UPCOMING COMMUNITY EVENTS



MAY THE LUCK OF THE IRISH BE WITH YOU! ST. PATRICK'S DAY SOCIAL HOUR MONDAY, MARCH 17TH IRISH SODA BREAD & YOUR FAVORITE WHISKY! 3:30PM IN THE PENTHOUSE PUB!



HAMENTASHEN FOR ME, HAMENTASHEN FOR YOU! LET'S CELEBRATE PURIM TOGETHER FRIDAY, MARCH 14TH IN THE PENTHOUSE PUB WITH YOUR ALLEGRO FRIENDS!

DON'T MISS THESE EVENTS!

March 3rd from 2 to 3:30 Opera Appreciation w/ Joe Lawliss March 6th from 3:00 to 4:00 HealthPro Discovery Series with Amy March 6th from 7:30 to 8:30 Live Jazz Keyboard Concert with Hanah Densen March 14th from 3:30 to 4:30 Purim Celebration March 17th from 3:30 to 4:30 St. Patrick's Day Irish Soda Bread & Whisky Event March 26th from 3:00 to 4:00 Resident Birthday Bash

Allegro at Harrington Park 200 Old Hook Road Harrington Park, NJ 07640 (201) 899-4440



WHAT'S INSIDE

Pg 2-3 Social Calendar

Pq 4 **Upcoming Events + News**

"SPRING IS WHEN LIFE'S ALIVE IN EVERYTHING."

FLOURISH **MARCH 2025**

-CHRISTINA ROSSETTI



Sunday

March 30

9:15 PTH Catholic Mass Livestream 10:00 **T** Communion 10:30 ACT Tai Chi 11:00 PTH Sunday Stretch w/Laura 11:15 **T** Art History Lecture 11:30 **GR** Wall Scrabble 1:45 **T** Movie Matinee 2:15 ACT Bingo 3:30 PTH Social Hour 8:00 T Sunday Cinema

2 Oscar Night 9:15 PTH Catholic Mass Livestream 10:00 **T** Communion 10:30 ACT Tai Chi 11:00 PTH Sunday Stretch w/Laura 11:15 **T** Art History Lecture 11:30 **AS** Crafting w/ Cindy 1:45 **T** Movie Matinee 2:15 ACT Bingo 3:30 PTH Wine & Cheese Social Hour 8:00 T The Oscars!

9 Barbie Day! 9:15 PTH Catholic Mass Livestream 10:00 **T** Communion 10:30 ACT Qigong 11:00 PTH Sunday Stretch w/Laura 11:15 **T** Art History Lecture 11:30 **AS** Canvas Painting w/ Cindy 1:45 **T** Movie Matinee 2:15 ACT Bingo 3:30 PTH Social Hour 8:00 **T** National Barbie Day

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9:15 PTH Catholic Mass Livestream 10:00 **T** Communion 10:30 ACT Tai Chi 11:00 PTH Sunday Stretch w/Laura 11:15 **T** Art History Lecture 11:30 AS Creative Crafts w/ Cindy 1:45 **T** Movie Matinee 2:15 ACT Bingo 3:15 PTH Social hour 8:00 **T** Movie Musicals

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9:15 PTH Catholic Mass Livestream 10:00 **T** Communion 10:30 ACT Qigong 11:00 PTH Sunday Stretch w/Laura 11:15 **T** Art History Lecture 11:30 **GR** Wall Scrabble 1:45 **T** Movie Matinee 2:15 ACT Bingo 3:30 PTH Social Hour 8:00 **T** Movie Classics

Monday

31 10:00 L News & Views 10:30 ACT Morning Yoga w/ Jen 11:30 **T** Ted Talk & Discussion 1:00 BC Knit Wits Club 1:15 ML Walking Club 1:30 **T** Weekday Movie Matinee 2:15 AS Spring Craft 3:15 ACT Centering Yoga Class 3:30 PTH Social Hour 8:00 ACT Monday Night Movie

