

## UPCOMING COMMUNITY EVENTS



### INTELLECTUAL EVENTS

Thursday, August 1: Current Events w/ Art

Tuesday, August 6: Lecture-Lincoln, Security and The Secret Service

Wednesday, August 7: Live Virtual Lecture-The God Father Part 2

Friday, August 9: Music and Lecture w/ Harry G

Tuesday, August 13: Parkinson's Support

Wednesday, August 14: Live Virtual Lecture

Wednesday, August 21: Alzheimer's Support Group

Friday, August 23: The Fifties Politics w/ Ronelle

### COMMUNITY OUTINGS

#### SUNDAY, AUGUST 31: WICK THEATRE

Thursday, August 1: The Cheesecake Factory

Thursday, August 8: Maggiano's Little Italy

Thursday, August 15: Rafina Greek Taverna

Thursday, August 22: Boca Town Center

Thursday, August 29: Coconut Creek Casino

#### Allegro in Parkland

5901 Loxahatchee Road  
Parkland, FL 33067  
(954) 376-6754



# FLOURISH

AUGUST 2024

### WHAT'S INSIDE

Pg 2-3  
Social Calendar

Pg 4  
Upcoming Events + News

*"IF IT COULD ONLY BE LIKE THIS ALWAYS-ALWAYS SUMMER, ALWAYS ALONE,  
THE FRUIT ALWAYS RIPE"*

*—EVELYN WAUGH*

## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

### Allegro in Parkland

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Parkland, FL 33067  
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<https://www.allegroliving.com/senior-living-parkland-florida.html>



- 4**  
10:45 **CR** Chair Yoga  
10:30 **TH** Catholic Services (Virtual)  
10:30 **LI** Glass Painting Class  
11:00 **CR** Brain Games Puzzle  
1:30 **CR** Bingo  
3:00 **BI** Ice Cream Social  
4:00 **CR** Poetry Club  
6:45 **TH** Movie Night - Chinatown (P+)

- 5**  
9:45 **BI** Daily Activity Briefing  
10:00 **CR** Silver Sneaker Class  
10:45 **CR** Word Games  
1:30 **CR** Blast to the Past  
2:30 **P** Water Aerobics w/ Omar  
3:30 **CR** Jewelry Design  
6:30 **CR** Bingo

- 11**  
10:00 **CR** Chair Yoga  
10:30 **TH** Catholic Services (Virtual)  
10:30 **LI** Glass Painting Class  
11:00 **CR** Brain Games Puzzle  
1:30 **CR** Bingo  
3:00 **BI** Ice Cream Social  
4:00 **CR** Poetry Club  
6:45 **TH** Movie Night - Breakfast at Tiffany's (P+)

- 12**  
9:45 **BI** Daily Activity Briefing  
10:00 **CR** Silver Sneaker Class  
10:30 **BI** YaYa K. Designs  
10:45 **CR** Word Games  
1:30 **CR** Blast to the Past  
2:30 **P** Water Aerobics w/ Omar  
3:30 **CR** Flower Arrangement  
6:30 **CR** Bingo

- 18**  
10:00 **CR** Chair Yoga  
10:30 **TH** Catholic Services (Virtual)  
10:30 **LI** Glass Painting Class  
11:00 **CR** Brain Games Puzzle  
1:30 **CR** Bingo  
3:00 **BI** Ice Cream Social  
4:00 **CR** Poetry Club  
6:45 **TH** Movie Night - The Godfather Part II (P+)

- 19**  
9:45 **BI** Daily Activity Briefing  
10:00 **CR** Silver Sneaker Class  
10:45 **CR** Word Games  
1:30 **CR** Blast to the Past  
2:30 **P** Water Aerobics w/ Omar  
3:30 **CR** Jewelry Design  
6:30 **CR** Bingo

- 25**  
10:00 **CR** Chair Yoga  
10:30 **TH** Catholic Services (Virtual)  
10:30 **LI** Glass Painting Class  
11:00 **CR** Brain Games Puzzle  
2:00 **CR** Painting with a Sip  
3:00 **BI** Ice Cream Social  
4:00 **CR** Poetry Club  
6:45 **TH** Movie Night - Lawrence of Arabia (Prime)

