

## UPCOMING COMMUNITY EVENTS



### ANNUAL CHILI COOKOFF

When: Thursday, October 17th  
4:00 PM

Chili Season is upon us! Would you like to enter your famous chili into the competition? Stop by the Front Desk to sign up!



### WEDNESDAYS AT THE BISTRO

Join us every Wednesday for a made-to-order lunch experience!

- 10/02 Pasta Bar
- 10/09 Stir Fry Bar
- 10/16 Baked Potato Bar
- 10/23 Omelette Bar
- 10/30 Panini Bar

## DON'T MISS THESE EVENTS!

TUES 10/01 2:30 PM | DUNKIN' DONUTS & COFFEE SOCIAL

MON 10/07 9:00 AM | FLU CLINIC

THURS 10/17 2:30 PM | BEER TASTING WITH TIM

MON 10/21 2:00 PM | RESIDENT COUNCIL MEETING

TUES 10/22 11:00 AM | MORTON ARBORETUM SCENIC DRIVE

SAT 10/26 2:00 PM | THE OHIO RIVER BAND

**Alto Wheaton**  
219 Parkway Dr  
Wheaton, IL 60187  
(630) 752-0644

**Alto**  
Senior Living by Allegro

# FLOURISH

OCTOBER 2024

## WHAT'S INSIDE

Pg 2-3  
Social Calendar

Pg 4  
Upcoming Events + News

*"I REMEMBER IT AS OCTOBER DAYS ARE ALWAYS REMEMBERED, CLOUDLESS, MAPLE-FLAVORED, THE AIR GOLD AND SO CLEAN IT QUIVERS."*

—LEIF ENGER

## Sunday

### Alto Wheaton

219 Parkway Dr  
Wheaton, IL 60187  
(630) 752-0644  
www.AllegroLiving.com

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

### 6

11:00 **AR** Trivia with Jeanne  
11:30 **AR** Sit and Tone Exercise  
1:00 **AR** Dominoes  
2:30 **T** Afternoon Documentary  
3:00 **AR** Gin Rummy Card Club  
6:00 **T** Movie Night

### 7

10:00 **T** Flu Clinic  
10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Exercise with Legacy  
12:45 **AR** Quiddler  
2:30 **AR** Brain Bootcamp with Brian  
3:30 **T** Jeopardy Watch Party  
6:00 **T** Movie Night

### 13

11:00 **AR** Trivia with Jeanne  
11:30 **AR** Sit and Tone Exercise  
1:00 **AR** Dominoes  
2:30 **T** Afternoon Documentary  
3:00 **AR** Gin Rummy Card Club  
6:00 **T** Movie Night

### 14

9:30 **2** Walking Club!  
10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Exercise with Legacy  
12:45 **AR** Quiddler  
2:00 **AR** Penny Auction  
3:15 **AR** Bingo Bonanza!  
3:30 **T** Jeopardy Watch Party  
6:00 **T** Movie Night

### 20

11:00 **AR** Trivia with Jeanne  
11:30 **AR** Sit and Tone Exercise  
1:00 **AR** Dominoes  
2:30 **T** Afternoon Documentary  
3:00 **AR** Gin Rummy Card Club  
6:00 **T** Movie Night

### 21

9:30 **2** Walking Club!  
10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Exercise with Legacy  
12:45 **AR** Quiddler  
2:00 **AR** Resident Council Meeting  
3:00 **AR** Bingo Bonanza!  
3:30 **T** Jeopardy Watch Party  
6:00 **T** Movie Night

### 27

11:00 **AR** Trivia with Jeanne  
11:30 **AR** Sit and Tone Exercise  
1:00 **AR** Dominoes  
2:30 **T** Afternoon Documentary  
3:00 **AR** Gin Rummy Card Club  
6:00 **T** Movie Night

### 28

9:30 **2** Walking Club!  
10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Exercise with Legacy  
12:45 **AR** Quiddler  
2:00 **AR** John Boda Presents  
3:15 **AR** Bingo Bonanza!  
3:30 **T** Jeopardy Watch Party  
6:00 **T** Movie Night

### 1

10:30 **AR** Morning Reflections  
11:00 **O** Walgreens Shopping Outing  
11:00 **AR** White Board Puzzles  
11:30 **AR** Sit and Tone Exercise  
1:00 **AR** Dominoes  
1:30 **T** Guided Meditation  
2:30 **AR** Dunkin Donuts Social  
3:30 **T** Jeopardy Watch Party  
6:00 **T** Movie Night  
6:00 **AR** After Dinner Poker Club

