

UPCOMING COMMUNITY EVENTS



MAY THE LUCK OF THE IRISH BE WITH YOU!
ST. PATRICK'S DAY SOCIAL HOUR
MONDAY, MARCH 17TH
IRISH SODA BREAD & YOUR FAVORITE WHISKY!
3:30PM IN THE PENTHOUSE PUB!



HAMENTASHEN FOR ME,
HAMENTASHEN FOR YOU!
LET'S CELEBRATE PURIM TOGETHER
FRIDAY, MARCH 14TH
IN THE PENTHOUSE PUB WITH YOUR ALLEGRO FRIENDS!

DON'T MISS THESE EVENTS!

March 3rd from 2 to 3:30| Opera Appreciation w/ Joe Lawliss
March 6th from 3:00 to 4:00| HealthPro Discovery Series with Amy
March 6th from 7:30 to 8:30|Live Jazz Keyboard Concert with Hanah Densen
March 14th from 3:30 to 4:30|Purim Celebration
March 17th from 3:30 to 4:30|St. Patrick's Day Irish Soda Bread & Whisky Event
March 26th from 3:00 to 4:00|Resident Birthday Bash

Allegro at Harrington Park
200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440



FLOURISH

MARCH 2025



WHAT'S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

"SPRING IS WHEN LIFE'S ALIVE IN EVERYTHING."

—CHRISTINA ROSSETTI

Sunday

March 30
 9:15 PTH Catholic Mass Livestream
 10:00 T Communion
 10:30 ACT Tai Chi
 11:00 PTH Sunday Stretch w/Laura
 11:15 T Art History Lecture
 11:30 GR Wall Scrabble
 1:45 T Movie Matinee
 2:15 ACT Bingo
 3:30 PTH Social Hour
 8:00 T Sunday Cinema

2 Oscar Night

9:15 PTH Catholic Mass Livestream
 10:00 T Communion
 10:30 ACT Tai Chi
 11:00 PTH Sunday Stretch w/Laura
 11:15 T Art History Lecture
 11:30 AS Crafting w/ Cindy
 1:45 T Movie Matinee
 2:15 ACT Bingo
 3:30 PTH Wine & Cheese Social Hour
 8:00 T The Oscars!

9 Barbie Day!

9:15 PTH Catholic Mass Livestream
 10:00 T Communion
 10:30 ACT Qigong
 11:00 PTH Sunday Stretch w/Laura
 11:15 T Art History Lecture
 11:30 AS Canvas Painting w/ Cindy
 1:45 T Movie Matinee
 2:15 ACT Bingo
 3:30 PTH Social Hour
 8:00 T National Barbie Day

16

9:15 PTH Catholic Mass Livestream
 10:00 T Communion
 10:30 ACT Tai Chi
 11:00 PTH Sunday Stretch w/Laura
 11:15 T Art History Lecture
 11:30 AS Creative Crafts w/ Cindy
 1:45 T Movie Matinee
 2:15 ACT Bingo
 3:15 PTH Social hour
 8:00 T Movie Musicals

23

9:15 PTH Catholic Mass Livestream
 10:00 T Communion
 10:30 ACT Qigong
 11:00 PTH Sunday Stretch w/Laura
 11:15 T Art History Lecture
 11:30 GR Wall Scrabble
 1:45 T Movie Matinee
 2:15 ACT Bingo
 3:30 PTH Social Hour
 8:00 T Movie Classics

Monday

March 31
 10:00 L News & Views
 10:30 ACT Morning Yoga w/ Jen
 11:30 T Ted Talk & Discussion
 1:00 BC Knit Wits Club
 1:15 ML Walking Club
 1:30 T Weekday Movie Matinee
 2:15 AS Spring Craft
 3:15 ACT Centering Yoga Class
 3:30 PTH Social Hour
 8:00 ACT Monday Night Movie

