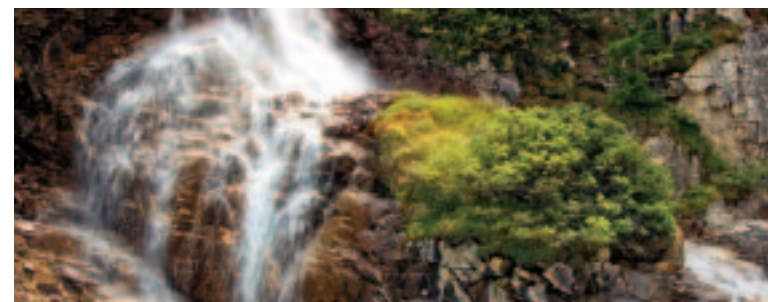
Wednesday

**4**  
9:00 **L** Trip: Publix  
10:00 **Y** Chair Yoga - All Levels  
11:00 **CR** Words in a Word  
2:00 **B** Flower Arrangements  
2:15 **T** Movie & Popcorn:  
3:00 **CR** Dominoes  
7:00 **B** Karaoke Night  
8:15 **T** Movie Night

**11**  
9:00 **L** Trip: Publix  
10:00 **Y** Chair Yoga - All Levels  
11:00 **CR** Words in a Word  
2:00 **B** Flower Arrangements  
2:00 **SK** A Toast to Father's Wine Tasting  
2:15 **T** Movie & Popcorn:  
4:00 **T** Catholic Mass  
7:00 **B** Karaoke Night  
8:15 **T** Movie Night

**18**  
9:00 **L** Trip: Publix  
10:00 **Y** Chair Yoga - All Levels  
11:00 **CR** Words in a Word  
2:00 **B** Flower Arrangements  
2:15 **T** Movie & Popcorn:  
3:00 **CR** Dominoes  
7:00 **B** Karaoke Night  
8:15 **T** Movie Night

**25**  
9:00 **L** Trip: Publix  
10:00 **Y** Chair Yoga - All Levels  
11:00 **CR** Words in a Word  
2:00 **B** Flower Arrangements  
2:15 **T** Movie & Popcorn:  
3:00 **CR** Book Club  
3:00 **CR** Dominoes  
7:00 **B** Karaoke Night  
8:15 **T** Movie Night



Thursday

**5**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Trivia Challenge  
2:00 **CR** Plant a Flower Day  
2:15 **T** Movie & Popcorn:  
3:00 **CR** Card Games Group  
4:00 **B** Happy Hour & Live Music  
6:00 **B** Rummikub Lesson  
8:15 **T** Movie Night

**12**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Trivia Challenge  
2:00 **CR** Cooking Demonstration with Chef  
2:15 **T** Movie & Popcorn:  
3:00 **CR** Card Games Group  
4:00 **B** New Resident Meet-and-Greet Happy Hour  
6:00 **B** Rummikub Lesson  
8:15 **T** Movie Night

**19**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Trivia Challenge  
2:00 **C** Connected Living- My Profile  
2:15 **T** Movie & Popcorn:  
3:00 **CR** Card Games Group  
4:00 **B** Juneteenth: Happy Hour & Live Music  
6:00 **B** Rummikub Lesson  
8:15 **T** Movie Night

**26**  
10:00 **CR** PT by Design Fitness Class  
11:00 **CR** Trivia Challenge  
11:00 **WL** Community Ressource Fair  
1:30 **CR** Lecture: Positive Thinking  
2:15 **T** Movie & Popcorn:  
3:00 **CR** Card Games Group  
6:00 **B** Rummikub Lesson  
8:15 **T** Movie Night

Friday

**6**  
10:00 **Y** Chair Yoga - All Levels  
11:00 **CR** Spanish Lessons- All Levels  
1:30 **CR** Poker Games  
2:00 **C** Connected Living- My Profile  
2:15 **T** Movie & Popcorn:  
3:00 **B** Afternoon Tea  
4:00 **B** MAHJONG  
8:15 **T** Movie Night

**13**  
10:00 **Y** Chair Yoga - All Levels  
11:00 **CR** Town Hall Meeting  
11:00 **CR** Spanish Lessons- All Levels  
1:30 **CR** Poker Games  
2:15 **T** Movie & Popcorn:  
3:00 **B** Afternoon Tea  
4:00 **B** MAHJONG  
8:15 **T** Movie Night

**20**  
10:00 **Y** Chair Yoga - All Levels  
11:00 **CR** Spanish Lessons- All Levels  
1:30 **CR** Poker Games  
2:15 **T** Movie & Popcorn:  
3:00 **B** Afternoon Tea  
4:00 **B** MAHJONG  
8:15 **T** Movie Night

