

Sunday



- 3** Daylight Saving Time Ends
- 10:00 **CR** Exercise Class w/ Emma
- 10:30 **TH** Catholic Services (Virtual)
- 10:30 **CR** Watercolor/Glass Painting Class
- 11:00 **CR** Brain Games Puzzle
- 1:30 **CR** Bingo
- 3:00 **BI** Ice Cream Social
- 4:00 **CR** Poetry Club
- 7:00 **TH** Classic's: Midnight Run (N)
- 10**
- 10:00 **CR** Exercise Class w/ Emma
- 10:30 **TH** Catholic Services (Virtual)
- 10:30 **CR** Watercolor/Glass Painting Class
- 11:00 **CR** Brain Games Puzzle
- 1:30 **CR** Bingo
- 3:00 **BI** Ice Cream Social
- 4:00 **CR** Poetry Club
- 7:00 **TH** Classic's: Scarface (N)
- 17**
- 10:00 **CR** Exercise Class w/ Emma
- 10:30 **TH** Catholic Services (Virtual)
- 10:30 **CR** Watercolor/Glass Painting Class
- 11:00 **CR** Brain Games Puzzle
- 1:30 **CR** Bingo
- 3:00 **BI** Sunday Fun-Day w/ Barbara
- 4:00 **CR** Poetry Club
- 7:00 **TH** Classic's: Marnie (N)
- 24**
- 10:00 **CR** Exercise Class w/ Emma
- 10:30 **TH** Catholic Services (Virtual)
- 10:30 **CR** Watercolor/Glass Painting Class
- 11:00 **CR** Brain Games Puzzle
- 1:30 **CR** Bingo
- 3:00 **BI** Ice Cream Social
- 4:00 **CR** Poetry Club
- 7:00 **TH** Classic's: The Thin Blue Line (N)

Monday



- 4**
- 9:45 **BI** Daily Activity Briefing
- 10:00 **CR** Morning Stretch
- 10:45 **CR** Word Games
- 11:30 **P** Water Aerobics w/ Omar
- 1:30 **CR** Blast to the Past
- 2:30 **CD** Blackjack (RSVP)
- 3:00 **CR** Flower Arrangement
- 6:30 **CR** Bingo Night
- 11**
- Veterans Day
- 9:45 **BI** Daily Activity Briefing
- 10:00 **CR** Morning Stretch
- 10:30 **BI** YaYa K. Designs
- 10:45 **CR** Word Games
- 11:30 **P** Water Aerobics w/ Omar
- 1:30 **CR** Veterans Day Lecture w/ Ronelle
- 2:30 **CD** Blackjack (RSVP)
- 3:00 **CR** Jewelry Design
- 18**
- 9:45 **BI** Daily Activity Briefing
- 10:00 **CR** Morning Stretch
- 10:45 **CR** Word Games
- 11:30 **P** Water Aerobics w/ Omar
- 1:30 **CR** Blast to the Past
- 2:30 **CD** Blackjack (RSVP)
- 3:00 **CR** Flower Arrangement
- 6:30 **CR** Bingo Night
- 25**
- 9:45 **BI** Daily Activity Briefing
- 10:00 **CR** Morning Stretch
- 10:45 **CR** Word Games
- 11:30 **P** Water Aerobics w/ Omar
- 1:30 **CR** Blast to the Past
- 2:30 **CD** Blackjack (RSVP)
- 3:00 **CR** Jewelry Design
- 6:30 **CR** Bingo Night

