# **UPCOMING COMMUNITY EVENTS**



Fat Tuesday Family Night

Invite friends and family to enjoy your Alto lifestyle, listen to live music and partake in light appetizers and refreshments.

When: Tuesday, March 4th | 4:30-5:30 PM

Please RSVP with the Front Desk!



The Ohio River Band "Irish Show" When: Saturday, March 15th | 2PM Where: Activity Room

Join this 5-piece band for a festive afternoon of Celtic music to celebrate St. Paddy's Day!

# **DON'T MISS THESE EVENTS!**

SAT, 3/1 | STARS STUDENT ART GALLERY INSTALLATION WED 3/1 1PM | ASH WEDNESDAY SERVICE W/ DEACON DAN WED, 3/12 3PM | CHARITY DOG TREAT MAKING MON 3/17 2:30PM | SHAMROCK SHAKES AND BAGPIPES FRI 3/21 2:30PM | BALLROOM DANCING HAPPY HOUR MON, 3/31 2:00PM | RESIDENT COUNCIL MEETING

# **Alto Wheaton** 219 Parkway Dr

Wheaton, IL 60187 (630) 752-0644







# March 2025

# Sunday

## March 30

9:00 FL Church Drives with Bill 11:00 AR Trivia with Jeanne

11:30 AR Balloon Volleyball

1:00 AR Dominoes

2:00 AR Bean Bag Toss

2:30 **T** Afternoon Documentary 3:00 AR Gin Rummy Card Club

6:00 T Movie Night

9:00 FL Church Drives with Bill 11:00 AR Trivia with Jeanne

11:30 AR Balloon Volleyball

1:00 AR Dominoes

2:00 AR Bean Bag Toss 2:30 **T** Afternoon Documentary

3:00 AR Gin Rummy Card Club

6:00 T Movie Night

Daylight Savings Time Begins 9:00 FL Church Drives with Bill

11:00 AR Trivia with Jeanne

11:30 AR Balloon Volleyball

1:00 AR Dominoes

2:00 AR Bean Bag Toss

2:30 **T** Afternoon Documentary

3:00 AR Gin Rummy Card Club 6:00 T Movie Night

# 16

9:00 FL Church Drives with Bill 11:00 AR Trivia with Jeanne

11:30 AR Balloon Volleyball

1:00 AR Dominoes

2:00 AR Bean Bag Toss

2:30 **T** Afternoon Documentary

3:00 AR Gin Rummy Card Club

6:00 T Movie Night

# 23

9:00 FL Church Drives with Bill 11:00 AR Trivia with Jeanne

11:30 AR Balloon Volleyball

1:00 AR Dominoes

2:00 AR Bean Bag Toss

2:30 **T** Afternoon Documentary 3:00 AR Gin Rummy Card Club

6:00 T Movie Night

Monday

# 31 9:30 2 Walking Club!

10:30 AR Morning Reflections 11:00 AR Trivia Questions

11:30 **AR** Health Talk with Legacy

12:45 AR Quiddler

2:00 AR Resident Council Meeting 3:00 AR Special Bingo with Blake

3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

10

March

9:30 2 Walking Club!

10:30 AR Morning Reflections

11:00 AR Trivia Questions 11:30 AR Exercise with Legacy

12:45 AR Quiddler

2:30 AR Therapy v. Assistant Dogs

3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

9:30 2 Walking Club! 10:30 AR Morning Reflections

11:00 AR Trivia Questions

11:30 **AR** Exercise with Legacy

12:00 AR Bring in Lunch

12:45 AR Quiddler

2:30 AR Penny Auction

3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

# 17

24

St. Patrick's Day

9:30 2 Walking Club!

10:30 **AR** Morning Reflections

11:00 AR Trivia Questions

11:30 **AR** Exercise with Legacy

12:45 AR Ouiddler

2:30 AR Shamrock Shakes& Bagpipes

3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

9:30 2 Walking Club! 10:30 **AR** Morning Reflections

11:00 AR Trivia Questions

11:30 **AR** Exercise with Legacy 12:45 AR Quiddler

2:00 AR Bingo Bonanza!

