

UPCOMING COMMUNITY EVENTS

MARCH OUTINGS

Monday March 3 at 1pm Resident Choice Shopping

Friday March 7 at 11am Residents Choice Luncheon

Monday March 10 at 1pm Shopping at Schnucks

Friday March 14 at 1pm Scenic Ride

Monday March 17 at 1pm shopping at Wal-Mart

Friday March 21 at 11am St. Louis History Museum

Monday March 24 at 1pm Shopping at Target

Friday March 28 at 1pm Scenic Ride



ALLEGRO AT SEA

MARK YOUR CALENDARS

Our Next Cruise will be
Thursday May 22

Allegro at Sea
Japan



Allegro in Richmond Heights

1055 Bellevue Avenue
Richmond Heights, MO 63117
(314) 626-5786



FLOURISH

MARCH 2025

WHAT'S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

*MARCH IS THE MONTH OF EXPECTATION, THE
THINGS WE DO NOT KNOW. THE PERSONS OF PROGNOSTICATION ARE COMING
NOW.*

—EMILY DICKINSON

Sunday

- March 30**
- 9:30 Morning Reflections
 - 10:30 Personal Devotional
 - 11:00 **CR** Rummy
 - 12:30 **FC** Community Hall Walking
 - 2:00 **B** Kings in the Corner
 - 4:00 **FC** Fitness on Demand
 - 6:00 **TH** Evening Movie

2

- 9:30 Morning Reflections
- 10:30 Personal Devotional
- 11:00 **CD** Yahtzee
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Rummikub
- 4:00 **FC** Fitness on Demand
- 6:00 **TH** Evening Movie

9 Daylight Savings Begins

- 9:30 Morning Reflections
- 10:30 Personal Devotional
- 11:00 **CD** Scrabble
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Dominos
- 4:00 **FC** Fitness on Demand
- 6:00 **TH** Evening Movie

16

- 9:30 Morning Reflections
- 10:30 Personal Devotional
- 11:00 **CR** Farkle
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Skip-Bo Card Game
- 4:00 **FC** Fitness on Demand
- 6:00 **TH** Evening Movie

23

- 9:30 Morning Reflections
- 10:30 Personal Devotional
- 11:00 **CR** Boggle
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Phase 10 Card Game
- 4:00 **FC** Fitness on Demand
- 6:00 **TH** Evening Movie

Monday

- March 31**
- 9:30 Morning Reflections
 - 10:00 **B** News & Brews
 - 11:00 **CR** Wordle
 - 12:30 **FC** Community Hall Walking
 - 1:00 **SDR** Resident Council
 - 2:00 **B** Therapy Exercise Circle
 - 3:30 **CR** Monday Matinee
 - 4:00 **CR** Knitting for Newborns
 - 6:00 **B** Evening Meet & Greet

3

- 9:30 Morning Reflections
- 10:00 **B** News & Brews
- 11:00 **CR** Cranium Crunches
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Therapy Exercise Circle
- 3:30 **CR** Monday Matinee
- 4:00 **CR** Knitting for Newborns
- 6:00 **B** Evening Meet & Greet

10

- 9:30 Morning Reflections
- 10:00 **B** News & Brews
- 11:00 **CR** Word Winks
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Therapy Exercise Circle
- 2:30 **TH** Opera Club
- 3:30 **TH** Monday Matinee
- 4:00 **CR** Crafting with Alice
- 6:00 **B** Evening Meet & Greet

17 St. Patrick's Day

- 9:30 Morning Reflections
- 10:00 **B** News & Brews
- 11:00 **CR** What's your Verdict?
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Therapy Exercise Circle
- 3:30 **TH** Visions of Scotland
- 4:00 **CR** Knitting for Newborns
- 6:00 **B** Evening Meet & Greet

24

- 9:30 Morning Reflections
- 10:00 **B** News & Brews
- 11:00 **CR** Chain Reaction
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Therapy Exercise Circle
- 4:00 **CR** Crafting with Alice
- 6:00 **B** Evening Meet & Greet

Tuesday

Allegro in Richmond Heights

1055 Bellevue Avenue
 Richmond Heights, MO 63117
 (314) 626-5786
<https://www.allegroliving.com/senior-living-richmond-heights-mo.html>

