

UPCOMING COMMUNITY EVENTS

VETERANS DAY

Monday, November 11th at 9:00AM in the Bistro, we will be honoring our Allegro Veterans for Veterans Day. Hosted by Vitas, please be sure to join us for a breakfast, celebration, prayers, and recognition for our Veterans.



ANNUAL FALL FESTIVAL

Celebrate the season at our Third Annual Fall Festival on Saturday, November 9th from 11:00-2:00pm. Check out the Corvette car show, enjoy live entertainment, and capture the moment with a caricature drawing. Don't forget to browse through our farmers market and all of our vendors booths.



NEWS

UPCOMING OUTINGS

Mens Lunch - November 1st

Ladies Lunch - November 8th

Mall of Millenia & Lunch - November 15th

Festival of Trees & Lunch - November 22nd

Allegro in Winter Park

2701 Howell Branch Road
Winter Park, FL 32792
(407) 961-7074



FLOURISH

NOVEMBER 2024

WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

"WELCOME SWEET NOVEMBER, THE SEASON OF SENSES AND MY FAVORITE MONTH OF ALL."

—GREGORY F LENZ

Sunday



- 3**
9:30 **LB** St. Peter & Paul Catholic Church Shuttle
11:00 **WP** Nondenominational Church Service with Pastor Clint
11:30 **TH** TCM Sundays
11:30 **LB** Casselberry Commons
1:00 **CR** Bridge
3:00 **WP** Bean Bag Toss
6:30 **TH** Evening Movie
6:30 **L** Puzzle Partners
- 10**
9:30 **LB** St. Peter & Paul Catholic Church Shuttle
11:00 **WP** Nondenominational Church Service with Pastor Clint
11:30 **TH** TCM Sundays
11:30 **LB** Casselberry Commons
1:00 **CR** Bridge
3:00 **LB** Jerimiah's Italian Ice
6:30 **TH** Evening Movie
6:30 **L** Puzzle Partners
- 17**
9:30 **LB** St. Peter & Paul Catholic Church Shuttle
11:00 **WP** Nondenominational Church Service with Pastor Clint
11:30 **TH** TCM Sundays
11:30 **LB** Casselberry Commons
1:00 **CR** Bridge
3:00 **WP** Bean Bag Toss
6:30 **TH** Evening Movie
6:30 **L** Puzzle Partners
- 24**
9:30 **LB** St. Peter & Paul Catholic Church Shuttle
11:00 **WP** Nondenominational Church Service with Pastor Clint
11:30 **TH** TCM Sundays
11:30 **LB** Casselberry Commons
1:00 **CR** Bridge
3:00 **WP** Bingo Time!
6:30 **TH** Evening Movie
6:30 **L** Puzzle Partners

Monday



- 4**
9:30 **LB** Casselberry Commons
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Casselberry Commons
11:30 **TH** Mindful Meditation
1:00 **LB** Pharmacy Shuttle
1:00 **PK** Poker
2:00 **WP** Chair Volleyball
2:30 **LB** Banks & Post Office
3:30 **B** Comfort Keepers Happy Hour
6:30 **TH** Evening Movie
- 11** Veterans Day
9:00 **B** Veterans Day Program
9:30 **LB** Casselberry Commons
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Casselberry Commons
11:30 **TH** Mindful Meditation
1:00 **LB** Pharmacy Shuttle
1:00 **PK** Poker
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie
- 18**
9:30 **LB** Casselberry Commons
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Casselberry Commons
11:30 **TH** Mindful Meditation
1:00 **LB** Pharmacy Shuttle
1:00 **PK** Poker
2:00 **WP** Chair Volleyball
2:30 **LB** Banks & Post Office
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie
- 25**
9:30 **LB** Casselberry Commons
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Casselberry Commons
11:30 **TH** Mindful Meditation
1:00 **LB** Pharmacy Shuttle
1:00 **PK** Poker
2:00 **WP** Chair Volleyball
2:30 **LB** Banks & Post Office
2:30 **B** Pop Up Library
3:30 **B** Happy Hour & Entertainment

