UPCOMING COMMUNITY EVENTS



ALLEGRO AT SEA: WELCOME TO JAPAN Friday, May 9th

Join us as we explore the heart of Japanese culture, indulge in its world-renowned cuisine, and create memories that will last a lifetime!



HAPPY MOTHER'S DAY! Sunday, May 11th

Happy Mother's Day to all the wonderful moms! Wishing you a day filled with love, laughter, and relaxation. May this day be a special reminder of how much you are appreciated and loved.

DON'T MISS THESE EVENTS!

5/05 2:30 PM | CINCO DE MAYO MARGS & GUAC 5/08 2:30 PM | DAN GOH'S MAGIC AND ART SHOW 5/13 2:30 PM | COFFEE WITH THE COPS 5/14 2:30 PM | BUTTERFLY ART WORK SHOP 5/15 2:30 PM | HEARING HEALTH PRESENTATION 5/19 2:00 PM | RESIDENT COUNCIL MEETING

Alto Wheaton 219 Parkway Dr

Wheaton, IL 60187 (630) 752-0644







May 2025

Sunday

Monday

Alto Wheaton

219 Parkway Dr Wheaton, IL 60187 (630) 752-0644 www.AllegroLiving.com

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10:00 We Care to Engage 11:00 AR Trivia with Jeanne 11:30 AR Chair Volleyball

1:00 AR Dominoes

2:00 **T** Afternoon Documentary 3:00 AR Gin Rummy Card Club

6:00 T Movie Night

11

Happy Mother's Day! We Care to Engage 11:00 AR Trivia with Jeanne 11:30 AR Chair Volleyball 1:00 AR Dominoes 2:00 AR Piano Recital: Ruth B. 2:30 T Afternoon Documentary 3:00 AR Gin Rummy Card Club 6:00 T Movie Night

18

10:00 We Care to Engage 11:00 AR Trivia with Jeanne 11:30 AR Chair Volleyball 1:00 AR Dominoes 2:00 **T** Afternoon Documentary 3:00 AR Gin Rummy Card Club 6:00 T Movie Night

25

10:00 We Care to Engage 11:00 **AR** Trivia with Jeanne 11:30 AR Chair Volleyball 1:00 AR Dominoes

2:00 T Afternoon Documentary

3:00 AR Gin Rummy Card Club 6:00 T Movie Night

5

10:00 We Care to Engage 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Exercise with Legacy

12:45 AR Quiddler

1:00 **T** Bible Study with Alicia 2:30 AR Cinco de Mayo Margs

We Care to Engage

3:30 **T** Jeopardy Watch Party

6:00 **T** Movie Night

12 10:00

10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 **AR** Exercise with Legacy 12:45 AR Quiddler 1:00 **T** Bible Study with Alicia 2:30 AR Penny Auction 3:30 **T** Jeopardy Watch Party 6:00 T Movie Night

19

10:00 We Care to Engage 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 **AR** Health Talk with Legacy 12:45 AR Quiddler

1:00 **T** Bible Study with Alicia 2:00 AR Resident Council Meeting

3:00 AR Bingo Bonanza!

3:30 **T** Jeopardy Watch Party 6:00 T Movie Night

6:00 **T** Movie Night

26

Memorial Day We Care to Engage 10:00 10:00 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Weights 12:45 AR Quiddler 2:00 AR Bingo Bonanza! 3:15 AR John Boda Presents 3:30 **T** Jeopardy Watch Party

Tuesday

Wednesday



6

10:00 AR Good News & Views 10:00 We Care to Engage 10:30 AR Morning Reflections

11:00 **0** Walgreens Shopping Outing 11:00 AR White Board Puzzles

11:30 AR Seated Exercise - Bands 1:00 AR Dominoes

1:30 **T** Guided Meditation 2:00 B Ice Cream Social

2:15 AR Manicures with Lifestyle

13

10:00 We Care to Engage 10:30 AR Morning Reflections 11:00 **AR** White Board Puzzles 11:30 AR Seated Exercise - Bands 12:00 AR Bring in Lunch 1:00 AR Dominoes 1:30 **T** Guided Meditation 2:30 AR Coffee with the Cops

3:30 **T** Jeopardy Watch Party

10:00 AR Good News & Views

20

10:00 AR Good News & Views 10:00 We Care to Engage 10:30 AR Morning Reflections 11:00 AR White Board Puzzles 11:00 **0** Aldi Shopping Outing 11:30 AR Seated Exercise - Bands 1:00 AR Dominoes 1:30 **T** Guided Meditation 2:00 **B** Ice Cream Social 2:15 AR Manicures with Lifestvle

