

## UPCOMING COMMUNITY EVENTS

### ACTIVITIES TO REMEMBER

Resident Council October 4th at 2pm

Hooked on Books Book Club October  
4th at 3pm

Art Lessons w/ Andrea October 3rd &  
24th at 2pm

Happy Hour with Katie Hurcomb  
every Friday

Soda Fountain Social every Monday  
at 4pm

Travelogue Tuesday at 2pm weekly

The Dining Experience with Chef October 17th at 2pm

History Night every Wednesday at 6:30pm

Hymnal History w/ Angie every Thursday at 4pm

Halloween Party October 31st at 2pm



## NEWS

### OCTOBER HISTORY

October was originally the eighth month in the Roman calendar. Its name comes from the Latin word "Octo" meaning eight. Later, it became the 10th month when January and February were added to the calendar.

### Overland Park

10300 Indian Creek Pkwy  
Overland Park, KS 66210  
(913) 521-8415



# FLOURISH

OCTOBER 2024

### WHAT'S INSIDE

Pg 2-3  
Social Calendar

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Upcoming Events + News

*"I'M SO GLAD I LIVE IN A WORLD WHERE THERE ARE OCTOBERS"*

*—L.M. MONTGOMERY*

## Sunday

### Overland Park

10300 Indian Creek Pkwy  
Overland Park, KS 66210  
(913) 521-8415  
www.allegroliving.com

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

**6**  
9:00 **ER** C.O.A Recorded Mass  
10:00 **ER** C. R. Church Satellite Service (Recorded)  
1:00 **ER** Lutheran Recorded Services  
2:30 **L** Table Games  
4:00 **L** Puzzle Time!  
6:30 **ER** Movie Night

**13**  
9:00 **ER** C.O.A Recorded Mass  
10:00 **ER** C. R. Church Satellite Service (Recorded)  
1:00 **ER** Lutheran Recorded Services  
2:30 **L** Table Games  
4:00 **L** Puzzle Time!  
6:30 **ER** Movie Night

**20**  
9:00 **ER** C.O.A Recorded Mass  
10:00 **ER** C. R. Church Satellite Service (Recorded)  
1:00 **ER** Lutheran Recorded Services  
2:30 **L** Table Games  
4:00 **L** Puzzle Time!  
6:30 **ER** Movie Night

**27**  
9:00 **ER** C.O.A Recorded Mass  
10:00 **ER** C. R. Church Satellite Service (Recorded)  
1:00 **ER** Lutheran Recorded Services  
2:30 **L** Table Games  
4:00 **L** Puzzle Time!  
6:30 **ER** Movie Night

**7**  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Morning Stretch  
10:30 **ER** Spiritual Reflections  
3:00 **B** Let's Play Trivia  
4:00 **B** Soda Fountain Social  
5:30 **CS** Puzzling w/ Friends  
7:15 **ER** Chiefs vs Saints watch party

**14**  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Morning Stretch  
10:30 **ER** Spiritual Reflections  
3:00 **B** Let's Play Trivia  
4:00 **B** Soda Fountain Social  
5:30 **CS** Puzzling w/ Friends  
6:30 **ER** Movie Night

**21**  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Morning Stretch  
10:30 **ER** Spiritual Reflections  
3:00 **B** Let's Play Trivia  
4:00 **B** Soda Fountain Social  
5:30 **CS** Puzzling w/ Friends  
6:30 **ER** Movie Night

**28**  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Morning Stretch  
10:30 **ER** Spiritual Reflections  
3:00 **B** Let's Play Trivia  
4:00 **B** Soda Fountain Social  
5:30 **CS** Puzzling w/ Friends  
6:30 **ER** Movie Night

**1**  
9:30 **CS** Catholic Comm. and Rosary  
10:00 **ER** Moving to The Oldies Exercise  
10:45 **B** Chicken Soup for the Soul Readings  
2:00 **ER** Travelogue Tuesday  
3:00 **B** Advanced Bingo  
6:30 **ER** Concert Night