Tuesday



- 5**
- 9:45 **BI** Daily Activity Briefing
- 10:30 **CR** Fitness Fusion w/ Barbara
- 11:00 **LI** Spanish Lessons
- 11:30 **BI** Valerie's Shop
- 1:30 **CR** Bingo
- 2:30 **LI** Technology Support
- 3:00 **BI** Wine Down Karaoke Time
- 6:30 **CR** Games Night
- 12**
- 9:45 **BI** Daily Activity Briefing
- 10:30 **CR** Fitness Fusion w/ Barbara
- 11:00 **LI** Spanish Lessons
- 1:30 **CR** Bingo
- 2:30 **LI** Technology Support
- 3:00 **TH** Parkinson's Support Group
- 3:00 **BI** Wine Down Karaoke
- 6:30 **BI** Ladies Let's Talk
- 19**
- 9:45 **BI** Daily Activity Briefing
- 10:30 **CR** Fitness Fusion w/ Barbara
- 11:00 **LI** Spanish Lessons
- 1:30 **CR** Bingo
- 2:30 **LI** Technology Support
- 3:00 **BI** Wine Down Karaoke Time
- 6:30 **CR** Games Night
- 26**
- 9:45 **BI** Daily Activity Briefing
- 10:30 **CR** Fitness Fusion w/ Barbara
- 11:00 **LI** Spanish Lessons
- 1:30 **CR** Bingo
- 2:30 **LI** Technology Support
- 3:00 **BI** Wine Down Karaoke
- 6:30 **CR** Games Night

Wednesday

Allegro in Parkland

5901 Loxahatchee Road
Parkland, FL 33067
(954) 376-6754

<https://www.allegroliving.com/senior-living-parkland-florida.html>

- 6**
- 9:45 **BI** Daily Activity Briefing
- 10:00 **CR** Chair Exercise
- 10:45 **CR** Matinee Bingo
- 11:30 **P** Water Aerobics w/ Omar
- 1:15 **CR** Stretch & Relax
- 2:00 **CR** Book Review w/ Linda
- 2:30 **BR** Gentlemans Club
- 3:00 **CR** Live Virtual Lecture: The Science of Stress
- 7:00 **TH** Movie: Two Weeks Notice (N)
- 13**
- 9:45 **BI** Daily Activity Briefing
- 10:00 **CR** Chair Exercise
- 10:45 **CR** Matinee Bingo
- 11:30 **P** Water Aerobics w/ Omar
- 1:15 **CR** Stretch & Relax
- 2:00 **CR** Rummikub Hour
- 2:30 **BR** Gentlemans Club
- 3:00 **CR** Live Virtual Lecture:
- 7:00 **CR** Casino Night (RSVP)
- 20**
- 9:45 **BI** Daily Activity Briefing
- 10:00 **CR** Chair Exercise
- 10:45 **CR** Matinee Bingo
- 11:00 **PDR** Caregiver Alzheimer's Association Support Group
- 11:30 **P** Water Aerobics w/ Omar
- 1:15 **CR** Stretch & Relax
- 2:15 **CR** Bear Necessities w/ Bonnie
- 2:30 **BR** Gentlemans Club
- 3:00 **CR** Live Virtual Lecture: Henri
- 27**
- 9:45 **BI** Daily Activity Briefing
- 10:00 **CR** Chair Exercise
- 10:45 **CR** Matinee Bingo
- 11:30 **P** Water Aerobics w/ Omar
- 1:15 **CR** Stretch & Relax
- 2:00 **CR** Rummikub Hour
- 2:30 **BR** Gentlemans Club
- 3:00 **CR** Live Virtual Lecture:
- 7:00 **CR** Casino Night. (RSVP)

Thursday

- 7**
- 9:45 **BI** Daily Activity Briefing
- 10:30 **CR** Fitness Fusion w/ Barbara
- 11:00 **O** Outing: Hong Kong City BBQ
- 11:30 **TH** Communion Services
- 1:30 **CR** Bingo Time
- 3:15 **CR** Current Events w/ Art B
- 4:00 **GR** Chess Hour
- 6:30 **CR** Table Talk w/ Eric
- 14**
- 9:45 **BI** Daily Activity Briefing
- 10:30 **CR** Fitness Fusion w/ Barbara
- 11:00 **O** Outing: Butterfly World
- 11:30 **TH** Communion Services
- 1:30 **CR** Painting Class w/ Norberto
- 3:00 **CR** Sip Sip Bingo
- 4:00 **GR** Chess Hour
- 6:30 **CR** Table Talk w/ Eric
- 21**
- 9:45 **BI** Daily Activity Briefing
- 10:30 **CR** Fitness Fusion w/ Barbara
- 11:00 **O** Outing: Seminole Casino
- 11:30 **TH** Communion Services
- 1:30 **CR** Bingo Time
- 3:00 **CR** Town Hall Meeting
- 4:00 **GR** Chess Hour
- 7:00 **CR** Current Events w/ Art B
- 28**
- Happy Thanksgiving
- 8:00 Thanksgiving Macy's Parade
- 9:45 **BI** Daily Activity Briefing
- 10:30 **CR** Fitness Fusion w/ Barbara
- 11:30 **TH** Communion Services
- 1:30 **CR** Painting Class w/ Norberto
- 3:00 **CR** Sip Sip Bingo
- 4:00 **GR** Chess Hour
- 7:00 **TH** Movie Night: The other side of the wind (N)

