

UPCOMING COMMUNITY EVENTS



INTELLECTUAL ACTIVITIES

- 05/01-Current Events w/Art
- 05/04-Current Events/Lecture w/Michael
- 05/07-Book Review:"JFK Conspiracy" w/Linda
- 05/14-Music/Lecture w/Harry
- 05/15-Current Events w/Art
- 05/20-Channe F Lecture Series

COMMUNITY OUTINGS

- SHOPPING SPREE- SATURDAY'S AT 10:30AM.**
- 05/01-Maggie McFly's at 11am
 - 05/08-Deerfield Mall/Casino at 11am
 - 05/15-Wick Theatre at 1:30pm
 - 05/22-Deerfield Mall/Casino at 11am
 - 05/29-The Blue Dog at 4:30pm



Allegro in Parkland
5901 Loxahatchee Road
Parkland, FL 33067
(954) 376-6754



FLOURISH

MAY 2025



WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

"A MOTHER IS LIKE A FLOWER, EACH ONE IS BEAUTIFUL AND UNIQUE"

—ALLEGRO PARKLAND



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our Community

Allegro in Parkland

5901 Loxahatchee Road
Parkland, FL 33067
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https://www.allegroliving.com/senior-living-parkland-florida.html

4
10:00 CR Exercise Class
10:30 TH Catholic Services (Virtual)
10:45 CR Brain Games Puzzle
11:30 CR Painting Time
1:30 CR Bingo
3:00 BI Ice Cream Social
4:00 CR Poetry Club
7:00 CR Lecture w/ Michael B
7:00 TH Classics: Rooster Cogburn-N

5
10:00 CR Morning Stretch
10:30 CR Word Games
11:00 P Water Aerobics w/ Omar
1:30 CR Blast to the Past
1:30 GR Canasta Games
2:30 CD Blackjack (RSVP)
3:00 CR Flower Arrangement
7:00 CR Bingo Night

11
Happy Mother’s Day
10:00 CR Exercise Class
10:30 TH Catholic Services (Virtual)
10:45 CR Brain Games Puzzle
11:30 CR Painting Time
11:30 BI Mother’s Day Brunch
1:30 CR Bingo
3:00 BI Social Hour
4:00 CR Poetry Club
7:00 TH Classics: Smokey & The

18
10:00 CR Exercise Class
10:30 TH Catholic Services (Virtual)
10:45 CR Brain Games Puzzle
11:30 CR Painting Time
1:30 CR Bingo
3:00 BI Ice Cream Social
4:00 CR Poetry Club
7:00 TH Classics: Smokey & The Bandit II-N

25
10:00 CR Exercise Class
10:30 TH Catholic Services (Virtual)
10:45 CR Brain Games Puzzle
11:30 CR Painting Time
1:30 CR Bingo
3:30 BI Memorial Day Social Hour w/ Craig
4:00 CR Poetry Club
7:00 TH Classics: Heat-N

12
10:00 CR Morning Stretch
10:30 BI YaYa K. Designs
10:30 CR Word Games
11:00 P Water Aerobics w/ Omar
1:30 CR Blast to the Past
1:30 GR Canasta Games
2:30 CD Blackjack (RSVP)
3:00 CR Jewelry Design
7:00 CR Bingo Night

19
10:00 CR Morning Stretch
10:30 CR Word Games
11:00 P Water Aerobics w/ Omar
1:30 CR Blast to the Past
1:30 GR Canasta Games
2:30 CD Blackjack (RSVP)
3:00 CR Flower Arrangement
7:00 CR Bingo Night

26
Memorial Day
10:00 CR Morning Stretch
10:30 CR Word Games
11:00 P Water Aerobics w/ Omar
1:30 CR Blast to the Past
1:30 GR Canasta Games
2:30 CD Blackjack (RSVP)
3:00 CR Jewelry Design
7:00 CR Bingo Night



6
10:00 CR Technology Support
10:30 CR Fitness Fusion w/ Barbra
11:00 LI Spanish Lessons
11:30 BI Valerie’s Shop
1:30 CR Bingo
2:30 GR Canasta Games
3:00 BI Karaoke Time
7:00 CR Games Night: Rummikub, Scrabble