**8**  
9:30 **CS** Catholic Comm. and Rosary  
10:00 **ER** Moving to The Oldies Exercise  
10:45 **B** Chicken Soup for the Soul Readings  
1:30 **ER** Legacy Rehab Health Talk  
2:00 **ER** Travelogue Tuesday  
3:00 **B** Advanced Bingo  
6:30 **ER** Concert Night

**15**  
9:30 **CS** Catholic Comm. and Rosary  
10:00 **ER** Moving to The Oldies Exercise  
10:45 **B** Chicken Soup for the Soul Readings  
2:00 **ER** Travelogue Tuesday  
3:00 **B** Advanced Bingo  
6:30 **ER** Concert Night

**22**  
9:30 **CS** Catholic Comm. and Rosary  
10:00 **ER** Moving to The Oldies Exercise  
10:45 **B** Chicken Soup for the Soul Readings  
2:00 **DR** Music Entertainment with Alligator Shoes  
2:00 **ER** Travelogue Tuesday  
3:00 **B** Advanced Bingo  
6:30 **ER** Concert Night

**29**  
9:30 **CS** Catholic Comm. and Rosary  
10:00 **ER** Moving to The Oldies Exercise  
10:45 **B** Chicken Soup for the Soul Readings  
2:00 **ER** Travelogue Tuesday  
3:00 **B** Advanced Bingo  
4:00 **L** Trunk or Treat  
6:30 **ER** Concert Night

**2**  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Exercise w/ Amber  
11:00 **CS** Angie's Bible Study  
2:00 **ER** Resident Council  
3:00 **ER** Hooked on Books  
4:00 **B** Wine Down Wednesday  
5:30 **L** Patti on the Piano  
6:30 **ER** History Night

**9**  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Exercise w/ Amber  
11:00 **CS** Angie's Bible Study  
3:00 **B** Uncorked and Decanted  
4:00 **B** Wine Down Wednesday  
6:30 **ER** History Night

**16**  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Exercise w/ Amber  
11:00 **CS** Angie's Bible Study  
2:00 **DR** Just the two of us entertaining  
4:00 **B** Wine Down Wednesday  
5:30 **L** Patti on the Piano  
6:30 **ER** History Night

**23**  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Exercise w/ Amber  
11:00 **CS** Angie's Bible Study  
2:00 **ER** Fall and Injury Prevention  
4:00 **B** Wine Down Wednesday  
6:30 **ER** History Night

**30**  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Exercise w/ Amber  
11:00 **CS** Angie's Bible Study  
2:00 **ER** Big X Bingo Store  
4:00 **B** Wine Down Wednesday  
6:30 **ER** History Night

**3**  
9:00 **ER** C.O.A Recorded Mass  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Seated T-Band Exercise  
10:45 **B** Blackjack for Candy  
2:00 **CS** Art Lessons w/ Andrea  
3:00 **B** Easy Bingo  
4:00 **L** Hymnal History w/ Angie  
6:30 **ER** Movie Night

**10**  
9:00 **ER** C.O.A Recorded Mass  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Seated T-Band Exercise  
10:45 **B** Blackjack for Candy  
3:00 **B** Easy Bingo  
4:00 **L** Hymnal History w/ Angie

**17**  
9:00 **ER** C.O.A Recorded Mass  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Seated T-Band Exercise  
10:30 **L** Musical Entertainment with Rob McHenry  
2:00 **DR** The Dining Experience with Chef Tim  
3:00 **DR** Easy Bingo  
4:00 **L** Hymnal History w/ Angie

**24**  
9:00 **ER** C.O.A Recorded Mass  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Seated T-Band Exercise  
10:45 **B** Blackjack for Candy  
2:00 **CS** Art Lessons w/ Andrea  
3:00 **B** Easy Bingo  
4:00 **L** Hymnal History w/ Angie

**31**  
9:00 **ER** C.O.A Recorded Mass  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Seated T-Band Exercise  
10:45 **B** Blackjack for Candy  
3:00 **B** Easy Bingo  
4:00 **L** Hymnal History w/ Angie

