

## UPCOMING COMMUNITY EVENTS



### ELECTRIC DREAMS

Neon dreams in LED streams,  
Pulsing through the suburban night.  
A kaleidoscope of holiday schemes,  
Painting the darkness in hues so bright.

\*\*\*\*\*

Inflatable Santas wave with glee,  
As reindeer prance on rooftops high.  
A wonderland for all to see,  
A spectacle that catches every eye.

From house to house, the displays compete,  
Each vying to outshine the rest.  
Yet in this friendly rivalry sweet,  
The whole community is blessed.

## ENTERTAINERS THIS MONTH

### WED. DEC. 4 JOHN BODA - GUITAR & SONGS

Thu. Dec. 5 Family & Friends Holiday Happy Hour - Peter Miletic

Thu. Dec.12 Heather Braoudakis - Singer

Fri. Dec. 13 Girl Scouts Caroling - Intergenerational

Mon. Dec. 16 Grayslake Central H.S. Choir

Fri. Dec. 20 Harpist Lisa Boggess for Ladies Luncheon

Fri. Dec. 27 Daniel Rausch - Super singer

### Alto Grayslake

1865 E Belvidere Rd  
Grayslake, IL 60030  
(847) 908-9973



# FLOURISH

DECEMBER 2024



## WHAT'S INSIDE

Pg 2-3  
Social Calendar

Pg 4  
Upcoming Events + News

**"AND HIS NAME SHALL BE CALLED WONDERFUL, COUNSELOR, THE MIGHTY  
GOD, THE EVERLASTING FATHER, THE PRINCE OF PEACE"**

— Isaiah 9:6

# December 2024

## Sunday

**1** Jigsaw Puzzle Challenge  
10:15 **CR** Video Exercise Class  
11:00 **CR** Sunday Catholic Mass  
1:15 **CR** Weekend B I N G O  
2:15 **CR** POPCORN Anyone?  
2:30 **MT** You Pick NETFLIX Movie  
6:00 **CR** CAROL BURNETT DVD

**8** Jigsaw Puzzle Challenge  
10:15 **CR** Video Exercise Class  
11:00 **CR** Sunday Catholic Mass  
1:15 **CR** Weekend B I N G O  
2:15 **CR** POPCORN Anyone?  
2:30 **MT** You Pick NETFLIX Movie  
6:00 **CR** HART TO HART (DVD)

**15** Jigsaw Puzzle Challenge  
10:15 **CR** Video Exercise Class  
11:00 **CR** Sunday Catholic Mass  
1:15 **CR** Weekend B I N G O  
2:15 **CR** POPCORN Anyone?  
3:00 **CR** CHURCH SERVICE  
6:00 **CR** CAROL BURNETT DVD

**22** Jigsaw Puzzle Challenge  
10:15 **CR** Video Exercise Class  
11:00 **CR** Sunday Catholic Mass  
1:15 **CR** Weekend B I N G O  
2:15 **CR** POPCORN Anyone?  
2:30 **MT** You Pick NETFLIX Movie  
6:00 **CR** HART TO HART (DVD)

**29** Jigsaw Puzzle Challenge  
10:15 **CR** Video Exercise Class  
11:00 **CR** Sunday Catholic Mass  
1:15 **CR** Weekend B I N G O  
2:15 **CR** POPCORN Anyone?  
2:30 **MT** You Pick NETFLIX Movie  
6:00 **CR** CAROL BURNETT DVD

## Monday

**2** 10:15 **FC** Movin' Monday  
10:45 **FC** Daily Chronicles  
1:30 **CR** Sitdown Sitcom  
2:30 **CR** LEGACY ANNIVERSARY PARTY  
6:00 **CR** TRAVEL U.S. - HAWAII

**9** 10:15 **FC** Movin' Monday  
10:45 **FC** Daily Chronicles  
11:00 **B** NEWCOMERS GROUP  
1:30 **CR** Sitdown Sitcom  
3:00 **CR** Arts & Crafts w/ Cheryl  
6:00 **CR** TRAVEL U.S. - IDAHO

**16** 10:15 **FC** Movin' Monday  
10:45 **FC** Daily Chronicles  
11:00 **CR** ACTIVITY COMM MTG.  
1:30 **CR** Sitdown Sitcom  
2:30 **CR** COOKIE DECORATING  
5:30 **CR** GRAYSLAKE CENTRAL CHOIR  
6:00 **CR** TRAVEL U.S. - ILLINOIS

