

UPCOMING COMMUNITY EVENTS

Families:
Please Join Us for Our
Spring Resident Choir Concert!
Tuesday, May 27th @ 5:00PM
Front Lobby
Desert Bar Will Be Served



UPCOMING DATES

Out Trips:

- May 2nd – Mexicali Cantini Grill @ 11:30AM
- May 9th – Hilltop Farm Suffield – Ice Cream & Animals! 1:30PM
- May 16th – Pepe’s Pizza @ 11:30AM
- May 23rd – Woodland Gardens – Plants & Flowers @ 1:00PM
- May 30th – Wickham Park Picnic @ 11:30AM

TED Talks:

- May 2nd – “The Power of Vulnerability” Brene Brown @ 3:00PM
- May 9th – “We Are All Different – And That Is Awesome!” @ 3:00PM
- May 16th – “How Movies Teach Manhood” @ 3:00PM
- May 23rd – “A Siple Way to Break a Bad Habit” @ 3:00PM
- May 30th – “The Brain Changing Benefit of Exercise” @ 3:00PM

Concert Series:

- May 10th – Cirque du Soleil: “O”, KA, Amaluna” @ 3:00PM
- May 17th – Kenny Rodgers – “Live by Request” 2013 @ 3:00PM
- May 24th – Andre Rieu – “Live in Dublin” 2010 @ 3:00PM

Alto Evergreen Walk
1000 Cottonwood Lane
South Windsor, CT 06074
(860) 288 - 1699



FLO U R I SH

May 2025

W H A T ’ S I N S I D E

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Social Calendar
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Upcoming Events + News

“Having faith does not mean having no difficulties, but having the strength to face them, knowing we are not alone.”
— Pope Francis, 1936 - 2025

