UPCOMING COMMUNITY EVENTS



LIMERICK CONTEST

A Limerick is a fun rhyme.

And March is surely the time.

To be a contender.

And gather together.

Writing verse that is oh so sublime!

Write a limerick & get "published"!

WHEN IRISH EYES ARE SMILING

When Irish eyes are smiling
Sure, 'tis like a morn' in Spring
In the lilt of Irish laughter
You can hear the angels sing
When Irish hearts are happy
All the world seems bright and gay
And when Irish eyes are smiling
Sure, they steal your heart away.



ENTERTAINERS THIS MONTH

DATE

ENTERTAINER

Fri, March 7 Ron "Flying Fingers" Steta

Thu, March 13 Peter Miletic - Keyboard singer

Tue. March 18 John Truncali - Singer

Wed. March 26 Jeff Dewbray - Happy Hr. Singer

Alto Grayslake

1865 E Belvidere Rd Grayslake, IL 60030 (847) 908-9973







March 2025

Sunday 30

Weekend Word Games 10:15 CR Video Exercise Class 10:30 **B** Word Gamers Club

11:00 CR Sunday Catholic Mass 1:15 **CR** Weekend BINGO

2:15 **CR** POPCORN Anyone?

2:30 MT You Pick NETFLIX Movie 6:00 **CR** HART TO HART (DVD)

Weekend Word Games 10:15 **CR** Video Exercise Class 10:30 **B** Word Gamers Club 11:00 CR Sunday Catholic Mass

1:15 **CR** Weekend BINGO 2:15 **CR** POPCORN Anyone?

2:30 MT You Pick NETFLIX Movie

6:00 **CR** HART TO HART (DVD)

Weekend Word Games DAYLIGHT SAVINGS BEGINS 10:15 **CR** Video Exercise Class 10:30 **B** Word Gamers Club

11:00 **CR** Sunday Catholic Mass 1:15 **CR** Weekend BINGO

2:15 CR POPCORN Anyone?

2:30 MT You Pick NETFLIX Movie 6:00 **CR** CAROL BURNETT DVD

16

Weekend Word Games 10:15 **CR** Video Exercise Class 10:30 **B** Word Gamers Club 11:00 **CR** Sunday Catholic Mass 1:15 **CR** Weekend BINGO 2:15 CR POPCORN Anyone? 2:30 MT You Pick NETFLIX Movie 6:00 **CR** HART TO HART (DVD)

Weekend Word Games 10:15 **CR** Video Exercise Class 10:30 **B** Word Gamers Club 11:00 **CR** Sunday Catholic Mass 1:15 **CR** Weekend BINGO 2:15 **CR** POPCORN Anyone? 2:30 MT You Pick NETFLIX Movie

6:00 CR CAROL BURNETT DVD

Monday

March 31

WORD of the Week! 8:45 DR Coffee & Conversation

10:15 **FC** Movin' Monday 10:45 **FC** Daily Chronicles

1:30 CR Sitdown Sitcom 3:00 CR Arts & Crafts

6:00 CR TRAVEL U.S. - NEVADA

WORD of the Week! 8:45 **DR** Coffee & Conversation

10:15 FC Movin' Monday

10:45 **FC** Daily Chronicles 10:45 FC Group LIMERICK writing

1:30 CR Sitdown Sitcom

3:00 CR Arts & Crafts 3:45 **FC** Group LIMERICK writing 6:00 **CR** TRAVEL TO NEW ORLEANS

10

WORD of the Week! 8:45 **DR** Coffee & Conversation

10:15 **FC** Movin' Monday 10:45 **FC** Daily Chronicles

11:00 **CR** ACTIVITY COMM MTG.

11:45 **CR** Group LIMERICK writing

1:30 CR Sitdown Sitcom

2:30 **CR** BAKING CLASS

6:00 CR TRAVEL U.S. - MISSOURI

17

ST. PATRICK'S DAY WEAR GREEN TODAY!

