

## UPCOMING COMMUNITY EVENTS



### INDEPENDENCE DAY

Independence Day, in the United States, the annual celebration of nationhood. It commemorates the passage of the Declaration of Independence by the Continental Congress on July 4, 1776. The Congress had voted in favour of independence from Great Britain on July 2 but did not actually complete the process of revising the Declaration of independence,

originally drafted by Thomas Jefferson in consultation with fellow committee members John Adams, Benjamin Franklin, Roger Sherman, and William Livingston, until two days later. The celebration was initially modeled on that of the king's birthday, which had been marked annually by bell ringing, bonfires, and solemn processions.

With the rise of leisure, the Fourth of July emerged as a major midsummer national holiday celebrated by parades, concerts of patriotic music, barbecues and fireworks displays.

## NEWS

### JULY HAPPENINGS

- July 5 - Lunch outing, Twin Dragons
- July 10 - Dinner outing, Casa Bella
- July 12 - Norton Museum & Lunch
- July 19 - Shopping at Tradition & Lunch
- July 26 - Mani -Pedi outing, Stuart

### Alto Stuart

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# FLOURISH

JULY 2024

### WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

*"EVERYTHING GOOD, EVERYTHING MAGICAL HAPPENS BETWEEN THE MONTHS OF JUNE AND AUGUST."*

*—JENNY HAN*

# July 2024

## Sunday



**7**

11:00 **F1** Singing Seniors w/Rhonda  
1:30 **CR** Pokeno  
2:30 **C** Afternoon Social  
3:30 **F1** Faith Family Church

**14**

11:00 **F1** Singing Seniors w/Rhonda  
1:00 **F1** St. Mary's Communion  
1:30 **CR** Pokeno  
2:30 **C** Afternoon Social

**21**

10:00 **F1** Chaplain Lynn Snow  
11:00 **F1** Singing Seniors w/Rhonda  
1:30 **CR** Pokeno  
2:30 **C** Afternoon Social  
3:30 **F1** Faith Family Church

**28**

11:00 **F1** Singing Seniors w/Rhonda  
1:00 **F1** St. Mary's Communion  
1:30 **CR** Pokeno  
2:30 **C** Afternoon Social

## Monday

**1**

9:00 **LB** Local Banks  
9:15 **LB** Walking Club  
10:30 **CR** Resident Council  
1:00 **LB** Publix  
2:00 **F1** Music with Jodi  
3:00 **C** Monday Mingle  
4:00 **FC** Strength Training  
6:30 **TH** Evening Movie

**8**

9:00 **LB** Local Banks  
10:00 **LB** CVS  
11:00 **L** Monday Morning w/Lorraine  
1:00 **LB** Publix  
2:00 **F1** Music with Jodi  
3:00 **C** Monday Mingle  
4:00 **FC** Strength Training  
6:30 **TH** Evening Movie

**15**

9:00 **LB** Local Banks  
10:00 **LB** Walgreens  
11:00 **L** Monday Morning w/Lorraine  
1:00 **LB** Publix  
2:00 **F1** Music with Lou Laino  
3:00 **C** Monday Mingle  
4:00 **FC** Strength Training  
6:30 **TH** Evening Movie

**22**

9:00 **LB** Local Banks  
10:00 **LB** Walmart  
11:00 **F1** Humane Society Pet Visit  
1:00 **LB** Publix  
2:00 **F1** Music w/Mike De Angelis  
3:00 **C** Monday Mingle  
4:00 **FC** Strength Training  
6:30 **TH** Evening Movie

**29**

9:00 **LB** Local Banks  
10:00 **LB** Dollar Tree  
11:00 **L** Monday Morning w/Lorraine  
1:00 **LB** Publix  
2:00 **F1** Music with Greg Woods  
3:00 **C** Monday Mingle  
4:00 **FC** Strength Training  
6:30 **TH** Evening Movie

## Tuesday

**2**

10:00 **FC** Morning Stretch  
11:00 **FC** Seated Volleyball  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
4:00 **FC** Strength Training  
6:30 **TH** Evening Movie

**9**

10:00 **FC** Morning Stretch  
11:00 **FC** Seated Volleyball  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
4:00 **FC** Strength Training  
6:30 **TH** Evening Movie

**16**

10:00 **FC** Morning Stretch  
10:30 **CR** Coffee with a Cup  
11:00 **FC** Seated Volleyball  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
4:00 **FC** Strength Training  
6:30 **TH** Evening Movie

**23**

10:00 **FC** Morning Stretch  
10:30 **CR** Gorgeous Glam Ma Pictures  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
4:00 **FC** Strength Training  
6:30 **TH** Evening Movie

**30**

10:00 **FC** Morning Stretch  
11:00 **FC** Seated Volleyball  
1:30 **CR** Bingo  
2:00 **CR** Crhirstmas in July  
3:00 **C** Afternoon Social  
4:00 **FC** Strength Training  
6:30 **TH** Evening Movie

## Wednesday

**3**

10:00 **FC** Balance & Exercise  
10:00 **CH** St. Joseph's Church  
10:30 **CR** Beat the Heat- RN, Rachel  
1:30 **CR** Bingo  
3:00 **C** Nail Polish with Kelly