Friday

- 1**
- 9:45 **BI** Daily Activity Briefing
- 10:00 **CR** Chair Exercise
- 10:30 **CR** Music Trivia-Sing Along
- 1:30 **CR** Bingo
- 3:00 **BI** Happy Hour w/ Teresa
- 4:00 **BI** Shabbat Service
- 6:45 **BI** Mixology Friday.
- 8**
- 9:45 **BI** Daily Activity Briefing
- 10:00 **CR** Chair Exercise
- 10:30 **CR** Music Trivia-Sing Along
- 1:30 **CR** Bingo
- 3:00 **BI** Happy Hour w/ Kenny
- 4:00 **BI** Shabbat Service
- 6:45 **BI** Mixology Friday.
- 15**
- 9:45 **BI** Daily Activity Briefing
- 10:00 **CR** Chair Exercise
- 10:30 **CR** Music Trivia-Sing Along
- 1:30 **CR** Bingo
- 3:00 **BI** Happy Hour w/ Mind & Melody
- 4:00 **BI** Shabbat Service
- 6:45 **BI** Mixology Friday
- 22**
- 9:45 **BI** Daily Activity Briefing
- 10:00 **CR** Chair Exercise
- 10:30 **CR** Music Trivia-Sing Along
- 1:30 **CR** Bingo
- 3:00 **BI** Monthly Birthday's Celebration Happy Hour
- 4:00 **BI** Shabbat Service
- 6:45 **BI** Mixology Friday.
- 29**
- Black Friday
- 9:45 **BI** Daily Activity Briefing
- 10:00 **CR** Chair Exercise
- 10:30 **CR** Music Trivia-Sing Along
- 1:30 **CR** Bingo
- 3:00 **BI** Happy Hour w/ Alberto
- 4:00 **BI** Shabbat Service
- 6:45 **BI** Mixology Friday.

Saturday

- 2**
- 10:00 **CR** Chair Yoga
- 11:00 **O** Outing to Walmart
- 11:00 **CR** Family Feud
- 11:15 **BI** Pet Therapy
- 1:30 **CR** Bingo
- 2:30 **LI** Veterans Club
- 3:00 **BI** Puzzle & Game Afternoon
- 7:00 **TH** Movie Night: Falling for Figaro (N)
- 9**
- 10:00 **CR** Chair Yoga
- 11:00 **O** Outing to Publix
- 11:00 **CR** Family Feud
- 11:15 **BI** Pet Therapy
- 1:30 **CR** Bingo
- 2:30 **LI** Veterans Club
- 3:00 **BI** Puzzle & Game Afternoon
- 7:00 **BI** Showtime w/: James P
- 16**
- 10:00 **CR** Chair Yoga
- 11:00 **O** Outing to Walmart
- 11:00 **CR** Family Feud
- 11:15 **BI** Pet Therapy
- 1:30 **CR** Bingo
- 2:30 **LI** Veterans Club
- 3:00 **BI** Puzzle & Game Afternoon
- 7:00 **TH** Movie Night: Queen Bees
- 23**
- 10:00 **CR** Chair Yoga
- 11:00 **O** Outing to Publix
- 11:00 **CR** Family Feud
- 11:15 **BI** Pet Therapy
- 1:30 **CR** Bingo
- 2:30 **LI** Veterans Club
- 3:00 **BI** Puzzle & Game Afternoon
- 7:00 **TH** Movie Night: Queen Bees
- 30**
- 10:00 **CR** Chair Yoga
- 11:00 **O** Outing to Walmart
- 11:00 **CR** Family Feud
- 11:15 **BI** Pet Therapy
- 1:30 **CR** Bingo
- 2:30 **LI** Veterans Club
- 3:00 **BI** Puzzle&Game Afternoon
- 7:00 **TH** Movie night: I'm Woman

