

UPCOMING COMMUNITY EVENTS



Oct 3rd: Jeopardy Tournament w/Ensemble Residents: Winner gets Kings Donuts! @ 1:00p.m. Community Room

Oct 12th: Dora Queen River Cruise in Tavares. Be in lobby at 4:00p.m. -Sign up at Front Desk

Oct 13th: Church Service w/ Father Gordon in Grand Lounge @ 1:00p.m. All denominations welcome!

Oct 17th: Presidential Election Voting- 9:00-11:00a.m. Grand Lounge

Oct 25th: Dinner movie experience- featuring The movie Shrek and a 5 course meal- Grand Lounge @ 4:30p.m.

Oct 26th: Fall Festival from 2:00-4:00p.m. in Memory Care

Oct 26th: Mind, Myth & Magic Show Outing. Be in the lobby at 5:45p.m. Sign up at Front Desk

October 31st "Happy Halloween" Halloween Breakfast Bingo 10:30a.m. CR

*Voting for Dept Pumpkin Carving Contest @ 3:15 in Lobby

*Trick or Treaters coming to the community starting at 6:00p.m. Have plenty of Candy

NEWS

Breast Cancer Awareness Month: Purchase a Breast Cancer shirt at the Perch Store during month of October- All proceeds goes towards foundation.

Allegro at Sea- Rome, Italy: Friday November 22nd - Alto's Captains Lunch- Italian cuisine with wine tasting and live music in Grand Lounge. After lunch step off the ship into the port of Rome and stop by the back patio to pick up your favorite Italian snacks including Lugis Pizza and Furtaies Funnel cakes before entering Circus Italia.

Alto Tavares
1761 Nightingale Lane
Tavares, FL 32778
(352) 988-6709



FLOURISH

OCTOBER 2024

WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

"LET YOUR LIFE LIGHTLY DANCE ON THE EDGES OF TIME LIKE DEW ON THE TOP OF A LEAF."

— RABINDRANATH TAGORE

Sunday

Alto Tavares

1761 Nightingale Lane
Tavares, FL 32778
(352) 988-6709

<https://www.allegroliving.com/osprey-lodge-tavares.html>

6

9:30 **CR** Exercise
10:00 **MC** Catholic Mass
10:15 **CR** B-I-N-G-O!
1:00 **CR** Painting Class
2:30 **WV** Worship & Communion w/ Pastor David
3:30 **CR** Bunco
6:00 **PC** Resident Chicken Foot & Mexican Train

13 Church Service

9:30 **CR** Exercise
10:00 **MC** Catholic Mass
10:15 **CR** B-I-N-G-O!
1:00 **CR** Painting Class
1:00 **GL** Church Service w/ Father Gordon
2:30 **WV** Prayer Gathering
3:30 **CR** Bunco
6:00 **PC** Resident Chicken Foot & Mexican Train

20

9:30 **CR** Exercise
10:00 **MC** Catholic Mass
10:15 **CR** B-I-N-G-O!
1:00 **CR** Painting Class
2:30 **WV** Prayer Gathering
3:30 **CR** Bunco
6:00 **PC** Resident Chicken Foot & Mexican Train

27

9:30 **CR** Exercise
10:00 **MC** Catholic Mass
10:15 **CR** B-I-N-G-O!
1:00 **CR** Painting Class
2:30 **WV** Prayer Gathering
3:30 **CR** Bunco
6:00 **PC** Resident Chicken Foot & Mexican Train

Monday

7 National Frappe Day!

9:30 **CR** Movements & Energy
10:15 **CR** B-I-N-G-O!
1:00 **PC** Perch Store Open!
1:00 **CAR** Pinochle, Chicken Foot & Scrabble
2:00 **PC** Vanilla Frappuccino Shake
3:15 **GL** Piano by Gary Fox
5:45 **GL** Music Trivia w/ Wendy

14

9:30 **CR** Movements & Energy
10:00 **L** Errand Bus Run
10:15 **CR** B-I-N-G-O!
1:00 **L** Scenic Bus Ride
1:00 **PC** Perch Store Open!
1:00 **CAR** Pinochle, Chicken Foot & Scrabble
2:00 **PC** Milkshake Monday
3:15 **GL** Piano by Gary Fox
5:45 **GL** Music Trivia w/ Wendy

