




November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Alto Evergreen Walk</p> <p>1000 Cottonwood Lane South Windsor CT 06074 (860) 288 - 1699 www.AltoEvergreenWalk.com</p>					<p>National Jersey Friday 1 Wear Your Favorite Team Jersey</p> <p>9:40 This Day in History 10:00 Friday Exercise Fun 10:30 Wordsearch 11:00 Crossword Challenge 1:00 Out Trip 2:00 Movie Matinee 4:00 Drinks by the Fire 6:00 Movie</p>	<p>2</p> <p>10:00 Saturday Exercise 10:30 Wordsearch 11:00 Crossword Challenge 1:00 Bingo Extravaganza 2:00 Puzzle Time 3:00 Travel – Venice, Florence, Rome 4:00 Happy Hour 6:00 Movie</p>
<p>Daylight Saving Time Ends 3</p> <p>9:40 This Day in History 10:00 Sunday Mass – Independent 10:00 Meditative Coloring 11:00 Sunday Stretch w/ Sarah 1:30 QiGong w/ Marivik 2:30 Sunday Craft w/ Sarah 3:30 Bocce Ball 4:00 Pictionary 6:00 Movie</p>	<p>4</p> <p>9:40 This Day in History 10:00 Get Fit Exercise 10:30 Wordsearch Challenge 11:00 Current Events – Independent 11:00 November Facts 1:30 Cornhole 2:30 Word Wheel 3:30 Drum Circle w/ Maggie 4:00 November Trivia & Memories 6:00 Movie</p>	<p>National Donut Day / Election Day 5</p> <p>10:00 Mass w/ Communion & Rosary 10:30 Daily Wordsearch w/ Donuts 11:00 Stretch w/ Steph 1:00 Choir Rehearsal w/ Richard 2:00 Impressionist Era Art History 3:00 Rummikib – Independent 3:30 Make Memory Boards 3:45 Short Story and Discussion 6:00 Movie</p>	<p>6</p> <p>9:40 This Day in History 10:00 Flu & COVID Vaccine Clinic 10:30 Wordsearch Challenge 11:00 Calendar Committee 1:30 Jeff the Plant Guy 3:00 Bowling Competition 3:00 Poker – Independent 4:00 Get to Know Your Neighbor 6:00 Movie</p>	<p>Allegro at Sea Journey to Italy 7</p> <p>9:40 Welcome to Italy – Fun Facts 10:00 Exercise through Rome 10:30 Cappuccino & Biscotti Bar w/ Wordsearch & Chat w/ Bill 1:30 Travel: 50 Most Beautiful Villages in Italy 2:30 Charcuterie Cups & Wine Tasting 3:30 Bocce Ball 4:00 Ashly Cruz – Cruise through Italy Party 6:00 Movie – Bicycle Thieves</p>	<p>8</p> <p>9:40 This Day in History 10:00 Friday Exercise Fun 10:30 Wordsearch 11:00 Gratitude Circle 11:30 Out Trip – Maggie McFly's Restaurant 2:00 Cornhole 3:00 TED Talk & Discussion 4:00 Drinks by the Fire 6:00 Movie</p>	<p>9</p> <p>10:00 Rock n' Exercise 10:30 Wordsearch Challenge 11:00 Family Feud 1:00 Bingo Extravaganza 2:00 Words Within a Word Challenge 3:00 Fireside Chat 4:00 Happy Hour 6:00 Movie</p>
