

UPCOMING COMMUNITY EVENTS



ROCKIN' AROUND THE ALLEGRO
CHRISTMAS TREE

IT'S A HAPPY HOLIDAY!

JOIN US ON

WEDNESDAY DECEMBER 11TH

FOR OUR ANNUAL RESIDENT
HOLIDAY PARTY

HAPPY HOLIDAYS!



A LATKE FOR YOU, A LATKE FOR
ME!

SPIN THE DRIEDEL, LIGHT THE
MEMORAH

LEARN ABOUT THE HISTORY OF
CHANUKAH...

AT OUR CHANUKAH CELEBRATION
MONDAY, DECEMBER 30TH!

OUR HOLIDAY HAPPENINGS!

December 3rd from 2:30 to 3|Holiday Bingo Prize Cart w/ Laura

December 5th from 3:00 to 5:00|Winter Holiday Social Hour

December 11th from 3:15 to 4:15| Allegro's Resident Holiday Party

December 17th from 3:30 to 5|River Vale Girl Scouts Caroling

December 18th from 5 to 7|Orchard Lights Trip at Demarest Farms

December 31st from 3:15 to 4:15|New Years Eve Party

Allegro at Harrington Park

200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440



FLOURISH

DECEMBER 2024

WHAT'S INSIDE

Pg 2-3
Social Calendar

Pg 4
Upcoming Events + News

"WINTER IS NOT A SEASON, IT'S A CELEBRATION."

—ANAMIKA MISHRA

Sunday

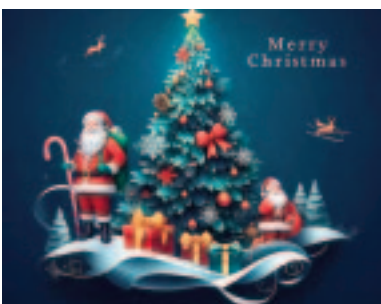
- 1**
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Qigong
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **GR** Wall Scrabble
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Musicals
- 8**
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **GR** Wall Scrabble
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Musicals
- 15**
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Qigong
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **Bus** Montclair Holiday Flea Market
1:45 **T** Movie Matinee
3:30 **PTH** Social Hour
8:00 **T** Movie Musicals
- 22**
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:30 **GR** Wall Scrabble
11:30 **AS** Making Gingerbread Houses
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Holiday Social Hour
8:00 **T** Movie Classics
- 29**
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Qigong
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **GR** Wall Scrabble
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Sunday Night Cinema

Monday

- 2**
10:00 **L** News & Views
10:30 **ACT** Morning Exercise
11:30 **T** Ted Talk & Discussion
11:30 **AS** Winter Craft w/ Laura
1:00 **BC** Knit Wits Club
1:30 **T** Weekday Movie Matinee
2:00 **T** Opera Appreciation w/Joe
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
8:00 **T** Monday Night Movie
- 9**
10:00 **L** News & Views
10:30 **ACT** Morning Exercise
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
1:30 **T** Weekday Movie Matinee
2:00 **ACT** IL Resident Council
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
8:00 **T** Monday Night Movie
- 16**
10:00 **L** News & Views
10:30 **ACT** Morning Yoga
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
1:30 **T** Weekday Movie Matinee
2:00 **GR** LCR Game
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
8:00 **T** Monday Night Movie
- 23**
10:00 **L** News & Views
10:30 **ACT** Morning Exercise
11:30 **T** Ted Talk & Discussion
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
1:30 **T** Weekday Movie Matinee
2:00 **ACT** Live Lecture w/ Bob
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
8:00 **T** Monday Night Movie
- 30**
10:00 **L** News & Views
10:30 **ACT** Morning Exercise
11:30 **T** Ted Talk & Discussion
11:30 **L** Allegro Book Club
1:00 **BC** Knit Wits Club
1:30 **T** Weekday Movie Matinee
2:00 **GR** LCR Game
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
8:00 **T** Monday Night Movie