**23** 10:15 **FC** Movin' Monday  
10:45 **FC** Daily Chronicles  
11:00 **B** NEWCOMERS GROUP  
1:30 **CR** Sitdown Sitcom  
3:00 **CR** Arts & Crafts  
6:00 **CR** TRAVEL U.S. - BETHLEHEM

**30** 10:15 **FC** Movin' Monday  
10:45 **FC** Daily Chronicles  
1:30 **CR** Sitdown Sitcom  
2:30 **CR** BAKING CLASS  
6:00 **CR** TRAVEL U.S. - INDIANA

## Tuesday

**3** 10:15 **FC** Tune Up Tuesday  
10:30 **MT** Catholic Communion  
10:45 **FC** Daily Chronicles  
2:00 **B** Happy Hour & Word Games  
6:00 **CR** Board Games & More

**10** 10:15 **FC** Tune Up Tuesday  
10:30 **MT** Catholic Communion  
10:45 **FC** Daily Chronicles  
2:00 **CR** Happy Hour & Trivia  
2:45 **CR** Short Story Reading  
6:00 **CR** Board Games & More

**17** 10:15 **FC** Tune Up Tuesday  
10:30 **MT** Catholic Communion  
10:45 **FC** Daily Chronicles  
11:00 **B** FOOD COMMITTEE MTG.  
2:30 **CR** COOKING DEMO w/ DAVE  
6:00 **CR** Board Games & More

**24** 10:15 **FC** Tune Up Tuesday  
10:30 **MT** Catholic Communion  
10:45 **FC** Daily Chronicles  
2:00 **CR** Happy Hour & Trivia  
2:45 **CR** Short Story Reading  
6:00 **CR** Board Games & More

**31** **HAPPY NEW YEAR**  
10:15 **FC** Tune Up Tuesday  
10:30 **MT** Catholic Communion  
10:45 **FC** Daily Chronicles  
2:00 **B** HAPPY NEW YEAR Happy Hr.  
6:00 **CR** Board Games & More

## Wednesday

**4** 10:15 **FC** Wednesday Weights  
10:45 **FC** Daily Chronicles  
1:30 **CR** EARLY BINGO - 1:30 pm  
2:30 **CR** CONCERT: JOHN BODA  
6:00 **CR** MOVIE: ELF

**11** 10:15 **FC** Wednesday Weights  
10:45 **FC** Daily Chronicles  
1:00 **CR** ALTO CHOIR SING  
2:00 **CR** BINGO - Fun for all!  
3:00 **CR** DRY BAR COMEDY Videos  
6:00 **CR** Movie-P1 Christmas Story

**18** 10:15 **FC** Wednesday Weights  
10:45 **FC** Daily Chronicles  
2:00 **CR** BINGO - Fun for all!  
3:00 **CR** WENTZELL FAMILY SINGERS  
6:00 **CR** Movie-P1 White Christmas

**25** **MERRY CHRISTMAS  
HAPPY HANUKKAH**  
10:15 **CR** Video Exercise Class  
10:45 **FC** Daily Chronicles  
2:00 **CR** SANTA BINGO  
3:00 **CR** Christmas around world  
6:00 **CR** Movie-Miracle on 34th St



## Thursday

**5** 10:15 **FC** Legacy Exercise  
10:45 **FC** Wellness Tip of the Day  
11:00 **BUS** BUS TRIP: TARGET  
1:30 **CR** ALTO CHOIR SING -1:30  
2:00 **MT** ELF - 2nd showing  
6:00 **CR** F & F HOLIDAY HAPPY HR

**12** 10:15 **FC** Legacy Exercise  
10:45 **FC** Wellness Tip of the Day  
11:00 **BUS** BUS TRIP: EMILS  
2:00 **CR** Happy Hour: Drinks n More  
3:00 **CR** CONCERT: Heather B Sings  
4:00 **LOB** DOG VISITS with SADIE  
6:00 **CR** Movie-P2 Christmas Story

**19** 10:15 **FC** Legacy Exercise  
10:45 **FC** Wellness Tip of the Day  
2:00 **CR** Happy Hour: Drinks n More  
3:00 **CR** The BEST of the Internet  
4:00 **BUS** BUS TRIP: HOLIDAY LIGHTS  
6:00 **CR** Movie-P2 White Christmas

**26** 10:15 **FC** Legacy Exercise  
10:45 **FC** Wellness Tip of the Day  
2:00 **CR** Hanukkah Happy Hour  
3:00 **CR** Christmas Sitcom  
6:00 **CR** Movie-Miracle on 34th St