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March

10:00 L News & Views 10:30 ACT Morning Yoga w/ Jen 11:30 **T** Ted Talk & Discussion 1:00 BC Knit Wits Club 2:00 **T** Opera Appreciation w/Joe 2:15 AS Clay Craft 3:15 ACT Centering Yoga Class 3:30 PTH Social Hour 6:30 ACT Evening Bingo w/ Cindy 8:00 T Monday Movie

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17

10:00 L News & Views 10:30 ACT Morning Yoga w/ Jen 11:30 **T** Ted Talk & Discussion 1:00 BC Knit Wits Club 1:30 **T** Weekday Movie Matinee 2:00 AS Sketch Art Class 3:15 ACT Centering Yoga Class 3:30 PTH Social Hour 6:30 ACT Evening Bingo w/ Cindy 8:00 **T** Monday Night Movie

St. Patrick's Dav

10:00 L News & Views 10:30 ACT Morning Yoga w/ Jen 11:30 **T** Ted Talk & Discussion 1:00 BC Knit Wits Club 1:15 ML Walking Club 1:30 **T** Weekday Movie Matinee 2:00 **AS** Therapeutic Arts 3:15 ACT Centering Yoga Class 3:30 PTH St. Patrick's Social Hour 8:00 **T** Monday Night Movie

24

10:00 L News & Views 10:30 ACT Morning Yoga w/ Jen 11:30 **T** Ted Talk & Discussion 1:00 BC Knit Wits Club 1:15 ML Walking Club 2:00 AS Pastel Art Class 3:15 ACT Centering Yoga Class 3:30 PTH Social Hour 6:30 ACT Evening Bingo w/ Cindy 8:00 **T** Weekday Movie Matinee

Tuesday

Wednesday

Allegro at Harrington Park

200 Old Hook Road Harrington Park, NJ 07640 (201) 899-4440 https://www.allegroliving.com/senior-living-harrington-park.html

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9:30 Bus Post Office & Bank Outing 10:30 ACT Total Body Movement w/Deb 11:30 **GR** Wall Scrabble 11:30 ACT Word Games 1:15 BC Tech Tuesday - Help Desk 2:00 ACT Food Forum 2:15 AS Origami 3:30 PTH Sunset Stretch 6:30 ACT Evening Bingo w/ Gloria 0 8:00 T Movie Night- Resident Pick 11

9:30 Bus Post Office & Bank Outing 10:30 ACT Total Body Movement w/Deb 11:30 **T** Lecture w/ Paul White 11:30 **GR** Wall Scrabble 1:15 BC Tech Tuesday - Help Desk 2:15 PTH Readers Rendezvous w/ Laura 3:30 PTH Sunset Stretch

3:30 ACT Balloon Volleyball 6:30 ACT Evening Bingo w/ Gloria 0

18

9:30 Bus Post Office & Bank Outing 10:30 ACT Total Body Movement w/Deb 11:30 **GR** Wall Scrabble 1:15 BC Tech Tuesday - Help Desk 2:00 **ACT** Lifestyle Committee 2:15 AS Rock Painting 3:00 ACT Indoor Sports Games 3:30 PTH Sunset Stretch 6:30 **ACT** Evening Bingo w/ Gloria 0 8:00 **T** Movie Night- Resident Pick

25

9:30 Bus Post Office & Bank Outing 10:30 ACT Total Body Movement w/Deb 11:30 **AS** Origami Art Class 11:30 GR Wall Scrabble 1:15 BC Tech Tuesday - Help Desk 2:00 **T** Lecture with Paul R. 2:15 AS Sponge Paint Craft 3:30 PTH Sunset Stretch 6:30 **ACT** Evening Bingo w/ Gloria 0 8:00 **T** Movie Night- Resident Pick

Ash Wednesday

10:00 PTH Current Events w/ Bob 10:30 ACT Balance Fitness w/ Tammie 11:30 ACT Crossword Challenge 11:30 **AS** Spirit Art 12:00 B Cooking Demo w/ Connor 1:45 **T** University Lecture 2:00 **GR** Mahjong w/ Stacy 2:15 ACT Bingo 3:30 PTH Social Hour 8:00 **T** Movie Comedy