Tuesday

- 5** ELECTION DAY
9:30 **WP** Blood Pressure W/Sharon
10:30 **WP** Sit & Strengthen with JOY
11:30 **WP** LeftCenterRight
1:00 **CR** Rummikub
1:00 **WP** Arts & Crafts with Mayra
3:30 **B** Trivia Happy Hour
6:30 **TH** Evening Movie
6:30 **FP** The Backporch Band
- 12**
9:30 **WP** Blood Pressure W/Sharon
10:30 **WP** Sit & Strengthen with JOY
11:30 **WP** LeftCenterRight
1:00 **CR** Rummikub
1:00 **WP** Pop Culture News
2:30 **WP** Activity Committee
3:30 **B** Scattogories Happy Hour
6:30 **TH** Evening Movie
6:30 **FP** The Backporch Band
- 19**
9:30 **WP** Blood Pressure W/Sharon
10:30 **WP** Sit & Strengthen with JOY
11:30 **WP** The Butterfly Lady
1:00 **CR** Rummikub
1:00 **WP** Crafts with Mayra
2:30 **WP** Mixology 101
3:30 **B** Town Hall Happy Hour
6:30 **TH** Evening Movie
6:30 **FP** The Backporch Band
- 26**
9:30 **WP** Blood Pressure W/Sharon
10:30 **WP** Sit & Strengthen with JOY
11:30 **WP** LeftCenterRight
1:00 **CR** Rummikub
2:30 **B** November Birthday Social
3:30 **B** Scattogories Happy Hour
6:30 **TH** Evening Movie
6:30 **FP** The Backporch Band

Wednesday

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<https://www.allegroliving.com/senior-living-winter-park-florida.html>

- 6**
9:45 **TH** Wordle Warm Up
10:30 **WP** Kicks & Sticks
1:00 **WP** Artist in You W/Mayra
1:00 **CR** Canasta
1:00 **PK** Poker
1:30 **LB** Pharmacy Shuttle
2:30 **WP** Bible Study
3:30 **B** Caring Trans. Happy Hour
6:30 **TH** Evening Movie
- 13**
9:45 **TH** Wordle Warm Up
11:30 **WP** Cooking Demo with Pepe
1:00 **WP** Artist in You W/Mayra
1:00 **CR** Canasta
1:00 **PK** Poker
1:30 **LB** Pharmacy Shuttle
2:30 **WP** Bible Study
3:30 **B** Vitas Happy Hour
6:30 **TH** Evening Movie
- 20**
9:45 **TH** Wordle Warm Up
10:30 **WP** Kicks & Sticks
1:00 **WP** Artist in You W/Mayra
1:00 **CR** Canasta
1:00 **PK** Poker
1:30 **LB** Pharmacy Shuttle
2:30 **WP** Bible Study
3:30 **B** Sandcastle Happy Hour
6:30 **TH** Evening Movie
- 27**
9:45 **TH** Wordle Warm Up
11:00 **WP** Thanksgiving Word Games
1:00 **CR** Canasta
1:00 **PK** Poker
1:00 **WP** Bingo Time!
1:30 **LB** Pharmacy Shuttle
2:30 **WP** Bible Study
3:30 **B** Family/Friends Happy Hour
6:30 **TH** Evening Movie

