

UPCOMING COMMUNITY EVENTS



HAPPY 4TH OF JULY!

Enjoy a special 4th of July Lunch and afternoon entertainment.

Thursday, July 4th

Lunch: 12PM

Live pianst: 2:30PM



RESIDENT COUNCIL MEETING

When: Monday, July 22nd | 2:00 PM

Where: Activity Room

Join Courtney as we discuss important issues about our Community. Everyone is encouraged to attend and participate.

DON'T MISS THESE EVENTS!

MON 7/1 2:30PM | 4TH OF JULY CRAFT

TUES 7/9 11:30AM | OUT TO LUNCH OUTING: SEVEN DWARFS RESTAURANT

MON 7/15 2:30PM | DUNKIN' DONUTS & COFFEE SOCIAL

THURS 7/18 2:30PM | GREATER CHICAGO MUSIC THERAPY

FRI 7/26 2:30PM | OLYMPIC GAMES AND HAPPY HOUR

WED 7/31 2:30PM | WINE TASTING WITH A SOMMELIER

Alto Wheaton
219 Parkway Dr
Wheaton, IL 60187
(630) 752-0644



FLOURISH

JULY 2024

WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

"SUMMER HAS A FLAVOR LIKE NO OTHER. ALWAYS FRESH AND SIMMERED IN SUNSHINE."

—OPRAH WINFREY

July 2024

Sunday



7

11:00 **AR** Trivia with Jeanne
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
2:30 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

14

11:00 **AR** Trivia with Jeanne
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
2:30 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

21

11:00 **AR** Trivia with Jeanne
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
2:30 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

28

11:00 **AR** Trivia with Jeanne
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
2:30 **T** Afternoon Documentary
3:00 **AR** Gin Rummy Card Club
6:00 **T** Movie Night

Monday

1

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **B** Quiddler
2:30 **AR** 4th of July Craft
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

8

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **B** Quiddler
2:00 **AR** Penny Auction
3:15 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

15

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **B** Quiddler
2:30 **AR** Dunkin' Donuts Social
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

22

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **B** Quiddler
2:00 **AR** Resident Council Meeting
3:15 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

29

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Exercise with Legacy
12:45 **B** Quiddler
2:00 **AR** John Boda Presents
3:15 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

Tuesday

2

9:45 **B** Coffee with Courtney
10:30 **AR** Morning Reflections
11:00 **O** Walgreens Shopping Outing
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:15 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party

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9:45 **B** Coffee with Courtney
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
11:30 **O** Out to Lunch Outing
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:30 **P** Mini Golf Competition
3:30 **T** Jeopardy Watch Party

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9:45 **B** Coffee with Courtney
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:00 **O** Dollar Tree Outing
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:15 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party

23

9:45 **B** Coffee with Courtney
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:00 **AR** Bring in Lunch: Culvers
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:30 **AR** Meeting with the Chef
3:30 **T** Jeopardy Watch Party

30

9:45 **B** Coffee with Courtney
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:00 **O** Ride & Treat Scenic Drive
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Guided Meditation
2:00 **B** Ice Cream Social
2:15 **AR** Manicures with Lifestyle
3:30 **T** Jeopardy Watch Party

Wednesday

3

9:30 **FL** Outdoor Walking Club
10:00 **AR** Communion with Dcn Dan
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
12:45 **B** Quiddler
1:00 **AR** Book Club Meeting
2:00 **AR** How it's Made Series
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party

10

9:30 **FL** Outdoor Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
12:45 **B** Quiddler
1:00 **AR** Book Club Meeting
2:00 **AR** Around the World Series
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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9:00 **FL** Library Book Drop Off Day
9:30 **FL** Outdoor Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
12:45 **B** Quiddler
1:00 **AR** Book Club Meeting
2:00 **AR** Activity Planning Meeting
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party

24

9:30 **FL** Outdoor Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
12:45 **B** Quiddler
1:00 **AR** Book Club Meeting
2:00 **AR** Universal Yums Snacks
3:00 **AR** Bingo Bonanza!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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9:30 **FL** Outdoor Walking Club
10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone Exercise
12:45 **B** Quiddler
1:00 **AR** Book Club Meeting
2:30 **AR** Wine Tasting Event
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

Thursday

4

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
12:00 **AR** 4th of July Lunch
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Live Piano: Mark Hoffman
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night
8:00 **AR** Night Owl Club

11

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Live Guitar: Rick Pickren
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night
8:00 **AR** Night Owl Club

18

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit & Tone with David
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Music Therapy Class
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night
8:00 **AR** Night Owl Club

25

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
1:00 **AR** Dominoes
1:30 **T** Rosary Group
2:30 **AR** Tim Wilsey Presents
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night
8:00 **AR** Night Owl Club

Friday

5

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:45 **B** Quiddler
1:00 **AR** Cooking Club - Brownies
1:30 **T** Communion w. Rev. Joanne
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

12

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:45 **B** Quiddler
1:00 **L** Knitting Club
1:00 **AR** Cooking Club - Brownies
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

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9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:45 **B** Quiddler
1:00 **L** Knitting Club
1:00 **AR** Cooking Club - Brownies
1:30 **T** Communion w. Rev. Joanne
2:30 **AR** Happy Hour!
3:30 **T** Jeopardy Watch Party

26

9:30 **2** Walking Club!
10:30 **AR** Morning Reflections
11:00 **AR** White Board Puzzles
11:30 **AR** Sit and Tone Exercise
12:45 **B** Quiddler
1:30 **AR** Senior Olympic Games
2:30 **AR** Olympic Happy Hour
3:30 **T** Jeopardy Watch Party
6:00 **T** Movie Night

Saturday

6

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
12:45 **B** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Craft with Caren
6:00 **T** Movie Night

13

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
12:45 **B** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Quirkle Board Game
6:00 **T** Movie Night

20

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
12:45 **B** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Craft with Caren
6:00 **T** Movie Night

27

10:30 **AR** Morning Reflections
11:00 **AR** Trivia Questions
11:30 **AR** Sit and Tone Exercise
12:45 **B** Quiddler
1:00 **AR** Dominoes
2:00 **AR** Saturday Bingo
3:15 **AR** Quirkle Board Game
6:00 **T** Movie Night

Around our Community



7/01 Dan G.

7/12 Kathleen L.

7/15 George U.

7/18 Joyce O.

7/24 Diane G.

7/24 Marilyn S.

LOCATION KEY

- 2** 2nd Floor Hallway
- AR** Activity Room
- B** Bistro
- T** Theater
- O** Outing
- FL** Front Lobby
- P** Outdoor Patio
- L** Library



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