13
10:00 CR Technology Support
10:30 CR Fitness Fusion w/ Barbra
11:00 LI Spanish Lessons
1:30 CR Bingo
2:30 GR Canasta Games
3:00 TH Parkinson’s Support Group
3:00 BI Karaoke Time
4:00 CR Country Spotlight w/ Eric
7:00 CR Games Night: Rummikub, Scrabble

20
10:00 CR Technology Support
10:30 CR Fitness Fusion w/ Barbra
11:00 LI Spanish Lessons
1:30 CR Bingo
2:30 GR Canasta Games
2:30 TH Channe F Lecture Series
3:30 BI Wine Down Karaoke Time
7:00 CR Games Night: Rummikub, Scrabble

27
10:00 CR Technology Support
10:30 CR Fitness Fusion w/ Barbra
11:00 LI Spanish Lessons
1:30 CR Bingo
2:30 GR Canasta Games
3:00 BI Wine Down Karaoke
4:00 CR Country Spotlight w/ Eric
7:00 CR Games Night: Rummikub, Scrabble



7
10:00 CR Chair Exercise
10:30 CR TED Talks
11:00 P Water Aerobics w/ Omar
1:30 BI Mah Jong for Memories
2:00 CR Book Review w/ Linda “JFK Conspiracy”
3:00 CR LV-Lecture: The Science of Happiness
3:30 BR Gentlemans Club
4:15 CR Bingo Time

14
10:00 CR Chair Exercise
10:30 TH Veterans Aid & Attendance w/David
11:00 P Water Aerobics w/ Omar
1:30 CR Music and Lecture w/ Harry
3:00 CR LV-Lecture: Rebels at The Gate
3:30 BR Gentlemans Club
4:15 CR Bingo Time
7:00 TH Movie Night: Anyone But

21
10:00 CR Chair Exercise
10:30 CR TED Talks
11:00 TR Caregiver Alzheimer’s Association Support Group
11:00 P Water Aerobics w/ Omar
1:30 CR Bingo Time
2:00 GR Canasta Games
3:00 CR LV-Lecture: Healthy Gut, Healthy Life
3:30 BR Gentlemans Club

28
10:00 CR Chair Exercise
10:30 CR TED Talks
11:00 P Water Aerobics w/ Omar
1:30 CR Bingo Time
2:00 GR Canasta Games
3:00 CR LV-Lecture: A Brief History of Photography
3:30 BR Gentlemans Club
7:00 TH Movie Night: Hustle-N

1
10:30 CR Fitness Fusion w/ Barbra
11:00 O Outing: Maggie McFly’s
11:30 TH Communion Services
1:30 CR Painting Class w/ Norberto
2:30 CR Mindful-Meditation
3:00 CR Current Events w/ Art B
4:00 CR High Stakes Bingo
7:00 CR Table Talk w/ Eric

8
10:30 CR Fitness Fusion w/ Barbra
11:00 O Outing: Deerfield Mall/Casino
11:30 TH Communion Services
1:30 CR Painting Class w/ Norberto
2:30 CR Mindful-Meditation
3:00 CR Resident Council Meeting
4:00 CR High Stakes Bingo
7:00 CR Table Talk w/ Eric

15
10:30 CR Fitness Fusion w/ Barbra
11:30 TH Communion Services
1:30 CR Painting Class w/ Norberto
1:30 O Outing: Wick Theater: My Way
2:30 CR Mindful-Meditation
3:00 CR Town Hall Meeting
4:00 CR High Stakes Bingo
7:00 CR Current Events w/ Art B

22
10:30 CR Fitness Fusion w/ Barbra
11:00 O Outing: Deerfield Mall/Casino
11:30 TH Communion Services
1:30 CR Painting Class w/ Norberto
2:00 P Pool Party: Allegro Synchronized Swimmers
4:00 CR High Stakes Bingo
7:00 CR Table Talk w/ Eric

29
10:30 CR Fitness Fusion w/ Barbra
11:30 TH Communion Services
1:30 CR Painting Class w/ Norberto
2:30 CR Mindful-Meditation
4:00 CR High Stakes Bingo
4:30 O Outing: The Blue Dog
7:00 CR Table Talk w/ Eric