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10:00 PTH Current Events w/ Bob 10:30 **ACT** Balance Fitness w/ Tammie 11:30 ACT Crossword Challenge 12:00 B Cooking Demo w/ Connor 1:15 ML Walking Club 1:45 **T** University Lecture 2:00 **GR** Mahjong w/ Stacy 2:15 ACT Bingo 3:30 PTH Social Hour 8:00 T Movie Action

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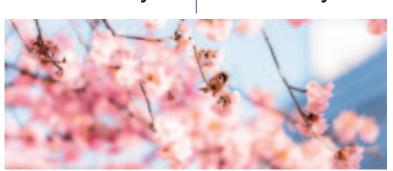
10:00 PTH Current Events w/ Bob 10:30 ACT Balance Fitness w/ Tammie 11:30 ACT Crossword Challenge 12:00 **B** Cooking Demo w/ Connor 1:15 ML Walking Club 1:45 **T** University Lecture 2:00 **GR** Mahjong w/ Stacy 2:15 ACT Bingo 3:30 PTH Social Hour 8:00 T Movie Comedy

26

10:00 PTH Current Events w/ Bob 10:30 ACT Balance Fitness w/ Tammie 11:30 ACT Crossword Challenge 11:30 **PTH** Welcome Allegro Newcomers 12:00 **B** Cooking Demo w/ Connor 1:45 **T** University Lecture 2:00 **GR** Mahiong w/ Stacy 2:15 ACT Bingo 3:00 **B** Allegro Birthday Bash! 8:00 **T** Movie Action

March 2025 Thursday

Friday



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6 Mary Kay Jewelry Sale!

10:30 ACT Gentle Yoga w/ Jen 10:30 **T** Documentary Series 11:30 **AS** Sip & Paint Series 12:00 Bus Sear House- Lunch Trip 2:00 **GR** Rummikub Club 2:15 AS Jewelry Making 3:00 ACT HealthPro Discovery w/ Amy 3:30 PTH Mind-Body Exercise 3:30 ACT Crossword Challenge 7:30 PTH Evening Jazz Concert

13 Purim Begins- Sundown 10:30 ACT Gentle Yoga w/ Jen 10:30 **T** Documentary Series 11:30 **ACT** Flower Arranging Class w/ Laura 12:00 Bus Ammata Tai Kitchen Trip 2:00 **GR** Rummikub Club 2:15 AS Ceramic Art 3:30 PTH Mind-Body Exercise 3:30 ACT Crossword Game 7:00 PTH Wine Tasting w/ Joe

20 Spring is here! 10:30 ACT Gentle Yoga w/ Jen

10:30 **T** Documentary Series 11:30 ACT Drama Club w/ Lifestyle 12:00 Bus Armando's Restaurant 2:00 **GR** Rummikub Club 2:15 AS Jewelry Making 3:30 PTH Mind-Body Exercise 3:30 ACT Crossword Puzzle 7:00 PTH After Dinner Show 8:00 **T** Movie Musicals

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10:30 ACT Gentle Yoga w/ Jen 10:30 **T** Documentary Series 11:00 Bus Casino Trip 11:30 ACT Brain Teasers 2:00 **GR** Rummikub Club 2:00 GR LCR Game 2:15 AS Jewelry Making 2:30 ACT AL Resident Council 3:30 PTH Mind-Body Exercise 8:00 **T** Movie Action

10:30 ACT Strength & Fitness 11:30 ACT Historical Trivia Series 1:15 ML Walking Club 2:00 GR Canasta Club w/ Lisa 2:00 ACT Bingo Bash 2:30 L Writer's Group 3:15 ACT Yoga with Mimi 3:30 PTH Social Hour 4:15 ACT Shabbat 8:00 **T** Movie Night - New Release 14 Purim

10:30 ACT Strength & Fitness 11:30 **T** Team Jeopardy 1:15 ML Walking Club 2:00 GR Canasta Club w/ Lisa 2:00 ACT Bingo Bash 2:30 L Writer's Group 3:15 ACT Yoga with Mimi 3:30 PTH Meet New Residents Social 4:15 ACT Shabbat 8:00 **T** Movie Night - New Release