8:45 DR Coffee & Conversation

10:15 FC Movin' Monday

10:45 **FC** Daily Chronicles 1:30 CR Sitdown Sitcom

2:30 CR ST. PAT'S PARTY

6:00 CR TRAVEL TO IRELAND

24

WORD of the Week! 8:45 **DR** Coffee & Conversation

10:15 **FC** Movin' Monday

10:45 FC Daily Chronicles 12:00 **B** MEN'S LUNCH

1:30 CR Sitdown Sitcom

2:30 **CR** BAKING CLASS

6:00 CR TRAVEL U.S. - NEBRASKA

Tuesday

Wednesday

Alto Gravslake

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https://www.allegroliving.com/grayslake-senior-living.html

MARDI GRAS 8:45 **DR** Tue/Thu Trivia Time

10:15 **FC** Tune Up Tuesday

10:30 MT Catholic Communion 10:45 **FC** Daily Chronicles

11:00 CR NEWCOMERS GROUP

2:00 CR MARDI GRAS HAPPY HOUR 2:30 CR History of Mardi Gras

6:00 CR Board Games & More

11

8:45 **DR** Tue/Thu Trivia Time 10:15 **FC** Tune Up Tuesday 10:30 MT Catholic Communion

10:45 **FC** Daily Chronicles

11:00 **B** FOOD COMMITTEE MTG. 1:00 **229** Parkinson's Support Group

2:00 CR COOKING DEMO w Chef Dave

6:00 CR Board Games & More

18

8:45 **DR** Tue/Thu Trivia Time 10:15 **FC** Tune Up Tuesday

10:30 MT Catholic Communion

10:45 **FC** Daily Chronicles

11:00 **B** NEWCOMERS GROUP

2:00 **CR** Happy Hour - Snack & Yack 3:00 **CR** CONCERT: JOHN TRUNCALI

6:00 CR Board Games & More

25

8:45 **DR** Tue/Thu Trivia Time 10:15 FC Tune Up Tuesday

10:30 MT Catholic Communion

10:45 **FC** Daily Chronicles 11:00 CR UNO Card Game

2:00 **B** Happy Hour & Word Games 2:30 **CR** ALTO JEOPARDY

2:45 **CR** Short Story Reading 6:00 CR Board Games & More

ASH WEDNESDAY 8:45 **DR** Coffee & Conversation

10:15 **FC** Wednesday Weights 10:30 MT ASH WEDNESDAY ashes

10:45 FC Daily Chronicles 12:00 B DINE with a Director

2:00 CR BINGO - Fun for all! 3:00 CR DRY BAR COMEDY Videos

6:00 CR Movie- BRUCE ALMIGHTY

12

8:45 **DR** Coffee & Conversation 10:15 **FC** Wednesday Weights

10:45 **FC** Daily Chronicles

12:00 B DINE with a Director 1:00 CR ALTO CHOIR SING

2:00 CR BINGO - Fun for all! 2:45 CR Group LIMERICK writing

6:00 CR Movie- STONE COLD

19

8:45 **DR** Coffee & Conversation 10:15 **FC** Wednesday Weights

10:45 **FC** Daily Chronicles

12:00 B DINE with a Director 2:00 CR POPCORN & TRIVIA

3:00 CR DRY BAR COMEDY Videos 6:00 **CR** Movie- TOMB RAIDER

26

8:45 **DR** Coffee & Conversation 10:15 **FC** Wednesday Weights

10:45 **FC** Daily Chronicles

12:00 B DINE with a Director 1:00 **CR** ALTO CHOIR SING 2:00 CR BINGO - Fun for all!

3:00 CR DRY BAR COMEDY Videos 6:00 CR FAMILY/FRIENDS HAPPY HR

6:00 **CR** Featuring JEFF DEWBRAY

Thursday



8:45 DR Tue/Thu Trivia Time

10:45 **FC** Wellness Tip of the Day

12:00 CR TAKE IN LUNCH - CULVERS

2:30 CR Group LIMERICK writing

6:00 CR Movie- NIGHT PASSAGE

2:00 **CR** Happy Hour: Drinks n More

10:15 **FC** Legacy Exercise

Friday

10:15 **CR** Video Exercise Class 10:30 LIB 2nd SCRABBLE TABLE 1:15 **CR** Weekend BINGO 2:15 **CR** POPCORN Anyone?