2
10:00 CR Chair Exercise
10:30 CR TED Talks
11:00 CR Music Trivia-Sing Along
1:30 PDR Shabbat Service
1:30 CR Bingo Time
2:00 GR Canasta Games
2:30 BI Happy Hour
7:00 CR Evening Games w/Friends
7:00 TH Friday Movie: 50 First Dates-N

9
10:00 CR Chair Exercise
10:30 CR TED Talks
11:00 CR Music Trivia-Sing Along
1:30 PDR Shabbat Service
2:00 GR Canasta Games
2:00 CR Bingo Time
3:00 BI Happy Hour
7:00 CR Evening Games w/Friends
7:00 TH Friday Movie: The Holiday-N

16
10:00 CR Chair Exercise
10:30 CR TED Talks
11:00 CR Music Trivia-Sing Along
1:30 PDR Shabbat Service
2:00 GR Canasta Games
2:00 CR Bingo Time
3:00 BI Happy Hour
7:00 CR Evening Games w/Friends
7:00 TH Friday Movie: Judy-N

23
10:00 CR Chair Exercise
10:30 CR TED Talks
11:00 CR Music Trivia-Sing Along
1:30 PDR Shabbat Service
2:00 GR Canasta Games
2:00 CR Bingo Time
3:00 BI Monthly Birthday’s Celebration Happy Hour
3:00 BI Happy Hour
7:00 CR Evening Games w/Friends

30
10:00 CR Chair Exercise
10:30 CR TED Talks
11:00 CR Music Trivia-Sing Along
1:30 PDR Shabbat Service
2:00 GR Canasta Games
2:00 CR Bingo Time
3:00 BI Happy Hour
7:00 CR Evening Games w/Friends
7:00 TH Friday Movie: See no Evil, Hear No Evil-N

3
10:00 CR Chair Yoga
10:30 CR Morning Exercise
10:45 O Shopping Spree
11:00 CR Family Feud
11:15 BI Pet Therapy
1:30 CR Bingo
2:30 LI Veterans Club
2:45 CR V-Lecture: Native America: A Story of Survival
3:00 BI Puzzle & Game Afternoon

10
10:00 CR Chair Yoga
10:30 CR Morning Exercise
10:45 O Shopping Spree
11:00 CR Family Feud
11:15 BI Pet Therapy
1:30 CR Bingo
2:30 LI Veterans Club
2:45 CR V-Lecture: The Columbian Exchange: New Worlds for All

17
10:00 CR Chair Yoga
10:30 CR Morning Exercise
10:45 O Shopping Spree
11:00 CR Family Feud
11:15 BI Pet Therapy
1:30 CR Bingo
2:30 LI Veterans Club
2:45 CR V-Lecture: The Native South & Southwest in the 1600s
3:00 BI Puzzle & Game Afternoon

24
10:00 CR Chair Yoga
10:30 CR Morning Exercise
10:45 O Shopping Spree
11:00 CR Family Feud
11:15 BI Pet Therapy
1:30 CR Bingo
2:30 LI Veterans Club
2:45 CR V-Lecture: Werowocomoco & Montaup in the 1600s
3:00 BI Puzzle & Game Afternoon

31
10:00 CR Chair Yoga
10:30 CR Morning Exercise
10:45 O Shopping Spree
11:00 CR Family Feud
11:15 BI Pet Therapy
1:30 CR Bingo
2:30 LI Veterans Club
2:45 CR V-Lecture: Iroquoia & Wendake in the 1600s
3:00 BI Puzzle & Game Afternoon

Notes

Activities are subject to change. Please check weekly Activities Calendar or daily Activities on the CLC App.

