

UPCOMING COMMUNITY EVENTS



NATIONAL ASSISTED LIVING WEEK

National Assisted Living Week is a special time to recognize and thank our residents and associates who truly inspire to make Allegro feel like home. Starting on Sunday, September 8 through Saturday, September 14, check out the calendar for all the fun and exciting events.



CELEBRATING GRANDPARENTS!!



Come join the fun as we celebrate Grandparents' Day on Sunday, September 8 at 2:00 p.m. There will be games, crafts, a fun photo booth, and a pancake bar with all the special toppings. *Be sure to wear your favorite PJ's!!*

Allegro in Fleming Island
3651 U.S. Highway 17
Fleming Island, FL 32003
(904) 677-8819



FLOURISH

SEPTEMBER 2024

WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

"LIFE STARTS ALL OVER AGAIN WHEN IT GETS CRISP IN THE FALL."

—F. SCOTT FITZGERALD

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

- 1**
10:00 **CR** Worship Service
1:00 **MR** Series - Wildfire
1:15 **AR** Hand & Foot
1:30 **1A** Puzzle Time
3:00 **1A** Rummikub
6:30 **1A** Uno Card Game
7:00 **MR** Evening Movie

- 8 Assisted Living Week**
10:00 **CR** Worship Service
1:00 **MR** Series - Wildfire
2:00 L Grandparents Day Pancake & Pajama Party
6:30 **1A** Uno Card Game
7:00 **MR** Evening Movie

- 15**
10:00 **CR** Worship Service
1:00 **MR** Series - Wildfire
1:15 **AR** Hand & Foot
1:30 **1A** Puzzle Time
3:00 **1A** Rummikub
6:30 **1A** Uno Card Game
7:00 **MR** Evening Movie

- 22 First Day of Autumn**
10:00 **CR** Worship Service
1:00 **MR** Series - Wildfire
1:15 **AR** Hand & Foot
1:30 **1A** Puzzle Time
3:00 **1A** Rummikub
6:30 **1A** Uno Card Game
7:00 **MR** Evening Movie

- 29**
10:00 **CR** Worship Service
1:00 **MR** Series - Wildfire
1:15 **AR** Hand & Foot
1:30 **1A** Puzzle Time
3:00 **1A** Rummikub
6:30 **1A** Uno Card Game
7:00 **MR** Evening Movie

- 2**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:15 **AR** Spa Nails
10:30 **OP** Walmart or Publix
11:00 **BN** Coffee Break
1:00 **MR** Series - This is Us
1:00 **OP** Bank and Pharmacy
3:00 **L** \$1.00 Bingo
3:15 **PR** Puzzle Time
7:00 **MR** Evening Movie

- 9 Decades Day**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:15 **AR** Spa Nails
10:30 **OP** Walmart or Publix
11:00 **BN** Coffee Break
1:00 **MR** Series - This is Us
1:00 **OP** Bank and Pharmacy
2:30 L Disco Party
2:45 **1A** Sock Hop Party
7:00 **MR** Evening Movie

- 16**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:15 **AR** Spa Nails
10:30 **OP** Walmart or Publix
11:00 **BN** Coffee Break
1:00 **MR** Series - This is Us
1:00 **OP** Bank and Pharmacy
3:00 **L** \$1.00 Bingo
3:15 **PR** Puzzle Time
7:00 **MR** Evening Movie

- 23**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:15 **AR** Spa Nails
10:30 **OP** Walmart or Publix
11:00 **BN** Coffee Break
1:00 **MR** Series - This is Us
1:00 **OP** Bank and Pharmacy
3:00 **L** Music with Darryl
3:15 **PR** Puzzle Time
7:00 **MR** Evening Movie

- 30**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:15 **AR** Spa Nails
10:30 **OP** Walmart or Publix
11:00 **BN** Coffee Break
1:00 **MR** Series - This is Us
1:00 **OP** Bank and Pharmacy
3:00 **L** \$1.00 Bingo
3:15 **PR** Puzzle Time
7:00 **MR** Evening Movie

- 3**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:30 **CR** Cornhole
11:00 **1A** Morning Stroll
1:00 **MR** Series - Call the Mid Wife
1:45 **1A** Word in a Word
1:45 **CR** Bell Choir Practice
2:30 1A Let's Glow Party
3:00 **BI** Dunkin Donuts
7:00 **DR** Lad to Leaders Puppet Show