- 26**  
9:45 **BI** Daily Activity Briefing  
10:00 **CR** Silver Sneaker Class  
10:45 **CR** Word Games  
1:30 **CR** Blast to the Past  
2:30 **P** Water Aerobics w/ Omar  
3:30 **CR** Flower Arrangement  
6:30 **CR** Bingo

- 6**  
9:45 **BI** Daily Activity Briefing  
10:30 **CR** Fitness Fusion w/ Barbara  
11:00 **LI** Spanish Lessons  
11:30 **BI** Valerie's Shop  
1:30 **CR** Roger G: Lincoln, security & the Secret Service.  
3:00 **BI** Wine Down Karaoke Time  
7:15 **CR** A Dose of Joy w/ Rabbi Eli

- 13**  
9:45 **BI** Daily Activity Briefing  
10:30 **CR** Fitness Fusion w/ Barbara  
11:00 **LI** Spanish Lessons  
1:30 **CR** Bingo  
3:00 **TH** Parkinson's Support Group  
3:00 **BI** Wine Down Karaoke Time  
4:00 **CR** Horticultural Therapy  
7:15 **CR** A Dose of Joy w/ Rabbi Eli

- 20**  
9:45 **BI** Daily Activity Briefing  
10:30 **CR** Fitness Fusion w/ Barbara  
11:00 **LI** Spanish Lessons  
1:30 **CR** Bingo  
3:00 **BI** Wine Down Karaoke Time  
7:15 **CR** A Dose of Joy w/ Rabbi Eli

- 27**  
9:45 **BI** Daily Activity Briefing  
10:30 **CR** Fitness Fusion w/ Barbara  
11:00 **LI** Spanish Lessons  
1:30 **CR** Bingo  
3:00 **BI** Wine Down Karaoke Time  
4:00 **CR** Horticultural Therapy  
7:15 **CR** A Dose of Joy w/ Rabbi Eli

- 7**  
9:45 **BI** Daily Activity Briefing  
10:00 **CR** Chair Step Up Exercise  
10:45 **CR** Matinee Bingo  
1:15 **CR** Relaxation time w/ LS  
2:00 **CR** Book Review w/ Linda Anton  
2:30 **BR** Gentleman's, Beer & Billiards  
2:30 **P** Water Aerobics w/ Omar  
3:00 **CR** Live Virtual Lecture: The Godfather; The Story of a

- 14**  
9:45 **BI** Daily Activity Briefing  
10:00 **CR** Chair Step Up Exercise  
10:45 **CR** Matinee Bingo  
1:30 **CR** Presentation: Eating Healthy when eating out w/ Lance R  
2:30 **BR** Gentleman's, Beer & Billiards  
2:30 **P** Water Aerobics w/ Omar  
3:00 **CR** Live Virtual Lecture:

- 21**  
9:45 **BI** Daily Activity Briefing  
10:00 **CR** Chair Step Up Exercise  
10:45 **CR** Matinee Bingo  
11:00 **PDR** Caregiver Alzheimer's Association Support Group  
1:30 **CR** Working Nurses Homecare Lecture  
2:30 **BR** Gentleman's, Beer & Billiards  
2:30 **P** Water Aerobics w/ Omar

- 28**  
9:45 **BI** Daily Activity Briefing  
10:00 **CR** Chair Step Up Exercise  
10:45 **CR** Matinee Bingo  
1:15 **CR** Relaxation time w/ LS  
2:30 **BR** Gentleman's, Beer & Billiards  
2:30 **P** Water Aerobics w/ Omar  
3:00 **CR** Live Virtual Lecture: Sorting and Preserving Memories

- 1**  
9:45 **BI** Daily Activity Briefing  
10:30 **CR** Fitness Fusion w/ Barbara  
11:30 **TH** Communion Services  
11:30 **O** Outing: The Cheesecake Factory  
1:30 **CR** Painting Class w/ Norberto  
3:15 **CR** Current Events w/ Art B  
4:00 **GR** Bingo Time  
6:30 **CR** Table Talk w/ Eric

