

UPCOMING COMMUNITY EVENTS



HAPPY FATHER’S DAY
God took the strength of a mountain, the majesty of a tree, the warmth of a summer sun, the calm of a quiet sea, the generous soul of nature, the comforting arm of night, the wisdom of the ages, the power of the Eagle’s flight, the joy of a morning in spring, the faith of a mustard seed, the patience of eternity, the depth of a family need.

Then God combined these qualities, when there was nothing more to add, he knew his masterpiece was complete, and so, he called it... Dad



On Saturday, June 14, 2025 from 11:30AM to 2:00PM we will be hosting a classic car show at Alto Stuart. Food and drinks will be available. All are Welcome!

JUNE OUTINGS

- June 6 - Lunch - Waterfront, Downtown Stuart
- June 13 - TC Mall Shopping & Lunch
- June 18 - Dinner - Talk House Restaurant
- June 20 - Sandsprit Park & Ice Cream
- June 27 - Outing - Nail Salon

Alto Stuart
1301 SE Palm Beach Rd
Stuart, FL 34994
(772) 463-7133



FLOURISH

JUNE 2025



WHAT’S INSIDE

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Social Calendar

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Upcoming Events + News

“JUNE IS THE PEARL OF SUMMER, SHINING WITH WARMTH AND JOY”

—L.M. Montgomery

Sunday

1
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **CR** Pokeno
2:30 **C** Afternoon Social
3:30 **F1** Faith Family Church

8
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **F1** St. Mary's Communion
1:00 **CR** Pokeno
2:30 **C** Afternoon Social

15
Happy Father's Day
10:00 **F1** Chaplain Lynn Snow
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **CR** Pokeno
2:30 **C** Afternoon Social
3:30 **F1** Faith Family Church

22
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **F1** St. Mary's Communion
1:00 **CR** Pokeno
2:30 **C** Afternoon Social

29
11:00 **F1** Alto Stuart Choir w/Rhonda
1:00 **CR** Pokeno
2:30 **C** Afternoon Social

Monday

2
9:00 **LB** Local Banks
10:00 **LB** Publix
10:30 **CR** Resident Council Meeting
2:00 **F1** Music w/John Lobasco
3:00 **C** Cappuccino Social
6:30 **TH** Let's go to the Movies

9
9:00 **LB** Local Banks
10:00 **LB** Publix
10:00 **LB** Scenic Drive
11:00 **L** Monday Morning w/Lorraine
2:00 **C** Ice Box Cake & Trivia
3:00 **C** Cappuccino Social
6:30 **TH** Let's go to the Movies

16
9:00 **LB** Local Banks
10:00 **LB** Publix
11:00 **L** Monday Morning w/Lorraine
1:00 **LB** CVS
2:00 **F1** Music with Lou Laino
3:00 **C** Cappuccino Social
6:30 **TH** Let's go to the Movies

23
9:00 **LB** Local Banks
10:00 **LB** Publix
11:00 **F1** Humane Society Pet Visit
2:00 **F1** Music w/Panama Matt
3:00 **C** Cappuccino Social
6:30 **TH** Let's go to the Movies

30
9:00 **LB** Local Banks
10:00 **LB** Publix
11:00 **L** Monday Morning w/Lorraine
2:00 **F1** Music w/Mike DeAngelis
3:00 **C** Cappuccino Social
6:30 **TH** Let's go to the Movies

Tuesday

3
10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Nails with Kelly
2:30 **C** Sip & Savor Cafe Coffee
3:00 **F1** Trivia Time
6:30 **TH** Let's go to the Movies

10
10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:00 **CR** Ambassador Meeting
2:30 **C** Nails with Kelly
2:30 **C** Sip & Savor Cafe Coffee
3:00 **F1** Trivia Time
6:30 **TH** Let's go to the Movies

17
10:00 **FC** Fit & Fabulous
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **CR** Town Hall with Directors
2:30 **C** Sip & Savor Cafe Coffee
3:00 **F1** Trivia Time
6:30 **TH** Let's go to the Movies