8:45 **DR** Coffee & Conversation 10:15 **FC** Flexibility Friday

10:45 FC Daily Chronicles

1:30 103 Bible Study & Devotions 3:00 **CR** RON Flying Fingers STETA

8:45 **DR** Coffee & Conversation

1:30 103 Bible Study & Devotions

6:00 CR Everybdy Loves Raymnd DVD

3:00 **CR** Friday FUN & GAMES

8:45 DR Coffee & Conversation

1:30 103 Bible Study & Devotions

3:00 CR Friday FUN & GAMES

2:30 CR MONTHLY BIRTHDAY PARTY

6:00 CR Everybdy Loves Raymnd DVD

10:15 **FC** Flexibility Friday

10:45 **FC** Daily Chronicles

10:15 FC Flexibility Friday

10:45 **FC** Daily Chronicles

6:00 CR Everybdy Loves Raymnd DVD

14

21

13 8:45 **DR** Tue/Thu Trivia Time 10:15 **FC** Legacy Exercise 10:45 **FC** Wellness Tip of the Day 11:00 BUS SHOPPING: TRADER JOE'S 2:00 **B** Happy Hour: Drinks n More 3:00 LOB CONCERT: PETER MILETIC

6:00 CR Movie- A STAR IS BORN

20

FIRST DAY OF SPRING 8:45 DR Tue/Thu Trivia Time 10:15 **FC** Legacy Exercise 10:30 LOB LIBRARY LOBBY STOP 10:45 **FC** Wellness Tip of the Day 11:00 BUS BUS TRIP: MAMBO ITALIANO 2:00 CR IRISH BINGO with LEGACY 6:00 CR Movie- A DOG YEAR

27

8:45 **DR** Tue/Thu Trivia Time 10:15 **FC** Legacy Exercise 10:45 **FC** Wellness Tip of the Day 11:00 BUS BUS TRIP: JOY RIDE 2:00 CR Happy Hour: Drinks n More 2:45 **CR** The BEST of the Internet

6:00 CR Movie- GRUMPY OLD MEN

28

8:45 **DR** Coffee & Conversation 10:15 **FC** Flexibility Friday 10:45 **FC** Daily Chronicles 11:00 CR RESIDENT COUNCIL 1:30 103 Bible Study & Devotions 3:00 CR Friday FUN & GAMES

6:00 CR Everybdy Loves Raymnd DVD

8

1

10:15 **CR** Video Exercise Class 10:30 **LIB** 2nd SCRABBLE TABLE 11:00 MT COMPUTER CLUB (New) 2:00 CR 2PM LATE START Bingo 2:15 CR 3PM Late POPCORN

Weekend Word Games

2:30 MT You Pick DVD Movie

6:00 CR SITCOMS on Youtube

Saturday

Weekend Word Games

3:15 MT 3:15 LATE Short DVD Movie 6:00 CR SITCOMS on Youtube

15

Weekend Word Games 10:15 **CR** Video Exercise Class 10:30 LIB 2nd SCRABBLE TABLE 1:15 **CR** Weekend BINGO 2:15 **CR** POPCORN Anyone? 2:30 MT You Pick DVD Movie

6:00 CR SITCOMS on Youtube

22

Weekend Word Games 10:15 **CR** Video Exercise Class 10:30 LIB 2nd SCRABBLE TABLE 1:15 **CR** Weekend BINGO 2:15 **CR** POPCORN Anyone? 2:30 MT You Pick DVD Movie 6:00 CR SITCOMS on Youtube

29

10:30 LIB 2nd SCRABBLE TABLE 1:15 **CR** Weekend BINGO 2:15 **CR** POPCORN Anyone? 2:30 MT You Pick DVD Movie 6:00 CR SITCOMS on Youtube

10:15 **CR** Video Exercise Class

Weekend Word Games

Around our **Community**

B-DAYS & BUS RIDES

BIRTHDAYS

Marie F. 03/14

BUS RIDES

3/06 TAKE IN LUNCH -**CULVERS**

3/13 SHOPPING -TRADER JOE'S

3/20 - LUNCH - MAMBO ITALIANO

3/27 - JOY RIDE

NEW - WEDNESDAYS

MEDICAL APPOINTMENT **DAYS**

Contact Mike for more info or to schedule a ride.