Notes

Please remember all activities are subject to change

11/11-Veterans Day

11/28-Happy Thanksgiving

11/29-Black Friday



LOCATION KEY

- BI** Bistro
- CR** Community Room
- O** Outing
- LI** Library
- TH** Eagle Theater
- P** Pool
- CD** Card Room
- BR** Billiards Room
- GR** Game Room
- PDR** Private Dining Room

Sunday



- 3**
9:00 DR Breakfast w/Paul McCartney
10:00 CR Balance & Strength Fitness
10:30 EN Spiritual Circle
11:00 P Garden Club
1:30 I Bingo
2:00 EN Free Hand Art
3:00 BI Ice Cream Social
4:00 O Afternoon Walk
4:15 EN Karaoke w/ Enette
6:00 P Music & Relaxation
- 10**
9:00 DR Breakfast w/Etta James
10:00 CR Balance & Strength Fitness
10:30 EN Spiritual Circle
11:00 P Garden Club
1:30 I Bingo
2:00 EN Free Hand Art
3:00 BI Ice Cream Social
4:00 O Afternoon Walk
4:15 EN Karaoke w/ Enette
6:00 P Music & Relaxation
- 17**
9:00 DR Breakfast w/John Lennon
10:00 CR Balance & Strength Fitness
10:30 EN Spiritual Circle
11:00 P Garden Club
1:30 I Bingo
2:00 EN Free Hand Art
3:00 BI Ice Cream Social
4:00 O Afternoon Walk
4:15 EN Karaoke w/ Enette
6:00 P Music & Relaxation
- 24**
9:00 DR Breakfast w/Jerry Lee Lewis
10:00 CR Balance & Strength Fitness
10:30 EN Spiritual Circle
11:00 P Garden Club
1:30 I Bingo
2:00 EN Birthdays/ W Stoney
3:00 BI Ice Cream Social
4:00 O Afternoon Walk
4:15 EN Karaoke w/ Enette
6:00 P Music & Relaxation

Monday



- 4**
9:00 DR Breakfast w/Nat King Cole
10:00 CR Good News
11:00 O Morning Walk
1:30 EN Guess Who
2:00 TH Community Movie
2:30 LR Jazz Stretching Class
4:00 EN Wine & Unwind
6:00 LR Music & Memories
- 11**
Veterans Day
9:00 DR Breakfast w/Frank Sinatra
10:00 CR Good News
11:00 O Morning Walk
1:30 EN Veterans Day Tribute
2:00 TH Community Movie
2:30 LR Jazz Stretching Class
4:00 EN Wine & Unwind
6:00 LR Music & Memories
- 18**
9:00 DR Breakfast w/Barbara Streisand
10:00 CR Good News
11:00 O Morning Walk
1:30 EN Guess Who
2:00 TH Community Movie
2:30 LR Jazz Stretching Class
4:00 EN Wine & Unwind
6:00 LR Music & Memories
- 25**
9:00 DR Breakfast w/Tony Bennett
10:00 CR Good News
11:00 O Morning Walk
1:30 EN Guess Who
2:00 TH Community Movie
2:30 LR Jazz Stretching Class
4:00 EN Wine & Unwind
6:00 LR Music & Memories