3:15 AR John Boda Presents 3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

# Tuesday

# Wednesday

# **Alto Wheaton**

219 Parkway Dr Wheaton, IL 60187 (630) 752-0644 www.AllegroLiving.com

# 4

10:00 AR Good News & Views

10:30 AR Morning Reflections

11:00 **0** Walgreens Shopping Outing

11:00 AR White Board Puzzles 11:30 AR Sit and Tone Exercise

1:00 AR Dominoes

1:30 **T** Guided Meditation

2:30 AR What is Fat Tuesday?

3:30 **T** Jeopardy Watch Party 4:30 **B** Fat Tuesday Family Night

# 11

10:00 AR Good News & Views

10:30 AR Morning Reflections 11:00 AR White Board Puzzles

11:00 **O** Goodwill Shopping Outing

11:30 AR Sit and Tone Exercise 12:00 AR Men's Luncheon

1:00 B Dominoes

1:30 T Guided Meditation

2:00 B Ice Cream Social 2:15 AR Manicures with Lifestyle

# 18

10:00 AR Good News & Views

10:30 AR Morning Reflections 11:00 AR White Board Puzzles

11:30 AR Sit and Tone Exercise 11:30 **0** Lunch Bunch Outing

1:00 AR Dominoes

1:30 T Guided Meditation 2:00 B Ice Cream Social

2:30 AR Meeting with the Chef 3:30 **T** Jeopardy Watch Party

# 25

10:00 AR Good News & Views

10:30 AR Morning Reflections 11:00 AR White Board Puzzles

11:00 **O** Dollar Tree Shopping 11:30 AR Sit and Tone Exercise

1:00 AR Dominoes 1:30 **T** Guided Meditation 2:00 B Ice Cream Social

2:15 AR Manicures with Lifestyle 3:30 **T** Jeopardy Watch Party

9:30 3 Walking Club 10:30 AR Morning Reflections

11:00 AR Trivia Questions

11:30 AR Sit & Tone Exercise

12:45 B Quiddler 1:00 AR Ash Wednesday Service

2:00 AR Book Club Meeting 3:00 AR Bingo Bonanza!

3:30 **T** Jeopardy Watch Party 6:00 T Movie Night

# 12

9:30 3 Walking Club

10:30 AR Morning Reflections 11:00 AR Trivia Ouestions

11:30 AR Sit & Tone Exercise

12:45 AR Quiddler 1:00 AR Book Club Meeting

1:00 **0** Lapidary Museum Outing 2:00 AR Bingo Bonanza!

3:00 AR Charity Dog Treat Making 3:30 **T** Jeopardy Watch Party

# 19

9:00 FL Library Book Drop Off Day

9:30 3 Walking Club

10:30 **AR** Morning Reflections 11:00 AR Trivia Questions

11:30 AR Sit & Tone Exercise 12:45 AR Ouiddle

1:00 AR Book Club Meeting 2:00 AR Activity Planning Meeting

3:00 AR Bingo Bonanza! 3:30 **T** Jeopardy Watch Party

# 26

9:30 3 Walking Club 10:30 AR Morning Reflections

11:00 AR Trivia Ouestions 11:30 AR Sit & Tone Exercise

6:00 **T** Movie Night

12:45 AR Quiddler 1:00 AR Book Club Meeting 2:00 AR Universal Yums Snacks

3:00 AR Bingo Bonanza! 3:30 **T** Jeopardy Watch Party Thursday

# Friday

# Happy St Patrick's Day!

10:00 AR Good News & Views

10:30 AR Morning Reflections

11:00 AR Trivia Questions 11:30 AR Sit and Tone Exercise

1:00 AR Dominoes

1:30 **T** Rosary Group 2:00 AR Rich Shephard Live!

3:00 AR "You be the Judge" Game 3:30 **T** Jeopardy Watch Party 3:30 AR Kings in the Corner Cards

# 13

10:00 AR Good News & Views

10:30 **AR** Morning Reflections 11:00 AR Trivia Questions

11:30 AR Sit & Tone with David 1:00 AR Dominoes

1:30 **T** Rosary Group 2:30 AR Live Piano: Devin Starr 3:30 **T** Jeopardy Watch Party

3:30 AR Kings in the Corner Cards 6:00 T Movie Night

# 20

10:00 AR Good News & Views

10:30 AR Morning Reflections

11:00 AR Trivia Questions 11:30 AR Sit and Tone Exercise

1:00 AR Dominoes 1:30 **T** Rosary Group 2:00 AR Live Keyboard: Larry L.