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Alto Evergreen Walk – Assisted Living 1000 Cottonwood Lane South Windsor CT 06074 (860) 288 - 1699 www.AltoEvergreenWalk.com				Chocolate Parfait Day 1 10:00 Stretch It Out Exercise 10:30 Daily Wordsearch 11:00 Baking w/Nicole 1:30 Outdoor Walk 2:00 Where in The World 3:00 National Geographic: Storming Antarctica 3:00 Set Back Card Game 4:00 Crossword Challenge 6:00 Movie	2 10:00 Friday Exercise Fun 10:30 Wordsearch 11:00 Gratitude Circle 11:30 Out Trip: Mexicali Cantini Grill 2:00 Craft w/Amy – Pinata Building 3:00 TED Talk & Discussion: The Power of Vulnerability – Brene Brown 4:00 Drinks by the Fire 6:00 Movie	Kentucky Derby Day 3 10:00 Rock ‘n Exercise 10:30 Wordsearch Challenge 11:00 Decorate Your Own Derby Hat 1:30 Bingo Extravaganza 2:30 Karaoke Sing A-Long 3:00 Pool Noodle Horse Race 4:00 Derby Happy Hour 6:00 Movie
Lemonade Day 4 10:00 Sunday Mass – Independent 11:00 Sunday Stretch 1:30 'QiGong w/Marivic 2:30 Lemonade & Trivia on the Patio 3:00 Make Cards for Nurses 3:30 The Carol Burnett Show 6:00 Movie	Cinco de Mayo 5 10:00 Get Fit Exercise 10:30 Wordsearch Challenge 11:00 Morning Chat – Independent 11:00 Make Morrocco Crafts 1:30 Cornhole 2:00 Mexican Hat Dance 2:30 Peso Toss Game 4:00 Cinco de Mayo Happy Hour 6:00 Movie	Nurse Appreciation Day 6 10:00 Mass w/Communion & Rosary 10:30 Daily Wordsearch 11:00 Jeopardy 1:00 Choir Rehearsal w/Richard 2:00 Crazy 8’s & More Card Games 3:00 Rummikib – Independent 3:00 Entertainment w/Jenn Dispasio 4:00 Crossword Challenge 6:00 Movie	7 10:00 Sunrise Stretch 10:30 Daily Wordsearch 11:00 Calendar Committee 1:30 Jeff the Plant Guy 3:00 Bowling w/SWHS 3:00 Poker – Independent 4:00 Wine Down Wednesday Happy Hour w/ Cheese & Crackers 6:00 Movie	Coconut Cream Pie Day 8 10:00 Stretch It Out Exercise 10:30 Daily Wordsearch 11:00 Baking w/Nicole 1:30 Outdoor Walk 2:00 Where in The World 3:00 Set Back Card Game – Independent 4:00 Golf in A Box 5:30 Rummikub Match 6:00 Movie	9 10:00 Friday Exercise Fun 10:30 Wordsearch 11:00 Gratitude Circle 1:30 Out Trip: Hilltop Farm – Ice Cream & Animals! 2:00 Craft w/Amy 3:00 TED Talk & Discussion: We Are All Different – And That Is Awesome! 3:30 Whiteboard Word Games 4:00 Drinks by the Fire 6:00 Movie	10 10:00 Rock n’ Exercise 10:30 Wordsearch Challenge 11:00 Whiteboard Word Game 2:00 Bingo Extravaganza 3:00 Concert: Cirque du Soleil "O", KÀ, AMALUN 4:00 Happy Hour 6:00 Movie
Mother’s Day 11 10:00 Sunday Mass – Independent 11:00 Sunday Stretch 11:30 Mother’s Day Brunch 1:30 Chair Soccer 2:00 Patio Chit Chat 2:30 Unscramble the Word 3:30 Family Feud 4:00 The Carol Burnett Show 6:00 Movie	12 10:00 Get Fit Exercise 10:30 Wordsearch Challenge 11:00 Family Feud 11:00 Morning Chat – Independent 1:30 Cornhole 2:00 Word Within a Word 3:00 Mad Libs 3:30 Wonders of Philippines	13 10:00 Mass w/Communion & Rosary 10:30 Daily Wordsearch 11:00 Jeopardy 1:30 Stretch w/Steph 2:00 NYT Wordle & More 3:00 Bingo w/SWHS 3:00 Rummikib – Independent 4:00 Tabletop Games 6:00 Movie	14 10:00 Sunrise Stretch 10:30 Daily Wordsearch 11:00 Word Jumble Puzzles 1:30 Indoor Walking Club 2:00 Sherlock Holmes Detective Puzzles 3:00 Bowling w/SWHS 3:00 Poker – Independent 4:00 Wine Down Wednesday Happy Hour w/ Cheese & Crackers 6:00 Movie	Juice Slushie Day 15 10:00 Stretch It Out Exercise 10:30 Daily Wordsearch 11:00 Baking w/Nicole 1:30 Outdoor Walk 2:00 Where in The World 3:00 National Geographic: Inside the American Mob 3:00 Set Back Card Game 4:00 Crossword Challenge 5:30 Yahtzee Match 6:00 Movie	Classic Movie Day 16 10:00 Friday Exercise Fun 10:30 Wordsearch 11:00 Gratitude Circle 11:30 Out Trip: Pepe’s Pizza 1:30 Monthly Birthday Celebration w/Lary Batter 2:00 Craft w/Amy 3:00 TED Talk & Discussion: How Movies Teach Manhood 4:00 Drinks by the Fire 6:00 Movie	17 10:00 Saturday Exercise 10:30 Wordsearch Challenge 11:00 Whiteboard Word Game 2:00 Bingo Extravaganza 3:00 Concert: Kenny Rogers Live by Request 6:00 Movie
