

UPCOMING COMMUNITY EVENTS



FATHERS DAY

Join us as we celebrate all of our Allegro Dads on Fathers Day. We will be hosting a brunch starting at 11:30AM around the fountain in the Atrium Please be sure to sign up at the Front Desk if you and any guests wish to attend!

JUNGLE DINNER ADVENTURE

Get ready for a wild time at Allegros Jungle Dinner Adventure on June 20th starting at 4:00PM in the Winter Park Room. Enjoy dinner, music by Christian, and LIVE ANIMALS to see and interact with after the meal. You must sign up with Lifestyles starting on June 9th.



UPCOMING OUTINGS

SIGN UP WITH LIFESTYLES

- 6/1 Kellys Ice Cream
- 6/6 Mens Lunch
- 6/13 Park Ave Lunch + Shopping
- 6/16 Outing with Lifestyles (TBA)
- 6/27 Ladies Lunch

Allegro in Winter Park
2701 Howell Branch Road
Winter Park, FL 32792
(407) 961-7074



FLOURISH

JUNE 2025



WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

“JUNE IS THE TIME FOR DREAMS TO TAKE FLIGHT AND SOAR INTO REALITY.”

—EMMA RACINE DE FLEUR



Sunday

- 1
- 9:30 LB St. Peter & Paul Catholic Church Shuttle
- 11:00 WP Nondenominational Church Service
- 11:30 TH TCM Sundays
- 11:30 LB Casselberry Commons
- 1:00 CR Bridge
- 2:00 LB Kelly's Ice Cream Outing
- 6:30 TH Evening Movie
- 6:30 L Puzzle Partners
- 8
- 9:30 LB St. Peter & Paul Catholic Church Shuttle
- 11:00 WP Nondenominational Church Service
- 11:30 TH TCM Sundays
- 11:30 LB Casselberry Commons
- 1:00 CR Bridge
- 2:00 B Chord Carnival
- 6:30 TH Evening Movie
- 6:30 L Puzzle Partners
- 15 Fathers Day
- 9:30 LB St. Peter & Paul Catholic Church Shuttle
- 11:00 WP Nondenominational Church Service
- 11:30 TH TCM Sundays
- 11:30 LB Casselberry Commons
- 11:30 A Fathers Day Brunch
- 1:00 CR Bridge
- 2:00 B Chord Carnival
- 6:30 TH Evening Movie
- 22
- 9:30 LB St. Peter & Paul Catholic Church Shuttle
- 11:00 WP Nondenominational Church Service
- 11:30 TH TCM Sundays
- 11:30 LB Casselberry Commons
- 1:00 CR Bridge
- 3:00 WP Bingo for Bucks
- 6:30 TH Evening Movie
- 6:30 L Puzzle Partners
- 29
- 9:30 LB St. Peter & Paul Catholic Church Shuttle
- 11:00 WP Nondenominational Church Service
- 11:30 TH TCM Sundays
- 11:30 LB Casselberry Commons
- 1:00 CR Bridge
- 3:00 WP Bean Bag Toss
- 6:30 TH Evening Movie
- 6:30 L Puzzle Partners

