

UPCOMING COMMUNITY EVENTS



4TH OF JULY

Happy Independence Day!

Join us at 11:30AM on Thursday, July 4th for a BBQ cookout in the Bistro! Be sure to wear your RED, WHITE, AND BLUE!

SUMMER POOL PARTY!

Grab those bathing suits and make a splash because we are throwing a SUMMER POOL PARTY on Friday, July 5th at 2:30PM! If you are interested in joining the chair volleyball tournament, please see Michael!



JULY OUTINGS

BE SURE TO SIGN UP!

Ladies Lunch - July 12th

Dining with Kelleigh - July 15th

Orlando Science Center - July 19th

Mens Lunch - July 26th

Allegro in Winter Park

2701 Howell Branch Road
Winter Park, FL 32792
(407) 961-7074



FLOURISH

JULY 2024

WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

"LET US LIVE LIKE FLOWERS—WILD AND BEAUTIFUL AND DRENCHED IN SUN."

—ELLEN EVERETT

Sunday



7

9:30 **LB** St. Peter & Paul Catholic Church Shuttle
 11:00 **WP** Nondenominational Church Service with Pastor Clint
 11:30 **TH** TCM Sundays
 11:30 **LB** Casselberry Commons
 1:00 **CR** Bridge
 3:00 **WP** Bean Bag Toss
 6:30 **TH** Evening Movie

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9:30 **LB** St. Peter & Paul Catholic Church Shuttle
 11:00 **WP** Nondenominational Church Service with Pastor Clint
 11:30 **TH** TCM Sundays
 11:30 **LB** Casselberry Commons
 1:00 **CR** Bridge
 3:00 **WP** Bean Bag Toss
 6:30 **TH** Evening Movie

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9:30 **LB** St. Peter & Paul Catholic Church Shuttle
 11:00 **WP** Nondenominational Church Service with Pastor Clint
 11:30 **TH** TCM Sundays
 11:30 **LB** Casselberry Commons
 1:00 **CR** Bridge
 3:00 **WP** Bean Bag Toss
 6:30 **TH** Evening Movie

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9:30 **LB** St. Peter & Paul Catholic Church Shuttle
 11:00 **WP** Nondenominational Church Service with Pastor Clint
 11:30 **TH** TCM Sundays
 11:30 **LB** Casselberry Commons
 1:00 **CR** Bridge
 3:00 **WP** Bean Bag Toss
 6:30 **TH** Evening Movie

Monday

1

9:30 **LB** Casselberry Commons
 10:30 **WP** Exercise with Janine
 11:30 **LB** Casselberry Commons
 1:00 **LB** Pharmacy Shuttle
 1:00 **PK** Poker
 2:00 **WP** Chair Volleyball
 2:30 **LB** Banks & Post Office
 3:30 **B** Happy Hour & Entertainment
 6:30 **TH** Evening Movie

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9:30 **LB** Casselberry Commons
 10:30 **WP** Exercise with Janine
 11:30 **LB** Casselberry Commons
 1:00 **LB** Pharmacy Shuttle
 1:00 **PK** Poker
 1:30 **TH** Skin Check Event
 2:00 **WP** Chair Volleyball
 2:30 **LB** Banks & Post Office
 2:30 **TH** Mindful Meditation
 3:30 **B** Happy Hour & Entertainment

15

9:30 **LB** Casselberry Commons
 10:30 **WP** Exercise with Janine
 11:30 **LB** Casselberry Commons
 1:00 **LB** Pharmacy Shuttle
 1:00 **PK** Poker
 2:00 **WP** Chair Volleyball
 2:30 **LB** Banks & Post Office
 3:30 **B** Happy Hour & Entertainment
 4:30 **LB** Dining with Kelleigh
 6:30 **TH** Evening Movie

22

9:30 **LB** Casselberry Commons
 10:30 **WP** Exercise with Janine
 11:30 **LB** Casselberry Commons
 1:00 **LB** Pharmacy Shuttle
 1:00 **PK** Poker
 2:00 **WP** Chair Volleyball
 2:30 **LB** Banks & Post Office
 2:30 **CR** Pop Up Library
 3:30 **B** Happy Hour & Entertainment
 6:30 **TH** Evening Movie

29

9:30 **LB** Casselberry Commons
 10:30 **WP** Exercise with Janine
 11:30 **LB** Casselberry Commons
 11:30 **TH** Mindful Meditation
 1:00 **LB** Pharmacy Shuttle
 1:00 **PK** Poker
 2:00 **WP** Chair Volleyball
 2:30 **LB** Banks & Post Office
 3:30 **B** Happy Hour & Entertainment
 6:30 **TH** Evening Movie