3

10:00 L News & Views
 10:30 ACT Morning Yoga w/ Jen
 11:30 T Ted Talk & Discussion
 1:00 BC Knit Wits Club
 2:00 T Opera Appreciation w/Joe
 2:15 AS Clay Craft
 3:15 ACT Centering Yoga Class
 3:30 PTH Social Hour
 6:30 ACT Evening Bingo w/ Cindy
 8:00 T Monday Movie

10

10:00 L News & Views
 10:30 ACT Morning Yoga w/ Jen
 11:30 T Ted Talk & Discussion
 1:00 BC Knit Wits Club
 1:30 T Weekday Movie Matinee
 2:00 AS Sketch Art Class
 3:15 ACT Centering Yoga Class
 3:30 PTH Social Hour
 6:30 ACT Evening Bingo w/ Cindy
 8:00 T Monday Night Movie

17 St. Patrick's Day

10:00 L News & Views
 10:30 ACT Morning Yoga w/ Jen
 11:30 T Ted Talk & Discussion
 1:00 BC Knit Wits Club
 1:15 ML Walking Club
 1:30 T Weekday Movie Matinee
 2:00 AS Therapeutic Arts
 3:15 ACT Centering Yoga Class
 3:30 PTH St. Patrick's Social Hour
 8:00 T Monday Night Movie

24

10:00 L News & Views
 10:30 ACT Morning Yoga w/ Jen
 11:30 T Ted Talk & Discussion
 1:00 BC Knit Wits Club
 1:15 ML Walking Club
 2:00 AS Pastel Art Class
 3:15 ACT Centering Yoga Class
 3:30 PTH Social Hour
 6:30 ACT Evening Bingo w/ Cindy
 8:00 T Weekday Movie Matinee

Tuesday

Allegro at Harrington Park

200 Old Hook Road
 Harrington Park, NJ 07640
 (201) 899-4440
<https://www.allegroliving.com/senior-living-harrington-park.html>

4

9:30 Bus Post Office & Bank Outing
 10:30 ACT Total Body Movement w/Deb
 11:30 GR Wall Scrabble
 11:30 ACT Word Games
 1:15 BC Tech Tuesday - Help Desk
 2:00 ACT Food Forum
 2:15 AS Origami
 3:30 PTH Sunset Stretch
 6:30 ACT Evening Bingo w/ Gloria O
 8:00 T Movie Night- Resident Pick

11

9:30 Bus Post Office & Bank Outing
 10:30 ACT Total Body Movement w/Deb
 11:30 T Lecture w/ Paul White
 11:30 GR Wall Scrabble
 1:15 BC Tech Tuesday - Help Desk
 2:15 PTH Readers Rendezvous w/ Laura
 3:30 PTH Sunset Stretch
 3:30 ACT Balloon Volleyball
 6:30 ACT Evening Bingo w/ Gloria O

18

9:30 Bus Post Office & Bank Outing
 10:30 ACT Total Body Movement w/Deb
 11:30 GR Wall Scrabble
 1:15 BC Tech Tuesday - Help Desk
 2:00 ACT Lifestyle Committee
 2:15 AS Rock Painting
 3:00 ACT Indoor Sports Games
 3:30 PTH Sunset Stretch
 6:30 ACT Evening Bingo w/ Gloria O
 8:00 T Movie Night- Resident Pick

25

9:30 Bus Post Office & Bank Outing
 10:30 ACT Total Body Movement w/Deb
 11:30 AS Origami Art Class
 11:30 GR Wall Scrabble
 1:15 BC Tech Tuesday - Help Desk
 2:00 T Lecture with Paul R.
 2:15 AS Sponge Paint Craft
 3:30 PTH Sunset Stretch
 6:30 ACT Evening Bingo w/ Gloria O
 8:00 T Movie Night- Resident Pick