4

- Mardi Gras**
- 9:30 Morning Reflections
 - 10:00 **LI** Morning Bible Study
 - 11:00 **TH** Biography Hour
 - 12:30 **FC** Community Hall Walking
 - 1:00 **LI** Poetry Reflections
 - 2:00 **B** Prize Bingo
 - 3:30 **B** Mardi Gras Cocktails
 - 4:00 **CD** Chess or Checkers
 - 6:00 **CD** Evening Poker Club

11

- 9:30 Morning Reflections
- 10:00 **LI** Morning Bible Study
- 11:00 **TH** Biography Hour
- 12:30 **FC** Community Hall Walking
- 1:00 **TH** Travelogue- Dubai
- 2:00 **B** Prize Bingo
- 4:00 **CD** Artsy Fartsy
- 6:00 **CD** Evening Poker Club

18

- 9:30 Morning Reflections
- 10:00 **LI** Morning Bible Study
- 11:00 **TH** Biography Hour
- 12:30 **FC** Community Hall Walking
- 1:00 **LI** Poetry Reflections
- 2:00 **B** Prize Bingo
- 3:30 **CR** Tech Tuesday
- 4:00 **CD** Chess or Checkers
- 6:00 **CD** Evening Poker Club

25

- 9:30 Morning Reflections
- 10:00 **LI** Morning Bible Study
- 11:00 **TH** Biography Hour
- 12:30 **FC** Community Hall Walking
- 1:00 **TH** Travelogue- The Nile
- 2:00 **B** Prize Bingo
- 3:30 **CR** Tech Tuesday
- 4:00 **CR** Artsy Fartsy
- 6:00 **CD** Evening Poker Club

Wednesday

5

- Ash Wednesday**
- 9:30 Morning Reflections
 - 10:30 **TH** Catholic Mass & Communion
 - 11:00 **LI** Short Stories
 - 12:30 **FC** Community Hall Walking
 - 2:00 **B** Vitality Yoga
 - 3:00 **SDR** Happy Hour & Music
 - 4:00 **CD** Card Games Galore
 - 6:00 **B** Resident Led Evening Social

12

- 9:30 Morning Reflections
- 10:30 **TH** Catholic Mass & Communion
- 11:00 **LI** If you could
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Vitality Yoga
- 3:00 **SDR** Happy Hour & Music
- 4:00 **CD** Jenga
- 6:00 **B** Resident Led Evening Social

19

- 9:30 Morning Reflections
- 10:30 **TH** Catholic Mass & Communion
- 11:00 **LI** Short Stories
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Vitality Yoga
- 3:00 **SDR** Happy Hour & Music
- 4:00 **CD** Chess or Checkers
- 6:00 **B** Resident Led Evening Social

26

- 9:30 Morning Reflections
- 10:30 **TH** Catholic Mass & Communion
- 11:00 **CR** If you Could
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Vitality Yoga
- 3:00 **SDR** Happy Hour & Music
- 4:00 **CD** Card Games Galore
- 6:00 **B** Resident Led Evening Social

Thursday



6

- 9:30 Morning Reflections
- 10:00 **B** Tai chi Class
- 10:30 **PDR** Ladies Coffee & Tea Chat
- 11:00 **CR** Puzzles Galore
- 12:30 **FC** Community Hall Walking
- 1:00 **TH** Allegro Drum Circle
- 2:00 **B** Prize Bingo
- 4:00 **CR** Jeopardy Trivia
- 6:00 **B** Ladies Meet Up

13

- Purim**
- 9:30 Morning Reflections
 - 10:00 **B** Tai chi Class
 - 10:30 **PDR** Ladies Coffee & Tea Chat
 - 11:00 **CR** Word within a Word
 - 12:30 **FC** Community Hall Walking
 - 2:00 **B** Prize Bingo
 - 3:30 **TH** Allegro Q & A
 - 4:00 **B** Random Trivia
 - 6:00 **B** Ladies Meet Up

20 First Day of Spring

- 9:30 Morning Reflections
- 10:00 **B** Tai chi Class
- 10:30 **PDR** Ladies Coffee & Tea Chat
- 11:00 **CD** Puzzles Galore
- 12:30 **FC** Community Hall Walking
- 1:00 **TH** Allegro Drum Circle
- 2:00 **B** Prize Bingo
- 3:30 **TH** Ted Talk Tuesday
- 4:00 **B** Jeopardy Trivia
- 6:00 **B** Ladies Meet Up

