

## UPCOMING COMMUNITY EVENTS



WELCOME TO OCTOBER!

Welcome to the 10th month in the Gregorian calendar. Interestingly, October derives its name from the Latin term meaning “8” since on the original Roman calendar it fell as the 8th month. For those of us in the Southern Hemisphere, Spring has already bloomed in all its glory.

October’s two birthstones are Opal and Tourmaline. October has been designated as Breast Cancer Awareness Month, as researchers continuously search for a cure. And it wouldn’t be October without Halloween celebrated on October 31st. The celebration’s origins go all the way back to the Gaelic people of modern-day England, Scotland and Ireland, celebrating the festival of Samhain. The celebrants of Samhain would dress in disguises and costumes going door-to-door receiving gifts of food, much like how today’s children dress up and receive treats.

We ask everyone to keep your eye on this month’s calendar. We have lots of great activities planned as well as a new resident orientation, (everyone is invited), An ice cream social will follow. We are looking forward to new friendships being made, and a better awareness of everything that’s accessible in this wonderful community.

## THIS MONTH IN HISTORY

Henry Ford’s Model T a “Universal Car” designed for the masses, went on sale for the first time. Twelve Nazi leaders were sentenced to death at the International War Crimes Tribunal in Nuremberg, Germany. The People’s Republic of China was founded with Mao Zedong as Chairman. After 70 years of American control, the Panama Canal Zone was formally handed over to Panama. Virtuoso pianist Vladimir Horowitz was born in Russia. He made his American debut in 1928 with the New York Philharmonic and became a U.S. citizen in 1944. California’s Redwood National Park was established. Redwoods are the tallest of all trees, growing up to 400 ft. over 2,000 years!

### **Allegro in Boynton Beach**

11450 Hagen Road  
Boynton Beach, FL 33437  
(561) 536-3859



# FLOURISH

OCTOBER 2024

## WHAT’S INSIDE

**Pg 2-3**  
Social Calendar

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Upcoming Events + News

*“THE CLEAR LIGHT THAT BELONGS TO OCTOBER WAS MAKING THE LANDSCAPE RADIANT.”*

*—FLORENCE BONE*



## Sunday

### Allegro in Boynton Beach

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## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

## Around our Community

**6**  
10:00 **Bus** Trip to Church Services  
10:15 **PAT** Famous Folks Trivia  
11:00 **B** Knitting Club  
1:30 **GT** Afternoon Movie - Residents' Choice  
2:00 **CR** Musical Nostalgia-The Career of The Andrew Sisters  
3:00 **CR** Finish the Lines  
4:00 **B** Happy Hour

**13**  
10:00 **Bus** Trip to Church Services  
10:00 **A** Shopping with Marzee Fashions at Allegro  
10:15 **PAT** Famous Folks Trivia  
11:00 **B** Knitting Club  
1:30 **GT** Afternoon Movie - Residents' Choice  
3:00 **CR** Finish the Lines  
4:00 **B** Happy Hour  
7:30 **GT** Evening Movie The Ballad

**20**  
9:30 **A** Walking Club-Meet in the Atrium  
10:00 **Bus** Trip to Church Services  
10:15 **PAT** Famous Folks Trivia  
11:00 **B** Knitting Club  
1:30 **GT** Afternoon Movie - Residents' Choice  
2:00 **CR** What's my Line?  
3:00 **CR** Finish the Words  
4:00 **B** Happy Hour

**27**  
10:00 **Bus** Trip to Church Services  
10:15 **PAT** American History Trivia  
11:00 **B** Knitting Club  
1:30 **GT** Afternoon Movie - Residents' Choice  
2:00 **CR** Musical Nostalgia-The Career of Fred Astaire  
3:00 **CR** Finish the Lines  
4:00 **B** Happy Hour-American Beer Day!