3:00 AR "You be the Judge" Game 3:30 **T** Jeopardy Watch Party 3:30 AR Kings in the Corner Cards

# 27

10:00 AR Good News & Views 10:30 AR Morning Reflections

11:30 AR Sit & Tone with David 1:00 AR Dominoes

1:30 **T** Rosary Group 2:30 AR Tim Wilsev Presents

11:00 AR Trivia Questions

3:30 **T** Jeopardy Watch Party 3:30 **AR** Kings in the Corner Cards 6:00 **T** Movie Night

9:30 2 Walking Club!

10:30 AR Morning Reflections

11:00 AR White Board Puzzles 11:30 AR Sit and Tone Exercise

12:45 AR Quiddler 1:00 L Knitting Club 1:00 AR Cooking Club - Brownies

2:30 AR Happy Hour! 3:30 **T** Jeopardy Watch Party

# 6:00 **T** Movie Night 14

9:30 2 Walking Club!

10:30 **AR** Morning Reflections 11:00 AR White Board Puzzles

11:30 AR Sit and Tone Exercise 12:45 AR Quiddler

1:00 L Knitting Club 1:00 AR Cooking Club - Brownies

1:30 **T** Communion w. Rev. Joanne 2:30 AR Happy Hour!

# 3:30 **T** Jeopardy Watch Party

21 9:30 2 Walking Club!

10:30 **AR** Morning Reflections 11:00 AR White Board Puzzles

11:30 AR Sit and Tone Exercise 12:45 AR Quiddler

1:00 L Knitting Club 1:00 AR Cooking Club - Brownies

2:30 DR Ballroom Dance Happy Hour

3:30 **T** Jeopardy Watch Party 6:00 **T** Movie Night

# 28

9:30 2 Walking Club!

10:30 AR Morning Reflections 11:00 AR White Board Puzzles

11:30 AR Sit and Tone Exercise 12:45 AR Quiddler 1:00 L Knitting Club

1:00 AR Cooking Club - Brownies 1:30 T Communion w. Rev. Joanne 2:30 **AR** Happy Hour!