Wednesday

5 Ash Wednesday

10:00 PTH Current Events w/ Bob
 10:30 ACT Balance Fitness w/ Tammie
 11:30 ACT Crossword Challenge
 11:30 AS Spirit Art
 12:00 B Cooking Demo w/ Connor
 1:45 T University Lecture
 2:00 GR Mahjong w/ Stacy
 2:15 ACT Bingo
 3:30 PTH Social Hour
 8:00 T Movie Comedy

12

10:00 PTH Current Events w/ Bob
 10:30 ACT Balance Fitness w/ Tammie
 11:30 ACT Crossword Challenge
 12:00 B Cooking Demo w/ Connor
 1:15 ML Walking Club
 1:45 T University Lecture
 2:00 GR Mahjong w/ Stacy
 2:15 ACT Bingo
 3:30 PTH Social Hour
 8:00 T Movie Action

19

10:00 PTH Current Events w/ Bob
 10:30 ACT Balance Fitness w/ Tammie
 11:30 ACT Crossword Challenge
 12:00 B Cooking Demo w/ Connor
 1:15 ML Walking Club
 1:45 T University Lecture
 2:00 GR Mahjong w/ Stacy
 2:15 ACT Bingo
 3:30 PTH Social Hour
 8:00 T Movie Comedy

26

10:00 PTH Current Events w/ Bob
 10:30 ACT Balance Fitness w/ Tammie
 11:30 ACT Crossword Challenge
 11:30 PTH Welcome Allegro Newcomers
 12:00 B Cooking Demo w/ Connor
 1:45 T University Lecture
 2:00 GR Mahjong w/ Stacy
 2:15 ACT Bingo
 3:00 B Allegro Birthday Bash!
 8:00 T Movie Action

Thursday



6 Mary Kay Jewelry Sale!

10:30 ACT Gentle Yoga w/ Jen
 10:30 T Documentary Series
 11:30 AS Sip & Paint Series
 12:00 Bus Sear House- Lunch Trip
 2:00 GR Rummikub Club
 2:15 AS Jewelry Making
 3:00 ACT HealthPro Discovery w/ Amy
 3:30 PTH Mind-Body Exercise
 3:30 ACT Crossword Challenge
 7:30 PTH Evening Jazz Concert

13 Purim Begins- Sundown

10:30 ACT Gentle Yoga w/ Jen
 10:30 T Documentary Series
 11:30 ACT Flower Arranging Class w/ Laura
 12:00 Bus Ammata Tai Kitchen Trip
 2:00 GR Rummikub Club
 2:15 AS Ceramic Art
 3:30 PTH Mind-Body Exercise
 3:30 ACT Crossword Game
 7:00 PTH Wine Tasting w/ Joe

20 Spring is here!

10:30 ACT Gentle Yoga w/ Jen
 10:30 T Documentary Series
 11:30 ACT Drama Club w/ Lifestyle
 12:00 Bus Armando's Restaurant
 2:00 GR Rummikub Club
 2:15 AS Jewelry Making
 3:30 PTH Mind-Body Exercise
 3:30 ACT Crossword Puzzle
 7:00 PTH After Dinner Show
 8:00 T Movie Musicals

27

10:30 ACT Gentle Yoga w/ Jen
 10:30 T Documentary Series
 11:00 Bus Casino Trip
 11:30 ACT Brain Teasers
 2:00 GR Rummikub Club
 2:00 GR LCR Game
 2:15 AS Jewelry Making
 2:30 ACT AL Resident Council
 3:30 PTH Mind-Body Exercise
 8:00 T Movie Action

Friday

7

10:30 ACT Strength & Fitness
 11:30 ACT Historical Trivia Series
 1:15 ML Walking Club
 2:00 GR Canasta Club w/ Lisa
 2:00 ACT Bingo Bash
 2:30 L Writer's Group
 3:15 ACT Yoga with Mimi
 3:30 PTH Social Hour
 4:15 ACT Shabbat
 8:00 T Movie Night - New Release