Tuesday

- 3**
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **ACT** Tuesday Trivia Fun
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **ACT** Food Forum
3:00 **ACT** Balloon Volleyball
3:45 **PTH** Sunset Stretch
6:30 **ACT** Evening Bingo w/ Gloria O
8:00 **T** Movie Night- Resident Pick
- 10**
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **T** Lecture w/ Paul White
1:15 **BC** Tech Tuesday - Help Desk
2:00 **ACT** Crossword Challenge
2:30 **PTH** Readers Rendezvous
3:00 **ACT** Balloon Volleyball
3:45 **PTH** Sunset Stretch
6:30 **ACT** Evening Bingo w/ Gloria O
8:00 **T** Movie Night- Resident Pick
- 17**
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **ACT** Lifestyle Committee
2:00 **T** Tell it Like it Was
3:00 **ACT** Indoor Sports Games
3:45 **PTH** Sunset Stretch
6:30 **ACT** Evening Bingo w/ Gloria O
8:00 **T** Movie Night- Resident Pick
- 24**
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **AS** Origami Art Class
11:30 **ACT** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **T** Live Lecture w/ Paul R.
3:00 **ACT** Balloon Volleyball
3:45 **PTH** Sunset Stretch
6:30 **ACT** Evening Bingo w/ Gloria O
8:00 **T** Movie Night- Resident Pick
- 31**
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **ACT** NYE Trivia Game
11:30 **GR** Wall Scrabble
1:15 **BC** Tech Tuesday - Help Desk
2:00 **ACT** Balloon Volleyball
3:30 **PTH** NYE Party
6:30 **ACT** Evening Bingo w/ Gloria O
8:00 **T** Movie Night- Resident Pick



Wednesday

- 4**
10:00 **L** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Stacy
3:30 **PTH** Social Hour
8:00 **T** Movie Action
- 11**
10:00 **L** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Connor
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Stacy
2:00 **ACT** Cornhole Challenge
2:15 **ACT** Bingo
3:15 **B** Resident Holiday Party
8:00 **T** Movie Comedy
- 18**
10:00 **L** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
11:30 **ACT** Crossword Challenge
11:30 **PTH** Welcome Allegro Newcomers
12:00 **B** Cooking Demo w/ Connor
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Stacy
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Action
- 25**
10:00 **L** Current Events w/ Bob
10:30 **ACT** Balance Fitness w/ Tammie
12:00 **B** Christmas Luncheon
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Stacy
2:15 **ACT** Bingo
3:30 **PTH** Christmas Social Hour
8:00 **T** Christmas Comedy



Thursday

- 5**
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Short Film Series
11:30 **Bus** Sear House Lunch Trip
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
3:00 **ACT** HealthPro Discovery w/ Amy
3:00 **PTH** Winter Holiday Event
7:30 **T** Virtual Christmas Concert
- 12**
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Short Film Series
11:00 **Bus** Casino Trip
1:45 **T** Afternoon Cinema
2:00 **GR** Rummikub Club
2:00 **AS** Jewelry Making
2:00 **GR** LCR Game
3:30 **PTH** Mind-Body Exercise
8:00 **T** Documentary Film
- 19**
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Short Film Series
11:30 **AS** Holiday Wreath Making
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:15 **ACT** AL Resident Council
3:30 **PTH** Mind-Body Exercise
8:00 **T** Movie Musicals
- 26**
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
11:30 **AS** Kwanzaa Craft
12:00 **Bus** Shopping & Lunch Outing
2:00 **GR** Rummikub Club
2:30 **GR** Jewelry Making
3:00 **T** Ted Talk & Discussion
3:30 **PTH** Mind-Body Exercise
8:00 **T** The Nutcracker Ballet

Friday

- 6**
10:30 **ACT** Strength & Fitness
11:30 **ACT** Holiday Topics
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:30 **L** Writer's Group
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:30 **ACT** Shabbat
8:00 **T** Movie Night - New Release
- 13**
10:30 **ACT** Strength & Fitness
11:30 **T** Team Jeopardy
11:30 **ACT** Hot Cocoa Social
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:30 **L** Writer's Group
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Meet New Residents Social
4:30 **ACT** Shabbat
8:00 **T** Movie Night - New Release
- 20**
10:30 **ACT** Strength & Fitness
11:30 **AS** Art Workshop
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:30 **L** Writer's Group
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:30 **ACT** Shabbat
8:00 **T** Movie Night - New Release
- 27**
10:30 **ACT** Strength & Fitness
11:30 **T** Team Jeopardy
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:00 **ACT** Bingo Bash
2:30 **L** Writer's Group
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:30 **ACT** Shabbat
8:00 **T** Movie Night - New Release