**7**  
10:15 **CR** Gentle Stretching with Stacy  
11:00 **CR** Word Wall  
11:00 **Bus** Shopping to Anthony's  
1:30 **MC** Men's Club Pow Wow  
2:00 **P** Water Aerobics  
4:00 **B** Happy Hour  
7:30 **CR** Bingo at night!  
7:30 **GT** Evening Movie-The Highway Men

**14 COLUMBUS DAY**  
9:30 **A** Walking Club-Meet in the Atrium  
10:15 **CR** Gentle Stretching with Stacy  
11:00 **CR** Columbus Day Trivia  
1:30 **MC** Men's Club Pow Wow  
2:00 **P** Water Aerobics  
4:00 **B** Happy Hour  
7:30 **CR** Bingo at night!  
7:30 **GT** Evening Movie-The Irishmen

**21**  
10:00 **CR** Nutrition A-Z. Common Dietary Problems Explained  
10:15 **CR** Gentle Stretching with Stacy  
10:30 **Bus** Pinewood Shopping and Lunch  
11:00 **CR** Word Wall  
1:30 **MC** Men's Club Pow Wow  
2:00 **P** Water Aerobics  
4:00 **B** Happy Hour

**28**  
9:30 **A** Walking Club-Meet in the Atrium  
10:15 **CR** Gentle Stretching with Stacy  
11:00 **CR** Word Wall  
1:30 **MC** Men's Club Pow Wow  
2:00 **P** Water Aerobics  
4:00 **B** Happy Hour  
7:30 **CR** Bingo at night!  
7:30 **GT** Evening Movie-The Money

**8**  
9:30 **A** Walking Club-Meet in the Atrium  
10:00 **Bus** "Loop" trip around town  
10:00 **CR** Mindful Meditation  
11:00 **Spa** Stretch and Stamina with Mary  
11:30 **Bus** Lunch Outing to Burt and Max  
2:00 **GT** Bingo  
4:00 **B** Happy Hour

**15**  
10:00 **Bus** "Loop" trip around town  
10:00 **CR** Mindful Meditation  
11:00 **Spa** Stretch and Stamina with Mary  
2:00 **GT** Bingo  
4:00 **B** Happy Hour  
7:30 **MC** Men's Game Night  
7:30 **GT** Evening Movie-Red Notice

**22**  
9:30 **A** Walking Club-Meet in the Atrium  
10:00 **Bus** "Loop" trip around town  
10:00 **CR** Mindful Meditation  
11:00 **Spa** Stretch and Stamina with Mary  
2:00 **GT** Bingo  
4:00 **B** Happy Hour  
7:30 **MC** Men's Game Night  
7:30 **GT** Evening Movie-The Union

**29**  
10:00 **Bus** "Loop" trip around town  
10:00 **CR** Mindful Meditation  
11:00 **Spa** Stretch and Stamina with Mary  
2:00 **GT** Bingo  
4:00 **B** Happy Hour  
7:30 **MC** Men's Game Night  
7:30 **GT** Evening Movie-Midnight Run

**9**  
10:00 **GT** Town Hall Meeting  
10:15 **CR** Gentle Stretching with Stacy  
11:00 **Bus** Trip to the Library  
11:00 **CR** Painting with Charlene  
2:30 **DR** Entertainment with Jaycee Driesen  
4:00 **B** Happy Hour  
7:30 **GT** Evening Movie-The Last Laugh

**16**  
9:30 **A** Walking Club-Meet in the Atrium  
10:00 **B** Food Committee Meeting  
10:15 **CR** Gentle Stretching with Stacy  
11:00 **GT** Activities Committee Meeting  
11:45 **Bus** Delray Movies  
4:00 **B** Happy Hour  
7:30 **GT** Evening Movie-Madame Web

**23**  
10:00 **B** Here's the Scoop!  
10:15 **CR** Gentle Stretching with Stacy  
11:00 **Bus** Trip to the Library  
11:00 **CR** Painting with Charlene  
2:30 **DR** Entertainment with James Perkowski  
4:00 **B** Happy Hour Block Party  
7:30 **CR** "High Stakes" Super Bingo  
7:30 **GT** Evening Movie-Lift