27

10:00 AR Good News & Views We Care to Engage 10:30 AR Morning Reflections 11:00 AR White Board Puzzles 11:30 AR Seated Exercise - Bands 11:30 **0** Lunch Bunch Outing 1:00 AR Dominoes 1:30 **T** Guided Meditation 2:00 B Ice Cream Social 2:30 AR Meeting with the Chef

7

9:30 3 Walking Club 10:00 We Care to Engage 10:00 AR Communion with Dcn Dan

10:30 AR Morning Reflections

11:00 AR Trivia Questions 11:30 AR Seated Exercise - Weights

12:45 AR Quiddler

1:00 AR Book Club Meeting 2:30 AR Make your own Parasol 3:30 **T** Jeopardy Watch Party

14

9:30 3 Walking Club We Care to Engage 10:30 **AR** Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Weights 12:45 AR Quiddler 1:00 AR Book Club Meeting 2:30 AR Butterfly Art Workshop

3:30 **T** Jeopardy Watch Party

6:00 T Movie Night

21

9:00 FL Library Book Drop Off Day 10:00 AR Good News & Views 9:30 3 Walking Club 10:00 We Care to Engage 10:00 10:30 **AR** Morning Reflections 11:00 AR Trivia Questions 11:30 **AR** Seated Exercise - Weights

12:45 AR Quiddler 1:00 AR Book Club Meeting

2:00 AR Activity Planning Meeting 3:00 AR Bingo Bonanza!

28

9:30 3 Walking Club 10:00 We Care to Engage 10:30 AR Morning Reflections 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Weights

12:45 AR Quiddler 1:00 AR Book Club Meeting 2:00 AR Universal Yum Snacks

3:00 AR Bingo Bonanza! 3:30 **T** Jeopardy Watch Party

Thursday

10:00 AR Good News & Views We Care to Engage 10:30 **AR** Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands 1:00 AR Dominoes

1:30 **T** Rosary Group 2:30 AR Live Guitar: Matt Rail

3:30 **T** Jeopardy Watch Party 3:30 AR Kings in the Corner Cards

10:00 AR Good News & Views 10:00 We Care to Engage 10:30 **AR** Morning Reflections 11:00 AR Trivia Questions 11:30 AR Sit & Tone with David

1:00 AR Dominoes 1:30 **T** Rosary Group

2:30 AR Dan Goh's Magic & Art Show 3:30 **T** Jeopardy Watch Party

3:30 **AR** Kings in the Corner Cards

15

10:00 AR Good News & Views We Care to Engage 10:00 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands 1:00 AR Dominoes 1:30 **T** Rosary Group 2:30 AR Hearing Health Presentation 3:30 **T** Jeopardy Watch Party

22

We Care to Engage 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Sit & Tone with David 1:00 AR Dominoes 1:30 **T** Rosary Group 2:30 AR Tim Wilsey Presents 3:30 **T** Jeopardy Watch Party

3:30 AR Kings in the Corner Cards

3:30 **AR** Kings in the Corner Cards

29

10:00 AR Good News & Views We Care to Engage 11:30 AR Seated Exercise - Bands 1:00 AR Dominoes 1:30 T Rosary Group 2:30 AR Live Cello: Jake Muzzy 3:30 **T** Jeopardy Watch Party

Friday

2 9:30 2 Walking Club! 10:00 We Care to Engage 10:30 AR Morning Reflections 11:00 AR White Board Puzzles 11:30 AR Seated Exercise - Weights 12:45 AR Quiddler 1:00 L Knitting Club 1:00 AR Cooking Club - Brownies 2:30 **DR** Happy Hour! 3:30 **T** Jeopardy Watch Party

Allegro at Sea: Japan 9:30 2 Walk Through Tokyo We Care to Engage 10:30 AR Morning Reflections 11:00 AR Nippon Quiz Game 11:00 **DR** Japanese Lunch Buffet 11:30 AR Taiso- Seated Exercise 1:30 **DR** Zen Garden Lecture 2:30 **DR** Street Market Festival 6:00 **T** Movie Night

16

9:30 2 Walking Club! We Care to Engage 10:00 10:30 AR Morning Reflections 11:00 **AR** White Board Puzzles 11:30 AR Seated Exercise - Weights 12:45 AR Quiddler 1:00 L Knitting Club 1:00 AR Cooking Club - Brownies 1:30 T Communion w. Rev. Joanne 2:30 **DR** Happy Hour!