Saturday

- 7**
9:30 **Bus** AM Shopping Shuttle
10:00 **P** Aquacise w/ Kim
10:00 **BC** Shabbat -Virtual Service
10:30 **ACT** Yoga Flow
12:15 **Bus** Live Nutcracker Ballet-Bergen Pac
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Symphony Concert
- 14**
10:00 **P** Aquacise w/ Kim
10:00 **BC** Shabbat -Virtual Service
10:30 **ACT** Yoga Flow
11:30 **ACT** Finish the Story
11:30 **Bus** Tenafly Holiday Fair
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Theater
- 21**
9:30 **Bus** AM Shopping Shuttle
10:00 **P** Aquacise w/ Kim
10:00 **BC** Shabbat -Virtual Service
10:30 **ACT** Yoga Flow
11:30 **ACT** Holiday Trivia Game
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Classics
- 28**
9:30 **Bus** AM Shopping Shuttle
10:00 **P** Aquacise w/ Kim
10:00 **BC** Shabbat -Virtual Service
10:30 **ACT** Yoga Flow
11:30 **ACT** Finish the Lines
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:30 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Concert

December Events

Monthly Happenings

- Egg Nog Month
- Month of Giving
- Read a new book month

Special Days

- Dec 7th- Pearl Harbor Remembrance Day
- Dec 11th- Allegro HP Annual Resident Holiday Party
- Dec 13th- National Cocoa Day
- Dec 25th- Christmas Day
- Dec 26th- Kwanzaa
- Dec 31st- New Year's Eve

Mondays/Fridays

- Yoga w/ Mimi @ 3:15pm
- Poker- Every Tuesday at 2pm

All Activities are Subject to Change

LOCATION KEY

- PTH** Penthouse Pub
- T** Theater
- ACT** Activity Room
- GR** Game Room
- L** Library
- AS** Art Studio
- BC** Business Center
- Bus** Bus Trip
- B** Bistro
- ML** Meet in Lobby

Allegro at Harrington Park

200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440

<https://www.allegroliving.com/senior-living-harrington-park.html>

Sunday

- 1** Hello December
 10:00 **CR** Virtual Catholic Mass
 11:00 **LR** DIY Mistletoe Craft
 11:30 **P** Gentle Stretching w/ Anne
 2:30 **P** Snack N' Chat
 2:45 **P** Affirmation Nation
 3:00 **CR** Calm Breathing Bubble
 3:30 **LR** Today in History Trivia
 4:00 **LR** Bingo
 6:00 **LR** Concert Series

- 8**
 10:00 **CR** Virtual Catholic Mass
 11:00 **LR** Therapeutic Arts
 11:30 **P** Gentle Stretching w/ Anne
 2:30 **P** Snack N' Chat
 2:45 **LR** Affirmation Nation
 3:00 **CR** Calm Breathing Bubble
 3:30 **LR** Candy Man in History
 4:00 **LR** Bingo
 6:00 **LR** Concert Series

- 15**
 10:00 **CR** Virtual Catholic Mass
 11:00 **LR** Therapeutic Arts
 11:30 **P** Gentle Stretching w/ Anne
 2:30 **P** Snack N' Chat
 2:45 **LR** Affirmation Nation
 3:00 **CR** Calm Breathing Bubble
 3:30 **LR** Today in History Trivia
 4:00 **LR** Bingo
 6:00 **LR** Concert Series

- 22**
 10:00 **CR** Virtual Catholic Mass
 11:00 **LR** Therapeutic Arts
 11:30 **P** Gentle Stretching w/ Anne
 2:30 **P** Snack N' Chat
 2:45 **LR** Affirmation Nation
 3:00 **CR** Calm Breathing Bubble
 3:30 **LR** Today in History Trivia
 4:00 **LR** Bingo
 6:00 **LR** Concert Series