<p>10</p> <p>9:40 This Day in History 10:00 Sunday Mass – Independent 10:00 Puzzle Time 11:00 Sunday Stretch 1:30 Noodle Volleyball 2:00 Movie Matinee w/ Popcorn 4:00 Whiteboard Word Games 6:00 Movie</p>	<p>Veterans Day 11</p> <p>9:40 This Day in History 10:00 Get Fit Exercise 10:30 Wordsearch Challenge 11:00 Current Events – Independent 1:30 Cornhole 2:30 Veterans Day Discussion 3:00 Patriotic Sing Along 3:30 Fireside Chat 6:00 Movie</p>	<p>Nat'l Chicken Soup for the Soul Day 12</p> <p>10:00 Mass w/ Communion & Rosary 10:30 Daily Wordsearch 11:00 Watercolors w/ Paul 1:30 Stretch w/ Steph 2:00 Impressionist Art – Claude Monet 2:45 Chicken Soup for the Soul Discussion 3:00 Rummikib – Independent 3:30 Golf in a Box 4:00 Name That Tune Tuesday 6:00 Movie</p>	<p>13</p> <p>9:40 This Day in History 10:00 Sunrise Stretch 10:30 Coffee w/ the Mayor 10:30 Crossword Challenge 1:30 Cornhole 2:15 Poetry Discovering Haiku 3:00 Bowling 3:00 Poker – Independent 4:00 ABC 123 Word Game 6:00 Movie</p>	<p>14</p> <p>9:40 This Day in History 10:00 Stretch It Out Exercise 10:30 Wordsearch 10:30 Crossword Challenge 1:30 Walk to Stay Fit 2:00 Ladie's Tea Party 2:00 Men's Club 3:00 Health Talk w/ Karla 3:00 Set Back Card Game – Independent 4:00 Fireside Chat 6:00 Movie</p>	<p>15</p> <p>9:40 This Day in History 10:00 Friday Exercise Fun 10:30 Reborns w/ Reasons 1:00 Out Trip – Revolutions Bowling 2:00 Movie Matinee 4:00 Drinks by the Fire 6:00 Movie</p>	<p>16</p> <p>10:00 Rock n' Exercise 10:30 Crossword Challenge 11:00 Family Feud 1:00 Bingo Extravaganza 2:00 Concert Series Royal Philharmonic Classic Gala Concert May 2024 4:00 Happy Hour 6:00 Movie</p>
<p>17</p> <p>9:40 This Day in History 10:00 Sunday Mass – Independent 10:00 Meditative Coloring 11:00 Sunday Stretch w/ Sarah 1:30 QiGong w/ Marivik 2:30 Thanksgiving Craft w/ Sarah 3:30 Ladderball 4:00 Trivia Challenge 6:00 Movie</p>	<p>18</p> <p>9:40 This Day in History 10:00 Get Fit Exercise 10:30 Wordsearch Challenge 11:00 Current Events – Independent 1:30 Cornhole 2:30 Meditative Coloring 3:30 Pokeno 4:00 Joggin' Your Noggin 6:00 Movie</p>	<p>19</p> <p>10:00 Mass w/ Communion & Rosary 10:30 Daily Wordsearch 11:00 Stretch w/ Steph 1:00 Choir Rehearsal w/ Richard 2:00 Impressionist Art – Pierre August Renoir 3:00 Rummikib – Independent 3:30 Short Story and Discussion 6:00 Movie</p>	<p>20</p> <p>9:40 This Day in History 10:00 Sunrise Stretch 10:30 Coffee & Wordsearch 11:00 Enhabit Health Talk w/ Kylie 1:30 Bucket Pong 2:00 Veteran's Club 2:15 Balloon Burst 3:00 Bowling 3:00 Poker – Independent 4:00 Whiteboard Word Games 6:00 Movie</p>	<p>21</p> <p>9:40 This Day in History 10:00 Stretch It Out Exercise 10:30 Crossword Challenge 10:30 Wordsearch 1:30 Walk to Stay Fit 2:00 T-Bone – Monthly Birthday Bash 3:00 Pokeno 3:00 Set Back Card Game – Independent 4:00 Fireside Chat 6:00 Movie</p>	<p>22</p> <p>9:40 This Day in History 10:00 Friday Exercise Fun 10:30 Wordsearch 11:30 Hibachi Grill Buffet Restaurant 2:00 Golf in a Box 3:00 TED Talk & Discussion 4:00 Drinks by the Fire 6:00 Movie</p>	<p>23</p> <p>10:00 Saturday Exercise 10:30 Wordsearch 1:00 Bingo Extravaganza 2:00 Word Wheel 3:00 Skip Bo Card Game 4:00 Happy Hour 6:00 Movie</p>