**10**

10:00 **FC** Balance & Exercise  
10:00 **CH** St. Joseph's Church  
10:30 **LB** Fiesta Fairies Ponies  
1:30 **CR** Bingo  
3:00 **C** Nail Polish with Kelly  
3:00 **CR** Ambassador Meeting  
4:30 **LB** Dinner outing -Casa Bella

**17**

10:00 **FC** Balance & Exercise  
10:00 **CH** St. Joseph's Church  
10:30 **DR** Chef Demo  
1:30 **CR** Bingo  
3:00 **C** Nail Polish with Kelly

**24**

9:30 **C** Painting with Jan  
10:00 **FC** Balance & Exercise  
10:00 **CH** St. Joseph's Church  
11:00 **CR** Cognitive Worksheets  
1:30 **CR** Bingo  
3:00 **C** Nail Polish with Kelly

**31**

10:00 **FC** Balance & Exercise  
10:00 **CH** St. Joseph's Church  
11:00 **F2** Getting to Know You  
1:30 **CR** Bingo  
3:00 **C** Nail Polish with Kelly

## Thursday

**4**

10:00 **FC** Strength Training  
11:00 **C** July 4th Fun facts & Trivia  
1:00 **CR** Pokeno  
3:00 **F1** July 4th w/Daryl Magill  
6:30 **TH** Evening Movie

**11**

10:00 **FC** Strength Training  
10:30 **C** Dining Room Flowers  
1:00 **CR** Pokeno  
2:00 **L** Library Committee Meeting  
3:00 **E** Happy Hour w/Nicole Hulett  
6:30 **TH** Evening Movie

**18**

10:00 **FC** Strength Training  
10:45 **C** Crafting  
1:00 **CR** Pokeno  
3:00 **F1** Caribbean Party w/Adrian  
6:30 **TH** Evening Movie

**25**

Culinary Professionals Day  
10:00 **FC** Strength Training  
11:00 **F2** Card Games  
1:00 **CR** Pokeno  
2:00 **L** Library Committee Meeting  
2:30 **CR** Hershey's Ice Cream Social  
3:00 **E** Happy Hour w/Lou Imperato  
6:30 **TH** Evening Movie

## Friday

**5**

9:45 **LB** Publix  
10:00 **FC** Stretch & Flex  
11:00 **CR** 9 Letter Word Game  
11:15 **LB** Lunch outing-Twin Dragons  
2:00 **CR** Bingo  
3:00 **CR** Town Hall w/Kaitlyn, E.D.  
3:00 **C** Afternoon Social

**12**

9:45 **LB** Publix  
10:00 **FC** Stretch & Flex  
11:00 **CR** 9 Letter Word Game  
11:15 **LB** Norton Museum & Lunch  
2:00 **CR** Bingo  
3:00 **C** Afternoon Social

**19**

National Purple & Pink Day  
9:45 **LB** Publix  
10:00 **FC** Stretch & Flex  
11:00 **CR** 9 Letter Word Game  
11:15 **LB** Shopping & Lunch, Tradition  
2:00 **CR** Bingo  
3:00 **C** Afternoon Social

**26**

9:45 **LB** Publix  
10:00 **FC** Stretch & Flex  
11:00 **CR** 9 Letter Word Game  
1:00 **LB** Mani -Pedi Outing, Stuart  
2:00 **CR** Bingo  
3:00 **C** Afternoon Social

## Saturday

**6**

10:00 **F1** First United Methodist Church with Conde  
11:00 **E** Seated Volleyball  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
6:30 **TH** Evening Movie

**13**

10:00 **F1** First United Methodist Church with Conde  
11:00 **E** Seated Volleyball  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
3:00 **C** Ice Cream Sundaes  
6:30 **TH** Evening Movie

**20**

10:00 **F1** First United Methodist Church with Conde  
11:00 **E** Seated Volleyball  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
6:30 **TH** Evening Movie

**27**

9:00 Root Beer Floats  
10:00 **F1** First United Methodist Church with Conde  
11:00 **E** Seated Volleyball  
1:30 **CR** Bingo  
3:00 **C** Afternoon Social  
3:00 **C** Root Beer Floats Social  
6:30 **TH** Evening Movie

## Around our Community

### Resident Birthdays

July 2 - Gerri Havens, 102!  
July 15 - Sally Merker  
July 19 - George Krawczyk  
July 21 - Barbara Beach  
July 25 - Vicky Ange

July Birthstone: Ruby  
Tree: Cherry Tree  
Flower: Larkspur

What's Lucky in July?

Lucky Color: Red  
Lucky Animal: Elephant  
Lucky Letters: V and J  
Lucky Day: Thursday  
Lucky Plant: Broccoli

July Zodiacs  
Cancer (The Crab)  
Leo (The Lion)

### LOCATION KEY

**LB** Lobby  
**CR** Comm. Room -  
**F1** Family Room  
**C** Cafe  
**FC** Fitness Center  
**TH** Theater  
**CH** Chapel  
**E** Ent. Room  
**L** Library  
**DR** Dining Room

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