UPCOMING COMMUNITY EVENTS



IT'S MARCH-HAPPY NEW YEAR, AN-CIENT ROMANS!

Welcome to the third month of the year-or if you were born before 150 BC., the first! According to the oldest Roman calendars, one year was ten months long, beginning in March and ending in December. It may sound crazy, but you can still see traces of this old month naming system in our modern calendar. Because December was the tenth month, it was named

for the number ten in Latin (decem), just like September was named for seven (septem). So - what about January and February? They were just two namless months called "winter", proving that winter is literally so awful, it doesn't even deserve a spot on the calendar! We've all heard "Beware the Ides of March" uttered, but what does that actually mean? On the Roman calendar, the midpoint of every month was known as the Ides. This day was supposed to correlate with the first full moon of the year, and marked by religious ceremonies,, but thanks to Shakespear's Julius Caesar, we know it for another reason!

Here's to Spring and all it's glory! We welcome you with open arms, as it adds new life and new beauty to everything!

WE WELCOME OUR SPRING HOLIDAYS!

As Spring is upon us, we are getting ready to celebrate the wonderful holidays of the season. We will be having engaging entertainment, spring trips, special themed meals and of course, our popular daily Happy Hours. We will follow the traditions of each holiday, while having fun and participation. We urge every resident to join in on all our special events and celebrations that are upcoming. From celebrating St. Patricks Day, to our Easter Egg Hunt and Purim celebration. We promise fun and enjoyment for everyone! Happy Spring!

Allegro in Boynton Beach 11450 Hagen Road Boynton Beach, FL 33437 (561) 536-3859



WHAT'S INSIDE

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Pg 4 Upcoming Events + News

"DAFFODILS, THAT COME BEFORE THE SWALLOW DARES, AND TAKE THE WINDS OF MARCH WITH BEAUTY."

-WILLIAM SHAKESPEARE

FLOURISH MARCH 2025



Sunday

March 30

10:00 Bus Trip to Church Services 10:15 PAT Puzzles 11:15 **CR** Trivia 1:30 GT Afternoon Movie -Residents' Choice 2:00 CR Crafts 3:00 **CR** Finish the Lines 4:00 **B** Happy/Social Hour. 7:30 GT Netflix & Chill

2

9:00 Current Events 10:00 Bus Trip to Church Services 10:00 **CR** Board Games with Spanish River H.S. Students 10:15 PAT Trivia 11:15 CR Dominoes 1:30 GT Musical Comedy - "Oh, Hello on Broadway" 2:00 **CR** Crafts 3:00 CR Brain Boosters

9

- Davlight Savings Time Begins 9:00 A Morning Walk 10:00 Bus Trip to Church Services 10:15 **C** Scrabble Challenge 1:30 GT Afternoon Movie -Residents' Choice 1:45 **LR** Storytelling Circle 3:00 CR Classic TV-"Laugh-In" 4:00 **B** Happy/Social Hour. 16
- 9:00 CR Morning News 10:00 **Bus** Trip to Church Services 10:15 PAT Trivia 1:00 **CY** Putting Tournament 1:30 CR Dolly Parton - A Musical Tribute 3:00 **CR** Finish the Words 4:00 **B** Happy/Social Hour. 7:30 GT Netflix & Chill

23

10:00 Bus Trip to Church Services 1:00 C Current Events 1:30 GT Afternoon Movie -Residents' Choice 2:00 **CR** Healthy Snacks-Making Granola 3:00 CR Brain Boosters 4:00 **B** Happy/Social Hour. 7:30 GT Netflix & Chill

Monday

31 9:00 A Nature Walk 10:15 **CR** Balance and Coordination 11:00 CR Word Games 1:30 MC Men's Club 1:30 CR Origami 2:30 CR The Music of Burt Bacharach 4:00 **B** Happy/Social Hour. 7:00 CR BINGO at NIGHT 7:30 GT Netflix & Chill