Monday

- 2
- 9:30 LB Casselberry Commons
- 10:30 WP Exercise with Lifestyles
- 11:30 LB Casselberry Commons
- 11:30 TH Mindful Meditation
- 1:00 LB Pharmacy Shuttle
- 1:00 PK Poker
- 2:00 WP Chair Volleyball
- 2:30 LB Banks & Post Office
- 2:30 CR Pop Up Library
- 3:30 B Happy Hour & Entertainment
- 9
- 9:30 LB Casselberry Commons
- 10:30 WP Exercise with Lifestyles
- 11:30 LB Casselberry Commons
- 11:30 TH Mindful Meditation
- 1:00 LB Pharmacy Shuttle
- 1:00 PK Poker
- 2:00 WP Chair Volleyball
- 2:30 LB Banks & Post Office
- 3:30 B Happy Hour & Entertainment
- 6:30 TH Evening Movie
- 16
- 9:30 LB Casselberry Commons
- 10:30 WP Exercise with Lifestyles
- 11:30 LB Casselberry Commons
- 11:30 TH Mindful Meditation
- 1:00 LB Pharmacy Shuttle
- 1:00 PK Poker
- 2:00 WP Chair Volleyball
- 2:30 LB Banks & Post Office
- 3:30 B Happy Hour & Entertainment
- 5:30 A Outing w/ Lifestyles(TBA)
- 23
- 9:30 LB Casselberry Commons
- 10:30 WP Exercise with Lifestyles
- 11:30 LB Casselberry Commons
- 11:30 TH Mindful Meditation
- 1:00 LB Pharmacy Shuttle
- 1:00 PK Poker
- 2:00 WP Chair Volleyball
- 2:30 LB Banks & Post Office
- 3:30 B Happy Hour & Entertainment
- 6:30 TH Evening Movie
- 30
- 9:30 LB Casselberry Commons
- 10:30 WP Exercise with Lifestyles
- 11:30 LB Casselberry Commons
- 11:30 TH Mindful Meditation
- 1:00 LB Pharmacy Shuttle
- 1:00 PK Poker
- 2:00 WP Chair Volleyball
- 2:30 LB Banks & Post Office
- 3:30 B Happy Hour & Entertainment
- 6:30 TH Evening Movie

Tuesday

- 3
- 9:30 WP Blood Pressure W/Sharon
- 10:30 WP Sit & Strengthen with JOY
- 11:30 WP LeftCenterRight
- 1:00 CR Rummikub
- 1:30 TH Ted Talk Tuesday
- 2:30 WP Activity Committee
- 3:30 B Trivia Happy Hour
- 6:30 TH Evening Movie
- 6:30 FP The Backporch Band
- 10
- 9:30 WP Blood Pressure W/Sharon
- 10:30 WP Sit & Strengthen with JOY
- 11:30 WP LeftCenterRight
- 1:00 CR Rummikub
- 1:00 WP Arts & Crafts with Mayra
- 2:00 WP You Be The Judge
- 3:30 B Name That Tune Happy Hour
- 6:30 TH Evening Movie
- 6:30 FP The Backporch Band
- 17
- 9:30 WP Blood Pressure W/Sharon
- 10:30 WP Sit & Strengthen with JOY
- 11:30 WP The Butterfly Lady
- 1:00 CR Rummikub
- 1:00 WP Tea & Treasures
- 2:30 TH Ted Talk Tuesday
- 3:30 B Town Hall Happy Hour
- 6:30 TH Evening Movie
- 6:30 FP The Backporch Band
- 24
- 9:30 WP Blood Pressure W/Sharon
- 10:30 WP Sit & Strengthen with JOY
- 11:30 WP LeftCenterRight
- 1:00 CR Rummikub
- 1:00 WP Arts & Crafts with Mayra
- 2:30 B June Birthday Social
- 3:30 B Poetry Happy Hour
- 6:30 TH Evening Movie
- 6:30 FP The Backporch Band
-

Wednesday

- 4
- 9:45 TH Wordle Warm Up
- 10:30 WP Kicks & Sticks
- 1:00 WP Artist in You W/Mayra
- 1:00 PK Poker
- 1:00 CR Canasta Game
- 1:30 LB Pharmacy Shuttle
- 2:00 WP Bible Study
- 3:30 B Caring Trans. Happy Hour
- 6:30 TH Evening Movie
- 11
- 9:45 TH Wordle Warm Up
- 11:30 WP Pepes Cooking Demo
- 1:00 WP Artist in You W/Mayra
- 1:00 PK Poker
- 1:00 CR Canasta Game
- 1:30 LB Pharmacy Shuttle
- 2:00 WP Bible Study
- 3:30 B Vitas Happy Hour
- 6:30 TH Evening Movie
- 18
- 9:45 TH Wordle Warm Up
- 10:30 WP Kicks & Sticks
- 1:00 PK Poker
- 1:00 CR Canasta Game
- 1:00 A Health Fair
- 1:30 LB Pharmacy Shuttle
- 2:00 WP Bible Study
- 3:30 B Sandcastle Happy Hour
- 6:30 TH Evening Movie
- 25
- 9:45 TH Wordle Warm Up
- 10:45 TH Jonathan Matusitz Discussion
- 1:00 WP Artist in You W/Mayra
- 1:00 PK Poker
- 1:00 CR Canasta Game
- 1:30 LB Pharmacy Shuttle
- 2:00 WP Bible Study
- 3:30 B Family/Friends Happy Hour
- 6:30 TH Evening Movie
-

