

UPCOMING COMMUNITY EVENTS

END OF SUMMER POOL PARTY

We invite you and your family to an Allegro end of the summer pool party. Come join us for fun in the sun. Together, we will party the afternoon away. The pool party will be Sunday September 8, 2024.

Come join us in celebrating National Assisted Living Week September 8-14. Each day, there will be a theme and fun activities. We will be having a spirit week, come dressed in theme and join in on the fun.

MARK YOUR CALENDAR

Spirit Week 9/8-9/14

Kona Ice Truck 9/12

\$ Casino Trip 9/21

\$ J' Mark Resturant 9/24

\$ Butterfly World 9/28

Fort Lauderdale

1290 N. Federal Highway
Fort Lauderdale, FL 33304
(954) 883-9903



FLOURISH

SEPTEMBER 2024

WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

"YOU ONLY LIVE ONCE, BUT IF YOU DO IT RIGHT, ONCE IS ENOUGH."

—MAE WEST

Sunday

- 1**
 10:00 **L** Local Church Shuttle
 11:30 **T** Space oddities
 11:45 **B** Coffee and Conversation
 2:15 **T** Movie Matinee
 2:30 **A** Creative Crafts
 3:00 **GR** Billiards and Board Games
 4:00 **B** Happy Hour
 7:00 **CR** Poker with Patrick
 7:15 **T** The Wizard of Oz

- 8 Assisted Living Week**
 10:00 **L** Local Church Shuttle
 11:00 **W** Jazz Brunch
 2:00 **PD** Pool Party
 3:00 **GR** Billiards and Board Games
 4:00 **B** Happy Hour
 7:15 **T** Oklahoma

- 15**
 10:00 **L** Local Church Shuttle
 11:30 **T** Artist Talk: James Johnson
 11:45 **B** Coffee and Conversation
 2:15 **T** Movie Matinee
 2:30 **A** Creative Crafts
 3:00 **GR** Billiards and Board Games
 4:00 **B** Happy Hour
 7:15 **T** The Guernsey Literary

- 22**
 10:00 **L** Local Church Shuttle
 11:30 **T** Who's in Control-Brain
 11:45 **B** Coffee and Conversation
 1:00 **OUT** Rita's-\$
 2:15 **T** Movie Matinee
 2:30 **A** Creative Crafts
 3:00 **GR** Billiards and Board Games
 4:00 **B** Happy Hour /Football game
 7:15 **T** Julie & Julia

- 29**
 10:00 **L** Local Church Shuttle
 11:30 **T** Roman History
 11:45 **B** Coffee and Conversation
 2:15 **T** Movie Matinee
 2:30 **A** Creative Crafts
 3:00 **GR** Billiards and Board Games
 4:00 **B** Happy Hour
 7:15 **T** Terms of Endearment

Monday

- 2 Labor Day**
 9:00 **L** Trip: CVS/Walgreens
 10:00 **Y** Chair Yoga
 10:15 **CR** Social games
 11:00 **CR** Crossword Challenge
 2:00 **LI** Riddle Hour
 2:15 **T** Movie Matinee
 3:00 **CR** Big Money Bingo Win \$\$
 4:00 **B** Happy Hour
 7:15 **T** Sense And Sensibility

- 9 Assisted Living Week**
 9:00 **L** Trip: CVS/Walgreens
 10:00 **Y** Chair Yoga
 10:15 **CR** Social games
 11:00 **CR** Crossword Challenge
 2:00 **LI** Riddle Hour
 2:00 **CR** Resident Council -AL
 2:15 **T** Movie Matinee
 3:00 **CR** Big Money Bingo Win \$\$
 4:00 **B** Happy Hour
 7:15 **T** Fiddler On the Roof

- 16**
 9:00 **L** Trip: CVS/Walgreens
 10:00 **Y** Chair Yoga
 10:15 **CR** Social games
 11:00 **CR** Crossword Challenge
 2:00 **LI** Riddle Hour
 2:15 **T** Movie Matinee
 3:00 **CR** Big Money Bingo Win \$\$
 4:00 **B** Happy Hour
 7:15 **T** Race

- 23 First Day of Fall**
 9:00 **L** Trip: CVS/Walgreens
 10:00 **Y** Chair Yoga
 10:15 **CR** Social games
 11:00 **CR** Crossword Challenge
 2:00 **LI** Riddle Hour
 2:15 **T** Movie Matinee
 3:00 **CR** Big Money Bingo Win \$\$
 4:00 **B** Happy Hour
 7:15 **T** Ali 2001