27

- 9:30 Morning Reflections
- 10:00 **B** Tai chi Class
- 10:30 **PDR** Ladies Coffee & Tea Chat
- 11:00 **CR** Crosswords
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Prize Bingo
- 3:30 **B** Scattogories
- 6:00 **B** Ladies Meet Up

Friday

7

- 9:30 Morning Reflections
- 10:30 **TH** Concert Series
- 11:00 Resident Lunch Outing
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Vitality in Motion
- 2:30 **CD** Mahjong
- 3:00 **CR** Bunco
- 3:30 **TH** Comedy Hour
- 6:00 **B** Evening Conversations

14

- 9:30 Morning Reflections
- 10:30 **TH** Concert Series
- 11:00 Resident Outing
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Vitality in Motion
- 2:30 **CD** Mahjong
- 3:00 **CR** Po-Ke-No
- 4:00 **TH** Comedy Hour
- 6:00 **B** Evening Conversations

21

- 9:30 Morning Reflections
- 10:30 **TH** Concert Series
- 11:00 Resident Lunch Outing
- 12:30 **FC** Community Hall Walking
- 1:00 **LI** Reminiscing
- 2:00 **B** Vitality in Motion
- 2:30 **CD** Mahjong
- 3:00 **B** Bunco
- 4:00 **TH** Comedy Hour
- 6:00 **B** Evening Conversations

28

- 9:30 Morning Reflections
- 10:30 **TH** Concert Series
- 11:00 Resident Outing
- 12:30 **FC** Community Hall Walking
- 2:00 **B** Vitality in Motion
- 2:30 **CD** Mahjong
- 3:00 **CR** Po-Ke-No
- 4:00 **TH** Comedy Hour
- 6:00 **B** Evening Conversations

Saturday

1

- 9:30 Morning Reflections
- 10:00 **LI** News & Views
- 11:30 **CR** Meditative Coloring
- 12:30 **FC** Community Hall Walking
- 2:00 **CD** Resident Led-Poker
- 3:00 **TH** Saturday Matinee
- 4:00 **FC** Fitness on Demand
- 6:00 **B** Men's Meet Up

8

- 9:30 Morning Reflections
- 10:30 **B** Life's Events
- 11:30 **CR** Watercolor Painting
- 12:30 **FC** Community Hall Walking
- 2:00 **CD** Resident Led-Poker
- 3:00 **TH** Saturday Matinee
- 6:00 **B** Men's Meet Up

15

- 9:30 Morning Reflections
- 10:00 **LI** News & Views
- 11:30 **CR** Meditative Coloring
- 12:30 **FC** Community Hall Walking
- 2:00 **CD** Resident Led-Poker
- 3:00 **TH** Saturday Matinee
- 4:00 **FC** Fitness on Demand
- 6:00 **B** Men's Meet Up

22

- 9:30 Morning Reflections
- 10:30 **B** Life's Events
- 11:30 **CR** Watercolor Painting
- 12:30 **FC** Community Hall Walking
- 2:00 **CD** Resident Led-Poker
- 3:00 **TH** Saturday Matinee
- 4:00 **FC** Fitness on Demand
- 6:00 **B** Men's Meet Up

29

- 9:30 Morning Reflections
- 10:00 **LI** News & Views
- 11:30 **CR** Meditative Coloring
- 12:30 **FC** Community Hall Walking
- 2:00 **CD** Resident Led-Poker
- 3:00 **TH** Saturday Matinee
- 4:00 **FC** Fitness on Demand
- 6:00 **B** Men's Meet Up

Celebrating March

Resident Birthdays

- 3/4 Cha Cha W.
- 3/8 Grace A.
- 3/15 William H.
- 3/16 Don D.
- 3/21 Charles M.
- 3/21 Paul A.
- 3/23 Sherri H.
- 3/30 Barbara H.

Staff Birthdays

- 3/9 Alice N.
- 3/21 Alexis H.
- 3/24 Qiana B.
- 3/26 Carissa W.