Please confirm availability before scheduling an appointment. 10 mile max radius.

LOCATION KEY

Community Room

Library on 2 Movie Theater

Bistro

Dining Room

Fitness Center 103 Near Apt. 103

229 Lounge near Apt. 229 **BUS** Bus

LOB Lobby



March 2025

Sunday

30

9:30 ENS Sunday Morning Devotional Worship & Prayer 9:45 **3AE** Daily Chronicle Super Snacks 10:15 **AR** Excellent Exercise Class 1:30 L Afternoon Stretch 2:00 L Adult Guided art 2:00 AR Sunday Afternoon History 3:30 3AE IN2L- Resident Choice 6:00 Care Team to run IN2L

9:30 ENS Sunday Morning Devotional Worship & Prayer 9:45 3AE Daily Chronicle Super Snacks 10:15 **AR** Excellent Exercise Class 1:30 L Afternoon Stretch 2:00 L Adult Guided art 2:00 AR Sunday Afternoon History 3:30 3AE IN2L- Resident Choice 6:00 Care Team to run IN2L 9

DAYLIGHT SAVINGS BEGINS **ENS** Happy Birthday Linda 9:30 ENS Sunday Morning Devotional Worship & Prayer 9:45 3AE Daily Chronicle Super Snacks 10:00 10:15 **AR** Excellent Exercise Class 1:30 L Afternoon Stretch 2:00 AR Sunday Afternoon History 3:30 3AE IN2L- Resident Choice

16

9:30 ENS Sunday Morning Devotional Worship & Prayer 9:45 3AE Daily Chronicle Super Snacks 10:15 AR Excellent Exercise Class 1:30 L Afternoon Stretch 2:00 L Adult Guided art 2:00 AR Sunday Afternoon History 3:30 3AE IN2L- Resident Choice 6:00 Care Team to run IN2L

23

9:30 ENS Sunday Morning Devotional Worship & Prayer 9:45 3AE Daily Chronicle 10:00 Super Snacks 10:15 AR Excellent Exercise Class 1:30 L Afternoon Stretch 2:00 AR Sunday Afternoon History 3:30 3AE IN2L- Resident Choice Care Team to run IN2L activities

Monday

March 31

9:45 3AE Daily Chronicle Super Snacks 10:00 10:15 AR Excellent Exercise Class

10:45 AR Baking

11:15 AR1 Resident Choice IN2L Game 1:00 AR1 Chair Travels: Egypt

2:30 AR2 Prize Bingo 3:30 AR C.C-Painting

4:30 EFR Junk Drawer Detective 6:00 Care Team to run IN2L

9:45 **3AE** Daily Chronicle 10:00 Super Snacks

10:15 AR Excellent Exercise Class

10:45 AR Baking

11:15 **AR1** Spelling Bee(Team Game) 1:00 AR1 Chair Travels: Egypt

2:30 AR2 Prize Bingo

3:30 AR C.C-Painting

4:30 EFR Junk Drawer Detective Care Team to run IN2L

10

9:45 **3AE** Daily Chronicle Super Snacks 10:15 AR Excellent Exercise Class 10:45 AR Baking 11:15 AR1 Resident Choice IN2L Game 1:00 AR1 Chair Travels: Scandinavia 2:30 AR2 Prize Bingo