- 29**
 10:00 **CR** Virtual Catholic Mass
 11:00 **LR** Therapeutic Arts
 11:30 **P** Gentle Stretching w/ Anne
 2:30 **P** Snack N' Chat
 2:45 **LR** Affirmation Nation
 3:00 **CR** Calm Breathing Bubble
 3:30 **LR** Today in History Trivia
 4:00 **LR** Bingo
 6:00 **LR** Concert Series

Monday

- 2**
 10:00 **LR** Wheel of Fortune
 10:45 **LR** Rosary Group
 11:00 **LR** Crafting Corner
 11:30 **LR** Gentle Yoga
 1:00 **O** Walk Around Allegro
 1:30 **LR** Good Advice
 2:00 **LR** Afternoon Trivia
 3:00 **LR** Zumba Gold
 4:00 **LR** Bingo
 6:00 **LR** Coffee and Conversations

- 9**
 10:00 **LR** Wheel of Fortune
 10:45 **LR** Rosary Group
 11:00 **LR** Crafting Corner
 11:30 **LR** Gentle Yoga
 1:00 **O** Walk Around Allegro
 1:30 **LR** Good Advice
 2:00 **LR** Afternoon Trivia
 3:00 **LR** Sports Galore
 4:00 **LR** Bingo
 6:00 **LR** Coffee and Conversations

- 16**
 10:00 **LR** Wheel of Fortune
 10:45 **LR** Rosary Group
 11:00 **LR** Crafting Corner
 11:30 **LR** Gentle Yoga
 1:00 **O** Walk Around Allegro
 1:30 **LR** Good Advice
 2:00 **LR** Mount Fuji Trivia
 3:00 **LR** Zumba Gold
 4:00 **LR** Bingo
 6:00 **LR** Coffee and Conversations

- 23**
 10:00 **LR** Wheel of Fortune
 10:45 **LR** Rosary Group
 11:00 **LR** Crafting Corner
 11:30 **LR** Gentle Yoga
 1:00 **O** Walk Around Allegro
 1:30 **LR** Good Advice
 2:00 **LR** DIY Peppermint Bark
 3:00 **LR** Sports Galore
 4:00 **LR** Bingo
 6:00 **LR** Coffee and Conversations

- 30**
 10:00 **LR** Wheel of Fortune
 10:45 **LR** Rosary Group
 11:00 **LR** Crafting Corner
 11:30 **LR** Gentle Yoga
 1:00 **O** Walk Around Allegro
 1:30 **LR** Good Advice
 2:00 **LR** Afternoon Trivia
 3:00 **LR** Sports Galore
 4:00 **LR** Bingo
 6:00 **LR** Coffee and Conversations

Tuesday

- 3**
 10:00 **LR** Let's Talk
 10:30 **LR** Paper Crafting
 11:30 **LR** Total Body Movement
 1:30 **LR** Afternoon Stretch
 1:45 **Bus** Scenic Ride
 2:00 **LR** Cooking Class
 3:00 **LR** Pass the Popcorn!
 3:30 **PTH** Wine and Unwind
 4:00 **P** Bingo
 6:00 **CR** Ensemble Singing Society

- 10**
 10:00 **LR** Let's Talk
 10:30 **LR** Paper Crafting
 11:30 **LR** Total Body Movement
 1:30 **LR** Afternoon Stretch
 2:00 **LR** Cooking Class
 3:00 **LR** Nobel Peace Award Show
 3:30 **PTH** Wine and Unwind
 4:00 **P** Bingo
 6:00 **CR** Ensemble Singing Society

- 17**
 10:00 **LR** Let's Talk
 10:30 **LR** Paper Crafting
 11:30 **LR** Total Body Movement
 1:30 **LR** Afternoon Stretch
 2:00 **LR** Cooking Class
 3:00 **LR** Pass the Popcorn!
 3:30 **PTH** Wine and Unwind
 4:00 **P** Bingo
 6:00 **CR** Ensemble Singing Society

- 24** Christmas Eve
 10:00 **LR** Let's Talk
 10:30 **LR** Paper Crafting
 11:30 **LR** Total Body Movement
 1:30 **LR** Afternoon Stretch
 2:00 **LR** Cooking Class
 3:00 **LR** Pass the Popcorn!
 3:30 **PTH** Wine and Unwind
 4:00 **P** Bingo
 6:00 **CR** Ensemble Singing Society