24
10:00 **FC** Fit & Fabulous
11:00 **C** Baking - Chocolate Chip Cheesecake
1:30 **CR** Bingo
2:30 **C** Nails with Kelly
2:30 **C** Sip & Savor Cafe Coffee
3:00 **F1** Trivia Time
6:30 **TH** Let's go to the Movies



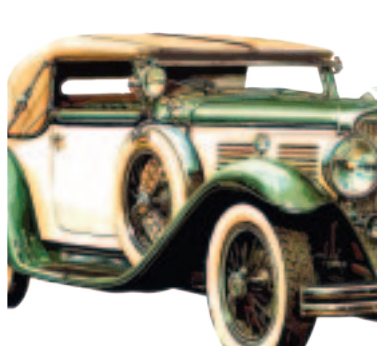
Wednesday

4
10:00 **FC** Balance & Exercise
10:00 **CH** St. Joseph's Church
11:00 **TH** Cognitive Worksheets
1:30 **CR** Bingo
2:30 **C** Coffee Social
3:00 **F1** Fireside Chat w/Kelly
6:30 **TH** The Chosen w/Sandy & Robert

11
10:00 **FC** Balance & Exercise
10:00 **CH** St. Joseph's Church
11:00 **TH** Ceramic Painting
1:30 **CR** Bingo
2:30 **C** Coffee Social
3:00 **F1** Fireside Chat w/Kelly
6:30 **TH** The Chosen w/Sandy & Robert

18
10:00 **FC** Balance & Exercise
10:00 **CH** St. Joseph's Church
10:30 **DR** Chef Demo
1:30 **CR** Bingo
2:30 **C** Coffee Social
3:00 **F1** Fireside Chat w/Kelly
4:30 **LB** Dinner outing - Talk House
6:30 **TH** The Chosen w/Sandy & Robert

25
10:00 **FC** Balance & Exercise
10:00 **CH** St. Joseph's Church
11:00 **C** Word Scramble
1:30 **CR** Bingo
2:30 **C** Coffee Social
3:00 **F1** Fireside Chat w/Kelly
6:30 **TH** The Chosen w/Sandy & Robert



Thursday

5
10:00 **FC** Music & Movement
11:00 **C** June Gazette
1:00 **CR** Pokeno
3:00 **F1** Music w/Daryl Magill
4:00 **FC** Strength Training
6:30 **TH** Let's go to the Movies

12
National CNA Day
10:00 **FC** Music & Movement
11:00 **TH** Travel - Yellowstone Park
1:00 **CR** Pokeno
2:00 **L** Library Committee Meeting
3:00 **F1** Music w/Nicole Hulett
4:00 **FC** Strength Training
6:30 **TH** Let's go to the Movies

19
World Giraffe Day
10:00 **FC** Music & Movement
11:00 **C** Health Matters w/Rachel Elite HH
1:00 **CR** Pokeno
3:00 **F1** Music w/Annette & Don
4:00 **FC** Strength Training
6:30 **TH** Let's go to the Movies

26
10:00 **FC** Music & Movement
11:00 **C** Wheel of Fortune
1:00 **CR** Pokeno
2:00 **L** Library Committee Meeting
3:00 **F1** Music w/Lou Imperato
4:00 **FC** Strength Training
6:30 **TH** Let's go to the Movies



Friday

6
9:00 Hair Salon Open
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
11:30 **LB** Lunch - Waterfront, Downtown Stuart
1:30 **CR** Rummikub
2:30 **C** Let's Get Social
6:30 **F2** Friday Night Poker Game

13
9:00 Hair Salon Open
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
1:00 **LB** TC Mall & Lunch
1:30 **CR** Rummikub
2:30 **C** Let's Get Social
6:30 **F2** Friday Night Poker Game

20
First Day of Summer
9:00 Hair Salon Open
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
1:00 **LB** Sandsprit Park & Ice Cream
1:30 **CR** Rummikub
2:30 **C** Let's Get Social
6:30 **F2** Friday Night Poker Game

