

UPCOMING COMMUNITY EVENTS



To all the incredible mothers and mother figures in our community thank you for your endless love, strength, and dedication. Today, we celebrate you and all that you do. Wishing you a beautiful and joyful Mother’s Day surrounded by love and appreciation!

This Memorial Day, we honor and remember the brave men and women who made the ultimate sacrifice in service to our country. Their courage and dedication will never be forgotten.



MARK YOUR CALENDARS!

- Happy Hour & Live Music Featuring GG The Singer – 5/1
- Cinco De Mayo Featuring Live Music – 5/5
- Mom’s on the Rocks Happy Hour and Live Music – 5/11
- New Resident Meet-and-Greet- Happy Hour – 5/22
- Memorial Day Happy Hour – 5/26
- Birthday Celebration with Live Music – 5/30

Fort Lauderdale
1290 N. Federal Highway
Fort Lauderdale, FL 33304
(954) 883-9903



FLOURISH

MAY 2025



WHAT’S INSIDE

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Social Calendar

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Upcoming Events + News

“IT’S NOT THE YEARS IN YOUR LIFE THAT COUNT. IT’S THE LIFE IN YOUR YEARS.”

—ABRAHAM LINCOLN



Sunday Monday

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4
10:00 **L** Local Church Shuttle
10:00 **L** Walking Club
11:15 **B** Coffee and Conversation
11:15 **B** Weekly Update with Lifestyle
1:00 **L** Trip: Barnes & Noble
2:00 **SK** Fort Lauderdale Air Show
2:15 **T** Movie & Popcorn
3:00 **GR** Billiards and Board Games
7:15 **T** Movie Night

11
10:00 **L** Local Church Shuttle
10:00 **L** Walking Club
11:30 **W** Brunch with the Best! Happy Mother's Day!
2:00 **B** Scoop of the Month
2:15 **T** Movie & Popcorn
3:00 **GR** Billiards and Board Games
3:00 **B** Mom's on the Rocks Happy Hour and Live Music
7:15 **T** Movie Night

18
10:00 **L** Local Church Shuttle
10:00 **L** Walking Club
11:15 **B** Coffee and Conversation
11:15 **B** Weekly Update with Lifestyle
1:00 **L** Trip: Barnes & Noble
2:00 **B** Scoop of the Month
2:15 **T** Movie & Popcorn
3:00 **GR** Billiards and Board Games
7:15 **T** Movie Night

25
10:00 **L** Local Church Shuttle
10:00 **L** Walking Club
11:15 **B** Coffee and Conversation
11:15 **B** Weekly Update with Lifestyle
12:30 **L** Lunch Outing: The Cheesecake Factory
2:00 **B** Scoop of the Month
2:15 **T** Movie & Popcorn
7:15 **T** Movie Night

5
9:00 **L** Trip: CVS/Walgreens
10:00 **Y** Chair Yoga - All Levels
11:00 **CR** Crossword Puzzle
1:45 **CR** Art Craft and Fun
2:15 **T** Movie & Popcorn
3:00 **B** Cinco De Mayo Featuring Live Music
4:00 **CR** Big Money Bingo
7:15 **T** Movie Night

12
9:00 **L** Trip: CVS/Walgreens
10:00 **Y** Chair Yoga - All Levels
11:00 **CR** Crossword Puzzle
11:00 **B** Jewelry Repair Service
1:45 **CR** Art Craft and Fun
2:00 **C** Connected Living-My Profile
2:15 **T** Movie & Popcorn
3:00 **CR** Big Money Bingo
7:15 **T** Movie Night

19
9:00 **L** Trip: CVS/Walgreens
10:00 **Y** Chair Yoga - All Levels
11:00 **CR** Crossword Puzzle
1:45 **CR** Art Craft and Fun
2:00 **C** Connected Living-My Profile
2:15 **T** Movie & Popcorn
3:00 **CR** Big Money Bingo
7:15 **T** Movie Night