3:30 **T** Jeopardy Watch Party

# Saturday

# 1

**AR** STARS Art Gallery 10:30 **AR** Morning Reflections

11:00 AR Trivia Questions

11:30 AR Sit and Tone Exercise 12:45 AR Quiddler

1:00 AR Dominoes 2:00 AR Saturday Bingo

3:15 AR Craft with Caren 6:00 T Movie Night

# 8

10:30 AR Morning Reflections 11:00 AR Trivia Questions

11:30 AR Sit and Tone Exercise

1:00 AR Dominoes 2:00 AR Saturday Bingo

12:45 AR Quiddler

3:15 AR Quirkle Board Game 3:15 AR Golden Girls Club 6:00 T Movie Night

15 10:30 AR Morning Reflections

11:00 AR Trivia Questions

11:30 AR Sit and Tone Exercise 12:45 AR Ouiddler

1:00 AR Dominoes

2:00 AR The Ohio River Band Live! 3:00 AR Saturday Bingo

6:00 **T** Movie Night

22 10:30 **AR** Morning Reflections

11:00 AR Trivia Questions 11:30 AR Sit and Tone Exercise

12:45 AR Quiddler 1:00 AR Dominoes

2:00 AR Saturday Bingo

3:15 AR Quirkle Board Game 3:15 AR Golden Girls Club 6:00 T Movie Night

# 29

10:30 AR Morning Reflections 11:00 AR Trivia Questions

11:30 AR Sit and Tone Exercise

12:45 AR Quiddler 1:00 AR Dominoes 2:00 AR Saturday Bingo

3:15 **AR** Craft with Caren

6:00 T Movie Night

Around our

**Community** 

# HAPPY MARCH BIRTHDAY!

Carole S. 3/05

Mvrna G. 3/09

Millie H. 3/12

Mikki G. 3/10

Marion Y. 3/14

Lorraine E. 3/15 Donna K. 3/18

Joyce S. 3/23 Maria V. 3/25

# LOCATION KEY

Phyllis N. 3/29

**Activity Room** Theater

Front Lobby 2nd Floor Hallway

0 Outing

Bistro 3 3rd Floor Hallway

Library

**DR** Dining Room



# March 2025

# Sunday

# 30

9:45 BR Songs, News & Chronicle 10:15 **BR** Seated Yoga Stretching

10:15 **BR** Morning Reflections

1:30 GR Sing Along

2:30 **GR** Creative Crafts

3:30 SK Bingo

6:00 **SK** Classic Movies & Musicals

9:45 BR Songs, News & Chronicle 10:15 **BR** Seated Yoga Stretching

10:15 **BR** Morning Reflections

1:30 **GR** Sing Along

2:30 **GR** Creative Crafts

3:30 **SK** Bingo

6:00 **SK** Classic Movies & Musicals

9:45 BR Songs, News & Chronicle 10:15 **BR** Seated Yoga Stretching 10:15 **BR** Morning Reflections

1:30 **GR** Sing Along

2:30 GR Creative Crafts

3:30 **SK** Bingo

6:00 **SK** Classic Movies & Musicals

# 16

9:45 BR Songs, News & Chronicle 10:15 **BR** Seated Yoga Stretching

10:15 **BR** Morning Reflections

1:30 **GR** Sing Along

2:30 **GR** Creative Crafts

3:30 **SK** Bingo

6:00 **SK** Classic Movies & Musicals

9:45 BR Songs, News & Chronicle 10:15 **BR** Seated Yoga Stretching

10:15 **BR** Morning Reflections 1:30 **GR** Sing Along

2:30 **GR** Creative Crafts

3:30 **SK** Bingo

6:00 **SK** Classic Movies & Musicals

# Monday

## March 31

9:45 **BR** Songs, News & Chronicle 10:00 **SK** Balloon Game w/ Staff

10:15 **BR** Morning Reflections

10:45 BR Exercise with Us!

1:30 **SK** Time to Cook and Reminisce

2:30 BR Cozy Record Club

3:00 GR World Tour - TURKY + 4:00 GR Who, Where & What?

6:00 **SK** Classic Movies & Musicals

PULASKI DAY

9:45 BR Songs, News & Chronicle 10:00 **SK** Balloon Game w/ Staff

10:15 **BR** Morning Reflections

10:45 BR Exercise with Us!

1:30 **SK** Time to Cook and Reminisce

2:30 BR Cozy Record Club

3:00 GR SILK FLOWERS ARRANGING 4:00 GR Who, Where & What?

6:00 **SK** Classic Movies & Musicals

# 10

9:45 **BR** Songs, News & Chronicle 10:00 **SK** Balloon Game w/ Staff

10:15 **BR** Morning Reflections

10:45 BR Exercise with Us!

1:30 **SK** Time to Cook and Reminisce

2:30 **BR** Cozy Record Club

3:00 GR World Tour

4:00 **GR** SALT DOUGH CREATIONS 6:00 **SK** Classic Movies & Musicals

## 17

SAINT PATRICK'S DAY 9:45 BR IRISH MORNING SONGS

10:15 **BR** IRISH DANCE EXERCISE

10:30 BR CHAPLAIN RICK SING ALONG

12:00 **SK** CORNED BEEF & CABBAGE

1:30 **SK** Time to Cook and Reminisce

2:30 **0** BAGPIPE PREFORMACE 3:00 **SK** World Tour - IRLAND

3:30 **SK** FUN WITH SCIENCE

6:00 **SK** Classic Movies & Musicals

# 24

9:45 BR Songs, News & Chronicle 10:00 **SK** Balloon Game w/ Staff

10:15 **BR** Morning Reflections

10:45 BR Exercise with Us!

1:30 **SK** Time to Cook and Reminisce

1:45 BR JOHN BODA SINGING 2:45 BR Cozy Record Club

4:00 GR Who, Where & What?