6:00 **DR** Shotokan Karate Kids Demo

23

We Care to Engage 10:00 10:30 AR Morning Reflections 11:00 AR White Board Puzzles 11:30 AR Seated Exercise - Weights 12:45 AR Ouiddler 1:00 L Knitting Club 1:00 AR Cooking Club - Brownies 2:30 **DR** Happy Hour!

3:30 **T** Jeopardy Watch Party

9:30 2 Walking Club!

30

9:30 2 Walking Club! We Care to Engage 10:30 AR Morning Reflections 11:00 AR White Board Puzzles 11:30 AR Seated Exercise - Weights 12:45 AR Quiddler 1:00 L Knitting Club 1:00 AR Cooking Club - Brownies 1:30 **T** Communion w. Rev. Joanne

2:30 **DR** Happy Hour!

Saturday

3

10:00 We Care to Engage 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands 12:45 AR Quiddler 1:00 AR Dominoes 2:00 AR Saturday Bingo 3:15 AR Quirkle Board Game 3:15 AR Golden Girls Club 6:00 T Movie Night

10

We Care to Engage 10:00 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands 12:45 AR Quiddler 1:00 AR Dominoes 2:00 AR Saturday Bingo 3:15 AR Craft with Caren

17 10:00 We Care to Engage 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands 12:45 AR Ouiddler 1:00 AR Dominoes 2:00 AR Saturday Bingo 3:15 AR Quirkle Board Game 3:15 AR Golden Girls Club

6:00 T Movie Night

6:00 T Movie Night

3:15 AR Ouirkle Board Game

3:15 AR Golden Girls Club

6:00 **T** Movie Night

24

10:00 We Care to Engage 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands 12:45 AR Quiddler 1:00 AR Dominoes 2:00 AR Saturday Bingo 3:15 AR Craft with Caren

31

10:00 We Care to Engage 10:30 AR Morning Reflections 11:00 AR Trivia Questions 11:30 AR Seated Exercise - Bands 12:45 AR Quiddler 1:00 AR Dominoes 2:00 AR Saturday Bingo

Around our **Community**



Happy May Birthday!

5/19 Marie B.

5/24 Steve A.

LOCATION KEY

Activity Room AR

Theater

2nd Floor Hallway

Library Dining Room

0 Outing

В Bistro

3rd Floor Hallway

FL Front Lobby



May 2025

1

10:00

10:15

3:00

8

10:00

10:15

15

Thursday

Good News & Chronicle

9:45 **BR** Morning Reflections

Spa Day

10:45 BR Exercise with Us!

2:30 GR Ice Cream Social

3:30 **SK** Virtual Concerts

Sunshine Club

9:45 **BR** Morning Reflections

11:00 BR Exercise w/ Trainer David

6:00 **SK** Classic Movies & Musicals

Good News & Chronicle

Good News & Chronicle

Spa Day

10:45 BR Exercise with Us!

2:30 GR Ice Cream Social

3:00 Sunshine Club

3:30 **SK** Virtual Concerts

Spa Day

Sunshine Club

6:00 SK Classic Movies & Musicals

Sunday

Monday

CINCO DE MAYO

Good News & Chronicle

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

3:00 GR Pinata Party

10:00 **SK** Fun with Arts & Crafts

1:30 **SK** Cooking with Jeanne

4:00 GR Who, Where & What?

6:00 **SK** Classic Movies & Musicals

LIMERICK DAY

Good News & Chronicle

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

4:00 GR World Tour

10:00 SK Fun with Arts & Crafts

1:30 **SK** Cooking with Jeanne

2:30 **GR** Garden Planting Group

Sunshine Club

6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections

10:00 SK Fun with Arts & Crafts

10:45 BR Exercise with Us!

2:30 **GR** Garden Club

4:00 **GR** World Tour

1:30 **SK** Cooking with Jeanne

Sunshine Club

6:00 **SK** Classic Movies & Musicals

MFMORTAL DAY

Good News & Chronicle

9:45 **BR** Morning Reflections

10:00 SK Fun with Arts & Crafts

1:30 **SK** Cooking with Jeanne

1:45 **BR** John Boda Presents

6:00 **SK** Classic Movies & Musicals

10:45 BR Exercise with Us!