3

March

9:00 A Morning Walk 10:15 CR Balance and Coordination 11:15 **CR** Word Games 1:30 GT Virtual Travel to Ireland 1:30 MC Men's Club 2:30 Scrabble 4:00 **B** Happy/Social Hour. 7:00 CR BINGO at NIGHT 7:30 GT Netflix & Chill

10

9:00 PAT Morning Discussion 10:15 **CR** Balance and Coordination 10:30 Bus Trip to Trader Joes 11:00 **C** Wordical Challenge 1:00 **CR** Zumba 1:30 MC Men's Club 3:00 PAT Knitting and Crocheting Club 4:00 **B** Happy/Social Hour. 7:00 CR BINGO at NIGHT

17

B St. Patrick's Day-Wear Green or get Pinched! 10:15 **CR** Balance and Coordination 11:00 **CR** Word Challenge 1:30 **CR** "Green" Tea and Trivia 1:30 MC Men's Club 3:30 **B** Irish Music and Celebration 7:00 CR BINGO at NIGHT 7:30 GT Netflix & Chill

St. Patrick's Dav

24

10:15 **CR** Balance and Coordination 11:00 **CR** Word Challenge 1:30 CR Technology Basics-Bring your cell phone 1:30 MC Men's Club 2:30 **C** Trivia 4:00 **B** Happy/Social Hour. 7:00 CR BINGO at NIGHT 7:30 GT Netflix & Chill

Tuesday

Wednesday

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5

12

9:00 A Morning Walk

11:15 Spa Stretching

11:45 **Bus** Delray Movies

1:30 CR Clay Beading

LaBriola

10:00 **GT** Town Hall Meeting

11:00 **Bus** Trip to the Library

1:00 **CR** Crafts

2:30

19

26

4:00 **B** Happy/Social Hour.

7:00 **CR** SUPER BINGO at NIGHT

11:15 **Spa** Stretching and Relaxation

Scavenger Hunt

7:30 CR Ladies Board Game Night

9:00 **CR** Stretching and Relaxation

11:00 **GT** Activity Committee Meeting

1:30 **CR** Make Your Own Wind Chime

7:30 CR Ladies Board Game Night

10:00 **B** Food Committee Meeting

11:00 **CR** Painting with Charlene

4:00 **B** Happy/Social Hour.

11:45 Bus Delray Movies

7:30 GT Netflix & Chill

9:00 CY Nature Walk

1:00 CR Ted Talk

11:00 Bus Trip to the Library

of Time

7:30 GT Netflix & Chill

4:00 **B** Happy/Social Hour.

7:30 CR Ladies Board Game Night

4:00 **B** Happy/Social Hour.

7:30 GT Netflix & Chill

10:00 **P** The Music of Broadway

11:00 **CR** Painting with Charlene

2:30 **B** Entertainment with Chervl

Mardi Gras

B Mardi Gras 9:00 **CR** "No" Impact Aerobics 10:00 CR Guided Meditation 10:00 Bus "Loop" trip around town 11:00 **Spa** Exercise with Mary 1:00 CR Mask Crafting 2:00 GT Bingo 3:30 **B** Masquerade Party 7:30 MC Men's Game Night 7:30 GT Netflix & Chill

11

4

9:00 A Morning Walk 10:00 CR Guided Meditation 10:00 Bus "Loop" trip around town 11:00 Spa Exercise with Mary 1:00 **CR** Chess and Checkers 2:00 GT Bingo 4:00 **B** Happy/Social Hour. 7:30 MC Men's Game Night 7:30 GT Netflix & Chill

18

10:00 Bus "Loop" trip around town 10:00 CR Guided Meditation 11:00 **Spa** Stretch with Mary 1:00 Edible Arrangements-Dipping Fruit 2:00 **GT** Bingo 4:00 **B** Happy/Social Hour. 7:30 MC Men's Game Night 7:30 GT Netflix & Chill