- 30**
 9:00 **L** Trip: CVS/Walgreens
 10:00 **Y** Chair Yoga
 10:15 **CR** Social games
 11:00 **CR** Crossword Challenge
 2:00 **LI** Riddle Hour
 2:15 **T** Movie Matinee
 3:00 **CR** Big Money Bingo Win \$\$
 4:00 **B** Happy Hour
 7:15 **T** A Man Called Otto

Tuesday

- 3**
 9:00 **L** Walking Club
 10:00 **CR** PT Exercise
 11:00 **CR** Brain Power Hour
 2:00 **CR** Activity Committee
 3:00 **GR** Card & Board Games
 3:30 **CR** Painting with Anna
 4:00 **B** Happy Hour
 6:00 **L** Golden Girls-\$
 7:45 **T** Back to the Future

- 10 Assisted Living Week**
 9:00 **L** Walking Club
 10:00 **CR** PT Exercise
 11:00 **T** Movies and TV Lecture
 1:30 **CR** Mahjong lessons
 2:15 **T** Movie Matinee
 3:00 **GR** Card & Board Games
 3:15 **CR** Painting with Anna
 4:00 **B** Happy Hour
 6:30 **B** Bowling
 7:45 **T** Major League II

- 17**
 9:00 **L** Walking Club
 10:00 **CR** PT Exercise
 11:00 **CR** Brain Power Hour
 2:15 **T** Movie Matinee
 3:00 **GR** Card & Board Games
 3:15 **CR** Painting with Anna
 4:00 **B** Happy Hour
 6:30 **B** Bowling
 7:45 **T** The Miracle Club

- 24**
 9:00 **L** Walking Club
 10:00 **CR** PT Exercise
 11:00 **CR** Brain Power Hour
 2:15 **T** Movie Matinee
 3:00 **GR** Card & Board Games
 3:15 **CR** Painting with Anna
 4:00 **B** Happy Hour
 6:30 **B** Bowling
 6:30 **OUT** J Mark's Restaurant -\$
 7:45 **T** Steel Magnolias

Wednesday

- 4**
 9:00 **L** Trip: Publix Grocery Store
 10:00 **Y** Chair Yoga
 11:00 **CR** Words In A Word
 2:00 **SK** Resident Council-IL
 2:00 **Y** Zumba
 2:15 **T** Movie Matinee
 3:30 **LI** Writing Club
 4:00 **B** Happy Hour
 7:00 **B** Karaoke Night
 7:45 **T** The Wedding Planner

- 11 Assisted Living Week**
 9:00 **L** Trip: Publix Grocery Store
 10:00 **Y** Chair Yoga
 11:00 **CR** Words In A Word
 1:30 **CR** Mahjong Lesson Day 2
 2:00 **Y** Zumba
 2:15 **T** Movie Matinee
 4:00 **B** Happy Hour/Family Fued
 7:00 **B** Karaoke Night
 7:45 **T** My Girl 2

- 18**
 9:00 **L** Trip: Publix Grocery Store
 10:00 **Y** Chair Yoga
 11:00 **CR** Words In A Word
 1:00 **CR** Painting with a Twist
 2:00 **Y** Zumba
 2:15 **T** Movie Matinee
 3:00 **B** Hump Day Happy Hour
 7:00 **B** Karaoke Night
 7:45 **T** Uncle Buck

- 25**
 9:00 **L** Publix Grocery Store
 10:00 **Y** Chair Yoga
 11:00 **CR** Words In A Word
 2:00 **Y** Zumba
 2:15 **T** Movie Matinee
 3:00 **CR** Book Club
 3:30 **LI** Writing Club
 4:00 **B** Happy Hour
 7:00 **B** Karaoke Night
 7:45 **T** The Perfect Storm

Thursday

- 5**
 10:00 **CR** PT Exercise
 10:30 **L** The Galleria
 11:00 **GR** Trivia
 2:00 **Fa** Cooking Demo
 2:15 **T** Movie Matinee
 3:00 **CR** Card Games
 3:00 **LI** Lady's Club
 4:00 **B** Happy Hour/Live Music
 6:00 **GR** Rummikub Lessons
 7:45 **T** Boy Who Harnessed

- 12 Assisted Living Week**
 10:00 **CR** PT Exercise
 10:30 **L** Coral Ridge
 11:00 **GR** Trivia
 1:30 Mahjong Lesson Day 3
 2:00 **Fa** Cooking Demo
 2:15 **T** Movie Matinee
 3:00 **CR** Card Games
 4:00 **B** Happy Hour & Live Music
 6:00 **B** Rummikub Lessons
 7:45 **T** Queen Bees