- 10 Sports Day**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:30 **CR** Target Golf
11:00 **1A** Morning Stroll
1:00 **MR** Series - Call the Mid Wife
1:15 **AR** 9-Hole Card Game
1:45 **1A** Word in a Word
2:30 PL Shaved Ice Truck
3:30 **3A** Rummikub
7:00 **MR** Evening Movie

- 17**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:30 **CR** Cornhole
11:00 **1A** Morning Stroll
1:00 **MR** Series - Call the Mid Wife
1:45 **1A** Word in a Word
1:45 **CR** Bell Choir Practice
2:30 **1A** Tasty Tuesday
3:00 **BI** Tea, Talk & Tidbits
3:30 **3A** Rummikub

- 24**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:30 **CR** Target Golf
11:00 **1A** Morning Stroll
1:00 **MR** Series - Call the Mid Wife
1:15 **AR** 9-Hole Card Game
1:45 **1A** Word in a Word
2:30 **1A** Tasty Tuesday
3:00 **BI** Tea, Talk & Tidbits
3:30 **3A** Rummikub

- 4**
9:30 **CR** Bodies in Motion
10:00 **AR** Hand & Foot Card Game
10:00 **1A** Sittercise
11:00 **BN** Coffee Break
1:00 **MR** Series - The Chosen
1:45 **3A** Spa Nails
2:00 **CR** Blood Pressure Checks
3:00 **L** Midweek Mingle
3:00 **PL** Penny Poker
7:00 **MR** Evening Movie

- 11 USA Day**
9:30 **CR** Bodies in Motion
10:00 **AR** Hand & Foot Card Game
10:00 **1A** Sittercise
11:00 **BN** Coffee Break
1:00 **MR** Series - The Chosen
1:45 **PR** Puzzle Time
2:00 **CR** Blood Pressure Checks
2:30 1A USA Party
3:00 **L** Stars & Stripes Party
7:00 **MR** Evening Movie

- 18**
9:30 **CR** Bodies in Motion
10:00 **AR** Hand & Foot Card Game
10:00 **1A** Sittercise
11:00 **BN** Coffee Break
1:00 **MR** Series - The Chosen
1:45 **3A** Spa Nails
2:00 **CR** BP & Hearing Checks
2:30 L Midweek Mingle with Dan
3:00 **PL** Penny Poker
7:00 **MR** Evening Movie

- 25**
9:30 **CR** Bodies in Motion
10:00 **AR** Hand & Foot Card Game
10:00 **1A** Sittercise
11:00 **BN** Coffee Break
1:00 **MR** Series - The Chosen
1:45 **3A** Spa Nails
2:00 **CR** Blood Pressure Checks
3:00 **L** Midweek Mingle
3:00 **PL** Penny Poker
4:30 **OP** Dinner at Cracker Barrel

- 5**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:30 **BI** Coffee and Conversation
1:00 **MR** Series - Good Witch
1:30 **AR** Hangman
1:45 **1A** Uno Card Game
2:45 **1A** Prize Bingo
3:00 **CR** Penny Poker
3:30 **PR** Puzzle Time
6:00 **L** \$1.00 Bingo

- 12 Holiday Day**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:30 **BI** Coffee and Conversation
1:00 **MR** Series - Good Witch
2:00 **DR** Chef Chat Southside
2:30 L Party for All Seasons
2:30 **1A** All Seasons Party
6:00 **L** \$1.00 Bingo
7:00 **MR** Evening Movie

- 19**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:30 **BI** Coffee and Conversation
1:00 **MR** Series - Good Witch
1:30 **AR** Hangman
1:45 **1A** Uno Card Game
2:45 **1A** Prize Bingo
3:00 **CR** Penny Poker
3:30 **PR** Puzzle Time
6:00 **L** \$1.00 Bingo

- 26**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:30 **BI** Coffee and Conversation
10:45 **1A** Resident/Chef Chat Meeting
1:00 **MR** Series - Good Witch
1:30 **AR** Hangman
1:45 **1A** Uno Card Game
2:45 **1A** Prize Bingo
3:00 **CR** Penny Poker
3:30 **PR** Puzzle Time