<p>24</p> <p>9:40 This Day in History 10:00 Sunday Mass – Independent 10:00 Meditative Coloring 11:00 Sunday Stretch 2:00 Pokeno 3:00 Crafting w/ Stephanie 4:00 Thanksgiving Trivia 6:00 Movie</p>	<p>25</p> <p>9:40 This Day in History 10:00 Get Fit Exercise 10:30 Wordsearch Challenge 11:00 Current Events – Independent 1:30 Cornhole 2:30 Scrabble 3:30 Finish the Phrase 4:00 ABC 123 Word Game 6:00 Movie</p>	<p>26</p> <p>9:40 This Day in History 10:00 Mass w/ Communion & Rosary 10:30 Daily Wordsearch 11:00 Watercolors w/ Paul 1:30 Stretch w/ Steph 2:00 Resident Council Meeting 3:00 Impressionist Art - Painting 3:00 Rummikib – Independent 3:45 A Look Back at Macy's Balloons 6:00 Movie</p>	<p>27</p> <p>9:40 This Day in History 10:00 Sunrise Stretch 10:30 Oil Painting w/ Brianna 10:30 Wordsearch 1:30 Tech Class 2:15 Poetry Discussion & Reading 3:00 Poker – Independent 4:00 Wacky Wednesday Trivia 6:00 Movie</p>	<p>Thanksgiving Day 28</p> <p>9:00 Macy's Day Parade 11:00 Thanksgiving Lunch 1:00 Matinee – Holiday 6:00 Movie – First Daughter</p>	<p>29</p> <p>9:40 This Day in History 10:00 Friday Exercise Fun 10:30 Wordsearch 11:00 Gratitude Circle 2:00 Cornhole 3:00 TED Talk & Discussion 4:00 Drinks by the Fire 6:00 Movie</p>	<p>30</p> <p>10:00 Saturday Exercise 10:30 Wordsearch 1:00 Bingo Extravaganza 2:00 Ladderball 3:00 Domines 4:00 Happy Hour 6:00 Movie</p>

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<p>Alto Evergreen Walk 1000 Cottonwood Lane South Windsor CT 06074 (860) 288 - 1699 www.AltoEvergreenWalk.com</p>					<p>1 9:30 Let's Make a Deal 10:00 Morning Mass 10:30 Morning Movement 11:00 Refresh and Relax 1:30 Live Music w/ Larry Batter 2:30 Afternoon Snack 3:00 Movie Matinee 5:30 Orchestra Live</p>	<p>2 9:30 New News! 10:00 Morning Mass 10:30 Sunrise Stretches 11:00 Mix and Match 1:30 Connect Four 2:30 Afternoon Snack 3:00 Sensory Station 3:30 Travel to Ohio 4:00 Karaoke one 5:30 Movie Night</p>