LOCATION KEY

- LI** Library
- CR** Community Room
- FC** Fitness Center
- CD** Card Room
- TH** Theater
- B** Bistro
- SDR** Symphony Dining Room
- PDR** Private Dining Room

Sunday

March 30

- 10:00 **AR** Sunday Stretch
- 10:30 **AR** Church Service
- 12:30 **AR** Joggin' Your Knoggin'
- 2:00 **LR** Afternoon Stretch
- 3:00 **AR** Puzzles and Chat
- 3:30 **AR** Comedy Hour
- 5:00 **AR** Evening Wind Down

2

- 10:00 **AR** Sunday Stretch
- 10:30 **AR** Church Service
- 12:30 **AR** Joggin' Your Knoggin'
- 2:00 **LR** Afternoon Stretch
- 3:00 **AR** Puzzles and Chat
- 3:30 **AR** Comedy Hour
- 5:00 **AR** Evening Wind Down

9

- 10:00 **AR** Sunday Stretch
- 10:30 **AR** Church Service
- 12:30 **AR** Joggin' Your Knoggin'
- 1:00 **AR** Music and Relaxation
- 2:00 **LR** Afternoon Stretch
- 3:00 **AR** Puzzles and Chat
- 5:00 **AR** Evening Wind Down

16

- 10:00 **AR** Sunday Stretch
- 10:30 **AR** Church Service
- 12:30 **AR** Joggin' Your Knoggin'
- 2:00 **LR** Afternoon Stretch
- 3:00 **AR** Puzzles and Chat
- 3:30 **AR** Comedy Hour
- 5:00 **AR** Evening Wind Down

23

- 10:00 **AR** Sunday Stretch
- 10:30 **AR** Church Service
- 12:30 **AR** Joggin' Your Knoggin'
- 1:00 **AR** Music and Relaxation
- 2:00 **LR** Afternoon Stretch
- 3:00 **AR** Puzzles and Chat
- 5:00 **AR** Evening Wind Down

Monday

March 31

- 9:30 **AR** Music Favorites
- 10:00 **AR** Chair Exercise
- 10:30 **AR** Massage and Aromatherapy
- 12:30 **AR** Reset and Music
- 1:00 **AR** Classic Cinema
- 2:30 **AR** Chair Ballet
- 3:00 **AR** Music of the Day
- 5:00 **AR** Evening Wind Down

3

- 9:30 **AR** Music Favorites
- 10:00 **AR** Chair Exercise
- 10:30 **AR** Massage and Aromatherapy
- 12:30 **AR** Reset and Music
- 1:00 **AR** Long Long Trailer
- 2:30 **AR** Chair Ballet
- 3:00 **AR** Music of the Day
- 5:00 **AR** Evening Wind Down

10

- 9:30 **AR** Music Favorites
- 10:00 **AR** Chair Exercise
- 10:30 **AR** Massage and Aromatherapy
- 12:30 **AR** Reset and Music
- 1:00 **AR** Rescued By Ruby
- 2:00 **AR** Chair Yoga
- 3:00 **AR** Music of the Day
- 5:00 **AR** Evening Wind Down

17 St. Patrick's Day

- 9:30 **AR** Music Favorites
- 10:00 **AR** Chair Exercise
- 10:30 **AR** Massage and Aromatherapy
- 12:30 **AR** Reset and Music
- 1:00 **AR** Gigi
- 2:30 **AR** Chair Ballet
- 3:00 **AR** Music of the Day
- 5:00 **AR** Evening Wind Down

24

- 9:30 **AR** Music Favorites
- 10:00 **AR** Chair Exercise
- 10:30 **AR** Massage and Aromatherapy
- 12:30 **AR** Reset and Music
- 1:00 **AR** Classic Cinema
- 2:00 **AR** Chair Yoga
- 3:00 **AR** Music of the Day
- 5:00 **AR** Evening Wind Down

Tuesday

Allegro in Richmond Heights

1055 Bellevue Avenue
 Richmond Heights, MO 63117
 (314) 626-5786
<https://www.allegroliving.com/senior-living-richmond-heights-mo.html>

4

Mardi Gras

- 9:30 **AR** Coffee and Chat
- 10:00 **AR** Chair Exercise
- 10:30 **DR** Mask Making
- 12:30 **AR** Mardi Gras Parade Clips
- 1:30 **AR** Mardi Parly
- 2:30 **AR** Bead Toss
- 3:00 **AR** History of the Waltz
- 5:00 **AR** Evening Wind Down