Tuesday

- 5**
9:00 DR Breakfast w/Celine Dion
10:00 P Coffee & Conversation
11:00 EN You be the Judge
11:30 EN Short Story
1:30 I Games of the Week
2:00 EN Library Social
3:00 BI Karaoke in the Bistro
4:00 O Afternoon Walk
4:15 I Comedy Show
6:00 P Music on the Patio
- 12**
9:00 DR Breakfast w/Barbara
10:00 CR Exercise w/ Dee
11:00 EN You be the Judge
11:30 EN Short Story
1:30 I Games of the Week
2:00 EN Library Social
3:00 BI Karaoke in the Bistro
4:00 O Afternoon Walk
4:15 I Comedy Show
6:00 P Music on the Patio
- 19**
9:00 DR Breakfast w/Dean Martin
10:00 P Coffee & Conversation
11:00 EN You be the Judge
11:30 EN Short Story
1:30 I Games of the Week
2:00 EN Library Social
3:00 BI Karaoke in the Bistro
4:00 O Afternoon Walk
4:15 I Comedy Show
6:00 P Music on the Patio

Wednesday

Allegro in Parkland
5901 Loxahatchee Road
Parkland, FL 33067
(954) 376-6754
<https://www.allegroliving.com/senior-living-parkland-florida.html>

- 6**
9:00 DR Breakfast w/Harry Belafonte
10:00 LR Big Ball Exercise
10:15 Spa Dee s Beauty Salon
11:30 I Jogging your Noggin
1:30 EN Arts & Crafts
2:00 EN Drive By Ice Cream Party
3:00 EN Broadway Play
4:00 EN Crossword Puzzles
4:30 EN Afternoon Stretch
6:00 P Music on the Patio
- 13**
9:00 DR Breakfast w/Perry Como
10:00 LR Big Ball Exercise
10:15 Spa Dee s Beauty Salon
11:30 I Jogging your Noggin
1:30 EN Arts & Crafts
2:00 EN Tea Party
3:00 EN Broadway Play
4:00 EN Crossword Puzzles
4:30 EN Afternoon Stretch
6:00 I Magazines on the Patio
- 20**
9:00 DR Breakfast w/Paul McCartney
10:00 LR Big Ball Exercise
10:15 Spa Dee s Beauty Salon
11:30 I Jogging your Noggin
1:30 EN Arts & Crafts
2:00 EN Drive By Ice Cream Party
3:00 EN Broadway Play
4:00 EN Crossword Puzzles
4:30 EN Afternoon Stretch
6:00 I Magazines on the Patio

Thursday

- 7**
9:00 DR Breakfast w/Jerry Lee Lewis
10:00 EN How Much did It Cost
10:30 O Fitness with Barbara
11:30 O Hip Hop Community Scroll
1:30 P Mocktails by the Pool
2:30 DR DIY Snack w/ Dee
3:30 EN Aqua Painting
4:15 EN Animal Bingo
4:30 EN Comedy Hour
6:00 P Music & Memories
- 14**
9:00 DR Breakfast w/ E. Humperdinck
10:00 EN How Much did It Cost
10:30 O Fitness with Barbara
11:30 O Hip Hop Community Scroll
1:30 P Lemonade by the Pool
2:30 DR DIY Snack w/ Dee
3:30 EN Aqua Painting
4:15 EN Animal Bingo
4:30 EN Comedy Hour
6:00 P Music & Memories
- 21**
9:00 DR Breakfast w/Bob Dylan
10:00 EN How Much did It Cost
10:30 O Fitness with Barbara
11:30 O Hip Hop Community Scroll
1:30 P Mocktails by the Pool
2:30 DR DIY Snack w/ Dee
3:30 EN Aqua Painting
4:15 EN Animal Bingo
4:30 EN Comedy Hour
6:00 P Music & Memories

- 28**
Happy Thanksgiving
9:00 DR Breakfast w/Ray Charles
10:00 EN How Much did It Cost
10:30 O Fitness with Barbara
11:30 O Hip Hop Community Scroll
1:00 EN Thanksgiving Trivia
2:00 EN Thanksgiving Movie
4:15 EN Animal Bingo
4:30 EN Comedy Hour
6:00 P Music & Memories