Tuesday

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9:30 **WP** Blood Pressure W/Sharon
 10:30 **WP** Sit & Strengthen with JOY
 11:30 **TH** Orlando Museum of Art
 1:00 **CR** Rummikub
 1:00 **WP** Activity Committee
 2:30 **WP** Patriotic Nail Art
 3:30 **B** Trivia Happy Hour
 6:30 **TH** Evening Movie
 6:30 **P** Sips & Sweets

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7:30 **B** Omlette Station
 9:30 **WP** Blood Pressure W/Sharon
 10:00 **DR** Culinary Committee
 10:30 **WP** Sit & Strengthen with JOY
 11:30 **WP** LeftCenterRight
 1:00 **CR** Rummikub
 1:00 **WP** Arts & Crafts with Mayra
 2:30 **TH** Mindful Meditation
 3:30 **B** Scattegories Happy Hour
 6:30 **TH** Evening Movie

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9:30 **WP** Blood Pressure W/Sharon
 10:30 **WP** Sit & Strengthen with JOY
 11:30 **WP** The Butterfly Lady
 1:00 **CR** Rummikub
 1:30 **TH** Mindful Meditation
 2:30 **WP** Monthly Resident Town Hall
 3:30 **B** Trivia Happy Hour
 6:30 **TH** Evening Movie
 6:30 **P** Sips & Sweets

23

9:30 **WP** Blood Pressure W/Sharon
 10:30 **WP** Sit & Strengthen with JOY
 11:30 **WP** LeftCenterRight
 1:00 **CR** Rummikub
 1:00 **WP** Arts & Crafts with Mayra
 2:30 **TH** Mindful Meditation
 3:30 **B** Scattegories Happy Hour
 6:30 **TH** Evening Movie
 6:30 **P** Sips & Sweets

30

9:30 **WP** Blood Pressure W/Sharon
 10:30 **WP** Sit & Strengthen with JOY
 11:30 **WP** LeftCenterRight
 11:30 **B** Taco Bar
 1:00 **CR** Rummikub
 1:00 **WP** Word Games
 2:30 **B** July Birthday Social
 3:30 **B** Trivia Happy Hour
 6:30 **TH** Evening Movie
 6:30 **P** Sips & Sweets

Wednesday

3

9:45 **TH** Wordle Warm Up
 10:30 **WP** Kicks & Sticks
 1:00 **WP** Artist in You W/Mayra
 1:00 **CR** Canasta
 1:30 **LB** Pharmacy Shuttle
 2:30 **WP** Bible Study
 3:30 **B** Caring Trans. Happy Hour
 6:30 **TH** Evening Movie

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9:45 **TH** Wordle Warm Up
 11:30 **WP** Cooking Demo with Pepe
 1:00 **WP** Artist in You W/Mayra
 1:00 **CR** Canasta
 1:30 **LB** Pharmacy Shuttle
 2:30 **WP** Bible Study
 3:30 **B** Vitas Happy Hour
 6:30 **TH** Evening Movie

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9:45 **TH** Wordle Warm Up
 10:30 **WP** Kicks & Sticks
 1:00 **WP** Artist in You W/Mayra
 1:00 **CR** Canasta
 1:30 **LB** Pharmacy Shuttle
 2:30 **WP** Bible Study
 3:30 **B** Sandcastle Happy Hour
 6:30 **TH** Evening Movie

24

9:45 **TH** Wordle Warm Up
 10:30 **TH** Crossword Mania
 1:00 **WP** Artist in You W/Mayra
 1:00 **CR** Canasta
 1:30 **LB** Pharmacy Shuttle
 2:30 **WP** Bible Study
 3:30 **B** Family/Friends Happy Hour
 6:30 **TH** Evening Movie

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9:45 **TH** Wordle Warm Up
 11:00 **WP** Slime Time!
 1:00 **WP** Artist in You W/Mayra
 1:00 **CR** Canasta
 1:30 **LB** Pharmacy Shuttle
 2:30 **WP** Bible Study
 3:30 **B** Family/Friends Happy Hour
 6:30 **TH** Evening Movie

Thursday

4

4th of July
 11:30 **A** 4th of July Cookout
 1:00 **CR** Bridge
 2:00 **TH** Yankee Doodle Dandy
 6:30 **TH** Evening Movie

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9:30 **WP** Thai Chi W/M. Robertson
 10:30 **P** Water Aerobics with Joy
 11:30 **WP** Trivial Pursuit
 1:00 **CR** Bridge
 1:00 **WP** Pop Culture News
 2:00 **WP** Whine for Wine
 3:30 **B** Bar Bingo Happy Hour
 6:30 **TH** Evening Movie