Thursday

- 5
- 9:30 WP Thai Chi W/M. Robertson
- 10:30 P Water Aerobics with Joy
- 11:30 WP Trivial Pursuit
- 1:00 CR Bridge
- 1:00 TH The Four Seasons Show
- 2:00 WP Whine for Wine
- 3:30 B Bar Bingo Happy Hour
- 6:30 TH Evening Movie
- 6:30 CR Mexican Train
- 12
- 9:30 WP Thai Chi W/M. Robertson
- 10:30 P Water Aerobics with Joy
- 11:30 P Pool Hour with Lifestyles
- 1:00 CR Bridge
- 1:00 TH The Four Seasons Show
- 1:30 WP The Writers Guild
- 3:30 B Bar Bingo Happy Hour
- 6:30 TH Evening Movie
- 6:30 CR Mexican Train
- 19 Juneteenth
- 9:30 WP Thai Chi W/M. Robertson
- 10:30 P Water Aerobics with Joy
- 11:30 WP Trivial Pursuit
- 1:00 CR Bridge
- 1:00 TH The Four Seasons Show
- 2:00 WP Whine for Wine
- 3:30 B Bar Bingo Happy Hour
- 6:30 TH Evening Movie
- 6:30 CR Mexican Train
- 26
- 9:30 WP Thai Chi W/M. Robertson
- 10:30 P Water Aerobics with Joy
- 11:30 P Pool Hour with Lifestyles
- 1:00 CR Bridge
- 1:00 TH The Four Seasons Show
- 1:30 WP The Writers Guild
- 3:30 B Bar Bingo Happy Hour
- 6:30 TH Evening Movie
- 6:30 CR Mexican Train

Friday

- 6
- 9:00 TH Guided Travelogue
- 9:30 CR Mahjong
- 10:00 LB Walmart Shuttle
- 10:30 WP Exercise with Lifestyles
- 11:30 LB Mens Lunch Outing
- 2:00 WP Chair Volleyball
- 3:30 B Happy Hour & Entertainment
- 6:30 TH Evening Movie
- 13
- 9:00 TH Guided Travelogue
- 9:30 CR Mahjong
- 10:00 LB Dollar Tree Shuttle
- 10:30 WP Exercise with Lifestyles
- 11:00 LB Park Ave & Lunch
- 1:00 PD Shabbat Service
- 2:00 WP Chair Volleyball
- 3:30 B Happy Hour & Entertainment
- 6:30 TH Evening Movie
- 20
- 9:00 TH Guided Travelogue
- 9:30 CR Mahjong
- 10:00 LB Traders Joe Shuttle
- 10:30 WP Exercise with Lifestyles
- 1:00 PD Third Friday Book Club
- 1:30 LB Altamonte Mall Shuttle
- 2:00 WP Chair Volleyball
- 4:00 WP Jungle Adventure Dinner
- 6:30 TH Evening Movie
- 27
- 9:00 TH Guided Travelogue
- 9:30 CR Mahjong
- 10:00 LB Target Shuttle
- 10:30 WP Exercise with Lifestyles
- 11:30 LB Ladies Lunch Outing
- 2:00 WP Chair Volleyball
- 3:30 B Happy Hour & Entertainment
- 6:30 TH Evening Movie