- 8**  
9:45 **BI** Daily Activity Briefing  
10:00 **CR** Supervised Voting  
10:30 **BI** Fitness Fusion w/ Barbara  
11:00 **O** Outing: Maggiano's Little Italy  
11:30 **TH** Communion Services  
1:30 **CR** Painting Class w/ Norberto  
3:00 **CR** Sip Sip Bingo  
4:00 **GR** Chess Hour  
6:30 **CR** Table Talk w/ Eric

- 15**  
9:45 **BI** Daily Activity Briefing  
10:30 **CR** Fitness Fusion w/ Barbara  
11:00 **O** Outing: Rafina Greek Taverna  
11:30 **TH** Communion Services  
1:30 **CR** Painting Class w/ Norberto  
3:00 **CR** Resident Council Meeting  
4:00 **GR** Chess Hour  
7:00 **CR** Current Events w/ Art B

- 22**  
9:45 **BI** Daily Activity Briefing  
10:30 **CR** Fitness Fusion w/ Barbara  
11:00 **O** Outing: Boca Town Center  
11:30 **TH** Communion Services  
1:30 **CR** Painting Class w/ Norberto  
3:00 **CR** Sip Sip Bingo  
4:00 **GR** Chess Hour  
6:30 **CR** Table Talk w/ Eric

- 29**  
9:45 **BI** Daily Activity Briefing  
10:30 **CR** Fitness Fusion w/ Barbara  
11:00 **O** Outing: Coconut Creek Casino  
11:30 **TH** Communion Services  
1:30 **CR** Painting Class w/ Norberto  
3:00 **CR** Sip Sip Bingo  
4:00 **GR** Chess Hour  
6:30 **CR** Table Talk w/ Eric

- 2**  
9:45 **BI** Daily Activity Briefing  
10:00 **CR** Chair Step Up Exercise  
10:30 **CR** Music Trivia-Sing Along  
11:00 **P** Water Aerobics w/ Omar  
1:30 **CR** Bingo  
3:00 **BI** Happy Hour w/ Jack Miller  
4:00 **BI** Shabbat Service  
6:45 **TH** Movie Night - Monty Python and the Holy Grail (N)

- 9**  
9:45 **BI** Daily Activity Briefing  
10:00 **CR** Chair Step Up Exercise  
10:30 **CR** Music Trivia-Sing Along  
11:00 **P** Water Aerobics w/ Omar  
1:30 **CR** Bingo  
1:30 **CR** Music & Lecture w/ Harry Getzov  
3:00 **BI** Happy Hour w/ Teresa  
4:00 **BI** Shabbat Service  
6:45 **BI** Mixology Friday.

- 16**  
9:45 **BI** Daily Activity Briefing  
10:00 **CR** Chair Step Up Exercise  
10:30 **CR** Music Trivia-Sing Along  
11:00 **P** Water Aerobics w/ Omar  
1:30 **CR** Bingo  
3:00 **BI** Happy Hour w/ Mind & Melody  
4:00 **BI** Shabbat Service  
6:45 **BI** Mixology Friday.

- 23**  
9:45 **BI** Daily Activity Briefing  
10:00 **CR** Chair Step Up Exercise  
10:30 **CR** Music Trivia-Sing Along  
11:00 **P** Water Aerobics w/ Omar  
1:30 **CR** Lecture: The Fifties Politics w/ Ronelle D  
3:00 **BI** Monthly Birthday's Celebration Happy Hour  
4:00 **BI** Shabbat Service  
6:45 **BI** Mixology Friday.