**4**  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Sit and Lift with Legacy  
1:30 **ER** Documentary Matinee  
3:30 **B** Happy Hour w/ Katie Hurcomb  
6:30 **ER** Nature Night

**11**  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Sit and Lift with Legacy  
10:45 **B** Brain Teasers and Word Jumbles  
1:30 **ER** Documentary Matinee  
3:15 **B** Happy Hour w/ Katie Hurcomb  
4:30 **DR** Birthday Dinner  
6:30 **ER** Nature Night

**18**  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Sit and Lift with Legacy  
10:45 **B** Brain Teasers and Word Jumbles  
1:30 **ER** Documentary Matinee  
3:15 **B** Happy Hour w/ Katie Hurcomb  
6:30 **ER** Nature Night

**25**  
9:30 **DRP** Catch the Sun Social  
10:00 **ER** Sit and Lift with Legacy  
10:45 **B** Brain Teasers and Word Jumbles  
1:30 **ER** Documentary Matinee  
3:15 **B** Happy Hour w/ Katie Hurcomb  
6:30 **ER** Nature Night



**5**  
9:00 **L** Morning Chat  
10:00 **ER** Walking Club  
11:00 **L** Buzzword Game  
2:00 **FP** Rummikub  
3:00 **L** Jigsaw and Word Search Puzzles

**12**  
9:00 **L** Morning Chat  
10:00 **ER** Walking Club  
11:00 **L** Buzzword Game  
1:30 **L** Live Entertainment with Steve Kakacek  
2:00 **FP** Rummikub  
2:30 **L** Table Games  
3:00 **L** Jigsaw and Word Search Puzzles

**19**  
9:00 **L** Morning Chat  
10:00 **ER** Walking Club  
11:00 **L** Buzzword Game  
2:00 **FP** Rummikub  
3:00 **L** Jigsaw and Word Search Puzzles

**26**  
9:00 **L** Morning Chat  
10:00 **ER** Walking Club  
11:00 **L** Buzzword Game  
2:00 **FP** Rummikub  
3:00 **L** Jigsaw and Word Search Puzzles

## Around our Community

### October Birthdays!

#### Resident Birthdays

Nancy Danner 10/16  
Mary Catherine Hays 10/18  
Bob Goodrich 10/22  
Larry Rucas 10/23  
Pat McMahon 10/31

#### Staff Birthdays

Miles Borchardt 10/1  
Pauline Chege 10/2  
Alice Diaz 10/ 31  
Rob Harbert 10/27  
Andrew Lancaster 10/ 20  
Cynthia Micheke 10/4  
Boualath Sengpraseuth 10/03  
Mulu Tsegaw 10/20

## LOCATION KEY

- CS** Creative Studio
- ER** Entertainment Room
- B** Bistro
- DRP** Dining Room Patio
- L** Lobby
- FP** Front Porch
- DR** Dining Room

## Sunday

### Overland Park

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## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

**6**

9:00 A Chronicle Reading w/Margaret  
10:00 A Balloon Swat Fitness  
10:00 DR Hydration Cart  
11:00 A Lets Worship Together  
1:00 MR Johnny Carson Show  
2:00 DR Afternoon snack N chat  
3:30 A Anne With An E Movie  
6:00 D Sunday Night at the Movies

**13**

9:00 A Chronicle Reading w/Margaret  
10:00 A Balloon Swat Fitness  
10:00 DR Hydration Cart  
11:00 A Lets Worship Together  
1:00 MR Johnny Carson Show  
2:00 DR Afternoon snack N chat  
3:30 A Anne With An E Movie  
6:00 D Sunday Night at the Movies

**20**

9:00 A Chronicle Reading w/Margaret  
10:00 A Balloon Swat Fitness  
10:00 DR Hydration Cart  
11:00 A Lets Worship Together  
1:00 MR Johnny Carson Show  
2:00 DR Afternoon snack N chat  
3:30 A Anne With An E Movie  
6:00 D Sunday Night at the Movies