3:00 Sunshine Club

4:00 **GR** World Tour

10:30 **BR** Chaplain Rick Sing Along

Good News & Chronicle

Sunshine Club

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10:15

3:00

12

10:15

19

10:15

3:00

26

10:15

9:45 **BR** Morning Reflections 10:00 **SK** Balloon Volleyball 10:15 **BR** Seated Yoga Stretching Good News & Chronicle 10:15

1:30 **GR** Sing Along

2:30 GR Creative Crafts Sunshine Club 3:00

3:30 **SK** Bingo

6:00 **SK** Classic Movies & Musicals

11 9:45 **BR** Morning Reflections

10:15 BR Seated Yoga Stretching Good News & Chronicle 1:30 **GR** Sing Along 2:30 GR Creative Crafts Sunshine Club 3:00 3:30 **SK** Bingo 6:00 **SK** Classic Movies & Musicals

10:00 SK Balloon Volleyball

18

9:45 **BR** Morning Reflections 10:00 **SK** Balloon Volleyball 10:15 **BR** Seated Yoga Stretching Good News & Chronicle 1:30 **GR** Sing Along 2:30 **GR** Creative Crafts 3:00 Sunshine Club 3:30 **SK** Bingo

6:00 **SK** Classic Movies & Musicals

25

9:45 **BR** Morning Reflections 10:00 **SK** Balloon Volleyball

10:15 BR Seated Yoga Stretching Good News & Chronicle 10:15 1:30 **GR** Sing Along

2:30 GR Creative Crafts 3:00 Sunshine Club

3:30 **SK** Bingo 6:00 **SK** Classic Movies & Musicals



Tuesday

Pat at the Garden Club

6 9:45 **BR** Morning Reflections 10:00 SK Walking Club 10:00 T: Fresh Floral Fun 10:15 Good News & Chronicle 10:45 BR Exercise with Us! 11:00 Table Games with Friends Flower Arranging 1:00 1:30 **O** Scenic Trips & Tales Tommy 2:00 SK Songs & Senses

Sunshine Club

3:00 13

9:30 **0** JOHANSEN's FARM NURSERY 9:45 **BR** Morning Reflections 10:00 **SK** Walking Club Good News & Chronicle 10:45 BR Exercise with Us! Table Games with Friends 11:00 2:00 SK Songs & Senses Sunshine Club 6:00 SK Classic Movies & Musicals

20

9:45 **BR** Morning Reflections 10:00 SK Walking Club Good News & Chronicle 10:45 BR Exercise with Us! Table Games with Friends 11:00 1:00 T: Photo Reminiscing 1:30 **O** Scenic Trips & Tales Tommy 2:00 SK Songs & Senses 3:00 Sunshine Club 3:00 Start Butterfly Garden 27

9:45 **BR** Morning Reflections 10:00 **SK** Walking Club Good News & Chronicle 10:15 10:45 BR Exercise with Us! 2:00 SK Songs & Senses Sunshine Club 6:00 SK Classic Movies & Musicals

Wednesday



Sue enjoying Spring

7

9:45 **BR** Morning Reflections 10:00 BR Deacon Dan & Communion 10:15 Good News & Chronicle 10:45 BR Exercise with Us! 11:00 BR Devotions with Jane 11:00 **SK** Manicures with Mva 1:30 BR Word Brain Games 2:30 BR Artist: Lynn Creates 3:00 Sunshine Club

3:30 BR Happy Hour

2:30 **BR** Jay Jay The Clown!

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

11:00 BR Devotions with Jane

11:00 SK Manicures with Mva

1:30 BR Word Brain Games

3:30 **BR** Happy Hour

Sunshine Club

6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

11:00 **SK** Manicures with Mya

1:00 **SK** Therapy Dog Tori

2:30 BR Ruth Plays Piano

6:00 **SK** Classic Movies & Musicals

3:00 Sunshine Club

3:30 **BR** Happy Hour

1:30 BR Word Brain Games

B: Wednesday Western Movie

Good News & Chronicle

Good News & Chronicle

3:30 BR Happy Hour

Sunshine Club

14

21

3:00

6:00

28

9:45 **BR** Morning Reflections 9:45 **BR** Morning Reflections Good News & Chronicle 10:00 10:45 BR Exercise with Us! 10:15 11:00 BR Devotions with Jane 10:45 BR Exercise with Us! 2:30 GR Ice Cream Social 11:00 **SK** Manicures with Mya 1:00 **SK** Therapy Dog Tori 3:00 1:30 BR Word Brain Games 3:30 **SK** Virtual Concerts