## Friday

**6** 10:15 **FC** Flexibility Friday  
10:45 **FC** Daily Chronicles  
1:30 **103** Bible Study & Devotions  
3:00 **CR** Friday FUN & GAMES  
6:00 **CR** Everybdy Loves Raymnd DVD

**13** 10:15 **FC** Flexibility Friday  
10:45 **FC** Daily Chronicles  
1:30 **103** Bible Study & Devotions  
3:00 **CR** Friday FUN & GAMES  
5:30 **CR** GIRL SCOUT CAROLING  
6:00 **CR** Everybdy Loves Raymnd DVD

**20** 10:15 **FC** Flexibility Friday  
10:45 **FC** Daily Chronicles  
11:30 **CR** LADIES LUNCHEON  
1:30 **103** Bible Study & Devotions  
2:30 **CR** MONTHLY BIRTHDAY PARTY  
3:00 **CR** Friday FUN & GAMES  
6:00 **CR** Everybdy Loves Raymnd DVD

**27** 10:15 **FC** Flexibility Friday  
10:45 **FC** Daily Chronicles  
11:00 **CR** RESIDENT COUNCIL  
1:30 **103** Bible Study & Devotions  
3:00 **CR** CONCERT: DANIEL RAUSCH  
6:00 **CR** Everybdy Loves Raymnd DVD

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## Saturday

**7** Jigsaw Puzzle Challenge  
10:15 **CR** Video Exercise Class  
1:15 **CR** Weekend B I N G O  
2:15 **CR** POPCORN Anyone?  
2:30 **MT** You Pick DVD Movie  
6:00 **CR** SITCOMS on Youtube

**14** Jigsaw Puzzle Challenge  
10:15 **CR** Video Exercise Class  
1:15 **CR** Weekend B I N G O  
2:15 **CR** POPCORN Anyone?  
2:30 **MT** You Pick DVD Movie  
6:00 **CR** SITCOMS on Youtube

**21** Jigsaw Puzzle Challenge  
10:15 **CR** Video Exercise Class  
12:00 **BUS** TRIP: NUTCRACKER Ballet  
1:15 **CR** Weekend B I N G O  
2:15 **CR** POPCORN Anyone?  
2:30 **MT** You Pick DVD Movie  
6:00 **CR** SITCOMS on Youtube

**28** Jigsaw Puzzle Challenge  
10:15 **CR** Video Exercise Class  
1:15 **CR** Weekend B I N G O  
2:15 **CR** POPCORN Anyone?  
2:30 **MT** You Pick DVD Movie  
6:00 **CR** SITCOMS on Youtube

## Around our Community

### Bdays & Bus Rides

#### BIRTHDAYS

Jean S. 12/09  
Carolyn G. 12/14  
Suzanne H. 12/15  
Bobbi S. 12/27

#### BUS RIDES

12/5 TARGET  
12/12 EMILS for LUNCH  
12/19 PM LIGHTS TRIP  
12/21 NUTCRACKER BALLET



## LOCATION KEY

- CR** Community Room
- MT** Movie Theater
- FC** Fitness Center
- B** Bistro
- BUS** Bus
- 103** Near Apt. 103
- LOB** Lobby



### Sunday

- 1**  
9:30 Sunday Morning Devotional  
Worship & Prayer  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
1:30 **L** Afternoon Stretch  
2:00 Sunday Afternoon History  
3:30 **3AE** IN2L- Resident Choice  
6:00 **SR** Card Club
- 8**  
9:30 Sunday Morning Devotional  
Worship & Prayer  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
1:30 **L** Afternoon Stretch  
2:00 **L** Adult Guided art  
2:00 Sunday Afternoon History  
3:30 **3AE** IN2L- Resident Choice  
6:00 **SR** Card Club
- 15**  
9:30 Sunday Morning Devotional  
Worship & Prayer  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
1:30 **L** Afternoon Stretch  
2:00 Sunday Afternoon History  
3:30 **3AE** IN2L- Resident Choice  
6:00 **SR** Card Club
- 22**  
9:30 Sunday Morning Devotional  
Worship & Prayer  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
1:30 **L** Afternoon Stretch  
2:00 **L** Adult Guided art  
2:00 Sunday Afternoon History  
3:30 **3AE** IN2L- Resident Choice  
6:00 **SR** Card Club
- 29**  
9:30 Sunday Morning Devotional  
Worship & Prayer  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
1:30 **L** Afternoon Stretch  
2:00 Sunday Afternoon History  
3:30 **3AE** IN2L- Resident Choice  
6:00 **SR** Card Club