- 30**  
9:45 **BI** Daily Activity Briefing  
10:00 **CR** Chair Step Up Exercise  
10:30 **CR** Music Trivia-Sing Along  
11:00 **P** Water Aerobics w/ Omar  
1:30 **CR** Bingo  
3:00 **BI** Happy Hour w/ Cesar  
4:00 **BI** Shabbat Service  
6:45 **TH** Movie Night - The Third Man (Prime)

- 3**  
9:30 **IL** Walking Club  
10:30 **CR** Family Feud  
11:00 **O** Outing to Publix  
11:15 **BI** Pet Therapy  
1:30 **CR** Bingo  
2:30 **CR** Veterans Club  
3:00 **BI** Games Hour: Mahjong, Rummikub..  
7:00 **TH** Movie Night - American Graffiti (N)

- 10**  
9:30 **IL** Walking Club  
10:30 **CR** Family Feud  
11:00 **O** Outing to Walmart  
11:15 **BI** Pet Therapy  
1:30 **CR** Bingo  
2:30 **CR** Veterans Club  
3:00 **BI** Games Hour: Mahjong, Rummikub..  
7:00 **BI** Showtime w/ Alberto

- 17**  
9:30 **IL** Walking Club  
10:30 **CR** Family Feud  
11:00 **O** Outing to Publix  
11:15 **BI** Pet Therapy  
1:30 **CR** Bingo  
2:30 **CR** Veterans Club  
3:00 **BI** Games Hour: Mahjong, Rummikub..  
7:00 **TH** Movie Night - The Godfather (P+)

- 24**  
9:30 **IL** Walking Club  
10:30 **CR** Family Feud  
11:00 **O** Outing to Walmart  
11:15 **BI** Pet Therapy  
1:30 **CR** Bingo  
2:30 **CR** Veterans Club  
3:00 **BI** Games Hour: Mahjong, Rummikub..  
7:00 **BI** Showtime w/: Leiza M

- 31**  
9:30 **IL** Walking Club  
10:30 **CR** Family Feud  
11:15 **BI** Pet Therapy  
1:15 **O** Outing to Wick Theatre: Fort Lauderdale Youth Ballet  
1:30 **CR** Bingo  
2:30 **CR** Veterans Club  
3:00 **BI** Games Hour: Mahjong, Rummikub..

## Around our Community

### Notes

Sauna and Steam Room

Hours: 10AM-3PM

Water Aerobics:

Mondays & Wednesdays- 2:30pm

Fridays-11:00am

Activities are subject to change. Please check weekly calendar or CLC App for Updates.



PARIS 2024



### LOCATION KEY

- BI** Bistro
- CR** Community Room
- TH** Eagle Theater
- O** Outing
- GR** Game Room
- P** Pool
- IL** Main Entrance
- LI** Library
- BR** Billiards Room
- PDR** Private Dining Room



# August 2024

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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- 4**  
10:00 **CR** Balance & Strength Fitness  
11:00 **P** Garden Club  
1:30 **EN** Spiritual Circle w/ Enette  
2:00 **EN** Free Hand Art  
3:00 **BI** Ice Cream Social  
4:00 **EN** Karaoke w/ Enette  
6:00 **LR** Classic Tv Show Favorites

- 5**  
10:00 **CR** Daily News  
11:00 **EN** Exercise Games W/ Dee  
1:30 **EN** Guess Who  
2:00 **TH** Community Movie  
4:00 **EN** Expressions Bingo  
6:00 **LR** Music & Memories

- 11**  
10:00 **CR** Balance & Strength Fitness  
11:00 **P** Garden Club  
1:30 **EN** Spiritual Circle w/ Enette  
2:00 **EN** Free Hand Art  
3:00 **BI** Ice Cream Social  
4:00 **EN** Karaoke w/ Enette  
6:00 **LR** Classic Tv Show Favorites

- 12**  
10:00 **CR** Daily News  
11:00 **EN** Exercise Games W/ Dee  
1:30 **EN** Guess Who  
2:00 **TH** Community Movie  
4:00 **EN** Expressions Bingo  
6:00 **LR** Music & Memories

- 18**  
10:00 **CR** Balance & Strength Fitness  
11:00 **P** Garden Club  
1:30 **EN** Spiritual Circle w/ Enette  
2:00 **EN** Birthday Celebration w/Stoney  
3:00 **BI** Ice Cream Social  
4:00 **EN** Karaoke w/ Enette  
6:00 **LR** Classic Tv Show Favorites

- 19**  
10:00 **CR** Daily News  
11:00 **EN** Exercise Games W/ Dee  
1:30 **EN** Guess Who  
2:00 **TH** Community Movie  
4:00 **EN** Expressions Bingo  
6:00 **LR** Music & Memories