18 10:00 Sunday Mass – Independent 11:00 Sunday Stretch 1:30 'QiGong w/Marivic 2:00 Patio Chit Chat 3:30 Whiteboard Word Games 4:00 The Carol Burnett Show 6:00 Movie	19 10:00 Get Fit Exercise 10:30 Wordsearch Challenge 11:00 Crossword Challenge 11:00 Current Events – Independent 1:30 Cornhole 2:00 Scrabble 3:30 Wonders of The Netherlands 6:00 Movie	20 10:00 Mass w/Communion & Rosary 10:30 Get Fit Exercise 11:00 Fox Rehab Health Talk 1:00 Choir Rehearsal w/Richard 2:00 Crazy 8’s & More Card Games 3:00 Rummikib – Independent 3:00 Bingo w/SWHS 4:00 Crossword Challenge 6:00 Movie	Waitstaff Appreciation Day 21 10:00 Sunrise Stretch 10:30 Daily Wordsearch 11:00 Enhabit Health Talk w/Kylie 1:30 Bucket Pong 2:00 Veteran’s Club 2:00 Criminal Minds Puzzle 3:00 Bowling w/SWHS 3:00 Poker – Independent 4:00 Wine Down Wednesday Happy Hour w/ Cheese & Crackers 6:00 Movie	Vanilla Pudding Day 22 10:00 Stretch It Out Exercise 10:30 Daily Wordsearch 11:00 Baking w/Nicole 1:30 Outdoor Walk 2:00 Where in The World 3:00 National Geographic: Superstructures Engineering Marvels 3:00 Set Back Card Game 4:00 Crossword Challenge 5:30 Clue Game 6:00 Movie	23 10:00 Friday Exercise Fun 10:30 Wordsearch 11:00 Gratitude Circle 11:30 Out Trip 1:30 Outdoor Walk 2:00 Craft w/Amy 3:00 TED Talk & Discussion: A Simple Way to Break a Bad Habit 4:00 Drinks by the Fire 6:00 Movie	24 10:00 Rock ‘n Exercise 10:30 Wordsearch Challenge 11:00 Whiteboard Word Game 2:00 Bingo Extravaganza 3:00 Concert: André Rieu Live in Dublin 6:00 Movie
25 10:00 Sunday Mass – Independent 11:00 Sunday Stretch 1:30 Chair Soccer 2:00 Patio Chit Chat 2:30 Unscramble the Word 3:30 Family Feud 4:00 The Carol Burnett Show 6:00 Movie	Memorial Day 26 10:00 Get Fit Exercise 10:30 Wordsearch Challenge 11:00 Crossword Challenge 11:00 Current Events – Independent 11:30 Memorial Day BBQ 1:30 Cornhole 2:00 Patio Games 3:30 Wonders of the USA 6:00 Movie	27 10:00 Mass w/Communion & Rosary 10:30 Daily Wordsearch 11:00 Watercolors w/Paul 1:30 Stretch w/Steph 2:00 Resident Council Meeting 3:00 Bingo w/SWHS 3:00 Rummikib – Independent 4:00 Tabletop Games 5:00 Resident Choir Spring Concert 6:00 Movie	Senior Health & Fitness Day 28 10:00 Sunrise Stretch 10:30 Daily Wordsearch 11:00 Word Jumble Puzzles 1:30 Food & Beverage Discussion 2:00 Game of Clue 3:00 Bowling w/SWHS 3:00 Poker – Independent 4:00 Wine Down Wednesday Happy Hour w/ Cheese & Crackers 6:00 Movie	29 10:00 Stretch It Out Exercise 10:30 Daily Wordsearch 11:00 Baking w/Nicole 2:00 Ladies’ Tea Party 2:00 Men’s Club 3:00 Set Back Card Game – Independent 3:00 National Geographic: Lost Treasures of the Maya 3:30 Criminal Minds Puzzles 4:00 Dick Van Dyke 5:30 50’s & 60’s Dance Party w/DJ Steph 6:00 Movie	30 10:00 Friday Exercise Fun 10:30 Wordsearch 11:00 Gratitude Circle 11:30 Out Trip: Picnic @ Wickham Park 1:30 Outdoor Walk 2:00 Craft w/Amy 3:00 TED Talk & Discussion: The Brain Changing Benefits of Exercise 4:00 Drinks by the Fire 6:00 Movie	31 10:00 Rock ‘n Exercise 10:30 Wordsearch Challenge 11:00 Whiteboard Word Game 1:30 Outdoor Walk 2:00 Movie Matinee: Wicked 6:00 Movie