3:30 AR C.C-Painting

4:30 EFR Junk Drawer Detective 6:00 Care Team to run IN2L

AR2 St. Patrick's Day

17

9:45 **3AE** Daily Chronicle 10:00 Super Snacks 10:15 AR Excellent Exercise Class 10:45 AR Baking 11:15 AR1 Resident Choice IN2L Game 1:00 AR1 Chair Travels: Ireland 2:30 AR2 Green Brews and Tattoos 3:30 AR C.C-Painting

24

9:45 3AE Daily Chronicle Super Snacks 10:15 AR Excellent Exercise Class 10:45 AR Baking 11:15 AR1 Resident Choice IN2L Game 12:00 B MEN'S LUNCH 1:00 AR1 Chair Travels:Ireland 2:30 AR2 Prize Bingo

3:30 AR C.C-Painting

4:30 EFR Junk Drawer Detective

Tuesday

Wednesday

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4

MARDI GRAS 9:45 3AE Daily Chronicle 10:00 Super Snacks 10:15 Senior Shape Game of Choice 10:45 11:00 BUS Bus Outing 1:15 L After Lunch Stretch 2:00 ENS Who Am I? 2:30 AR What do you Meme 3:30 AR2 Nail Care

11

9:45 **3AE** Daily Chronicle Super Snacks 10:15 Improved Health 11:00 BUS Bus Outing 11:00 Game of Choice 1:15 L After Lunch Stretch 2:00 ENS What Am I? 3:30 AR1 Toilet Paper Horse Race Care Team to run IN2L activities

18

9:45 3AE Daily Chronicle Super Snacks 10:00 Senior Shape 10:15 11:00 BUS Bus Outing Game of Choice 11:00 1:15 L Chair Zumba Gold 1:45 AR What do you Meme 2:00 ENS Who Am I? 3:30 AR2 Nail Care 3:30 L White Board Tiles

25

9:45 3AE Daily Chronicle Super Snacks Improved Health 10:15 11:00 BUS Bus Outing 11:00 Game of Choice 1:15 L Chair Zumba Gold 2:00 **ENS** What Am I? 3:30 AR2 Nail Care 3:30 L White Board Tiles 6:00 Care Team to run IN2L

ASH WEDNESDAY 9:45 3AE Daily Chronicle 10:00 Super Snacks Eversound: Fitness Trivia 10:30 MT ASH WEDNESDAY ashes 11:00 ALL Farkle 1:00 Chicken Soup for the Soul 2:30 EDR B.C-Green Beer Bread 3:30 **AR** Coro Music Name the Tune 3:30 SR White Board Games

12

National Alfred Hitchcock 9:45 Daily Chronicle 10:00 Super Snacks Eversound: Fitness Trivia 10:15 11:00 ALL Farkle Chicken Soup for the Soul 1:00 B.C-Shamrock Shake 2:30 3:30 Topix Cards 6:00 Care Team to run IN2L

19

ENS Happy Birthday Elise 9:45 3AE Daily Chronicle 10:00 Super Snacks Eversound: Fitness Trivia 11:00 ALL Farkle 1:00 Chicken Soup for the Soul 2:30 EDR B.C-Leprechaun Bait 3:30 AR Coro Music Name the Tune 6:00 Care Team to run IN2L activities

26

9:45 3AE Daily Chronicle Super Snacks 10:00 Eversound: Fitness Trivia 10:15 10:45 ALL Farkle Chicken Soup for the Soul 2:30 EDR B.C-Green Beer Bread 3:30 EFR Topix Cards Family&Friends Night

Thursday



9:45 3AE Daily Chronicle Super Snacks 10:15 AR Excellent Exercise Class 10:00 10:30 L Short Story Group 11:00 3AE One on One programing 1:15 AR Eversound Daily 10 1:30 2:00 EDR Happy Hour 1:45 3:30 3AE C.C: Beading 6:00 Care Team to run IN2L 3:30 activities

13

6

9:45 3AE Daily Chronicle Super Snacks 10:15 AR Excellent Exercise Class 10:30 L Short Story Group 11:00 3AE One on One programing 1:15 **AR** Eversound Daily 10 2:00 EDR Happy Hour 3:30 3AE C.C: Beading Care Team to run IN2L activities