Saturday

- 7
- 9:00 LB Congregation Ohev Shalom Shuttle
- 9:30 LB Walk to Wellness
- 10:00 LB Pharmacy Shuttle
- 10:30 WP Chair Yoga with Joy
- 1:30 WP Bingo for Bucks
- 3:00 WP Root Beer Floats
- 6:30 TH Evening Movie
- 14
- 9:00 LB Congregation Ohev Shalom Shuttle
- 9:30 LB Walk to Wellness
- 10:00 LB Pharmacy Shuttle
- 10:30 WP Chair Yoga with Joy
- 1:30 WP Bingo for Bucks
- 3:00 WP LeftCenterRight
- 6:30 TH Evening Movie
- 21
- 9:00 LB Congregation Ohev Shalom Shuttle
- 9:30 LB Walk to Wellness
- 10:00 LB Pharmacy Shuttle
- 10:30 WP Chair Yoga with Joy
- 1:30 WP Bingo for Bucks
- 3:00 WP Nail Hour with Luz
- 6:30 TH Evening Movie
- 28
- 9:00 LB Congregation Ohev Shalom Shuttle
- 9:30 LB Walk to Wellness
- 10:00 LB Pharmacy Shuttle
- 10:30 WP Chair Yoga with Joy
- 1:30 WP Bingo for Bucks
- 3:00 WP Bean Bag Toss
- 6:30 TH Evening Movie

Around our Community

RESIDENT BIRTHDAYS

6/4 Jim Lickteig

6/7 Rita Barko

6/18 Jay Clay

6/23 Joan Cordle

6/29 Judy Duda



LOCATION KEY

- LB Lobby
- WP Winter Park Room
- TH Rollins Theater
- CR Card Room
- L Lounge
- PK Poker Room
- B Bistro
- FP Fire Pit
- P Pool
- PD Private Dining

Allegro in Winter Park

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<https://www.allegroliving.com/senior-living-winter-park-florida.html>



Sunday

- 1** Frozen Yogurt Day
9:30 FR Spiritual Service Livestream
10:00 **FR** Morning Music Boost
10:30 FR Get up & Go Exercise Class
11:00 **AR** Hollywood Trivia
1:00 **AR** Netflix Showing
2:00 P Delicious Frozen Yogurt
3:00 AR Bingo with Friends
4:00 **I** Around the World
6:00 **I** Classic TV Game Shows
- 8**
9:30 FR Spiritual Service Livestream
10:00 **FR** Morning Music Boost
10:30 FR Get up & Go Exercise Class
11:00 **AR** Hollywood Trivia
1:00 **AR** Netflix Showing
2:00 P Sunday Coffee & Baked Goods
3:00 AR Bingo with Friends
4:00 **I** Around the World
- 15** Father's Day
9:30 FR Spiritual Service Livestream
10:00 **FR** Morning Music Boost
10:30 I Father's Day Tribute
11:00 **AR** Men of Hollywood Trivia
11:30 **A** Fathers Day Brunch
1:00 **AR** Netflix Showing
2:00 P Sunday Coffee & Baked Goods
3:00 AR Bingo with Friends
4:00 **I** Around the World
- 22**
9:30 FR Spiritual Service Livestream
10:00 **FR** Morning Music Boost
10:30 FR Get up & Go Exercise Class
11:00 **AR** Hollywood Trivia
1:00 **AR** Netflix Showing
2:00 P Sunday Coffee & Baked Goods
3:00 AR Bingo with Friends
4:00 **I** Around the World
- 29**
9:30 FR Spiritual Service Livestream
10:00 **FR** Morning Music Boost
10:30 FR Get up & Go Exercise Class
11:00 **AR** Hollywood Trivia
1:00 **AR** Netflix Showing
2:00 P Sunday Coffee & Baked Goods
3:00 AR Bingo with Friends
4:00 **I** Around the World