25

10:00 **Bus** "Loop" trip around town 10:00 CR Guided Meditation 11:00 Spa Exercise with Mary 1:00 Bus Delray Playhouse 2:00 GT Bingo 4:00 **B** Happy/Social Hour. 7:30 MC Men's Game Night 7:30 GT Netflix & Chill

March 2025

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9:00 CR Chair Yoga 10:30 **GT** Women in History-Lecture with Roger Gross 11:00 **Spa** Exercise with Mary 1:30 **CR** Cupcake Decorating 2:30 **C** Billiards 4:00 **B** Happy Hour and Hors D'oeuvres 4:30 Bus Dinner Outing - American Fare 13 Purim Purim 9:00 A Morning Meditation

Thursday

- 10:00 **C** Suduko 11:00 **Spa** Stretch with Mary 1:00 **CR** Making Hamentashen 2:30 CY Bocce Ball 4:00 **B** Happy/Social Hour. 4:30 Bus Dinner Outing-American Fare
- 7:30 GT Netflix & Chill 20 First Day of Spring
- First Day of Spring 9:00 **CY** Gardening Club 10:30 GT Ed Lamont-Lecture 11:00 **Spa** Stretch with Marv 1:00 Puzzle Challenge 3:00 **CR** Caregiver Support Group 4:00 **B** Happy/Social Hour. 7:30 GT Netflix & Chill

27

10:00 **C** Wordical Challenge 11:00 **GT** Resident Council Meeting 11:00 **Spa** Stretch with Mary 1:00 LR Bridge Players Meet 11:15 **Spa** Stretching and Relaxation 2:00 CR Putting Tournament 3:00 **CR** Table Top Bowling 2:30 **B** Entertainment with Soundz 4:00 **B** Happy/Social Hour. 5:00 **DR** Themed Greek Dinner Night 7:30 GT Netflix & Chill

7 9:00 A Morning Walk 10:00 **GT** Book Club Discussion 10:00 CR Puzzles 11:00 CR Word Challenge 1:30 **Bus** Banking Day 2:00 CR Chair Yoga 3:15 **GT** Shabbat Services 4:00 **B** Happy/Social Hour. 7:30 GT Netflix & Chill

Friday

14

9:00 **CR** Current Events 10:00 CR Puzzles 11:00 **C** Billiards 1:00 LR Canasta Players Meet 1:30 Bus Banking Dav 2:00 CR Chair Yoga 3:15 **GT** Shabbat Services 4:00 **B** Happy/Social Hour. 7:30 GT Netflix & Chill

21

- 10:00 **CR** Giant Puzzles 12:15 **CR** Super Sleuths-Solve the Crime 1:00 LR Mah-Jongg Players Meet 1:30 Bus Banking Day 1:30 **PAT** Photography Basics 2:00 CR Chair Yoga 3:15 **GT** Shabbat Services 4:00 **B** Happy/Social Hour. 7:30 GT Netflix & Chill 28 10:00 **CR** Puzzles 11:00 **GT** Virtual Travel to Spain 1:30 Bus Banking Day 2:00 CR Chair Yoga
- 2:00 **B** Rummikub
- 3:15 **GT** Shabbat Services
- 4:00 **B** Happy/Social Hour.
- 7:30 GT Netflix & Chill

Saturday

1

9:00	Α	Morning Walk
10:00	CR	What Would You Do?
10:30	Bus	Publix
1:00	CR	Trivia
1 : 45	CR	Word Challenge
4:00	В	Happy/Social Hour
7:30	GT	Netflix & Chill

8

		International Women's Day
9:00	CR	News
10:00	CR	Kareoke
10:30	Bus	Publix
11:00	CR	What Would You Do?
1:30	CR	Word Challenge
3:00	CR	Technology - Bring your
		cell phones
4:00	В	Happy/Social Hour .
7:30	GT	Netflix & Chill
15		