**30**  
9:30 **A** Walking Club-Meet in the Atrium  
10:15 **CR** Gentle Stretching with Stacy  
11:00 **GT** Resident Council Meeting  
11:45 **Bus** Delray Movies  
11:45 **CR** Trip to the Movies  
1:30 **CR** Gardening Club Meeting  
2:30 **B** Entertainment with Cheryl LaBriola

**10**  
9:30 **A** Walking Club-Meet in the Atrium  
10:00 **C** Wordical Challenge  
10:30 **C** Learning Mah-Jongg  
11:00 **Spa** Stretch and Stamina with Mary  
2:00 **PAT** Photography Club-Bring your Latest Photos  
4:00 **B** Happy Hour and Hors D'oeuvres

**17**  
10:00 **C** Wordical Challenge  
10:30 **C** Learning Mah-Jongg  
10:30 **GT** Ed Lamont - Lecture  
11:00 **Spa** Stretch and Stamina with Mary  
2:00 **CR** "Kooky" Pumpkin Decorating  
3:00 **CR** Family Support Group  
4:00 **B** Happy Hour and Hors D'oeuvres  
4:30 **Bus** Dinner Outing - Asian Fare

**24**  
9:30 **A** Walking Club-Meet in the Atrium  
10:00 **C** Wordical Challenge  
10:00 **CR** What Do We Know about Healthy Aging?  
10:30 **C** Learning Mah-Jongg  
11:00 **Spa** Stretch and Stamina with Mary  
2:00 **CR** Making Fruit Smoothies  
4:00 **B** Happy Hour and Hors

**31**  
Halloween  
10:00 **C** Wordical Challenge  
10:30 **C** Learning Mah-Jongg with Rita  
11:00 **Spa** Stretch and Stamina with Mary  
1:30 **CR** Halloween Costume Contest  
4:00 **B** Happy Hour and Hors D'oeuvres  
7:30 **GT** Evening Movie-Molly's Game

**11**  
10:00 **CR** Giant Crossword Puzzles  
1:30 **Bus** Banking Day  
2:00 **CR** The Most Amazing True Story you Ever Heard.  
3:15 **GT** No Shabbat Services today  
4:00 **B** Happy Hour  
7:30 **GT** Evening Movie-The Laundromat

**18**  
9:30 **A** Walking Club-Meet in the Atrium  
10:00 **CR** Giant Crossword Puzzles  
1:30 **Bus** Banking Day  
2:00 **CR** Celebrate Chocolate Cupcake Day and Conversation  
3:15 **GT** Shabbat Services  
4:00 **B** Happy Hour  
7:30 **GT** Evening Movie-Damsel

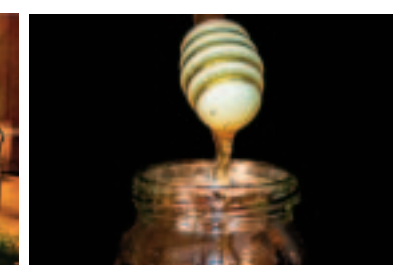
**25**  
10:00 **CR** Giant Crossword Puzzles  
1:30 **Bus** Banking Day  
1:30 **CR** New Resident Orientation and Ice-Cream Social  
2:00 **CR** Cookies and Conversation  
3:15 **GT** Shabbat Services  
4:00 **B** Happy Hour  
7:30 **GT** Evening Movie-Shirley

**4**  
9:30 **A** Walking Club-Meet in the Atrium  
10:00 **CR** Giant Crossword Puzzles  
10:00 **GT** Book Club Meeting  
1:30 **Bus** Banking Day  
2:00 **CR** Cookies and Conversation  
3:15 **GT** No Shabbat Services today  
4:00 **B** Happy Hour  
7:30 **GT** Evening Movie-Equalizer 3