For Transportation Requests visit:

calendly.com/allegroparkland

Lifestyle Director:

Omar Urbay

Phone:(314)-617-0376

Ext: 580

Email:

ourbay@allegroliving.com



LOCATION KEY

- CR Community Room
- O Outing
- TH Eagle Theater
- PDR P Dining Room
- GR Game Room
- BI Bistro
- LI Library
- P Pool
- CD Card Room
- BR Billiards Room



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Around our Community

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- 4
- 9:00 **DK** Breakfast w/ Johnny Cash
10:00 **EN** Volleyball
10:30 **EN** Sing-Along Session
11:00 **P** How Much Did It Cost
1:00 **LR** Spiritual Circle
1:30 **I** Bingo
2:30 **I** Name that Sound
3:00 **BI** Ice Cream Social
4:00 **EN** Afternoon Walk
4:30 **EN** Funny Babies Show
- 11
- Happy Mother's Day
9:00 **DR** Breakfast w/Gene Pitney
10:00 **EN** Volleyball
10:30 **EN** Sing-Along Session
11:30 **BI** Mother's Day Brunch
1:00 **LR** Spiritual Circle
1:30 **I** Bingo
2:30 **EN** Karaoke
3:00 **BI** Social Hour
4:00 **EN** Afternoon Walk

- 18
- 9:00 **DK** Breakfast w/ Johnny Rivers
10:00 **EN** Volleyball
10:30 **EN** Sing-Along Session
11:00 **P** How Much Did It Cost
1:00 **LR** Spiritual Circle
1:30 **I** Bingo
2:30 **I** Name that Sound
3:00 **BI** Ice Cream Social
4:00 **EN** Afternoon Walk
4:30 **EN** Funny Babies Show

- 25
- 9:00 **DR** Breakfast w/Perry Como
10:00 **EN** Volleyball
10:30 **EN** Sing-Along Session
1:00 **LR** Spiritual Circle
1:30 **I** Bingo
2:30 **EN** Karaoke
3:00 **BI** Social Hour
4:00 **EN** Afternoon Walk
4:30 **EN** Funny Babies Show
6:00 **P** Music and Relaxation

- 5
- 9:00 **DR** Breakfast w/ Rickey Nelson
10:00 **O** Morning Walk
11:00 **EN** Good News
1:30 **EN** Music on the Patio
2:00 **TH** Community Movie
4:00 **LR** Fitness Class
4:30 **I** Game Show
6:00 **LR** Music & Memories
- 12
- 9:00 **DR** Breakfast w/Ray Charles
10:00 **O** Morning Walk
11:00 **EN** Good News
1:30 **EN** Music on the Patio
2:00 **TH** Community Movie
4:00 **LR** Fitness Class
4:30 **EN** Game Show
6:00 **LR** Music & Memories

- 19
- 9:00 **DK** Breakfast w/ Stevie Wonder
10:00 **O** Morning Walk
11:00 **EN** Good News
1:30 **EN** Music on the Patio
2:00 **TH** Community Movie
4:00 **LR** Fitness Class
4:30 **I** Game Show
6:00 **P** Music & Memories

- 26
- Memorial Day
9:00 **DR** Breakfast w/Frank Sinatra
10:00 **O** Morning Walk
11:00 **EN** Good News
1:30 **I** Memorial Day Trivia
2:00 **TH** Memorial Day Movie
4:00 **LR** Fitness Class
4:30 **EN** Game Show
6:00 **LR** Music & Memories

- 6
- 9:00 **DR** Breakfast w/Tony Bennet
10:00 **EN** Morning Chat
10:30 **CR** Fitness Fusion w/ Barbra
11:30 **EN** Short Story
1:30 **I** Games of the Week
2:00 **I** Bingo
3:00 **BI** Karaoke in the Bistro
4:00 **O** Afternoon Walk
4:30 **EN** Comedy Show
6:00 **P** Music on the Patio

- 13
- 9:00 **DR** Breakfast w/ The Tokens
10:00 **EN** Morning Chat
10:30 **CR** Fitness Fusion w/ Barbra
11:30 **EN** Short Story
1:30 **I** Games of the Week
2:00 **LI** Library
3:00 **BI** Karaoke in the Bistro
4:00 **O** Afternoon Walk
4:30 **EN** Comedy Show
6:00 **P** Music on the Patio

- 20
- 9:00 **DR** Breakfast w/Barbara S.
10:00 **EN** Morning Chat
10:30 **CR** Fitness Fusion w/ Barbra
11:30 **EN** Short Story
1:30 **I** Games of the Week
2:00 **P** Chatting by the Pool
3:00 **BI** Karaoke in the Bistro
4:00 **O** Afternoon Walk
4:30 **EN** Comedy Show
6:00 **P** Music on the Patio