<p>3 9:30 New News! 10:00 Morning Mass 10:30 Sunday Stretches 11:00 Match It Up 1:30 Chair Volleyball 2:00 Daylight Savings Facts 3:00 Walking Club 3:30 Sunset Travels 4:00 Singing w/ Susie Q 5:30 A Night at The Movies</p>	<p>4 9:30 Family Feud 10:00 Morning Mass 10:30 Moving and Grooving 11:00 Famous Faces 1:30 Cornhole Tournament 2:30 Candy Count 3:00 Monday Mocktails 3:30 Road Trip Scenes 4:00 Symphony Tunes 5:30 Dick Van Dyke Show</p>	<p>5 9:30 Price Is Right 10:00 Morning Mass 10:30 Baking Group (Donuts) 1:30 Afternoon Exercise 2:30 Donut Decorating 3:00 Craft Corner 4:00 Oldies but Goodies 6:00 I Love Lucy</p>	<p>6 10:00 Morning Mass 10:30 Midweek Stretch 11:00 Bingo 1:30 Bowling Trip 1:30 Great British Bake Off 3:00 Music Circle 3:30 Exploring Landmarks 4:00 Music Memory 5:30 Midweek Movie</p>	<p>Allegro at Sea: Italy 7 10:00 Morning Mass 10:30 Running to Italy 11:00 Coffee and Facts 1:30 Roman Gladiators 2:30 Italian Wine Trail 3:00 Italy Trivia 3:30 Travel to Italy 4:00 Italian Tunes 5:30 Bonanza</p>	<p>8 9:30 Let's Make a Deal 10:00 Morning Mass 10:30 Morning Movement 11:00 Refresh and Relax 1:30 Putt Putt 2:30 Afternoon Snack 3:00 Movie Matinee 5:30 Orchestra Live</p>	<p>9 9:30 New News! 10:00 Morning Mass 10:30 Sunrise Stretches 11:00 Bean Bag Toss 1:30 Color Corner 2:30 Afternoon Snack 3:00 Sensory Station 3:30 Travel to Louisiana 4:00 Karaoke one 5:30 Movie Night</p>
<p>10 9:30 New News! 10:00 Morning Mass 10:30 Sunday Stretches 11:00 Match It Up 1:30 Chair Volleyball 2:00 Who Am I 3:00 Walking Club 3:30 Sunset Travel 4:00 Singing w/ Susie Q 5:30 A Night at The Movies</p>	<p>Veterans Day 11 9:30 Family Feud 10:00 Morning Mass 10:30 Moving and Grooving 11:00 Veterans Day History 1:30 Letters to Our Troops 2:30 Ice Cream Sundae's 3:00 Veterans Day Video 5:30 Dick Van Dyke Show</p>	<p>12 9:30 Price Is Right 10:00 Morning Mass 10:30 Baking Group (Caramel Apple Grapes) 1:30 Sound Meditation 2:30 Balloon Burst 3:00 Craft Corner 4:00 Oldies but Goodies 6:00 I Love Lucy</p>	<p>13 9:30 Wheel of Fortune 10:00 Morning Mass 10:30 Midweek Stretch 11:00 Bingo 11:30 Lunch Trip 1:30 Balloon Burst 3:00 Music Circle 3:30 Exploring Landmarks 4:00 Music Memory 5:30 Midweek Movie</p>	<p>14 9:30 Deal or No Deal 10:00 Morning Mass 10:30 Chair Yoga 11:00 Cup Pong 1:30 Ring Toss 2:30 Bean Bag Toss 3:00 Hand Massages 3:30 Timeless Traveler 4:00 Throwback Tunes 5:30 Bonanza</p>	<p>15 9:30 Let's Make a Deal 10:00 Morning Mass 10:30 Morning Movement 11:00 Refresh and Relax 1:30 Putt Putt 2:30 Afternoon Snack 3:00 Movie Matinee 5:30 Orchestra Live</p>	<p>16 9:30 New News! 10:00 Morning Mass 10:30 Sunrise Stretches 11:00 Balloon Burst 1:30 Noodle Swat 2:30 Afternoon Snack 3:00 Sensory Station 3:30 Travel to Indiana 4:00 Karaoke one 5:30 Movie Night</p>