20

FIRST DAY OF SPRING 9:45 3AE Daily Chronicle Super Snacks 10:00 10:15 AR Excellent Exercise Class 10:30 L Short Story Group 11:00 3AE One on One programing 1:15 **AR** Eversound Daily 10 2:00 EDR Happy Hour 3:30 3AE C.C: Beading 6:00 Care Team to run IN2L 27

9:45 3AE Daily Chronicle Super Snacks 10:15 AR Excellent Exercise Class 10:30 L Short Story Group 11:00 3AE One on One programing 1:15 AR Eversound Daily 10 2:00 EDR Happy Hour 3:30 3AE C.C: Beading Care Team to run IN2L activities

Friday



ENS Happy Birthday Frank 9:45 **3AE** Daily Chronicle Super Snacks 10:15 AR Excellent Exercise Class IN2L:Would you Rather Marvelous Manicures Concert: Randy Walker Ice cream social Resident Choice Movie 3:30 Life Skill Stations

14

9:45 3AE Daily Chronicle Super Snacks 10:15 AR Excellent Exercise Class IN2L:Would you Rather 1:30 Marvelous Manicures Ladies tea 2:30 Resident Choice Movie Life Skill Stations 3:30 Care Team to run IN2L activities

21

9:45 **3AE** Daily Chronicle Super Snacks 10:15 AR Excellent Exercise Class IN2L:Would you Rather Marvelous Manicures 1:30 2:30 CR MONTHLY BIRTHDAY PARTY Resident Choice Movie Life Skill Stations Care Team to run IN2L activities

28

National Dump Cake Day Daily Chronicle 9:45 **Super Snacks** 10:00 10:15 **Excellent Exercise Class** IN2L:Would you Rather Marvelous Manicures 1:30 2:30 Ice Cream Social 3:30 Resident Choice Movie 3:30 Life Skill Stations 6:00 Care Team to run IN2L

Saturday

1

9:45 3AE Daily Chronicle Super Snacks 10:00 10:15 L Seated Zumba class 10:45 Name that tune! IN2L-Trivia 11:00 1:00 Uno 2:00 Indoor Putt Putt 3:30 3AE IN2L- Resident Choice Resident Choice Activity 6:00

Care Team to run IN2L

6:00 8

9:45 3AE Daily Chronicle 10:00 Super Snacks 10:15 L Seated Zumba class 10:45 Name that tune! IN2L-Trivia 11:00 1:00 Uno Indoor Putt Putt 2:00 3:30 3AE IN2L- Resident Choice 6:00 Resident Choice Activity 6:00 Care Team to run IN2L

15

9:45 3AE Daily Chronicle Super Snacks 10:00 10:15 L Seated Zumba class Name that tune! 10:45 11:00 IN2L-Trivia 1:00 Uno Alex-Drumming Circle 1:00 Indoor Putt Putt 2:00 3:30 3AE IN2L- Resident Choice 6:00 Resident Choice Activity 22

ENS Happy Birthday Judy.R 9:45 **3AE** Daily Chronicle Super Snacks 10:00 10:15 L Seated Zumba class 10:45 Name that tune! 11:00 IN2L-Trivia 1:00 Uno Indoor Putt Putt 3:30 3AE IN2L- Resident Choice 6:00 Resident Choice Activity 29

9:45 3AE Daily Chronicle Super Snacks 10:00 10:15 L Seated Zumba class Name that tune! 10:45 IN2L-Trivia 11:00 1:00 Uno Indoor Putt Putt 2:00 3:30 3AE IN2L- Resident Choice Resident Choice Activity 6:00 Care Team to run IN2L

Around our Community

Birthdays

A very Happy Birthday to:

Frank 3/7

Linda3/9

Elise3/19

Judy.R 3/19

Please Feel free to join us for any activities. We love family involvement!

Bus rides are still subject to weather

Activities are subject to change



LOCATION KEY

Lounge **ENS**

AR AR1

3AE

AR2

EFR BUS Bus

Movie Theater

ALL Everywhere!