-		
9:00	A	Morning Meditation
10:30 B	us	Publix
10:30	Τī	Harry Getzov Lecture
11:00 C	R	St. Patrick's Day Crafts
1:30 C	R	Word Challenge
2:00 C	R	Tick-Tock Dance Battle
4:00 l	B	Happy/Social Hour .
7:30 G	Τī	Netflix & Chill

22

10:00	CR	Music of the 40's and 50's
10:30	Bus	Publix
11:15	СҮ	Horse Shoe Throwing
1:30	CR	Word Challenge
3:00	CR	Ripley's Believe or Not
4:00	В	Happy/Social Hour .
7:30	GT	Netflix & Chill

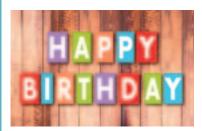
29

9:00	CR	Nature Walk
10:30	Bus	Publix
11:00	CR	Sharing Life Stories
1:00	CR	Table Top Bowling
1:30	GT	Afternoon Movie
2:00	CR	Word Challenge
4:00	В	Happy/Social Hour.
7:30	GT	Netflix & Chill

Around our Community

HAPPY BIRTHDAY!

Daniel Larned -	3/7
Irwin Mayer -	3/8
Alfred Pasternak	-3/16
Rhoda Levin -	3/17
Phyllis Wolpow -	3/17
Myrna Shapiro -	3/22
Harris Clyne -	3/24
Lisa Drucker -	3/26



LOCATION KEY

Α	Atrium
CR	Community Room
Bus	Bus Trip
В	Bistro
GT	Grand Theatre
PAT	Patio
MC	Man Cave
Spa	Spa
Ρ	Pool
~	

C Card Room



Sunday March

30

9:30 LR Morning Stretch & Relaxation 11:00 PAT Music on The Patio 1:15 AR Bowling 2:30 AR Karoke 3:30 AR Movie Trivia 6:15 LR Movie-Wrong Missy

2

9:30 LR Morning Stretch & Relaxation 11:00 PAT Music on The Patio 1:30 PAT Corn Hole 2:30 AR Water Colors 3:30 LR All About Us-Life Storvtelling 6:15 LR Concert-Celine Dion

9 Daylight Saving Time 9:30 LR Morning Stretch & Breathing Exercises 10:45 **PAT** 40's Music on the Patio 1:00 LR Storytime- Residents Share a Storv 1:45 **LR** Storytelling Circle 2:45 LR Finish the Phrase 3:30 AR Movie Trivia 6:15 LR Concert-Phil Collins

16

9:30 LR Morning Stretch & Relaxation 11:00 PAT Music on The Patio 1:30 PAT Corn Hole 2:30 LR Classic Comedy Shows 3:30 AR Movie Trivia 6:15 LR Movie-My Fair Lady

23

9:30 LR Morning Stretch & Breathing Exercises 10:30 **AR** Puzzle Time All Together on the Big Board 1:15 CY Sit in the Courtyard, Enjoying Nature 2:15 PAT Cool Drink and Talk About What You Observed Outside 2:45 LR Finish the Phrase 3:30 AR Movie Trivia

Monday March 31 9:30 LR Chair Aerobics 10:30 LR Word Wall 1:30 LR Board Games-Dominos and

Checkers 1:30 **LR** Rummy Q 3:15 AR Arts and Crafts, Making Crafts for Passover and Easter 6:15 LR Movie-Apolla13 Survival

3

9:30 LR Chair Aerobics 10:30 LR I Spy with My Little Eye Game 1:30 LR Board Games-Dominos and Checkers 1:30 LR Garden Time -Planting Herbs 2:45 **AR** Rummy Q 3:45 AR Music Trivia 6:15 LR Movie-You. Me and Dupree

10

9:30 LR Gentle Yoga 10:30 LR Fill in the Blanks 12:00 **CY** Picnic Lunch in the Garden 1:30 LR Word Wall 2:30 PAT Refreshing Snack on the Patio 3:15 **AR** Art and Crafts 6:15 LR Movie-Road to Bali