27
9:00 Hair Salon Open
9:45 **LB** Publix
10:00 **FC** Stretch & Flex
11:00 **CR** Word Game
1:00 **LB** Outing - Nail Salon
1:30 **CR** Rummikub
2:30 **C** Let's Get Social
6:30 **F2** Friday Night Poker Game

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Saturday

7
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Sip & Savor Cafe Coffee
3:00 **F1** Musical Ball Game
6:30 **TH** Let's go to the Movies

14
Flag Day
10:00 **CH** Morning Worship w/Conde
11:00 **LB** Classic Car Show
1:30 **CR** Bingo
2:30 **C** Sip & Savor Cafe Coffee
3:00 **F1** Musical Ball Game
6:30 **TH** Let's go to the Movies

21
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Sip & Savor Cafe Coffee
3:00 **F1** Musical Ball Game
6:30 **TH** Let's go to the Movies

28
10:00 **CH** Morning Worship w/Conde
11:00 **E** Seated Volleyball
1:30 **CR** Bingo
2:30 **C** Sip & Savor Cafe Coffee
3:00 **F1** Musical Ball Game
3:00 **C** Sherbert Social
6:30 **TH** Let's go to the Movies

Resident Birthdays

June 12 - Gwen F.



June 14 - Lois L.

June 19 - Bill H.

June 23 - Erna H.

June 25 - June P.

Monthly Gazette

Plant - Orchid

Flower - Rose

Birthstone - Pearl

What's Lucky?

Lucky Color - Green

Lucky Plant - Strawberry

LOCATION
KEY

F1 Family Rm.
CR Community Rm.
C Cafe
LB Lobby
TH Theater
FC Fitness Center
E Ent. Room
CH Chapel
F2 Family Room
L Library

Sunday

1

10:30 **AR** Sip & Snack
11:00 **F1** Alto Stuart Choir w/Rhonda
11:30 **P** Fluff & Flowers
2:30 **AR** Table Games
2:30 **P** Serenity & Sunshine
5:00 **DR** Dinner

8

10:30 **AR** Sip & Snack
11:00 **F1** Alto Stuart Choir w/Rhonda
11:30 **P** Gardening Time
2:30 **AR** Table Games
2:30 **P** Serenity & Sunshine
3:00 **AR** Ice Cream Social
5:00 **DR** Dinner

15

9:00 Happy Father's Day
10:30 **AR** Sip & Snack
11:00 **F1** Alto Stuart Choir w/Rhonda
11:30 **P** Gardening Time
2:30 **AR** Table Games
2:30 **P** Serenity & Sunshine
5:00 **DR** Dinner

22

10:30 **AR** Sip & Snack
11:00 **F1** Alto Stuart Choir w/Rhonda
11:30 **P** Gardening Time
1:00 **F1** St. Mary's Church
2:30 **AR** Table Games
2:30 **P** Serenity & Sunshine
5:00 **DR** Dinner

29

10:30 **AR** Sip & Snack
11:00 **F1** Alto Stuart Choir w/Rhonda
11:30 **P** Gardening Time
2:30 **AR** Table Games
2:30 **P** Serenity & Sunshine
5:00 **DR** Dinner

Monday

2

9:30 **AR** Rise and Shine
10:00 **AR** Memory Card Games
10:30 **AR** Sip & Snack
11:00 **LB** Scenic Drive
11:30 **P** Gardening Time
2:00 **F1** Music w/John Lobasco
3:00 **AR** Social Time
5:00 **DR** Dinner

9

9:30 **AR** Rise and Shine
10:00 **AR** Memory Card Games
10:30 **AR** Sip & Snack
11:00 **LB** Scenic Drive
11:30 **P** Gardening Time
2:00 **C** Cake & Trivia
3:00 **AR** Social Time
5:00 **DR** Dinner