- 6**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:30 **OP** Kohl's, Dollar Store
11:00 **1A** Coffee Break
1:30 **L** \$1.00 Bingo
1:45 **1A** Word in a Word
2:00 1A Pizza Party with Darryl
2:30 **MR** Series - Heartland
3:00 **L** Happy Hour
7:00 **MR** Evening Movie

- 13 Twins Day**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:45 **OP** Lunch at Barley & Pie
11:00 **1A** Coffee Break
1:30 **L** \$1.00 Bingo
1:45 **1A** Word in a Word
2:30 **MR** Series - Heartland
2:45 1A Twins Day Social Hour
3:00 **L** Happy Hour Twins Day
7:00 **MR** Evening Movie

- 20**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
11:00 **1A** Coffee Break
1:30 **L** \$1.00 Bingo
1:45 **1A** Word in a Word
2:30 **MR** Series - Heartland
2:45 1A Western Roundup Party
3:00 **L** Happy Hour with Viv
7:00 **MR** Evening Movie

- 27**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
11:00 **1A** Coffee Break
1:15 **L** \$1.00 Bingo
1:45 **1A** Word in a Word
2:30 **MR** Series - Heartland
2:45 **1A** Birthday Bash
3:00 L Birthday Bash with Lorri
7:00 **MR** Evening Movie

- 7**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:30 **MR** Wii Bowling
11:00 **1A** Morning Stroll
1:00 **MR** Series - Virgin River
1:30 **L** \$1.00 Bingo
3:00 **1A** Phase 10 Card Game
6:30 **1A** Rummikub
7:00 **MR** Evening Movie

- 14 Heritage Day**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:30 **MR** Wii Bowling
11:00 **1A** Morning Stroll
1:00 **MR** Series - Virgin River
2:00 L BIG Bingo!!
6:30 **1A** Rummikub
7:00 **MR** Evening Movie

- 21**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:30 **MR** Wii Bowling
11:00 **1A** Morning Stroll
1:00 **MR** Series - Virgin River
1:30 **L** \$1.00 Bingo
3:00 **1A** Phase 10 Card Game
6:30 **1A** Rummikub
7:00 **MR** Evening Movie

- 28**
9:30 **CR** Bodies in Motion
10:00 **1A** Sittercise
10:30 **MR** Wii Bowling
11:00 **1A** Morning Stroll
1:00 **MR** Series - Virgin River
1:30 **L** \$1.00 Bingo
3:00 **1A** Play Nine Card Game
6:30 **1A** Rummikub
7:00 **MR** Evening Movie

Happy Birthday!!

- 9/5 - Celia M.
- 9/5 - Pat M.
- 9/5 - Betty W,
- 9/9 - Ginger W.
- 9/11 - Emilie D.
- 9/11 - Florence M.
- 9/13 - Gynell H.
- 9/16 - Josephine K.
- 9/16 - Larry A.
- 9/25 - Ralph D.
- 9/26 - Mary A.

May your birthday be the start of a year full of love and laughter.

Activities are subject to change.

Fall Funny

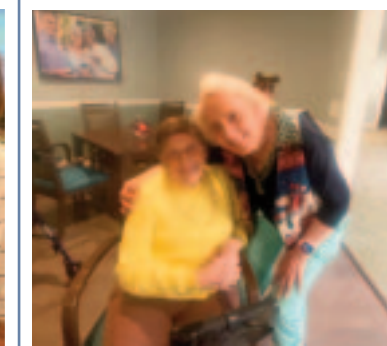
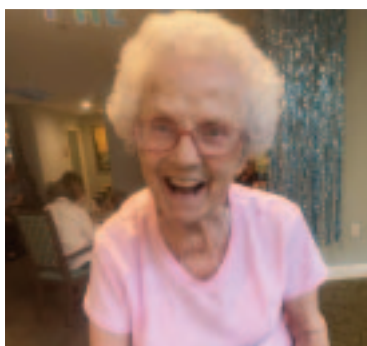
What did the leaf say to the other leaf? I'm falling for you!