Thursday

- 7**
9:30 **WP** Thai Chi W/M. Robertson
10:30 **P** Water Aerobics with Joy
11:30 **WP** Trivial Pursuit
1:00 **CR** Bridge
1:00 **WP** Whine for Wine
2:00 **WP** Fall Keychains with Sue
3:30 **B** Bar Bingo Happy Hour
6:30 **TH** Evening Movie
6:30 **CR** Mexican Train
- 14**
9:30 **WP** Thai Chi W/M. Robertson
10:30 **P** Water Aerobics with Joy
11:30 **WP** Trivial Pursuit
1:00 **CR** Bridge
1:00 **WP** Pass the Pig!
2:00 **WP** Wheel of Fortune
3:30 **B** Bar Bingo Happy Hour
6:30 **TH** Evening Movie
6:30 **CR** Mexican Train
- 21**
9:30 **WP** Thai Chi W/M. Robertson
10:30 **P** Water Aerobics with Joy
11:30 **WP** Trivial Pursuit
1:00 **CR** Bridge
1:00 **WP** Whine for Wine
2:00 **WP** Fall Wreaths with Sue
3:30 **B** Holiday Choir Happy Hour
6:30 **TH** Evening Movie
6:30 **CR** Mexican Train
- 28** Thanksgiving
9:30 **WP** Thai Chi W/M. Robertson
11:30 **A** Thanksgiving Day Brunch
1:00 **CR** Bridge
2:00 **TH** Home for the Holidays Movie
4:30 **B** Thanksgiving NFL Game
6:30 **TH** Evening Movie
6:30 **CR** Mexican Train

Friday

- 1**
9:30 **TH** Guided Travelogue
9:30 **CR** Mahjong
9:30 **LB** Early Voting Shuttle
10:30 **WP** Exercise with Lifestyles
11:00 **TH** All Saints Day Service
12:00 **LB** Mens Lunch Outing
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie
- 8**
9:30 **TH** Guided Travelogue
9:30 **CR** Mahjong
10:00 **LB** Target Shuttle
10:30 **WP** Exercise with Lifestyles
11:30 **LB** Ladies Lunch Outing
1:00 **PD** Shabbat Service
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie
- 15**
9:30 **TH** Guided Travelogue
9:30 **CR** Mahjong
10:00 **LB** Walmart Shuttle
10:00 **LB** Trader Joes Shuttle
10:30 **WP** Exercise with Lifestyles
12:00 **LB** Mall of Millenia & Lunch
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie
- 22**
9:30 **TH** Guided Travelogue
9:30 **CR** Mahjong
10:00 **LB** Dollar Tree Shuttle
10:30 **WP** Exercise with Lifestyles
11:00 **LB** Festival of Trees & Lunch
2:00 **WP** Chair Volleyball
3:30 **B** Happy Hour & Entertainment
6:30 **TH** Evening Movie
- 29** Black Friday
9:30 **TH** Guided Travelogue
9:30 **CR** Mahjong
10:30 **WP** Exercise with Joy
1:30 **TH** Frank Sinatra & Dean Martin Concert
3:30 **B** Entertainment with Alex
6:30 **TH** Evening Movie

Saturday

- 2**
9:00 **LB** Congregation Ohev Shalom Shuttle
9:30 **LB** Walk to Wellness
10:00 **LB** Pharmacy Shuttle
10:30 **WP** Chair Yoga with Joy
1:30 **WP** Bingo for Bucks
3:00 **WP** LeftCenterRight
6:30 **TH** Evening Movie
- 9** FALL FESTIVAL
9:00 **LB** Congregation Ohev Shalom Shuttle
9:30 **LB** Walk to Wellness
10:00 **LB** Pharmacy Shuttle
11:00 **A** Fall Festival
1:00 **A** Fall Festival
6:30 **TH** Evening Movie
- 16**
9:00 **LB** Congregation Ohev Shalom Shuttle
9:30 **LB** Walk to Wellness
10:00 **LB** Pharmacy Shuttle
10:30 **WP** Chair Yoga with Joy
1:30 **WP** Bingo for Bucks
3:00 **WP** Nail Hour with Luz
6:30 **TH** Evening Movie
- 23**
9:00 **LB** Congregation Ohev Shalom Shuttle
9:30 **LB** Walk to Wellness
10:00 **LB** Pharmacy Shuttle
10:30 **WP** Chair Yoga with Joy
1:30 **WP** Bingo for Bucks
3:00 **WP** Bean Bag Toss
6:30 **TH** Evening Movie
- 30**
9:00 **LB** Congregation Ohev Shalom Shuttle
9:30 **LB** Walk to Wellness
10:00 **LB** Pharmacy Shuttle
10:30 **WP** Chair Yoga with Joy
1:30 **WP** Bingo for Bucks
3:00 **WP** Hot Coco Bar with Luz
6:30 **TH** Evening Movie