- 25**  
10:00 **CR** Balance & Strength Fitness  
11:00 **P** Garden Club  
1:30 **EN** Spiritual Circle w/ Enette  
2:00 **EN** Free Hand Art  
3:00 **BI** Ice Cream Social  
4:00 **EN** Karaoke w/ Enette  
6:00 **LR** Classic Tv Show Favorites

- 26**  
10:00 **CR** Daily News  
11:00 **EN** Exercise Games W/ Dee  
1:30 **EN** Guess Who  
2:00 **TH** Community Movie  
4:00 **EN** Expressions Bingo  
6:00 **LR** Music & Memories

- 6**  
10:00 **CR** Exercise w/ Dee  
11:00 **EN** You be the Judge  
1:30 **I** Games of the Week  
2:00 **EN** Library Social  
3:00 **BI** Wine Down Tuesday  
4:00 **I** Name that Sound  
4:00 **EN** Name that Tune  
6:00 **LR** Aromatherapy & Massages

- 13**  
10:00 **P** Coffee & Conversation  
11:00 **EN** You be the Judge  
1:30 **I** Games of the Week  
2:00 **EN** Library Social  
3:00 **BI** Wine Down Tuesday  
4:00 **EN** Name that Tune  
6:00 **LR** Aromatherapy & Massages

- 20**  
10:00 **CR** Exercise w/ Dee  
11:00 **EN** You be the Judge  
1:30 **I** Games of the Week  
2:00 **EN** Library Social  
3:00 **BI** Wine Down Tuesday  
4:00 **I** Name that Sound  
4:00 **EN** Name that Tune  
6:00 **LR** Aromatherapy & Massages

- 27**  
10:00 **P** Coffee & Conversation  
11:00 **EN** You be the Judge  
1:30 **I** Games of the Week  
2:00 **EN** Library Social  
2:45 **CR** Horticultural  
2:45 **P** Horticultural  
3:00 **BI** Wine Down Tuesday  
4:00 **EN** Name that Tune  
6:00 **LR** Aromatherapy & Massages

- 7**  
10:00 **LR** Big Ball Exercise  
11:30 **I** Common Sayings  
1:30 **EN** Arts & Crafts  
3:00 **EN** Broadway Play  
6:00 **I** Game Shows

- 14**  
10:00 **LR** Big Ball Exercise  
11:30 **I** Common Sayings  
1:30 **EN** Arts & Crafts  
3:00 **EN** Broadway Play  
6:00 **I** Game Shows

- 21**  
10:00 **LR** Big Ball Exercise  
11:30 **I** Common Sayings  
1:30 **EN** Arts & Crafts  
3:00 **EN** Broadway Play  
6:00 **I** Game Shows

- 28**  
10:00 **LR** Big Ball Exercise  
11:30 **I** Common Sayings  
1:30 **EN** Arts & Crafts  
3:00 **EN** Broadway Play  
6:00 **I** Game Shows

- 1**  
10:00 **EN** How Much did It Cost  
10:30 **O** Fitness with Barbara  
11:30 **O** Hip Hop Community Scroll  
1:30 **LR** Choir Practice  
2:30 **DR** DIY Snack w/ Dee  
3:30 **EN** Aqua Painting  
4:30 **EN** Comedy Hour  
6:00 **EN** Magazines & Books

- 8**  
10:00 **EN** How Much did It Cost  
10:30 **O** Fitness with Barbara  
11:30 **O** Hip Hop Community Scroll  
1:30 **LR** Choir Practice  
2:30 **DR** DIY Snack w/ Dee  
3:30 **EN** Aqua Painting  
4:30 **EN** Comedy Hour  
6:00 **EN** Magazines & Books

- 15**  
10:00 **EN** How Much did It Cost  
10:30 **O** Fitness with Barbara  
11:30 **O** Hip Hop Community Scroll  
1:30 **LR** Choir Practice  
2:30 **DR** DIY Snack w/ Dee  
3:30 **EN** Aqua Painting  
4:30 **EN** Comedy Hour  
6:00 **EN** Magazines & Books