21

9:30 **CR** Movements & Energy
10:00 **L** Errand Bus Run
10:15 **CR** B-I-N-G-O!
1:00 **L** Scenic Bus Ride
1:00 **PC** Perch Store Open!
1:00 **CAR** Pinochle, Chicken Foot & Scrabble
2:00 **PC** Milkshake Monday
3:15 **GL** Piano by Gary Fox
5:45 **GL** Music Trivia w/ Wendy

28

9:30 **CR** Movements & Energy
10:00 **L** Errand Bus Run
10:15 **CR** B-I-N-G-O!
1:00 **L** Scenic Bus Ride
1:00 **PC** Perch Store Open!
1:00 **CAR** Pinochle, Chicken Foot & Scrabble
2:00 **PC** Spooky Milkshakes!
3:15 **GL** Piano by Gary Fox
5:45 **GL** Music Trivia w/ Wendy

Tuesday

1 Monthly Meeting

9:30 **CR** Morning Exercise
10:15 **CR** Wits & Wagers Trivia
1:00 **PC** Pinochle, Chicken Foot & Scrabble
2:00 **GL** Monthly Update Meeting w/ Michael
2:30 **P** Tea Time Tuesday!
4:00 **GL** Cocktail Hour
6:00 **CR** October Jeopardy Trivia!

8 Resident Council

9:30 **CR** Morning Exercise
10:15 **CR** Wits & Wagers Trivia
1:00 **GL** PAWS Therapy Dog Visit
1:00 **PC** Pinochle, Chicken Foot & Scrabble
2:00 **CR** Activity & Resident Council
4:00 **GL** Cocktail Hour
6:00 **PD** Worship w/ Pastor Judy

15 Resident Birthday Party!

9:30 **CR** Morning Exercise
10:15 **CR** Wits & Wagers Trivia
1:00 **PC** Pinochle, Chicken Foot & Scrabble
2:00 **WV** Resident Birthday Party: Halloween Themed
4:00 **GL** Cocktail Hour
6:00 **CR** October Jeopardy Trivia!

22

9:30 **CR** Morning Exercise
10:15 **CR** Wits & Wagers Trivia
1:00 **PC** Pinochle, Chicken Foot & Scrabble
2:30 **P** Teatime Tuesday!
3:30 **CR** Cornhole Game w/ Ken
4:00 **GL** Cocktail Hour
6:00 **CR** What's your Story?

29 National Cat Day!

9:30 **CR** Morning Exercise
10:15 **CR** Wits & Wagers Trivia
1:00 **PC** Pinochle, Chicken Foot & Scrabble
2:30 **P** Purr-Tea Kitty Tea Party!
3:30 **CR** Cornhole Game w/ Ken
4:00 **GL** Cocktail Hour
6:00 **CR** Who Am I?

Wednesday

2

9:30 **CR** Workout Wednesday
10:15 **CR** B-I-N-G-O!
10:15 **L** Shopping Trip to Bealls
1:00 **SP** Spa Day!
1:00 **CAR** Resident Pinochle
3:30 **GL** Wine Down w/ Music by Lonnie
6:00 **WV** Twilight BINGO!

9

9:30 **CR** Workout Wednesday
10:15 **L** Shopping Trip to Publix
10:15 **CR** B-I-N-G-O!
1:00 **SP** Spa Day!
1:00 **CAR** Resident Pinochle
3:30 **GL** Wine Down w/ Chop
6:00 **WV** Twilight BINGO!
6:30 **L** Dancing at the Elks

16

9:30 **CR** Workout Wednesday
10:15 **CR** B-I-N-G-O!
10:15 **L** Shopping Trip to Kohls
1:00 **SP** Spa Day!
1:00 **CAR** Resident Pinochle
2:00 **CR** Sewing by Lin
3:30 **GL** Wine Down w/ Music by On Stage Orlando
6:00 **WV** Twilight BINGO!

23 Lunch Outing

9:30 **CR** Workout Wednesday
10:15 Shopping Trip to Dollar Tree
10:15 **CR** B-I-N-G-O!
11:00 **L** Lunch Outing: Pizza Hut
1:00 **SP** Spa Day!
1:00 **CAR** Resident Pinochle
3:30 **GL** Wine Down w/ Music by Joe
6:00 **WV** Twilight BINGO!