**12 YOM KIPPUR**  
9:30 **A** Walking Club-Meet in the Atrium  
10:00 **CR** Name that Tune  
10:30 **Bus** Publix  
1:30 **CR** Word Wall  
3:00 **CR** The Book of Unusual Knowledge  
4:00 **B** Happy Hour  
7:30 **GT** Evening Movie- Diana-The Musical

**19**  
10:00 **CR** Name that Tune  
10:30 **Bus** Publix  
10:30 **GT** Harry Getzov - Lecture  
1:30 **CR** Word Wall  
1:30 **A** Therapy Dogs Visit  
3:00 **CR** Music and Movie Trivia  
4:00 **B** Happy Hour  
7:30 **GT** Evening Movie-Family Switch

**26**  
9:30 **A** Walking Club-Meet in the Atrium  
10:00 **CR** Name that Tune  
10:30 **Bus** Publix  
1:30 **CR** Word Wall  
3:00 **CR** Quirky and Crazy Phrases  
4:00 **B** Happy Hour  
7:30 **GT** Evening Movie-Spencer Confidential



### HAPPY BIRTHDAY!

Charlotte Rothenburg -  
10/03

JudyElias -  
10/11

Roslyn Schor -  
10/16

Naomi Gruber -  
10/17

Libra is an air sign represented by the scales, an association that reflects Libra's fixation on balance and harmony. Libra is obsessed with symmetry and strives to create equilibrium in all areas of life.

## LOCATION KEY

- Bus** Bus Trip
- CR** Community Room
- Spa** Spa
- GT** Grand Theatre
- B** Bistro
- MC** Man Cave
- A** Atrium
- P** Pool
- C** Card Room
- DR** Dining Room

## Sunday

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## Saturday

## Around our Community

### October Happenings

#### Entertainment

Stone Silk 10/10  
Chris Autore 10/24  
Still Jammin 10/29

We will have a Family Luncheon on 10-16, at 12:15. It is "Take Your Parents to Lunch Day" We hope to see you all there.

When we have entertainment, I always send the families videos but we would love to have you here. Our residents really enjoy singing and dancing.

Activities are subject to change

### LOCATION KEY

**AR** Activity Room  
**LR** Living Room  
**PAT** Patio  
**GT** Grand Theatre  
**DR** Dining Room  
**CY** Courtyard  
**Bus** Bus Trip

### 6

9:00 **LR** In the News  
10:00 **LR** Sweating to the Oldies  
11:00 **LR** Virtual Tour: The Berkshires  
1:30 **AR** Bowling  
2:45 **LR** Name that Tune  
3:30 **AR** Volleyball  
6:15 **LR** Movie-Mr Deeds

### 13 M & M Day

9:00 **LR** In the News  
10:00 **LR** Sweating to the Oldies  
11:00 **LR** Remember When  
1:30 **AR** Bowling  
2:45 **LR** Name that Tune  
3:30 **AR** Music Trivia  
6:15 **LR** Musical-Chorus Line

### 20

9:00 **LR** In the News  
9:00 **CY** Walk Out in the Courtyard  
10:30 **AR** Juice and Cookies  
11:00 **LR** Virtual Tour: Montreal  
1:30 **AR** Bowling  
2:45 **LR** Name that Tune  
3:30 **AR** Bingo  
6:15 **LR** Movie-Wrong Missy

### 27

9:00 **LR** In the News  
10:00 **LR** Sweating to the Oldies  
11:00 **LR** 50's Music on the Patio  
1:30 **AR** Bowling  
2:45 **LR** Name that Tune  
3:30 **AR** Wheel of Fortune  
6:15 **LR** Movie-The Hill

### 7

9:00 **LR** On This Day  
10:00 **LR** Chair Yoga  
10:30 **LR** Fill in the Blanks  
1:30 **GT** Movies  
2:00 **AR** Holiday Crafts  
3:15 **AR** Bingo Bonanza  
6:15 **LR** Movie-Matilda