**27**  
10:00 **Y** Chair Yoga - All Levels  
11:00 **CR** Spanish Lessons- All Levels  
1:30 **CR** Poker Games  
2:15 **T** Movie & Popcorn:  
3:00 **B** Afternoon Tea  
4:00 **B** MAHJONG  
4:00 **B** Birthday Celebration with Live Music  
8:15 **T** Movie Night

Saturday

**7**  
10:00 **L** Trip: Trader Joe's & More  
10:00 **B** Smoothie of the Week  
12:30 **L** Lunch Outing: The Friendship Grill  
2:00 **PD** Jenga Tournament  
2:15 **T** Movie & Popcorn:  
3:00 **B** Rummikub Games  
3:00 **CR** Big Money Bingo  
4:00 **B** Trivia in Bistro  
8:15 **T** Movie Night

**14**  
10:00 **L** Trip: Trader Joe's & More  
10:00 **B** Smoothie of the Week  
2:00 **PD** Jenga Tournament  
2:15 **T** Movie & Popcorn:  
3:00 **B** Rummikub Games  
3:00 **CR** Big Money Bingo  
4:00 **B** Trivia in Bistro  
8:15 **T** Movie Night

**21**  
10:00 **L** Trip: Trader Joe's & More  
10:00 **B** Smoothie of the Week  
2:00 **PD** Jenga Tournament  
2:00 **Y** Pet Yoga- All Levels  
2:15 **T** Movie & Popcorn:  
3:00 **B** Rummikub Games  
3:00 **CR** Big Money Bingo  
4:00 **B** Trivia in Bistro  
8:15 **T** Movie Night

**28**  
10:00 **L** Trip: Trader Joe's & More  
10:00 **B** Smoothie of the Week  
2:00 **PD** Jenga Tournament  
2:15 **T** Movie & Popcorn:  
3:00 **B** Rummikub Games  
3:00 **CR** Big Money Bingo  
4:00 **B** Trivia in Bistro  
8:15 **T** Movie Night

Around our Community

World Environment

World Environment Day, celebrated every year on June 5th, is a global event dedicated to raising awareness about the importance of protecting our environment. It was established by the United Nations in 1972 and is now recognized worldwide as a time to reflect on the health of our planet and the actions we can take to preserve it. Here in our community, World Environment Day is a wonderful reminder that even small changes can make a big difference. Whether it's reducing waste, conserving water and electricity, or simply enjoying the beauty of nature around us, each step helps. Let's take this day as an opportunity to learn more about how we can care for the environment not just on June 5th, but every day. Together, we can help protect our planet for future generations.

LOCATION KEY

- L** Meet in Lobby
- B** Bistro
- T** Movie Theater
- GR** Game Room
- Y** Yoga/Exercise Room
- CR** Community Room
- C** Conference Room
- PD** Pool Deck
- SK** Sky Lounge
- FA** Family Room

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Sunday

1

9:30 **IS** Virtual Church Service  
10:30 **IS** Flex & Relax Class  
11:00 **IS** IN2L Memory Games  
1:00 **AR** Sports, Outdoor Time/Walk  
2:00 **B** Ice Cream in the Bistro  
3:00 **AR** Arts-n-Crafts Project  
6:00 **AR** Evening Program w/ Talia

8

9:30 **IS** Virtual Church Service  
10:30 **IS** Flex & Relax Class  
11:00 **IS** IN2L Memory Games  
1:00 **AR** Sports, Outdoor Time/Walk  
2:00 **B** Ice Cream in the Bistro  
3:00 **AR** Group Word Games/Puzzles  
6:00 **AR** Evening Program w/ Talia

15

9:30 **IS** Virtual Church Service  
10:30 **IS** Flex & Relax Class  
11:00 **IS** All About Father's Day  
1:00 **IS** Sing-a-Long Songs  
2:00 **AR** Father's Day Social  
3:30 **AR** Father's Day Word Games  
6:00 **AR** Evening Program w/ Talia

22

9:30 **IS** Virtual Church Service  
10:30 **IS** Flex & Relax Class  
11:00 **IS** IN2L Memory Games  
1:00 **AR** Sports, Outdoor Time/Walk  
2:00 **B** Ice Cream in the Bistro  
3:00 **AR** Group Word Games/Puzzles  
6:00 **AR** Evening Program w/ Talia

29

9:30 **IS** Virtual Church Service  
10:30 **IS** Flex & Relax Class  
11:00 **IS** IN2L Memory Games  
1:00 **AR** Sports, Outdoor Time/Walk  
2:00 **B** Ice Cream in the Bistro  
3:00 **AR** Beading Class  
4:00 **AR** Video Clips, Dancing  
6:00 **AR** Evening Program w/ Talia