- 27
- 9:00 **DR** Breakfast w/Barbara S.
10:00 **EN** Morning Chat
10:30 **CR** Fitness Fusion w/ Barbra
11:30 **EN** Short Story
1:30 **I** Games of the Week
2:00 **P** Books on the Patio
2:45 **P** Horticultural
3:00 **BI** Karaoke in the Bistro
4:00 **O** Afternoon Walk
6:00 **P** Music on the Patio

- 7
- 9:00 **DR** Breakfast w/Ella Fitzgerald
10:00 **LR** Big Ball Exercise
11:30 **I** Jogging your Noggin
1:30 **EN** Arts & Crafts
2:30 **EN** Lemonade Social
3:00 **EN** Broadway Play
4:00 **EN** Afternoon Walk
4:30 **EN** Familiar Face Bingo
6:00 **I** Magazines on the Patio

- 14
- 9:00 **DK** Breakfast w/ Brenda Lee
10:00 **LR** Big Ball Exercise
11:30 **I** Jogging your Noggin
1:30 **EN** Arts & Crafts
2:30 **EN** Drive By Ice Cream Party
3:00 **EN** Broadway Play
4:00 **EN** Afternoon Walk
4:30 **EN** Familiar Face Bingo
6:00 **I** Magazines on the Patio

- 21
- 9:00 **DR** Breakfast w/Nat King Cole
10:00 **LR** Big Ball Exercise
11:30 **I** Jogging your Noggin
1:30 **EN** Arts & Crafts
2:30 **EN** Lemonade Social
3:00 **EN** Broadway Play
4:00 **EN** Afternoon Walk
4:30 **EN** Familiar Face Bingo
6:00 **I** Magazines on the Patio

- 28
- 9:00 **DR** Breakfast w/ E.Humperdinck
10:00 **LR** Big Ball Exercise
11:30 **I** Jogging your Noggin
1:30 **EN** Arts & Crafts
2:00 **EN** Happy Hour w/ Rich
3:00 **EN** Broadway Play
4:00 **EN** Afternoon Walk
4:30 **EN** Familiar Face Bingo
6:00 **I** Magazines on the Patio

- 1
- 9:00 **I** Breakfast w/ Pasty Cline
10:30 **CR** Fitness Fusion w/ Barbra
11:30 **O** Hip Hop Community Scroll
1:30 **EN** What am I ?
2:30 **EN** Aqua Painting
3:30 **EN** Sensory Box Exploration
4:30 **CR** Mindful-Meditation
6:00 **P** Music & Memories

- 8
- 9:00 **DR** Breakfast w/Ella Fitzgerald
10:30 **CR** Fitness Fusion w/ Barbra
11:30 **O** Hip Hop Community Scroll
1:30 **EN** What am I ?
2:00 **EN** Aqua Painting
3:00 **EN** DIY Snack w/Dee
4:00 **EN** Sensory Box Exploration
4:30 **CR** Mindful-Meditation
6:00 **P** Music & Memories

- 15
- 9:00 **DR** Breakfast w/ Andrea Bocelli
10:30 **CR** Fitness Fusion w/ Barbra
11:30 **O** Hip Hop Community Scroll
1:30 **EN** Wellness Chat
2:30 **CR** Mindful-Meditation
3:30 **I** Afternoon Stretch
4:30 **EN** Sensory Box Exploration
6:00 **P** Music & Memories

- 22
- 9:00 **DR** Breakfast w/ Bing Crosby
10:30 **CR** Fitness Fusion w/ Barbra
11:30 **O** Hip Hop Community Scroll
1:30 **EN** What am I ?
2:00 **P** Pool Party: Allegro Synchronized Swimmers
3:00 **EN** DIY Snack w/Dee
4:00 **I** Afternoon Stretch
4:30 **EN** Sensory Box Exploration
6:00 **P** Music & Memories

- 29
- 9:00 **I** Breakfast w/ Tony
10:30 **CR** Fitness Fusion w/ Barbra
11:30 **O** Hip Hop Community Scroll
1:30 **EN** What am I ?
2:30 **EN** Aqua Painting
3:30 **EN** Sensory Box Exploration
4:30 **CR** Mindful-Meditation
6:00 **P** Music & Memories