6:00 **SK** Classic Movies & Musicals

# Tuesday

# Wednesday

# **Alto Wheaton**

219 Parkway Dr Wheaton, IL 60187 (630) 752-0644 www.AllegroLiving.com

MARDI GRAS

9:45 **BR** MADI GRAS MORNING 10:00 **GR** TOSS THE CHEESE GAME

10:45 BR MARDI GRAS HISTORY

11:00 BR MARDI GRAS DANCE MOVES

12:00 **SK** MARDI GRAS PACZKIS 1:30 **O** Scenic Trips & Tales Tommy

2:00 SK Songs & Senses

3:00 **SK** iN2L TV Games 6:00 **SK** Classic Movies & Musicals

9:45 BR Songs, News & Chronicle 10:00 **GR** RING TOSS GAME

10:15 **BR** Morning Reflections

10:45 BR Exercise with Us!

12:00 **0** MENS LUNCHON 1:30 **O** Scenic Trips & Tales Tommy

2:00 **SK** Songs & Senses

3:00 **SK** iN2L TV Games

6:00 SK Classic Movies & Musicals

# 18

9:45 BR Songs, News & Chronicle

10:00 **GR** RING TOSS GAME

10:15 **BR** Morning Reflections 10:45 **BR** Exercise with Us!

1:30 **O** Scenic Trips & Tales Tommy

2:00 SK Songs & Senses

3:00 **SK** iN2L TV Games

6:00 **SK** Classic Movies & Musicals

# 25

9:45 BR Songs, News & Chronicle 10:00 **GR** RING TOSS GAME

10:15 **BR** Morning Reflections

10:45 BR Exercise with Us! 1:30 **O** Scenic Trips & Tales Tommy

2:00 **SK** ART with HELEN 3:00 **SK** iN2L TV Games

6:00 **SK** Classic Movies & Musicals

ASH WEDNESDAY

9:45 BR Songs, News & Chronicle 10:00 **SK** Gentle Hand Massage

10:15 **BR** Morning Reflections 10:45 BR Exercise with Us!

1:00 **O** DEACON DAN SERVICE

1:30 BR Word Brain Games 2:30 **BR** ARTIST LYNN CREATES

3:30 **BR** Happy Hour 6:00 **SK** Classic Movies & Musicals

# 12

9:45 BR Songs, News & Chronicle 10:00 **SK** Gentle Hand Massage

10:15 **BR** Morning Reflections 10:45 BR Exercise with Us!

1:30 BR Word Brain Games 2:30 BR SARAH THE PIANIST

3:30 **BR** Happy Hour

6:00 **SK** Classic Movies & Musicals

# 19

9:45 BR Songs, News & Chronicle

10:00 **SK** Gentle Hand Massage 10:15 **BR** Morning Reflections

10:45 BR Exercise with Us! 1:30 **BR** Word Brain Games

3:30 BR Happy Hour 6:00 SK Classic Movies & Musicals

# 26

9:45 BR Songs, News & Chronicle

10:00 **SK** Gentle Hand Massage 10:15 **BR** Morning Reflections

10:45 BR Exercise with Us! 1:00 **SK** THERAPHY DOG TORI 1:30 SK DEMO w/ DOUG the CHEF

2:30 BR Happy Hour 6:00 SK Classic Movies & Musicals

# Thursday



Lena enjoying Silk Flower Arranging

9:45 **BR** Songs, News & Chronicle

10:00 **0** MOVIE THEATRE 10:15 **BR** Morning Reflections

10:45 BR Exercise with Us!

1:30 **GR** Playing Fun Instruments 2:30 **GR** Ice Cream Social

3:30 **SK** Virtual Concerts 6:00 SK Classic Movies & Musicals

# 13

9:45 **BR** Songs, News & Chronicle

10:15 BR Morning Reflections 10:45 BR Exercise with Us!