17

9:30 LR Chair Aerobics 10:30 **PAT** Plant Spring Flowers 1:30 LR Board Games-Dominos and Checkers 1:30 LR St Patrick's Day Art & Crafts 3:00 AR Word Wall 4:30 **AR** Irish Entertainment 6:15 LR Movie-Classic Show Boat

St Patrick's Dav

24

9:30 LR Gentle Yoga 10:30 LR Fill in the Blanks 1:15 Bus Dunkin Donuts 1:30 **AR** Game Time- Bean Bag Toss 2:30 AR DIY-Bird Houses 6:15 LR Life of Riley Show

Tuesday

Wednesday

Allegro in Boynton Beach

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Mardi Gras

10:00 LR 50's Workout 11:00 Spa Aromatherapy Spa Time 1:00 **AR** Finish the Phrase 2:00 **AR** Exercise with Ashley 3:30 DR Masquerade Party - Mardi Gras 4:30 **AR** Jazz Music 6:15 **LR** Movie-Laugh In

11

4

10:00 **AR** Little Hugs 11:00 **AR** Guess the Name or Place 1:15 Bus Trip Down To The Beach 2:00 **AR** Exercise with Ashley 3:15 Reminiscence-Childhood Vacations 4:15 LR Sing Along to the 50's Music 6:15 LR Music of Artie Shaw

18

10:00 **LR** 50's Workout 11:00 **AR** Guess the Name or Place 1:00 **AR** Finish the Phrase 2:00 **AR** Exercise with Ashlev 3:00 **AR** Tea Time 4:15 **AR** Relaxation to Soft Music 6:15 **LR** Abbott and Costello

25

10:00 AR Little Hugs 11:00 **AR** Guess the Name or Place 1:00 **AR** Finish the Phrase 2:00 AR Ukulele Group Preforming Reminiscence-Favorite 3:15 Travel Locations 4:15 LR Sing Along to the Frank Sinatra 6:15 LR Musical-Fame

5 Ash Wednesday 9:30 AR Tai Chi 10:00 **AR** Puzzles, Checkers and Scrabble 1:15 **Bus** Trip to Carvels for Ice Cream 2:45 LR Music & Rhythms with Instruments 3:30 PAT Corn Hole 6:15 **LR** Movie-The Other Guys

12

9:00 **AR** Breathing And Relaxation 10:00 **AR** Painting With Charlene 11:00 AR Word Wall 1:00 **AR** Collage Making 2:15 **DR** Baking 3:30 CY Karoke 6:15 LR Movie-Our Little Secret

19

9:30 AR Tai Chi 10:00 **AR** Puzzles, Checkers and Scrabble 11:15 Bus Lunch Outing 1:30 **AR** Music Trivia 2:30 LR Music & Rhythms with instruments 3:30 CY Nature Walk 6:15 LR Old TV- Father Knows Best

26

9:00 **AR** Breathing And Relaxation 10:00 **AR** Painting With Charlene 11:00 AR Word Wall 1:00 AR Indoor Golf 2:15 **P** Cocktail Hour by the Pool 3:30 LR Relaxation and Quiet Time with Soothing Music 6:15 LR Music of Glenn Miller Band



Thursday

Fridav



St Patrick's Day

Mari Gras

6

March 2025

9:00 LR Walk Around the Grounds 10:00 **LR** The Price is Right 10:30 LR Clay Sculpting 1:15 **LR** Name that Celebrity 2:15 LR Unscramble the Word 3:30 AR Bingo Bonanza 6:15 **LR** Movie-The Wiz

13

9:00 LR Gentle Stretching 10:30 LR What Did it Cost 1:15 **PG** Putting Green 2:15 LR Unscramble the Word 3:30 **AR** Entertainment with Stone Silk 6:15 LR Red Buttons Comedy