26
9:00 **L** Trip: CVS/Walgreens
10:00 **Y** Chair Yoga - All Levels
11:00 **CR** Crossword Puzzle
1:45 **CR** Art Craft and Fun
2:15 **T** Movie & Popcorn
3:00 **CR** Big Money Bingo
4:00 **B** Memorial Day Happy Hour
7:15 **T** Movie Night

Tuesday



6
10:00 **CR** PT by Design Fitness Class
11:00 **CR** Brain Power Hour
1:00 **CR** ACE ACE Casino
2:00 **CR** DIY Project
2:15 **T** Movie & Popcorn
3:00 **A** Open Art Studio
7:15 **T** Movie Night

13
10:00 **CR** PT by Design Fitness Class
11:00 **CR** Brain Power Hour
1:00 **L** Trip: Fresh Market
2:00 **CR** DIY Project
2:15 **T** Movie & Popcorn
3:00 **A** Open Art Studio
7:15 **T** Movie Night

20
10:00 **CR** PT by Design Fitness Class
11:00 **CR** Brain Power Hour
1:00 **CR** ACE ACE Casino
2:00 **CR** DIY Project
2:00 **FA** Cooking Demonstration with Lifestyles
2:15 **T** Movie & Popcorn
3:00 **A** Open Art Studio
7:15 **T** Movie Night

27
10:00 **CR** PT by Design Fitness Class
11:00 **CR** Brain Power Hour
1:00 **L** Trip: Fresh Market
1:30 **CR** DIY Ceramic Succulent Pot
2:00 **C** Connected Living-My Profile
2:15 **T** Movie & Popcorn
3:00 **T** Conversation with Rabbi Singer
7:15 **T** Movie Night

Wednesday



7
9:00 **L** Trip: Publix
10:00 **Y** Chair Yoga - All Levels
11:00 **CR** Words in a Word
11:00 **S** Mother's Day Spa Day
2:00 **B** Flower Arrangements
2:15 **T** Movie & Popcorn
3:00 **CR** Dominoes
7:00 **B** Karaoke Night
7:15 **T** Movie Night

14
9:00 **L** Trip: Publix
10:00 **Y** Chair Yoga - All Levels
11:00 **CR** Words in a Word
2:00 **B** Flower Arrangements
2:15 **T** Movie & Popcorn
3:00 **CR** Dominoes
7:00 **B** Karaoke Night
7:15 **T** Movie Night

21
9:00 **L** Trip: Publix
10:00 **Y** Chair Yoga - All Levels
11:00 **CR** Words in a Word
2:00 **B** Flower Arrangements
2:15 **T** Movie & Popcorn
3:00 **CR** Dominoes
7:00 **B** Karaoke Night
7:15 **T** Movie Night

28
9:00 **L** Trip: Publix
10:00 **Y** Chair Yoga - All Levels
11:00 **CR** Words in a Word
2:00 **B** Flower Arrangements
2:15 **T** Movie & Popcorn
3:00 **CR** Book Club
3:00 **CR** Dominoes
7:00 **B** Karaoke Night
7:15 **T** Movie Night

Thursday

1
10:00 **CR** PT by Design Fitness Class
11:00 **CR** Trivia Challenge
12:30 **L** Chico's Galleria Mall- Mother's Day Fashion Show
2:00 **CR** Made from Scratch
2:15 **T** Movie & Popcorn
3:00 **CR** Card Games Group
4:00 **B** Happy Hour & Live Music Featuring GG The Singer
7:15 **T** Movie Night

8
10:00 **CR** PT by Design Fitness Class
11:00 **CR** Trivia Challenge
2:00 **CR** Cooking Demonstration with Chef- Italian cuisine
2:15 **T** Movie & Popcorn
3:00 **CR** Card Games Group
6:00 **B** Rummikub Lesson
7:15 **T** Movie Night