**27**

9:00 A Chronicle Reading w/Margaret  
10:00 A Balloon Swat Fitness  
10:00 DR Hydration Cart  
11:00 A Lets Worship Together  
1:00 MR Johnny Carson Show  
2:00 DR Afternoon snack N chat  
3:30 A Anne With An E Movie  
6:00 D Sunday Night at the Movies

**7**

9:00 A Chronicle Reading w/Margaret  
9:30 A IN2L Exercise  
10:00 DR Hydration Cart  
10:30 DR Bible Study w/Laverne  
1:30 A IN2L GAMES  
2:00 DR Afternoon snack N chat  
3:30 DR Lets Play A Game  
6:00 D Monday Night at the Movies

**14**

9:00 A Chronicle Reading w/Margaret  
9:30 A IN2L Exercise  
10:00 DR Hydration Cart  
10:30 DR Bible Study w/ Laverne  
11:00 DRP Ladies Tea  
1:30 A IN2L GAMES  
2:00 DR Afternoon snack N chat  
3:30 DR Lets Play A Game  
6:00 D Monday Night at the Movies

**21**

9:00 A Chronicle Reading w/Margaret  
9:30 A IN2L Exercise  
10:00 DR Hydration Cart  
10:30 DR Live Music w/Rob McHenry  
10:30 DR Bible Study w/Laverne  
1:30 A IN2L GAMES  
2:00 DR Afternoon snack N chat  
3:30 DR Lets Play A Game  
6:00 D Monday Night at the Movies

**28**

9:00 A Chronicle Reading w/Margaret  
9:30 A IN2L Exercise  
10:00 DR Hydration Cart  
10:30 DR Bible Study w/Laverne  
1:30 A IN2L GAMES  
2:00 DR Afternoon snack N chat  
3:30 DR Lets Play A Game  
6:00 D Monday Night at the Movies

**1**

9:00 A Chronicle Reading w/Margaret  
10:00 B Baking in Mom's Kitchen  
10:00 DR Hydration Cart  
10:30 D Catholic Communion  
1:00 A You've Got A Friend In Me  
2:00 A Bingo  
3:00 DR Afternoon snack N chat  
4:00 DR Let's Play A Game  
6:00 D Tuesday Night Movie

**8**

9:00 A Chronicle Reading w/Margaret  
10:00 DR Hydration Cart  
10:00 B Baking in Mom's Kitchen  
10:30 D Catholic Communion &  
1:00 A You've Got A Friend In Me  
2:00 A Bingo  
3:00 DR Afternoon snack N chat  
4:00 DR Let's Play A Game  
6:00 D Tuesday Night Movie

**15**

9:00 A Chronicle Reading w/Margaret  
10:00 B Baking in Mom's Kitchen  
10:00 DR Hydration Cart  
10:30 D Catholic Communion  
1:00 A You've Got A Friend In Me  
2:00 A Music w/Kathi  
3:00 DR Afternoon snack N chat  
4:00 DR Let's Play A Game  
6:00 D Tuesday Night Movie

**22** Clean Up Earth Day

9:00 A Chronicle Reading w/Margaret  
10:00 B Baking in Mom's Kitchen  
10:00 DR Hydration Cart  
10:30 D Catholic Communion  
1:00 A You've Got A Friend In Me  
2:00 A Let's Pick Up Trash  
3:00 DR Afternoon snack N chat  
4:00 DR Let's Play A Game  
6:00 D Tuesday Night Movie

**29**

9:00 A Chronicle Reading w/Margaret  
10:00 B Baking in Mom's Kitchen  
10:00 DR Hydration Cart  
10:30 D Catholic Communion  
1:00 A You've Got A Friend In Me  
2:00 A Bingo  
3:00 DR Afternoon snack N chat  
4:00 DR TRUNK OR TREAT OUTSIDE  
6:00 D TRUNK OR TREAT OUTSIDE