Friday

- 1**
9:00 DR Breakfast w/Nat King Cole
10:00 EN Parachute Ball Toss
11:00 EN Get to Know your Neighbor
11:30 EN Music Trivia
1:00 O Scenic Bus Ride
3:00 O Happy Hour
3:15 EN Music & Relaxation
4:00 EN Jazzercise
4:30 EN Home Sweet Home
6:00 P On the Patio w/ Friends
- 8**
9:00 DR Breakfast w/Elvis Presley
10:00 EN Parachute Ball Toss
11:30 EN Music Trivia
1:00 O Mall Outing
3:00 O Happy Hour
3:15 EN Music & Relaxation
4:00 EN Jazzercise
4:30 EN Home Sweet Home
6:00 LR On the Patio w/ Friends
- 15**
9:00 DR Breakfast w/Diana Ross
10:00 EN Parachute Ball Toss
11:30 EN Music Trivia
1:00 O Scenic Bus Ride
3:00 O Happy Hour
3:15 EN Music & Relaxation
4:00 EN Jazzercise
4:30 EN Home Sweet Home
6:00 LR On the Patio w/ Friends
- 22**
9:00 DR Breakfast w/Dusty
10:00 EN Parachute Ball Toss
11:30 EN Music Trivia
1:30 O Lunch Outing
3:00 O Happy Hour
3:15 EN Music & Relaxation
4:00 EN Jazzercise
4:30 EN Home Sweet Home
6:00 LR On the Patio w/ Friends

- 29**
Black Friday
9:00 DR Breakfast w/ Nat King Cole
10:00 EN Parachute Ball Toss
11:30 EN Music Trivia
1:00 P What Are You Thankful For?
3:00 O Happy Hour
3:15 EN Music & Relaxation
4:00 EN Jazzercise
4:30 EN Home Sweet Home
6:00 LR On the Patio w/ Friends

Saturday

- 2**
9:00 DR Breakfast w/Dean Martin
10:00 O Morning Walk
11:00 LR Trivia
1:00 TH Family Movie Day
3:30 EN Bingo
4:30 EN Gentle Stretching
6:00 P Music on the Patio
- 9**
9:00 DR Breakfast w/Tony Bennet
10:00 O Morning Walk
11:00 LR Choir Practice
1:30 EN Familiar Face Bingo
2:00 EN Memory Lane
2:30 EN Snackin & Chattin
4:30 EN Gentle Stretching
6:00 P Music on the Patio
- 16**
9:00 DR Breakfast w/Andy Williams
10:00 LR Morning Walk
11:00 LR Choir Practice
1:30 EN Familiar Face Bingo
2:00 EN Memory Lane
2:30 EN Snackin & Chattin
3:30 EN Crocheting with Enette
4:30 EN Gentle Stretching
6:00 P Music on the Patio
- 23**
9:00 DR Breakfast w/Brenda Lee
10:00 O Morning Walk
11:00 LR Choir Practice
1:30 EN Familiar Face Bingo
2:00 EN Memory Lane
2:30 EN Snackin & Chattin
4:30 EN Gentle Stretching
6:00 P Music on the Patio

- 30**
9:00 DR Breakfast w/Cher
10:00 O Morning Walk
11:00 LR Choir Practice
1:30 EN Familiar Face Bingo
2:00 EN Memory Lane
2:30 EN Snackin & Chattin
3:30 EN Crocheting with Enette
4:30 EN Gentle Stretching
6:00 P Music on the Patio

Around our Community

Hello November

There is always Something to be Thankful for.

Veterans Day -
November 11,2024

Thanksgiving Day -
November 28th, 2024

Ensemble Program Director
Dee Mitchell
Cell: 863-722-4062
Email:
Dmitchell@allegroliving.com

Activities are subject to change. Please check the CLC App for updates.

LOCATION KEY

- DR Dining Room
- EN Ensemble Neighborhood
- O Outdoor
- LR Living Room
- TH Eagle Theater
- P Patio
- CR Community Room
- BI Bistro
- I iN2L
- Spa Spa