Around our Community

RESIDENT BIRTHDAYS

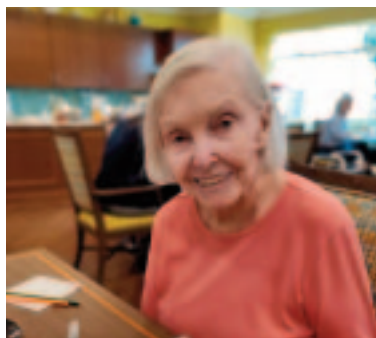
- 11/2 Carolyn Salyards
- 11/10 Sal Lauricella
- 11/11 Patricia Pardieck
- 11/12 Nan Patterson
- 11/12 Walter Scott
- 11/13 Jewel Baucom
- 11/18 Janice Moore
- 11/24 Deseree Hecht
- 11/24 Bruno Valeri
- 11/24 Archer Cooper
- 11/25 Joan Sexton



LOCATION KEY

- TH** Rollins Theater
- CR** Card Room
- LB** Lobby
- WP** Winter Park Room
- B** Bistro
- L** Lounge
- PK** Poker Room
- FP** Fire Pit
- P** Pool
- PD** Private Dining

Sunday



Monday



Tuesday



Wednesday

Thursday

Friday

Saturday

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- 3** Day light Saving Ends
10:00 AR Morning Music
10:30 AR Exercise with Angela
11:00 AR Hollywood Trivia
1:00 P Spiritual Circle with Pastor Clint
2:15 K Snack Social
2:30 AR Bingo with Friends
4:00 P Evening Chats
6:00 I Sunday Night Musicals
- 10**
10:00 AR Morning Music
10:30 AR Exercise with Angela
11:00 AR Hollywood Trivia
1:00 P Spiritual Circle with Pastor Clint
2:15 K Snack Social
2:30 AR Bingo with Friends
4:00 P Evening Chats
6:00 I Sunday Night Musicals
- 17** Homemade Bread Day
10:00 AR Morning Music
10:30 AR Exercise with Angela
11:00 AR Hollywood Trivia
1:00 P Spiritual Circle with Pastor Clint
2:15 K Sweet Bread
2:30 AR Bingo with Friends
4:00 P Evening Chats
6:00 I Sunday Night Musicals
- 24**
10:00 AR Morning Music
10:30 AR Exercise with Angela
11:00 AR Hollywood Trivia
1:00 P Spiritual Circle with Pastor Clint
2:15 K Snack Social
2:30 AR Bingo with Friends
4:00 P Evening Chats
6:00 I Sunday Night Musicals

- 4**
9:00 AR Morning Music
10:00 AR Instrumix Class
11:00 P Morning Trivia
1:00 AR Residents choice
2:00 K Snack Attack
3:00 AR Balloon Volleyball
4:30 P Evening Walk
6:00 AR Action Movie Monday
- 11** Veterans Day
10:30 AR Morning Wake up
10:45 AR Morning Music
11:00 E Exercise with Angela
1:00 AR Residents choice
2:00 K Birthday Celebration
3:00 AR Balloon Volleyball
4:30 P Evening Walk
6:00 AR Action Movie Monday
- 18**
9:00 AR Morning Music
10:00 AR Instrumix Class
11:00 P Morning Trivia
1:00 AR Residents choice
2:00 K Snack Attack
3:00 AR Balloon Volleyball
4:30 P Evening Walk
6:00 AR Action Movie Monday
- 25** Parfait Day
10:30 AR Morning Wake up
10:45 AR Morning Music
11:00 E Exercise with Angela
1:00 AR Residents choice
2:00 K Chocolate Parfait
3:00 AR Balloon Volleyball
4:30 P Evening Walk
6:00 AR Action Movie Monday