15
10:00 **CR** PT by Design Fitness Class
11:00 **CR** Trivia Challenge
2:00 **CR** Made from Scratch
2:15 **T** Movie & Popcorn
3:00 **CR** Card Games Group
6:00 **B** Rummikub Lesson
7:15 **T** Movie Night

22
10:00 **CR** PT by Design Fitness Class
11:00 **CR** Trivia Challenge
2:00 **CR** Made from Scratch
2:15 **T** Movie & Popcorn
3:00 **CR** Card Games Group
4:00 **B** New Resident Meet-and-Greet- Happy Hour
7:15 **T** Movie Night

29
10:00 **CR** PT by Design Fitness Class
11:00 **CR** Trivia Challenge
1:30 **CR** Lecture: Wisdom of the Ages
2:00 **CR** Made from Scratch
2:15 **T** Movie & Popcorn
3:00 **CR** Card Games Group
6:00 **B** Rummikub Lesson
7:15 **T** Movie Night

Friday

2
10:00 **Y** Chair Yoga - All Levels
11:00 **CR** Spanish Lessons
1:30 **CR** Poker Games
2:00 **CR** Activity Planning Meeting
2:15 **T** Movie & Popcorn
3:00 **B** Afternoon Tea
4:00 **B** MAHJONG
7:15 **T** Movie Night

9
10:00 **Y** Chair Yoga - All Levels
11:00 **CR** Spanish Lessons
11:00 **CR** Town Hall Meeting
1:30 **CR** Poker Games
2:00 **C** Connected Living-My Profile
2:15 **T** Movie & Popcorn
3:00 **B** Afternoon Tea
4:00 **B** MAHJONG
7:15 **T** Movie Night

16
10:00 **Y** Chair Yoga - All Levels
11:00 **CR** Spanish Lessons
1:30 **CR** Poker Games
2:15 **T** Movie & Popcorn
3:00 **B** Afternoon Tea
4:00 **B** MAHJONG
7:15 **T** Movie Night

23
10:00 **Y** Chair Yoga - All Levels
11:00 **CR** Spanish Lessons
1:30 **CR** Poker Games
2:15 **T** Movie & Popcorn
3:00 **B** Afternoon Tea
4:00 **B** MAHJONG
7:15 **T** Movie Night

30
10:00 **Y** Chair Yoga - All Levels
11:00 **CR** Spanish Lessons
1:30 **CR** Poker Games
2:15 **T** Movie & Popcorn
3:00 **B** Afternoon Tea
4:00 **B** MAHJONG
4:00 **B** Birthday Celebration with Live Music
7:15 **T** Movie Night

Saturday

3
10:00 **L** Trip: Trader Joe's & More
10:00 **B** Smoothie of the Week
11:00 **CR** Crossword Puzzle
1:00 **B** Hats Off to the Derby!
2:15 **T** Movie & Popcorn
3:00 **B** Rummikub Games
3:00 **CR** Big Money Bingo
4:00 **B** Trivia in Bistro
7:15 **T** Movie Night

10
10:00 **L** Trip: Trader Joe's & More
10:00 **B** Smoothie of the Week
11:00 **T** Documentaries + Docuseries
11:00 **CR** Crossword Puzzle
12:30 **L** Lunch Outing: Top Hat Deli
2:15 **T** Movie & Popcorn
3:00 **B** Rummikub Games
3:00 **CR** Big Money Bingo
4:00 **B** Trivia in Bistro
7:15 **T** Movie Night

17
10:00 **L** Trip: Trader Joe's & More
10:00 **B** Smoothie of the Week
11:00 **T** Documentaries + Docuseries
11:00 **CR** Crossword Puzzle
2:15 **T** Movie & Popcorn
3:00 **B** Rummikub Games
3:00 **CR** Big Money Bingo
4:00 **B** Trivia in Bistro
7:15 **T** Movie Night

24
10:00 **L** Trip: Trader Joe's & More
10:00 **B** Smoothie of the Week
11:00 **T** Documentaries + Docuseries
11:00 **CR** Crossword Puzzle
2:15 **T** Movie & Popcorn
3:00 **B** Rummikub Games
3:00 **CR** Big Money Bingo
4:00 **B** Trivia in Bistro
7:15 **T** Movie Night