### Monday

- 2**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
10:30 Trivia  
1:00 One on One Programming  
2:00 B.C-Holly  
3:30 **L** Uno Attack!  
4:00 Matching Cards  
4:45 Junk Drawer Detective  
6:00 Relaxing Scarf movement
- 9**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
10:30 Trivia  
1:00 One on One Programming  
2:00 B.C-Gingerbread Cookies  
3:30 **L** Uno Attack!  
4:00 Matching Cards  
4:45 Junk Drawer Detective  
6:00 Relaxing Scarf movement
- 16**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
10:30 Trivia  
1:00 One on One Programming  
2:00 B.C- Christmas Cookies  
3:30 **L** Uno Attack!  
4:00 Matching Cards  
4:45 Junk Drawer Detective  
6:00 Relaxing Scarf movement
- 23**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
10:30 Trivia  
1:00 One on One Programming  
2:00 B.C-Christmas Crunch  
3:30 **L** Reindeer Games  
4:00 Matching Cards  
4:45 Junk Drawer Detective  
6:00 Relaxing Scarf movement
- 30**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
10:30 Trivia  
1:00 One on One Programming  
2:00 B.C- Christmas Tree  
Cakes(premade)  
3:30 **L** Uno Attack!  
4:00 Matching Cards  
4:45 Junk Drawer Detective

### Tuesday

- 3**  
Happy Birthday Bobbi !  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:45 One on One Programming  
10:45 Noodle Exercise  
11:00 **BUS** Bus:WildBerry  
1:15 **ALL** Communtiy Walk  
3:30 **L** Dog visit with Sadie  
3:30 **L** White Board Tiles  
4:30 **AR** EverSound:Guess The Price
- 10**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Ring Toss  
10:45 One on One Programming  
11:00 **BUS** Bus:Scenic Tour  
1:15 **ALL** Communtiy Walk  
4:30 **AR** EverSound:Guess The Price  
6:00 **SR** Domino's
- 17**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:45 Keep the Beat Drumming  
10:45 One on One Programming  
10:45 Noodle Exercise  
11:00 **BUS** Bus: Hillside Restaurant  
1:15 **ALL** Communtiy Walk  
3:30 **L** Celebrating Hanukkah  
4:30 **AR** EverSound:Guess The Price
- 24**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Ring Toss  
10:45 One on One Programming  
11:00 **BUS** Bus-StayingIN  
1:15 **ALL** Communtiy Walk  
3:30 **L** Singing Christmas Carols  
4:30 **AR** EverSound:Guess The Price  
6:00 **SR** Domino's
- 31**  
HAPPY NEW YEAR  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:45 Keep the Beat Drumming  
10:45 One on One Programming  
11:00 **BUS** Bus outing-Coopers Hawk  
1:15 **ALL** Communtiy Walk  
3:30 **L** New Year Resolution  
Stories  
4:30 **AR** EverSound:Guess The Price

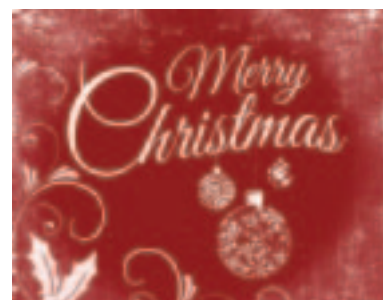
### Wednesday

- 4**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Eversound! Exercise Class  
11:00 **ALL** Community Walk  
1:00 Game of Choice  
2:00 **3AE** Concert: John Boda  
3:00 Prize Bingo  
3:30 C.C-Bell ornaments  
6:15 **L** Evening Wind down  
mindfulness
- 11**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Eversound! Exercise Class  
11:00 **ALL** Community Walk  
1:00 Game of Choice  
2:30 **3AE** Prize Bingo  
3:00 **CR** DRY BAR COMEDY Videos  
3:30 C.C-Wooden snowflakes  
6:15 **L** Evening Wind down  
mindfulness
- 18**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Eversound! Exercise Class  
11:00 **ALL** Community Walk  
1:00 Game of Choice  
2:30 **3AE** Prize Bingo  
3:00 **CR** Wentzell Family Singers  
3:30 Christmas cookie  
decorating!!  
6:15 **L** Evening Wind down
- 25**  
Christmas Day  
MERRY CHRISTMAS  
HAPPY HANUKKAH  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Eversound! Exercise Class  
11:00 **ALL** Community Walk  
1:00 Game of Choice  
2:30 **3AE** Prize Bingo  
3:30 C.C-Christmas Frames