30

9:30 **CR** Workout Wednesday
10:15 **CR** B-I-N-G-O!
10:15 **L** Shopping Trip to Publix
1:00 **SP** Spa Day!
1:00 **CAR** Resident Pinochle
3:30 **GL** Wine Down w/ Music by Doyle
6:00 **WV** Twilight BINGO!

Thursday

3 Ambassador Meeting

9:30 **CR** Exercise
10:30 **CR** Health Talk w/ Enhabit
12:00 **PD** Ambassador Meeting
1:00 **CR** Jeopardy Tournament w/ Ensemble Residents
3:15 **CR** Bunco
6:00 **BR** Darts w/ Ken

10

9:30 **CR** Exercise
10:30 **CR** Mr. Mobility Repairs Walkers/ Wheelchairs
1:00 **CR** Poker Keeno
1:00 **Lib** Bible Study w/ Pastor Dewey
2:00 **CR** Food Meeting
3:15 **CR** Bunco
6:00 **BR** Darts w/ Ken

17 Orientation

9:00 **GL** Supervised Voting for Presidential Election
9:30 **CR** Exercise
10:30 **CR** New Resident Orientation
1:00 **CR** Poker Keeno
2:00 **Lib** Bible Study w/ Pastor Dewey
3:00 **GL** Hymn Sing along w/ Sam
6:00 **BR** Darts w/ Ken

24

9:30 **CR** Exercise
10:30 **GL** Vitals w/ Enhabit
1:00 **CR** Poker Keeno
2:00 **Lib** Bible Study w/ Pastor Dewey
2:00 **CR** Cooking Demo
3:15 **CR** Blurt Trivia

31 Happy Halloween!

9:30 **CR** Exercise
10:30 **CR** Halloween Breakfast B-I-N-G-O- w/ Cornerstone
1:00 **CR** Poker Keeno
2:00 **Lib** Bible Study
3:15 **L** Pumpkin Carving Contest
6:00 **BR** Darts w/ Ken
6:00 **L** Trick or Treaters of the Community Kids Visit

Friday

4

Red Shirt Friday!
9:30 **CR** Chair Aerobics
10:15 **CR** B-I-N-G-O!
1:00 **PC** Perch Store Open!
1:00 **PC** Pinochle, Chicken Foot & Scrabble
2:00 **GL** Word from a Word
6:00 **CR** Movie Night w/Popcorn: Ghost

11

Red Shirt Friday!
9:30 **CR** Chair Yoga
10:15 **CR** B-I-N-G-O!
1:00 **PC** Perch Store Open!
1:00 **PC** Pinochle, Chicken Foot & Scrabble
2:00 **GL** Word from a Word
3:00 **GL** Friday Social w/ Terry
6:00 **CR** Movie Night w/Popcorn

18 Welcome Party!

Red Shirt Friday!
9:30 **CR** Chair Aerobics
10:15 **CR** B-I-N-G-O!
1:00 **PC** Perch Store Open!
1:00 **PC** Pinochle, Chicken Foot & Scrabble
2:30 **GL** Welcome New Resident Party
6:00 **CR** Movie Night w/Popcorn: Hocus Pocus

25 Dinner and a Movie!

Red Shirt Friday!
9:30 **CR** Chair Aerobics
10:15 **CR** B-I-N-G-O!
1:00 **PC** Perch Store Open!
1:00 **PC** Pinochle, Chicken Foot & Scrabble
2:00 **CR** Tasting Around the World: Germany
4:30 **GL** Dinner and a Movie: Shrek

Saturday

5

9:30 **CR** Morning Exercise
10:15 **CR** B-I-N-G-O!
1:00 **BR** Darts w/Ken
2:15 **CR** Cornhole w/ Ken
3:15 **CR** Trivia w/ Gayle
6:00 **WV** Twilight BINGO!

12 River Cruise

9:30 **CR** Morning Exercise
10:15 **CR** B-I-N-G-O!
1:00 **BR** Darts w/Ken
2:15 **CR** Cornhole w/ Ken
3:15 **CR** Trivia w/ Gayle
4:00 **L** Dora Queen River Cruise in Tavares
6:00 **WV** Twilight BINGO!