31
10:00 **L** Trip: Trader Joe's & More
10:00 **B** Smoothie of the Week
11:00 **T** Documentaries + Docuseries
11:00 **CR** Crossword Puzzle
2:15 **T** Movie & Popcorn
3:00 **B** Rummikub Games
3:00 **CR** Big Money Bingo
4:00 **B** Trivia in Bistro
7:15 **T** Movie Night

Around our Community

Cinco De Mayo

This special day is a chance for everyone regardless of background to come together and enjoy the rich traditions of Mexican music, dance, art, and cuisine. From mariachi performances and dancing to delicious food and colorful decorations, Cinco de Mayo is filled with joy and cultural expression. We warmly invite all residents to join us for our Cinco de Mayo celebration on May 5! Bring your friends and family and enjoy an afternoon of music, food, fun activities, and community spirit. Let's come together to honor the culture, history, and contributions of our Mexican and Mexican-American neighbors. We can't wait to celebrate with you!

LOCATION KEY

- CR** Community Room
- L** Meet in Lobby
- T** Movie Theater
- B** Bistro
- Y** Yoga/Exercise Room
- SK** Sky Lounge
- GR** Game Room
- A** Art Room
- S** Salon/Spa
- C** Conference Room



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4
9:30 **IS** Virtual Church Service
10:30 **IS** Flex & Relax Class
11:00 **IS** IN2L Games
1:00 **AR** Let’s Get Physical!
2:00 **AR** Sports on TV
3:00 **AR** Group Word Games/Puzzles
6:00 **AR** Evening Program w/ Talia

11
9:30 **IS** Virtual Church Service
10:30 **IS** Flex & Relax Class
11:00 **IS** Mother’s Day Video Clips
1:00 **AR** Let’s Get Physical!
2:00 **AR** Mother’s Day Social
4:00 **AR** Sing-a-Long Songs
6:00 **AR** Evening Program w/ Talia

18
9:30 **IS** Virtual Church Service
10:30 **IS** Flex & Relax Class
11:00 **IS** IN2L Games
1:00 **AR** Let’s Get Physical!
2:00 **AR** Sports on TV
3:00 **AR** Arts-n-Crafts
6:00 **AR** Evening Program w/ Talia

25
9:30 **IS** Virtual Church Service
10:30 **IS** Flex & Relax Class
11:00 **IS** IN2L Games
1:00 **AR** Let’s Get Physical!
2:00 **TR** Outdoor Time
3:00 **AR** Group Word Games/Puzzles
6:00 **AR** Evening Program w/ Talia

5
10:00 **IS** Chair Exercise
10:30 **IS** Interactive Game
11:30 **AR** May Flowers to Color
1:00 **PD** Outdoor Walk
2:00 **D** Cinco de Mayo Social
3:30 **AR** Cinco de Mayo Word Game
6:00 **AR** Evening Movie

12
10:00 **IS** Chair Exercise
10:30 **IS** Interactive Game
11:30 **IS** Sing-a-Long Songs
1:00 **PD** Outdoor Walk
2:00 **AR** The Golden Girls Salon
3:30 **AR** Famous People Born in May
6:00 **AR** Evening Movie

19
10:00 **IS** Chair Exercise
10:30 **IS** Interactive Game
11:30 **IS** May Flowers Slide Show
1:00 **PD** Outdoor Walk
2:00 **AR** Coffee/Tea Cookie Baking
3:30 **AR** Trivia Time!
6:00 **AR** Evening Movie

26
10:00 **IS** Chair Exercise
10:30 **IS** Patriotic Sing-a-Long
11:30 **TR** Outdoor Time
1:30 **AR** Memorial Day Music w/ Wes!
2:30 **AR** Patriotic Videos
3:30 **AR** Group Word Search
6:00 **AR** Evening Movie

