

UPCOMING COMMUNITY EVENTS

RESIDENT HOLIDAY PARTY

Join Allegro & Four Oaks Church as we celebrate Christmas!

Saturday, December 14th

10:15am-11:15am

Join us for festive fun complete with music, food, and a visit from santa!



NEW YEAR'S EVE PARTY

Mark your calendar for a "NOON" Year's Eve Party!

The Free Wheeling Band will be joining us Tuesday, December 31st @11:00AM to sing in the new year.



DON'T MISS THESE EVENTS!

MONTHLY HIGHLIGHTS

2nd-New Great Courses Lecture Series Begins

3rd- Now Playing: Reagon, Refreshments & Popcorn

11th-Wine Down Wednesday & Holiday Storytelling w/Linda Ford

18th-Happy Hour & Live Music w/Dave Carty

Allegro in Tallahassee

4501 West Shannon Lakes
Tallahassee, FL 32309
(850) 273-4579



FLOURISH

DECEMBER 2024



WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

"KINDNESS IS LIKE SNOW - IT BEAUTIFIES EVERYTHING IT COVERS."

—KAHLIL GIBRAN

Sunday

- 1**
9:15 Holy Communion Service
9:30 Chapel Services w/ Four Oaks Community Church
- 10:00 Jigsaw Challenge
10:00 Sit & Fit Exercise
- 10:30 Scenic Outing: Lake Jackson Landing**
- 2:00 B-I-N-G-O!
3:00 UNO Card Game
5:30 Evening Billiards Club
- 8**
9:15 Holy Communion
9:30 Chapel Services w/ Four Oaks Community Church
- 10:00 Jigsaw Challenge
10:00 Sit & Fit Exercise
- 10:45 Sonny's BBQ Outing**
- 2:00 B-I-N-G-O!
3:00 UNO Card Game
5:30 Evening Billiards
- 15**
9:15 Holy Communion Service
9:30 Chapel Services w/ Four Oaks Community Church
- 10:00 Jigsaw Challenge
10:00 Sit & Fit Exercise
- 10:30 Scenic Outing: Waverly Pond**
- 2:00 B-I-N-G-O!
3:00 UNO Card Game
5:30 Evening Billiards Club
- 22**
9:15 Holy Communion Service
9:30 Chapel Services w/ Four Oaks Community Church
- 10:00 Jigsaw Challenge
10:00 Sit & Fit Exercise
- 10:45 Lunch Bunch: Chow Time**
- 2:00 B-I-N-G-O!
3:00 UNO Card Game
5:30 Evening Billiards Club
- 29**
9:15 Holy Communion Service
9:30 Chapel Services w/ Four Oaks Community Church
- 10:00 Jigsaw Challenge
10:00 Sit & Fit Exercise
- 10:30 Black Dog Cafe @ Lake Ella**
- 2:00 B-I-N-G-O!
3:00 UNO Card Game
5:30 Evening Billiards Club

Monday

- 2**
9:30 **Shop: Target or Publix**
- 10:00 Jigsaw Challenge
10:00 Group Fitness Class
10:30 Balloon Volleyball
11:00 Family Feud
- 1:00 Shop: Dollar Tree**
- 2:00 B-I-N-G-O!
3:00 Health Talk w/Suncrest
3:15 TGC: History Of The Ancient World 1
- 9**
9:30 **Shop: Walmart**
- 10:00 Jigsaw Challenge
10:00 Group Fitness Class
10:30 Balloon Volleyball
11:00 Family Feud
- 1:00 Shop: Ross Outlet**
- 3:15 TGC: History Of The Ancient World 2
5:30 Rummy
- 16**
9:30 **Shop: Trader Joe's & TJ Max**
- 10:00 Jigsaw Challenge
10:00 Group Fitness Class
10:30 Balloon Volleyball
11:00 Family Feud
- 1:00 Shop: Khols**
- 3:15 TGC: History Of The Ancient World 3
5:30 Rummy
- 23**
9:30 **Shop: Walmart**
- 10:00 Jigsaw Challenge
10:00 Group Fitness Class
10:30 Balloon Volleyball
11:00 Family Feud
- 1:00 Shop: Bealls Outlet**
- 3:15 TGC: History Of The Ancient World 4
5:30 Rummy
- 30**
9:30 **Target or Publix**
- 10:00 Jigsaw Challenge
10:00 Group Fitness Class
10:30 Balloon Volleyball
11:00 Family Feud
- 1:00 Shop: AT&T & BAM!**
- 3:15 TGC: History Of The Ancient World 5
5:30 Rummy