11

- 9:30 **AR** Coffee and Chat
- 10:00 **AR** Chair Exercise
- 10:30 **DR** Uno
- 12:30 **AR** About Johnny Appleseed
- 1:30 **SD** Butterfly House Trip
- 3:00 **AR** Balloon Bop
- 3:30 **AR** Sensory Sensations
- 5:00 **AR** Evening Wind Down

18

- 9:30 **AR** Coffee and Chat
- 10:00 **AR** Chair Exercise
- 10:30 **DR** Duck Racing
- 12:30 **AR** Tea For 2
- 1:30 **AR** Song and Their Stories
- 2:00 **DR** Ice Cream In A Bag
- 3:00 **AR** Can Toss
- 3:30 **AR** March Poetry
- 5:00 **AR** Evening Wind Down

25

- 9:30 **AR** Coffee and Chat
- 10:00 **AR** Chair Exercise
- 10:30 **DR** Cup Games
- 12:30 **AR** Funny Clips
- 1:30 **SD** Scenic Drive
- 2:30 **AR** Parachute Game
- 3:00 **AR** Who Am I? Desi Arnaz
- 5:00 **AR** Evening Wind Down

Wednesday

5

- 9:30 **AR** Music Favorites
- 10:00 **AR** Silver Sneakers Exercise
- 10:30 **DR** Music Bingo
- 12:30 **AR** Word Searches
- 1:30 **AR** All About Lent
- 2:30 **LR** Stretching with Jackie
- 3:00 **CR** Happy Hour
- 5:00 **AR** Evening Wind Down

12

- 9:30 **AR** Music Favorites
- 10:00 **AR** Silver Sneakers Exercise
- 10:30 **DR** Music Bingo
- 12:30 **AR** Word Games
- 1:30 **AR** Remembering Girl Scouts
- 2:30 **LR** Stretching with Jackie
- 3:00 **CR** Happy Hour
- 5:00 **AR** Evening Wind Down

19

- 9:30 **AR** Music Favorites
- 10:00 **AR** Silver Sneakers Exercise
- 10:30 **DR** Music Bingo
- 12:30 **AR** Word Search
- 1:30 **AR** Travelogue: Egypt
- 2:30 **LR** Stretching with Jackie
- 3:00 **CR** Happy Hour
- 5:00 **AR** Evening Wind Down

26

- 9:30 **AR** Music Favorites
- 10:00 **AR** Silver Sneakers Exercise
- 10:30 **DR** Music Bingo
- 12:30 **AR** Word Games
- 1:30 **AR** All About Manatees
- 2:30 **LR** Stretching with Jackie
- 3:00 **CR** Happy Hour
- 5:00 **AR** Evening Wind Down

Thursday



6

- 9:30 **AR** Music Favorites
- 10:00 **CR** Exercise with Aaron
- 10:30 **AR** Can You Picture This?
- 12:30 **AR** Finish the Song Lyric
- 1:00 **AR** Some Like it Hot
- 2:30 **AR** Bocce Ball
- 3:00 **AR** Who Am I? March Bdays
- 5:00 **AR** Evening Wind Down

13

- 9:30 **AR** Music Favorites
- 10:00 **CR** Exercise with Aaron
- 10:30 **AR** Memory Lane: Beauty
- 12:30 **AR** Music Trivia
- 1:00 **AR** Matilda
- 2:30 **AR** Balloon Bop
- 3:00 **AR** Bible Study with Lexi
- 3:30 **DR** Puzzle Party
- 5:00 **AR** Evening Wind Down

20

Spring

- 9:30 **AR** Music Favorites
- 10:00 **CR** Exercise with Aaron
- 10:30 **AR** Memory Lane: Spring
- 12:30 **AR** Match the Lyrics
- 1:00 **AR** Jerry McGuire
- 2:30 **AR** Skee Ball
- 3:00 **AR** Family Feud
- 5:00 **AR** Evening Wind Down

27

- 9:30 **AR** Music Favorites
- 10:00 **CR** Exercise with Aaron
- 10:30 **AR** If You Could..
- 12:30 **AR** Music Trivia
- 1:00 **AR** Yours, Mine, and Ours
- 2:30 **AR** Putt Putt
- 3:00 **AR** Bible Study with Lexi
- 3:30 **DR** Puzzle Party
- 5:00 **AR** Evening Wind Down

