

## UPCOMING COMMUNITY EVENTS



### INTELLECTUAL ACTIVITIES

- 11/6-Book Review w/ Linda
- 11/7-Current Events w/ Art
- 11/12-Parkinson's Support Group
- 11/20-Alzheimer's Support Group
- 11/20- Bear Necessities w/ Bonnie
- 11/21-Current Events w/ Art

## COMMUNITY OUTINGS

- 11/7 at 11AM-Hong Kong BBQ
- 11/14 at 11AM-Butterfly World
- 11/21 at 11AM-Seminole Casino
- 11/2,16,30 at 11AM-Walmart
- 11/9,23 at 11AM-Publix



**Allegro in Parkland**  
5901 Loxahatchee Road  
Parkland, FL 33067  
(954) 376-6754



# FLOURISH

NOVEMBER 2024

## WHAT'S INSIDE

Pg 2-3  
Social Calendar

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Upcoming Events + News

*"AS WE EXPRESS OUR GRATITUDE, WE MUST NEVER FORGET THAT THE HIGHEST APPRECIATION IS NOT TO UTTER WORDS, BUT LIVE BY THEM"*

*—JOHN FITZGERALD KENNEDY*

### Sunday



- 3** Daylight Saving Time Ends  
 10:00 **CR** Exercise Class w/ Emma  
 10:30 **TH** Catholic Services (Virtual)  
 10:30 **CR** Watercolor/Glass Painting Class  
 11:00 **CR** Brain Games Puzzle  
 1:30 **CR** Bingo  
 3:00 **BI** Ice Cream Social  
 4:00 **CR** Poetry Club  
 7:00 **TH** Classic's: Midnight Run (N)
- 10**  
 10:00 **CR** Exercise Class w/ Emma  
 10:30 **TH** Catholic Services (Virtual)  
 10:30 **CR** Watercolor/Glass Painting Class  
 11:00 **CR** Brain Games Puzzle  
 1:30 **CR** Bingo  
 3:00 **BI** Ice Cream Social  
 4:00 **CR** Poetry Club  
 7:00 **TH** Classic's: Scarface (N)
- 17**  
 10:00 **CR** Exercise Class w/ Emma  
 10:30 **TH** Catholic Services (Virtual)  
 10:30 **CR** Watercolor/Glass Painting Class  
 11:00 **CR** Brain Games Puzzle  
 1:30 **CR** Bingo  
 3:00 **BI** Sunday Fun-Day w/ Barbara  
 4:00 **CR** Poetry Club  
 7:00 **TH** Classic's: Marnie (N)
- 24**  
 10:00 **CR** Exercise Class w/ Emma  
 10:30 **TH** Catholic Services (Virtual)  
 10:30 **CR** Watercolor/Glass Painting Class  
 11:00 **CR** Brain Games Puzzle  
 1:30 **CR** Bingo  
 3:00 **BI** Ice Cream Social  
 4:00 **CR** Poetry Club  
 7:00 **TH** Classic's: The Thin Blue Line (N)

### Monday



- 4**  
 9:45 **BI** Daily Activity Briefing  
 10:00 **CR** Morning Stretch  
 10:45 **CR** Word Games  
 11:30 **P** Water Aerobics w/ Omar  
 1:30 **CR** Blast to the Past  
 2:30 **CD** Blackjack (RSVP)  
 3:00 **CR** Flower Arrangement  
 6:30 **CR** Bingo Night
- 11** Veterans Day  
 9:45 **BI** Daily Activity Briefing  
 10:00 **CR** Morning Stretch  
 10:30 **BI** YaYa K. Designs  
 10:45 **CR** Word Games  
 11:30 **P** Water Aerobics w/ Omar  
 1:30 **CR** Veterans Day Lecture w/ Ronelle  
 2:30 **CD** Blackjack (RSVP)  
 3:00 **CR** Jewelry Design
- 18**  
 9:45 **BI** Daily Activity Briefing  
 10:00 **CR** Morning Stretch  
 10:45 **CR** Word Games  
 11:30 **P** Water Aerobics w/ Omar  
 1:30 **CR** Blast to the Past  
 2:30 **CD** Blackjack (RSVP)  
 3:00 **CR** Flower Arrangement  
 6:30 **CR** Bingo Night
- 25**  
 9:45 **BI** Daily Activity Briefing  
 10:00 **CR** Morning Stretch  
 10:45 **CR** Word Games  
 11:30 **P** Water Aerobics w/ Omar  
 1:30 **CR** Blast to the Past  
 2:30 **CD** Blackjack (RSVP)  
 3:00 **CR** Jewelry Design  
 6:30 **CR** Bingo Night