- 31** New Years Eve
 10:00 **LR** Let's Talk
 10:30 **LR** Paper Crafting
 11:30 **LR** Total Body Movement
 1:30 **LR** Afternoon Stretch
 2:00 **LR** Cooking Class
 3:00 **LR** Pass the Popcorn!
 3:30 **PTH** Wine and Unwind
 4:00 **P** Bingo
 6:00 **CR** Ensemble Singing Society

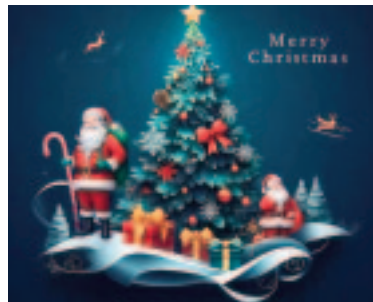
Wednesday

- 4** Radio City Trip
 10:00 **LR** Price is Right
 11:00 **LR** Nature's Art
 11:15 **LR** Balance & Strength Fitness
 1:00 **LR** Walking Club
 1:15 **P** Wellness Melodies
 2:15 **LR** Blooms and Booze
 3:00 **CR** Karaoke
 3:30 **LR** Music for Joy
 4:15 **LR** Bingo
 6:00 **DR** Posi-ti-vi Tea

- 11**
 10:00 **LR** Price is Right
 11:00 **LR** Winter Wonderland Craft
 11:15 **LR** Balance & Strength Fitness
 1:00 **LR** Walking Club
 1:15 **P** Wellness Melodies
 2:15 **LR** The Passport Series
 3:00 **CR** Karaoke
 3:30 **LR** Music for Joy
 4:15 **LR** Bingo
 6:00 **DR** Posi-ti-vi Tea

- 18**
 10:00 **LR** Price is Right
 11:00 **LR** DIY Holiday Cookies
 11:15 **LR** Balance & Strength Fitness
 1:00 **LR** Walking Club
 1:15 **P** Wellness Melodies
 3:00 **CR** Karaoke
 3:30 **LR** Music for Joy
 4:15 **LR** Bingo
 6:00 **DR** Posi-ti-vi Tea

- 25** X-mas Day/Hanukkah
 10:00 **LR** Price is Right
 11:00 **LR** Nature's Art
 11:15 **LR** Balance & Strength Fitness
 1:00 **LR** Walking Club
 1:15 **P** Wellness Melodies
 3:00 **LR** Live Holiday Show
 3:30 **LR** Music for Joy
 4:15 **LR** Bingo
 6:00 **DR** Posi-ti-vi Tea



Thursday

- 5**
 10:00 **LR** Let's Talk
 11:00 **P** Mindful Moments w. Treysi
 11:15 **LR** Total Body Fitness
 1:30 **P** Wellness Melodies
 2:00 **P** Chapter's Inc.
 2:30 **LR** Freestyle Workout w/ HP
 2:45 **P** Affirmation Nation
 4:15 **CR** Karaoke
 6:00 **CR** Life Long Learning

- 12**
 10:00 **LR** Let's Talk: Frank Sinatra
 11:00 **P** Poinsettia Craft
 11:30 **LR** Freestyle Workout w/ HP
 1:00 **LR** Bingo
 2:45 **LR** Affirmation Nation
 3:00 **DR** Cooking Class
 3:30 **LR** Gentle Workouts w/ Debbie
 4:15 **CR** Karaoke
 6:00 **CR** Life Long Learning

- 19**
 10:00 **LR** Let's Talk
 11:00 **P** Mindful Moments w. Treysi
 11:15 **LR** Total Body Fitness
 1:30 **P** Wellness Melodies
 2:00 **P** Chapter's Inc.
 2:30 **LR** Freestyle Workout w/ HP
 2:45 **LR** Affirmation Nation
 4:15 **CR** Karaoke
 6:00 **CR** Life Long Learning