### Thursday

- 5**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
10:30 **L** Short Stories-Krampus  
11:00 **3AE** One on One programing  
1:15 **AR** Eversound Daily 10  
2:00 **EDR** Happy Hour  
3:30 **L** Uno Attack!  
4:00 Trivia/Lifeskill Stations  
6:00 **L** Family&Friends Xmas
- 12**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
10:30 **L** Short Stories-Christmas  
11:00 **3AE** One on One programing  
1:15 **AR** Eversound Daily 10  
1:45 Concert:Heather  
2:00 **EDR** Happy Hour  
3:30 **L** Uno Attack!  
4:00 Trivia/Lifeskill Stations
- 19**  
UGLY SWEATER CONTEST  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
10:30 **L** Short Stories-Hanukkah  
11:00 **3AE** One on One programing  
1:15 **AR** Eversound Daily 10  
2:00 **EDR** Happy Hour  
3:30 **L** Uno Attack!  
4:00 Trivia/Lifeskill Stations
- 26**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
10:30 **L** Short Stories-New Year  
Resolutions  
11:00 **3AE** One on One programing  
1:15 **AR** Eversound Daily 10  
2:00 **EDR** Happy Hour  
3:30 **L** Uno Attack!  
4:00 Trivia/Lifeskill Stations



### Friday

- 6**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
10:45 IN2L:Would you Rather  
10:45 **L** Drumming Circle : Chris  
1:30 Marvelous Manicures  
2:30 Ice cream social  
3:30 Holiday Finish the Line  
6:00 Relaxing Scarf movement
- 13**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
10:45 IN2L:Would you Rather  
1:30 Marvelous Manicures  
2:00 Hot Cocoa Bar  
3:30 Science Lab-The Candy Cane  
6:00 Relaxing Scarf movement
- 20**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
10:45 IN2L:Would you Rather  
11:30 **CR** LADIES LUNCHEON  
1:30 Marvelous Manicures  
2:30 **CR** MONTHLY BIRTHDAY PARTY  
2:30 Ice cream social  
3:30 EvRSnd: HeyIknowthatsong  
6:00 Relaxing Scarf movement
- 27**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 Excellent Exercise Class  
10:45 IN2L:Would you Rather  
1:30 Marvelous Manicures  
2:30 Ladies tea  
3:30 EvRSnd: HeyIknowthatsong  
6:00 Relaxing Scarf movement

### Saturday

- 7**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 **L** Seated Zumba class  
10:45 Name that tune!  
11:00 IN2L-Trivia  
1:00 Uno  
2:00 Indoor Putt Putt  
2:00 Steve J  
3:30 **3AE** IN2L- Resident Choice  
6:00 Resident Choice Activity
- 14**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 **L** Seated Zumba class  
10:45 Name that tune!  
11:00 IN2L-Trivia  
1:00 Uno  
2:00 Indoor Putt Putt  
3:30 **3AE** IN2L- Resident Choice  
6:00 Resident Choice Activity
- 21**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 **L** Seated Zumba class  
10:45 Name that tune!  
11:00 IN2L-Trivia  
1:00 Uno  
1:00 Alex-Drumming Circle  
1:00 Bus:Nutcracker  
2:00 Indoor Putt Putt  
3:30 **3AE** IN2L- Resident Choice
- 28**  
9:45 **3AE** Daily Chronicle  
10:00 Superior Snacks  
10:15 **L** Seated Zumba class  
10:45 Name that tune!  
11:00 IN2L-Trivia  
1:00 Uno  
2:00 Indoor Putt Putt  
2:00 Steve J  
3:30 **3AE** IN2L- Resident Choice  
6:00 Resident Choice Activity

### Happy Holidays!

OUTINGS IN WINTER ARE WEATHER PERMITTING AND SUBJECT TO CHANGE

December 13th @2:30 pm  
We will have a hot cocoa bar!

December 18th @ 2:30 pm  
we will be decorating Christmas cookies!

December 21st @ 1pm Bus outing to the Nutcracker

December 21st@1 pm Alexi from Drumming Circle



### LOCATION KEY

- 3AE** Activity Rm.- East
- L** Lounge
- SR** Sunroom
- BUS** Bus
- ALL** Everywhere!
- AR** Activity Room
- EDR** Ensemble Dining Room
- CR** Community Room

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