### 14 Columbus Day

9:00 **LR** On This Day  
10:00 **LR** Chair Yoga  
10:30 **LR** Word Wall  
1:30 **GT** Movies  
1:30 **LR** Pictionary  
2:00 **AR** Crafts with Lucy  
3:15 **AR** Bingo Bonanza  
6:15 **LR** Movie-Red Notice

### 21 Apple Day

9:00 **LR** On This Day  
10:00 **LR** Chair Yoga  
10:30 **LR** Fill in the Blanks  
1:30 **GT** Movies  
2:00 **AR** Finish the Phrase  
3:15 **AR** Bingo Bonanza  
6:15 **LR** Movie-Queen Bees

### 28

9:00 **LR** On This Day  
10:00 **LR** Chair Yoga  
10:30 **LR** Word Wall  
11:30 **Bus** Luncheon Outing  
1:30 **GT** Movies  
1:30 **LR** Pictionary  
2:00 **AR** Crafts with Lucy  
3:15 **AR** Bingo Bonanza  
6:15 **LR** Movie-Purple Heart

### 1 Homemade Cookie Day

9:00 **AR** Fun Facts  
10:00 **LR** 50's Workout  
11:00 **AR** Guess the Name or Place  
1:00 **AR** Finish the Phrase  
2:00 **AR** Exercise with Ashley  
3:30 **AR** Wheel of Fortune  
6:15 **LR** Movie-Unstable

### 8

9:00 **AR** Fun Facts  
10:00 **AR** Babies With Amy  
11:00 **AR** Guess the Name or Place  
1:00 **AR** Finish the Phrase  
2:00 **AR** Exercise with Ashley  
3:30 **AR** Badminton  
6:15 **LR** Comedian Sara Pascoe

### 15

9:00 **AR** Fun Facts  
10:00 **LR** 50's Workout  
11:00 **AR** Guess the Name or Place  
1:00 **AR** Finish the Phrase  
2:00 **AR** Exercise with Ashley  
3:30 **AR** Music Trivia  
6:15 **LR** Movie-Mr & Mrs Smith

### 22

9:00 **AR** Fun Facts  
10:00 **AR** Babies With Amy  
11:00 **AR** Guess the Name or Place  
1:00 **AR** Finish the Phrase  
1:30 **Bus** Ice cream Outing  
2:00 **AR** Exercise with Ashley  
3:30 **AR** Pictionary  
6:15 **LR** Movie-Megan Levy

### 29

9:00 **AR** Fun Facts  
10:00 **LR** 50's Workout  
11:00 **AR** Guess the Name or Place  
1:00 **AR** Finish the Phrase  
2:00 **AR** Exercise with Ashley  
2:30 **AR** Entertainment  
6:15 **LR** Comedian-Lace Larrabee

### 2 Rosh Hashanah

9:00 **AR** Back When  
10:00 **AR** Puzzles, Checkers and Scrabble  
11:00 **AR** Chair Yoga  
1:15 **AR** Bowling  
2:30 **LR** Karaoke  
3:45 **AR** Family Feud  
6:15 **LR** Movie-Somethings Gotta Give

### 9 Beer and Pizza Day

9:00 **AR** Back When  
10:00 **AR** Painting With Charlene  
11:00 **AR** Chair Yoga  
1:00 **AR** Indoor Golf  
2:30 **LR** Karaoke  
3:45 **AR** Music of the 40's  
6:15 **LR** Movie-Diary of a Mad Black Woman

### 16 Family Luncheon

9:00 **AR** Back When  
10:00 **AR** Puzzles, Checkers and Scrabble  
11:00 **AR** Chair Yoga  
12:00 **DR** Family Luncheon  
1:15 **AR** Bowling  
2:30 **LR** Karaoke  
3:45 **AR** Entertainment  
6:15 **LR** Movie-Non Stop