20 Spring Begins

7:30 **DR** Cooking Time: Fresh Biscuits and Gravy, Butter and Jelly 9:00 LR Walk Around the Grounds 10:00 **LR** The Price is Right 10:30 LR Clay Sculpting 1:15 **AR** Flower Arrangement 2:15 **LR** Unscramble the Word 3:30 AR Bingo Bonanza 6:15 LR Movie-Unfrosted 27

9:00 LR Gentle Stretching 10:30 **LR** What Did it Cost 11:30 **AR** I Spv 1:15 **PG** Putting Green 2:15 LR Cocktails by the Pool 3:30 AR Bingo Bonanza 6:15 LR Movie-Musical At War with the Army

7 9:00 LR Meditation 10:30 LR Name That Tune 11:00 PAT Crossword Puzzle 1:00 **AR** Puzzles, Sudoku and Online Games 2:00 LR Word Wall 3:30 GT Shabbat 3:30 AR Chair Vollevball 6:15 **LR** Movie-I Love Lucy Comedy Hour 14 9:30 AR Tai Chi

10:30 **LR** Match Game 11:00 **PAT** Crossword Puzzle 1:00 AR Connect Four & Checkers 2:00 LR Word Wall 3:30 GT Shabbat 3:30 **AR** Name That Celebrity 6:15 LR Musical-Seussical

21

9:00 LR Meditation 10:30 LR Music Trivia 11:00 PAT Crossword Puzzle 1:00 **AR** Puzzles, Sudoku and Online Games 2:00 LR Word Wall 3:30 GT Shabbat 3:30 AR Pictionary 6:15 **LR** Movie-The Golden Girls

28

9:00 LR Chair Dancing to Big Band Music 10:30 LR Name That Celebrity 11:00 **PAT** Crossword Puzzle 1:00 **AR** Connect Four & Checkers 2:00 LR Word Wall 3:15 **AR** Collage-Telling Your Story 3:30 GT Shabbat 6:15 LR Music with Andy Williams

Saturday

1

9:30	LR	Chair Aerobics to Upbeat
		Music
10:00	AR	Guess the Person or Place
11:00	AR	Walk in the Garden
1:15	LR	Music on the Patio
2:15	PAT	Volleyball on the Patio
3:30	AR	Entertainment with Chris
		Autore
6 : 15	LR	Movie-Later Daters

8

9:30	СҮ	Nature Walk
10:30	PAT	Music on the Patio
1:15	LR	Reminiscence Hour-Where
		You Grew Up
2:15	PAT	Balloon Volleyball on
		Patio
3:30	LR	Make a New Word
6:15	LR	Movie-Missing You

15

9:30	LR	Chair Aerobics to Upbeat
		Music
10:30	LR	Music Therapy-Sing-Alongs

- 1:30 LR Game Time-Memory Games
- 2:30 PAT Vollevball on the Patio
- 3:30 AR Family Feud
- 6:15 LR Movie-Yes Day

22

- 9:30 CY Nature Walk
- 10:30 **PAT** Music on the Patio
- 1:15 **LR** Reminiscence Hour Your Family
- 2:30 **PAT** Vollevball on the Patio
- 3:30 LR Make a New Word
- 6:15 LR Movie-A Typical

29

- 9:30 **AR** Tai Chi 10:30 LR Game Time-Word Association 1:30 LR Game Time-Memory Games 2:30 PAT Volleyball on the Patio 3:30 **AR** Family Feud
- 6:15 LR Movie-W.A.G.'s to Riches

Around our Community

March Happenings

Remember to Set Your Clocks

Ahead this month

We have a pretty full March.

We do not have any Birthdays

but lots of thinas aoina on

that we hope the families can

come by and be a part of our

festivities.

Activities are Subject to Change



Spring Starts March 20th

LOCATION K E Y

- Living Room LR AR Activity Room
- PAT Patio
- Spa Spa
- DR Dining Room
- Bus Trip Bus
- Grand Theatre GT
- CY Courtvard
- PG Putting Green
- Ρ Pool