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Alto Evergreen Walk - Interlude 1000 Cottonwood Lane South Windsor CT 06074 (860) 288 - 1699 www.AltoEvergreenWalk.com				May Day 1 10:00 Stretch It Out Exercise 10:40 Caitlin Book Discussion 1:00 May Day Trivia & Fun Facts 2:00 May Day Flower Craft 3:00 Volleyball 4:00 Dick Van Dyke 6:00 Barbara Streisand: “One Voice” Concert (1986)	2 10:00 Friday Exercise Fun 10:30 Wordle 11:00 Music Appreciation: Kenny Rogers 1:00 Ready, Set, Puzzle 2:00 Springtime Tea Party 3:00 Math Minds 4:00 Family Feud 6:00 Downtown Abbey	Kentucky Derby Day 3 10:00 Rock ‘n Exercise 10:00 Word Search Challenge 11:00 Derby Day Hat Craft 1:00 Decorate Your Horse 2:00 The Great Kentucky Derby Horse Race Game 3:00 Bingo Extravaganza 4:00 Derby Day Trivia & Mint Julep (Mocktail) Tasting 6:00 Classic Concert Series
Lemonade Day 4 10:00 Live Stream Mass 10:00 Mindfulness Coloring 11:00 Sunday Stretch 1:00 DIY Lemon Stamp Art 1:30 QiGong w/Marivic 2:00 Lemonade Stand Reminiscence & Tasting Station 3:00 Manicures & Nail Care 4:00 The Carol Burnett Show 6:00 Movie	Cinco de Mayo 5 10:00 Get Fit Exercise 10:30 Word Search Challenge 11:00 Cinco de Mayo Trivia 1:00 DIY Maracas Craft 2:00 White Board Word Game 3:00 Cinco de Mayo Social 4:00 Virtual Vacation: Mexico City, Mexico 6:00 Classic TV Game Shows	Nurse Appreciation Day 6 10:00 Sunrise Stretch 10:30 Word Play and Other Games 11:00 Nurse Appreciation Day Card-Making 1:00 Choir Rehearsal w/Richard 2:00 Lemonade & Laughter 3:00 Live Music w/Jenn Dispasio 4:00 Through the Years Conversation 6:00 Biography: Aubrey Hepburn	7 10:00 Sunrise Stretch 10:30 Word Puzzles & Searches 11:00 Baking Club: Trail Mix 1:00 Spring Arts & Crafts 2:00 Sweet Moments: Enjoy Baking Club Treats 3:00 UNO! Card Game 4:00 Midweek Mix & Mingle 6:00 Movie	8 10:00 Stretch It Out Exercise 10:40 Caitlin Book Discussion 1:00 Walking Club 2:00 Where in the World 3:00 Volleyball 4:00 Dick Van Dyke 6:00 Concert Series: “Sinatra: The Main Event” (1974)	9 10:00 Friday Exercise Fun 10:30 Wordle 11:00 Music Appreciation: Dolly Parton 1:00 Ready, Set, Puzzle 2:00 Springtime Tea Party 3:00 Math Minds 4:00 Family Feud 6:00 Downtown Abbey	10 10:00 Rock ‘n Exercise 10:00 Word Search Challenge 11:00 Jeopardy Trivia & Games 1:00 Movie Matinee 2:00 Classic Hits Karaoke 3:00 Bingo Extravaganza 4:00 Happy Hour 6:00 Classic Concert Series
Mother’s Day 11 10:00 Live Stream Mass 10:00 Mother’s Day TV Mom Match-Up 11:00 Sunday Stretch 11:00 Mother’s Day Brunch 1:00 Toss ‘n Talk-About 2:00 Mother’s Day Garden Tea Party 3:00 Manicures & Nail Care 4:00 The Carol Burnett Show 6:00 Movie	12 10:00 Get Fit Exercise 10:30 Word Search Challenge 11:00 What’s Blooming? Trivia 1:00 Bean Bag Toss & Lawn Games 2:00 White Board Word Game 3:00 Board & Card Games 4:00 Virtual Vacation: Myrtle Beach, SC 6:00 Classic TV Game Shows	13 10:00 Sunrise Stretch 10:30 Word Play and Other Games 11:00 Watercolors with Paul 1:00 Brain Training Games 2:00 Lemonade & Laughter 3:00 Bingo Fun for All 4:00 Through the Years Conversation 6:00 Biography: George Burns	14 10:00 Sunrise Stretch 10:30 Word Puzzles & Searches 11:00 Baking Club: Fruit & Yogurt Parfait 1:00 Spring Arts & Crafts 2:00 Sweet Moments: Enjoy Baking Club Treats 3:00 UNO! Card Game 4:00 Midweek Mix & Mingle 6:00 Movie	15 10:00 Stretch It Out Exercise 10:40 Caitlin Book Discussion 1:00 Walking Club 2:00 Where in the World 3:00 Volleyball 4:00 Dick Van Dyke 6:00 Concert Series: Franki Valli & The Four Seasons “Live In Concert”	Classic Movie Day 16 10:00 Friday Exercise Fun 10:30 Wordle 11:00 Music Appreciation: Anne Murray 1:00 Ready, Set, Puzzle 2:00 Classic Movie Popcorn Party 3:00 Math Minds 4:00 Family Feud 6:00 Downtown Abbey	Armed Forces Day 17 10:00 Rock ‘n Exercise 10:00 Word Search Challenge 11:00 Armed Forces Day Trivia 1:00 Movie Matinee 2:00 Patriotic Karaoke 3:00 Military Tribute Concert (Recorded) 4:00 Veteran Social 6:00 Classic Concert Series