- 22**  
10:00 **EN** How Much did It Cost  
10:30 **O** Fitness with Barbara  
11:30 **O** Hip Hop Community Scroll  
1:30 **LR** Choir Practice  
2:30 **DR** DIY Snack w/ Dee  
3:30 **EN** Aqua Painting  
4:30 **EN** Comedy Hour  
6:00 **EN** Magazines & Books

- 29**  
10:00 **EN** How Much did It Cost  
10:30 **O** Fitness with Barbara  
11:30 **O** Hip Hop Community Scroll  
1:30 **LR** Choir Practice  
2:30 **DR** DIY Snack w/ Dee  
3:30 **EN** Aqua Painting  
4:30 **EN** Comedy Hour  
6:00 **EN** Magazines & Books

- 2**  
10:00 **EN** Chair Volleyball  
11:30 **EN** Get to Know your Neighbor  
11:30 **EN** Total Recall  
1:00 **O** Scenic Bus Ride  
3:00 **O** Happy Hour  
4:00 **Spa** Spa Nails & Manicures  
6:00 **LR** On the Patio w/ Friends

- 9**  
10:00 **EN** Chair Volleyball  
11:30 **EN** Total Recall  
1:00 **O** Lunch Outing  
3:00 **O** Happy Hour  
4:00 **Spa** Spa Nails & Manicures  
6:00 **LR** On the Patio w/ Friends

- 16**  
10:00 **EN** Chair Volleyball  
11:30 **EN** Total Recall  
1:00 **O** Scenic Outing  
3:00 **O** Happy Hour  
4:00 **Spa** Spa Nails & Manicures  
6:00 **LR** On the Patio w/ Friends

- 23**  
10:00 **EN** Chair Volleyball  
11:30 **EN** Total Recall  
3:00 **O** Happy Hour  
4:00 **Spa** Spa Nails & Manicures  
6:00 **LR** On the Patio w/ Friends

- 30**  
10:00 **EN** Chair Volleyball  
11:30 **EN** Total Recall  
1:00 **O** Mall Outing  
3:00 **O** Happy Hour  
4:00 **Spa** Spa Nails & Manicures  
6:00 **LR** On the Patio w/ Friends

- 3**  
10:00 **LR** Chair Aerobics  
11:00 **LR** Choir Practice  
1:30 **EN** Dancing through Decades  
2:30 **TH** Family & Friends Movie Day  
4:30 **I** Familiar Face Bingo  
6:00 **LR** Tv Special

- 10**  
10:00 **LR** Chair Aerobics  
11:00 **LR** Choir Practice  
1:30 **EN** Dancing through Decades  
2:30 **EN** Crocheting with Enette  
4:30 **I** Familiar Face Bingo  
6:00 **LR** Tv Special

- 17**  
10:00 **LR** Chair Aerobics  
11:00 **LR** Choir Practice  
1:30 **EN** Dancing through Decades  
2:30 **TH** Family & Friends Movie Day  
4:30 **I** Familiar Face Bingo  
6:00 **LR** Tv Special

- 24**  
10:00 **LR** Chair Aerobics  
11:00 **LR** Choir Practice  
1:30 **EN** Dancing through Decades  
2:30 **EN** Crocheting with Enette  
4:30 **I** Familiar Face Bingo  
6:00 **LR** Tv Special

- 31**  
10:00 **LR** Chair Aerobics  
11:00 **LR** Choir Practice  
1:00 **EN** Pictionary  
2:00 **EN** End of Summer Party  
4:30 **I** Familiar Face Bingo  
6:00 **LR** Tv Special

## Around our Community

### Hello August

August is like the Sunday of Summer.

Ensemble Program Director:

Dee Mitchell

Cell: 863-722-4062

Email:

[Dmitchell@allegroliving.com](mailto:Dmitchell@allegroliving.com)

Activities are subject change. Please check the CLC App for updates.

## LOCATION KEY

- EN** Ensemble Neighborhood
- O** Outing
- LR** Living Room
- DR** Dining Room
- Spa** Spa
- TH** Eagle Theater
- I** iN2L
- CR** Community Room
- P** Patio
- BI** Bistro