Monday

- 2** Rocky Road Day
10:00 FR Morning Music Boost
10:30 **FR** Get Fit Exercise
11:00 **FR** Feel Good Story of the Day
1:00 **AC** Walking Club
2:00 P Ice Cream Social
3:00 AR Balloon Volleyball
4:00 **AR** Board & Card Games
6:00 **AR** Hot Tea & Conversation
- 9**
10:00 **FR** Morning Music Boost
10:30 FR Get Fit Exercise
11:00 **FR** Feel Good Story of the Day
1:00 **AC** Walking Club
2:00 P Ice Cream Social
3:00 AR Balloon Volleyball
4:00 **AR** Board & Card Games
6:00 **AR** Hot Tea & Conversation
- 16**
10:00 **FR** Morning Music Boost
10:30 FR Get Fit Exercise
11:00 **FR** Feel Good Story of the Day
1:00 **AC** Walking Club
2:00 P Ice Cream Social
3:00 AR Balloon Volleyball
4:00 **AR** Board & Card Games
6:00 **AR** Hot Tea & Conversation
- 23**
10:00 **FR** Morning Music Boost
10:30 FR Get Fit Exercise
11:00 **FR** Feel Good Story of the Day
1:00 **AC** Walking Club
2:00 P Ice Cream Social
3:00 AR Balloon Volleyball
4:00 **AR** Board & Card Games
6:00 **AR** Hot Tea & Conversation
- 30**
10:00 **FR** Morning Music Boost
10:30 FR Get Fit Exercise
11:00 **FR** Feel Good Story of the Day
1:00 **AC** Walking Club
2:00 P Ice Cream Social
3:00 AR Balloon Volleyball
4:00 **AR** Board & Card Games
6:00 **AR** Hot Tea & Conversation

Tuesday

- 3**
9:45 S Salon Day
10:00 AR Drumming to the Beat
10:30 **E** Morning Move-ment
11:00 **AR** Trivia & Fun Facts
1:00 **AR** Discovering Earth
2:00 **K** Baking Club
3:00 LI Community Walk
4:00 **P** Evening Reflection
6:00 **AR** Aromatherapy & Hand Massage
- 10**
9:45 S Salon Day
10:00 AR Fun in the Sun Pool Hour
10:30 **E** Morning Move-ment
11:00 **AR** Trivia & Fun Facts
1:00 **AR** Discovering Earth
2:00 **K** Baking Club
3:00 P Community Walk
4:00 **P** Evening Reflection
6:00 **AR** Aromatherapy & Hand Massage
- 17** National Root Beer Day
9:45 S Salon Day
10:00 AR The Butterfly Lady
10:30 **E** Morning Move-ment
11:00 **AR** Trivia & Fun Facts
1:00 **AR** Discovering Earth
2:00 **K** Root beer Floats
3:00 LI Community Walk
4:00 **P** Evening Reflection
6:00 **AR** Aromatherapy & Hand Massage
- 24** Swim a Lap Day
9:45 S Salon Day
10:00 AR Fun in the Sun Pool Hour
10:30 **E** Morning Move-ment
11:00 **AR** Trivia & Fun Facts
1:00 **AR** Discovering Earth
2:00 **K** Baking Club
3:00 P Community Walk
4:00 **P** Evening Reflection
6:00 **AR** Aromatherapy & Hand Massage



Wednesday

- 4**
10:00 AR Balloon Volleyball
10:30 **AR** Gentle Chair Yoga
11:00 **FR** Songs of the Movies Quiz
1:15 AR Visit with Pastor Kate
2:00 **K** Afternoon Refreshment
2:15 AR Aerobics with Helen
3:15 O A Drive Through Baldwin
4:00 **P** Through the Years Conversation
6:00 **I** Western Classics
- 11**
10:00 AR Gentle Chair Yoga
10:30 **FR** Songs of the Movies Quiz
11:00 **AR** Ballroom Joe
1:15 AR Visit with Pastor Kate
2:00 **K** Afternoon Refreshment
3:00 O A Drive though Cady Way
4:00 **P** Through the Years Conversation
6:00 **I** Western Classics
- 18**
10:00 AR Balloon Volleyball
10:30 **AR** Gentle Chair Yoga
11:00 **FR** Songs of the Movies Quiz
1:15 AR Visit with Pastor Kate
2:00 **K** Afternoon Refreshment
2:15 AR Aerobics with Helen
3:00 O A Drive through Maitland
4:00 **P** Through the Years Conversation
6:00 **I** Western Classics