21

10:30 ACT Strength & Fitness 1:15 ML Walking Club 2:00 GR Canasta Club w/ Lisa 2:00 ACT Bingo Bash 2:15 **T** Let's Talk Movies 2:30 L Writer's Group 3:15 ACT Yoga with Mimi 3:30 PTH Social Hour 4:15 ACT Shabbat 8:00 **T** Movie Night - New Release 28

10:30 ACT Strength & Fitness 11:30 ACT Brain Teasers 1:15 ML Walking Club 2:00 ACT Team Jeopardy 2:00 GR Canasta Club w/ Lisa 2:00 ACT Bingo Bash 2:30 L Writer's Group 3:15 ACT Yoga with Mimi 4:15 ACT Shabbat 8:00 **T** Movie Night - New Release

Saturday

Ramadan

10:00 **BC** Shabbat -Virtual Service 10:00 **Bus** AM Shopping Shuttle 10:30 ACT Yoga Flow 11:30 AS DIY Card Making 1:00 ACT Line Dancing 1:45 **T** Saturday Matinee 2:15 ACT Bingo 3:30 PTH Social Hour 8:00 T Saturday Night Cinema

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10:00 BC Shabbat -Virtual Service 10:00 **Bus** AM Shopping Shuttle 10:30 ACT Yoga Flow 11:30 ACT Brain Teasers 1:00 ACT Line Dancing 1:30 Bus PM Shopping Shuttle 1:45 **T** Saturday Matinee 2:30 **T** Live Music w/ Bonnie Rapp 3:30 PTH Social Hour 8:00 T Virtual Theater

15

10:00 BC Shabbat -Virtual Service 10:00 **Bus** AM Shopping Shuttle 10:30 ACT Yoga Flow 11:30 ACT Trivia Challenge 1:00 ACT Line Dancing 1:30 Bus PM Shopping Shuttle 1:45 **T** Saturday Matinee 2:15 ACT Bingo 3:30 PTH Social Hour 8:00 **T** Movie Classics

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- 10:00 **BC** Shabbat -Virtual Service 10:00 Bus AM Shopping Shuttle 10:30 ACT Yoga Flow 11:30 ACT Finish the Lines 1:00 ACT Line Dancing 1:30 **Bus** PM Shopping Shuttle 1:45 **T** Saturday Matinee 2:15 ACT Bingo 3:30 PTH Social Hour 7:30 **T** Virtual Concert 29 10:00 BC Shabbat -Virtual Service 10:00 **Bus** AM Shopping Shuttle 10:30 ACT Yoga Flow
- 11:30 ACT Crossword Game 1:00 ACT Line Dancing
- 1:30 Bus PM Shopping Shuttle 1:45 **T** Saturday Matinee
- 2:15 ACT Bingo
- 3:30 PTH Social Hour
- 8:00 **T** Saturday Night Cinema

Around our Community

Welcome March!

Monthly Observances Irish Heritage Month Craft Month National Nutrition Month Special Days March 2nd- Oscar Night March 5th- Ash Wednesday March 9th-Barbie Day March 13th-14th- Purim March 17th- St. Patrick's Day Drama Club- 3.20.25 *New Lifestyle Program*

LCR Game- Mondays & Thursdays @ 2pm

Poker-2pm Tuesdays

Yoga w/ Mimi- Mondays & Fridays @ 3:15pm

All Activities are Subject to Change

LOCATION K E Y

- **Business Center** BC
- Bus Trip Bus
- ACT Activity Room
- Art Studio AS
- Т Theater
- Penthouse Pub PTH
- Library
- Game Room GR
- B Bistro
- **ML** Meet in Lobby



Sunday

March

30 End of Ramadan 10:00 **CR** Virtual Catholic Mass 11:00 **LR** Therapeutic Arts 11:30 **P** Gentle Stretching w/ Anne 2:30 DR Live Show 2:45 LR Snack N' Chat 3:00 **CR** Calm Breathing Bubble 3:00 LR Live Show 3:30 LR Today in History Trivia 4:00 LR Bingo 6:00 LR Concert Series