### 8

10:30 **AR** Morning Reflections  
11:00 **AR** White Board Puzzles  
11:30 **AR** Sit and Tone Exercise  
1:00 **AR** Dominoes  
1:30 **T** Guided Meditation  
2:00 **B** Ice Cream Social  
2:15 **AR** Manicures with Lifestyle  
3:30 **T** Jeopardy Watch Party  
6:00 **T** Movie Night  
6:00 **AR** After Dinner Poker Club

### 15

10:30 **AR** Morning Reflections  
11:00 **AR** White Board Puzzles  
11:00 **O** Goodwill Shopping Outing  
11:30 **AR** Sit and Tone Exercise  
1:00 **AR** Dominoes  
1:30 **T** Guided Meditation  
2:00 **B** Ice Cream Social  
2:30 **T** Hand Massages with Lisa  
6:00 **T** Movie Night  
6:00 **AR** After Dinner Poker Club

### 22

10:30 **AR** Morning Reflections  
11:00 **AR** White Board Puzzles  
11:00 **O** Morton Scenic Drive  
11:30 **AR** Sit and Tone Exercise  
1:00 **AR** Dominoes  
1:30 **T** Guided Meditation  
2:00 **B** Ice Cream Social  
2:15 **AR** Manicures with Lifestyle  
3:30 **T** Jeopardy Watch Party  
6:00 **T** Movie Night

### 29

10:30 **AR** Morning Reflections  
11:00 **AR** White Board Puzzles  
11:00 **O** Dollar Tree Outing  
11:30 **AR** Sit and Tone Exercise  
1:00 **AR** Dominoes  
1:30 **T** Guided Meditation  
2:00 **B** Ice Cream Social  
2:30 **AR** Meeting with the Chef  
3:30 **T** Jeopardy Watch Party  
6:00 **T** Movie Night

### 2

9:30 **FL** Outdoor Walking Club  
10:00 **AR** Communion with Dcn Dan  
10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Sit & Tone Exercise  
12:45 **AR** Quiddler  
1:00 **AR** Book Club Meeting  
2:00 **AR** How it's Made Series  
3:00 **AR** Bingo Bonanza!  
3:30 **T** Jeopardy Watch Party

### 9

9:30 **FL** Outdoor Walking Club  
10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Sit & Tone Exercise  
12:45 **AR** Quiddler  
1:00 **AR** Book Club Meeting  
2:00 **AR** Around the World  
3:00 **AR** Bingo Bonanza!  
3:30 **T** Jeopardy Watch Party  
6:00 **T** Movie Night

### 16

9:00 **FL** Library Book Drop Off Day  
9:30 **FL** Outdoor Walking Club  
10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Sit & Tone Exercise  
12:00 **AR** Bring in Lunch  
12:45 **AR** Quiddler  
1:00 **AR** Book Club Meeting  
2:00 **AR** Activity Planning Meeting  
3:00 **AR** Bingo Bonanza!

### 23

9:30 **FL** Outdoor Walking Club  
10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Sit & Tone Exercise  
12:45 **AR** Quiddler  
1:00 **AR** Book Club Meeting  
2:00 **AR** Campfire S'mores&Stories  
3:00 **AR** Bingo Bonanza!  
3:30 **T** Jeopardy Watch Party  
6:00 **T** Movie Night

### 30

9:30 **FL** Outdoor Walking Club  
10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Sit & Tone Exercise  
12:45 **AR** Quiddler  
1:00 **AR** Book Club Meeting  
2:00 **AR** Universal Yums Tasting  
3:00 **AR** Bingo Bonanza!  
3:30 **T** Jeopardy Watch Party  
6:00 **T** Movie Night

### 3

10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Sit and Tone Exercise  
1:00 **AR** Dominoes  
1:30 **T** Rosary Group  
2:30 **AR** Live Pianist: Devin Starr  
3:30 **T** Jeopardy Watch Party  
3:30 **AR** Kings in the Corner Cards  
6:00 **T** Movie Night  
8:00 **AR** Night Owl Club

### 10

10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Sit & Tone with David  
1:00 **AR** Dominoes  
1:30 **T** Rosary Group  
2:30 **AR** Angelo Ciccio Live!  
3:30 **T** Jeopardy Watch Party  
3:30 **AR** Kings in the Corner Cards  
6:00 **T** Movie Night  
8:00 **AR** Night Owl Club