16

9:30 **AR** Rise and Shine
10:00 **AR** Memory Card Games
10:30 **AR** Sip & Snack
11:00 **LB** Scenic Drive
11:30 **P** Gardening Time
2:00 **F1** Music with Lou Laino
3:00 **AR** Social Time
5:00 **DR** Dinner

23

9:30 **AR** Rise and Shine
10:00 **AR** Memory Card Games
10:30 **AR** Sip & Snack
11:00 **LB** Scenic Drive
11:30 **AR** Humane Society Pet Visit
11:30 **P** Gardening Time
2:00 **F1** Music w/Panama Matt
3:00 **AR** Social Time
5:00 **DR** Dinner

30

9:30 **AR** Rise and Shine
10:00 **AR** Memory Matching
10:30 **AR** Sip & Snack
11:00 **LB** Scenic Drive
11:30 **P** Gardening Time
2:00 **F1** Music w/Mike DeAngelis
3:00 **AR** Social Time
5:00 **DR** Dinner

Tuesday

3

9:30 **AR** Morning Power Up
10:00 **AR** Our Daily Stretch
10:30 **AR** Sip & Snack
11:00 **AR** Alto Library
1:30 **AR** Nails with Ceila
2:30 **P** Serenity & Sunshine
3:00 **AR** Afternoon Coffee Social
5:00 **DR** Dinner

10 Happy Birthday Mark G.

9:30 **AR** Morning Power Up
10:00 **AR** Our Daily Stretch
10:30 **AR** Sip & Snack
11:00 **AR** Alto Library
1:30 **AR** Nails with Ceila
2:30 **P** Serenity & Sunshine
3:00 **AR** Afternoon Coffee Social
5:00 **DR** Dinner

17

9:30 **AR** Morning Power Up
10:00 **AR** Our Daily Stretch
10:30 **AR** Sip & Snack
11:00 **AR** Alto Library
1:30 **AR** Nails with Ceila
2:30 **P** Serenity & Sunshine
3:00 **AR** Afternoon Coffee Social
5:00 **DR** Dinner

24

9:30 **AR** Morning Power Up
10:00 **AR** Our Daily Stretch
10:30 **AR** Sip & Snack
11:00 **AR** Alto Library
1:30 **AR** Nails with Ceila
2:30 **P** Serenity & Sunshine
3:00 **AR** Afternoon Coffee Social
5:00 **DR** Dinner



Wednesday

4

9:30 **AR** Local News & Coffee
10:00 **AR** Senior Zumba
10:30 **AR** Sip & Snack
11:00 **AR** Baking
1:30 **AR** Watercolor Painting
2:30 **P** Serenity & Sunshine
3:00 **AR** Conversations & Coffee
5:00 **DR** Dinner

11

9:30 **AR** Local News & Coffee
10:00 **AR** Senior Zumba
10:30 **AR** Sip & Snack
11:00 **AR** Folding & Pairing
1:30 **AR** Scents & Smells
2:30 **P** Serenity & Sunshine
3:00 **AR** Conversations & Coffee
5:00 **DR** Dinner

18

9:30 **AR** Local News & Coffee
10:00 **AR** Senior Zumba
10:30 **AR** Sip & Snack
11:00 **AR** Baking
1:30 **AR** Relax with Color
2:30 **P** Serenity & Sunshine
3:00 **AR** Conversations & Coffee
5:00 **DR** Dinner

25

9:30 **AR** Local News & Coffee
10:00 **AR** Senior Zumba
10:30 **AR** Sip & Snack
1:30 **AR** Sensory Exploring
2:30 **P** Serenity & Sunshine
3:00 **AR** Conversations & Coffee
5:00 **DR** Dinner



Thursday

5

9:30 **AR** Morning Boost
10:00 **AR** Feel the beat singing
11:00 **AR** Sensory & Hand Massages
1:30 **AR** Nature Virtual Tours
3:00 **E** Music w/Daryl Magill
5:00 **DR** Dinner