**2**

9:00 A Chronicle Reading w/Margaret  
9:30 A Exercise Fun  
10:00 DR Hydration Cart  
10:30 A Watercolor Wednesday's  
1:00 MR Sing a Long w/ Susie  
2:00 DR Afternoon snack N chat  
4:00 DR Hymnal History w/Angie  
6:00 D Wednesday Night at the  
6:00 D Movies

**9**

9:00 A Chronicle Reading w/Margaret  
9:30 A Exercise Fun  
10:00 DR Hydration Cart  
10:30 A Watercolor Wednesday's  
1:00 MR Sing a Long w/ Susie  
2:00 DR Afternoon snack N chat  
3:00 DR Let's Play A Game  
6:00 D Wednesday Night at the  
6:00 D Movies

**16**

9:00 A Chronicle Reading w/Margaret  
9:30 A Exercise Fun  
10:00 DR Hydration Cart  
10:30 A Watercolor Wednesday's  
1:00 MR Sing a Long w/ Susie  
2:00 DR Music w/Katie  
4:00 DR Hymnal History w/Angie  
6:00 D Wednesday Night at the  
6:00 D Movies

**23**

9:00 A Chronicle Reading w/Margaret  
9:30 A Exercise Fun  
10:00 DR Hydration Cart  
10:30 A Watercolor Wednesday's  
1:00 MR Sing a Long w/ Susie  
2:00 DR Afternoon snack N chat  
2:00 MR Music w/Evans  
4:00 DR Let's Play A Game  
6:00 D Wednesday Night Movies

**30**

9:00 A Chronicle Reading w/Margaret  
9:30 A Exercise Fun  
10:00 DR Hydration Cart  
10:30 A Watercolor Wednesday's  
1:00 MR Sing a Long w/ Susie  
2:00 DR Afternoon snack N chat  
3:00 DR Manicures  
4:00 DR Let's Play A Game  
6:00 D Wednesday Night Movie

**3**

9:00 A Chronicle Reading w/Margaret  
9:30 A Movin to the Music Fitness  
10:00 A Thursday Fruit Smoothies  
10:00 DR Hydration Cart  
1:00 SR Sensory Room Visits  
2:00 A Music w/Andrea  
2:00 DR Afternoon snack N chat  
4:00 A Puzzles and Music Hour  
6:00 D Thursday night Movie

**10** LOVE MY HAIR DAY

9:00 A Chronicle Reading w/Margaret  
9:30 A Movin to the Music Fitness  
10:00 A SALON Day  
10:00 DR Hydration Cart  
1:00 SR Sensory Room Visits  
2:00 MR Music w/Razarr and Michael  
2:00 A Crafting Corner  
4:00 A Puzzles and Music Hour  
6:00 DR Thursday Night Movie

**17**

9:00 A Chronicle Reading w/Margaret  
9:30 A Movin to the Music Fitness  
10:00 A Thursday Fruit Smoothies  
10:00 DR Hydration Cart  
1:00 SR Sensory Room Visits  
2:00 A Crafting Corner  
2:00 DR Afternoon snack N chat  
4:00 A Puzzles and Music Hour  
6:00 D Thursday Night Movie

**24** Bologna Day

9:00 A Chronicle Reading w/Margaret  
9:30 A Movin to the Music Fitness  
10:00 A Thursday Fruit Smoothies  
10:00 DR Hydration Cart  
1:00 SR Sensory Room Visits  
2:00 A Let's Make Fried Bologna  
2:00 DR Afternoon snack N chat  
4:00 A Puzzles and Music Hour  
6:00 D Thursday night Movie

**31** HALLOWEEN

9:00 A Chronicle Reading w/Margaret  
9:30 A Movin to the Music Fitness  
10:00 A Thursday Fruit Smoothies  
10:00 DR Hydration Cart  
1:00 SR Sensory Room Visits  
2:00 DR HALLOWEEN PARTY  
2:00 DR WITH FRIENDS  
4:00 A Music on TV  
6:00 D Thursday night Movie