18 10:00 Live Stream Mass 10:00 Mindfulness Coloring 11:00 Sunday Stretch 1:00 Toss ‘n Talk-About 1:30 QiGong w/Marivic 2:00 Garden Club 3:00 Manicures & Nail Care 4:00 The Carol Burnett Show 6:00 Movie	19 10:00 Get Fit Exercise 10:30 Word Search Challenge 11:00 What’s Blooming? Trivia 1:00 Bean Bag Toss & Lawn Games 2:00 White Board Word Game 3:00 Board & Card Games 4:00 Virtual Vacation: London, England 6:00 Classic TV Game Shows	20 10:00 Sunrise Stretch 10:30 Word Play and Other Games 11:00 Melodies and Memories: Sing, Play, and Remember 1:00 Choir Rehearsal w/Richard 2:00 Lemonade & Laughter 3:00 Bingo Fun for All 4:00 Through the Years Conversation 6:00 Biography: Marilyn Monroe	21 10:00 Sunrise Stretch 10:30 Word Puzzles & Searches 11:00 Baking Club: Strawberries & Cream 1:00 Spring Arts & Crafts 2:00 Sweet Moments: Enjoy Baking Club Treats 3:00 UNO! Card Game 6:00 Movie	22 10:00 Stretch It Out Exercise 10:40 Caitlin Book Discussion 1:00 Walking Club 2:00 Where in the World 3:00 Volleyball 4:00 Dick Van Dyke 6:00 Concert Series: “Judy Garland: Live at the London Palladium” (1964)	23 10:00 Friday Exercise Fun 10:30 Wordle 11:00 Music Appreciation: Elvis Presley 1:00 Ready, Set, Puzzle 2:00 Springtime Tea Party 3:00 Math Minds 4:00 Family Feud 6:00 Downtown Abbey	24 10:00 Rock ‘n Exercise 10:00 Word Search Challenge 11:00 Jeopardy Trivia & Games 1:00 Movie Matinee 2:00 Famous Movie Songs Karaoke 3:00 Bingo Extravaganza 4:00 Happy Hour 6:00 Classic Concert Series
25 10:00 Live Stream Mass 10:00 Mindfulness Coloring 11:00 Sunday Stretch 1:00 Toss ‘n Talk-About 2:00 Garden Club 3:00 Manicures & Nail Care 4:00 The Carol Burnett Show 6:00 Movie	Memorial Day 26 10:00 Red, White & Move Exercise 10:30 Word Search Challenge 11:00 What’s Blooming? Trivia 11:30 Memorial Day BBQ 1:00 Bean Bag Toss & Lawn Games 2:00 Cheers to Our Heroes: Memorial Day Social 3:00 Board & Card Games 4:00 Virtual Vacation: Washington D.C., USA 6:00 Classic TV Game Shows	27 10:00 Sunrise Stretch 10:30 Word Play and Other Games 11:00 Melodies and Memories: Sing, Play, and Remember 1:00 Brain Training Games 2:00 Lemonade & Laughter 3:00 Bingo Fun for All 4:00 Through the Years Conversation 5:00 Resident Spring Choir Concert 6:00 Biography: Robert Redford	Senior Health & Fitness Day 28 10:00 Move & Groove: Exercise & Dance Party 10:30 Word Puzzles & Searches 11:00 Baking Club: Fruit Smoothie 1:00 Spring Arts & Crafts 2:00 Healthy & Happy: Nutrition Talk and Tasting 3:00 UNO! Card Game 4:00 Midweek Mix & Mingle 6:00 Movie	29 10:00 Stretch It Out Exercise 10:40 Caitlin Book Discussion 1:00 Walking Club 2:00 Where in the World 3:00 Volleyball 4:00 Dick Van Dyke 6:00 Concert Series: “Perry Como: The Best of 1950s TV Specials”	30 10:00 Friday Exercise Fun 10:30 Wordle 11:00 Music Appreciation: The Temptations 1:00 Ready, Set, Puzzle 2:00 Springtime Tea Party 3:00 Math Minds 4:00 Family Feud 6:00 Downtown Abbey	31 10:00 Rock ‘n Exercise 10:00 Word Search Challenge 11:00 Jeopardy Trivia & Games 1:00 Movie Matinee 2:00 Love Songs Karaoke 3:00 Bingo Extravaganza 4:00 Happy Hour 6:00 Classic Concert Series