Monday

2

10:00 **IS** Chair Exercise  
10:30 **IS** All About June Slide Show  
11:30 **IS** Sing-a-Long Songs  
1:00 **TR** Outdoor Time/Walk  
2:00 **AR** Cookie Baking & Reminiscing  
3:00 **AR** Joggin Your Noggin  
6:00 **AR** Evening Movie

9

10:00 **IS** Chair Exercise  
10:30 **IS** Wheel of Fortune  
11:30 **IS** Spring Slide Show  
1:00 **TR** Outdoor Time  
2:00 **AR** Coffee & Tea Social  
3:00 **AR** Famous People Born in June  
6:00 **AR** Evening Movie

16

10:00 **IS** Chair Exercise  
10:30 **AR** Pet Therapy w/ "Nelly"  
11:30 **IS** Sing-a-Long Songs  
1:00 **TR** Outdoor Time  
2:00 **AR** The New Parachute!  
3:00 **AR** Group Crossword  
6:00 **AR** Evening Movie

23

10:00 **IS** Chair Exercise  
10:30 **IS** Interactive Game  
11:30 **IS** Sing-a-Long Songs  
1:30 **AR** Music Therapy w/ Mariana  
2:30 **AR** Coffee, Tea & Cookies  
3:30 **AR** Trivia Contest  
6:00 **AR** Evening Movie

30

10:00 **IS** Chair Exercise  
10:30 **IS** Interactive Game  
11:30 **IS** Sing-a-Long Songs  
1:00 **TR** Outdoor Time  
2:00 **AR** Iced Tea Tasting Social  
3:00 **AR** Joggin Your Noggin  
6:00 **AR** Evening Movie

Tuesday

3

9:30 **TR** Outdoor Time  
10:30 **IS** Sit & Stretch  
11:00 **IS** Travel Talk w/ Trivia  
1:00 **PD** Outdoor Walk  
2:00 **AR** Group Word Game  
3:00 **AR** Bingo Time!  
6:00 **IS** Evening Program w/ Talia

10

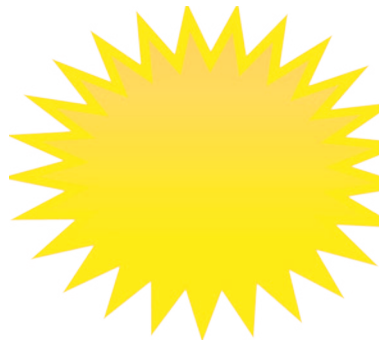
9:30 **TR** Outdoor Time  
10:30 **IS** Sit & Stretch  
11:00 **IS** The Family Feud  
1:00 **PD** Outdoor Walk  
2:00 **AR** Sing-a-Long  
3:00 **AR** Pokeeno Game  
6:00 **IS** Evening Program w/ Talia

17

9:30 **TR** Outdoor Time  
10:30 **IS** Sit & Stretch  
11:00 **IS** Travel Talk w/ Trivia  
1:00 **PD** Outdoor Walk  
2:00 **AR** The Golden Girls Salon  
3:30 **AR** Oldie But Goodie, Movie  
6:00 **IS** Evening Program w/ Talia

24

9:30 **TR** Outdoor Time  
10:30 **IS** Sit & Stretch  
11:00 **IS** Travel Talk w/ Trivia  
1:00 **PD** Outdoor Walk  
2:00 **AR** Arts-n-Crafts  
3:30 **AR** Jenga!  
6:00 **IS** Evening Program w/ Talia



Wednesday

4

10:00 **IS** Exercise Class  
10:30 **AR** News & Views  
11:30 **IS** Video Clips, Funny Animals  
1:00 **PD** Outdoor Walk  
2:00 **T** Movie Theater Reserved  
3:00 **AR** Father's Day Craft  
6:00 **AR** Evening Movie

11

10:00 **AR** Pet Therapy w/ Sophie  
11:00 **AR** News & Views  
11:30 **TR** Outdoor Time  
1:30 **L** Scenic Bus Ride  
2:30 **AR** Ice Cream Sundae Bar  
3:30 **AR** Match Game  
6:00 **AR** Evening Movie

18

10:00 **IS** Exercise Class  
10:30 **AR** News & Views  
11:30 **TR** Outdoor Time  
1:00 **AR** Short Comedy  
2:00 **AR** Movie Theater Reserved  
3:30 **AR** Group Word Search  
6:00 **AR** Evening Movie

25

10:00 **AR** Pet Therapy w/ Sophie  
10:30 **AR** News & Views  
1:30 **L** Scenic Bus Ride  
2:00 **AR** Trivia Game on TV  
3:00 **AR** Checkers, Trouble  
4:00 **QR** Reminiscing, Short Stories  
6:00 **AR** Evening Movie