2

10:00 **CR** Virtual Catholic Mass 11:00 **LR** Therapeutic Arts 11:30 **P** Gentle Stretching w/ Anne 2:30 P Snack N' Chat 2:45 LR Affirmation Nation 3:00 **CR** Calm Breathing Bubble 3:30 LR Today in History Trivia 4:00 **LR** Bingo 6:00 LR Oscars Red Carpet Show

9 **Daylight Savings**

10:00 **CR** Virtual Catholic Mass 11:00 **LR** Therapeutic Arts 11:30 **P** Gentle Stretching w/ Anne 2:30 P Snack N' Chat 2:45 **LR** Barbie Documentary 3:00 **CR** Calm Breathing Bubble 3:30 LR Today in History Trivia 4:00 LR Bingo 6:00 LR Concert Series

16

10:00 **CR** Virtual Catholic Mass 11:00 **LR** Therapeutic Arts 11:30 **P** Gentle Stretching w/ Anne 2:30 P Snack N' Chat 2:45 LR Affirmation Nation 3:00 CR Calm Breathing Bubble 3:30 LR Today in History Trivia 4:00 **LR** Bingo 6:00 LR Concert Series

23

10:00 **CR** Virtual Catholic Mass 11:00 **LR** Therapeutic Arts 11:30 **P** Gentle Stretching w/ Anne 2:00 **CR** Calm Breathing Bubble 2:30 P Snack N' Chat 2:45 LR Affirmation Nation 3:00 LR Live Show 3:30 LR Today in History Trivia 4:00 LR Bingo 6:00 LR Concert Series

Monday March 10:00 LR Wheel of Fortune 10:45 LR Rosary Group 11:00 LR Crafting Corner

11:30 LR Gentle Yoga 1:00 **0** Walk Around Allegro 2:00 LR Eiffel Tower Trivia 3:00 LR Live Show 4:00 LR Bingo 6:00 LR Coffee and Conversations

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10:00 LR Wheel of Fortune 10:45 **LR** Rosary Group 11:00 LR Crafting Corner 11:30 LR Gentle Yoga 1:00 **0** Walk Around Allegro 2:00 LR Afternoon Trivia 3:00 LR Sports Galore 4:00 LR Bingo 6:00 LR Coffee and Conversations

10

10:00 LR Wheel of Fortune 10:45 **LR** Rosarv Group 11:00 LR Crafting Corner 11:30 LR Gentle Yoga 1:00 **0** Walk Around Allegro 2:00 LR Afternoon Trivia 3:00 LR Sports Galore 4:00 LR Bingo 6:00 LR Coffee and Conversations

17 Saint Patrick's Dav

10:00 LR Wheel of Fortune 10:45 **LR** Rosary Group 11:00 LR Crafting Corner 11:30 LR Gentle Yoga 1:00 **0** Walk Around Allegro 2:00 LR St. Patrick's Day Social 3:00 LR Sports Galore 4:00 **LR** Bingo 6:00 LR Coffee and Conversations

24

10:00 LR Wheel of Fortune 10:45 LR Rosary Group 11:00 LR Crafting Corner 11:30 LR Gentle Yoga 1:00 **0** Walk Around Allegro 2:00 LR Afternoon Trivia 3:00 LR Sports Galore 3:00 LR Live Show 4:00 LR Bingo 6:00 LR Coffee and Conversations

Tuesday

Wednesday

Allegro in Harrington Park

200 Old Hook Road Harrington Park, NJ 07640 (201) 899-4440 https://www.allegroliving.com/senior-living-harrington-park.html

Mardi Gras

10:00 LR Let's Talk: Fat Tuesday 10:30 LR Paper Crafting 11:30 LR Total Body Movement 1:30 LR Afternoon Stretch 1:45 Bus Scenic Ride 2:00 LR Cooking Class 3:00 LR Mardi Gras Celebration 3:30 **PTH** Wine and Unwind 4:00 **P** Bingo 6:00 CR Ensemble Singing Society 11