### 23

9:00 **AR** Back When  
10:00 **AR** Painting With Charlene  
11:00 **AR** Chair Yoga  
1:00 **AR** Indoor Golf  
2:30 **LR** Karaoke  
3:45 **AR** Word Wall  
6:15 **LR** Comedian-Greg Warren

### 30

9:00 **AR** Back When  
10:00 **AR** Puzzles, Checkers and Scrabble  
11:00 **AR** Chair Yoga  
1:15 **AR** Bowling  
2:30 **LR** Karaoke  
3:45 **AR** Unscramble the Word  
6:15 **LR** Movie-Good Deeds

### 3

9:00 **LR** Memory Lane  
10:00 **LR** Sweating to the Oldies  
10:30 **LR** What Did it Cost  
1:15 **LR** Bowling  
2:15 **LR** Unscramble the Word  
3:30 **AR** Music of the 50's  
6:15 **LR** Movie-The Union

### 10 Angel Food Cake Day

9:00 **LR** Memory Lane  
10:00 **LR** Sweating to the Oldies  
10:30 **LR** What Did it Cost  
1:15 **AR** Indoor Golf  
2:15 **LR** Computer Word Search  
3:00 **AR** Entertainment  
6:15 **LR** Movie-White House Down

### 17

9:00 **LR** Memory Lane  
10:00 **LR** Sweating to the Oldies  
10:30 **LR** What Did it Cost  
1:15 **LR** Bowling  
2:15 **LR** Unscramble the Word  
3:30 **AR** Pictionary  
6:15 **LR** Movie-Sextuplets

### 24

9:00 **LR** Memory Lane  
10:00 **LR** Sweating to the Oldies  
10:30 **LR** What Did it Cost  
1:15 **AR** Indoor Golf  
2:15 **LR** Unscramble the Word  
3:00 **AR** Entertainment  
6:15 **LR** Movie-How Do You Know

### 31 Halloween

9:00 **LR** Memory Lane  
10:00 **LR** Sweating to the Oldies  
10:30 **LR** What Did it Cost  
1:15 **AR** Bowling  
2:00 **AR** Halloween Party  
3:30 **AR** What Did It Cost?  
6:15 **LR** Movie

### 4 Cinnamon Roll Day

9:00 **LR** In The News  
10:30 **LR** Matching Objects  
11:00 **PAT** Crossword Puzzle  
2:00 **LR** Word Wall  
3:30 **GT** Shabbat  
3:30 **AR** Pictionary  
6:15 **LR** Movie-Expendable 3

### 11 Yom Kippur

9:00 **LR** In The News  
10:30 **LR** Matching Objects  
11:00 **PAT** Crossword Puzzle  
2:00 **LR** Word Wall  
3:30 **GT** Shabbat  
3:30 **AR** Pictionary  
6:15 **LR** Movie-Jack Reacher, Never Go Back

### 18 Chocolate Cupcake Day

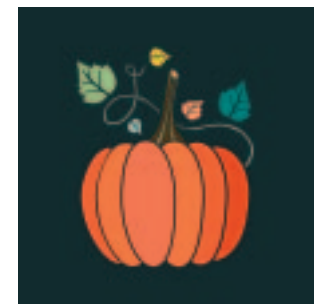
9:00 **LR** In The News  
10:30 **LR** Matching Objects  
11:00 **PAT** Crossword Puzzle  
2:00 **LR** Word Wall  
3:30 **GT** Shabbat  
3:30 **AR** Indoor Golf  
6:15 **LR** Movie-Night School

### 25

9:00 **LR** In The News  
10:30 **LR** Matching Objects  
11:00 **PAT** Crossword Puzzle  
2:00 **LR** Word Wall  
3:30 **GT** Shabbat  
3:30 **AR** Bingo Bonanza  
6:15 **LR** Movie-Capt Phillips



Rosh Hashanah



Happy Halloween