Thursday

5

10:00 **IS** Sit & Stretch  
10:30 **Y** Work-Out at The Gym!  
11:00 **IS** Interactive Games  
1:30 **L** Scenic Bus Ride/Frostys  
2:00 **LI** Library Time  
4:00 **B** Happy Hour w/ Live Music  
6:00 **IS** Evening Movie

12

10:00 **IS** Sit & Stretch  
10:30 **Y** Work-Out at The Gym!  
11:00 **IS** Trivia Time  
1:00 **PD** Outdoor Walk by the Water  
2:30 **AR** Entertainment w/ Chris  
3:30 **AR** Card Game  
6:00 **IS** Evening Movie

19

10:00 **IS** Sit & Stretch  
10:30 **Y** Work-Out at The Gym!  
11:00 **IS** Interactive Games  
1:30 **L** Scenic Bus Ride  
2:00 **LI** Library Time  
4:00 **B** Happy Hour w/ Live Music  
6:00 **IS** Evening Movie

26

10:00 **IS** Sit & Stretch  
10:30 **Y** Work-Out at The Gym!  
11:00 **IS** Interactive Games  
12:00 **L** Out to Lunch  
1:00 **AR** Travel Video  
2:00 **AR** Painting, Summer Scene  
3:30 **AR** Word Searches



Friday

6

10:00 **IS** Chair Exercise  
10:30 **AR** Dominoes/Uno  
11:30 **TR** Outdoor Time  
1:00 **AR** Let's Get Physical!  
2:00 **AR** Your Nose Knows  
3:00 **AR** Afternoon Musical, Choice  
6:00 **IS** Evening Movie

13

10:00 **IS** Chair Exercise  
10:30 **AR** Flower Arranging  
11:30 **TR** Outdoor Time  
1:00 **AR** Balloon Volley  
2:00 **AR** Bingo & Lemonade  
3:30 **AR** Afternoon Musical, Choice  
6:00 **IS** Evening Movie

20

10:00 **IS** Chair Exercise  
10:30 **IS** 1st Day of Summer Video  
11:30 **TR** Outdoor Time  
1:00 **AR** Short Comedy  
2:00 **AR** Newspaper Races!  
3:30 **AR** Afternoon Musical, Choice  
6:00 **IS** Evening Movie

27

10:00 **IS** Chair Exercise  
11:00 **AR** Dominoes/Uno  
11:30 **TR** Outdoor Time  
1:00 **AR** Let's Get Physical!  
2:00 **AR** Bingo & Peach Iced Tea  
3:30 **AR** Afternoon Musical, Choice  
6:00 **IS** Evening Movie

Saturday

7

10:00 **IS** Sit & Stretch  
10:30 **IS** Brain Teasers  
11:30 **TR** Outdoor Time  
1:00 **AR** Let's Get Physical!  
2:00 **AR** Movie Matinee  
3:30 **AR** Table Top Game  
6:00 **AR** Evening Movie

14

10:00 **IS** Sit & Stretch  
10:30 **IS** All About Flag Day  
11:30 **TR** Outdoor Time  
1:00 **AR** Let's Get Physical!  
2:00 **AR** Movie Matinee, Patriotic  
3:30 **AR** Table Top Game  
6:00 **AR** Evening Movie

21

10:00 **IS** Sit & Stretch  
10:30 **IS** Brain Teasers  
11:30 **TR** Outdoor Time  
1:00 **AR** Let's Get Physical!  
2:00 **AR** Movie Matinee  
3:30 **AR** Table Top Game  
6:00 **AR** Evening Movie

28

10:00 **IS** Sit & Stretch  
10:30 **IS** Brain Teasers  
11:30 **TR** Outdoor Time  
1:00 **AR** Let's Get Physical!  
2:00 **AR** Movie Matinee  
3:30 **AR** Table Top Game  
6:00 **AR** Evening Movie

Around our Community

TITLE

June Happenings:

Happy Birthday to:

Jimmy P.-6/14 & Ralph D.-6/25

Scenic Bus Rides-6/5, 6/11, 6/19, 6/25

Pet Therapy-6/11, 6/16, 6/25

Entertainment w/ "Chris"-6/12

Movie Theater Reserved-6/4, 6/18

Father's Day Celebration-6/15

Ensemble Open House-6/24

Music Therapy w/ Mariana-6/23

Calendar Subject to Change

LOCATION KEY

- IS** Interactive Screen
- AR** Activity Room
- B** Bistro
- TR** Terrace
- PD** Pool Deck
- T** Movie Theater
- Y** Yoga/Exercise Room
- L** Meet in Lobby
- LI** Library
- QR** Quiet Room

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[www.allegroliving.com/senior-living-fort-lauderdale.html](http://www.allegroliving.com/senior-living-fort-lauderdale.html)