- 5** American Football Day
9:45 S Salon Day
10:00 AR Drumming to the Beat
11:00 E Exercise with Madison
1:00 AR Football watch Party
2:30 K Popcorn and Soda
3:00 D Dockside Views
4:00 P Residents Choice
6:00 AR Tuesday Night Comedy Movie
- 12**
9:45 S Salon Day
10:00 AR Drumming to the Beat
11:00 E Exercise with Madison
1:00 AR Discovering Earth
2:30 K Chef's Choice!
3:00 P Pool Side Drinks
4:00 P Residents Choice
6:00 AR Tuesday Night Comedy Movie
- 19** World Men's Day
9:45 S Salon Day
10:00 AR The Butterfly Lady
11:00 E Exercise with Madison
1:00 AR Discovering Earth
2:30 K Chef's Choice!
3:00 D Dockside with the Guys
4:00 P Residents Choice
6:00 AR Tuesday Night Comedy Movie
- 26**
9:45 S Salon Day
10:00 AR Drumming to the Beat
11:00 E Exercise with Madison
1:00 AR Discovering Earth
2:30 K Chef's Choice!
3:00 P Pool Side Drinks
4:00 P Residents Choice
6:00 AR Tuesday Night Comedy Movie

- 6** National Nachos Day
10:00 AR Simon Say's to Stretch
10:30 AR Song Quiz
11:00 WP Balloon Volleyball
1:15 P Visit with Pastor Clint
2:00 K Nachos in a cup
2:15 AR Aerobics with Helen
3:00 O Scenic Drive
4:00 K Wine Down Crosswords
6:00 AR Western Movie Wednesday
- 13** World Kindness Day
10:00 AR Simon Say's to Stretch
10:30 AR Song Quiz
11:00 AR Ballroom Joe
1:15 P Visit with Pastor Clint
2:00 K Snack Attack
3:00 O Scenic Drive
4:00 K Wine Down Crosswords
6:00 AR Western Movie Wednesday
- 20**
10:00 AR Simon Say's to Stretch
10:30 AR Song Quiz
11:00 WP Balloon Volleyball
1:15 P Visit with Pastor Clint
2:00 K Snack Attack
2:15 AR Aerobics with Helen
3:00 O Scenic Drive
4:00 K Wine Down Crosswords
6:00 AR Western Movie Wednesday
- 27**
10:00 AR Simon Say's to Stretch
10:30 AR Song Quiz
11:00 AR Ballroom Joe
1:15 P Visit with Pastor Clint
2:00 K Snack Attack
3:00 O Scenic Drive
4:00 K Wine Down Crosswords
6:00 AR Western Movie Wednesday

- 7**
9:45 TH Rollins Theater
10:00 AR Morning Wake Up
11:15 P Chats on the Patio
1:00 I Netflix Showing
2:00 K Snack Social
3:00 K Harvest Painting
4:15 AR Evenings Laughs
6:00 AR Classic Movie Thursdays
- 14** National Pickle Day
10:00 AR Morning Wake Up
10:30 AR Parachute Exercise
11:15 P Chats on the Patio
1:00 I Netflix Showing
2:00 K Fried Pickles
3:00 K Abstract Turkey
4:15 AR Evenings Laughs
6:00 AR Classic Movie Thursdays
- 21**
9:45 TH Rollins Theater
10:00 AR Morning Wake Up
11:15 P Chats on the Patio
1:00 I Netflix Showing
2:00 K Snack Social
3:00 K Adult Coloring
4:15 AR Evenings Laughs
6:00 AR Classic Movie Thursdays
- 28** Thanksgiving Day
10:00 AR Morning Wake Up
10:30 AR Parachute Exercise
11:15 P Thankful Chats on Patio
1:00 I Thanksgiving Parade
2:00 K Sweet Snack
3:00 K Afternoon Bingo
4:15 AR Evenings Laughs
6:00 AR Classic Movie Thursdays