Friday

7

- 9:30 **AR** Spiritual Music
- 10:00 **AR** Chair Exercise
- 10:30 **CR** Manicures and Music
- 12:30 **P4** Word Games
- 2:00 **DR** Ice Cream Social
- 3:00 **AR** Passport To Wellness
- 3:30 **AR** Concert Series
- 5:00 **AR** Evening Wind Down

14

- 9:30 **AR** Spiritual Music
- 10:00 **AR** Chair Exercise
- 10:30 **CR** Manicures and Music
- 12:30 **P4** Word Games
- 2:00 **DR** Irish Jewelry Making
- 3:00 **AR** Passport To Wellness
- 3:30 **AR** Concert Series
- 5:00 **AR** Evening Wind Down

21

- 9:30 **AR** Spiritual Music
- 10:00 **AR** Chair Exercise
- 10:30 **CR** Manicures and Music
- 12:30 **P4** Word Games
- 2:00 **DR** Painting Pots
- 3:00 **AR** Passport To Wellness
- 3:30 **AR** Concert Series
- 5:00 **AR** Evening Wind Down

28

- 9:30 **AR** Spiritual Music
- 10:00 **AR** Chair Exercise
- 10:30 **CR** Manicures and Music
- 12:30 **P4** Word Games
- 2:00 **DR** No Bake Cheese Cake
- 3:00 **AR** Passport To Wellness
- 3:30 **AR** Concert Series
- 5:00 **AR** Evening Wind Down

Saturday

1

- 9:30 **AR** Exercise with Lexi
- 10:00 **AR** Coffee and Chat
- 10:30 **AR** Church Service
- 12:30 **AR** Harmony and Hues
- 1:30 **AR** IN2L Trivia
- 2:30 **AR** Chair Exercise
- 3:00 **AR** American History Quiz
- 3:30 **LR** Comedy Show
- 5:00 **AR** Evening Wind Down

8

- 9:30 **AR** Exercise with Lexi
- 10:00 **AR** Coffee and Chat
- 10:30 **AR** Church Service
- 12:30 **AR** Harmony and Hues
- 1:30 **AR** IN2L Trivia
- 2:30 **AR** Chair Exercise
- 3:00 **AR** International Women's Day
- 5:00 **AR** Evening Wind Down

15

- 9:30 **AR** Exercise with Lexi
- 10:00 **AR** Coffee and Chat
- 10:30 **AR** Church Service
- 12:30 **AR** Harmony and Hues
- 1:30 **AR** IN2L Trivia
- 2:30 **AR** Chair Exercise
- 3:00 **AR** Star of the Month
- 3:30 **LR** Comedy Show
- 5:00 **AR** Evening Wind Down

22

- 9:30 **AR** Exercise with Lexi
- 10:00 **AR** Coffee and Chat
- 10:30 **AR** Church Service
- 12:30 **AR** Harmony and Hues
- 1:30 **AR** IN2L Trivia
- 2:30 **AR** Chair Exercise
- 3:00 **AR** Family Feud
- 5:00 **AR** Evening Wind Down

29

- 9:30 **AR** Exercise with Lexi
- 10:00 **AR** Coffee and Chat
- 10:30 **AR** Church Service
- 12:30 **AR** Harmony and Hues
- 1:30 **AR** IN2L Trivia
- 2:30 **AR** Chair Exercise
- 3:00 **AR** Finish the Line
- 3:30 **LR** Comedy Show
- 5:00 **AR** Evening Wind Down

Around our Community

Happy March!

Welcome to March! We have a lot to celebrate this month. We'll kick the month off with our Mardi Gras celebration where we will be making masks, watching parades, and learning the history. For St. Patrick's Day, the resident will be making good luck charm bracelets. We'll be restarting our out trips this month, weather permitting. Our first trip will be to the butterfly house and the 2nd will be a scenic drive. We'll also celebrate the beginning of Spring! Our residents will be painting pots and planning out our spring garden. Come join us for some fun!

*All activities are subject to change

LOCATION KEY

- AR** Activity Room
- LR** Living Room
- DR** Dining Room
- CR** Community Room
- P4** 4th Floor Patio
- SD** Scenic Drive