### 17

10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Sit and Tone Exercise  
1:00 **AR** Dominoes  
1:30 **T** Rosary Group  
2:30 **AR** Beer Tasting with Tim  
3:30 **T** Jeopardy Watch Party  
4:00 **B** Chili Cookoff  
6:00 **T** Movie Night  
8:00 **AR** Night Owl Club

### 24

10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Sit & Tone with David  
1:00 **AR** Dominoes  
1:30 **T** Rosary Group  
2:30 **AR** Live Harpist: Laura Utley  
3:30 **T** Jeopardy Watch Party  
3:30 **AR** Kings in the Corner Cards  
6:00 **T** Movie Night  
8:00 **AR** Night Owl Club

### 31

10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Sit and Tone Exercise  
1:00 **AR** Dominoes  
1:30 **T** Rosary Group  
2:30 **AR** Tim Wilsey Presents  
3:30 **T** Jeopardy Watch Party  
3:30 **AR** Kings in the Corner Cards  
6:00 **T** Movie Night  
8:00 **AR** Night Owl Club

### 4

9:30 **2** Walking Club!  
10:30 **AR** Morning Reflections  
11:00 **AR** White Board Puzzles  
11:30 **AR** Sit and Tone Exercise  
12:45 **AR** Quiddler  
1:00 **L** Knitting Club  
1:00 **AR** Cooking Club - Brownies  
2:30 **AR** Taco Day Happy Hour!  
3:30 **T** Jeopardy Watch Party  
6:00 **T** Movie Night

### 11

9:30 **2** Walking Club!  
10:30 **AR** Morning Reflections  
11:00 **AR** White Board Puzzles  
11:30 **AR** Sit and Tone Exercise  
12:45 **AR** Quiddler  
1:00 **L** Knitting Club  
1:00 **AR** Cooking Club - Brownies  
1:30 **T** Communion w. Rev. Joanne  
2:30 **AR** Happy Hour!  
3:30 **T** Jeopardy Watch Party

### 18

9:30 **2** Walking Club!  
10:30 **AR** Morning Reflections  
11:00 **AR** White Board Puzzles  
11:30 **AR** Sit and Tone Exercise  
12:45 **AR** Quiddler  
1:00 **L** Knitting Club  
1:00 **AR** Cooking Club - Brownies  
2:30 **AR** Happy Hour!  
3:30 **T** Jeopardy Watch Party  
6:00 **T** Movie Night

### 25

9:30 **2** Walking Club!  
10:30 **AR** Morning Reflections  
11:00 **AR** White Board Puzzles  
11:30 **AR** Sit and Tone Exercise  
12:45 **AR** Quiddler  
1:00 **L** Knitting Club  
1:00 **AR** Cooking Club - Brownies  
1:30 **T** Communion w. Rev. Joanne  
2:30 **AR** Happy Hour!  
3:30 **T** Jeopardy Watch Party



### 5

10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Sit and Tone Exercise  
12:45 **AR** Quiddler  
1:00 **AR** Dominoes  
2:00 **AR** Saturday Bingo  
3:15 **AR** Quirkle Board Game  
3:15 **AR** Kings in the Corner Game  
6:00 **T** Movie Night

### 12

10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Sit and Tone Exercise  
12:45 **AR** Quiddler  
1:00 **AR** Dominoes  
2:00 **AR** Saturday Bingo  
3:15 **AR** Craft with Caren  
6:00 **T** Movie Night

### 19

10:00 **AR** Student Viola Performance  
11:00 **AR** Trivia Questions  
11:30 **AR** Sit and Tone Exercise  
12:45 **AR** Quiddler  
1:00 **AR** Dominoes  
2:00 **AR** Saturday Bingo  
3:15 **AR** Quirkle Board Game  
3:15 **AR** Kings in the Corner Game  
6:00 **T** Movie Night

### 26

10:30 **AR** Morning Reflections  
11:00 **AR** Trivia Questions  
11:30 **AR** Sit and Tone Exercise  
12:45 **AR** Quiddler  
1:00 **AR** Dominoes  
2:00 **AR** The Ohio River Band LIVE!  
6:00 **T** Movie Night



Happy October Birthday!

10/13 Charlotte R.

10/18 Bea P.