### Tuesday



- 5**  
 9:45 **BI** Daily Activity Briefing  
 10:30 **CR** Fitness Fusion w/ Barbara  
 11:00 **LI** Spanish Lessons  
 11:30 **BI** Valerie's Shop  
 1:30 **CR** Bingo  
 2:30 **LI** Technology Support  
 3:00 **BI** Wine Down Karaoke Time  
 6:30 **CR** Games Night
- 12**  
 9:45 **BI** Daily Activity Briefing  
 10:30 **CR** Fitness Fusion w/ Barbara  
 11:00 **LI** Spanish Lessons  
 1:30 **CR** Bingo  
 2:30 **LI** Technology Support  
 3:00 **TH** Parkinson's Support Group  
 3:00 **BI** Wine Down Karaoke  
 6:30 **BI** Ladies Let's Talk
- 19**  
 9:45 **BI** Daily Activity Briefing  
 10:30 **CR** Fitness Fusion w/ Barbara  
 11:00 **LI** Spanish Lessons  
 1:30 **CR** Bingo  
 2:30 **LI** Technology Support  
 3:00 **BI** Wine Down Karaoke Time  
 6:30 **CR** Games Night
- 26**  
 9:45 **BI** Daily Activity Briefing  
 10:30 **CR** Fitness Fusion w/ Barbara  
 11:00 **LI** Spanish Lessons  
 1:30 **CR** Bingo  
 2:30 **LI** Technology Support  
 3:00 **BI** Wine Down Karaoke  
 6:30 **CR** Games Night

### Wednesday

#### Allegro in Parkland

5901 Loxahatchee Road  
 Parkland, FL 33067  
 (954) 376-6754

<https://www.allegroliving.com/senior-living-parkland-florida.html>

- 6**  
 9:45 **BI** Daily Activity Briefing  
 10:00 **CR** Chair Exercise  
 10:45 **CR** Matinee Bingo  
 11:30 **P** Water Aerobics w/ Omar  
 1:15 **CR** Stretch & Relax  
 2:00 **CR** Book Review w/ Linda  
 2:30 **BR** Gentlemans Club  
 3:00 **CR** Live Virtual Lecture: The Science of Stress  
 7:00 **TH** Movie: Two Weeks Notice (N)
- 13**  
 9:45 **BI** Daily Activity Briefing  
 10:00 **CR** Chair Exercise  
 10:45 **CR** Matinee Bingo  
 11:30 **P** Water Aerobics w/ Omar  
 1:15 **CR** Stretch & Relax  
 2:00 **CR** Rummikub Hour  
 2:30 **BR** Gentlemans Club  
 3:00 **CR** Live Virtual Lecture:  
 7:00 **CR** Casino Night (RSVP)
- 20**  
 9:45 **BI** Daily Activity Briefing  
 10:00 **CR** Chair Exercise  
 10:45 **CR** Matinee Bingo  
 11:00 **PDR** Caregiver Alzheimer's Association Support Group  
 11:30 **P** Water Aerobics w/ Omar  
 1:15 **CR** Stretch & Relax  
 2:15 **CR** Bear Necessities w/ Bonnie  
 2:30 **BR** Gentlemans Club  
 3:00 **CR** Live Virtual Lecture: Henri
- 27**  
 9:45 **BI** Daily Activity Briefing  
 10:00 **CR** Chair Exercise  
 10:45 **CR** Matinee Bingo  
 11:30 **P** Water Aerobics w/ Omar  
 1:15 **CR** Stretch & Relax  
 2:00 **CR** Rummikub Hour  
 2:30 **BR** Gentlemans Club  
 3:00 **CR** Live Virtual Lecture:  
 7:00 **CR** Casino Night. (RSVP)

### Thursday

- 7**  
 9:45 **BI** Daily Activity Briefing  
 10:30 **CR** Fitness Fusion w/ Barbara  
 11:00 **O** Outing: Hong Kong City BBQ  
 11:30 **TH** Communion Services  
 1:30 **CR** Bingo Time  
 3:15 **CR** Current Events w/ Art B  
 4:00 **GR** Chess Hour  
 6:30 **CR** Table Talk w/ Eric
- 14**  
 9:45 **BI** Daily Activity Briefing  
 10:30 **CR** Fitness Fusion w/ Barbara  
 11:00 **O** Outing: Butterfly World  
 11:30 **TH** Communion Services  
 1:30 **CR** Painting Class w/ Norberto  
 3:00 **CR** Sip Sip Bingo  
 4:00 **GR** Chess Hour  
 6:30 **CR** Table Talk w/ Eric
- 21**  
 9:45 **BI** Daily Activity Briefing  
 10:30 **CR** Fitness Fusion w/ Barbara  
 11:00 **O** Outing: Seminole Casino  
 11:30 **TH** Communion Services  
 1:30 **CR** Bingo Time  
 3:00 **CR** Town Hall Meeting  
 4:00 **GR** Chess Hour  
 7:00 **CR** Current Events w/ Art B
- 28** Happy Thanksgiving  
 8:00 Thanksgiving Macy's Parade  
 9:45 **BI** Daily Activity Briefing  
 10:30 **CR** Fitness Fusion w/ Barbara  
 11:30 **TH** Communion Services  
 1:30 **CR** Painting Class w/ Norberto  
 3:00 **CR** Sip Sip Bingo  
 4:00 **GR** Chess Hour  
 7:00 **TH** Movie Night: The other side of the wind (N)