Tuesday

- 3**
9:00 Color Me Happy
10:00 Jigsaw Challenge
10:00 Mindful Yoga w/Cate
11:00 Music Therapy w/ Leah
12:00 Lunch Music w/ Gail
- 1:30 Now Playing: Reagan**
- 1:30 Popcorn & Refreshments**
- 2:00 Phone & Tech Class
5:30 Scrabble
- 10**
9:00 Color Me Happy
10:00 Jigsaw Challenge
11:00 Music Therapy w/ Leah
1:30 Matinee w/ Popcorn! It's a Wonderful Life
- 2:00 Phone & Tech Class
4:45 Dinner Music w/ Leah
5:30 Scrabble
- 17**
9:00 Color Me Happy
10:00 Jigsaw Challenge
11:00 Music Therapy w/ Leah
1:30 Matinee Movie w/ Popcorn! ELF
- 2:00 Phone & Tech Class
4:30 Dinner Music w/ Gail
5:30 Scrabble
- 24**
9:00 Color Me Happy
10:00 Jigsaw Challenge
11:00 Music Therapy w/ Leah
1:30 Matinee: A Christmas Carol
- 2:00 Phone & Tech Class
4:00 Dinner Music w/ Gail
5:30 Scrabble
- 31**
9:00 Color Me Happy
9:00 Tea & Talk: Goodbye 2024
10:00 Jigsaw Challenge
11:00 **NOON Year's Eve Party**
- 11:00 Live Music w/ Free Wheeling Band**
- 1:30 Matinee Movie w/ Popcorn!
2:00 Phone & Tech Class
3:30 Chat w/ Laurie
5:30 Scrabble

Wednesday

- 4**
9:00 Courtyard Walking Club
10:00 Jigsaw Challenge
10:00 Hand & Foot Cards
10:00 Move & Stretch w/ SunCrest
10:30 Tasty Techniques Class
- 11:00 Senior Living Solutions: VA Benefits Luncheon**
- 11:00 Mind & Melody w/Amelia
2:00 B-I-N-G-O!
3:30 Wine Down Wednesday
- 11**
9:00 Courtyard Walking
10:00 Jigsaw Challenge
10:00 Hand & Foot Cards
10:00 Move & Stretch w/ SunCrest
10:30 Tasty Techniques
- 11:30 December Birthday Lunch**
- 2:00 Town Hall Meeting**
- 3:00 Holiday Storytelling w/Linda Ford**
- 3:00 Wine & Cheese
- 18**
9:00 Courtyard Walking Club
10:00 Jigsaw Challenge
10:00 Hand & Foot Cards
10:00 Move & Stretch w/ SunCrest
10:30 Tasty Techniques Class
- 1:00 Happy Hour & Music w/Dave**
- 3:30 Wine Down Wednesday
5:30 Poker
- 25**
10:00 Jigsaw Challenge
10:00 Hand & Foot Cards
10:00 Hot Chocolate & Chat
10:00 Merry Move & Stretch
10:30 Tasty Techniques Class
3:30 Wine Down Wednesday
5:00 Lighting the Menorah