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Alto Evergreen Walk – Ensemble</div> <div>1000 Cottonwood Lane</div> <div>South Windsor CT 06074</div> <div>(860) 288 - 1699</div> <div>www.AltoEvergreenWalk.com</div>				<div>May Day 1</div> <div>9:30 Price Is Right</div> <div>10:00 Mass w/Roman Catholic Archdiocese of Hartford</div> <div>10:30 Spring for Joy Exercise w/Dani</div> <div>11:00 What Is May Day?</div> <div>1:30 Craft Corner: Flower Painting</div> <div>2:30 MYO Chocolate Parfait</div> <div>3:30 Rick Steves: Best of the Alps</div> <div>4:00 Throwback Tunes and Dance</div> <div>5:30 Memory Lane Trivia</div>	<div>2</div> <div>9:30 Coffee and Chat</div> <div>10:00 Celebration of the Eucharist</div> <div>10:30 Golden Years Yoga w/Dani</div> <div>11:00 Famous Faces Trivia</div> <div>1:30 Patio Cornhole w/Dani</div> <div>2:30 Coffee and Jazz</div> <div>3:30 Sensory Exploration Stations</div> <div>4:00 Funky Friday Karaoke</div> <div>5:30 Brews & Blues</div>	<div>3</div> <div>9:30 Meet the Horses</div> <div>10:00 Holy Mass – On Air</div> <div>10:30 Exercise: Galloping to the Races w/Dani</div> <div>11:00 History of the Kentucky Derby</div> <div>1:30 Decorate Your Horse</div> <div>2:30 Mint Julep Tasting</div> <div>3:30 Travel to Montana</div> <div>4:00 Music of Kentucky</div> <div>5:30 Live: Kentucky Derby Viewing!</div>
<div>4</div> <div>9:30 Morning News and Updates</div> <div>10:00 Celebration of the Eucharist</div> <div>10:30 Jazzercise w/Olivia</div> <div>11:00 Today in History: May 4th</div> <div>1:30 Card Game: Memory Catch</div> <div>2:30 Freshly Squeezed OJ</div> <div>3:30 Bird Day: A Guide to CT’s Birds</div> <div>4:00 Symphony Sunday: Boston</div> <div>5:30 History of Star Wars Filming</div>	<div>Cinco de Mayo 5</div> <div>9:30 Coffee and Conversation</div> <div>10:00 Mass w/Roman Catholic Archdiocese of Hartford</div> <div>10:30 Maraca Shake Out w/Olicia</div> <div>11:00 I Spy Walk w/Olivia</div> <div>1:30 Card Making for Nurses Day</div> <div>2:30 Patio Stories w/Olivia</div> <div>3:30 Traveling Down Rt 66</div> <div>4:00 Mocktail Margarita Hour</div> <div>5:30 Movie: Coco – Celebrate Mexico</div>	<div>6</div> <div>9:30 Wheel of Fortune</div> <div>10:00 Mass and Communion w/ St. Margret Mary Church</div> <div>10:30 Baking w/Nicole</div> <div>1:00 Afternoon Stretch</div> <div>1:30 Live Music w/Jennifer</div> <div>2:30 Coffee and Trivia</div> <div>3:30 Landmark Sightseeing: Eiffel Tower</div> <div>4:00 Karaoke Sing-A-Long – 50s</div> <div>5:30 Biography: Elvis Presley</div>	<div>7</div> <div>9:30 Morning News and Updates</div> <div>10:00 Daily Mass TV</div> <div>10:30 Silver Sneakers Exercise</div> <div>11:00 Aromatherapy & Nature Sounds</div> <div>1:30 Out Trip: Ice Cream</div> <div>2:30 Tea and Puzzles</div> <div>3:30 National Tourism Day Explorers: Top Tourist Attractions</div> <div>4:00 Comedy Hour</div> <div>5:30 Music and Movement</div>	<div>8</div> <div>9:30 Price Is Right</div> <div>10:00 Mass w/Roman Catholic Archdiocese of Hartford</div> <div>10:30 Spring for Joy Exercise w/Dani</div> <div>11:00 Today in History: May 8th</div> <div>1:30 Craft Corner: Dot Art</div> <div>2:30 Coconut Pie Tasting</div> <div>3:30 Rick Steves: Ancient Roman Art</div> <div>4:00 Throwback Tunes and Dance</div> <div>5:30 Memory Lane Trivia</div>	<div>9</div> <div>9:30 Coffee and Chat</div> <div>10:00 Celebration of the Eucharist</div> <div>10:30 Golden Years Yoga w/Dani</div> <div>11:00 Famous Faces Trivia</div> <div>1:30 Patio Cornhole w/Dani</div> <div>2:30 Coffee and Jazz</div> <div>3:30 Touch and Feel Sensory Stations</div> <div>4:00 Funky Friday Karaoke</div> <div>5:30 Brews & Blues</div>	<div>10</div> <div>9:30 Morning News and Updates</div> <div>10:00 Holy Mass – On Air</div> <div>10:30 Fit for Life w/Dani</div> <div>11:00 Touch Therapy</div> <div>1:30 Seated Soccer</div> <div>2:30 Coloring Corner</div> <div>3:30 Travel to Washington</div> <div>4:00 Hollywood Classic Films</div> <div>5:30 Game Show Network</div>