LOCATION KEY

- CR** Community Room
- MR** Movie Room
- AR** Activity Room
- 1A** 1st Floor Activity
- OP** Off Property
- BN** Bistro Northside
- L** Lounge
- PR** Puzzle Room
- BI** Bistro 1st Floor
- DR** Dining Room

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Sunday

1
 9:00 Church Services
 10:00 Resident Choice
 10:30 Scripture Reading
 1:30 IN2L Trivia
 2:00 Bingo
 3:00 Courtyard Stroll
 4:00 Football with Friends
 6:00 Table Talk

8 Assisted Living Week

9:00 Church Services
 10:00 Resident Choice
 10:30 Scripture Reading
 1:30 IN2L Trivia
 2:00 Bingo
 3:00 Courtyard Stroll
 4:00 Football with Friends
 6:00 Table Talk

15

9:00 Church Services
 10:00 Resident Choice
 10:30 Scripture Reading
 1:30 IN2L Trivia
 2:00 Bingo
 3:00 Courtyard Stroll
 4:00 Football with Friends
 6:00 Table Talk

22 First Day of Fall

9:00 Church Services
 10:00 Resident Choice
 10:30 Scripture Reading
 1:30 IN2L Trivia
 2:00 Bingo
 3:00 Courtyard Stroll
 4:00 Football with Friends
 6:00 Table Talk

29

9:00 Church Services
 10:00 Resident Choice
 10:30 Scripture Reading
 1:30 IN2L Trivia
 2:00 Bingo
 3:00 Courtyard Stroll
 4:00 Football with Friends
 6:00 Table Talk

Monday

2
 9:30 Daily Devotions
 10:00 Ball Toss
 10:30 Monday Manicures
 1:30 Jukebox Memories
 2:00 Aqua Painting
 3:00 Labor Day Trivia
 4:00 Garden Tending
 6:00 Evening News

9 Decades Day

9:30 Daily Devotions
 10:00 Dancing Through Decades
 10:30 Monday Manicures
 1:30 Jukebox Memories
 2:00 Watercolor Painting
 3:00 Decades Trivia
 4:00 Garden Tending
 6:00 Evening News

16

9:30 Daily Devotions
 10:00 Ball Toss
 10:30 Monday Manicures
 1:30 Jukebox Memories
 2:00 Aqua Painting
 3:00 Mayflower Day Trivia
 4:00 Garden Tending
 6:00 Evening News

23

9:30 Daily Devotions
 10:00 Ball Toss
 10:30 Monday Manicures
 1:30 Jukebox Memories
 2:00 Watercolor Painting
 3:00 Family Day Trivia
 4:00 Garden Tending
 6:00 Evening News

30

9:30 Daily Devotions
 10:00 Ball Toss
 10:30 Monday Manicures
 1:30 Jukebox Memories
 2:00 Aqua Painting
 3:00 Chewing Gum Trivia
 4:00 Garden Tending
 6:00 Evening News

Tuesday

3
 9:30 Daily Chronicles
 10:00 Sit and Stretch
 10:30 Piano Music with Tom
 1:30 IN2L Games
 2:00 Waffle Week Snacktivity
 3:00 Bible Trivia
 4:00 Nature Watch
 6:00 Classic Television

10 Sports Day

9:30 Daily Chronicles
 10:00 Badminton
 10:30 Piano Music with Tom
 1:30 IN2L Games
 2:30 Kona Ice Truck
 3:00 Sports Trivia
 4:00 Nature Watch
 6:00 Classic Television

17

9:30 Daily Chronicles
 10:00 Sit and Stretch
 10:30 Piano Music with Tom
 1:30 IN2L Games
 2:00 Apple Dumpling Day Snack
 3:00 Bible Trivia
 4:00 Nature Watch
 6:00 Classic Television

24

9:30 Daily Chronicles
 10:00 Sit and Stretch
 10:30 Piano Music with Tom
 1:30 IN2L Games
 2:00 Cherries Jubilee Snack
 3:00 Bible Trivia
 4:00 Nature Watch
 6:00 Classic Television

Wednesday

4
 9:30 Daily Devotions
 10:00 Making Music
 10:30 Bingo
 1:30 Newspaper Carrier Story
 2:00 Putting Practice
 3:00 Wildlife Day Collage
 4:00 Garden Tending
 6:00 Table Talk

11 USA Day

9:30 Daily Devotions
 10:00 Making Music
 10:30 Bingo
 1:30 Patriot Day Short Story
 2:00 Indoor Bowling
 3:00 Patriot Day Craft
 4:00 Garden Tending
 6:00 Table Talk