12

National CNA Day
9:30 **AR** Morning Boost
10:00 **AR** Feel the beat singing
11:00 **AR** Sensory & Hand Massages
1:30 **AR** Nature Virtual Tours
3:00 **F1** Music w/Nicole Hulett
5:00 **DR** Dinner

19

World Giraffe Day
9:30 **AR** Morning Boost
10:00 **AR** Feel the beat singing
11:00 **AR** Sensory & Hand Massages
1:30 **AR** Nature Virtual Tours
3:00 **F1** Music w/Annette & Don
5:00 **DR** Dinner

26

9:30 **AR** Morning Boost
10:00 **AR** Feel the beat singing
11:00 **AR** Sensory & Hand Massages
1:30 **AR** Nature Virtual Tours
3:00 **F1** Music w/Lou Imperato
5:00 **DR** Dinner



Friday

6

Natl Doughnut Day
9:30 **AR** Let's Get Started
10:00 **AR** Flex & Stretch
10:30 **AR** Movie - Sip & Snack
1:30 **AR** Bingo
2:30 **P** Serenity & Sunshine
3:00 **AR** Social Time
5:00 **DR** Dinner

13

9:30 **AR** Let's Get Started
10:00 **AR** Flex & Stretch
10:30 **AR** Movie - Sip & Snack
1:30 **AR** Bingo
2:30 **P** Serenity & Sunshine
3:00 **AR** Social Time
5:00 **DR** Dinner

20

9:30 **AR** Let's Get Started
10:00 **AR** Flex & Stretch
10:30 **AR** Movie - Sip & Snack
1:30 **AR** Bingo
2:30 **P** Serenity & Sunshine
3:00 **AR** Social Time
5:00 **DR** Dinner

27

9:30 **AR** Let's Get Started
10:00 **AR** Flex & Stretch
10:30 **AR** Movie - Sip & Snack
1:30 **AR** Bingo
2:30 **P** Serenity & Sunshine
3:00 **AR** Social Time
5:00 **DR** Dinner

Saturday

7

9:30 **AR** Mindful Mornings
10:00 **CH** Worship w/Rev. Conde
11:00 **E** Seated Volleyball
1:00 **AR** Bingo
2:00 **AR** Snack & Socialize
3:00 **P** Patio Time
5:00 **DR** Dinner

14

Flag Day
9:30 **AR** Mindful Mornings
10:00 **CH** Worship w/Rev. Conde
11:00 **LB** Classic Car Show
1:00 **AR** Bingo
2:00 **AR** Snack & Socialize
2:30 **AR** Afternoon Sherbert
3:00 **P** Patio Time
5:00 **DR** Dinner

21

9:30 **AR** Mindful Mornings
10:00 **CH** Worship w/Rev. Conde
11:00 **E** Seated Volleyball
1:00 **AR** Bingo
2:00 **AR** Snack & Socialize
2:30 Social Hour
3:00 **P** Patio Time
5:00 **DR** Dinner

28

9:30 **AR** Mindful Mornings
10:00 **CH** Worship w/Rev. Conde
11:00 **E** Seated Volleyball
1:00 **AR** Bingo
2:00 **AR** Snack & Socialize
2:30 **AR** Fuit Smoothies
3:00 **P** Patio Time
5:00 **DR** Dinner

Around our
Community

The Monthly Gazette

“June is the Pearl of Summer,

s

Shining with

Warmth and joy”

L.M. Montgomery

Special Days

Juen 1 - Flip A Coin Day

World Bicycle Day - June 3

June 6 - Doughnut Day

June 14 - Flag Day

June 15 - Father's Day

June 19 - Juneteenth

June 21 - World Giraffe Day

Flower - Rose

Birthstone - Pearl

Plant of the month - Orchid

Lucky Color: Green

Lucky Day: Thursday

LOCATION
KEY

AR Activity Room

F1 Family Room

P Outside Patio

DR Dining Room

LB Lobby

E Ent. Room

CH Chapel

C Cafe

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