<div>Mother’s Day 11</div> <div>9:30 Morning News and Updates</div> <div>10:00 Celebration of the Eucharist</div> <div>10:30 Jazzercise w/Olivia</div> <div>11:00 Today in History: May 11th</div> <div>1:30 Card Game: Match the States</div> <div>2:30 Ladies Tea Party</div> <div>3:30 Spa Stations</div> <div>4:00 Sunday Symphony: Cleveland</div> <div>5:30 Evening Story Telling</div>	<div>12</div> <div>9:30 Coffee and Conversation</div> <div>10:00 Mass w/Roman Catholic Archdiocese of Hartford</div> <div>10:30 Balloon Bop Workout w/Olivia</div> <div>11:00 I Spy Walk w/Olivia</div> <div>1:30 Patio Stories w/Olivia</div> <div>2:30 Picture Bingo – Fruits</div> <div>3:30 Traveling Down Rt 66</div> <div>4:00 Monday Music Memories</div> <div>5:30 Monday Movie and Popcorn</div>	<div>13</div> <div>9:30 Wheel of Fortune</div> <div>10:00 Mass and Communion w/ St. Margret Mary Church</div> <div>10:30 Baking w/Nicole</div> <div>1:00 Afternoon Stretch</div> <div>1:30 Balloon Volleyball</div> <div>2:30 Coffee and Trivia</div> <div>3:30 Landmark Sightseeing: Big Ben</div> <div>4:00 Karaoke Sing-A-Long – 60s</div> <div>5:30 Biography: Michael Jackson</div>	<div>14</div> <div>9:30 Morning News and Updates</div> <div>10:00 Daily Mass TV</div> <div>10:30 Silver Sneakers Exercise</div> <div>11:00 Aromatherapy & Nature Sounds</div> <div>1:30 Ladies Lunch w/Nicole</div> <div>1:30 Patio Catch and Toss</div> <div>2:30 Tea and Puzzles</div> <div>3:30 Cruising Down Main Street</div> <div>4:00 Comedy Hour</div> <div>5:30 Music and Movement</div>	<div>15</div> <div>9:30 Price Is Right</div> <div>10:00 Mass w/Roman Catholic Archdiocese of Hartford</div> <div>10:30 Spring for Joy Exercise w/Dani</div> <div>11:00 Today in History: May 15th</div> <div>1:30 Craft Corner: Tie Dye Shirts</div> <div>2:30 Chocolate Chip Bingo</div> <div>3:30 Rick Steves: West England</div> <div>4:00 Throwback Tunes and Dance</div> <div>5:30 Memory Lane Trivia</div>	<div>16</div> <div>9:30 Coffee and Chat</div> <div>10:00 Celebration of the Eucharist</div> <div>10:30 Golden Years Yoga w/Dani</div> <div>11:00 Famous Faces Trivia</div> <div>1:30 Patio Cornhole w/Dani</div> <div>2:30 Coffee and Jazz</div> <div>3:30 Safari Sensory Stations</div> <div>4:00 Funky Friday Karaoke</div> <div>5:30 Brews & Blues</div>	<div>Armed Forces Day 17</div> <div>9:30 Morning News and Updates</div> <div>10:00 Holy Mass – On Air</div> <div>10:30 Fit for Life w/Dani</div> <div>11:00 Story of Armed Forces Day</div> <div>1:30 Making Care Packages for Service Members</div> <div>2:30 Veterans Social Hour</div> <div>3:30 Travel to Idaho</div> <div>4:00 Virtual Air Show</div> <div>5:30 Game Show Network</div>
<div>18</div> <div>9:30 Morning News and Updates</div> <div>10:00 Celebration of the Eucharist</div> <div>10:30 Jazzercise w/Olivia</div> <div>11:00 Today in History: May 18th</div> <div>1:30 Card Game: Match the Animal</div> <div>2:30 Sunday Sundae’s</div> <div>3:30 Spring Whiteboard Wizards</div> <div>4:00 Symphony Sunday: London</div> <div>5:30 Evening Story Telling</div>	<div>19</div> <div>9:30 Coffee and Conversation</div> <div>10:00 Mass w/Roman Catholic Archdiocese of Hartford</div> <div>10:30 Balloon Bop Workout w/Olivia</div> <div>11:00 I Spy Walk w/Olivia</div> <div>1:30 Patio Stories w/Olivia</div> <div>2:30 Picture Bingo – Spring Animals</div> <div>3:30 Traveling Down Rt 66</div> <div>4:00 Monday Music Memories</div> <div>5:30 Monday Movie and Popcorn</div>	<div>20</div> <div>9:30 Wheel of Fortune</div> <div>10:00 Mass and Communion w/ St. Margret Mary Church</div> <div>10:30 Watercolors w/Paul</div> <div>1:00 Live Music w/Kalifornia Karl</div> <div>2:00 Afternoon Stretch</div> <div>2:30 Coffee and Trivia</div> <div>3:30 Landmark Sightseeing: The Louve</div> <div>4:00 Karaoke Sing-A-Long – 70s</div> <div>5:30 Biography: Katherine Hepburn</div>	<div>21</div> <div>9:30 Morning News