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9:30 **WP** Thai Chi W/M. Robertson
 10:30 **P** Water Aerobics with Joy
 11:30 **WP** Pool Hour with Lifestyles
 1:00 **CR** Bridge
 1:15 **WP** Choir with Madison
 2:00 **TH** Tech Class with Mauricio
 3:30 **B** Peanut Auction Happy Hour
 6:30 **TH** Evening Movie

25

9:30 **WP** Thai Chi W/M. Robertson
 10:30 **P** Water Aerobics with Joy
 11:30 **WP** Trivial Pursuit
 1:00 **CR** Bridge
 1:00 **WP** Whine for Wine
 2:00 **WP** Mixology 101
 3:30 **B** Bar Bingo Happy Hour
 6:30 **TH** Evening Movie

Friday

5

9:30 **TH** Guided Travelogue
 9:30 **LB** Walmart Shuttle
 10:00 **CR** Mahjong
 10:30 **WP** Exercise with Janine
 11:30 **LB** Trader Joes Shuttle
 2:30 **P** Summer Pool Party
 3:30 **P** Chair Volleyball Tournament
 6:30 **TH** Evening Movie

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9:30 **TH** Guided Video Exercise
 10:00 **LB** Target Shuttle
 10:00 **CR** Mahjong
 10:30 **WP** Exercise with Janine
 11:30 **LB** Ladies Lunch Outing
 1:00 **PD** Shabbat Service
 2:00 **WP** Chair Volleyball
 3:30 **B** Happy Hour & Entertainment
 6:30 **TH** Evening Movie

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9:30 **TH** Guided Travelogue
 10:00 **CR** Mahjong
 10:00 **LB** Orlando Science Center
 10:30 **WP** Exercise with Janine
 1:00 **PD** Book Club with Barbara
 2:00 **WP** Chair Volleyball
 3:30 **B** Happy Hour & Entertainment
 6:30 **TH** Evening Movie

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9:30 **TH** Guided Video Exercise
 10:00 **LB** Dollar Tree Shuttle
 10:00 **CR** Mahjong
 10:30 **WP** Exercise with Janine
 11:30 **LB** Mens Lunch Outing
 2:00 **WP** Chair Volleyball
 3:30 **B** Happy Hour & Entertainment
 6:30 **TH** Evening Movie

Saturday

6

9:00 **LB** Congregation Ohev Shalom Shuttle
 9:30 **LB** Walk to Wellness
 10:00 **LB** Pharmacy Shuttle
 10:30 **WP** Chair Yoga with Joy
 1:30 **WP** Bingo for Bucks
 3:00 **WP** Bean Bag Toss
 6:30 **TH** Evening Movie

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9:00 **LB** Congregation Ohev Shalom Shuttle
 9:30 **LB** Walk to Wellness
 10:00 **LB** Pharmacy Shuttle
 10:30 **WP** Chair Yoga with Joy
 1:30 **WP** Bingo for Bucks
 3:00 **WP** Root Beer Floats
 6:30 **TH** Evening Movie

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9:00 **LB** Congregation Ohev Shalom Shuttle
 9:30 **LB** Walk to Wellness
 10:00 **LB** Pharmacy Shuttle
 10:30 **WP** Chair Yoga with Joy
 1:30 **WP** Bingo for Bucks
 3:00 **WP** Bean Bag Toss
 6:30 **TH** Evening Movie

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9:00 **LB** Congregation Ohev Shalom Shuttle
 9:30 **LB** Walk to Wellness
 10:00 **LB** Pharmacy Shuttle
 10:30 **WP** Chair Yoga with Joy
 1:30 **WP** Bingo for Bucks
 3:00 **WP** Bean Bag Toss
 6:30 **TH** Evening Movie

Around our Community

RESIDENT BIRTHDAYS

- 7/2 Kathi Durnford
- 7/7 Katherine Christensen
- 7/11 Parker Osment
- 7/13 Yvonne Manking
- 7/13 Margaret Wilson
- 7/14 Ann Patton
- 7/17 Marcia Starcher
- 7/20 Kimi Springsteen
- 7/23 Andrew Portelli
- 7/23 Eleanor Tschopp
- 7/24 Gunild Lopdrop
- 7/27 Sue Cameron
- 7/28 Brigette King
- 7/28 Alvin Chanis
- 7/28 Koula Curtis
- 7/30 Marilyn Flood

LOCATION KEY

- LB** Lobby
- WP** Winter Park Room
- PK** Poker Room
- B** Bistro
- TH** Rollins Theater
- CR** Card Room
- P** Pool
- A** Atrium
- DR** Dining Room
- PD** Private Dining

Allegro in Winter Park

2701 Howell Branch Road
 Winter Park, FL 32792
 (407) 961-7074
<https://www.allegroliving.com/senior-living-winter-park-florida.html>