**4**

9:00 A Chronicle Reading w/Margaret  
9:30 A Ball Kicking Workout  
10:00 DR Hydration Cart  
10:30 A Brain Works  
1:00 A Let's Play a Game  
2:00 DR Afternoon snack N chat  
3:00 DR Music on TV  
4:00 A Puzzles and Music Hour  
6:00 D Fun Film Friday's

**11** COLUMBUS DAY

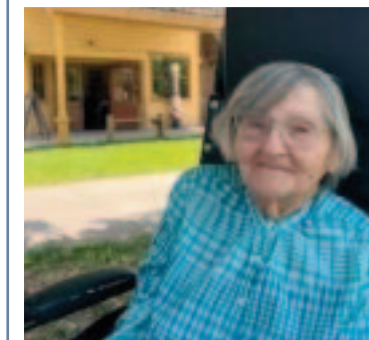
9:00 A Chronicle Reading w/Margaret  
9:30 A Ball Kicking Workout  
10:00 DR Hydration Cart  
10:30 A Brain Works  
1:00 A Let's Play a Game  
2:00 DR Talks about Columbus  
3:00 DR Music on TV  
4:00 A Puzzles and Music Hour  
6:00 D Fun Film Friday's

**18**

9:00 A Chronicle Reading w/Margaret  
9:30 A Ball Kicking Workout  
10:00 DR Hydration Cart  
10:30 A Brain Works  
1:00 A Let's Play a Game  
2:00 DR Afternoon snack N chat  
3:00 DR Music on TV  
4:00 A Puzzles and Music Hour  
6:00 D Fun Film Friday's

**25** Inspire Your Heart Day

9:00 A Chronicle Reading w/Margaret  
9:30 A Ball Kicking Workout  
10:00 MR Live Music  
10:00 DR Hydration Cart  
10:30 A Brain Works  
1:00 A Let's Play a Game  
2:00 DR Afternoon snack N chat  
3:00 DR Music on TV  
6:00 D Fun Film Friday's



**5**

9:00 A Chronicle Reading w/Margaret  
9:30 A Stronger than Yesterday  
10:00 A Trivia  
10:00 DR Hydration Cart  
1:30 A Let's Play a Memory Game  
2:00 DR Afternoon snack N chat  
3:00 A Puzzles, Mazes  
4:00 A Puzzles and Music Hour  
6:00 D Saturday Night Movie

**12**

9:00 A Chronicle Reading w/Margaret  
9:30 A Stronger than Yesterday  
10:00 A Trivia  
10:00 DR Hydration Cart  
1:30 A Let's Play a Memory Game  
2:00 DR Afternoon snack N chat  
3:00 A Puzzles, Mazes  
4:00 DR Manicures  
6:00 D Saturday Night Movie

**19**

9:00 A Chronicle Reading w/Margaret  
9:30 A Stronger than Yesterday  
10:00 A Trivia  
10:00 DR Hydration Cart  
1:30 A Let's Play a Memory Game  
2:00 DR Afternoon snack N chat  
3:00 A Puzzles, Mazes  
4:00 DR Manicures  
6:00 D Saturday Night Movie

**26**

9:00 A Chronicle Reading w/Margaret  
9:30 A Stronger than Yesterday  
10:00 A Trivia  
10:00 DR Hydration Cart  
1:30 A Let's Play a Memory Game  
2:00 DR Afternoon snack N chat  
3:00 A Puzzles, Mazes  
4:00 DR Manicures  
6:00 D Saturday Night Movie



### ENSEMBLE

Alzheimer's Support Group October 2nd  
6:30pm-8pm

Alzheimer's walk  
Day is October 5TH

We have raised \$3,950 this year  
We will start on next year's fundraising in November.

Thank you to all who supported our team  
The Alto All-Stars

Birthday's  
Harriet Hartman 10-15

Come join us for Trunk or  
Treat the 29th 4p-6pm  
Bring the kids!!

### LOCATION KEY

- A** Activity Room
- B** Mini Bistro
- D** Den
- DR** Dining Room
- MR** Music Room
- SR** Sensory Room
- DRP** Dining Room Patio