and Updates</div> <div>10:00 Daily Mass TV</div> <div>10:30 Silver Sneakers Exercise</div> <div>11:00 Aromatherapy & Nature Sounds</div> <div>1:30 Patio Catch and Toss</div> <div>2:30 Tea and Puzzles</div> <div>3:30 Homemade Slushie</div> <div>4:00 Comedy Hour</div> <div>5:30 Music and Movement</div>	<div>22</div> <div>9:30 Price Is Right</div> <div>10:00 Mass w/Roman Catholic Archdiocese of Hartford</div> <div>10:30 Spring for Joy Exercise w/Dani</div> <div>11:00 Today in History: May 22nd</div> <div>2:30 Craft Corner: Pet Plates</div> <div>2:30 MYO Pudding</div> <div>3:30 Rick Steves: Greek Islands</div> <div>4:00 Throwback Tunes and Dance</div> <div>5:30 Memory Lane Trivia</div>	<div>23</div> <div>9:30 Coffee and Chat</div> <div>10:00 Celebration of the Eucharist</div> <div>10:30 Golden Years Yoga w/Dani</div> <div>11:00 Famous Faces Trivia</div> <div>1:30 Patio Cornhole w/Dani</div> <div>2:30 Coffee and Jazz</div> <div>3:30 Sensory Exploration Stations</div> <div>4:00 Funky Friday Karaoke</div> <div>5:30 Brews & Blues</div>	<div>24</div> <div>9:30 Morning News and Updates</div> <div>10:00 Holy Mass – On Air</div> <div>10:30 Fit for Life w/Dani</div> <div>11:00 Touch Therapy</div> <div>1:30 Seated Soccer</div> <div>2:30 Coloring Corner</div> <div>3:30 National Wyoming Day</div> <div>4:00 Hollywood Classic Films</div> <div>5:30 Game Show Network</div>
<div>25</div> <div>9:30 Morning News and Updates</div> <div>10:00 Celebration of the Eucharist</div> <div>10:30 Jazzercise w/Olivia</div> <div>11:00 Today in History: May 25th</div> <div>1:30 Card Game: Finish the Phrase</div> <div>2:30 Sunday Sundae’s</div> <div>3:30 Spring Whiteboard Wizards</div> <div>4:00 Symphony Sunday: New York Philharmonics</div> <div>5:30 Evening Story Telling</div>	<div>Memorial Day 26</div> <div>9:30 Coffee and Conversation</div> <div>10:00 Mass w/Roman Catholic Archdiocese of Hartford</div> <div>10:30 History of Memorial Day</div> <div>11:00 I Spy Walk w/Olivia</div> <div>1:30 Memorial Day Stories</div> <div>2:30 Flag Drawings</div> <div>3:30 Traveling Down Rt 66</div> <div>4:00 Monday Music Memories</div> <div>5:30 “Yankee Doodle Dandy”</div>	<div>27</div> <div>9:30 Wheel of Fortune</div> <div>10:00 Mass and Communion w/ St. Margret Mary Church</div> <div>10:30 Baking w/Nicole</div> <div>1:00 Afternoon Stretch</div> <div>1:30 Balloon Volleyball</div> <div>2:30 Coffee and Trivia</div> <div>3:30 Landmark Sightseeing: Machu Picchu</div> <div>4:00 Karaoke Sing-A-Long – 80s</div> <div>5:30 Biography: Lucille Ball</div>	<div>28</div> <div>9:30 Morning News and Updates</div> <div>10:00 Daily Mass TV</div> <div>10:30 Silver Sneakers Exercise</div> <div>11:00 Out Trip: Picnic Lunch</div> <div>1:30 Patio Catch and Toss</div> <div>2:30 Tea and Puzzles</div> <div>3:30 Cruising Down Main Street</div> <div>4:00 Comedy Hour</div> <div>5:30 Music and Movement</div>	<div>29</div> <div>9:30 Price Is Right</div> <div>10:00 Mass w/Roman Catholic Archdiocese of Hartford</div> <div>10:30 Spring for Joy Exercise w/Dani</div> <div>11:00 Today in History: May 29th</div> <div>2:30 Craft Corner: Paper Tissue Butterflies</div> <div>3:30 Rick Steves: Egypt’s Cairo</div> <div>4:00 Throwback Tunes and Dance</div> <div>5:30 Memory Lane Trivia</div>	<div>30</div> <div>9:30 Coffee and Chat</div> <div>10:00 Celebration of the Eucharist</div> <div>10:30 Golden Years Yoga w/Dani</div> <div>11:00 Famous Faces Trivia</div> <div>1:30 Patio Cornhole w/Dani</div> <div>2:30 Coffee and Jazz</div> <div>3:30 Touch and Feel Sensory Stations</div> <div>4:00 Funky Friday Karaoke</div> <div>5:30 Brews & Blues</div>	<div>31</div> <div>9:30 Morning News and Updates</div> <div>10:00 Holy Mass – On Air</div> <div>10:30 Fit for Life w/Dani</div> <div>11:00 Touch Therapy</div> <div>1:30 Seated Soccer</div> <div>2:30 Coloring Corner</div> <div>3:30 Travel to Utah</div> <div>4:00 History of the Macaroon</div> <div>5:30 Game Show Network</div>