- 19**
 10:00 **CR** PT Exercise
 10:30 **L** The Galleria
 11:00 **GR** Trivia
 2:00 **Fa** Cooking Demo
 3:00 **CR** Card Games
 3:00 **LI** Lady's Club
 4:00 **B** Happy Hour & Live Music
 6:00 **B** Rummikub Lessons
 7:45 **T** Parkland 2013

- 26**
 10:00 **CR** PT Exercise
 10:30 **L** Coral Ridge
 11:00 **GR** Trivia
 1:30 **T** Ms.Sauget & Dr.Lemonick
 2:00 **Fa** Cooking Demo
 3:00 **LI** Lady's Club
 4:00 **B** Happy Hour/ Live music
 6:00 **B** Rummikub Lessons
 7:00 **P**oker with Patrick
 7:45 **T** Message in a Bottle



Friday

- 6**
 10:00 **Y** Chair Yoga - All Levels
 11:00 **CR** Spanish Lessons
 11:00 **LI** Remember When
 1:30 **CR** Poker Games
 2:15 **T** Movie Matinee
 3:00 **A** Jewelry Making
 3:00 **SK** Men Clubs
 4:00 **B** Happy Hour
 7:15 **T** Twisters 2024

- 13 Assisted Living Week**
 10:00 **Y** Chair Yoga - All Levels
 11:00 **CR** Town Hall Meeting
 1:30 **CR** Poker Games
 2:15 **T** Movie Matinee
 3:00 **SK** Men Clubs
 4:00 **B** Happy Hour
 7:15 **T** Don't Look up

- 20**
 10:00 **Y** Chair Yoga -Intermediate
 11:00 **CR** Spanish Lessons
 11:00 **Y** Chair Yoga -beginner
 1:30 **CR** Poker Games
 2:00 **L** Trip:Enchanted Jewelz-\$
 2:15 **T** Movie Matinee
 3:00 **SK** Men Clubs
 4:00 **B** Happy Hour
 5:30 **W** New Resident Mix/Mingle
 7:15 **T** Spider-Man 2

- 27**
 10:00 **Y** Chair Yoga - All Levels
 11:00 **CR** Spanish Lessons
 11:00 **Y** Chair Yoga -beginner
 1:30 **CR** Poker Games
 2:15 **T** Movie Matinee
 3:00 **SK** Men Clubs
 4:00 **B** Birthday Celebration
 7:15 **T** Nights in Rodanthe

Saturday

- 7**
 10:00 **L** Trip: Trader Joe's + Nordstrom Rack
 11:00 **T** Inside the Mind of a Dog
 11:30 **CR** Dice Games
 1:00 **B** Rummikub Games
 2:00 **GR** Ping Pong/Shuffleboard
 2:15 **T** Movie Matinee
 4:00 **B** Happy Hour
 7:15 **T** The First Man

- 14 Assisted Living Week**
 10:00 **L** Trip: Trader Joe's + Nordstrom Rack
 11:00 **T** Einstein and the Bomb
 11:30 **CR** Dice Games
 1:00 **B** Rummikub Games
 2:00 **GR** Ping Pong/Shuffleboard
 2:15 **T** Movie Matinee
 4:00 **B** Bingo/Happy Hour Night
 7:15 **T** Rescued By Ruby

- 21**
 10:00 **L** Trip: Trader Joe's + Nordstrom Rack
 11:00 **T** Race to the Summit
 11:30 **OUT** Trip:Casino-\$
 1:00 **B** Rummikub Games
 2:00 **GR** Ping Pong/Shuffleboard
 2:15 **T** Movie Matinee
 4:00 **B** Happy Hour
 7:15 **T** Nowhere

- 28**
 10:00 **L** Trip: Trader Joe's + Nordstrom Rack
 11:00 **T** Virunga 2014
 1:00 **B** Rummikub Games
 1:30 **CR** Trip:Butterfly World-\$
 2:00 **GR** Ping Pong/Shuffleboard
 2:15 **T** Movie Matinee
 4:00 **B** Happy Hour
 6:00 **PD** Havdalah
 7:15 **T** Hachi: A Dog's Tale

Happenings

Live Entertainment:

- 9/5 Don Stansfield
- 9/12 Steel Drum Player
- 9/19 Wes Anthony
- 9/26 James Perokwski

New In September

- Cooking Demo Thursday's at 2pm
- Zumba with Tiandra Wednesday's at 2pm
- Family and Friends Bingo Night 9/14
- Resident Council IL 9/4
- Resident Council Assisted Living 9/9

LOCATION KEY

- L** Meet in Lobby
- T** Movie Theater
- B** Bistro
- A** Art Room
- GR** Game Room
- CR** Community Room
- Y** Yoga/Exercise Room
- LI** Library
- SK** Sky Lounge
- FA** Family Room

Hello Fall

Fort Lauderdale

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