18

9:30 Daily Devotions
 10:00 Making Music
 10:30 Dan The Music Man
 1:30 Airforce Short Story
 2:00 Putting Practice
 3:00 Bingo
 4:00 Garden Tending
 6:00 Table Talk

25

9:30 Daily Devotions
 10:00 Making Music
 10:30 Bingo
 1:30 Math Story Telling Day
 2:00 Indoor Bowling
 3:00 Comic Book Day Craft
 4:00 Garden Tending
 6:00 Table Talk

Thursday

5
 9:30 Daily Chronicles
 10:00 Hand Weights
 10:30 Sort and Solve
 1:30 Hymn Sing Along
 2:00 Artistic Expressions
 3:00 Finish The Lyric
 4:00 Porch Chat
 6:00 Puzzles with Friends

12 Holiday Day

9:30 Daily Chronicles
 10:00 Hand Weights
 10:30 Sorting Candy
 1:30 Carol Sing Along
 2:00 Holiday Art Expressions
 3:00 Finish The Holiday Phrase
 4:00 Porch Chat
 6:00 Puzzles with Friends

19

9:30 Daily Chronicles
 10:00 Hand Weights
 10:30 Sort and Solve
 1:30 Hymn Sing Along
 2:00 Artistic Expressions
 3:00 Finish The Lyric
 4:00 Porch Chat
 6:00 Puzzles with Friends

26

9:30 Daily Chronicles
 10:00 Hand Weights
 10:30 Sort and Solve
 1:30 Hymn Sing Along
 2:00 Artistic Expressions
 3:00 Finish The Phrase
 4:00 Porch Chat
 6:00 Puzzles with Friends

Friday

6
 9:30 Daily Devotions
 10:00 Noodle Ball
 10:30 Nifty Nails
 1:30 Jukebox Memories
 2:00 Pizza and Beer Party with Music by Darryl
 4:00 Garden Tending
 6:00 Evening News

13 Twin Day

9:30 Daily Devotions
 10:00 Noodle Ball
 10:30 Nifty Nails
 1:30 Jukebox Memories
 2:00 Parent Trap Movie
 3:00 Twin Treats
 4:00 Garden Tending
 6:00 Evening News

20

9:30 Daily Devotions
 10:00 Noodle Ball
 10:30 Nifty Nails
 1:30 Jukebox Memories
 2:00 Tradesman Day Movie
 3:00 National Punch Day
 4:00 Garden Tending
 6:00 Evening News

27

9:30 Daily Devotions
 10:00 Noodle Ball
 10:30 Nifty Nails
 1:30 Jukebox Memories
 2:00 Monthly Birthday Party
 Cake, Punch and Game
 4:00 Garden Tending
 6:00 Evening News

Saturday

7
 9:30 Daily Chronicles
 10:00 Groovin to Tunes
 10:30 Artistic Expressions
 1:30 IN2L Games
 2:00 Puzzles and Games
 3:00 Nature Watch
 4:00 Lifestyle Stations
 6:00 Classic Movie

14 Heritage Day

9:30 Daily Chronicles
 10:00 Groovin to Tunes
 10:30 Artistic Expressions
 1:30 IN2L Games
 2:00 Puzzles and Games
 3:00 Nature Watch
 4:00 Lifestyle Stations
 6:00 Classic Movie

21

9:30 Daily Chronicles
 10:00 Groovin to Tunes
 10:30 Artistic Expressions
 1:30 IN2L Games
 2:00 Puzzles and Games
 3:00 Nature Watch
 4:00 Lifestyle Stations
 6:00 Classic Movie

28

9:30 Daily Chronicles
 10:00 Groovin to Tunes
 10:30 Artistic Expressions
 1:30 IN2L Games
 2:00 Puzzles and Games
 3:00 Nature Watch
 4:00 Lifestyle Stations
 6:00 Classic Movie

Around our Community

Welcome Fall!

Birthdays:

09/28 - Leila Scott

Assisted Living Week:

09/08 - Grandparents Day

09/09 - Decades Day

09/10 - Sports Day

09/11 - USA Day

09/12 - Holiday Day

09/13 - Twin Day

09/14 - Heritage Day

Activities subject to change



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