19

9:30 **CR** Morning Exercise
10:15 **CR** B-I-N-G-O!
1:00 **BR** Darts w/Ken
2:15 **CR** Cornhole w/ Ken
3:15 **CR** Wii Bowling
6:00 **WV** Twilight BINGO!

26 Fall Festival

9:30 **CR** Morning Exercise
10:15 **CR** B-I-N-G-O!
1:00 **GL** PAWS Therapy Dog Visit
1:00 **BR** Darts w/Ken
2:00 **OC** Fall Festival
6:00 **WV** Twilight BINGO!
5:45 **L** Mind, Myth & Magic Show- Outing

Resident Birthday

Tracy G. 10/6

Eileen C. 10/8

Joyce T. 10/18

Ruth P. 10/19

Don B. 10/19

Ken M. 10/2

LOCATION KEY

- CR** Community Room
- PC** Perch Cafe
- GL** Grand Lounge
- P** Patio
- L** Lobby
- SP** Spa
- CAR** Card Room
- WV** Wilderness Village
- PD** Private Dining
- BR** Billiards Room



Sunday

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(352) 988-6709

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Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

6

9:30 **BV** Hymns
9:30 **CR** Exercise
10:00 **BV** Morning Service
10:00 **OV** Catholic Mass
10:30 **OC** Watering the Garden
1:00 **CR** Painting Class
2:00 **IC** Ice Cream Social Sunday
3:00 **BV** Movie & Soothing Hands

13

9:30 **BV** Hymns
9:30 **CR** Exercise
10:00 **BV** Morning Service
10:00 **OV** Catholic Mass
10:30 **OC** Watering the Garden
1:00 **CR** Painting Class
1:00 **GL** Church Service w/ Father Gordon
2:00 **IC** Ice Cream Social Sunday
3:00 **BV** Movie & Soothing Hands

20

9:30 **BV** Hymns
9:30 **CR** Exercise
10:00 **BV** Morning Service
10:00 **OV** Catholic Mass
10:30 **OC** Watering the Garden
1:00 **CR** Painting Class
2:00 **IC** Ice Cream Social Sunday
3:00 **BV** Movie & Soothing Hands

27

9:30 **BV** Hymns
9:30 **CR** Exercise
10:00 **BV** Morning Service
10:00 **OV** Catholic Mass
10:30 **OC** Watering the Garden
1:00 **CR** Painting Class
2:00 **IC** Ice Cream Social Sunday
3:00 **BV** Movie & Soothing Hands

7

9:30 **BV** Have a Ball Exercise!
9:30 **OV** Morning Sensory Session
10:30 **BV** Brain Games
10:30 **OC** Watering the Garden
1:00 **OV** Trivia Tournament
2:00 **OV** Music by Gary Fox
3:00 **L** Bingo

14

9:30 **BV** Have a Ball Exercise!
9:30 **OV** Morning Sensory Session
10:30 **BV** Brain Games
10:30 **OC** Watering the Garden
1:00 **OV** Trivia Tournament
2:00 **OV** Music by Gary Fox
3:00 **L** Scenic Bus Ride

21

9:30 **BV** Have a Ball Exercise!
9:30 **OV** Morning Sensory Session
10:30 **BV** Brain Games
10:30 **OC** Watering the Garden
1:00 **OV** Trivia Tournament
2:00 **OV** Music by Gary Fox
3:00 **L** Scenic Bus Ride

28

9:30 **BV** Have a Ball Exercise!
9:30 **OV** Morning Sensory Session
10:30 **BV** Brain Games
10:30 **OC** Watering the Garden
1:00 **BV** Music by Singing Saints
1:00 **OV** Trivia Tournament
2:00 **OV** Music by Gary Fox
3:00 **L** Scenic Bus Ride

1

9:30 **BV** Sit and Get Fit
9:30 **OV** Morning Sensory Session
10:30 **OC** Watering the Garden
1:00 **OV** Old Sayings Trivia
2:00 **IC** Soda Shop Sock Hop
3:00 **BV** Bingo
6:00 **BV** Movie Night w/popcorn