Thursday

- 5**
9:00 Tea & Talk
9:30 Blood Pressure Screenings w/Suncrest
- 10:00 Jigsaw Challenge
10:00 Wisdom Yoga w/Cate
10:00 Scrabble
- 12:00 Piano w/ Louise
2:00 Women's Bible Study
3:30 Sip & Sing Karaoke
- 12**
9:00 Tea & Talk
10:00 Jigsaw Challenge
10:00 Wisdom Yoga w/Cate
10:00 Scrabble
- 12:00 Piano Music by Louise
2:00 Women's Bible Study
3:30 Sip & Sing Karaoke
- 3:30 New Resident Welcome**
- 19**
9:00 Tea & Talk
10:00 Jigsaw Challenge
10:00 Wisdom Yoga w/Cate
10:00 Scrabble
- 11:00 Book Club Pickup w/Cate
12:00 Piano Music by Louise
2:00 Women's Bible Study
3:00 Sip & Sing Karaoke
- 26**
9:00 Tea & Talk
10:00 Jigsaw Challenge
10:00 Wisdom Yoga w/Cate
10:00 Scrabble
- 12:00 Piano Music by Louise
2:00 Women's Bible Study
3:00 Sip & Sing Karaoke
3:30 Ambassador Meeting

Friday

- 6**
9:00 Men's Bible Study
10:00 Jigsaw Challenge
10:00 Boxing Fitness Class
- 11:00 Lunch Bunch: Nagoya Hibachi**
- 11:00 Corn Hole
2:00 Wheel Of Fortune
2:30 Putting Practice
3:30 Happy Hour
5:30 Chess & Checkers
- 13**
9:00 Men's Bible Study
10:00 Jigsaw Challenge
11:00 Corn Hole
- 11:00 Lunch Bunch: Red Lobster**
- 2:00 Wheel Of Fortune
2:30 Putting Practice
3:30 Happy Hour
5:30 Chess & Checkers
- 20**
9:00 Men's Bible Study
10:00 Jigsaw Challenge
11:00 Corn Hole
- 11:00 Lunch Bunch: Outback Steakhouse**
- 2:00 Make It:Faux Flame Menorah
2:30 Putting Practice
3:30 Happy Hour
5:30 Chess & Checkers
- 27**
9:00 Men's Bible Study
10:00 Jigsaw Challenge
11:00 Corn Hole
- 11:00 Lunch Bunch: Glory Days**
- 2:00 Wheel Of Fortune
2:30 Putting Practice
3:30 Happy Hour
5:30 Chess & Checkers

Saturday

- 7**
9:00 Indoor Walking Club
10:00 Jigsaw Challenge
10:00 Yoga & Stretching
10:00 Hand & Foot Cards
11:00 Allegro Choir Practice
2:00 B-I-N-G-O!
3:30 Holiday Modge Podge Crafting Class
5:30 Evening Games w/ Friends
- 14**
9:00 Indoor Walking Club
10:00 Jigsaw Challenge
10:00 Yoga & Stretching
10:00 Hand & Foot Cards
- 10:15 Resident Holiday Party w/40aks**
- 11:00 Allegro Choir Practice
3:30 Gingerbread Decor Crafting Class
5:30 Evening Games w/ Friends
- 21**
9:00 Indoor Walking Club
10:00 Jigsaw Challenge
10:00 Yoga & Stretching
10:00 Hand & Foot Cards
11:00 Allegro Choir Practice
3:30 Christmas Truck Crafting Class
5:30 Evening Games w/ Friends
- 28**
9:00 Indoor Walking Club
10:00 Jigsaw Challenge
10:00 Yoga & Stretching
10:00 Hand & Foot Cards
11:00 Allegro Choir Practice
3:30 Door Clip Crafting Class
5:30 Evening Games w/ Friends

December Happenings

Sign up for Outings in the Activity Room!

Activity Schedules for the next day will be available for pickup in the Lobby during dinner.

Holiday Light Tour Dates TBA and will be posted at the community

Tasty Techniques Class: Create & Taste Appetizers for Wine Down

Phone & Tech Class: Bring your devices

LOCATION KEY

- L** Lobby
- AR** Activity Room
- TH** Theatre
- MR** Magnolia Room
- C** Chapel
- HC** Heritage Club

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<https://www.allegroliving.com/tallahassee-fl.html>