- 26** Kwanzaa Begins
 10:00 **LR** Let's Talk
 11:00 **P** Mindful Moments w. Treysi
 11:30 **LR** Freestyle Workout w/ HP
 1:00 **LR** Bingo
 2:45 **LR** Affirmation Nation
 3:00 **DR** Cooking Class
 3:30 **LR** Gentle Workouts w/ Debbie
 4:15 **CR** Karaoke
 6:00 **CR** Life Long Learning



Friday

- 6**
 10:00 **LR** Let's Talk: Hasbro
 11:00 **LR** Inner Spirit Art
 11:30 **LR** Latin Fusion Revolution
 1:00 **LR** Music Therapy
 1:15 **T** Fridays at the Movies
 2:30 **LR** Drum Fitness
 3:30 **LR** Bingo
 4:15 **LR** You Name It! Pictionary
 6:00 **CR** Virtual Shabbat Services

- 13**
 10:00 **LR** Storytelling 101
 11:00 **LR** Crafting Corner
 11:30 **LR** Latin Fusion Revolution
 1:15 **T** Fridays at the Movies
 2:00 **DR** Hot Cocoa Social
 3:00 **LR** Fitness with HP
 3:30 **LR** Bingo
 4:15 **LR** You Name It! Pictionary
 6:00 **CR** Virtual Shabbat Services

- 20** Ugly Sweater Day
 10:00 **LR** Storytelling 101
 11:00 **LR** Inner Spirit Art
 11:30 **LR** Latin Fusion Revolution
 1:00 **LR** Music Therapy
 1:15 **T** Fridays at the Movies
 2:30 **LR** Drum Fitness
 3:30 **LR** Bingo
 4:15 **LR** You Name It! Pictionary
 6:00 **CR** Virtual Shabbat Services

- 27**
 10:00 **LR** Storytelling 101
 11:00 **LR** Crafting Corner
 11:30 **LR** Latin Fusion Revolution
 1:15 **T** Fridays at the Movies
 2:00 **P** Chapters Inc.
 3:00 **LR** Fitness with HP
 3:30 **LR** Bingo
 4:15 **LR** You Name It! Pictionary
 6:00 **CR** Virtual Shabbat Services

Saturday

- 7**
 9:00 **CR** In Review: Pearl Harbor
 10:00 **LR** Family Feud
 10:30 **P** Paws & Relax
 11:15 **LR** Manicure Madness
 1:15 **LR** Color Me Happy
 2:00 **LR** Jogging your Noggin
 3:30 **T** Live Holiday Concert
 4:00 **CR** The Price is Right
 4:15 **LR** Balloon Volleyball
 6:00 **LR** Concert Series

- 14** HBD Lucille
 9:00 **CR** Today in History
 10:00 **LR** Family Feud
 10:30 **P** Paws & Relax
 1:15 **LR** DIY Gingerbread House
 2:00 **LR** Jogging your Noggin
 3:00 **LR** Balloon Volleyball
 3:30 **LR** Bingo
 4:00 **CR** The Price is Right
 6:00 **LR** Concert Series

- 21** First Day of Winter
 9:00 **CR** Today in History
 10:00 **LR** Family Feud
 10:30 **P** Paws & Relax
 11:15 **LR** Manicure Madness
 1:15 **LR** Color Me Happy
 2:00 **LR** Jogging your Noggin
 3:00 **LR** Balloon Volleyball
 3:30 **LR** Bingo
 4:00 **CR** The Price is Right
 6:00 **LR** Concert Series

- 28**
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Monthly Scene

What's Happening?

- Bells Music Month
- Gingerbread Month
- Peppermint Month

Special Days & Holidays

- Christmas Eve 12.24
- Christmas Day 12.25
- Hanukkah 12.25
- New Year's Eve 12.31

In Community

- Radio City Rockettes Trip 12.4
- Children's Orchestra Show 12.7
- Our Lady of Victories Church Annual Choir Show 12.17

Fun Fact

The month of December originally consisted of 30 days!

LOCATION KEY

- CR** iN2L Computer
- LR** Living Room
- P** Patio
- O** Outdoors
- Bus** Bus Trip
- PTH** Penthouse Pub
- DR** Dining Room
- T** Theater

Allegro in Harrington Park

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<https://www.allegroliving.com/senior-living-harrington-park.html>