Tuesday



6
10:30 **IS** Sit & Stretch
11:00 **IS** Travel Talk w/ Trivia
11:30 **TR** Outdoor Time
1:00 **TR** Strikes & Spares
2:30 **AR** Mother’s Day Music w/ Iris
3:30 **AR** Find the Differences
6:00 **IS** Evening Program w/ Talia

13
10:30 **IS** Sit & Stretch
11:00 **IS** Travel Talk w/ Trivia
11:30 **TR** Outdoor Time
1:00 **PD** Outdoor Walk
2:00 **AR** Painting Class-Spring Scene
3:30 **AR** Getting to Know You
6:00 **IS** Evening Program w/ Talia

20
10:30 **IS** Sit & Stretch
11:00 **IS** Travel Talk w/ Trivia
11:30 **TR** Outdoor Time
1:00 **PD** Outdoor Walk
2:00 **AR** Root Beer Floats!
3:30 **AR** Collage Group
6:00 **IS** Evening Program w/ Talia

27
10:30 **IS** Sit & Stretch
11:00 **IS** Travel Talk w/ Trivia
11:30 **TR** Outdoor Time
1:00 **PD** Outdoor Walk
2:00 **AR** Patriotic Picture
3:30 **AR** Bingo Time!
6:00 **IS** Evening Program w/ Talia

Wednesday



7
10:00 **IS** Exercise Class
11:00 **AR** Arts-n-Crafts, Flowers
1:00 **PD** Outdoor Walk
2:00 **T** Movie Theater Reserved
3:00 **AR** Group Word Search
4:00 **QR** Reminiscing, Short Stories
6:00 **AR** Evening Movie

14
10:00 **IS** Exercise Class
10:30 **AR** Pet Therapy w/ Sophie
1:30 **L** Scenic Bus Ride
2:00 **AR** Trivia Game on TV
3:00 **AR** Group Word Search
4:00 **QR** Reminiscing, Short Stories
6:00 **AR** Evening Movie

21
10:00 **IS** Exercise Class
11:00 **AR** Arts-n-Crafts
1:00 **PD** Outdoor Walk
2:00 **T** Movie Theater Reserved
3:00 **AR** Group Word Search
4:00 **QR** Reminiscing, Short Stories
6:00 **AR** Evening Movie

28
10:00 **IS** Exercise Class
10:30 **AR** Pet Therapy w/ Sophie
1:30 **L** Scenic Bus Ride
2:00 **AR** Trivia Game on TV
3:00 **AR** Group Word Search
4:00 **QR** Reminiscing, Short Stories
6:00 **AR** Evening Movie

Thursday

1
10:00 **IS** Sit & Stretch
10:30 **Y** Work-Out at The Gym!
11:00 **IS** All About May, Slide Show
1:30 **L** Scenic Bus Ride
2:00 **LI** Library Time
4:00 **B** Happy Hour w/ Live Music
6:00 **IS** Evening Movie

8
10:00 **IS** Sit & Stretch
10:30 **Y** Work-Out at The Gym!
11:00 **IS** Famous Mothers
1:30 **L** Scenic Bus Ride
2:00 **LI** Library Time
4:00 **AR** The Best of……..
6:00 **IS** Evening Movie

15
10:00 **IS** Sit & Stretch
10:30 **Y** Work-Out at The Gym!
11:00 **IS** Interactive Games
1:00 **AR** Newspaper Races!
2:00 **AR** Make Your Own Sundae!
4:00 **AR** The Best of…………..
6:00 **IS** Evening Movie

22
10:00 **IS** Sit & Stretch
10:30 **Y** Work-Out at The Gym!
11:00 **IS** Interactive Games
1:30 **L** Scenic Bus Ride
2:00 **LI** Library Time
4:00 **B** Happy Hour w/ Live Music
6:00 **IS** Evening Movie