Thursday

- 5** Hot Air Balloon Day
9:45 TH Rollins Theater
10:00 **FR** Morning Music Boost
10:30 **FR** Get Fit Exercise
11:00 **AR** Trivia of the Day
1:00 AR Fragrant Flower Bouquet
2:00 **K** Hot Tea & Cookies
3:00 K Hot Air Balloon Craft
4:00 P Courtyard Mini Golf
6:00 **AR** Evening Puzzles and Chats
- 12** Red Rose Day
10:00 FR Morning Music Boost
10:30 **FR** Get Fit Exercise
11:00 **AR** Trivia of the Day
1:00 AR Fragrant Flower Bouquet
2:00 **K** Hot Tea & Cookies
3:00 K Rose Art
4:00 P Courtyard Mini Golf
6:00 **AR** Evening Puzzles and Chats
- 19** Paint a Sea Shell Day
9:45 TH Rollins Theater
10:00 **FR** Morning Music Boost
10:30 **FR** Get Fit Exercise
11:00 **AR** Trivia of the Day
1:00 AR Fragrant Flower Bouquet
2:00 **K** Hot Tea & Cookies
3:00 K Painting Sea Shells
4:00 P Courtyard Mini Golf
6:00 **AR** Evening Puzzles and Chats



Friday

- 6** Family Luau Dinner
10:00 FR Instrumix Class
10:30 **FR** Easy Morning Stretching
11:15 AR Balloon Volleyball
1:00 **AR** Art & Music Therapy
2:00 AR Music with Tommy lee
2:30 **K** Bingo Fun with Friends
5:00 K Family Nigh Luau Dinner
5:30 K Steel Drummer
7:30 **I** The Carol Burnett Show
- 13**
10:00 **FR** Positive Affirmation Cards
10:30 FR Easy Morning Stretching
11:15 **AR** Balloon Volleyball
1:00 **AR** Art & Music Therapy
2:00 **K** Lemonade and Laughter
2:30 K Bingo Fun with Friends
3:30 P Live Music with Tina
4:00 **P** Evening Chats on the Patio
6:00 **I** The Carol Burnett Show
- 20** First Day of Summer
10:00 AR Instrumix Class
10:45 **AR** Easy Morning Stretching
11:15 AR Balloon Volleyball
1:00 **AR** Art & Music Therapy
2:00 **P** Lemonade and Laughter
2:30 K Bingo Fun with Friends
3:30 FR Live Music with Deanna
4:00 **P** Evening Chats on the Patio
6:00 **I** The Carol Burnett Show

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Saturday

- 7**
10:00 **AR** Rock 'N Roll Exercise
10:30 AR Drumming to the Beat
11:15 **I** IN2L Crossword of the Day
1:00 P Aroma Spa Manicures
2:00 **K** Popcorn & Soda Social
3:00 LI Community Walk
4:00 **FR** Evening Reflection & Reminisce
6:00 **AR** Classic Concert Series
- 14**
10:00 **AR** Rock 'N Roll Exercise
10:30 AR Drumming to the Beat
11:00 **FR** Pet Therapy/ Aiden & Thor
1:00 P Aroma Spa Manicures
2:00 **K** Popcorn & Soda Social
3:00 LI Community Walk
4:00 **FR** Evening Reflection & Reminisce
6:00 **AR** Classic Concert Series
- 21**
10:00 **AR** Rock 'N Roll Exercise
10:30 AR Drumming to the Beat
11:15 **I** IN2L Crossword of the Day
1:00 P Aroma Spa Manicures
2:00 **K** Popcorn & Soda Social
3:00 LI Community Walk
4:00 **FR** Evening Reflection & Reminisce
6:00 **AR** Classic Concert Series
- 28**
10:00 **AR** Rock 'N Roll Exercise
10:30 AR Drumming to the Beat
11:15 **I** IN2L Crossword of the Day
1:00 P Aroma Spa Manicures
2:00 **K** Popcorn & Soda Social
3:00 LI Community Walk
4:00 **FR** Evening Reflection & Reminisce
6:00 **AR** Classic Concert Series

Around our Community

Welcome June

Get Ready for a fun-filled June with our exciting monthly calendar!

We'll be celebrating special days like Frozen Yogurt Day and Rocky Road Ice Cream Day as a delicious treat.

Get creative with summer crafts like painting sea-shells.

Most importantly, Celebrating Father's Day.

We're excited about our Family Night Luau Dinner on Friday the 6th.

Join us for a memorable evening of food, fun, and Family!



LOCATION KEY

- FR** Family Room
AR Activity Room
P Patio
I iN2L
AC Allegro Community
S Salon
E Exercise
K Kitchen
LI Library
O Outing