- 2
- 9:00 **DR** Breakfast w/Andy Williams
10:00 **EN** Parachute Ball Toss
11:30 **EN** Get to Know your Neighbor
12:00 **EN** Lunch and A Movie
3:00 **O** Happy Hour
4:00 **EN** Jazzexercise
4:30 **EN** Home Sweet Home
6:00 **LR** On the Patio w/ Friends

- 9
- 9:00 **DR** Breakfast w/Dean Martin
10:00 **EN** Parachute Ball Toss
11:30 **EN** Music Trivia
12:00 **P** Lunch by the Pool
3:00 **O** Happy Hour
4:00 **EN** Jazzexercise
4:30 **EN** Home Sweet Home
6:00 **LR** On the Patio w/ Friends

- 16
- 9:00 **DR** Breakfast w/Lesley Gore
10:00 **EN** Parachute Ball Toss
11:30 **EN** Music Trivia
1:30 **P** Gardening W/Maggie
3:00 **O** Happy Hour
4:00 **EN** Jazzexercise
4:30 **EN** Home Sweet Home
6:00 **LR** On the Patio w/ Friends

- 23
- 9:00 **DR** Breakfast w/Elvis
10:00 **EN** Parachute Ball Toss
11:30 **EN** Music Trivia
1:00 **EN** Brain Health Fitness
2:00 **P** Gardening
3:00 **O** Happy Hour
4:00 **EN** Jazzexercise
4:30 **EN** Home Sweet Home
6:00 **LR** On the Patio w/ Friends

- 30
- 9:00 **DR** Breakfast w/Andy Williams
10:00 **EN** Parachute Ball Toss
11:30 **EN** Music Trivia
12:00 **EN** Broadway Play & Lunch
3:00 **O** Happy Hour
4:00 **EN** Jazzexercise
4:30 **EN** Home Sweet Home
6:00 **LR** On the Patio w/ Friends

- 3
- 9:00 **DR** Breakfast w/Paul Mcartney
10:30 **O** Morning Walk
11:00 **EN** Choir Practice
1:30 **LR** Trivia
2:30 **EN** Crocheting
3:30 **EN** Snackin & Chattin
4:30 **EN** Senior Fitness
6:00 **P** Campfire Conversations

- 10
- 9:00 **DR** Breakfast w/ Dion Dimucci
10:30 **O** Morning Walk
11:00 **EN** Choir Practice
1:30 **P** Gardening
2:00 **EN** Happy Hour w/ Stoney
3:30 **EN** Snackin & Chattin
4:00 **EN** Adult Coloring
4:30 **EN** Senior Fitness
6:00 **P** Campfire Conversations

- 17
- 9:00 **DK** Breakfast w/Aretha Franklin
10:30 **O** Morning Walk
11:00 **EN** Choir Practice
1:30 **LR** Trivia
2:30 **EN** Crocheting
3:30 **EN** Snackin & Chattin
4:30 **EN** Senior Fitness
6:00 **P** Campfire Conversations

- 24
- 9:00 **DR** Breakfast w/Harry Belafonte
10:30 **O** Morning Walk
11:00 **EN** Choir Practice
2:30 **EN** Crocheting
3:30 **EN** Snackin & Chattin
4:00 **EN** Adult Coloring
4:30 **EN** Senior Fitness
6:00 **P** Campfire Conversations

- 31
- 9:00 **DR** Breakfast w/Paul Mcartney
10:30 **O** Morning Walk
11:00 **EN** Choir Practice
1:30 **LR** Trivia
2:30 **EN** Crocheting
3:30 **EN** Snackin & Chattin
4:30 **EN** Senior Fitness
6:00 **P** Campfire Conversations

Hello May

“May is the month of promise and the sweet beginnings of summer,” and “All things seem possible in May”.

Mother's Day - May 11, 2025
Memorial Day - May 26, 2025

Activities are subject to change. Please check the CLC App for updates.

Emsemble Program Director
Dee Mitchell
Cell:(863)-722-4062



LOCATION KEY

- CR** Community Room
O Outing
EN Ensemble Neighborhood
P Patio
DR Dining Room
LR Living Room
DK Demonstration Kitchen
I iN2L
BI Bistro
TH Eagle Theater