8

Paws Visits
9:30 **BV** Sit and Get Fit
9:30 **OV** Morning Sensory Session
10:15 **BV** Music Trivia with Wendy
10:30 **OC** Watering the Garden
1:00 **OV** Paws Therapy dog visit
2:00 **IC** Soda Shop Sock Hop
3:00 **BV** Bingo
6:00 **BV** Movie Night w/popcorn

15

9:30 **BV** Sit and Get Fit
9:30 **OV** Morning Sensory Session
10:15 **BV** Music Trivia with Wendy
10:30 **OC** Watering the Garden
1:00 **IC** Things That Go Together Trivia
2:00 **IC** Soda Shop Sock Hop
3:00 **BV** Bingo
6:00 **BV** Movie Night w/popcorn

22

9:30 **BV** Sit and Get Fit
9:30 **OV** Morning Sensory Session
10:30 **OC** Watering the Garden
1:00 **BV** Name Five Trivia
2:00 **IC** Soda Shop Sock Hop
3:00 **BV** Bingo
6:00 **BV** Movie Night w/ Popcorn

29

9:30 **BV** Sit and Get Fit
9:30 **OV** Morning Sensory Session
10:30 **OC** Watering the Garden
1:00 **BV** Name Five Trivia
2:00 **IC** Soda Shop Sock Hop
3:00 **BV** Bingo
6:00 **BV** Movie Night w/popcorn

2

9:30 **BV** Music and Movement
9:30 **OV** Morning Sensory Session
10:30 **BV** Trivia on the White Board
10:30 **OC** Watering the Garden
1:00 **BV** Puzzles, Painting and Chicken Foot
1:00 **PC** Perch Store Open
2:00 **BV** Music by Lonnie
3:00 **L** Scenic Bus Ride
3:00 **OV** White Board Name 5

9

Its My Pumpkin
9:30 **BV** Music and Movement
9:30 **OV** Morning Sensory Session
10:30 **BV** Trivia on the White Board
10:30 **OC** Watering the Garden
1:00 **BV** Puzzles, Painting and Chicken Foot
1:00 **BV** Pumpkin Decorating
2:00 **OV** White Board Name 5
3:00 **OV** Trivia Tournament

16

Spooky Lunch
9:30 **BV** Music and Movement
9:30 **OV** Morning Sensory Session
10:30 **BV** Trivia on the White Board
10:30 **OC** Watering the Garden
11:30 **DR** Zombie Style Lunch
1:00 **BV** Puzzles, Painting and Chicken Foot
1:00 **PC** Perch Store Open
2:00 **BV** White Board Name 5
3:00 **L** Scenic Bus Ride

23

Ghost Ride
9:30 **BV** Music and Movement
9:30 **OV** Morning Sensory Session
10:30 **BV** Trivia on the White Board
10:30 **OC** Watering the Garden
1:00 **BV** Puzzles, Painting and Chicken Foot
1:00 **PC** Perch Store open
2:30 **BV** Music by Joe
3:00 **OV** White Board Name 5
7:00 **L** Scenic Bus Ghost Tour

30

9:30 **BV** Music and Movement
9:30 **OV** Morning Sensory Session
10:30 **BV** Trivia on the White Board
10:30 **OC** Watering the Garden
1:00 **BV** Puzzles, Painting and Chicken Foot
1:00 **PC** Perch Store Open
2:00 **BV** Music by Doyle
3:00 **L** Scenic Bus Ride
3:00 **OV** White Board Name 5

3

Trivia Tournament
9:30 **BV** Exercise
9:30 **OV** Morning Sensory Session
10:15 **BV** Morning Headlines
10:30 **OV** Morning Sing-Along
10:30 **OC** Watering the Garden
1:00 **CR** Jeopardy Tournament w/ AL Residents
2:30 **SP** Spa and Grooming Day
3:30 **BV** Finish the Line

10

9:30 **BV** Exercise
9:30 **OV** Morning Sensory Session
10:15 **BV** Morning Headlines
10:30 **OV** Morning Sing-Along
10:30 **OC** Watering the Garden
1:00 **BV** Music Balloon Ball with Pinacle
2:30 **SP** Spa and Grooming Day
3:30 **BV** Finish the Line