4

10:00 LR Let's Talk 10:30 LR Paper Crafting 11:30 LR Total Body Movement 1:30 LR Afternoon Stretch 1:45 Bus Vale Coffee Shoppe Trip 2:00 LR Cooking Class 3:00 LR Pass the Popcorn! 3:30 PTH Wine and Unwind 4:00 **P** Bingo 6:00 **CR** Ensemble Singing Society

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10:00 LR Let's Talk 10:30 LR Paper Crafting 11:30 **LR** Total Body Movement 1:30 LR Afternoon Stretch 1:45 **Bus** Ensemble Shopping Trip 2:00 LR Cooking Class 3:00 LR Pass the Popcorn! 3:30 PTH Wine and Unwind 4:00 **P** Bingo 6:00 CR Ensemble Singing Society

25

10:00 LR Let's Talk 10:30 LR Paper Crafting 11:30 **LR** Total Body Movement 1:30 LR Afternoon Stretch 2:00 LR Cooking Class 3:00 LR Pass the Popcorn! 3:00 LR Live Show 3:30 PTH Wine and Unwind 4:00 **P** Bingo 6:00 **CR** Ensemble Singing Society

March 2025

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5 Ash Wednesday

10:00 LR Price is Right 10:45 **LR** Ash Wednesday Ceremony 11:00 LR Nature's Art 11:15 **LR** Balance & Strength Fitness 1:00 LR Walking Club 1:15 **P** Wellness Melodies 2:15 **LR** Blooming with Smiles 3:15 CR Let's Talk 4:00 LR Music for Joy 6:00 DR Posi-ti-vi Tea

10:00 LR Price is Right 11:00 LR Nature's Art 11:15 **LR** Balance & Strength Fitness 1:00 LR Walking Club 1:15 **P** Wellness Melodies 2:15 LR The Passport Series 3:00 CR Let's Talk 3:30 LR Music for Joy 4:15 LR Bingo 6:00 DR Posi-ti-vi Tea

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10:00 LR Price is Right 11:00 LR Nature's Art 11:15 **LR** Balance & Strength Fitness 1:00 LR Walking Club 1:15 **P** Wellness Melodies 3:00 CR Let's Talk 3:30 LR Music for Joy 4:15 **LR** Bingo 6:00 DR Posi-ti-vi Tea

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10:00 LR Price is Right 11:00 LR Nature's Art 11:15 **LR** Balance & Strength Fitness 1:00 LR Walking Club 1:15 **P** Wellness Melodies 3:00 CR Let's Talk 3:00 LR Live Show 3:30 LR Music for Joy 4:15 LR Bingo 6:00 DR Posi-ti-vi Tea



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10:00 LR Let's Talk: Cleopatra 11:00 LR Clay Date 11:30 LR Calm Breathing Bubble 1:00 LR Bingo 2:00 LR Chapter's Inc. 2:30 LR Freestyle Workout 2:45 LR Affirmation Nation 3:00 **DR** Cooking Class 4:15 CR Karaoke 6:00 **CR** Life Long Learning 13 Purim 10:00 LR Let's Talk: Purim 11:15 LR Total Body Fitness 1:00 LR Bingo 1:30 **P** Wellness Melodies 2:00 LR Chapter's Inc. 2:30 LR Freestyle Workout 2:45 LR Affirmation Nation 3:00 **DR** Cooking Class 4:15 CR Karaoke 6:00 **CR** Life Long Learning 20 Welcome Spring 10:00 LR Let's Talk 11:00 LR Clay Date 11:30 LR Calm Breathing Bubble 1:00 LR Bingo 2:00 LR Chapter's Inc.

2:30 LR Freestyle Workout

6:00 **CR** Life Long Learning

11:15 **LR** Total Body Fitness

1:30 P Wellness Melodies

2:30 LR Freestyle Workout

6:00 **CR** Life Long Learning

2:00 LR Chapter's Inc.