11:00 BR EXERCISE w/ TRAINER DAVID 1:30 **GR** Playing Fun Instruments

2:30 **GR** Ice Cream Social

3:30 **SK** Virtual Concerts 6:00 **SK** Classic Movies & Musicals

# 20

9:45 **BR** Songs, News & Chronicle

10:00 **0** MOVIE THEATRE 10:15 **BR** Morning Reflections

10:45 BR Exercise with Us! 1:30 **GR** Playing Fun Instruments

2:30 **GR** Ice Cream Social 3:30 **SK** Virtual Concerts 6:00 **SK** Classic Movies & Musicals

# **27**

9:45 BR Songs, News & Chronicle 10:15 **BR** Morning Reflections

10:45 BR Exercise with Us!

2:30 **GR** Ice Cream Social

11:00 BR EXERCISE w/ TRAINER DAVID 1:30 **GR** Playing Fun Instruments

3:30 **SK** Virtual Concerts 6:00 **SK** Classic Movies & Musicals

9:45 BR Songs, News & Chronicle

Friday

10:15 **BR** Morning Reflections 10:45 BR Exercise with Us!

1:30 **GR** Greenhouse Club 2:30 **GR** Name That Instrument

3:30 **SK** Story Telling 6:00 **SK** Classic Movies & Musicals

# 14

9:45 BR Songs, News & Chronicle 10:15 BR Queen Esther Story - PURIM

10:45 BR Exercise with Us! 1:30 **GR** Greenhouse Club

2:30 **GR** Name That Instrument 3:30 **SK** Story Telling 6:00 **SK** Classic Movies & Musicals

21 9:45 BR Songs, News & Chronicle

10:15 **BR** Morning Reflections 10:30 BR TIM WILSEY PROGRAM

10:45 BR Exercise with Us! 1:30 **GR** Greenhouse Club

2:30 **GR** Name That Instrument 2:30 **0** BALLROOM DANCE DEMO 3:30 **SK** Story Telling

6:00 **SK** Classic Movies & Musicals

9:45 BR Songs, News & Chronicle 10:15 **BR** Morning Reflections

10:45 **BR** Exercise with Us! 1:30 **GR** Greenhouse Club 3:30 **SK** Story Telling

6:00 **SK** Classic Movies & Musicals

# Saturday

## 1

9:45 BR Songs, News & Chronicle 10:15 **BR** Morning Reflections

10:45 BR Exercise with Us!

2:00 **SK** Travel with Rick Steves 3:00 **SK** Balloon Games

3:30 **SK** Virtual Concerts 6:00 **SK** Classic Movies & Musicals

15

22

9:45 BR Songs, News & Chronicle 10:15 **BR** Morning Reflections

2:00 **SK** Travel with Rick Steves

9:45 BR Songs, News & Chronicle

10:15 **BR** Morning Reflections

2:00 SK Travel with Rick Steves

6:00 **SK** Classic Movies & Musicals

9:45 **BR** Songs, News & Chronicle

2:00 **SK** Travel with Rick Steves

6:00 **SK** Classic Movies & Musicals

9:45 BR Songs, News & Chronicle

2:00 **SK** Travel with Rick Steves

6:00 **SK** Classic Movies & Musicals

10:15 **BR** Morning Reflections

10:45 BR Exercise with Us!

3:00 SK Balloon Games

3:30 **SK** Virtual Concerts

10:15 **BR** Morning Reflections

10:45 BR Exercise with Us!

3:00 **SK** Balloon Games

3:30 **SK** Virtual Concerts

10:45 BR Exercise with Us!

2:30 **SK** HEATHER SINGER

3:00 **SK** Balloon Games

3:30 **SK** Virtual Concerts

10:45 BR Exercise with Us!

3:00 **SK** Balloon Games 3:30 **SK** Virtual Concerts

## 6:00 **SK** Classic Movies & Musicals JEAN DEVRIES

Saturday the 8th **ELLEN WYCKOFF** Thursday the 27th

**BIRTHDAYS:** 



Around our

**Community** 

"WRITTEN IN MARCH"

The cock is crowing. The

stream is flowing. The small

glitter The green field sleeps

with the strongest; The cattle are grazing, Their heads never raising; There are forty

feeding like one! by William

Wordsworth (1770-1850)

birds twitter. The lake doth

in the sun; The oldest and

the voungest Are at work

Ellen with Bright Silk Flowers

# LOCATION KEY

Blue Room

Green Room

Outing

# Sapphire Kitchen