29
10:00 **IS** Sit & Stretch
10:30 **Y** Work-Out at The Gym!
11:00 **IS** Interactive Games
1:00 **L** Scenic Bus Ride
2:00 **LI** Library Time
4:00 **AR** Your Nose Knows
6:00 **IS** Evening Movie

Friday

2
10:00 **IS** Chair Yoga
10:30 **AR** Dominoes Game
11:30 **TR** Outdoor Time
1:00 **AR** Hot Potato
2:00 **AR** Bingo Time!
3:30 **AR** Afternoon Musical, Choice
6:00 **IS** Evening Movie

9
10:00 **IS** Chair Yoga
10:30 **AR** Pet Therapy w/ Kai
11:30 **TR** Outdoor Time
1:00 **AR** Putt-Putt Golf
2:00 **AR** Follow Your Nose
3:30 **AR** Afternoon Musical, Choice
6:00 **IS** Evening Movie

16
10:00 **IS** Chair Yoga
10:30 **IS** The Wheel of Fortune
11:30 **TR** Outdoor Time
1:00 **AR** Let’s Get Physical!
2:00 **AR** Pokeeno!
3:30 **AR** Afternoon Musical, Choice
6:00 **IS** Evening Movie

23
10:00 **IS** Chair Yoga
10:30 **AR** Pet Therapy w/ Kai
11:30 **TR** Outdoor Time
1:00 **AR** Let’s Get Physical!
2:00 **AR** TV Trivia
3:30 **AR** Afternoon Musical, Choice
6:00 **IS** Evening Movie

30
10:00 **IS** Chair Yoga
10:30 **AR** News & Views
11:30 **TR** Outdoor Time
1:00 **AR** Let’s Get Physical!
2:00 **AR** Bingo Time!
3:30 **AR** Afternoon Musical, Choice
6:00 **IS** Evening Movie

Saturday

3
10:00 **IS** Sit & Stretch
10:30 **IS** Brain Teasers
11:30 **TR** Outdoor Time
1:00 **AR** Let’s Get Physical!
2:00 **AR** Movie Matinee
3:30 **AR** Table Top Games
6:00 **AR** Evening Movie

10
10:00 **IS** Sit & Stretch
10:30 **AR** News & Views
11:30 **TR** Outdoor Time
1:00 **AR** Let’s Get Physical!
2:00 **AR** Movie Matinee
3:30 **AR** Table Top Games
6:00 **AR** Evening Movie

17
10:00 **IS** Sit & Stretch
10:30 **IS** Brain Teasers
11:30 **TR** Outdoor Time
1:00 **AR** Let’s Get Physical!
2:00 **AR** Movie Matinee
3:30 **AR** Table Top Games
6:00 **AR** Evening Movie

24
10:00 **IS** Sit & Stretch
10:30 **AR** News & Views
11:30 **TR** Outdoor Time
1:00 **AR** Let’s Get Physical!
2:00 **AR** Movie Matinee
3:30 **AR** Table Top Games
6:00 **AR** Evening Movie

31
10:00 **IS** Sit & Stretch
10:30 **IS** Brain Teasers
11:30 **TR** Outdoor Time
1:00 **AR** Let’s Get Physical!
2:00 **AR** Movie Matinee
3:30 **AR** Table Top Games
6:00 **AR** Evening Movie

Around our Community

TITLE

May Happenings:

Happy Birthday to:

Bev D.-5/16

Miranda C.-5/16

Diane Y.-5/23

Mother’s Day Week

Kick-Off w/ “Iris” 5/6

Memorial Day Celebration

w/ “Wes” 5/26

Cinco de Mayo Social 5/5

Scenic Bus Rides

Wednesdays & Thursdays

Pet Therapy

Wednesdays & Fridays

LOCATION KEY

- IS** Interactive Screen
- Y** Yoga/Exercise Room
- L** Meet in Lobby
- LI** Library
- B** Bistro
- AR** Activity Room
- TR** Terrace
- PD** Pool Deck
- D** Demonstration Kitchen
- T** Movie Theater