2:45 LR Baseball Trivia

3:00 LR Live Show

4:15 CR Karaoke

2:45 LR Spring Art

4:15 CR Karaoke

10:00 LR Let's Talk

1:00 LR Bingo

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3:00 **DR** Cooking Class

Thursday

10:00 LR In Review: Monopoly 11:00 LR Crafting Corner 11:30 **LR** Latin Fusion Revolution 1:00 LR Music Therapy 2:00 LR Fitness with HP 2:30 **T** Fridays at the Movies 3:30 LR Bingo 4:15 LR You Name It! Pictionary 4:30 LR Concert Series 6:00 CR Virtual Shabbat Services 10:00 **LR** Storytelling 101 11:00 LR Crafting Corner 11:30 LR Latin Fusion Revolution 2:00 LR Drum Fitness 2:30 **T** Fridays at the Movies 3:30 LR Bingo 3:30 LR Holi Celebration 4:15 **LR** You Name It! Pictionary 4:30 LR Concert Series 6:00 CR Virtual Shabbat Services 10:00 **LR** Storytelling 101 11:00 LR Crafting Corner

Friday

- 1:00 LR Music Therapy 2:00 LR Fitness with HP 2:30 **T** Fridays at the Movies 3:30 LR Bingo 4:15 **LR** You Name It! Pictionary 4:30 LR Concert Series 6:00 CR Virtual Shabbat Services 28 10:00 **LR** Storytelling 101 11:00 LR Crafting Corner 11:30 LR Latin Fusion Revolution 2:00 LR Drum Fitness 2:30 **T** Fridays at the Movies 3:00 LR Live Show
- 3:30 LR Bingo

- 14
 - 21
 - 11:30 LR Latin Fusion Revolution

4:15 **LR** You Name It! Pictionary 4:30 LR Concert Series 6:00 **CR** Virtual Shabbat Services

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Saturday

1	,	Welcome to March
9:00	CR	Our March Agenda
10:00	LR	Family Feud
10:30	Ρ	Paws & Relax
11 : 15	LR	Manicure Madness
1:15	LR	Color Me Happy
2:00	LR	Chair Yoga
3:00	LR	Live Show w. Van Martin
3:30	LR	Bingo
4:00	LR	Jogging your Noggin
6:00	LR	Concert Series
8		Int. Women's Day
9:00	CR	Today in History: Women
10:00	LR	Family Feud
10:30	Ρ	Paws & Relax
1:15	LR	Color Me Happy
2:00	LR	Jogging your Noggin
3:00	LR	Chair Yoga
3:30	LR	Bingo
4:00	CR	The Price is Right
6:00	LR	Concert Series

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9:00	CR	Today in History
10:00	LR	Family Feud
10:30	Ρ	Paws & Relax
11 : 15	LR	Manicure Madness
1:15	LR	Color Me Happy
2:00	LR	Chair Yoga
3:00	LR	Live Show
3:30	LR	Bingo
4:00	CR	The Price is Right
6:00	LR	Concert Series
~ ~		

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9:00	CR	Let's Talk: Tuskegee
		Airmen
10:00	LR	Family Feud
10:30	Ρ	Paws & Relax
1:15	LR	Color Me Happy
2:00	LR	Jogging your Noggin
3:00	LR	Chair Yoga
3:30	LR	Bingo
4:00	CR	The Price is Right
6:00	LR	Concert Series
20		

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9:00	CR	Today in History
10:00	LR	Family Feud
10:30	Ρ	Paws & Relax
11:15	LR	Manicure Madness
1:15	LR	Color Me Happy
		Jogging your Noggin
3:00	LR	Chair Yoga
3:00	LR	Live Show
3:30	LR	Bingo
4:00	CR	The Price is Right

Around our Community

Hot This Month

In The Know Color Therapy Month Nutrition Month Spring into Spring Month Women's History Month

Special Day & Holidays

Mardi Gras 3.04

Ash Wednesday 3.05

Int. Women's Day 3.08

Daylight Savings Time Begins 3.09

Purm 3.13

St. Patrick's Day 3.17

First Day of Spring 3.20

Joke of the Month

"I was showing my grandson a photo of his greatgrandparents, and after I asked him if I looked like them, he looked me square in the face and said, 'Not yet, you don't."

LOCATION K E Y

- iN2L Computer CR
- Living Room LR
- Ρ Patio
- 0 Outdoors
- Bus Bus Trip
- PTH Penthouse Pub
- **Dining Room** DR
- Т Theater