17

9:30 **BV** Exercise
9:30 **OV** Morning Sensory Session
10:15 **BV** Morning Headlines
10:30 **OV** Morning Sing-Along
10:30 **OC** Watering the Garden
1:00 **BV** Balloon Volleyball
2:30 **SP** Spa and Grooming Day
3:30 **BV** Finish the Line

24

9:30 **BV** Exercise
9:30 **OV** Morning Sensory Session
10:15 **BV** Morning Headlines
10:30 **OV** Morning Sing-Along
10:30 **OC** Watering the Garden
1:00 **BV** Balloon Volleyball
2:30 **SP** Spa and Grooming Day
3:30 **BV** Finish the Line

31

Happy Halloween
9:30 **BV** Exercise
9:30 **OV** Morning Sensory Session
10:15 **BV** Morning Headlines
10:30 **OV** Morning Sing-Along
10:30 **OC** Watering the Garden
1:30 **BV** Pirate Halloween Party
2:30 **SP** Spa and Grooming Day
3:30 **BV** Finish the Line

4

9:30 **BV** Sit and Get Fit
9:30 **OV** Morning Sensory Session
10:30 **BV** Brain Games
10:30 **OC** Watering the Garden
1:00 **BV** Baking Club
1:00 **BV** Classic TV Shows
2:00 **BV** Bingo & Chicken Foot
2:00 **Lib** A Trip to the Library
3:00 **BV** Trivia Tournament

11

Paint & Chat
9:30 **BV** Sit and Get Fit
9:30 **OV** Morning Sensory Session
10:30 **BV** Brain Games
10:30 **OC** Watering the Garden
1:00 **BV** Baking Club
1:00 **BV** Classic TV Shows
2:00 **Lib** A Trip to the Library
2:00 **OV** Fall in love with Painting
3:00 **BV** Trivia Tournament

18

9:30 **BV** Sit and Get Fit
9:30 **OV** Morning Sensory Session
10:30 **BV** Brain Games
10:30 **OC** Watering the Garden
1:00 **BV** Baking Club
1:00 **BV** Classic TV Shows
2:00 **Lib** A Trip to the Library
2:00 **BV** Bingo & Chicken Foot
3:00 **BV** Trivia Tournament

25

9:30 **BV** Sit and Get Fit
9:30 **OV** Morning Sensory Session
10:30 **BV** Brain Games
10:30 **OC** Watering the Garden
1:00 **BV** Baking Club
1:00 **BV** Classic TV Shows
2:00 **BV** Bingo & Chichen Foot
2:00 **Lib** A Trip to the Library
3:00 **BV** Trivia Tournament

5

9:30 **BV** Exercise
10:00 **BV** Morning Headlines
10:30 **BV** Corn Hole Game
10:30 **OC** Watering the Garden
1:00 **OV** Bingo
3:00 **OV** Soothing Music & Chat

12

Boat Ride
9:30 **BV** Exercise
10:00 **BV** Morning Headlines
10:30 **BV** Bowling Contest
10:30 **OC** Watering the Garden
1:00 **OV** Bingo
3:00 **OV** Soothing Music & Chat
4:00 **L** Dora Queen River Cruise in Tavares

19

9:30 **BV** Exercise
10:00 **BV** Morning Headlines
10:30 **BV** Ball Toss Exercise w/ Music
10:30 **OC** Watering the Garden
1:00 **OV** Bingo
3:00 **OV** Soothing Music & Chat

26

Fall Festival
9:30 **BV** Exercise
10:00 **BV** Morning Headlines
10:30 **BV** Horseshoe Game
10:30 **OC** Watering the Garden
1:00 **BV** PAWS Therapy Dog Visit
2:00 **OC** Fall Festival

October Highlights

Welcome to Alto Fall Festival!

Please come out and join us for some

Food, Fun, Games and more.

Happy Birtday!

Jeannie C. 10/21

Nora H. 10/29

12TH-Dora Queen River Cruise

23-Scenic Ghost Tour Ride

Happy Halloween!

LOCATION KEY

- BV** Boulder Village
- OV** Osprey Village
- OC** Outside Circle
- IC** Ice Cream Shop
- PC** Perch Cafe
- L** Lobby
- CR** Community Room
- SP** Spa
- Lib** Library
- GL** Grand Lounge