<p>17 9:30 New News! 10:00 Morning Mass 10:30 Sunday Stretches 11:00 Match It Up 1:30 Chair Volleyball 2:00 Finish the Lyrics 3:00 Walking Club 3:30 Sunset Travel 4:00 Singing w/ Susie Q 5:30 A Night at The Movies</p>	<p>18 9:30 Family Feud 10:00 Morning Mass 10:30 Moving and Grooving 11:00 Famous Faces 1:30 Cornhole Tournament 3:00 Monday Mocktails 3:30 Road Trip Scenes 4:00 Symphony Tunes 5:30 Dick Van Dyke Show</p>	<p>19 9:30 Price Is Right 10:00 Morning Mass 10:30 Walk It Out 11:00 Watercolor Class 1:30 Afternoon Exercise 2:30 List It Word Game 3:00 Craft Corner 4:00 Oldies but Goodies 6:00 I Love Lucy</p>	<p>20 9:30 Wheel of Fortune 10:00 Morning Mass 10:30 Midweek Stretch 11:00 Bingo 1:30 Scenic Drive 2:30 Afternoon Snack 3:00 Music Circle 3:30 Exploring Landmarks 4:00 Music Memory 5:30 Midweek Movie</p>	<p>21 9:30 Deal or No Deal 10:00 Morning Mass 10:30 Chair Yoga 11:00 Cup Pong 1:30 Ring Toss 2:30 Afternoon Snack 3:00 Hand Massages 3:30 Timeless Traveler 4:00 Throwback Tunes 5:30 Bonanza</p>	<p>22 9:30 Let's Make a Deal 10:00 Morning Mass 10:30 Morning Movement 11:00 Refresh and Relax 1:30 Putt Putt 2:30 Afternoon Snack 3:00 Movie Matinee 5:30 Orchestra Live</p>	<p>23 9:30 New News! 10:00 Morning Mass 10:30 Sunrise Stretches 11:00 Wordle 1:30 Chair Soccer 2:30 Afternoon Snack 3:00 Sensory Station 3:30 Travel to Ireland 4:00 Karaoke one 5:30 Movie Night</p>
<p>27 9:30 New News! 10:00 Morning Mass 10:30 Sunday Stretches 11:00 Match It Up 1:30 Chair Volleyball 2:00 Who, What, Where 3:00 Walking Club 3:30 Sunset Travels 4:00 Singing w/ Susie Q 5:30 A Night at The Movies</p>	<p>25 9:30 Family Feud 10:00 Morning Mass 10:30 Moving and Grooving 11:00 Famous Faces 1:30 Cornhole Tournament 2:30 M-Y-O Parfait 3:00 Monday Mocktails 3:30 Road Trip Scenes 4:00 Symphony Tunes 5:30 Dick Van Dyke Show</p>	<p>26 9:30 Price Is Right 10:00 Morning Mass 10:30 Baking Group (Pumpkin Bread) 1:30 Afternoon Exercise 2:30 Word Wheel 3:00 Turkey Craft 4:00 Oldies but Goodies 6:00 I Love Lucy</p>	<p>27 9:30 Wheel of Fortune 10:00 Morning Mass 10:30 Midweek Stretch 10:30 Coffee at The Park 1:30 I Am Thankful For 2:30 Afternoon Snack 3:00 Music Circle 3:30 Exploring Landmarks 4:00 Music Memory 5:30 Midweek Movie</p>	<p>Thanksgiving Day 28 9:30 Deal or No Deal 10:00 Morning Mass 10:30 Macy's Day Parade 11:30 Thanksgiving Lunch 1:30 Afternoon Matinee 4:00 Throwback Tunes</p>	<p>29 9:30 Let's Make a Deal 10:00 Morning Mass 10:30 Morning Movement 11:00 Refresh and Relax 1:30 Putt Putt 2:30 Afternoon Snack 3:00 Movie Matinee 5:30 Orchestra Live</p>	<p>30 9:30 New News! 10:00 Morning Mass 10:30 Sunrise Stretches 11:00 List It 1:30 Word in A Word 2:30 Afternoon Snack 3:00 Sensory Station 3:30 Travel to Mississippi 4:00 Karaoke one 5:30 Movie Night</p>