10/23 Carol C.

## LOCATION KEY

- AR** Activity Room
- O** Outing
- T** Theater
- FL** Front Lobby
- 2** 2nd Floor Hallway
- L** Library
- B** Bistro

### Sunday

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### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

### Saturday

#### 6

9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Seated Yoga Stretching  
10:45 **BR** Sunday Daily Reflections  
1:30 **GR** Sing Along  
2:30 **GR** Creative Crafts  
3:30 **SK** Bingo  
6:00 **SK** Classic Movies & Musicals

#### 13

9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Seated Yoga Stretching  
10:45 **BR** Sunday Daily Reflections  
1:30 **GR** Sing Along  
2:30 **GR** Creative Crafts  
3:30 **SK** Bingo  
6:00 **SK** Classic Movies & Musicals

#### 20

9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Seated Yoga Stretching  
10:45 **BR** Sunday Daily Reflections  
1:30 **GR** Sing Along  
2:30 **GR** Creative Crafts  
3:30 **SK** Bingo  
6:00 **SK** Classic Movies & Musicals

#### 27

9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Seated Yoga Stretching  
10:45 **BR** Sunday Daily Reflections  
1:30 **GR** Sing Along  
2:30 **GR** Creative Crafts  
3:30 **SK** Bingo  
6:00 **SK** Classic Movies & Musicals

#### 7

9:45 **BR** Songs, News & Chronicle  
10:00 **SK** Bowling w/ Staff  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **SK** Time to Cook & Reminisce  
2:00 **P** Gardens & Greenhouse Club  
3:00 **GR** World Tour - MOZAMBIQUE  
4:00 **GR** Who, Where & What?  
6:00 **SK** Classic Movies & Musicals

#### 14

**COLUMBUS DAY**  
9:45 **BR** Songs, News & Chronicle  
10:00 **SK** Bowling w/ Staff  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **SK** Time to Cook & Reminisce  
2:00 **P** Gardens & Greenhouse Club  
3:00 **GR** World Tour - KOREA +  
4:00 **GR** Who, Where & What?  
6:00 **SK** Classic Movies & Musicals

#### 21

9:45 **BR** Songs, News & Chronicle  
10:00 **SK** Bowling w/ Staff  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **SK** Time to Cook & Reminisce  
2:00 **P** Gardens & Greenhouse Club  
3:00 **GR** World Tour - TRINIDAD  
4:00 **GR** Who, Where & What?  
6:00 **SK** Classic Movies & Musicals

#### 28

**NATIONAL CHOCOLATE DAY**  
9:45 **BR** Songs, News & Chronicle  
10:00 **SK** Bowling w/ Staff  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **SK** Time to Cook & Reminisce  
3:00 **GR** World Tour - LITHUANIA  
3:30 **BR** MUSIC THERAPY  
6:00 **SK** Classic Movies & Musicals

#### 1

**INTERNATIONAL COFFEE DAY**  
9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Putty Green Golf +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **O** Scenic Trips & Tales Tommy  
2:00 **SK** Songs & Senses  
3:00 **SK** iN2L TV Games  
6:00 **SK** Classic Movies & Musicals

#### 8

9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Putty Green Golf +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **O** Scenic Trips & Tales Tommy  
2:00 **SK** Songs & Senses  
3:00 **SK** iN2L TV Games  
6:00 **SK** Classic Movies & Musicals

#### 15

9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Putty Green Golf +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
12:00 **SK** SOCK HOP PARTY  
2:00 **SK** Songs & Senses  
3:00 **SK** iN2L TV Games  
6:00 **SK** Classic Movies & Musicals

#### 22

9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Putty Green Golf +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **O** Scenic Trips & Tales Tommy  
2:00 **SK** Songs & Senses  
3:00 **SK** iN2L TV Games  
6:00 **SK** Classic Movies & Musicals

#### 29

9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Putty Green Golf +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **O** Scenic Trips & Tales Tommy  
2:00 **SK** Songs & Senses  
3:00 **SK** iN2L TV Games  
6:00 **SK** Classic Movies & Musicals

#### 2

9:45 **BR** Songs, News & Chronicle  
10:00 **BR** DECON DAN COMMUNION  
10:00 **P** Badminton Game  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **BR** Word Brain Games  
2:30 **BR** RUTH ON PIANO  
3:30 **BR** Happy Hour  
6:00 **SK** Classic Movies & Musicals