### Friday

- 1**  
 9:45 **BI** Daily Activity Briefing  
 10:00 **CR** Chair Exercise  
 10:30 **CR** Music Trivia-Sing Along  
 1:30 **CR** Bingo  
 3:00 **BI** Happy Hour w/ Teresa  
 4:00 **BI** Shabbat Service  
 6:45 **BI** Mixology Friday.
- 8**  
 9:45 **BI** Daily Activity Briefing  
 10:00 **CR** Chair Exercise  
 10:30 **CR** Music Trivia-Sing Along  
 1:30 **CR** Bingo  
 3:00 **BI** Happy Hour w/ Kenny  
 4:00 **BI** Shabbat Service  
 6:45 **BI** Mixology Friday.
- 15**  
 9:45 **BI** Daily Activity Briefing  
 10:00 **CR** Chair Exercise  
 10:30 **CR** Music Trivia-Sing Along  
 1:30 **CR** Bingo  
 3:00 **BI** Happy Hour w/ Mind & Melody  
 4:00 **BI** Shabbat Service  
 6:45 **BI** Mixology Friday.
- 22**  
 9:45 **BI** Daily Activity Briefing  
 10:00 **CR** Chair Exercise  
 10:30 **CR** Music Trivia-Sing Along  
 1:30 **CR** Bingo  
 3:00 **BI** Monthly Birthday's Celebration Happy Hour  
 4:00 **BI** Shabbat Service  
 6:45 **BI** Mixology Friday.
- 29** Black Friday  
 9:45 **BI** Daily Activity Briefing  
 10:00 **CR** Chair Exercise  
 10:30 **CR** Music Trivia-Sing Along  
 1:30 **CR** Bingo  
 3:00 **BI** Happy Hour w/ Alberto  
 4:00 **BI** Shabbat Service  
 6:45 **BI** Mixology Friday.

### Saturday

- 2**  
 10:00 **CR** Chair Yoga  
 11:00 **O** Outing to Walmart  
 11:00 **CR** Family Feud  
 11:15 **BI** Pet Therapy  
 1:30 **CR** Bingo  
 2:30 **LI** Veterans Club  
 3:00 **BI** Puzzle & Game Afternoon  
 7:00 **TH** Movie Night: Falling for Figaro (N)
- 9**  
 10:00 **CR** Chair Yoga  
 11:00 **O** Outing to Publix  
 11:00 **CR** Family Feud  
 11:15 **BI** Pet Therapy  
 1:30 **CR** Bingo  
 2:30 **LI** Veterans Club  
 3:00 **BI** Puzzle & Game Afternoon  
 7:00 **BI** Showtime w/: James P
- 16**  
 10:00 **CR** Chair Yoga  
 11:00 **O** Outing to Walmart  
 11:00 **CR** Family Feud  
 11:15 **BI** Pet Therapy  
 1:30 **CR** Bingo  
 2:30 **LI** Veterans Club  
 3:00 **BI** Puzzle & Game Afternoon  
 7:00 **TH** Movie Night: Queen Bees
- 23**  
 10:00 **CR** Chair Yoga  
 11:00 **O** Outing to Publix  
 11:00 **CR** Family Feud  
 11:15 **BI** Pet Therapy  
 1:30 **CR** Bingo  
 2:30 **LI** Veterans Club  
 3:00 **BI** Puzzle & Game Afternoon  
 7:00 **BI** Showtime w/: Noreena
- 30**  
 10:00 **CR** Chair Yoga  
 11:00 **O** Outing to Walmart  
 11:00 **CR** Family Feud  
 11:15 **BI** Pet Therapy  
 1:30 **CR** Bingo  
 2:30 **LI** Veterans Club  
 3:00 **BI** Puzzle&Game Afternoon  
 7:00 **TH** Movie night: I'm Woman

#### Notes

\*Please remember all activities are subject to change\*

11/11-Veterans Day

11/28-Happy Thanksgiving

11/29-Black Friday



#### LOCATION KEY

- BI** Bistro
- CR** Community Room
- O** Outing
- LI** Library
- TH** Eagle Theater
- P** Pool
- CD** Card Room
- BR** Billiards Room
- GR** Game Room
- PDR** Private Dining Room