- 1** World Vegan Day
10:00 P Morning Affirmations
10:30 AR Balloon Volleyball
11:15 AR Exercise with Madison
1:00 I Residents Choice
2:00 K Hummus and House Chips
2:30 K Bingo
3:30 P Entertainment with Tommy
6:00 Mystery Movie Friday
- 8**
10:00 P Morning Affirmations
10:30 AR Balloon Volleyball
11:15 AR Exercise with Madison
1:00 I Residents Choice
2:00 K Snack Hour
2:30 K Bingo
3:30 P Entertainment with Tina
6:00 Mystery Movie Friday
- 15**
10:00 P Morning Affirmations
10:30 AR Balloon Volleyball
11:15 AR Exercise with Madison
1:00 I Residents Choice
2:00 K Snack Hour
2:30 K Bingo
3:30 P Entertainment with Madison
6:00 Mystery Movie Friday
- 22**
10:00 P Morning Affirmations
10:30 AR Balloon Volleyball
11:15 AR Exercise with Madison
1:00 I Residents Choice
1:30 AR IN2L Showing
2:00 K Snack Hour
2:30 K Bingo
3:30 P Entertainment with Alex
6:00 Mystery Movie Friday
- 29**
10:00 P Morning Affirmations
10:30 AR Balloon Volleyball
11:15 AR Exercise with Madison
1:00 I Residents Choice
1:30 AR IN2L Showing
2:00 K Snack Hour
2:30 K Bingo
3:30 P Entertainment with Tommy
6:00 Mystery Movie Friday

- 2**
10:00 AR Mindful Meditation
10:30 AR Pictionary
11:00 I Music Class with Madison
1:30 AR IN2L Showing
2:30 K Spilling the Tea
3:00 K Table Ball
4:00 K Ready Set Puzzle
6:00 I Saturday Night Thriller
- 9**
10:00 AR Mindful Meditation
10:30 AR Pet Therapy
11:00 I Music Class with Madison
1:30 AR IN2L Showing
2:30 K Spilling the Tea
3:00 K Table Ball
4:00 K Ready Set Puzzle
6:00 I Saturday Night Thriller
- 16** Birthday Celebration
10:00 AR Mindful Meditation
10:30 AR Pictionary
11:00 I Music Class with Madison
1:30 AR IN2L Showing
2:30 K Birthday Celebration
3:00 K Table Ball
4:00 K Ready Set Puzzle
6:00 I Saturday Night Thriller
- 23**
10:00 AR Mindful Meditation
10:30 AR Pictionary
11:00 I Music Class with Madison
1:30 AR IN2L Showing
2:30 K Spilling the Tea
3:00 K Table Ball
4:00 K Ready Set Puzzle
6:00 I Saturday Night Thriller
- 30**
10:00 AR Mindful Meditation
10:30 AR Pictionary
11:00 I Music Class with Madison
1:30 AR IN2L Showing
2:30 K Spilling the Tea
3:00 K Table Ball
4:00 K Ready Set Puzzle
6:00 I Saturday Night Thriller

Hello November

As we Welcome November in sunny Florida, we look forward to the mild temperature.

This month, we have even more reason to celebrate with the birthdays of two wonderful ladies. Patricia's birthday on the 11th and Kathy's on the 16th are sure to bring extra joy.

This month is filled with Special fun Days and ending the weeks with live music from some of our favorite performers.



LOCATION KEY

- P Patio
- AR Activity Room
- I iN2L
- K Kitchen
- S Salon
- E Exercise
- D Dock
- WP Winter Park Room
- O Outing
- TH Rollins Theater