#### 9

**LEIF ERIKSON DAY**  
9:45 **BR** Songs, News & Chronicle  
10:00 **P** Balloon Tennis  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
12:30 **O** MOVIE THEATHER VISIT  
2:30 **BR** RICK PICKREN - SINGER  
6:00 **SK** Classic Movies & Musicals

#### 16

9:45 **BR** Songs, News & Chronicle  
10:00 **P** Badminton Game  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **BR** Word Brain Games  
2:30 **BR** MIKE ACCORDIAN & PIANO  
3:30 **BR** Happy Hour  
6:00 **SK** Classic Movies & Musicals

#### 23

**BOSTON CREAM PIE DAY**  
9:45 **BR** Songs, News & Chronicle  
10:00 **P** Balloon Tennis  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **BR** Word Brain Games  
2:30 **BR** BABETTE SINGER  
3:30 **BR** Happy Hour  
6:00 **SK** Classic Movies & Musicals

#### 30

9:45 **BR** Songs, News & Chronicle  
10:00 **P** Badminton Game  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **BR** Word Brain Games  
3:30 **BR** Happy Hour  
6:00 **SK** Classic Movies & Musicals

#### 3

9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Bean Bag Toss +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **GR** Playing Fun Instruments  
2:00 **SC** Life Skills Center  
2:30 **GR** Ice Cream Social  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

#### 10

9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Bean Bag Toss +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **GR** Playing Fun Instruments  
2:00 **SC** Life Skills Center  
2:30 **GR** Ice Cream Social  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

#### 17

**NATIONAL PASTA DAY**  
9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Bean Bag Toss +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **GR** Pretty Nails  
2:00 **SC** Life Skills Center  
2:30 **GR** Ice Cream Social  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

#### 24

9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Bean Bag Toss +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **GR** Playing Fun Instruments  
2:00 **SC** Life Skills Center  
2:30 **GR** Ice Cream Social  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

#### 31

**HALLOWEEN**  
9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Bean Bag Toss +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **BR** HALLOWEEN FUN  
2:00 **BR** HEATHER - SINGER  
3:00 **SK** Ice Cream Social  
6:00 **SK** Classic Movies & Musicals

#### 4

**GOLF LOVERS DAY**  
9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **GR** Greenhouse Club  
2:30 **GR** Name That Instrument  
3:30 **SK** Story Telling  
6:00 **SK** Classic Movies & Musicals

#### 11

9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **GR** Greenhouse Club  
2:30 **GR** Name That Instrument  
3:30 **SK** Story Telling  
6:00 **SK** Classic Movies & Musicals

#### 18

9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **GR** Greenhouse Club  
2:30 **GR** Name That Instrument  
3:30 **SK** Story Telling  
6:00 **SK** Classic Movies & Musicals

#### 25

9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **GR** Greenhouse Club  
2:30 **GR** Name That Instrument  
3:30 **SK** Story Telling  
6:00 **SK** Classic Movies & Musicals

#### 5

9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
2:00 **SK** Travel with Rick Steves  
3:00 **SK** Balloon Games  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

#### 12

9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
2:00 **SK** Travel with Rick Steves  
3:00 **SK** Balloon Games  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

#### 19

9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
2:00 **SK** Travel with Rick Steves  
2:30 **BR** RUTH ON PIANO  
3:00 **SK** Balloon Games  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

#### 26

9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
2:00 **SK** Travel with Rick Steves  
3:00 **SK** Balloon Games  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

### OCTOBER

O hushed October morning mild, Thy leaves have ripened to the fall; Tomorrow's wind, if it be wild, Should waste them all. The crows above the forest call; Tomorrow they may form and go. O hushed October morning mild, Begin the hours of this day slow. Make the day seem to us less brief. Hearts not averse to being beguiled, Beguile us in the way you know. Release one leaf at break of day; At noon release another leaf; One from our tree, one from far away. Retard the sun with gentle mist; Enchant the land with amethyst. Slow, slow! For the grapes' sake, if they were all, Whose leaves already are burnt with frost, Whose clustered fruit must else be lost - For the grapes' sake along the wall.

By Robert Frost

### LOCATION KEY

- BR** Blue Room
- GR** Green Room
- O** Outing
- SK** Sapphire Kitchen
- P** Outdoor Patio
- SC** Life Skills Center



Jim visiting Italy



Allegro at Sea