22

9:45 **BR** Morning Reflections Good News & Chronicle 10:45 BR Exercise with Us! 11:00 **BR** Exercise w/ Trainer David 2:30 **GR** Ice Cream Social 2:30 BR Rick Pickren Sings 3:00 Sunshine Club 3:30 **SK** Virtual Concerts 6:00 **SK** Classic Movies & Musicals

29

9:45 **BR** Morning Reflections Good News & Chronicle 10:45 BR Exercise with Us! 2:30 GR Ice Cream Social Sunshine Club 3:30 **SK** Virtual Concerts 6:00 **SK** Classic Movies & Musicals

Friday

2 9:45 **BR** Morning Reflections Good News & Chronicle 10:15 **SK** T: Aromatherapy 10:45 BR Exercise with Us!

1:45 **GR** Garden Club Sunshine Club 3:00

6:00 **SK** Classic Movies & Musicals 6:00 **SK** Classic Movies & Musicals

ALLEGRO AT SEA 9:45 **GR** LAND OF THE RISING SUN 10:00 **GR** MARION'S JAPAN STORIES 11:00 **0** JAPANESE LUNCH BUFFET 1:30 **0** ZEN GARDE LECTURE 2:30 **0** STREET MARKET FESTIVAL 6:00 **0** STOTOKAN KARATE KIDS

16

9:45 **BR** Morning Reflections Good News & Chronicle 10:15 **SK** T: Aromatherapy 10:45 BR Exercise with Us! 1:45 GR Garden Club Sunshine Club 3:00 6:00 **SK** Classic Movies & Musicals

23

Good News & Chronicle 10:15 10:15 **SK** T: Aromatherapy 10:15 **BR** Morning Reflections 10:30 **BR** Tim Wilsev Music Sunshine Club 6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections

30

9:45 **BR** Morning Reflections Good News & Chronicle 10:15 **SK** T: Aromatherapy 10:45 BR Exercise with Us! Red, White, and Blue Party 3:00 Sunshine Club 6:00 **SK** Classic Movies & Musicals

Saturday

Good News & Chronicle

3

10:15

2:00 **SK** Read with Ellen 3:00 **SK** Balloon Games 3:00 Sunshine Club 3:30 SK Virtual Concerts 6:00 **SK** Classic Movies & Musicals

9:45 **BR** Morning Reflections

10:45 BR Exercise with Us!

10

9:45 **BR** Morning Reflections 10:15 Good News & Chronicle 10:45 BR Exercise with Us! 2:00 SK Read with Ellen

3:00 SK Balloon Games Sunshine Club 3:00

3:30 **SK** Virtual Concerts 6:00 **SK** Classic Movies & Musicals

17

NORWAY CONSTITUTION DAY 9:45 **BR** Morning Reflections Good News & Chronicle 10:15 10:45 BR Exercise with Us! 1:15 Cubs vs Sox Game Viewing Party 2:00 SK Read with Ellen 3:00 SK Balloon Games

24

9:45 **BR** Morning Reflections Good News & Chronicle 10:15 10:45 BR Exercise with Us! 2:00 **SK** Read with Ellen 3:00 **SK** Balloon Games 3:00 Sunshine Club

3:00 Sunshine Club

3:30 **SK** Virtual Concerts

3:30 SK Virtual Concerts 6:00 SK Classic Movies & Musicals

Good News & Chronicle

Sunshine Club

6:00 **SK** Classic Movies & Musicals

31

9:45 **BR** Morning Reflections 10:15 10:45 BR Exercise with Us! 2:00 SK Read with Ellen 3:00 SK Balloon Games 3:30 **SK** Virtual Concerts

Around our **Community**

MAY MORNING

I lie stretched out upon the window-seat And doze, and read a page or two, and doze.

And feel the air like water on me close. Great waves of sunny air that lip and beat

With a small noise. monotonous and sweet. Against the window — and the scent of cool,

Frail flowers by some brown and dew-drenched pool Possesses me from drowsy head to feet.

Stephen Vincent Benét (1898-1943)

BIRTHDAYS:

GLADYS MEDBERRY Thursday the 1st

LOCATION KEY

Blue Room Green Room

Sapphire Kitchen

Outing