14

Purim

10:30 ACT Strength & Fitness
 11:30 T Team Jeopardy
 1:15 ML Walking Club
 2:00 GR Canasta Club w/ Lisa
 2:00 ACT Bingo Bash
 2:30 L Writer's Group
 3:15 ACT Yoga with Mimi
 3:30 PTH Meet New Residents Social
 4:15 ACT Shabbat
 8:00 T Movie Night - New Release

21

10:30 ACT Strength & Fitness
 1:15 ML Walking Club
 2:00 GR Canasta Club w/ Lisa
 2:00 ACT Bingo Bash
 2:15 T Let's Talk Movies
 2:30 L Writer's Group
 3:15 ACT Yoga with Mimi
 3:30 PTH Social Hour
 4:15 ACT Shabbat
 8:00 T Movie Night - New Release

28

10:30 ACT Strength & Fitness
 11:30 ACT Brain Teasers
 1:15 ML Walking Club
 2:00 ACT Team Jeopardy
 2:00 GR Canasta Club w/ Lisa
 2:00 ACT Bingo Bash
 2:30 L Writer's Group
 3:15 ACT Yoga with Mimi
 4:15 ACT Shabbat
 8:00 T Movie Night - New Release

Saturday

1 Ramadan
 10:00 BC Shabbat -Virtual Service
 10:00 Bus AM Shopping Shuttle
 10:30 ACT Yoga Flow
 11:30 AS DIY Card Making
 1:00 ACT Line Dancing
 1:45 T Saturday Matinee
 2:15 ACT Bingo
 3:30 PTH Social Hour
 8:00 T Saturday Night Cinema

8

10:00 BC Shabbat -Virtual Service
 10:00 Bus AM Shopping Shuttle
 10:30 ACT Yoga Flow
 11:30 ACT Brain Teasers
 1:00 ACT Line Dancing
 1:30 Bus PM Shopping Shuttle
 1:45 T Saturday Matinee
 2:30 T Live Music w/ Bonnie Rapp
 3:30 PTH Social Hour
 8:00 T Virtual Theater

15

10:00 BC Shabbat -Virtual Service
 10:00 Bus AM Shopping Shuttle
 10:30 ACT Yoga Flow
 11:30 ACT Trivia Challenge
 1:00 ACT Line Dancing
 1:30 Bus PM Shopping Shuttle
 1:45 T Saturday Matinee
 2:15 ACT Bingo
 3:30 PTH Social Hour
 8:00 T Movie Classics

22

10:00 BC Shabbat -Virtual Service
 10:00 Bus AM Shopping Shuttle
 10:30 ACT Yoga Flow
 11:30 ACT Finish the Lines
 1:00 ACT Line Dancing
 1:30 Bus PM Shopping Shuttle
 1:45 T Saturday Matinee
 2:15 ACT Bingo
 3:30 PTH Social Hour
 7:30 T Virtual Concert

29

10:00 BC Shabbat -Virtual Service
 10:00 Bus AM Shopping Shuttle
 10:30 ACT Yoga Flow
 1:00 ACT Line Dancing
 1:30 Bus PM Shopping Shuttle
 1:45 T Saturday Matinee
 2:15 ACT Bingo
 3:30 PTH Social Hour
 8:00 T Saturday Night Cinema

Welcome March!

Monthly Observances

Irish Heritage Month
 Craft Month
 National Nutrition Month

Special Days

March 2nd- Oscar Night
 March 5th- Ash Wednesday
 March 9th- Barbie Day
 March 13th-14th- Purim
 March 17th- St. Patrick's Day
 Drama Club- 3.20.25
 New Lifestyle Program

LCR Game- Mondays & Thursdays @ 2pm

Poker- 2pm Tuesdays

Yoga w/ Mimi- Mondays & Fridays @ 3:15pm

All Activities are Subject to Change

LOCATION KEY

- BC** Business Center
- Bus** Bus Trip
- ACT** Activity Room
- AS** Art Studio
- T** Theater
- PTH** Penthouse Pub
- L** Library
- GR** Game Room
- B** Bistro
- ML** Meet in Lobby

